



2023 USATF XC National Championships

January 21, 2023

Final Results
Posted 1:20pm

Mens Master 8k -- Overall

Place	Bib	First Name	Last Name	Gender	City	Time	Pace	Age
1	435	Benjamin	Bruce	M	HOKA NAZ Elite [48-0454]	0:25:00	5:02	40
2	455	Neil	McDonagh	M	Square State Striders	0:25:26	5:07	41
3	443	Christopher	Pruitt	M	0608]	0:25:58	5:13	40
4	442	Adam	Otstot	M	0608]	0:26:34	5:21	40
5	447	Scott	Burns	M	Greater Philadelphia TC	0:26:40	5:22	42
6	465	Jacques	Sallberg	M	Cal Coast Track Club	0:26:43	5:22	48
7	479	David	Angell	M	Blacksburg Striders -- 2023	0:26:58	5:25	46
8	434	Charlie	Ban	M	Unattached DC	0:27:08	5:28	40
9	472	Jason	Holroyd	M	Greater Philadelphia TC	0:27:09	5:28	46
10	436	Michael	Harlow	M	Unattached VA	0:27:17	5:29	41
11	497	Ahrlin	Bauman	M	0820]	0:27:28	5:32	50
12	468	Michael	Wardian	M	HOKA	0:27:29	5:32	48
13	485	Philippe	Rolly	M	Unattached VA	0:27:29	5:32	50
14	473	Matthew	Wagoner	M	Greater Philadelphia TC	0:27:32	5:32	45
15	471	Brock	Butler	M	Greater Philadelphia TC	0:27:40	5:34	45
16	451	Derek	Reinhold	M	Greater Philadelphia TC	0:27:54	5:37	43
17	441	Ryan	Carroll	M	0608]	0:28:01	5:38	40
18	457	Marc	Jeuland	M	Bull City Track Club	0:28:03	5:39	43
19	495	Tim	Harte	M	Greater Philadelphia TC	0:28:07	5:39	54
20	450	Christopher	Naimoli	M	Greater Philadelphia TC	0:28:07	5:39	43
21	446	John	Becker	M	Greater Philadelphia TC	0:28:15	5:41	43
22	466	Joseph	Satterfield	M	Dirigo R.C.	0:28:24	5:43	45
23	507	Arthur	Siemers	M	Chattanooga Track Club	0:28:26	5:43	50
24	480	Anderson	Norton	M	Blacksburg Striders -- 2023	0:28:28	5:44	49
25	541	Michael	Nahom	M	Inc	0:28:29	5:44	55
26	456	Kristopher	Shold	M	U.S. Navy	0:28:29	5:44	42
27	571	Nat	Larson	M	Inc	0:28:33	5:45	60
28	499	Steve	Bell	M	Atlanta Track Club [45-0203]	0:28:35	5:45	51
29	448	John	Gagliardi	M	Greater Philadelphia TC	0:28:37	5:45	43
30	491	John	Lomogda	M	0608]	0:28:45	5:47	53
31	482	Sam	Teigen	M	0385]	0:28:48	5:48	48
32	530	Christian	murray	M	Cal Coast Track Club	0:28:57	5:49	55
33	470	Mark	Tompkins	M	0608]	0:29:02	5:50	47
34	460	Gabriel	Rodriguez	M	Rosemont Running Club	0:29:05	5:51	44
35	478	Paul	Jones	M	Bull City Track Club	0:29:07	5:51	47
36	550	John	Van Danacker	M	Unattached MN	0:29:15	5:53	60
37	459	Matthew	Wisnioski	M	Blacksburg Striders -- 2023	0:29:21	5:54	44
38	492	Keith	Schumann	M	0608]	0:29:22	5:54	52
39	453	Pete	LoBianco	M	Club	0:29:33	5:57	44
40	510	Derek	Fenton	M	Bull City Track Club	0:29:39	5:58	52
41	536	Dean	Thompson	M	Chattanooga Track Club	0:29:40	5:58	57
42	566	Rick	Lee	M	Shore Athletic Club	0:29:41	5:58	61
43	500	Brent	Fields	M	Atlanta Track Club [45-0203]	0:29:43	5:59	50
44	540	Mark	Hixson	M	Inc	0:29:52	6:00	57
45	508	John	Sillery	M	Chattanooga Track Club	0:29:56	6:01	51
46	437	Matthew	Lofton	M	Unattached VA	0:29:59	6:02	43
47	454	Chris	Dyer	M	Goon Squad TC	0:30:08	6:04	41





