

POLE GREEN XC CLASSIC

Mechanicsville, VA

Pole Green Park

Saturday, September 9, 2023

**OFFICIAL MEET REPORT**

printed: 9/9/2023 11:19 AM

**Race #1
Championship Girls****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Pacers Homeschool	52	1-4-5-6-36(51)(62)	1:37:20	19:28	3:36.2
2 Glen Allen High School	58	2-3-12-18-23(25)(54)	1:40:01	20:01	2:21.1
3 Atlee	94	7-8-10-30-39(43)(68)	1:42:40	20:32	2:08.4
4 Douglas Freeman	136	11-24-28-31-42(46)(50)	1:46:07	21:14	1:50.7
5 Maggie Walker	149	20-22-26-34-47(63)(64)	1:47:00	21:24	1:04.7
6 Deep Run	178	13-29-35-41-60(74)(85)	1:48:12	21:39	2:08.9
7 J.R. Tucker High School	219	17-37-44-56-65(83)(98)	1:50:11	22:03	2:04.4
8 Cosby	257	9-52-53-59-84(92)(101)	1:51:42	22:21	4:19.6
9 Monacan High School	270	19-40-66-72-73(79)(90)	1:52:52	22:35	2:33.7
10 Grassfield	291	15-32-75-81-88(91)(104)	1:54:40	22:56	4:11.1
11 Brooke Point	333	33-48-69-89-94(95)(100)	1:56:52	23:23	3:32.3
12 Matoaca High School	335	14-45-55-107-114(116)	1:58:28	23:42	6:26.0
13 Grafton High School	364	16-49-61-118-120	2:03:05	24:37	8:10.6
14 James River (Midlothian)	380	57-58-82-86-97(112)	1:58:55	23:47	2:33.9
15 Princess Anne High School	390	21-78-93-96-102(106)(108)	2:00:38	24:08	4:37.9
16 Mills Godwin	391	71-76-77-80-87(103)(105)	1:59:14	23:51	1:05.5
17 Mechanicsville High School	428	27-67-109-110-115(119)	2:05:13	25:03	5:55.3
18 Trinity Episcopal School	431	38-70-99-111-113(117)	2:04:10	24:50	5:08.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 ZEALAND, Allie	SR	903	Pacers Homeschool	1	17:59.7	5:47.2	3:35.9
2 VELASQUEZ, Elly	JR	442	Glen Allen High Sch	2	18:43.5	6:01.3	3:44.7
3 BEIKE, Avery	SR	418	Glen Allen High Sch	3	19:01.0	6:06.9	3:48.2
4 ERVI, Emma	SR	890	Pacers Homeschool	4	19:02.8	6:07.5	3:48.6
5 FLETCHER, Anna	SR	891	Pacers Homeschool	5	19:03.5	6:07.7	3:48.7
6 HICKS, Caroline	SR	1081	Western Branch Hig	-	19:36.7	6:18.4	3:55.3
7 WERNER, Hannah	JR	899	Pacers Homeschool	6	19:38.1	6:18.8	3:55.6
8 WAGGONER, Amelia	SO	53	Atlee	7	19:39.1	6:19.1	3:55.8
9 GILHOOLY, Teagan	SO	43	Atlee	8	19:42.4	6:20.2	3:56.5
10 MORLEY, Kirsten	SR	207	Cosby	9	19:57.0	6:24.9	3:59.4
11 HEMMER, Sylvia	SR	941	Prince Edward Cou	-	20:00.9	6:26.1	4:00.2
12 CROW, Addison	JR	40	Atlee	10	20:03.7	6:27.0	4:00.7
13 MOCK, Merrick	SR	394	Douglas Freeman	11	20:04.5	6:27.3	4:00.9
14 PIETRUSZKIEWICZ, Kate	SO	436	Glen Allen High Sch	12	20:16.0	6:31.0	4:03.2
15 FABIATO, Julia	SR	300	Deep Run	13	20:35.0	6:37.1	4:07.0
16 MANSFIELD, Mary	JR	726	Matoaca High Scho	14	20:36.6	6:37.6	4:07.3
17 STEVENS, Hannah	JR	499	Grassfield	15	20:39.3	6:38.5	4:07.9
18 CAMPBELL, Katelyn	SR	473	Grafton High Schoo	16	20:48.1	6:41.3	4:09.6
19 MADDUX, Keeley	SO	570	J.R. Tucker High Sc	17	20:53.6	6:43.1	4:10.7
20 GHAEMMAGHAMI, Lauren	SR	425	Glen Allen High Sch	18	20:55.5	6:43.7	4:11.1
21 BEY, lyndia	SO	785	Monacan High Sch	19	20:57.7	6:44.4	4:11.5

