

REGION 3C CHAMPIONSHIP

Palmyra, VA

Pleasant Grove XC Course

Wednesday, November 1, 2023



OFFICIAL MEET REPORT
printed: 11/1/2023 2:35 PM

Race #2
Varsity Girls 5k

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.
1 Spotswood*Team*	44	1:38:55	19:47
2 Western Albemarle*T	64	1:40:56	20:12
3 Alleghany*Team*	88	1:44:24	20:53
4 Fluvanna County	110	1:47:30	21:30
5 Wilson Memorial	113	1:47:13	21:27
6 Rockbridge County	118	1:47:44	21:33
7 Turner Ashby	183	1:57:20	23:28
8 Waynesboro	190	1:57:31	23:31
9 Rustburg	234	2:04:13	24:51

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time
36 HIPES, Hannah *Team	FR	158	Alleghany	32	23:00.2
37 THOMPSON, Alice	SO	234	Monticello	-	23:12.6
38 HINEGARDNER, Cath	FR	294	Turner Ashby	33	23:13.6
39 MATHERLY, Gillian	SR	317	Waynesboro	34	23:14.6
40 TROXELL, Sydney	SO	357	Wilson Memori	35	23:16.8
41 MAGGIORA, Megan	SR	262	Rustburg	36	23:21.0
42 CRONK, Erika	SO	350	Wilson Memori	(37)	23:29.9
43 CORBETT, Linley	FR	349	Wilson Memori	(38)	23:35.5
44 HOLSTON, Kate	SO	240	Rockbridge Co	(39)	23:37.4
45 MATTHEWS, Josalyn	JR	281	Staunton High	-	23:49.8

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time
1 LOWMAN, Kiera *Tea	SO	159	Alleghany	1	18:31.5
2 DAVIDSON, Ryan *Ind	SO	232	Monticello	-	18:47.2
3 AMATO, Anna *Ind*	JR	202	Fluvanna Count	2	19:13.6
4 DICKEL, Ashland *Tea	JR	268	Spotswood	3	19:14.3
5 DICKEL, Marika *Team	JR	269	Spotswood	4	19:14.7
6 FRAZIER, Ruby *Ind*	SO	206	Fluvanna Count	5	19:15.3
7 MYERS, Taylor *Team	SR	273	Spotswood	6	19:19.5
8 SCHMITZ, Emma *Tea	SO	336	Western Albem	7	19:25.3
9 FARLEY, Sophie *Ind*	SR	205	Fluvanna Count	8	19:26.5
10 LUDTKE, Deena *Ind*	SR	243	Rockbridge Co	9	19:28.4
11 PLAUTZ, Cassidy	SR	355	Wilson Memori	10	19:52.9
12 HODSON, Hailey *Tea	SR	332	Western Albem	11	19:56.1
13 RITTER, Emerson *Te	SO	335	Western Albem	12	20:00.5
14 JOYNER, Peyton *Tea	FR	271	Spotswood	13	20:19.1
15 CASH, Macyn *Team*	SR	155	Alleghany	14	20:32.9
16 TORRENCE, Carter *T	SO	338	Western Albem	15	20:35.7
17 WILLS, Nevaeh *Team	JR	161	Alleghany	16	20:43.2
18 LANTZ-TRISSEL, Mag	JR	298	Turner Ashby	17	20:46.7
19 RUEBKE, Kate *Team*	SR	275	Spotswood	18	20:47.2
20 RING, Lillie	FR	181	Brookville High	-	20:54.6
21 COOK, Grace *Team*	SR	331	Western Albem	19	20:57.6
22 FRANKLIN, Thea	SO	353	Wilson Memori	20	21:00.9
23 JOHNSON, Hazel *Tea	SR	333	Western Albem	(21)	21:12.4
24 FRANKLIN, Quinn	SR	352	Wilson Memori	22	21:19.5
25 BLACK, Nicole	SR	237	Rockbridge Co	23	21:28.3
26 SMITH, Lily *Team*	JR	337	Western Albem	(24)	21:34.2
27 BARRON, Faith *Team	FR	154	Alleghany	25	21:36.3
28 TROXELL, Alison	SO	356	Wilson Memori	26	21:43.1
29 EICHELBERGER, Bro	JR	238	Rockbridge Co	27	21:59.6
30 LEWIS, Dorothy	SO	242	Rockbridge Co	28	21:59.9
31 KIMMELL, Amelia	FR	315	Waynesboro	29	22:07.6
32 KIMMELL, Lydia	JR	316	Waynesboro	30	22:27.4
33 HART, Miranda	FR	180	Brookville High	-	22:28.6
34 NYE, Anna	FR	244	Rockbridge Co	31	22:47.5
35 OUTLAND, Lily	JR	233	Monticello	-	22:48.7

46 CARWILE, Carly	JR	257	Rustburg	40	23:58.2
47 BINGHAM, Rachael	JR	218	Heritage (Lynch	-	23:59.7
48 FITZGERALD, Lulu	SO	293	Turner Ashby	41	24:07.0
49 MINTER, Meredith *Te	SO	160	Alleghany	(42)	24:07.2
50 VENUTO, Clairra	SO	300	Turner Ashby	43	24:12.7
51 JUSTICE, Ilana	FR	261	Rustburg	44	24:13.1
52 HENSLEY, Maggie *Te	FR	157	Alleghany	(45)	24:17.3
53 CARVER, Emma	SO	314	Waynesboro	46	24:20.6
54 LOAR, Brook	JR	280	Staunton High	-	24:30.3
55 BEST, Kate	SO	203	Fluvanna Count	47	24:45.1
56 NOLTE, Ariana	SR	209	Fluvanna Count	48	24:49.2
57 KIRACOFE, Reece	FR	296	Turner Ashby	49	25:00.0
58 RASCOE, Ruth *Team	SO	274	Spotswood	(50)	25:00.1
59 AUSTIN, Alexis	FR	311	Waynesboro	51	25:20.8
60 SLOAT, Sierra	JR	318	Waynesboro	(52)	25:23.1
61 ABEL, Avery	JR	201	Fluvanna Count	(53)	25:29.9
62 LAMM, Meghan *Team	SR	272	Spotswood	(54)	25:31.0
63 CANTAGALLO, Marge	SO	204	Fluvanna Count	(55)	25:37.7
64 ROSSER, Sage	JR	264	Rustburg	56	25:52.2
65 SILVER, Cassandra	SO	245	Rockbridge Co	(57)	26:42.0
66 HUNTER, Kaitlyn	8	259	Rustburg	58	26:48.7
67 FISHER, Mckinley	FR	258	Rustburg	(59)	26:48.8
68 FRYE, Ella	JR	279	Staunton High	-	27:00.1
69 BOUCHER, Cadence	SR	313	Waynesboro	(60)	27:17.6
70 CHILDRESS, Aleah	SO	292	Turner Ashby	(61)	28:52.1
71 REAVES, Bianca	FR	263	Rustburg	(62)	28:58.5
72 JOHNSTON, Natalie	SO	295	Turner Ashby	(63)	29:18.8