



2023 USATF XC National Championships

Final Results
Posted 12:50am

January 21, 2023

Mens Master 8k - Age Group

Place	Bib	First	Last	Gender	Team	Clock Time	Pace	Age	Overall Place	Division
M4044										
1	435	Benjamin	Bruce	M	HOKA NAZ Elite [48-0454]	0:25:00	5:02	40	4	M4044
2	455	Neil	McDonagh	M	Square State Striders	0:25:26	5:07	41	8	M4044
3	443	er	Pruitt	M	0608]	0:25:58	5:13	40	19	M4044
4	442	Adam	Otstot	M	0608]	0:26:34	5:21	40	35	M4044
5	447	Scott	Burns	M	Greater Philadelphia TC	0:26:40	5:22	42	24	M4044
6	434	Charlie	Ban	M	Unattached DC	0:27:08	5:28	40	54	M4044
7	436	Michael	Harlow	M	Unattached VA	0:27:17	5:29	41	52	M4044
8	451	Derek	Reinhold	M	Greater Philadelphia TC	0:27:54	5:37	43	58	M4044
9	441	Ryan	Carroll	M	0608]	0:28:01	5:38	40	79	M4044
10	457	Marc	Jeuland	M	Bull City Track Club	0:28:03	5:39	43	61	M4044
11	450	er	Naimoli	M	Greater Philadelphia TC	0:28:07	5:39	43	66	M4044
12	446	John	Becker	M	Greater Philadelphia TC	0:28:15	5:41	43	69	M4044
13	456	r	Shold	M	U.S. Navy	0:28:29	5:44	42	80	M4044
14	448	John	Gagliardi	M	Greater Philadelphia TC	0:28:37	5:45	43	77	M4044
15	460	Gabriel	Rodriguez	M	Rosemont Running Club	0:29:05	5:51	44	84	M4044
16	459	Matthew	Wisnioski	M	Blacksburg Striders -- 2023	0:29:21	5:54	44	92	M4044
17	453	Pete	LoBianco	M	Pike Creek Valley Running Club	0:29:33	5:57	44	100	M4044
18	437	Matthew	Lofton	M	Unattached VA	0:29:59	6:02	43	115	M4044
19	454	Chris	Dyer	M	Goon Squad TC	0:30:08	6:04	41	128	M4044
20	444	Edward	Rietscha	M	0608]	0:30:12	6:05	44	116	M4044
21	458	Kevin	Byrd	M	Blacksburg Striders -- 2023	0:30:54	6:13	44	130	M4044
22	438	Adam	Nuckols	M	Unattached VA	0:30:57	6:14	41	140	M4044
23	445	Clark	Ridge	M	0608]	0:31:36	6:21	42	146	M4044
24	439	Gene	Reale	M	Unattached NC	0:33:17	6:42	43	155	M4044

