

# VIRGINIA MIDDLE SCHOOL STATE CHAMPIONSHIPS

Mechanicsville, VA

Pole Green Park

Saturday, October 21, 2023



OFFICIAL MEET REPORT

printed: 10/21/2023 6:03 PM

**Race #4**  
**Boys Championship 4k**

## Final Results

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 GRIMM, Jonathan	8	309	Greater Williamsbur	1	12:45.4	---	5:07.4	3:11.4
2 MATTHEWS, Rivers	8	51	Blacksburg Middle	1	13:02.9	17.5	5:14.4	3:15.7
3 DIAZ, Jaiden	8	882	XC-Elite	2	13:08.0	22.6	5:16.5	3:17.0
4 OWINGS, Indiana	8	681	Shockwaves Youth	-	13:09.9	24.5	5:17.2	3:17.5
5 JONES, Grayson	8	711	St. Bridget's School	-	13:11.8	26.4	5:18.0	3:18.0
6 KIRKPATRICK, Wyatt	8	302	Graham	-	13:14.8	29.4	5:19.2	3:18.7
7 KEEFER, Samuel	8	781	Unattached	-	13:32.4	47.0	5:26.3	3:23.1
8 NELSON, Broderick	8	232	Forest Running Clu	2	13:32.7	47.3	5:26.4	3:23.2
9 SMALL, Zern	6	333	Grove Christian Sch	-	13:39.5	54.1	5:29.1	3:24.9
10 THESSEN, Emmett	8	196	Endorphin Fitness	-	13:41.0	55.6	5:29.7	3:25.3
11 STEWART, Noah	8	368	Hidden Valley High	-	13:41.6	56.2	5:30.0	3:25.4
12 WILBON, Calvin	8	669	Shawsville Middle S	-	13:43.7	58.3	5:30.8	3:25.9
13 AKAGI, Justin	8	662	Saint Sebastian Ac	3	13:46.5	1:01.1	5:31.9	3:26.6
14 AUSTIN, Bryce	8	292	Glenvar High Schoo	4	13:48.5	1:03.1	5:32.7	3:27.1
15 DUNLAVY, JIMMY	8	884	XC-Elite	3	13:50.5	1:05.1	5:33.5	3:27.6
16 COOPER, Caleb	8	591	Parry McCluer	-	13:53.0	1:07.6	5:34.5	3:28.3
17 SAUNDERS, Nick	8	862	Wilson Middle Scho	5	14:00.5	1:15.1	5:37.6	3:30.1
18 ALGAPPAN, Ashok	8	923	Raider Nation TC	-	14:04.8	1:19.4	5:39.3	3:31.2
19 LOVELL, Nathan	7	366	Hidden Valley High	-	14:10.7	1:25.3	5:41.6	3:32.7
20 NICE, Easton	7	720	Stuarts Draft Middle	6	14:12.1	1:26.7	5:42.2	3:33.0
21 KLINE, Dash	8	229	Forest Running Clu	7	14:13.9	1:28.5	5:42.9	3:33.5
22 GUSE, Leif	8	519	Mauzy River Middle	8	14:14.4	1:29.0	5:43.1	3:33.6
23 CLARK, Aden	8	48	Blacksburg Middle	9	14:16.5	1:31.1	5:44.0	3:34.1
24 HALLE, Westin	8	909	Smithfield Middle	10	14:16.6	1:31.2	5:44.0	3:34.2
25 WU, Caleb	FR	587	Pacers Homeschool	11	14:17.7	1:32.3	5:44.5	3:34.4
26 ARNEY, Ty	8	776	Unattached	-	14:20.1	1:34.7	5:45.4	3:35.0
27 KRAKOWIAK, Damien	8	900	Oak Knoll	-	14:20.3	1:34.9	5:45.5	3:35.1
28 TURNER, Anthony	8	454	King George Middle	-	14:21.7	1:36.3	5:46.1	3:35.4
29 DULANEY, Matthew	7	712	Stewart Middle Sch	-	14:22.4	1:37.0	5:46.3	3:35.6
30 GEORGE, Sebastian	8	592	Parry McCluer	-	14:22.6	1:37.2	5:46.4	3:35.7
31 PREITE, Cameron	7	233	Forest Running Clu	12	14:23.2	1:37.8	5:46.7	3:35.8
32 HAMLIN, Tyler	8	120	Christiansburg Midd	13	14:23.9	1:38.5	5:46.9	3:36.0
33 PLITT, Samuel	8	172	Daniel Morgan Midd	14	14:24.7	1:39.3	5:47.3	3:36.2
34 COMBS, Caleb	7	377	J. Frank Hillyard Mi	15	14:25.5	1:40.1	5:47.6	3:36.4
35 LEE, Archer	8	505	Lord Botetourt	-	14:26.5	1:41.1	5:48.0	3:36.6
36 HENNING, Carter	8	529	New Kent	16	14:28.3	1:42.9	5:48.7	3:37.1
37 LAPP, Samuel	8	6	Admiral Richard E.	17	14:29.4	1:44.0	5:49.2	3:37.4
38 TRENT, Mateo	8	489	Liberty Christian Ac	18	14:29.9	1:44.5	5:49.4	3:37.5
39 CUMBOW, Chase	8	300	Graham	-	14:30.1	1:44.7	5:49.4	3:37.5
40 NORRIS, William	7	7	Admiral Richard E.	19	14:31.6	1:46.2	5:50.0	3:37.9
41 TOWERY, Ethan	7	638	Rappahannock Osp	4	14:32.9	1:47.5	5:50.6	3:38.2
42 REDCAY, Emerson	6	173	Daniel Morgan Midd	20	14:34.3	1:48.9	5:51.1	3:38.6
43 CHATTERS, Justice	8	507	Manchester Middle	-	14:37.6	1:52.2	5:52.4	3:39.4
44 METCALFE, Wyatt	7	714	Stewart Middle Sch	-	14:38.2	1:52.8	5:52.7	3:39.6
45 RIDEOUT, Wesley	8	52	Blacksburg Middle	21	14:39.2	1:53.8	5:53.1	3:39.8
46 KNUPP, Samuel	8	50	Blacksburg Middle	22	14:42.0	1:56.6	5:54.2	3:40.5

