

VHSL REGION 5C XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Sunday, October 1, 2023

**OFFICIAL MEET REPORT**

printed: 11/1/2023 11:38 AM

Race #1
Girls 3B Championship**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Maggie Walker*Q-Team*	48	5-8-9-12-14(17)(20)	1:43:13	20:39	0:49.2
2 Kettle Run*Q-Team*	93	4-11-19-28-31(35)(65)	1:45:49	21:10	1:47.2
3 Meridian*Q-Team*	116	10-18-22-29-37(50)(58)	1:47:33	21:31	1:52.2
4 Fauquier	131	2-30-32-33-34(36)(42)	1:47:17	21:28	3:23.3
5 William Monroe	143	1-6-40-41-55(62)(69)	1:47:51	21:35	5:55.3
6 Brentsville District	165	3-21-44-46-51(53)(64)	1:50:21	22:05	4:06.5
7 Skyline	182	16-26-38-45-57(59)(68)	1:52:53	22:35	3:23.9
8 Warren County	189	13-27-39-54-56(61)	1:53:29	22:42	3:09.3
9 Goochland High School	205	23-24-25-66-67(72)(73)	1:56:28	23:18	4:28.4
10 Culpeper County	207	15-43-48-49-52(63)(71)	1:54:21	22:53	2:42.4
11 James Monroe	258	7-47-60-70-74(75)(76)	2:05:19	25:04	9:00.8

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 NITZSCHE, Samantha *Q-In	FR	1025	William Monroe	1	18:13.2	---	5:51.5	3:38.6
2 SCOTT, Cassidy *Q-Ind*	SR	840	Fauquier	2	18:49.6	36.4	6:03.2	3:45.9
3 KRUGER, Morgan *Q-Ind*	SR	797	Brentsville District	3	19:34.0	1:20.8	6:17.5	3:54.8
4 GAYTAN, Maria *Q-Team*	SR	904	Kettle Run	4	20:09.2	1:56.0	6:28.8	4:01.8
5 SHEILS, Carly *Q-Team*	JR	948	Maggie Walker	5	20:12.0	1:58.8	6:29.7	4:02.4
6 KELPE, Elizabeth *Q-Ind*	FR	1023	William Monroe	6	20:14.5	2:01.3	6:30.5	4:02.9
7 SWEET, Sophie *Q-Ind*	FR	887	James Monroe	7	20:19.2	2:06.0	6:32.0	4:03.8
8 SHIELDS, Ivey *Q-Team*	SO	949	Maggie Walker	8	20:26.1	2:12.9	6:34.2	4:05.2
9 HAYTER, Evelyn *Q-Team*	SO	939	Maggie Walker	9	20:33.3	2:20.1	6:36.6	4:06.7
10 MOORE, Molly *Q-Team*	JR	982	Meridian	10	20:33.8	2:20.6	6:36.7	4:06.8
11 GARNER, Abigail *Q-Team*	SO	903	Kettle Run	11	20:38.1	2:24.9	6:38.1	4:07.6
12 HUTSON, Lana *Q-Team*	FR	941	Maggie Walker	12	20:59.5	2:46.3	6:45.0	4:11.9
13 RILEY, Amber	SR	1011	Warren County	13	21:00.7	2:47.5	6:45.4	4:12.1
14 LIST, Izzy *Q-Team*	SR	944	Maggie Walker	14	21:01.2	2:48.0	6:45.5	4:12.2
15 BROWN, Emerson	SR	808	Culpeper County	15	21:03.4	2:50.2	6:46.2	4:12.7
16 GAMBILL, Ashley	3	1055	Skyline	16	21:09.9	2:56.7	6:48.3	4:14.0
17 LARAWAY, Alina *Q-Team*	SO	943	Maggie Walker	(17)	21:13.0	2:59.8	6:49.3	4:14.6
18 STURGILL, Lydia *Q-Team*	JR	984	Meridian	18	21:14.6	3:01.4	6:49.8	4:14.9
19 THIRIOT, Chloe *Q-Team*	SO	907	Kettle Run	19	21:17.8	3:04.6	6:50.9	4:15.6
20 HAZELRIGG, Leah *Q-Team	SO	940	Maggie Walker	(20)	21:19.7	3:06.5	6:51.5	4:15.9
21 NATYSIN, Reese	JR	800	Brentsville District	21	21:24.1	3:10.9	6:52.9	4:16.8
22 STEYN, Katherine *Q-Team*	JR	983	Meridian	22	21:24.7	3:11.5	6:53.1	4:16.9
23 ROGERSON, Andrea	FR	869	Goochland High Sc	23	21:30.1	3:16.9	6:54.8	4:18.0
24 REID, Megan	SR	868	Goochland High Sc	24	21:34.6	3:21.4	6:56.3	4:18.9
25 HARLOW, Hadley	FR	865	Goochland High Sc	25	21:38.0	3:24.8	6:57.4	4:19.6
26 SEARS, Alison	3	1057	Skyline	26	21:44.9	3:31.7	6:59.6	4:21.0
27 MUSIL, Allie	FR	1007	Warren County	27	21:46.3	3:33.1	7:00.0	4:21.3
28 MARTIN, Sarah *Q-Team*	JR	905	Kettle Run	28	21:47.2	3:34.0	7:00.3	4:21.4
29 MALHEIRO, Michelle *Q-Tea	FR	981	Meridian	29	21:53.6	3:40.4	7:02.4	4:22.7
30 RAYBURN, Anna	JR	839	Fauquier	30	21:56.1	3:42.9	7:03.2	4:23.2

