

**SPIDER ALUMNI OPEN**

Mechanicsville, VA

Pole Green Park

Saturday, September 2, 2023

**OFFICIAL MEET REPORT**

printed: 9/2/2023 10:20 AM

**Race #1  
Womens 4k****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Virginia	29	1-2-6-7-13(16)(18)	1:08:43	13:45
2 William & Mary	75	4-9-17-21-24(28)(39)	1:11:15	14:15
3 Georgetown	76	8-11-12-22-23(26)(27)	1:11:16	14:16
4 Richmond	86	3-10-19-20-34(38)(41)	1:11:23	14:17
5 Delaware	144	15-25-33-35-36(46)(69)	1:13:40	14:44
6 George Mason	165	14-29-32-40-50(54)(55)	1:14:10	14:50
7 VCU	210	5-43-51-53-58(66)(70)	1:15:39	15:08
8 American	214	30-44-45-47-48(52)(57)	1:15:59	15:12
9 Longwood	287	42-49-60-65-71(87)(88)	1:18:31	15:43
10 James Madison	324	61-62-63-64-74(75)(79)	1:19:50	15:58
11 VMI	340	31-56-77-84-92(93)	1:21:41	16:21
12 Christopher Newport	361	67-68-72-76-78(80)(85)	1:21:30	16:18
13 Hampton	364	37-59-82-89-97	1:23:38	16:44
14 Mary Washington	443	81-86-90-91-95(101)(102)	1:27:22	17:29
15 St. Mary's (Md.)	453	73-83-98-99-100(104)(105)	1:29:32	17:55
16 Bowie State	506	94-96-103-106-107	1:39:01	19:49

**TEAM SCORING SUMMARY (cont'd)**

Athlete	YR	#	Team	Score	Time
29 SELL, Emily	JR	385	William & Mary	(28)	14:39.4
30 NABBUS, Nourene	SO	115	George Mason	29	14:41.4
31 MWANIKI, June	JR	21	American	30	14:44.2
32 SISK, Jillian	FR	347	VMI	31	14:44.6
33 CLARK, Sarah	FR	108	George Mason	32	14:45.1
34 GIBSON, Taylor		425	Unattached	-	14:48.0
35 VOLKMAN, Lindsey	SO	88	Delaware	33	14:49.8
36 COLFLESH, Allison	JR	230	Richmond	34	14:52.1
37 LASHLEY, Molly	SO	81	Delaware	35	14:57.3
38 DAILEY, Marissa	JR	75	Delaware	36	15:02.7
39 MOZIE, Jordan	JR	141	Hampton	37	15:03.3
40 BLAYLOCK, Izzy	JR	226	Richmond	(38)	15:03.5
41 COYLE, Molly	JR	375	William & Mary	(39)	15:03.6
42 BORDNER, Ava	FR	106	George Mason	40	15:09.3
43 GRIGGS, Annika	JR	381	William & Mary	-	15:09.5
44 STEPHEN, Manon	JR	243	Richmond	(41)	15:10.1
45 KELLER, Priscilla	FR	180	Longwood	42	15:10.2
46 WARREN, Nia	JR	293	VCU	43	15:10.5
47 CORDASCO, Callia	JR	14	American	44	15:12.1
48 EVANS, Brooke	SO	16	American	45	15:17.9
49 RE, Nicole	SR	84	Delaware	(46)	15:19.0
50 COLFLESH, Lindsay	JR	231	Richmond	-	15:19.5
51 O'CONNELL, Amy	FR	22	American	47	15:20.9
52 LOVUOLO, Ava	FR	237	Richmond	-	15:21.3
53 POTTER, Rachael	SR	23	American	48	15:23.7
54 DOBRINSKI, Tessa	SO	377	William & Mary	-	15:24.4
55 HARKNESS, Becca		428	Unattached	-	15:24.8
56 BOLEN, Samantha	FR	173	Longwood	49	15:26.1
57 AULENBACH, Katryna	SO	105	George Mason	50	15:27.3
58 KORZEN, Kennedy	FR	287	VCU	51	15:27.7
59 STEWART, Clark	FR	323	Virginia	-	15:29.6
60 MILLER, Estella	FR	20	American	(52)	15:30.2
61 MILLER, Ava	SO	289	VCU	53	15:33.1
62 YIRMIBESOGLU, Aylin	FR	118	George Mason	(54)	15:34.5
63 ELCHENKO, Brenna	FR	110	George Mason	(55)	15:36.8
64 SHANK, Gretal	JR	346	VMI	56	15:38.8
65 IANELLO, Lucia	JR	17	American	(57)	15:40.7
66 CARROLL, Jayanna	SO	283	VCU	58	15:41.7
67 SCHWAB, Hannah	SO	27	American	-	15:42.1
68 SPENCER, Kayla	SR	142	Hampton	59	15:43.4
69 DUMONT, Paige	FR	378	William & Mary	-	15:43.6
70 SLATTERY, Haley	JR	185	Longwood	60	15:48.5
71 DANIELE, Cassie	JR	15	American	-	15:50.2
72 GERSON, Jennifer	SO	380	William & Mary	-	15:51.1
73 REIF, Brooke	SO	241	Richmond	-	15:51.6
74 STANHOPE, Miranda	SR	155	James Madison	61	15:52.0

