

VHSL REGION 5C XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Sunday, October 1, 2023



OFFICIAL MEET REPORT

printed: 11/1/2023 2:25 PM

Race #4
Boys 5C Championship

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Albemarle*Q-Team*	60	7-10-12-13-18(25)(31)	1:23:03	16:37	0:36.0
2 Clover Hill*Q-Team*	63	3-4-5-11-40(44)(45)	1:21:34	16:19	2:07.1
3 Douglas Freeman*Q-Team	127	6-16-20-35-50(56)(57)	1:25:40	17:08	1:51.9
4 Mills Godwin	133	1-9-21-41-61(63)(73)	1:24:59	17:00	3:12.6
5 James River (Midlothian)	141	2-8-17-52-62(64)(68)	1:25:13	17:03	3:00.8
6 Louisa County High School	143	14-27-30-34-38(39)(43)	1:26:24	17:17	1:03.0
7 Midlothian High School	169	15-26-33-47-48(51)(58)	1:27:24	17:29	1:23.3
8 J.R. Tucker High School	240	22-28-32-78-80(85)(86)	1:30:56	18:12	2:32.6
9 Franklin County	256	24-46-59-60-67(87)(88)	1:30:40	18:08	1:39.1
10 Patrick Henry (Roanoke)	277	19-23-76-77-82(90)(91)	1:32:45	18:33	2:49.4
11 L.C. Bird	282	29-36-70-72-75(79)(81)	1:32:06	18:26	1:59.9
12 Hermitage	294	42-49-54-65-84(89)(96)	1:32:39	18:32	2:04.7
13 Matoaca High School	314	53-55-66-69-71(74)(95)	1:32:58	18:36	0:50.8
14 Prince George High School	404	37-83-93-94-97(98)(102)	1:40:46	20:10	3:50.3
15 William Fleming	495	92-99-100-101-103	1:54:59	23:00	6:03.3