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48	467	Matthew A.	Tompkins	M	Unattached CA	0:30:11	6:04	47
49	444	Edward	Rietscha	M	0820]	0:30:12	6:05	44
50	503	Jeffrey	Conston	M	Shore Athletic Club	0:30:13	6:05	54
51	498	Oscar	Bauman	M	0820]	0:30:25	6:07	50
52	535	Ryan	Shrum	M	Chattanooga Track Club	0:30:30	6:08	55
53	539	Alejandro	Heuck	M	Inc	0:30:32	6:09	58
54	542	Dale	Flanders	M	Genesee Valley Harriers	0:30:32	6:09	57
55	511	Ignacio	Moore	M	Blacksburg Striders -- 2023	0:30:33	6:09	51
56	547	Mark	Neff	M	Shadow Project TC	0:30:34	6:09	60
57	537	Kevin	Mcguire	M	Blacksburg Striders -- 2023	0:30:40	6:10	57
58	538	Francis	Burdett	M	Inc	0:30:41	6:10	57
59	519	Alexander	Hetherington	M	Unattached VA	0:30:45	6:11	55
60	477	Michael	Bulleri	M	Bull City Track Club	0:30:53	6:13	45
61	458	Kevin	Byrd	M	Blacksburg Striders -- 2023	0:30:54	6:13	44
62	481	Durelle	Scott	M	Blacksburg Striders -- 2023	0:30:55	6:13	49
63	438	Adam	Nuckols	M	Unattached VA	0:30:57	6:14	41
64	509	Mark	Carey	M	Bull City Track Club	0:31:03	6:15	51
65	521	Dan	Murray	M	Unattached NC	0:31:07	6:16	57
66	506	Tripp	McCallie	M	Chattanooga Track Club	0:31:12	6:17	53
67	570	Tim	Ensign	M	Chattanooga Track Club	0:31:16	6:17	60
68	532	Scott	Siriano	M	Atlanta Track Club [45-0203]	0:31:17	6:18	56
69	501	Chip	Hawkins	M	Atlanta Track Club [45-0203]	0:31:20	6:18	53
70	523	Tim	Schuler	M	F and M Track Club [08-1121]	0:31:24	6:19	59
71	484	Guian	McKee	M	Charlottesville Track Club	0:31:25	6:19	53
72	577	David	Westenberg	M	Greater Lowell Road Runners	0:31:27	6:20	65
73	502	John	Westrick	M	Atlanta Track Club [45-0203]	0:31:27	6:20	52
74	564	Lester	Dragstedt	M	Atlanta Track Club [45-0203]	0:31:32	6:21	60
75	445	Clark	Ridge	M	Colonial Road Runners [12-0608]	0:31:36	6:21	42
76	567	Henry	Notaro	M	Shore Athletic Club	0:31:38	6:22	61
77	527	Daniel	Mazo	M	Greater Philadelphia TC	0:31:47	6:24	59
78	483	Robert	Dinterman	M	Unattached NC	0:31:53	6:25	52
79	493	Timothy	Suhr	M	Colonial Road Runners [12-0608]	0:31:59	6:26	51
80	512	Michael	Stowe	M	Blacksburg Striders -- 2023	0:32:05	6:27	52
81	524	Steven	Kast	M	Colonial Road Runners [12-0608]	0:32:06	6:27	58
82	565	Casey	Hannan	M	Atlanta Track Club [45-0203]	0:32:08	6:28	63
83	574	Lawrence	Sak	M	Ann Arbor Track Club	0:32:21	6:30	62
84	556	Larry	Rechtin	M	Greater Philadelphia TC	0:32:25	6:31	61
85	525	Steven	Menzies	M	Colonial Road Runners [12-0608]	0:32:28	6:32	59
86	584	Ken	Youngers	M	Atlanta Track Club [45-0203]	0:32:29	6:32	66
87	558	Bruce	Weber	M	Greater Philadelphia TC	0:32:30	6:32	61