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time
1 TIMM, Caroline	SR	324	Virginia	1	13:29.5
2 BUSHEE, Gillian	FR	316	Virginia	2	13:32.1
3 STOCKMAN, Elizabeth	JR	244	Richmond	3	13:35.6
4 ISTNICK, Sofia	SO	383	William & Mary	4	13:43.2
5 TUNNELL, Lauren	FR	291	VCU	5	13:45.5
6 ATKINSON, Sophie	JR	314	Virginia	6	13:47.6
7 WORKMAN, Anna	JR	325	Virginia	7	13:48.9
8 HENNELLY, Mary	JR	126	Georgetown	8	13:59.0
9 DEBOER, Arianna	JR	376	William & Mary	9	14:01.8
10 TRIPPETT, Madison	JR	245	Richmond	10	14:03.1
11 HIRSCHFELD, Anya	SR	127	Georgetown	11	14:03.2
12 MCLEAN, Natalie	FR	129	Georgetown	12	14:03.7
13 DESOUSA, Cate	FR	318	Virginia	13	14:04.4
14 O'NEILL, Kate	SR	116	George Mason	14	14:06.7
15 SGAMBELLURI, Nina	SO	86	Delaware	15	14:12.1
16 ILNICKI-LAMBERT, Lu	JR	320	Virginia	(16)	14:23.6
17 SUTTERFIELD, Kelly	SO	386	William & Mary	17	14:23.9
18 FENNER, Lila	SR	319	Virginia	(18)	14:24.6
19 KURTZ, Laurel	JR	235	Richmond	19	14:24.8
20 JOYCE, Paige	SO	234	Richmond	20	14:26.6
21 YOUNG, Lucy	JR	387	William & Mary	21	14:28.9
22 STOUT, Alexandra	SR	130	Georgetown	22	14:32.3
23 MAUGHAN, Amelia	SO	321	Virginia	-	14:33.7
24 CAAMANO, Angeline	SO	125	Georgetown	23	14:37.0
25 FORTIN, Heidi	SR	379	William & Mary	24	14:37.2
26 ESHELMAN, Danielle	JR	77	Delaware	25	14:37.7
27 TRETAWAY, Julia	JR	131	Georgetown	(26)	14:37.9
28 MARTIN, DeAnna	JR	128	Georgetown	(27)	14:38.5

