

2023 USATF NATIONAL CROSS COUNTRY CHAMPIONSHIPS

Mechanicsville, VA

Pole Green Park

Saturday, January 21, 2023



OFFICIAL MEET REPORT

printed: 1/21/2023 1:49 PM

Race #6
U20 Men 8k

Final Results

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 Young, Emilio	17	339	Unattached CA	-	23:47.00	---	4:47.1	2:58.4
2 Wilson, Micah	19	314	University of Wisco	-	23:54.00	7.00	4:48.5	2:59.3
3 Langon, Marco	18	317	Villanova University	-	23:54.00	7.00	4:48.5	2:59.3
4 Jenkins, Evan	18	312	University of Washi	-	23:55.00	8.00	4:48.7	2:59.4
5 Sannes, Max	19	295	U.S. Air Force Acad	-	23:55.00	8.00	4:48.7	2:59.4
6 Venhuizen, Luke	18	304	University of Michig	-	23:59.00	12.00	4:49.5	2:59.9
7 Mathison, Kole	18	331	Unattached IN	-	24:12.00	25.00	4:52.2	3:01.5
8 Henderson, Austin	18	313	University of Wisco	-	24:20.00	33.00	4:53.8	3:02.5
9 Jarema, Caleb	18	303	University of Michig	-	24:22.00	35.00	4:54.2	3:02.8
10 Griepentrog, Shane	18	305	University of Minne	-	24:23.00	36.00	4:54.4	3:02.9
11 Distel, Jamar	19	311	University of Washi	-	24:24.00	37.00	4:54.6	3:03.0
12 Young, Alexio	17	338	Unattached CA	-	24:26.00	39.00	4:55.0	3:03.3
13 McKane, Alexander	18	288	Iowa State Universit	-	24:37.00	50.00	4:57.2	3:04.6
14 Ayers, Zachary	18	293	U.S. Air Force Acad	-	24:39.00	52.00	4:57.6	3:04.9
15 Heredia, Jacob	18	285	George Washington	-	24:43.00	56.00	4:58.4	3:05.4
16 Collins, Benjamin	19	289	Portland State Univ	-	24:43.00	56.00	4:58.4	3:05.4
17 Coffin, Luke	18	290	Providence College	-	24:49.00	1:02.00	4:59.6	3:06.1
18 Wigod, Trent	18	269	Boise State Univers	-	24:53.00	1:06.00	5:00.4	3:06.6
19 Seymour, Brayden	18	333	Unattached FL	-	24:57.00	1:10.00	5:01.2	3:07.1
20 Gensel, James	18	299	University at Buffalo	-	25:00.00	1:13.00	5:01.8	3:07.5
21 Mylander, Grady	18	316	Utah State Universit	-	25:01.00	1:14.00	5:02.0	3:07.6
22 Surface, Tyler	16	337	Unattached NC	-	25:04.00	1:17.00	5:02.6	3:08.0
23 Krasnoff, Charlie	19	309	University of Tulsa	-	25:05.00	1:18.00	5:02.8	3:08.1
24 Gregory, Eli	18	315	Utah State Universit	-	25:09.00	1:22.00	5:03.6	3:08.6
25 Koska, Thomas	18	301	University of Alaba	-	25:11.00	1:24.00	5:04.0	3:08.9
26 Maddox, Brenton	18	294	U.S. Air Force Acad	-	25:12.00	1:25.00	5:04.2	3:09.0
27 Satterfield, Grady	18	291	Providence College	-	25:18.00	1:31.00	5:05.4	3:09.8
28 McArdle, Owen	18	310	University of Virgini	-	25:22.00	1:35.00	5:06.2	3:10.3
29 Ondracek, Luke	18	286	Georgetown Univer	-	25:29.00	1:42.00	5:07.6	3:11.1
30 Wiley, Luke	18	307	University of North	-	25:29.00	1:42.00	5:07.6	3:11.1
31 Shifflett, Owen	17	334	Unattached VA	-	25:31.00	1:44.00	5:08.0	3:11.4
32 Brotemarkle, Austin	18	284	George Washington	-	25:34.00	1:47.00	5:08.7	3:11.8
33 Passmann, Brandon	19	302	University of Alaba	-	25:38.00	1:51.00	5:09.5	3:12.3
34 Stoeffler, Luke	18	300	University at Buffalo	-	25:39.00	1:52.00	5:09.7	3:12.4
35 Nance, Berkley	17	332	Unattached VA	-	25:40.00	1:53.00	5:09.9	3:12.5
36 Lindseth, Owen	18	306	University of Minne	-	25:41.00	1:54.00	5:10.1	3:12.6
37 Sherry, Callum	18	292	Stanford University	-	25:43.00	1:56.00	5:10.5	3:12.9
38 Lamprecht, Isaac	16	272	Colonial Road Runn	-	25:43.00	1:56.00	5:10.5	3:12.9
39 Taylor, Joshuah	18	308	University of Toledo	-	25:48.00	2:01.00	5:11.5	3:13.5
40 Day, Weston	17	326	Unattached OH	-	25:49.00	2:02.00	5:11.7	3:13.6
41 Tolbert, James	18	268	Boise State Univers	-	25:52.00	2:05.00	5:12.3	3:14.0
42 Chipman, Blake	18	323	Unattached MI	-	26:16.00	2:29.00	5:17.1	3:17.0
43 Kuiper, Clayton	18	270	Central Michigan U	-	26:19.00	2:32.00	5:17.7	3:17.4
44 Slivers, Micah	18	335	Unattached AZ	-	26:21.00	2:34.00	5:18.1	3:17.6
45 Gibson, Conor	19	328	Unattached CA	-	26:26.00	2:39.00	5:19.1	3:18.3
46 Strickland, Caden	18	277	Elon University	-	26:26.00	2:39.00	5:19.1	3:18.3

