

**SHENANDOAH DISTRICT CROSS COUNTRY
CHAMPIONSHIPS**Verona, VA
Mount Airy XC Course

Wednesday, October 25, 2023

**OFFICIAL MEET REPORT**
printed: 10/25/2023 3:43 PM**Race #2**
Girls Varsity District 3A**Final Results****TEAM SCORING SUMMARY****District 3A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Wilson Memorial	16	1-2-3-4-6(9)(13)	1:55:43	23:09	2:41.8
2 Waynesboro	41	5-7-8-10-11(15)(16)	2:06:54	25:23	1:53.6
3 Staunton High School	80	12-14-17-18-19(20)(21)	2:31:12	30:15	7:26.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 Plautz, Cassidy	SR	116	Wilson Memorial	1	21:41.97	1:57.34	6:58.6	4:20.4
2 Franklin, Quinn	SR	113	Wilson Memorial	2	22:33.07	2:48.44	7:15.1	4:30.6
3 Troxell, Alison	SO	117	Wilson Memorial	3	23:27.34	3:42.71	7:32.5	4:41.5
4 Franklin, Thea	SO	114	Wilson Memorial	4	23:36.59	3:51.96	7:35.5	4:43.3
5 Kimmell, Lydia	JR	95	Waynesboro	5	24:11.07	4:26.44	7:46.6	4:50.2
6 Troxell, Sydney	SO	118	Wilson Memorial	6	24:23.69	4:39.06	7:50.6	4:52.7
7 Kimmell, Amelia	FR	94	Waynesboro	7	25:21.60	5:36.97	8:09.3	5:04.3
8 Boucher, Cadence	SR	92	Waynesboro	8	25:27.05	5:42.42	8:11.0	5:05.4
9 Cronk, Erika	SO	110	Wilson Memorial	(9)	25:40.18	5:55.55	8:15.2	5:08.0
10 Carver, Emma	SO	93	Waynesboro	10	25:49.26	6:04.63	8:18.2	5:09.9
11 Matherly, Gillian	SR	96	Waynesboro	11	26:04.58	6:19.95	8:23.1	5:12.9
12 Loar, Brook	JR	62	Staunton High Scho	12	26:13.84	6:29.21	8:26.1	5:14.8
13 Corbett, Linley	FR	109	Wilson Memorial	(13)	26:18.47	6:33.84	8:27.5	5:15.7
14 Matthews, Josalyn	JR	63	Staunton High Scho	14	26:42.49	6:57.86	8:35.3	5:20.5
15 Austin, Alexis	FR	90	Waynesboro	(15)	27:04.55	7:19.92	8:42.4	5:24.9
16 Sloat, Sierra	JR	97	Waynesboro	(16)	27:40.27	7:55.64	8:53.8	5:32.1
17 Frye, Ella	JR	59	Staunton High Scho	17	31:54.68	12:10.0	10:15.7	6:22.9
18 Hansen, Mia	SR	61	Staunton High Scho	18	32:39.68	12:55.0	10:30.1	6:31.9
19 Grande Staton, Georgia	SR	60	Staunton High Scho	19	33:40.36	13:55.7	10:49.6	6:44.1
20 Tuttle, Finn	FR	67	Staunton High Scho	(20)	33:49.30	14:04.6	10:52.5	6:45.9
21 Norton, Chloe	SR	64	Staunton High Scho	(21)	37:10.18	17:25.5	11:57.1	7:26.0
22 Trybus, Reid	SR	65	Staunton High Scho	-	37:23.53	17:38.9	12:01.4	7:28.7

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Girls Varsity 2A District**Final Results****TEAM SCORING SUMMARY****2A District**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Fort Defiance	20	1-2-3-6-8(9)(10)	1:58:27	23:42	6:49.4
2 Riverheads	39	4-5-7-11-12(13)(14)	2:20:20	28:04	8:27.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Lane, Abby	SR	24	Fort Defiance	1	19:44.63	---	6:20.9	3:56.9
2 Lang, Bethany	SR	25	Fort Defiance	2	22:55.07	3:10.44	7:22.1	4:35.0
3 Conner, Madison	SO	21	Fort Defiance	3	22:55.58	3:10.95	7:22.3	4:35.1
4 Jordan, Verity	FR	42	Riverheads	4	24:24.90	4:40.27	7:51.0	4:53.0
5 Hibshman, Angela	FR	76	Stuarts Draft	-	25:04.32	5:19.69	8:03.7	5:00.9
6 Doyne, Kierstin	SO	41	Riverheads	5	25:32.36	5:47.73	8:12.7	5:06.5
7 Clark, Karina	JR	20	Fort Defiance	6	26:16.92	6:32.29	8:27.0	5:15.4
8 Back, Sierra	SR	38	Riverheads	7	26:28.93	6:44.30	8:30.9	5:17.8
9 O'Brien, Molly	SO	27	Fort Defiance	8	26:33.99	6:49.36	8:32.5	5:18.8
10 Bast, Violet	FR	18	Fort Defiance	(9)	26:39.24	6:54.61	8:34.2	5:19.8
11 Cubbage, Taylor	SO	22	Fort Defiance	(10)	26:42.72	6:58.09	8:35.3	5:20.5
12 Misick, Isabel	JR	77	Stuarts Draft	-	26:51.62	7:06.99	8:38.2	5:22.3
13 Barragan, Alexandra	SR	75	Stuarts Draft	-	27:06.76	7:22.13	8:43.1	5:25.4
14 Quintero, Blanca	FR	78	Stuarts Draft	-	30:24.17	10:39.5	9:46.5	6:04.8
15 Yowell, Madeline	SR	46	Riverheads	11	31:01.22	11:16.5	9:58.5	6:12.2
16 Schooley, Catherine	JR	45	Riverheads	12	32:52.29	13:07.6	10:34.2	6:34.5
17 Massie, Cecilia	SO	43	Riverheads	(13)	33:24.80	13:40.1	10:44.6	6:41.0
18 Robinson, Grace	SO	44	Riverheads	(14)	34:59.26	15:14.6	11:15.0	6:59.9