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75 BELL, Evie	JR	145	James Madison	62	15:52.1	121 BOLESH, Ashley	FR	227	Richmond	-	16:53.4
76 KETCHUM, Faithe	SO	149	James Madison	63	15:52.2	122 MILLER, Dylan	JR	239	Richmond	-	16:57.3
77 WATKINS, McKenzie	SR	157	James Madison	64	15:52.8	123 BRUMFIELD, Josie	SO	62	Christopher Ne	(85)	16:58.6
78 FAIRBANKS, Caroline	JR	175	Longwood	65	15:53.6	124 OBERLIES, Jessica	JR	208	Mary Washingt	86	16:59.6
79 JOHNSON, Camille	FR	286	VCU	(66)	15:59.6	125 WITTE, Kiersten	JR	188	Longwood	(87)	17:00.6
80 MUDD, Courtney	FR	69	Christopher Ne	67	16:03.7	126 PULEO, Sierra	JR	153	James Madison	-	17:01.8
81 MORRIS, Emily	JR	384	William & Mary	-	16:04.2	127 CURREY, Elizabeth	SO	284	VCU	-	17:06.4
82 RILEY, Kate	SO	25	American	-	16:06.9	128 DASILVA, Didi	FR	64	Christopher Ne	-	17:07.3
83 KAPP, Julia	SO	66	Christopher Ne	68	16:07.3	129 OYLEAR, Kathryn	JR	182	Longwood	(88)	17:13.6
84 CLEAR, Leah	FR	73	Delaware	(69)	16:08.0	130 GILMER, Arriah	FR	138	Hampton	89	17:25.0
85 TIANGA, Kirah	JR	30	American	-	16:09.8	131 DEEVER, Bailey	JR	174	Longwood	-	17:26.0
86 WALTERS, Reagan	FR	292	VCU	(70)	16:10.8	132 MAURO, Marissa	FR	82	Delaware	-	17:26.6
87 SMALLEY, Hannah	JR	87	Delaware	-	16:12.5	133 PINDER, Nicole	JR	183	Longwood	-	17:27.0
88 GROGG, Lanie	SO	179	Longwood	71	16:12.6	134 MORLEY, Caroline	SO	152	James Madison	-	17:32.4
89 TATUM, Skyler	SO	29	American	-	16:16.8	135 SCHINDEL, Riley	JR	154	James Madison	-	17:32.5
90 COLETTI, Carolyn	SR	74	Delaware	-	16:17.3	136 GARCIA, Aislinn	JR	178	Longwood	-	17:38.4
91 RAWLINGS, Maddy	JR	71	Christopher Ne	72	16:17.9	137 VICK, Lauren	SO	186	Longwood	-	17:41.4
92 HALLER, Olivia	SR	382	William & Mary	-	16:18.9	138 ARMSTRONG, Katheri	SO	201	Mary Washingt	90	17:42.5
93 DOUGLAS, Brittney	SR	262	St. Mary's (Md.)	73	16:19.2	139 SNOW, Julia	JR	212	Mary Washingt	91	17:44.1
94 GIORDANO, Kristin	FR	148	James Madison	74	16:20.0	140 LAVENDER, Nathalie	SO	345	VMI	92	17:48.6
95 MILBY, Mary	SR	151	James Madison	(75)	16:21.1	141 TALBOTT, Hayden	FR	348	VMI	(93)	17:48.8
96 GUYTON, Cassidy	JR	285	VCU	-	16:22.7	142 RZUCIDLO, Emily	JR	242	Richmond	-	17:51.1
97 DAKE, Sarah	FR	63	Christopher Ne	76	16:23.1	143 ELLIOTT, Morgan	FR	233	Richmond	-	17:55.8
98 FITCH, Emily	SR	111	George Mason	-	16:23.8	144 LEWIS, Destiny	SO	44	Bowie State	94	18:03.0
99 SCHNEIDER, Nicole	SR	85	Delaware	-	16:23.9	145 WHEELER, Kai	FR	187	Longwood	-	18:05.2
100 BERINGER, Ginny	JR	225	Richmond	-	16:25.0	146 FLETCHER, Eyaya	FR	204	Mary Washingt	95	18:12.5
101 PRYOR, Anna	SO	83	Delaware	-	16:25.3	147 HILL, Makayla	FR	43	Bowie State	96	18:26.1