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Rank	Bib	Name	Club	Age	Sex	Time	Split	Points
88	494	Matthew Cutrona	Greater Philadelphia TC	M	M	0:32:32	6:33	52
89	582	Timothy Conhead	Greater Philadelphia TC	M	M	0:32:41	6:34	65
90	464	Andrew Blanchard	Unattached VA	M	M	0:32:48	6:36	47
91	533	Michael Strickland	Atlanta Track Club [45-0203]	M	M	0:32:53	6:37	56
92	545	Scott Brown	Dirigo R.C. Colonial Road Runners [12-0608]	M	M	0:32:55	6:37	64
93	490	Joe Calkins	Potomac Valley Track Club	M	M	0:32:59	6:38	52
94	513	Craig Chasse	Pike Creek Valley Running Club	M	M	0:33:04	6:39	53
95	563	David Wiechecki	Unattached NC	M	M	0:33:15	6:41	61
96	439	Gene Reale	Shore Athletic Club	M	M	0:33:17	6:42	43
97	505	Christopher Rinaldi	Unattached SC	M	M	0:33:29	6:44	53
98	469	Scott Zannini	Colonial Road Runners [12-0608]	M	M	0:33:30	6:44	45
99	526	Paul Pelletier	Greater Philadelphia TC	M	M	0:33:33	6:45	57
100	553	Mark Carver	Greater Philadelphia TC	M	M	0:33:37	6:46	63
101	552	Scott Armstrong	Colonial Road Runners [12-0608]	M	M	0:33:41	6:47	60
102	489	David Anderson	Unattached NJ	M	M	0:33:42	6:47	53
103	514	Andrew Benkard	Colonial Road Runners [12-0608]	M	M	0:33:44	6:47	56
104	579	Pete Gibson	Pike Creek Valley Running Club	M	M	0:33:45	6:47	66
105	561	John Costello	Colonial Road Runners [12-0608]	M	M	0:33:46	6:48	61
106	551	Robert Whitaker	Unattached NV	M	M	0:33:56	6:50	64
107	595	Robert Qualls	Greater Philadelphia TC	M	M	0:34:08	6:52	70
108	486	Chuck Sheils	Greater Philadelphia TC	M	M	0:34:14	6:53	52
109	573	John Van Kerkhove	Genesee Valley Harriers Pike Creek Valley Running Club	M	M	0:34:20	6:54	61
110	474	David Long	Unattached ME	M	M	0:34:21	6:55	47
111	548	Bob Nugent	Pike Creek Valley Running Club	M	M	0:34:22	6:55	62
112	560	Gregory Cauller	Shore Athletic Club	M	M	0:34:24	6:55	63
113	569	Gary Wiesinger	Greater Philadelphia TC	M	M	0:34:35	6:57	64
114	583	Robert Reynolds	Greater Philadelphia TC	M	M	0:34:52	7:01	65
115	555	Robert Hill	Greater Philadelphia TC	M	M	0:34:57	7:02	63
116	549	Kevin Rumsey	Unattached NC	M	M	0:35:27	7:08	60
117	463	Shad Birkholz	Unattached MT Pike Creek Valley Running Club	M	M	0:35:30	7:08	46
118	562	William Rose	Unattached MD	M	M	0:35:35	7:09	63
119	516	Richard Griffiths	Goon Squad TC	M	M	0:35:39	7:10	57
120	475	Benjamin Sangster	Montgomery County Road Runners Club	M	M	0:35:42	7:11	47
121	543	Mark Adams	Boulder Road Runners	M	M	0:35:44	7:11	63
122	601	Doug Bell	Greater Philadelphia TC	M	M	0:35:46	7:12	72
123	599	Gene Dykes	Greater Philadelphia TC	M	M	0:35:49	7:12	74
124	504	Michael DiLeva	Shore Athletic Club	M	M	0:35:50	7:13	50
125	520	Timothy Irving	Unattached MA Colonial Road Runners [12-0608]	M	M	0:35:51	7:13	57
126	580	Richard Grant	Greater Philadelphia TC	M	M	0:35:52	7:13	69
127	528	Andrew Shearer	Greater Philadelphia TC	M	M	0:35:54	7:13	59

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Pike Creek Valley Running Club

