

**2023 USATF NATIONAL CROSS COUNTRY  
CHAMPIONSHIPS**

Mechanicsville, VA

Pole Green Park

Saturday, January 21, 2023

**OFFICIAL MEET REPORT**

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**Race #1  
Community 6k****Final Results****INDIVIDUAL RESULTS**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
1 McMackin, Jackson	19	656	Unattached	-	20:13.10	---	5:25.2	3:22.2
2 Wardian, Michael	48	468	HOKA	-	20:18.90	5.80	5:26.8	3:23.2
3 Tivenan, Stephen	25	659	Unattached	-	21:14.10	1:01.00	5:41.6	3:32.4
4 Trippett, Kevin	49	661	Unattached	-	23:03.90	2:50.80	6:11.0	3:50.7
5 Boyle, Natalie	23	651	Unattached	-	23:41.10	3:28.00	6:21.0	3:56.9
6 Ley, Bode	15	655	Unattached	-	24:45.00	4:31.90	6:38.1	4:07.5
7 Mumford, Ellis	24	657	Unattached	-	26:13.10	6:00.00	7:01.7	4:22.2
8 Hunter, Robert	48	654	Unattached	-	29:32.00	9:18.90	7:55.1	4:55.3
9 Guest, Joe	55	653	Unattached	-	31:02.50	10:49.4	8:19.3	5:10.4
10 Walton, Elise	58	662	Unattached	-	34:20.40	14:07.3	9:12.4	5:43.4
11 Trippett, Deborah	53	660	Unattached	-	42:51.70	22:38.6	11:29.5	7:08.6
12 Beichter, Karina	45	650	Unattached	-	44:25.90	24:12.8	11:54.7	7:24.3
13 Crowder, Jane	67	652	Unattached	-	1:17:45.3	57:32.2	20:50.8	12:57.6