102 LYONS, Morgan	JR	238	Richmond	-	16:25.5	148 ELLIOTT, Erin	JR	65	Christopher Ne	-	18:34.3
103 KUHLMAN, Katie	FR	80	Delaware	-	16:27.6	149 WILLIAMS, Morgan	JR	143	Hampton	97	18:39.0
104 PUCKETT, Hannah	FR	24	American	-	16:28.7	150 HOLSTON, Kaylee	FR	264	St. Mary's (Md.)	98	18:41.7
105 DEMICHELE, Elizabet	FR	76	Delaware	-	16:29.2	151 LALLY, Stacie	SR	266	St. Mary's (Md.)	99	18:50.1
106 LESTINA, Scarlett	FR	19	American	-	16:30.3	152 CARTER, Weiya	FR	261	St. Mary's (Md.)	100	18:51.1
107 CHIDIRALA, Yashika	JR	107	George Mason	-	16:30.8	153 CEA-LAVIN, Enya	SO	202	Mary Washingt	(101)	18:58.6
108 HURD, Olivia	FR	343	VMI	77	16:35.3	154 WRIGHT, Kamiah	FR	246	Richmond	-	19:05.1
109 DONOHOE, Caroline	SO	232	Richmond	-	16:36.2	155 HECKMAN, Amanda	JR	205	Mary Washingt	(102)	19:09.7
110 SMITH, Megan	SO	72	Christopher Ne	78	16:37.1	156 RAMIREZ, Eliana	JR	210	Mary Washingt	-	19:11.4
111 GIFFORD, Alayna	FR	147	James Madison	(79)	16:37.7	157 UR, Unknown		998	UNUR	-	19:14.7
112 GALVIN, Aiko	FR	112	George Mason	-	16:39.4	158 MARTIN, Chloe	JR	68	Christopher Ne	-	19:16.0
113 KRISHNAMURTHY, S	FR	288	VCU	-	16:40.9	159 SNODGRASS, Abigail	FR	117	George Mason	-	19:16.2
114 LOPEZ, Kayla	FR	67	Christopher Ne	(80)	16:42.5	160 RICO, Cameron	FR	211	Mary Washingt	-	19:20.0
115 PIPPIN, Grace	SR	209	Mary Washingt	81	16:43.1	161 FRITZ, Caroline	JR	177	Longwood	-	19:21.0
116 WILSON, Mekayla	SO	144	Hampton	82	16:46.4	162 WHITE, Kendra	SO	213	Mary Washingt	-	19:21.4
117 JOYCE, Olivia	FR	113	George Mason	-	16:47.4	163 FIELDS, Nasya	FR	42	Bowie State	103	19:28.9
118 MINNS, Ashley	JR	240	Richmond	-	16:47.5	164 ARRIZI, Avery	FR	259	St. Mary's (Md.)	(104)	19:40.2
119 ROBEY, Elizabeth	SR	268	St. Mary's (Md.)	83	16:49.7	165 DUTTON, Charly	SO	109	George Mason	-	19:46.0
120 FIORILLO, Caroline	JR	342	VMI	84	16:53.0	166 KINGSLEY, Madison	FR	265	St. Mary's (Md.)	(105)	19:47.6

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<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
167 HODGES, Alexis	FR	263	St. Mary's (Md.)	-	19:48.4
168 BRUCE, Aylin	JR	228	Richmond	-	20:01.4
169 LAVELLE, Nina	SO	236	Richmond	-	20:18.4
170 LAYNE, Caroline	SO	181	Longwood	-	20:37.1
171 JENSEN, Sophie	SO	206	Mary Washingt	-	20:56.4
172 BELL, Mia	FR	40	Bowie State	106	21:09.3
173 WRIGHT, Kamyah	FR	247	Richmond	-	21:26.9
174 CLAYTON, Blaiklyn	FR	229	Richmond	-	21:36.0
175 UGBONG, Zynobia	FR	46	Bowie State	107	21:53.2
176 VANGESSEL-EVERTS	SR	271	St. Mary's (Md.)	-	22:03.4
177 PORRECA, Annalise	JR	290	VCU	-	22:20.0
178 SPRAGUE, Jason	JR	270	St. Mary's (Md.)	-	23:51.1
179 PUMPHREY, Nayev	SO	267	St. Mary's (Md.)	-	27:14.0
180 BRUNO, Fladaina	SO	260	St. Mary's (Md.)	-	27:24.7