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Championship Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
22 LARAWAY, Alina	SO	678	Maggie Walker	20	20:58.8	6:44.8	4:11.8
23 WELLS, Ysabel	JR	965	Princess Anne High	21	20:59.4	6:45.0	4:11.9
24 HAYTER, Evelyn	SO	673	Maggie Walker	22	21:00.7	6:45.4	4:12.1
25 BOUGHTON, Kelsey	SO	420	Glen Allen High Sch	23	21:04.6	6:46.6	4:12.9
26 GARDNER, Charlotte	SR	383	Douglas Freeman	24	21:12.2	6:49.1	4:14.4
27 SHEILS, Cameron	JR	439	Glen Allen High Sch	(25)	21:17.4	6:50.7	4:15.5
28 SHEILS, Carly	JR	684	Maggie Walker	26	21:21.4	6:52.0	4:16.3
29 HALE, Sara	JR	736	Mechanicsville High	27	21:23.6	6:52.7	4:16.7
30 GARDNER, Juliet	SO	384	Douglas Freeman	28	21:24.3	6:53.0	4:16.9
31 COOK, Hannah	SO	297	Deep Run	29	21:24.6	6:53.1	4:16.9
32 COYNE, Caitlyn	SO	39	Atlee	30	21:26.6	6:53.7	4:17.3
33 SOWERS, Stella	9	398	Douglas Freeman	31	21:30.8	6:55.0	4:18.2
34 BRAUN, Noelle	SR	494	Grassfield	32	21:33.7	6:56.0	4:18.7
35 REYNOLDS, Shae	SR	106	Brooke Point	33	21:34.4	6:56.2	4:18.9
36 SHIELDS, Ivey	SO	685	Maggie Walker	34	21:35.0	6:56.4	4:19.0
37 VANSCHAFTEN, Riley	JR	315	Deep Run	35	21:35.3	6:56.5	4:19.1
38 WHITE, Kylie	SR	901	Pacers Homeschool	36	21:35.9	6:56.7	4:19.2
39 PRINCE, Rachel	SO	514	Greenbrier Christia	-	21:36.3	6:56.8	4:19.3
40 HEYEL, Carolyn	SR	569	J.R. Tucker High Sc	37	21:43.1	6:59.0	4:20.6
41 HARRIS, Kailyn	8	1023	Trinity Episcopal Sc	38	21:46.0	6:59.9	4:21.2
42 BEDFORD, Ashley	JR	37	Atlee	39	21:47.5	7:00.4	4:21.5
43 SHEPLEY, Audrey	JR	799	Monacan High Sch	40	21:51.1	7:01.6	4:22.2
44 THEODORE, Kylee	SR	313	Deep Run	41	21:52.7	7:02.1	4:22.5
45 GARRETT, Madeline		1087	Douglas Freeman	42	21:55.2	7:02.9	4:23.0
46 BLAND, Sarah	SR	38	Atlee	(43)	21:55.3	7:02.9	4:23.1
47 RODRIGUEZ, Christina	JR	571	J.R. Tucker High Sc	44	21:58.2	7:03.9	4:23.6
48 LAURENT, Madeline	9	723	Matoaca High Scho	45	22:00.6	7:04.6	4:24.1
49 HOFFHEIMER, Abigail	JR	389	Douglas Freeman	(46)	22:03.0	7:05.4	4:24.6
50 KENNEDY, Callie	JR	677	Maggie Walker	47	22:03.5	7:05.6	4:24.7
51 GARY, Rochelle	9	99	Brooke Point	48	22:04.1	7:05.8	4:24.8
52 BYRNE, Sophia	SO	472	Grafton High Schoo	49	22:08.9	7:07.3	4:25.8
53 POST, Kate	SO	396	Douglas Freeman	(50)	22:11.0	7:08.0	4:26.2
54 HAYDEN, Molly	SR	894	Pacers Homeschool	(51)	22:16.5	7:09.7	4:27.3
55 HAYNIE, Isabella	SO	203	Cosby	52	22:21.5	7:11.4	4:28.3
56 KUHN, Caroline	SO	204	Cosby	53	22:25.4	7:12.6	4:29.1
57 BOUGHTON, Kayla	SR	419	Glen Allen High Sch	(54)	22:32.2	7:14.8	4:30.4
58 TASSELL, Kenley	SO	727	Matoaca High Scho	55	22:32.7	7:15.0	4:30.5
59 HANCOCK, Sierra	SR	386	Douglas Freeman	-	22:35.5	7:15.9	4:31.1
60 RUSSO, Isabel	JR	572	J.R. Tucker High Sc	56	22:37.2	7:16.4	4:31.4
61 DOMINGUEZ-MOSS, Ava	SR	596	James River (Midlot	57	22:37.5	7:16.5	4:31.5
62 ROACH, Nina	JR	599	James River (Midlot	58	22:38.4	7:16.8	4:31.7
63 TUCK, Katelyn	JR	210	Cosby	59	22:41.1	7:17.7	4:32.2
64 JACOBS, Ella Joy	JR	302	Deep Run	60	22:43.9	7:18.6	4:32.8
65 LOE, Abigail	JR	479	Grafton High Schoo	61	22:47.2	7:19.6	4:33.4
66 BIRCH, Rachel	SO	885	Pacers Homeschool	(62)	22:48.0	7:19.9	4:33.6
67 HAZELRIGG, Leah	SO	674	Maggie Walker	(63)	22:50.2	7:20.6	4:34.0