M4549										
1	465	Jacques	Sallberg	M	Cal Coast Track Club	0:26:43	5:22	48	5	M4549
2	479	David	Angell	M	Blacksburg Striders -- 2023	0:26:58	5:25	46	13	M4549
3	472	Jason	Holroyd	M	Greater Philadelphia TC	0:27:09	5:28	46	18	M4549
4	468	Michael	Wardian	M	HOKA	0:27:29	5:32	48	14	M4549
5	473	Matthew	Wagoner	M	Greater Philadelphia TC	0:27:32	5:32	45	29	M4549
6	471	Brock	Butler	M	Greater Philadelphia TC	0:27:40	5:34	45	36	M4549
7	466	Joseph	Satterfield	M	Dirigo R.C.	0:28:24	5:43	45	60	M4549
8	480	Anderson	Norton	M	Blacksburg Striders -- 2023	0:28:28	5:44	49	32	M4549
9	482	Sam	Teigen	M	0385]	0:28:48	5:48	48	49	M4549
10	470	Mark	Tompkins	M	0608]	0:29:02	5:50	47	67	M4549
11	478	Paul	Jones	M	Bull City Track Club	0:29:07	5:51	47	68	M4549
12	467	A.	Tompkins	M	Unattached CA	0:30:11	6:04	47	96	M4549
13	477	Michael	Bulleri	M	Bull City Track Club	0:30:53	6:13	45	126	M4549
14	481	Durelle	Scott	M	Blacksburg Striders -- 2023	0:30:55	6:13	49	104	M4549
15	464	Andrew	Blanchard	M	Unattached VA	0:32:48	6:36	47	143	M4549
16	469	Scott	Zannini	M	Unattached SC	0:33:30	6:44	45	153	M4549
17	474	David	Long	M	Pike Creek Valley Running Club	0:34:21	6:55	47	156	M4549
18	463	Shad	Birkholz	M	Unattached MT	0:35:30	7:08	46	163	M4549
19	475	Benjamin	Sangster	M	Goon Squad TC	0:35:42	7:11	47	162	M4549
20	476	Gene	Severtson	M	U.S. Navy	0:36:45	7:24	46	166	M4549

M5054										
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1	497	Ahrlin	Bauman	M	Bowerman Track Club [08-0820]	0:27:28	5:32	50	9	M5054
2	485	Philippe	Rolly	M	Unattached VA	0:27:29	5:32	50	10	M5054
3	495	Tim	Harte	M	Greater Philadelphia TC	0:28:07	5:39	54	6	M5054
4	507	Arthur	Siemers	M	Chattanooga Track Club	0:28:26	5:43	50	25	M5054
5	499	Steve	Bell	M	Atlanta Track Club [45-0203]	0:28:35	5:45	51	22	M5054
6	491	John	Lomogda	M	0608]	0:28:45	5:47	53	16	M5054
7	492	Keith	Schumann	M	0608]	0:29:22	5:54	52	37	M5054
8	510	Derek	Fenton	M	Bull City Track Club	0:29:39	5:58	52	43	M5054
9	500	Brent	Fields	M	Atlanta Track Club [45-0203]	0:29:43	5:59	50	63	M5054
10	508	John	Sillery	M	Chattanooga Track Club	0:29:56	6:01	51	62	M5054
11	503	Jeffrey	Conston	M	Shore Athletic Club	0:30:13	6:05	54	46	M5054
12	498	Oscar	Bauman	M	Bowerman Track Club [37-0820]	0:30:25	6:07	50	81	M5054
13	511	Ignacio	Moore	M	Blacksburg Striders -- 2023	0:30:33	6:09	51	78	M5054
14	509	Mark	Carey	M	Bull City Track Club	0:31:03	6:15	51	93	M5054
15	506	Tripp	McCallie	M	Chattanooga Track Club	0:31:12	6:17	53	82	M5054
16	501	Chip	Hawkins	M	Atlanta Track Club [45-0203]	0:31:20	6:18	53	86	M5054
17	484	Guian	McKee	M	Charlottesville Track Club	0:31:25	6:19	53	88	M5054
18	502	John	Westrick	M	Atlanta Track Club [45-0203]	0:31:27	6:20	52	97	M5054
19	483	Robert	Dinterman	M	Unattached NC	0:31:53	6:25	52	109	M5054
20	493	Timothy	Suhr	M	0608]	0:31:59	6:26	51	117	M5054
21	512	Michael	Stowe	M	Blacksburg Striders -- 2023	0:32:05	6:27	52	112	M5054
22	494	Matthew	Cutrona	M	Greater Philadelphia TC	0:32:32	6:33	52	123	M5054
23	490	Joe	Calkins	M	0608]	0:32:59	6:38	52	129	M5054
24	513	Craig	Chasse	M	Potomac Valley Track Club	0:33:04	6:39	53	127	M5054
25	505	er	Rinaldi	M	Shore Athletic Club	0:33:29	6:44	53	133	M5054
26	489	David	Anderson	M	0608]	0:33:42	6:47	53	136	M5054
27	486	Duncan	Sheils	M	Unattached VA	0:34:14	6:53	52	144	M5054
28	504	Michael	DiLeva	M	Shore Athletic Club	0:35:50	7:13	50	161	M5054
29	488	Jason	Sidor	M	Unattached VA	0:39:59	8:03	54	168	M5054

