



# 2023 USATF XC National Championships

January 21, 2023

Final Results  
Posted 11:43am

## Womens Master 6k - Age Group

Place	Bib	First	Last	Gender	Team	Clock Time	Pace	Age	Overall Place	Division
<b>F4044</b>										
1	379	April	Lund	F	Bismarck	0:22:03	5:55	40	1	F4044
2	388	Brett	Ely	F	Marblehead	0:23:42	6:21	43	4	F4044
3	385	Kara	Rubinich	F	Downingtown	0:24:02	6:27	44	5	F4044
4	380	Emily	Ward	F	Richmond	0:24:32	6:35	40	6	F4044
5	386	Sarah	Rusk	F	Wilmington	0:24:51	6:40	42	8	F4044
6	384	Erika	Holroyd	F	Wayne	0:24:52	6:40	44	9	F4044
7	378	Jennifer	Ledford	F	Virginia Beach	0:25:21	6:48	43	11	F4044
8	377	Holly	Bugin	F	New Kent	0:25:56	6:57	43	15	F4044
9	383	Megan	Schulze	F	Yorktown	0:26:48	7:11	40	23	F4044
10	382	Kelly	Cox	F	Williamsburg	0:27:31	7:23	44	30	F4044
11	387	Kim	Anicito	F	Parlin	0:29:40	7:57	43	39	F4044
12	381	Jessica	Anderson	F	Williamsburg	0:29:43	7:58	41	41	F4044
<b>F4549</b>										
1	389	Brennan	Liming	F	Cary	0:22:42	6:05	46	2	F4549
2	390	Catherine	Moore	F	Ashland	0:25:24	6:49	49	12	F4549
3	391	Kimberly	Dietrick	F	Malvern	0:27:25	7:21	49	28	F4549
4	393	Hiroko	Guarnieri	F	Villa Rica	0:28:17	7:35	47	34	F4549
5	392	Lynn	Knothe	F	Wilmington	0:35:21	9:29	45	47	F4549
<b>F5054</b>										
1	402	Samantha	Forde	F	Santa Cruz	0:24:49	6:39	50	7	F5054
2	400	Patricia	Heppelmann	F	Malvern	0:26:04	7:00	50	16	F5054
3	399	Abby	Dean	F	Wilmington	0:26:16	7:03	51	17	F5054
4	395	Brenda	Hodge	F	Lancaster	0:26:38	7:09	51	21	F5054
5	401	Alysia	Puma	F	Flemington	0:27:01	7:15	51	24	F5054
6	403	Alexandra	Newman	F	Golden	0:27:34	7:24	50	31	F5054
7	397	Lynne	Young	F	Camarillo	0:28:09	7:33	54	33	F5054
8	404	Cassandra	Crane	F	Chittenango	0:28:32	7:39	53	35	F5054
9	398	Alyson	Kast	F	Yorktown	0:36:07	9:41	53	48	F5054
10	396	Aimee	Hopkins	F	Glendale	0:38:58	10:27	51	50	F5054
<b>F5559</b>										
1	405	Fiona	Bayly	F	New York	0:23:10	6:13	55	3	F5559
2	412	Suzanne	La Burt	F	Greenwood Lake	0:25:12	6:46	59	10	F5559
3	408	Darcy L	Strouse	F	Frederick	0:25:39	6:53	58	14	F5559
4	415	Jacalyn	Lembo	F	Penfield	0:26:27	7:06	57	19	F5559
5	407	Inge	McClory	F	Boulder	0:26:40	7:09	59	22	F5559
6	411	Terri	Rath	F	Reston	0:27:16	7:19	59	26	F5559
7	406	Kelly	Brown	F	Ashburn	0:27:26	7:21	58	29	F5559
8	410	Deelyn	Robinson	F	Williamsburg	0:27:54	7:29	57	32	F5559
9	416	Brenda	Osovski	F	Candor	0:28:37	7:41	56	36	F5559
10	417	Carol	Reif	F	Victor	0:29:42	7:58	58	40	F5559
11	409	Maria	Peters	F	Yorktown	0:34:12	9:10	58	45	F5559
12	413	Leslie	Nowicki	F	Holmdel	0:34:35	9:17	59	46	F5559
<b>F6064</b>										
1	419	Doreen	McCoubrie	F	West Chester	0:25:31	6:51	61	13	F6064





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2	420	Mary	Swan	F	Alamo	0:29:36	7:08	61	20	F6064
3	423	Suzanne	Cordes	F	Alamo	0:27:19	7:20	63	27	F6064
4	418	Julie	Hayden	F	Lake Frederick	0:28:52	7:45	63	37	F6064
5	421	Debbie	Brathwaite	F	Garfield	0:30:52	8:17	63	42	F6064
6	422	Robin	Tanner	F	Atlanta	0:31:51	8:33	61	43	F6064

## F6569

1	426	Nora	Cary	F	Morristown	0:26:22	7:04	67	18	F6569
2	425	Deborah	Snagg	F	Richmond	0:28:57	7:46	66	38	F6569
3	427	Susan	Stirrat	F	Rockaway	0:32:06	8:37	67	44	F6569
4	424	Helene	Myers	F	Columbia	0:50:35	13:34	68	52	F6569

## F7074

1	429	Kathryn	Martin	F	Halesite	0:27:15	7:19	71	25	F7074
2	430	Kathleen	Allen	F	Decatur	0:37:36	10:05	73	49	F7074

## F7579

1	431	Andrea	Mccarter	F	Duluth	0:48:26	12:59	76	51	F7579
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## F8589

1	433	Joyce	Hodges-Hite	F	Millen	0:59:27	15:57	85	53	F8589
2	432	Tami	Graf	F	Lusby	1:07:19	18:03	86	54	F8589