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68 HUTSON, Lana	9	675	Maggie Walker	(64)	22:55.4	7:22.3	4:35.1
69 FORD, Sydney	SO	564	J.R. Tucker High Sc	65	22:58.0	7:23.1	4:35.6
70 DODDS, Ariana	9	668	Maggie Walker	-	23:02.0	7:24.4	4:36.4
71 SWENSON, Avery	SR	801	Monacan High Sch	66	23:02.3	7:24.5	4:36.5
72 SCHWENK, Lizzy	9	742	Mechanicsville High	67	23:05.0	7:25.3	4:37.0
73 GRIM, Cordelia	8	49	Atlee	(68)	23:07.9	7:26.3	4:37.6
74 CLARK, Emma	SR	96	Brooke Point	69	23:12.7	7:27.8	4:38.5
75 LUNA, Mercedes	JR	680	Maggie Walker	-	23:21.3	7:30.6	4:40.3
76 SIBLEY, Olivia	SR	1030	Trinity Episcopal Sc	70	23:23.5	7:31.3	4:40.7
77 WOOLSTENHULME, Ali	SR	769	Mills Godwin	71	23:25.6	7:32.0	4:41.1
78 DAVIS, Megan	JR	786	Monacan High Sch	72	23:28.7	7:33.0	4:41.7
79 DEFAZIO, Erin	9	787	Monacan High Sch	73	23:31.4	7:33.8	4:42.3
80 CHARLESTON, Bridget	SO	296	Deep Run	(74)	23:34.6	7:34.9	4:42.9
81 CASEY, Grace	9	495	Grassfield	75	23:40.3	7:36.7	4:44.1
82 BRYANT, Cora	9	665	Maggie Walker	-	23:41.1	7:36.9	4:44.2
83 LEY, Elleanna	8	765	Mills Godwin	76	23:41.3	7:37.0	4:44.3
84 AXTELL, Morgan	SR	758	Mills Godwin	77	23:41.8	7:37.2	4:44.4
85 MOORE, Aubrey	JR	957	Princess Anne High	78	23:44.0	7:37.9	4:44.8
86 ASHLEY, Ava	SO	784	Monacan High Sch	(79)	23:45.1	7:38.2	4:45.0
87 LI, Victoria	JR	766	Mills Godwin	80	23:53.3	7:40.9	4:46.7
88 DARCY, Ella	SR	41	Atlee	-	23:55.2	7:41.5	4:47.0
89 CASEY, Molly	JR	496	Grassfield	81	23:56.2	7:41.8	4:47.2
90 WILDING, Xyoa	SR	600	James River (Midlot	82	23:58.3	7:42.5	4:47.7
91 GRAY, Emily	9	44	Atlee	-	24:08.7	7:45.8	4:49.7
92 CUNNINGHAM, Brook	JR	562	J.R. Tucker High Sc	(83)	24:13.0	7:47.2	4:50.6
93 MORLEY, Kayla	SO	206	Cosby	84	24:16.6	7:48.4	4:51.3
94 REILLY, Rachel	SR	307	Deep Run	(85)	24:21.6	7:50.0	4:52.3
95 ACUTO, Emily	JR	593	James River (Midlot	86	24:28.6	7:52.2	4:53.7
96 GEORGE, Sherlin	SR	763	Mills Godwin	87	24:31.1	7:53.0	4:54.2
97 ELLEN, Emily	SR	380	Douglas Freeman	-	24:33.5	7:53.8	4:54.7
98 MORIARITY, Liana	SO	498	Grassfield	88	24:50.4	7:59.2	4:58.1
99 HOLMES, Michaela	SO	101	Brooke Point	89	24:54.0	8:00.4	4:58.8
100 FORD, Addison	9	789	Monacan High Sch	(90)	25:00.4	8:02.4	5:00.1
101 HERTZOG, Sofia	9	497	Grassfield	(91)	25:05.1	8:04.0	5:01.0
102 BROWNIE, Julia	SR	198	Cosby	(92)	25:06.2	8:04.3	5:01.2
103 SABATINO, Abigail	JR	962	Princess Anne High	93	25:06.2	8:04.3	5:01.2
104 KREBS, Emily	SR	102	Brooke Point	94	25:06.7	8:04.5	5:01.3
105 ROY, Carrie	SO	107	Brooke Point	(95)	25:08.0	8:04.9	5:01.6
106 BARNES, Maria	SR	951	Princess Anne High	96	25:10.1	8:05.6	5:02.0
107 PARKER, Sophia	9	598	James River (Midlot	97	25:11.4	8:06.0	5:02.3
108 ABOU-ASSI, Mona	SO	555	J.R. Tucker High Sc	(98)	25:14.3	8:06.9	5:02.9
109 FABIAN, Courtney	JR	1022	Trinity Episcopal Sc	99	25:14.8	8:07.1	5:03.0
110 CLARK, Quinn	9	97	Brooke Point	(100)	25:23.8	8:10.0	5:04.8
111 DURAN, Delaney	9	200	Cosby	(101)	25:29.1	8:11.7	5:05.8
112 LEIVA, Camilla	SO	103	Brooke Point	-	25:31.8	8:12.5	5:06.4
113 SOSNOWSKI, Sofia	SR	964	Princess Anne High	102	25:37.3	8:14.3	5:07.5