M5559

1	541	Michael	Nahom	M	Greater Springfield Harriers, Inc	0:28:29	5:44	55	7	M5559
2	530	Christian	murray	M	Cal Coast Track Club	0:28:57	5:49	55	12	M5559
3	536	Dean	Thompson	M	Chattanooga Track Club	0:29:40	5:58	57	15	M5559
4	540	Mark	Hixson	M	Greater Springfield Harriers, Inc	0:29:52	6:00	57	20	M5559
5	535	Ryan	Shrum	M	Chattanooga Track Club	0:30:30	6:08	55	48	M5559
6	539	Alejandro	Heuck	M	Greater Springfield Harriers, Inc	0:30:32	6:09	58	27	M5559
7	542	Dale	Flanders	M	Genesee Valley Harriers	0:30:32	6:09	57	33	M5559
8	537	Kevin	Mcguire	M	Blacksburg Striders -- 2023	0:30:40	6:10	57	38	M5559
9	538	Francis	Burdett	M	Greater Springfield Harriers, Inc	0:30:41	6:10	57	39	M5559
10	519	Alexander	Hetherington	M	Unattached VA	0:30:45	6:11	55	56	M5559
11	521	Dan	Murray	M	Unattached NC	0:31:07	6:16	57	53	M5559
12	532	Scott	Siriano	M	Atlanta Track Club [45-0203]	0:31:17	6:18	56	64	M5559
13	523	Tim	Schuler	M	F and M Track Club [08-1121]	0:31:24	6:19	59	41	M5559
14	527	Daniel	Mazo	M	Greater Philadelphia TC	0:31:47	6:24	59	55	M5559
15	524	Steven	Kast	M	0608]	0:32:06	6:27	58	70	M5559
16	525	Steven	Menzies	M	0608]	0:32:28	6:32	59	73	M5559
17	533	Michael	Strickland	M	Atlanta Track Club [45-0203]	0:32:53	6:37	56	107	M5559
18	526	Paul	Pelletier	M	0608]	0:33:33	6:45	57	113	M5559
19	514	Andrew	Benkard	M	Unattached NJ	0:33:44	6:47	56	124	M5559
20	516	Richard	Griffiths	M	Unattached MD	0:35:39	7:10	57	141	M5559
21	520	Timothy	Irving	M	Unattached MA	0:35:51	7:13	57	147	M5559
22	528	Andrew	Shearer	M	Greater Philadelphia TC	0:35:54	7:13	59	139	M5559
23	522	Michael	Pearce	M	Unattached WY	0:36:29	7:20	59	148	M5559
24	531	Keith	Crispin	M	Pike Creek Valley Running Club	0:38:45	7:48	55	165	M5559





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25 515 David Flax Unattached MN 0:48:56 9:51 56 174 M5559