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128	559	Michael	Brown	M	Pike Creek Valley Running Club	0:36:06	7:16	64	
129	602	Douglas	Chesnut	M	Boulder Road Runners	0:36:08	7:16	70	
130	587	Gary	Moore	M	Genesee Valley Harriers	0:36:20	7:19	66	
131	586	Reno	Stirrat	M	Shore Athletic Club	0:36:27	7:20	68	
132	522	Michael	Pearce	M	Unattached WY	0:36:29	7:20	59	
133	585	Scott	Linnell	M	Shore Athletic Club	0:36:39	7:22	66	
134	476	Gene	Severtson	M	U.S. Navy	0:36:45	7:24	46	
135	609	John	Kilduff	M	Shore Athletic Club	0:36:55	7:26	71	
136	544	William	Amor	M	Cal Coast Track Club	0:37:08	7:28	63	
137	611	Eugene	Myers	M	Potomac Valley Track Club	0:37:09	7:28	70	
138	606	Kirk	Larson	M	Atlanta Track Club [45-0203]	0:37:10	7:29	71	
139	581	James	Thornton	M	Colonial Road Runners [12-0608]	0:37:24	7:31	68	
140	598	David	Anderson	M	Greater Philadelphia TC	0:37:28	7:32	70	
141	603	Richard	Katz	M	Boulder Road Runners	0:37:31	7:33	74	
142	604	Ward	Irvin	M	Atlanta Track Club [45-0203]	0:37:57	7:38	70	
143	618	Gary	Ostwald	M	Boulder Road Runners	0:38:05	7:40	76	
144	568	Harry	Pino	M	Shore Athletic Club	0:38:07	7:40	63	
145	600	Don	Morrison	M	Greater Philadelphia TC	0:38:08	7:40	72	
146	619	Dave	Glass	M	Atlanta Track Club [45-0203]	0:38:11	7:41	76	
147	546	Bill	Kitchens	M	Unattached VA	0:38:30	7:45	63	
148	531	Keith	Crispin	M	Pike Creek Valley Running Club	0:38:45	7:48	55	
149	590	Bob	Albritton	M	High Point Athletic Club	0:38:58	7:50	71	
150	592	Jim	Duffy	M	Tidewater Striders	0:39:06	7:52	70	
151	623	Keith	Yeates	M	Genesee Valley Harriers	0:39:33	7:57	75	
152	589	Aaron	Pratt	M	Ann Arbor Track Club	0:39:57	8:02	69	
153	488	Jason	Sidor	M	Unattached VA	0:39:59	8:03	54	
154	593	Bill	Hart	M	Tidewater Striders	0:40:23	8:07	73	
155	622	Jim	May	M	Genesee Valley Harriers	0:40:31	8:09	76	
156	575	George	Howe	M	Unattached NC	0:41:02	8:15	67	
157	607	Jerry	Learned	M	Atlanta Track Club [45-0203]	0:41:27	8:20	74	
158	605	Allen	Joyce	M	Atlanta Track Club [45-0203]	0:41:36	8:22	74	
159	624	Paul	Carlin	M	Ann Arbor Track Club	0:41:42	8:23	77	
160	596	David	Trump	M	Unattached VA	0:42:12	8:29	70	
161	597	John	Wills	M	Tidewater Striders	0:42:44	8:36	70	
162	588	Michael	Mester	M	Ann Arbor Track Club	0:42:59	8:39	67	
163	608	Patrick	Taylor	M	Atlanta Track Club [45-0203]	0:44:03	8:52	74	
164	621	Przemyslaw	Nowicki	M	Shore Athletic Club	0:45:40	9:11	78	
165	615	Jan	Frisby	M	Boulder Road Runners	0:45:41	9:11	78	
166	616	Randy	Whitt	M	Unattached NC	0:46:19	9:19	76	
167	625	Ed	Bligh	M	Atlanta Track Club [45-0203]	0:47:25	9:32	80	
168	591	John	DiCarlo	M	Tidewater Striders	0:48:01	9:40	73	
169	612	Jack	Kasperski	M	Genesee Valley Harriers	0:48:38	9:47	71	
170	515	David	Flax	M	Unattached MD	0:48:56	9:51	56	





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Mens Master 8k - Overall									
171	620	Morris	Williams	M	Atlanta Track Club [45-0203]	0:53:04	10:41	77	
172	613	Michael	Reif	M	Genesee Valley Harriers	0:54:30	10:58	74	
173	594	Micks	Purnell	M	Cal Coast Track Club	0:55:18	11:07	73	
174	614	William	Chadim	M	Unattached VA	0:55:35	11:11	76	