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114 CLINE, Chloe	9	760	Mills Godwin	(103)	25:56.2	8:20.4	5:11.2
115 BILKA, Teagan	JR	493	Grassfield	(104)	25:56.7	8:20.5	5:11.3
116 BEAVERS, Rachel	9	759	Mills Godwin	(105)	26:04.7	8:23.1	5:12.9
117 PASCAL, Philippine	JR	959	Princess Anne High	(106)	26:07.5	8:24.0	5:13.5
118 LAW, Madelyn	SR	724	Matoaca High Scho	107	26:14.8	8:26.4	5:15.0
119 GRIESMER, Anna	JR	955	Princess Anne High	(108)	26:21.6	8:28.6	5:16.3
120 LEWIS, Ajalyn	9	738	Mechanicsville High	109	26:40.8	8:34.7	5:20.2
121 MEJIA, Penelope	9	740	Mechanicsville High	110	26:44.2	8:35.8	5:20.8
122 MARQUEZ, Maile	SO	105	Brooke Point	-	26:46.7	8:36.6	5:21.3
123 CRUMLISH, Eila	JR	1021	Trinity Episcopal Sc	111	26:50.4	8:37.8	5:22.1
124 BIRKLAND, Emery	SO	594	James River (Midlot	(112)	26:53.7	8:38.9	5:22.7
125 HESTON, Molly	SO	1024	Trinity Episcopal Sc	113	26:54.5	8:39.1	5:22.9
126 LEE, Charlotte	JR	725	Matoaca High Scho	114	27:02.6	8:41.7	5:24.5
127 SCHOLEFIELD, Ella	SR	963	Princess Anne High	-	27:09.7	8:44.0	5:25.9
128 KHAN, Carys	SO	737	Mechanicsville High	115	27:18.9	8:47.0	5:27.8
129 ERBACH, Violet	9	722	Matoaca High Scho	(116)	27:28.5	8:50.1	5:29.7
130 SOMMARDAHL, Clark	SO	1031	Trinity Episcopal Sc	(117)	27:37.4	8:52.9	5:31.5
131 GONZALEZ, Marta	JR	954	Princess Anne High	-	27:54.7	8:58.5	5:34.9
132 HOFMAN, Audrey	9	476	Grafton High Schoo	118	28:21.2	9:07.0	5:40.2
133 CROOK, Caroline	9	761	Mills Godwin	-	28:37.3	9:12.2	5:43.5
134 LYMAN, Samantha	JR	739	Mechanicsville High	(119)	28:41.9	9:13.7	5:44.4
135 REESE, Lucy	SR	480	Grafton High Schoo	120	28:58.7	9:19.1	5:47.7
136 SAUNDERS, Jocelyn	SR	108	Brooke Point	-	31:18.0	10:03.9	6:15.6

POLE GREEN XC CLASSIC

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**Race #3
Varsity B Girls****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Deep Run	54	4-6-10-11-23(47)	2:03:18	24:40	2:04.4
2 Veritas School	61	2-7-9-13-30(42)(46)	2:03:51	24:47	2:57.4
3 Douglas Freeman	85*	5-8-12-26-34(49)	2:06:52	25:23	3:24.3
4 Clover Hill	85*	1-3-15-25-41(56)	2:05:41	25:09	5:10.0
5 Monacan High School	99	17-19-20-21-22	2:07:24	25:29	0:08.4
6 Patrick Henry (Ashland)	133	14-18-31-32-38(45)	2:11:52	26:23	2:51.3
7 Maggie Walker	153	16-28-33-37-39(48)(51)	2:14:15	26:51	2:45.5
8 J.R. Tucker High School	162	24-27-35-36-40(43)(44)	2:15:38	27:08	1:29.7
9 Trinity Episcopal School	238	29-50-52-53-54(55)	2:34:15	30:51	6:33.5

***Tiebreakers**

Douglas Freeman	5	8	12	26	34	49
Clover Hill	1	3	15	25	41	56

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 PATHAK, Juhi	JR	234	Courtland	-	21:39.9	6:58.0	4:20.0
2 ROSE, Alexis	JR	707	Massaponax	-	21:54.8	7:02.8	4:23.0
3 NELSON, Allison	JR	987	Spotsylvania	-	21:58.2	7:03.9	4:23.6
4 THORNE, Anne	9	164	Clover Hill	1	22:41.1	7:17.7	4:32.2
5 ADAMSON, Annie	SR	990	St. Gertrude	-	22:57.6	7:23.0	4:35.5
6 MANTZ, Melina	SR	1083	Western Branch Hig	-	23:16.4	7:29.0	4:39.3
7 LANPHEAR, Lauren	SO	1059	Veritas School	2	23:46.1	7:38.6	4:45.2
8 PIRCH, Adeline	SO	988	Spotsylvania	-	23:50.3	7:39.9	4:46.1
9 MOLIS, Anna Jane	SO	158	Clover Hill	3	23:56.1	7:41.8	4:47.2
10 PATEL, Naiya	SR	306	Deep Run	4	24:02.0	7:43.7	4:48.4
11 WINTERHOFF, Lauren	JR	399	Douglas Freeman	5	24:02.6	7:43.9	4:48.5
12 COMER, Brianna	JR	632	L.C. Bird	-	24:03.2	7:44.1	4:48.6
13 SMITH, Clara	9	312	Deep Run	6	24:06.6	7:45.1	4:49.3
14 WEIDERHOLD, Anna	JR	989	Spotsylvania	-	24:07.5	7:45.4	4:49.5
15 CRUESS, Siobhan	SR	1051	Veritas School	7	24:11.6	7:46.8	4:50.3
16 HARRISON, Hannah	JR	387	Douglas Freeman	8	24:11.7	7:46.8	4:50.3
17 VONCANON, Violet	SO	1067	Veritas School	9	24:27.1	7:51.7	4:53.4
18 BARNES, Emily	9	293	Deep Run	10	24:28.8	7:52.3	4:53.8
19 PEREZ, Rosie	9	960	Princess Anne High	-	24:30.9	7:53.0	4:54.2
20 KEIR, Annabel	JR	303	Deep Run	11	24:34.1	7:54.0	4:54.8
21 SHUMADINE, Henley	SR	397	Douglas Freeman	12	24:40.2	7:55.9	4:56.0
22 LANPHEAR, Jenna	SO	1057	Veritas School	13	24:41.9	7:56.5	4:56.4
23 KIM, Emily	JR	935	Patrick Henry (Ashl	14	24:44.0	7:57.2	4:56.8
24 BUPP, Ashton	SO	154	Clover Hill	15	24:46.3	7:57.9	4:57.3
25 QUILALA, Charem	9	961	Princess Anne High	-	24:47.1	7:58.2	4:57.4
26 GANS, Alyssa	SO	670	Maggie Walker	16	24:57.4	8:01.5	4:59.5
27 STITH, Samara	JR	633	L.C. Bird	-	25:09.4	8:05.3	5:01.9
28 PARKER, Addison	JR	796	Monacan High Sch	17	25:23.9	8:10.0	5:04.8