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1M	2.2M
1 NANCE, Berkley *Q-Ind*	SR	354	Mills Godwin	1	15:10.9	---	4:52.9	3:02.2	15:10.9	
2 PARRISH, Quinn *Q-Ind*	SR	216	James River (Midlot)	2	15:22.8	11.9	4:56.7	3:04.6	15:22.8	
3 TAYLOR, Joshua *Q-Team*	SO	40	Clover Hill	3	15:37.2	26.3	5:01.4	3:07.4	5:02.8	11:34.2
4 WILCOX, Caleb *Q-Team*	SR	43	Clover Hill	4	15:41.8	30.9	5:02.8	3:08.4	5:02.1	11:32.4
5 THORNE, Ethan *Q-Team*	SO	41	Clover Hill	5	15:53.4	42.5	5:06.6	3:10.7	5:01.9	11:37.4
6 CASSIDY, Aidan *Q-Team*	JR	68	Douglas Freeman	6	16:13.0	1:02.1	5:12.9	3:14.6	5:03.2	11:58.5
7 PHILLIPS, Eli *Q-Team*	JR	10	Albemarle	7	16:17.3	1:06.4	5:14.2	3:15.5	5:02.5	11:58.2
8 DEJARNETTE, Wes *Q-Ind*	SR	202	James River (Midlot)	8	16:27.0	1:16.1	5:17.4	3:17.4	5:03.0	12:05.5
9 SCHLEGELMILCH, Javi *Q-I	JR	360	Mills Godwin	9	16:33.0	1:22.1	5:19.3	3:18.6	5:08.9	12:13.8
10 DEBOER, Kuyper *Q-Team*	SR	4	Albemarle	10	16:34.2	1:23.3	5:19.7	3:18.8	5:11.8	12:13.8
11 HATHAWAY, Andrew *Q-Tea	SR	36	Clover Hill	11	16:36.4	1:25.5	5:20.4	3:19.3	5:15.5	12:17.3
12 HILLIS, JT *Q-Team*	JR	8	Albemarle	12	16:38.2	1:27.3	5:21.0	3:19.6	5:03.7	12:13.6
13 DUNCAN, Baelin *Q-Team*	JR	5	Albemarle	13	16:39.9	1:29.0	5:21.5	3:20.0	5:11.4	12:27.1
14 MOORE, William *Q-Ind*	SR	260	Louisa County High	14	16:40.2	1:29.3	5:21.6	3:20.0	5:04.7	12:12.9
15 SPILLER, Grayson	FR	327	Midlothian High Sch	15	16:40.6	1:29.7	5:21.7	3:20.1		
16 TOWNSEND, Emmet *Q-Tea	JR	86	Douglas Freeman	16	16:46.0	1:35.1	5:23.5	3:21.2	5:08.7	12:22.6
17 MURIAS, Juan	JR	214	James River (Midlot)	17	16:51.0	1:40.1	5:25.1	3:22.2	5:13.0	12:33.8
18 MACKEY, Jacob *Q-Team*	SO	9	Albemarle	18	16:53.3	1:42.4	5:25.8	3:22.7	5:18.1	12:35.5
19 PERRY, Seth	SR	388	Patrick Henry (Roa	19	17:01.5	1:50.6	5:28.5	3:24.3	5:08.0	12:24.5
20 ALMSTEAD, Connor *Q-Tea	JR	63	Douglas Freeman	20	17:01.9	1:51.0	5:28.6	3:24.4	5:23.9	12:39.5
21 SCHAEFER, Lucas	SR	359	Mills Godwin	21	17:04.5	1:53.6	5:29.4	3:24.9	5:22.2	12:35.8
22 MA, Victor	SO	171	J.R. Tucker High Sc	22	17:07.0	1:56.1	5:30.2	3:25.4	5:18.8	12:34.6
23 KREMER, Jaden	SR	385	Patrick Henry (Roa	23	17:07.2	1:56.3	5:30.3	3:25.4	17:07.2	
24 BOWMAN, Jonah	SO	122	Franklin County	24	17:07.5	1:56.6	5:30.4	3:25.5	5:04.1	12:35.0
25 GATLYN, Caleb *Q-Team*	FR	6	Albemarle	(25)	17:08.6	1:57.7	5:30.7	3:25.7	5:18.9	12:37.1

VHSL REGION 5C XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Sunday, October 1, 2023