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
31 SUDDARTH, Isabella *Q-Tea	FR	906	Kettle Run	31	21:56.4	3:43.2	7:03.3	4:23.3
32 FRISK, Kayana	SO	833	Fauquier	32	22:08.3	3:55.1	7:07.1	4:25.7
33 MERCHANT, Meme	SR	838	Fauquier	33	22:09.2	3:56.0	7:07.4	4:25.8
34 SCOTT, Seneca	SO	841	Fauquier	34	22:12.9	3:59.7	7:08.6	4:26.6
35 DEVER, Emily *Q-Team*	SR	902	Kettle Run	(35)	22:16.8	4:03.6	7:09.8	4:27.4
36 HODUL, Mackenzie	SR	836	Fauquier	(36)	22:23.3	4:10.1	7:11.9	4:28.7
37 ANDERSON, Katie *Q-Team	SR	976	Meridian	37	22:26.0	4:12.8	7:12.8	4:29.2
38 FLORES, Scarlett	3	1054	Skyline	38	22:32.1	4:18.9	7:14.8	4:30.4
39 BLODGETT, Graceleigh	JR	1004	Warren County	39	22:35.3	4:22.1	7:15.8	4:31.1
40 PURSEL, Ellison	SR	1027	William Monroe	40	22:37.2	4:24.0	7:16.4	4:31.4
41 ORANGE, Sydney	JR	1026	William Monroe	41	22:37.6	4:24.4	7:16.5	4:31.5
42 SEITZ, Bella	FR	842	Fauquier	(42)	22:38.8	4:25.6	7:16.9	4:31.8
43 FERRERIA, Amalia	FR	810	Culpeper County	43	22:39.5	4:26.3	7:17.1	4:31.9
44 MADDOX, Regan	SR	798	Brentsville District	44	22:47.0	4:33.8	7:19.5	4:33.4
45 ANTONELLI, Kaitlyn	3	1052	Skyline	45	22:51.7	4:38.5	7:21.1	4:34.3
46 DEHRING, Milania	SR	793	Brentsville District	46	22:54.8	4:41.6	7:22.1	4:35.0
47 WEBER, Alice	JR	888	James Monroe	47	22:59.7	4:46.5	7:23.6	4:35.9
48 WEBER, Eastan	JR	991	Thomas Jefferson (-	23:12.1	4:58.9	7:27.6	4:38.4
49 CRUZAN, Abigail	JR	809	Culpeper County	48	23:21.7	5:08.5	7:30.7	4:40.3
50 WYKLE, Ansley	JR	814	Culpeper County	49	23:30.2	5:17.0	7:33.4	4:42.0
51 KIM, Clementine *Q-Team*	JR	980	Meridian	(50)	23:35.5	5:22.3	7:35.1	4:43.1
52 JANSEN, Jill	SO	795	Brentsville District	51	23:40.5	5:27.3	7:36.8	4:44.1
53 LANE, Sarah	SR	812	Culpeper County	52	23:45.8	5:32.6	7:38.5	4:45.2
54 MOHLER, Ava	SR	799	Brentsville District	(53)	23:52.6	5:39.4	7:40.6	4:46.5
55 RAPPOLE, Isabelle	SO	1010	Warren County	54	23:56.6	5:43.4	7:41.9	4:47.3