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M6064

1	571	Nat	Larson	M	Greater Springfield Harriers, Inc	0:28:33	5:45	60	1	M6064
2	550	John	Van Danacker	M	Unattached MN	0:29:15	5:53	60	2	M6064
3	566	Rick	Lee	M	Shore Athletic Club	0:29:41	5:58	61	3	M6064
4	547	Mark	Neff	M	Shadow Project TC	0:30:34	6:09	60	17	M6064
5	570	Tim	Ensign	M	Chattanooga Track Club	0:31:16	6:17	60	30	M6064
6	564	Lester	Dragstedt	M	Atlanta Track Club [45-0203]	0:31:32	6:21	60	40	M6064
7	567	Henry	Notaro	M	Shore Athletic Club	0:31:38	6:22	61	34	M6064
8	565	Casey	Hannan	M	Atlanta Track Club [45-0203]	0:32:08	6:28	63	31	M6064
9	574	Lawrence	Sak	M	Ann Arbor Track Club	0:32:21	6:30	62	44	M6064
10	556	Larry	Rechtin	M	Greater Philadelphia TC	0:32:25	6:31	61	57	M6064
11	558	Bruce	Weber	M	Greater Philadelphia TC	0:32:30	6:32	61	59	M6064
12	545	Scott	Brown	M	Dirigo R.C.	0:32:55	6:37	64	42	M6064
13	563	David	Wiechecki	M	Pike Creek Valley Running Club	0:33:15	6:41	61	75	M6064
14	553	Mark	Carver	M	Greater Philadelphia TC	0:33:37	6:46	63	71	M6064
15	552	Scott	Armstrong	M	Greater Philadelphia TC	0:33:41	6:47	60	95	M6064
16	561	John	Costello	M	Pike Creek Valley Running Club	0:33:46	6:48	61	90	M6064
17	551	Robert	Whitaker	M	0608]	0:33:56	6:50	64	72	M6064
18	573	John	Van Kerkhove	M	Genesee Valley Harriers	0:34:20	6:54	61	106	M6064
19	548	Bob	Nugent	M	Unattached ME	0:34:22	6:55	62	98	M6064
20	560	Gregory	Cauler	M	Pike Creek Valley Running Club	0:34:24	6:55	63	91	M6064
21	569	Gary	Wiesinger	M	Shore Athletic Club	0:34:35	6:57	64	87	M6064
22	555	Robert	Hill	M	Greater Philadelphia TC	0:34:57	7:02	63	105	M6064
23	549	Kevin	Rumsey	M	Unattached NC	0:35:27	7:08	60	132	M6064
24	562	William	Rose	M	Pike Creek Valley Running Club	0:35:35	7:09	63	118	M6064
25	543	Mark	Adams	M	Runners Club	0:35:44	7:11	63	121	M6064
26	559	Michael	Brown	M	Pike Creek Valley Running Club	0:36:06	7:16	64	122	M6064
27	544	William	Amor	M	Cal Coast Track Club	0:37:08	7:28	63	138	M6064
28	568	Harry	Pino	M	Shore Athletic Club	0:38:07	7:40	63	151	M6064
29	546	Bill	Kitchens	M	Unattached VA	0:38:30	7:45	63	152	M6064

M6569

1	577	David	Westenberg	M	Greater Lowell Road Runners	0:31:27	6:20	65	11	M6569
2	584	Ken	Youngers	M	Atlanta Track Club [45-0203]	0:32:29	6:32	66	21	M6569
3	582	Timothy	Conheady	M	Greater Philadelphia TC	0:32:41	6:34	65	28	M6569
4	579	Pete	Gibson	M	0608]	0:33:45	6:47	66	50	M6569
5	583	Robert	Reynolds	M	Greater Philadelphia TC	0:34:52	7:01	65	85	M6569
6	580	Richard	Grant	M	0608]	0:35:52	7:13	69	76	M6569
7	587	Gary	Moore	M	Genesee Valley Harriers	0:36:20	7:19	66	111	M6569
8	586	Reno	Stirrat	M	Shore Athletic Club	0:36:27	7:20	68	101	M6569
9	585	Scott	Linnell	M	Shore Athletic Club	0:36:39	7:22	66	119	M6569
10	581	James	Thornton	M	0608]	0:37:24	7:31	68	120	M6569
11	589	Aaron	Pratt	M	Ann Arbor Track Club	0:39:57	8:02	69	145	M6569
12	575	George	Howe	M	Unattached NC	0:41:02	8:15	67	158	M6569
13	588	Michael	Mester	M	Ann Arbor Track Club	0:42:59	8:39	67	164	M6569

