



# 2023 USATF XC National Championships

January 21, 2023

Final Results  
Posted 11:43am

## Womens Master 6k - Age Graded

Place	Bib	First Name	Last Name	Gender	City	Time	Pace	Age	Age Percent
1	429	Kathryn	Martin	F	Halesite	0:27:15	7:19	71	94.7
2	426	Nora	Cary	F	Morristown	0:26:22	7:04	67	92.7
3	405	Fiona	Bayly	F	New York	0:23:10	6:13	55	90.8
4	419	Doreen	McCoubrie	F	West Chester	0:25:31	6:51	61	88.6
5	412	Suzanne	La Burt	F	Lake	0:25:12	6:46	59	87.5
6	420	Mary	Swan	F	Jamesville	0:26:36	7:08	61	85.0
7	408	Darcy L	Strouse	F	Frederick	0:25:39	6:53	58	84.93
8	423	Suzanne	Cordes	F	Alamo	0:27:19	7:20	63	84.92
9	389	Brennan	Liming	F	Cary	0:22:42	6:05	46	84.0
10	425	Deborah	Snagg	F	Richmond	0:28:57	7:46	66	83.2
11	379	April	Lund	F	Bismarck	0:22:03	5:55	40	82.7
12	407	Inge	McClory	F	Boulder	0:26:40	7:09	59	82.7
13	415	Jacalyn	Lembo	F	Penfield	0:26:27	7:06	57	81.3
14	411	Terri	Rath	F	Reston	0:27:16	7:19	59	80.9
15	418	Julie	Hayden	F	Lake Frederick	0:28:52	7:45	63	80.3
16	402	Samantha	Forde	F	Santa Cruz	0:24:49	6:39	50	80.1
17	406	Kelly	Brown	F	Ashburn	0:27:26	7:21	58	79.4
18	388	Brett	Ely	F	Marblehead	0:23:42	6:21	43	78.5
19	385	Kara	Rubinich	F	Downingtown	0:24:02	6:27	44	77.9
20	390	Catherine	Moore	F	Ashland	0:25:24	6:49	49	77.4
21	410	Deelyn	Robinson	F	Williamsburg	0:27:54	7:29	57	77.1
22	399	Abby	Dean	F	Wilmington	0:26:16	7:03	51	76.5
23	400	Patricia	Heppelmann	F	Malvern	0:26:04	7:00	50	76.2
24	427	Susan	Stirrat	F	Rockaway	0:32:06	8:37	67	76.1
25	395	Brenda	Hodge	F	Lancaster	0:26:38	7:09	51	75.5
26	384	Erika	Holroyd	F	Wayne	0:24:52	6:40	44	75.3
27	421	Debbie	Brathwaite	F	Garfield	0:30:52	8:17	63	75.1
28	401	Alysia	Puma	F	Flemington	0:27:01	7:15	51	74.4
29	380	Emily	Ward	F	Richmond	0:24:32	6:35	40	74.3
30	386	Sarah	Rusk	F	Wilmington	0:24:51	6:40	42	74.3
31	416	Brenda	Osovski	F	Candor	0:28:37	7:41	56	74.3
32	397	Lynne	Young	F	Camarillo	0:28:09	7:33	54	73.8
33	378	Jennifer	Ledford	F	Virginia Beach	0:25:21	6:48	43	73.4
34	417	Carol	Reif	F	Victor	0:29:42	7:58	58	73.3
35	403	Alexandra	Newman	F	Golden	0:27:34	7:24	50	72.1
36	404	Cassandra	Crane	F	Chittenango	0:28:32	7:39	53	72.0
37	377	Holly	Bugin	F	New Kent	0:25:56	6:57	43	71.7
38	391	Kimberly	Dietrick	F	Malvern	0:27:25	7:21	49	71.7
39	422	Robin	Tanner	F	Atlanta	0:31:51	8:33	61	71.0
40	430	Kathleen	Allen	F	Decatur	0:37:36	10:05	73	70.7
41	382	Kelly	Cox	F	Williamsburg	0:27:31	7:23	44	68.1
42	393	Hiroko	Guarnieri	F	Villa Rica	0:28:17	7:35	47	68.1
43	383	Megan	Schulze	F	Yorktown	0:26:48	7:11	40	68.0
44	413	Leslie	Nowicki	F	Holmdel	0:34:35	9:17	59	63.8
45	409	Maria	Peters	F	Yorktown	0:34:12	9:10	58	63.7





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46	387	Kim	Anicito	F	Parlin	0:29:40	7:57	43	62.7
47	381	Jessica	Anderson	F	Williamsburg	0:29:43	7:58	41	61.7
48	431	Andrea	Mccarter	F	Duluth	0:48:26	12:59	76	57.4
49	398	Alyson	Kast	F	Yorktown	0:36:07	9:41	53	56.9
50	433	Joyce	Hodges-Hite	F	Millen	0:59:27	15:57	85	56.8
51	392	Lynn	Knothe	F	Wilmington	0:35:21	9:29	45	53.5
52	432	Tami	Graf	F	Lusby	1:07:19	18:03	86	51.8
53	396	Aimee	Hopkins	F	Glendale	0:38:58	10:27	51	51.6
54	424	Helene	Myers	F	Columbia	0:50:35	13:34	68	49.0