OFFICIAL MEET REPORT

printed: 11/1/2023 2:25 PM

Race #4 Boys 5C Championship

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1M	2.2M
26 KURICHH, Ryan	SO	313	Midlothian High Sch	26	17:09.0	1:58.1	5:30.9	3:25.8	5:13.1	12:36.3
27 HURST-BARBEITO, Gabriel	SO	257	Louisa County High	27	17:10.7	1:59.8	5:31.4	3:26.1	5:14.2	12:36.5
28 RICARDEZ, Alejandro	SO	175	J.R. Tucker High Sc	28	17:14.5	2:03.6	5:32.6	3:26.9	5:11.2	12:35.6
29 PEACE, Taj	JR	239	L.C. Bird	29	17:17.7	2:06.8	5:33.7	3:27.5	5:22.3	12:53.0
30 MCHUGH, Owen	SO	259	Louisa County High	30	17:18.4	2:07.5	5:33.9	3:27.7	17:18.4	
31 COSTELLO, Hayes *Q-Team	JR	2	Albemarle	(31)	17:19.5	2:08.6	5:34.2	3:27.9	5:11.9	12:37.2
32 CONRAD, Matthew	SR	166	J.R. Tucker High Sc	32	17:20.1	2:09.2	5:34.4	3:28.0	5:09.5	12:35.4
33 RAMIREZ, Gabriel	SR	318	Midlothian High Sch	33	17:28.0	2:17.1	5:37.0	3:29.6	5:21.1	12:49.5
34 MYERS, Gavin	JR	261	Louisa County High	34	17:31.0	2:20.1	5:37.9	3:30.2	17:31.0	
35 MULHOLLAND, Wiley *Q-Te	JR	75	Douglas Freeman	35	17:33.3	2:22.4	5:38.7	3:30.7	5:23.9	12:50.1
36 TASSELL, Nicholas	SR	243	L.C. Bird	36	17:36.0	2:25.1	5:39.5	3:31.2	5:22.2	12:52.6
37 LOCKHART, Jedidiah	FR	398	Prince George High	37	17:39.0	2:28.1	5:40.5	3:31.8	5:09.2	12:43.8
38 NEMEC, Brayden	FR	262	Louisa County High	38	17:43.2	2:32.3	5:41.9	3:32.6	17:43.2	
39 CORNETT, Troy	JR	249	Louisa County High	(39)	17:44.2	2:33.3	5:42.2	3:32.8	5:19.8	13:01.2
40 ELLINGSON, Andrew *Q-Te	SR	34	Clover Hill	40	17:44.3	2:33.4	5:42.2	3:32.9	5:22.3	13:10.2
41 ZALEWSKI, Luke	SO	364	Mills Godwin	41	17:46.7	2:35.8	5:43.0	3:33.3	5:25.4	13:03.2
42 BRASLER, Samuel	SR	136	Hermitage	42	17:51.1	2:40.2	5:44.4	3:34.2	5:12.5	12:58.3
43 SORIANO, Taylen	SR	269	Louisa County High	(43)	17:52.7	2:41.8	5:44.9	3:34.5	17:52.7	
44 EAM, Colton *Q-Team*	FR	32	Clover Hill	(44)	17:54.1	2:43.2	5:45.4	3:34.8	5:27.6	13:10.8
45 WILCOX, Garret *Q-Team*	SR	44	Clover Hill	(45)	17:54.2	2:43.3	5:45.4	3:34.8	5:28.0	13:11.0
46 GUILLIAMS, Nicholas	JR	126	Franklin County	46	18:01.3	2:50.4	5:47.7	3:36.3	5:39.6	13:17.2
47 MICCO, Jack	JR	315	Midlothian High Sch	47	18:02.5	2:51.6	5:48.1	3:36.5	5:29.9	13:24.1