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**Race #3
Varsity B Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
29 JURITSCH, Maddie	SO	933	Patrick Henry (Ashl	18	25:28.8	8:11.6	5:05.8
30 SAMUELS, Taylor	SR	798	Monacan High Sch	19	25:29.1	8:11.7	5:05.8
31 HUERBIN, Arianna	SO	791	Monacan High Sch	20	25:29.2	8:11.7	5:05.8
32 TAYLOR, Emma	9	802	Monacan High Sch	21	25:29.3	8:11.7	5:05.9
33 HENSLEY, Reese	SO	790	Monacan High Sch	22	25:32.3	8:12.7	5:06.5
34 SWOGGER, Noelle	JR	519	Greenbrier Christia	-	25:36.2	8:14.0	5:07.2
35 WINSTEAD, Emily	9	966	Princess Anne High	-	25:45.4	8:16.9	5:09.1
36 TRUBAN, Kenzie	SO	314	Deep Run	23	26:06.4	8:23.7	5:13.3
37 BEASLEY, Bella	JR	557	J.R. Tucker High Sc	24	26:20.0	8:28.0	5:16.0
38 BOWERS, Mollie	SO	153	Clover Hill	25	26:25.9	8:29.9	5:17.2
39 FLIPPIN, Annie	SO	382	Douglas Freeman	26	26:30.0	8:31.3	5:18.0
40 GROSECLOSE, Katelyn	SR	565	J.R. Tucker High Sc	27	26:30.9	8:31.5	5:18.2
41 GUMMADI, Bhavya	SO	672	Maggie Walker	28	26:39.1	8:34.2	5:19.8
42 MCENTYRE, Mallory	SO	1026	Trinity Episcopal Sc	29	26:39.2	8:34.2	5:19.8
43 THOMAS, Katelynn	SO	1066	Veritas School	30	26:43.5	8:35.6	5:20.7
44 SAUER, Reagan	JR	939	Patrick Henry (Ashl	31	26:43.8	8:35.7	5:20.8
45 DOUGHERTY, Emily	SR	334	Dinwiddie	-	27:02.8	8:41.8	5:24.6
46 BILBEY, Julia	SR	925	Patrick Henry (Ashl	32	27:19.9	8:47.3	5:28.0
47 MELLINA, Anna	SO	682	Maggie Walker	33	27:23.0	8:48.3	5:28.6
48 BURNHAM, Annabelle	SR	378	Douglas Freeman	34	27:26.9	8:49.5	5:29.4
49 AKERS, Elizabeth	9	556	J.R. Tucker High Sc	35	27:28.0	8:49.9	5:29.6
50 CRUMPLER, Emily	JR	561	J.R. Tucker High Sc	36	27:28.7	8:50.1	5:29.7
51 GERLACH, Maddie	JR	671	Maggie Walker	37	27:32.3	8:51.3	5:30.5
52 FOLEY, Laurel	JR	928	Patrick Henry (Ashl	38	27:35.3	8:52.3	5:31.1
53 CHUNNANOND, Yeeva	SR	667	Maggie Walker	39	27:42.9	8:54.7	5:32.6
54 COLLINS, Laila	9	595	James River (Midlot	-	27:44.7	8:55.3	5:32.9
55 HARDYMON, Audrey	SR	567	J.R. Tucker High Sc	40	27:49.7	8:56.9	5:33.9
56 MCDANIEL, Emma	SR	157	Clover Hill	41	27:51.1	8:57.3	5:34.2
57 PETERSEN, Natalie	SR	1064	Veritas School	(42)	27:52.9	8:57.9	5:34.6
58 WITTE, Kyla	SR	573	J.R. Tucker High Sc	(43)	27:54.8	8:58.5	5:35.0
59 ORDAZ-HERNANDEZ, Ashle	9	597	James River (Midlot	-	28:01.2	9:00.6	5:36.2
60 CLARK, Renn	JR	559	J.R. Tucker High Sc	(44)	28:16.1	9:05.4	5:39.2
61 JOHNSTON, Kenzie	JR	932	Patrick Henry (Ashl	(45)	28:26.9	9:08.8	5:41.4
62 HORNE, Abigail	9	130	Caroline High Scho	-	28:32.5	9:10.6	5:42.5
63 LANPHEAR, Katherine	SR	1058	Veritas School	(46)	28:38.8	9:12.7	5:43.8
64 BORDER, Isabella	JR	294	Deep Run	(47)	28:39.4	9:12.9	5:43.9
65 CLARKE, Ashleigh	9	560	J.R. Tucker High Sc	-	28:45.7	9:14.9	5:45.1
66 BENSON, Jasmine	JR	558	J.R. Tucker High Sc	-	28:47.1	9:15.3	5:45.4
67 FORLANO, Luna	JR	669	Maggie Walker	(48)	29:07.2	9:21.8	5:49.4
68 CARTER, Patricia	SO	379	Douglas Freeman	(49)	29:22.5	9:26.7	5:52.5
69 MARTINEZ-RAMOS, Yartiza	JR	849	Osborn	-	29:29.5	9:29.0	5:53.9
70 LOKER, Katey	SR	1025	Trinity Episcopal Sc	50	29:52.3	9:36.3	5:58.5
71 HARDING, Samantha	SR	566	J.R. Tucker High Sc	-	30:09.7	9:41.9	6:01.9
72 ACQUISTA, Lola	9	664	Maggie Walker	(51)	30:17.2	9:44.3	6:03.4
73 TORRES, Nina	JR	131	Caroline High Scho	-	30:19.2	9:45.0	6:03.8
74 RENTSCHLER, Nora	JR	683	Maggie Walker	-	30:33.5	9:49.5	6:06.7