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**Race #6
U20 Men 8k****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
47 Little, Casey	17	330	Unattached OK	-	26:35.00	2:48.00	5:20.9	3:19.4
48 Chopra, Armaan	17	324	Unattached VA	-	26:41.00	2:54.00	5:22.1	3:20.1
49 Leitner, Ethan	19	271	Central Michigan U	-	26:42.00	2:55.00	5:22.3	3:20.3
50 Griesmer, Will	18	329	Unattached VA	-	26:47.00	3:00.00	5:23.3	3:20.9
51 Fluharty, Ty	18	298	University at Buffalo	-	26:56.00	3:09.00	5:25.2	3:22.0
52 Anthes, Braden	18	273	Elon University	-	26:58.00	3:11.00	5:25.6	3:22.3
53 Esson, Dathan	16	327	Unattached NM	-	27:27.00	3:40.00	5:31.4	3:25.9
54 Kee, Ryan	17	318	Wings of America [4	-	27:43.00	3:56.00	5:34.6	3:27.9
55 Kahn, Max	16	281	Garden State Track	-	27:49.00	4:02.00	5:35.8	3:28.6
56 Roundface, Theodore	16	319	Wings of America [4	-	27:54.00	4:07.00	5:36.8	3:29.3
57 Williams, Lucas	16	320	Wings of America [4	-	27:58.00	4:11.00	5:37.6	3:29.8
58 Gilbert, Garrison	19	274	Elon University	-	28:05.00	4:18.00	5:39.0	3:30.6
59 Davis, Quentin	17	325	Unattached AZ	-	28:14.00	4:27.00	5:40.8	3:31.8
60 Paciello, Alex	16	287	Goon Squad TC [10	-	28:18.00	4:31.00	5:41.6	3:32.3
61 Koenig, Michael	18	275	Elon University	-	28:22.00	4:35.00	5:42.5	3:32.8
62 Becenti, Reyeshaud	17	321	Unattached AZ	-	28:48.00	5:01.00	5:47.7	3:36.0
63 Macom, Ryan	15	282	Garden State Track	-	28:59.00	5:12.00	5:49.9	3:37.4
64 Stoil, Clayton	18	336	Unattached VA	-	29:23.00	5:36.00	5:54.7	3:40.4
65 Califano, Matthew	16	279	Garden State Track	-	29:50.00	6:03.00	6:00.2	3:43.8
66 Califano, Alexander	16	278	Garden State Track	-	29:51.00	6:04.00	6:00.4	3:43.9
67 Hudak, Austin	16	280	Garden State Track	-	30:40.00	6:53.00	6:10.2	3:50.0
68 Shah, Arya	16	283	Garden State Track	-	32:25.00	8:38.00	6:31.3	4:03.1