48 SPENCER, Zach	FR	326	Midlothian High Sch	48	18:03.9	2:53.0	5:48.5	3:36.8	5:19.0	13:10.7
49 FORD, Benjamin	JR	139	Hermitage	49	18:04.7	2:53.8	5:48.8	3:36.9	5:26.6	13:08.2
50 BELDING, Gray *Q-Team*	JR	65	Douglas Freeman	50	18:04.9	2:54.0	5:48.8	3:37.0	5:34.1	13:23.3
51 CAPTAIN, Mason	JR	303	Midlothian High Sch	(51)	18:07.4	2:56.5	5:49.6	3:37.5	5:24.3	13:24.8
52 NEWLIN, Davis	FR	215	James River (Midlot	52	18:08.2	2:57.3	5:49.9	3:37.6	18:08.2	
53 GREESON, Isaac	JR	289	Matoaca High Scho	53	18:08.3	2:57.4	5:49.9	3:37.7	5:22.4	13:08.6
54 REEVES, Landon	JR	147	Hermitage	54	18:10.2	2:59.3	5:50.5	3:38.0	5:21.2	13:18.0
55 WHITNEY, Cameron	SO	294	Matoaca High Scho	55	18:15.4	3:04.5	5:52.2	3:39.1	5:32.7	13:10.0
56 PELLEI, George *Q-Team*	SR	78	Douglas Freeman	(56)	18:17.5	3:06.6	5:52.9	3:39.5	5:36.6	13:28.5
57 MULHOLLAND, Henry *Q-Te	FR	74	Douglas Freeman	(57)	18:19.3	3:08.4	5:53.5	3:39.9	5:35.9	13:28.1
58 SCHWABE, Sam	FR	320	Midlothian High Sch	(58)	18:20.1	3:09.2	5:53.7	3:40.0	5:27.4	13:22.6
59 MONTGOMERY, Luke	SR	128	Franklin County	59	18:22.0	3:11.1	5:54.3	3:40.4	5:40.2	13:20.1
60 MONTGOMERY, Jacob	JR	127	Franklin County	60	18:22.2	3:11.3	5:54.4	3:40.4	5:38.8	13:19.1
61 BERNARD, Roman	JR	346	Mills Godwin	61	18:23.5	3:12.6	5:54.8	3:40.7	18:23.9	
62 MORGAN, Matt	SR	213	James River (Midlot	62	18:23.6	3:12.7	5:54.9	3:40.7	5:25.4	13:19.4
63 ROBINSON, Liam	SO	356	Mills Godwin	(63)	18:27.3	3:16.4	5:56.0	3:41.5	5:35.7	13:29.7
64 YOST, Hudson	FR	219	James River (Midlot	(64)	18:28.0	3:17.1	5:56.3	3:41.6	5:27.4	13:25.7
65 WRIGHT, Logan	SO	149	Hermitage	65	18:36.5	3:25.6	5:59.0	3:43.3	5:27.0	13:28.9
66 EGELAND, Cody	SR	286	Matoaca High Scho	66	18:45.4	3:34.5	6:01.9	3:45.1	5:33.7	13:35.7
67 CRANDALL, Mason	FR	124	Franklin County	67	18:46.6	3:35.7	6:02.3	3:45.3	5:37.0	13:50.0
68 CHAN, Shuai	SO	198	James River (Midlot	(68)	18:47.1	3:36.2	6:02.4	3:45.4	5:30.3	13:34.2
69 HEZEL, Colin	JR	290	Matoaca High Scho	69	18:49.4	3:38.5	6:03.2	3:45.9	5:30.7	13:35.9
70 ROSELLI, Ethan	JR	241	L.C. Bird	70	18:50.0	3:39.1	6:03.3	3:46.0	5:31.5	13:56.3
71 FLOOD, Bryson	FR	288	Matoaca High Scho	71	18:59.1	3:48.2	6:06.3	3:47.8	5:30.0	13:43.4