POLE GREEN XC CLASSIC

Mechanicsville, VA

Pole Green Park

Saturday, September 9, 2023

**OFFICIAL MEET REPORT**

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**Race #3
Varsity B Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
75 BOWMAN, Jazmin	JR	847	Osborn	-	30:39.5	9:51.5	6:07.9
76 ZAIDI, Mysha	9	690	Maggie Walker	-	31:12.8	10:02.2	6:14.6
77 ORTIZ-MARTINEZ, Guadalu	JR	850	Osborn	-	31:14.8	10:02.8	6:15.0
78 AGUILAR, Maria	JR	846	Osborn	-	31:30.5	10:07.9	6:18.1
79 FERNANDEZ, Amber	SR	243	Covenant Christian	-	31:41.4	10:11.4	6:20.3
80 WHITE, Elizabeth	SO	1034	Trinity Episcopal Sc	52	32:00.8	10:17.6	6:24.2
81 PASSMORE, Cadence	SO	1062	Veritas School	-	32:12.3	10:21.3	6:26.5
82 COUNTS, Lydia	SO	992	St. Gertrude	-	32:15.7	10:22.4	6:27.1
83 MATTINGLY, Sidera	9	956	Princess Anne High	-	32:21.3	10:24.2	6:28.3
84 MCHENRY, Olivia	JR	1027	Trinity Episcopal Sc	53	32:29.8	10:26.9	6:30.0
85 HUNTER, Emily	9	338	Dinwiddie	-	32:51.0	10:33.8	6:34.2
86 COBER, Laila	8	1019	Trinity Episcopal Sc	54	33:12.7	10:40.7	6:38.5
87 RICHARDSON, Lelia	SO	1028	Trinity Episcopal Sc	(55)	33:17.5	10:42.3	6:39.5
88 CORSON, Emily	JR	129	Caroline High Scho	-	33:43.5	10:50.6	6:44.7
89 BEEKWILDER, Kathleen	9	332	Dinwiddie	-	33:57.5	10:55.1	6:47.5
90 PETERSEN, Megan	SO	1063	Veritas School	-	34:19.0	11:02.1	6:51.8
91 VANEERDEN, MaryAnneke	SR	165	Clover Hill	(56)	36:03.9	11:35.8	7:12.8
92 HOLT, Crystal	SO	337	Dinwiddie	-	37:52.5	12:10.7	7:34.5
93 WEIR, Maggie	JR	994	St. Gertrude	-	38:36.1	12:24.7	7:43.2

POLE GREEN XC CLASSIC

Mechanicsville, VA

Pole Green Park

Saturday, September 9, 2023

**OFFICIAL MEET REPORT**

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**Race #5
JV Girls****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Glen Allen High School	28	3-4-6-7-8(9)(10)	1:56:23	23:17	0:50.8
2 Deep Run	87	12-15-17-19-24(42)(45)	2:16:21	27:17	2:49.5
3 Atlee	102	5-14-22-28-33	2:16:53	27:23	6:46.0
4 Pacers Homeschool	122	2-16-29-35-40(54)	2:20:32	28:07	8:42.9
5 Cosby	138	18-21-23-30-46(47)(59)	2:24:54	28:59	4:23.5
6 Patrick Henry (Ashland)	141	1-31-34-37-38(56)(57)	2:23:45	28:45	8:17.8
7 Douglas Freeman	171	13-20-32-48-58	2:36:39	31:20	13:32.4
8 Courtland	180	11-26-41-50-52	2:33:48	30:46	9:06.8
9 Monacan High School	197	25-36-43-44-49	2:35:58	31:12	4:24.9
10 Brooke Point	225	27-39-51-53-55	2:43:56	32:48	5:56.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 EURIPIDES, Chrysanthi	JR	703	Massaponax	-	21:28.0	6:54.1	4:17.6
2 VASS, Carter	8	940	Patrick Henry (Ashl	1	22:38.8	7:16.9	4:31.8
3 WERNER, Hope	SO	900	Pacers Homeschool	2	22:41.9	7:17.9	4:32.4
4 PARDUE, Makenna	8	435	Glen Allen High Sch	3	22:43.5	7:18.4	4:32.7
5 BURNETT, Katie	JR	421	Glen Allen High Sch	4	23:04.2	7:25.1	4:36.8
6 AMBROSE, Carissa	9	35	Atlee	5	23:09.8	7:26.9	4:38.0
7 GHAEMMAGHAMI, Jordan	SR	424	Glen Allen High Sch	6	23:29.7	7:33.3	4:41.9
8 STEFANOVA, Izzy	9	440	Glen Allen High Sch	7	23:31.0	7:33.7	4:42.2
9 WALL, Julia	SR	445	Glen Allen High Sch	8	23:34.3	7:34.8	4:42.9
10 NAGLIERI, Mia	SR	434	Glen Allen High Sch	(9)	23:48.3	7:39.3	4:45.7
11 MCEVOY, Abby	JR	431	Glen Allen High Sch	(10)	23:53.3	7:40.9	4:46.7
12 ARJONA, Katherine	8	417	Glen Allen High Sch	-	24:16.1	7:48.2	4:51.2
13 MURPHY, Morgan	SO	433	Glen Allen High Sch	-	24:21.8	7:50.0	4:52.4
14 PENALOZA, Perla	SR	535	Hermitage	-	24:42.8	7:56.8	4:56.6
15 ANDRADE, Olivia	SO	416	Glen Allen High Sch	-	25:07.4	8:04.7	5:01.5
16 PRIDDY, Chloe	SO	705	Massaponax	-	25:11.7	8:06.1	5:02.3
17 WALKER, Kate	9	444	Glen Allen High Sch	-	25:11.9	8:06.1	5:02.4
18 DONELSON, Cassidy	SO	231	Courtland	11	25:20.3	8:08.8	5:04.1
19 ELLIS, Madelyn	SR	702	Massaponax	-	25:28.1	8:11.4	5:05.6
20 REIBEL, Grace	SR	437	Glen Allen High Sch	-	25:28.7	8:11.5	5:05.7
21 HABEEB, Anna	9	301	Deep Run	12	25:55.5	8:20.2	5:11.1
22 KIM, Alaina	JR	704	Massaponax	-	25:55.7	8:20.2	5:11.1
23 COLLINS, Lexi	8	474	Grafton High Schoo	-	25:59.5	8:21.4	5:11.9
24 ESTES, Anna	9	381	Douglas Freeman	13	26:22.0	8:28.7	5:16.4
25 HAGBERG, Elizabeth	SR	47	Atlee	14	26:33.9	8:32.5	5:18.8
26 ENGLAND, Katherine	JR	299	Deep Run	15	26:45.3	8:36.2	5:21.1
27 MARSHALL, Haddie	9	429	Glen Allen High Sch	-	26:48.2	8:37.1	5:21.6
28 DRAPER, Keri	9	889	Pacers Homeschool	16	26:51.1	8:38.0	5:22.2
29 D'AMONOFRIO, Maddy	9	993	St. Gertrude	-	27:00.0	8:40.9	5:24.0
30 SKWAROK, Isabella	SO	311	Deep Run	17	27:06.2	8:42.9	5:25.2
31 TREPTOW, Katherine	9	209	Cosby	18	27:24.2	8:48.7	5:28.8