56 VIGIL JIMENEZ, Jimena	FR	964	Manassas Park	-	24:00.1	5:46.9	7:43.1	4:48.0
57 VANDOREN, Marley	SO	1030	William Monroe	55	24:08.5	5:55.3	7:45.8	4:49.7
58 BAKER, Angel	FR	1003	Warren County	56	24:10.0	5:56.8	7:46.2	4:50.0
59 PHILLIPS, Nicole	3	1056	Skyline	57	24:33.8	6:20.6	7:53.9	4:54.8
60 ABSTONE, Wendy *Q-Team	JR	975	Meridian	(58)	24:38.6	6:25.4	7:55.4	4:55.7
61 DEFRATES, Olivia	3	1053	Skyline	(59)	24:44.7	6:31.5	7:57.4	4:56.9
62 HENSLEY, Stella	JR	883	James Monroe	60	24:45.9	6:32.7	7:57.8	4:57.2
63 OYLER, Abi	SO	1008	Warren County	(61)	24:48.4	6:35.2	7:58.6	4:57.7
64 KILBY, Elizabeth	SR	1024	William Monroe	(62)	24:51.8	6:38.6	7:59.7	4:58.4
65 ISHMAEL, Susan	SR	811	Culpeper County	(63)	25:01.2	6:48.0	8:02.7	5:00.2
66 BARTON, Olina	FR	792	Brentsville District	(64)	25:03.2	6:50.0	8:03.3	5:00.6
67 BROOKS, Sophia *Q-Team*	SO	901	Kettle Run	(65)	25:14.0	7:00.8	8:06.8	5:02.8
68 GAGNON, Anna	SR	862	Goochland High Sc	66	25:46.3	7:33.1	8:17.2	5:09.3
69 GOODMAN, Maggie	SR	864	Goochland High Sc	67	25:58.5	7:45.3	8:21.1	5:11.7
70 SWANSON, Caroline	3	1058	Skyline	(68)	26:33.0	8:19.8	8:32.2	5:18.6
71 SUTTON, Seanna	SR	1028	William Monroe	(69)	26:52.1	8:38.9	8:38.4	5:22.4
72 MARCIAND, Nya	FR	963	Manassas Park	-	27:20.1	9:06.9	8:47.4	5:28.0
73 KUYKENDALL, Nora	FR	884	James Monroe	70	27:54.2	9:41.0	8:58.3	5:34.8
74 LLAMAS, Melany	SR	813	Culpeper County	(71)	27:55.3	9:42.1	8:58.7	5:35.1
75 GANYUMA, Jalia	SO	863	Goochland High Sc	(72)	28:34.8	10:21.6	9:11.4	5:43.0
76 LOHR, Caroline	SO	867	Goochland High Sc	(73)	28:57.5	10:44.3	9:18.7	5:47.5

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77 WILKENS, Kaia	FR	889	James Monroe	74	29:20.0	11:06.8	9:25.9	5:52.0
78 BURGESS, Jisella	SO	962	Manassas Park	-	33:05.5	14:52.3	10:38.4	6:37.1
79 SMITH, Daria	SO	886	James Monroe	(75)	33:28.1	15:14.9	10:45.7	6:41.6
80 RIVAS, Jessica	SO	885	James Monroe	(76)	36:19.6	18:06.4	11:40.8	7:15.9