VHSL REGION 5C XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Sunday, October 1, 2023

**OFFICIAL MEET REPORT**

printed: 11/1/2023 2:25 PM

Race #4
Boys 5C Championship**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1M	2.2M
72 REDDINGTON, Greyson	SO	240	L.C. Bird	72	19:04.0	3:53.1	6:07.8	3:48.8	5:38.8	13:53.5
73 HETZEL, Alex	SR	350	Mills Godwin	(73)	19:06.7	3:55.8	6:08.7	3:49.3	5:34.4	13:42.5
74 JOHNSON, Tyler	JR	291	Matoaca High Scho	(74)	19:13.4	4:02.5	6:10.9	3:50.7	5:41.7	14:05.7
75 THOMPSON, Matthew	SO	244	L.C. Bird	75	19:17.6	4:06.7	6:12.2	3:51.5	5:44.1	14:07.1
76 BJURMAN-BIRR, Jarrett	SO	383	Patrick Henry (Roa	76	19:18.3	4:07.4	6:12.4	3:51.7	5:49.4	14:12.6
77 PALACIOS-HERNANDEZ, D	FR	387	Patrick Henry (Roa	77	19:27.0	4:16.1	6:15.2	3:53.4	5:53.0	14:19.8
78 DUTARI, Matias	JR	168	J.R. Tucker High Sc	78	19:34.5	4:23.6	6:17.7	3:54.9	5:49.6	14:17.7
79 KRUGER, Elijah	FR	237	L.C. Bird	(79)	19:35.7	4:24.8	6:18.0	3:55.1	5:44.7	14:09.0
80 OBERLE, Nathan	SR	174	J.R. Tucker High Sc	80	19:39.6	4:28.7	6:19.3	3:55.9	5:45.2	14:18.1
81 FINNIKIN, Terrence	SR	235	L.C. Bird	(81)	19:47.3	4:36.4	6:21.8	3:57.5	5:43.4	14:18.8
82 BAILEY-BOWES, Tayden	JR	382	Patrick Henry (Roa	82	19:50.9	4:40.0	6:22.9	3:58.2	5:55.3	14:33.0
83 RIOS, Ricardo	FR	401	Prince George High	83	19:55.5	4:44.6	6:24.4	3:59.1	5:54.7	14:26.5
84 COLEMAN, Jayden	JR	137	Hermitage	84	19:55.8	4:44.9	6:24.5	3:59.2	5:31.3	14:24.6
85 CHANG, Bradley	JR	165	J.R. Tucker High Sc	(85)	20:02.1	4:51.2	6:26.5	4:00.4	5:53.5	14:40.1
86 SEHL, Carter	FR	176	J.R. Tucker High Sc	(86)	20:05.2	4:54.3	6:27.5	4:01.0	6:06.0	14:41.9
87 CRANDALL, Hunter	JR	123	Franklin County	(87)	20:19.6	5:08.7	6:32.2	4:03.9	5:54.2	15:05.8
88 GARCIA-GONZALEZ, Bryan	SO	125	Franklin County	(88)	20:19.7	5:08.8	6:32.2	4:03.9	6:02.3	14:54.6
89 NAMORATO, David	JR	144	Hermitage	(89)	20:22.0	5:11.1	6:32.9	4:04.4	5:41.2	14:38.1
90 ARMSTEAD, Sullivan	FR	381	Patrick Henry (Roa	(90)	20:29.0	5:18.1	6:35.2	4:05.8	20:29.0	
91 OWEN-OQUILL, Daniel	FR	386	Patrick Henry (Roa	(91)	20:33.4	5:22.5	6:36.6	4:06.7	6:11.4	15:08.7
92 EDWARDS, Montel	SR	409	William Fleming	92	20:35.9	5:25.0	6:37.4	4:07.2	6:00.8	15:07.8
93 MEJIA, Franklin	JR	399	Prince George High	93	20:50.5	5:39.6	6:42.1	4:10.1	5:53.4	15:08.8
94 CONGER, Sean	JR	395	Prince George High	94	20:51.0	5:40.1	6:42.3	4:10.2	6:06.4	15:42.3
95 RICHARDSON, BRANDON	SR	293	Matoaca High Scho	(95)	21:03.6	5:52.7	6:46.3	4:12.7	5:42.2	15:06.7
96 LOGAN, Jonathan	SR	142	Hermitage	(96)	21:28.5	6:17.6	6:54.3	4:17.7	6:07.6	15:37.2
97 HARRIS, Jacob	JR	397	Prince George High	97	21:29.3	6:18.4	6:54.6	4:17.9	5:55.4	15:46.9
98 POPE, Noah	SO	400	Prince George High	(98)	21:32.6	6:21.7	6:55.6	4:18.5	5:58.9	15:35.1
99 LEFTWICH, Tyrece	SR	412	William Fleming	99	22:09.7	6:58.8	7:07.6	4:25.9	6:11.6	15:57.7
100 HARRIS, Noah	JR	411	William Fleming	100	22:16.7	7:05.8	7:09.8	4:27.3	6:52.8	16:28.9
101 GARCIA-FERIA, Henry	JR	410	William Fleming	101	23:17.2	8:06.3	7:29.3	4:39.4	6:40.8	17:10.3
102 GREENE, Sequoia	SR	396	Prince George High	(102)	23:46.1	8:35.2	7:38.6	4:45.2	6:10.4	17:08.8
103 MARTINEZ CORTES, Ferna	JR	413	William Fleming	103	26:39.2	11:28.3	8:34.2	5:19.8	7:25.5	19:03.9