POLE GREEN XC CLASSIC

Mechanicsville, VA

Pole Green Park

Saturday, September 9, 2023

**OFFICIAL MEET REPORT**

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**Race #5
JV Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32 KIDWELL, Laila	8	478	Grafton High Schoo	-	27:25.0	8:48.9	5:29.0
33 ASHURY, Hafifa	SO	292	Deep Run	19	27:48.8	8:56.6	5:33.8
34 SURESH, Dwani		1088	Douglas Freeman	20	27:54.0	8:58.3	5:34.8
35 CASEY, Addi	9	422	Glen Allen High Sch	-	27:55.6	8:58.8	5:35.1
36 ELROD, Caitlin	SO	201	Cosby	21	27:58.5	8:59.7	5:35.7
37 HEYMAN, Sadie	SO	426	Glen Allen High Sch	-	28:06.3	9:02.2	5:37.3
38 ARTIS, Zoey	SR	36	Atlee	22	28:13.5	9:04.5	5:38.7
39 WINTERS, Lauren	9	166	Clover Hill	-	28:14.3	9:04.8	5:38.9
40 HINCE, Mallory	SR	828	Northern Virginia H	-	28:15.7	9:05.2	5:39.1
41 TESLA, Peyton	JR	163	Clover Hill	-	28:17.4	9:05.8	5:39.5
42 BELTRAN, Grace	9	197	Cosby	23	28:24.0	9:07.9	5:40.8
43 COOPER, Abigail	JR	611	James River Eagles	-	28:27.2	9:08.9	5:41.4
44 VERNON, Kastle	SO	443	Glen Allen High Sch	-	28:34.9	9:11.4	5:43.0
45 CHRETIEN, Sarah	SR	155	Clover Hill	-	28:42.5	9:13.9	5:44.5
46 SKWAROK, Christina	SR	310	Deep Run	24	28:45.0	9:14.7	5:45.0
47 PARKER, Macey	9	797	Monacan High Sch	25	28:48.1	9:15.7	5:45.6
48 GRANGER, Adele	SR	232	Courtland	26	28:50.6	9:16.5	5:46.1
49 SUTTON, McKinley	SO	441	Glen Allen High Sch	-	28:58.1	9:18.9	5:47.6
50 CALEY, Ashley	SO	95	Brooke Point	27	28:59.0	9:19.2	5:47.8
51 NAGLIC, Evie	SO	48	Atlee	28	28:59.1	9:19.2	5:47.8
52 AMOS, Ella	SO	882	Pacers Homeschool	29	29:14.5	9:24.1	5:50.9
53 LATESSA, Lilly	SO	205	Cosby	30	29:19.3	9:25.7	5:51.9
54 GORDON, Grace	JR	929	Patrick Henry (Ashl	31	29:25.2	9:27.6	5:53.0
55 JOURNEY, Jordyn	JR	391	Douglas Freeman	32	29:49.3	9:35.3	5:57.9
56 RACER, Eliza	SO	50	Atlee	33	29:55.8	9:37.4	5:59.2
57 RUBIS, Theodora	SO	938	Patrick Henry (Ashl	34	29:57.3	9:37.9	5:59.5
58 THOMPSON, Hannah	8	767	Mills Godwin	-	30:13.9	9:43.2	6:02.8
59 WEBB, Gabriella	8	768	Mills Godwin	-	30:14.9	9:43.6	6:03.0
60 BIRCH, Abigail	SO	884	Pacers Homeschool	35	30:19.1	9:44.9	6:03.8
61 SUN, Amy	9	687	Maggie Walker	-	30:38.4	9:51.1	6:07.7
62 KAZZIE, Marisa	SO	427	Glen Allen High Sch	-	30:44.4	9:53.1	6:08.9
63 MOUNT, Chloe	SO	795	Monacan High Sch	36	30:45.2	9:53.3	6:09.0
64 FAHED, Claire	SO	927	Patrick Henry (Ashl	37	30:46.3	9:53.7	6:09.3
65 OSTER, Miriam	SO	937	Patrick Henry (Ashl	38	30:56.6	9:57.0	6:11.3
66 DASARI, Satyabama	SO	532	Hermitage	-	31:02.6	9:58.9	6:12.5
67 MORGAN, Claire	SO	432	Glen Allen High Sch	-	31:08.6	10:00.8	6:13.7
68 CONTRERAS, Chloe	9	98	Brooke Point	39	31:23.2	10:05.5	6:16.6
69 HARRIS, Lydia	SO	893	Pacers Homeschool	40	31:24.8	10:06.0	6:17.0
70 REYES, Alondra	SO	235	Courtland	41	31:27.5	10:06.9	6:17.5
71 DEVKOTA, Adeeta	9	298	Deep Run	(42)	31:30.9	10:08.0	6:18.2
72 MATTOX, Madison	SO	792	Monacan High Sch	43	31:32.4	10:08.5	6:18.5
73 ELLIOTT, Lilly	9	788	Monacan High Sch	44	31:38.4	10:10.4	6:19.7
74 MICELI, Lu	JR	305	Deep Run	(45)	31:40.6	10:11.1	6:20.1
75 READING, Abby	SO	208	Cosby	46	31:47.7	10:13.4	6:21.5
76 GEPHART, Amelia	SO	202	Cosby	(47)	32:00.1	10:17.4	6:24.0
77 JOHNSON, Kyla	JR	1082	Western Branch Hig	-	32:30.9	10:27.3	6:30.2