M7074

1	595	Robert	Qualls	M	Unattached NV	0:34:08	6:52	70	26	M7074
2	601	Doug	Bell	M	Boulder Road Runners	0:35:46	7:12	72	45	M7074
3	599	Gene	Dykes	M	Greater Philadelphia TC	0:35:49	7:12	74	23	M7074
4	602	Douglas	Chesnut	M	Boulder Road Runners	0:36:08	7:16	70	74	M7074





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5	609	John	Kilduff	M	Shore Athletic Club	0:36:55	7:26	71	83	M7074
6	611	Eugene	Myers	M	Potomac Valley Track Club	0:37:09	7:28	70	99	M7074
7	606	Kirk	Larson	M	Atlanta Track Club [45-0203]	0:37:10	7:29	71	89	M7074
8	598	David	Anderson	M	Greater Philadelphia TC	0:37:28	7:32	70	108	M7074
9	603	Richard	Katz	M	Boulder Road Runners	0:37:31	7:33	74	65	M7074
10	604	Ward	Irvin	M	Atlanta Track Club [45-0203]	0:37:57	7:38	70	114	M7074
11	600	Don	Morrison	M	Greater Philadelphia TC	0:38:08	7:40	72	102	M7074
12	590	Bob	Albritton	M	High Point Athletic Club	0:38:58	7:50	71	125	M7074
13	592	Jim	Duffy	M	Tidewater Striders	0:39:06	7:52	70	134	M7074
14	593	Bill	Hart	M	Tidewater Striders	0:40:23	8:07	73	131	M7074
15	607	Jerry	Learned	M	Atlanta Track Club [45-0203]	0:41:27	8:20	74	135	M7074
16	605	Allen	Joyce	M	Atlanta Track Club [45-0203]	0:41:36	8:22	74	137	M7074
17	596	David	Trump	M	Unattached VA	0:42:12	8:29	70	157	M7074
18	597	John	Wills	M	Tidewater Striders	0:42:44	8:36	70	160	M7074
19	608	Patrick	Taylor	M	Atlanta Track Club [45-0203]	0:44:03	8:52	74	154	M7074
20	591	John	DiCarlo	M	Tidewater Striders	0:48:01	9:40	73	167	M7074
21	612	Jack	Kasperski	M	Genesee Valley Harriers	0:48:38	9:47	71	170	M7074
22	613	Michael	Reif	M	Genesee Valley Harriers	0:54:30	10:58	74	172	M7074
23	594	Micks	Purnell	M	Cal Coast Track Club	0:55:18	11:07	73	173	M7074

M7579

1	618	Gary	Ostwald	M	Boulder Road Runners	0:38:05	7:40	76	47	M7579
2	619	Dave	Glass	M	Atlanta Track Club [45-0203]	0:38:11	7:41	76	51	M7579
3	623	Keith	Yeates	M	Genesee Valley Harriers	0:39:33	7:57	75	94	M7579
4	622	Jim	May	M	Genesee Valley Harriers	0:40:31	8:09	76	103	M7579
5	624	Paul	Carlin	M	Ann Arbor Track Club	0:41:42	8:23	77	110	M7579
6	621	w	Nowicki	M	Shore Athletic Club	0:45:40	9:11	78	149	M7579
7	615	Jan	Frisby	M	Boulder Road Runners	0:45:41	9:11	78	150	M7579
8	616	Randy	Whitt	M	Unattached NC	0:46:19	9:19	76	159	M7579
9	620	Morris	Williams	M	Atlanta Track Club [45-0203]	0:53:04	10:41	77	169	M7579
10	614	William	Chadim	M	Unattached VA	0:55:35	11:11	76	171	M7579

M8084

1	625	Ed	Bligh	M	Atlanta Track Club [45-0203]	0:47:25	9:32	80	142	M8084
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