POLE GREEN XC CLASSIC

Mechanicsville, VA

Pole Green Park

Saturday, September 9, 2023

**OFFICIAL MEET REPORT**

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**Race #5
JV Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
78 MEADOWS, Olivia	SO	832	Northern Virginia H	-	32:32.0	10:27.7	6:30.4
79 SHAFIEI, Zahar	JR	438	Glen Allen High Sch	-	32:37.0	10:29.3	6:31.4
80 KAUL, Anaya		1086	Douglas Freeman	48	32:38.6	10:29.8	6:31.7
81 STALLARD, Mira	9	800	Monacan High Sch	49	33:13.0	10:40.8	6:38.6
82 HUDGINS, Emma	SO	513	Greenbrier Christia	-	33:13.1	10:40.9	6:38.6
83 JOSEFIAK, Margaret	SO	676	Maggie Walker	-	33:18.9	10:42.7	6:39.8
84 ELLIS, Kateri	SR	823	Northern Virginia H	-	33:26.2	10:45.1	6:41.2
85 SULLIVAN, Karington	9	236	Courtland	50	33:42.2	10:50.2	6:44.4
86 MANTIN, Keara	9	104	Brooke Point	51	33:56.1	10:54.7	6:47.2
87 AGOSTINO, Emily	9	991	St. Gertrude	-	34:23.3	11:03.4	6:52.7
88 LAM, Anna	JR	233	Courtland	52	34:27.1	11:04.7	6:53.4
89 UUGANBAT, Anu	JR	110	Brooke Point	53	34:42.2	11:09.5	6:56.4
90 MYLES, Zanejah	JR	1085	Western Branch Hig	-	34:49.4	11:11.8	6:57.9
91 JETT, Lilly	9	897	Pacers Homeschool	(54)	34:49.7	11:11.9	6:57.9
92 SHULTERBRON, Aryanna	SO	109	Brooke Point	55	34:55.5	11:13.8	6:59.1
93 ZHANG, Miranda	9	691	Maggie Walker	-	35:26.1	11:23.6	7:05.2
94 HUFFMAN, Caroline	SO	930	Patrick Henry (Ashl	(56)	35:38.8	11:27.7	7:07.8
95 FARIN, Homa	SO	533	Hermitage	-	36:23.8	11:42.2	7:16.8
96 CHONODOLSKY, Sonia	JR	666	Maggie Walker	-	36:50.7	11:50.8	7:22.1
97 BILLINGSLEY, Caroline	JR	926	Patrick Henry (Ashl	(57)	37:09.2	11:56.8	7:25.8
98 BURDETTE, Ava	SO	631	L.C. Bird	-	37:24.0	12:01.5	7:28.8
99 STUEBER, Adriana	SO	537	Hermitage	-	37:25.3	12:02.0	7:29.1
100 LEFFLER, Anna	9	304	Deep Run	-	37:36.8	12:05.7	7:31.4
101 HIDALGO, Sofia	9	388	Douglas Freeman	58	39:54.4	12:49.9	7:58.9
102 JOHNSON, Kyndall	SR	829	Northern Virginia H	-	40:16.1	12:56.9	8:03.2
103 DEVKOTAS, Simran	JR	563	J.R. Tucker High Sc	-	42:01.5	13:30.8	8:24.3
104 WOOLSTENHULME, Brookly	9	770	Mills Godwin	-	43:42.6	14:03.3	8:44.5
105 ACREE, Laela	9	195	Cosby	(59)	46:11.0	14:51.0	9:14.2