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**Boys Championship 4k**

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
47 CAMPBELL, Ben	8	672	Shelburne Middle S	23	14:42.3	1:56.9	5:54.3	3:40.6
48 NEWCOMER MILLER, Joah	8	765	Thomas Harrison M	-	14:42.6	1:57.2	5:54.5	3:40.7
49 CHASTEEN, Collyn	8	157	Cumberland Runnin	5	14:43.1	1:57.7	5:54.7	3:40.8
50 FENTRESS, Patriot	8	117	Christiansburg Midd	24	14:43.2	1:57.8	5:54.7	3:40.8
51 MELLISH, Dominic	8	826	Warren County Mid	-	14:44.1	1:58.7	5:55.1	3:41.0
52 REYNOLDS, Caleb	8	74	Cave Spring High S	25	14:44.3	1:58.9	5:55.1	3:41.1
53 SOUDER, Lee	8	395	J. Frank Hillyard Mi	26	14:45.7	2:00.3	5:55.7	3:41.4
54 SWENTY, Grant	8	524	Maury River Middle	27	14:46.0	2:00.6	5:55.8	3:41.5
55 FORTUNE, Gavin	8	855	Wilson Middle Scho	28	14:46.2	2:00.8	5:55.9	3:41.6
56 GALIANO, Julian	8	857	Wilson Middle Scho	29	14:48.8	2:03.4	5:56.9	3:42.2
57 CLARKE, Grant	7	657	Saint Christopher's	30	14:51.5	2:06.1	5:58.0	3:42.9
58 TALTON, Ryan	8	824	Virginia Pride Track	-	14:52.4	2:07.0	5:58.4	3:43.1
59 KUZMICH, Jaxson	6	297	Glenvar High Schoo	31	14:54.9	2:09.5	5:59.4	3:43.7
60 SANDERS, Austin	8	861	Wilson Middle Scho	32	14:58.0	2:12.6	6:00.6	3:44.5
61 ERVI, Seth	8	582	Pacers Homeschool	33	15:00.3	2:14.9	6:01.6	3:45.1
62 FRIEND, Preston	6	811	Veritas School	34	15:04.3	2:18.9	6:03.2	3:46.1
63 STRUMKE, Jack	7	315	Greater Williamsbur	6	15:05.4	2:20.0	6:03.6	3:46.4
64 TONGEN, Samuel	8	693	Skyline Middle Sch	35	15:05.8	2:20.4	6:03.8	3:46.5
65 SHRECKHISE, Mason	7	675	Shelburne Middle S	36	15:07.4	2:22.0	6:04.4	3:46.9
66 ECCLES, Caleb	7	853	Wilson Middle Scho	37	15:07.6	2:22.2	6:04.5	3:46.9
67 STEVENS, Lincoln	8	234	Forest Running Clu	38	15:08.1	2:22.7	6:04.7	3:47.0
68 HARRINGTON, Landon	8	226	Forest Running Clu	39	15:08.5	2:23.1	6:04.9	3:47.1
69 RYMAN, Gavin	8	392	J. Frank Hillyard Mi	40	15:09.3	2:23.9	6:05.2	3:47.3
70 HOSE, Caleb	7	384	J. Frank Hillyard Mi	41	15:09.5	2:24.1	6:05.3	3:47.4
71 FRANSDEN, Porter	8	837	William Monroe Mid	42	15:09.9	2:24.5	6:05.4	3:47.5
72 FLETCHER, Max	8	381	J. Frank Hillyard Mi	43	15:10.8	2:25.4	6:05.8	3:47.7
73 QUINTERO, Jacob	8	509	Manchester Middle	-	15:11.4	2:26.0	6:06.0	3:47.9
74 BRANCH, Charlie	7	656	Saint Christopher's	44	15:11.7	2:26.3	6:06.1	3:47.9
75 APICELLA, Ethan	7	147	Crozet Crew	-	15:12.1	2:26.7	6:06.3	3:48.0
76 HARDING, Leiland	8	718	Stuarts Draft Middle	45	15:14.5	2:29.1	6:07.3	3:48.6
77 FAUVER, Braylon	8	3	Admiral Richard E.	46	15:14.5	2:29.1	6:07.3	3:48.6
78 GREER, Logan	8	908	Smithfield Middle	47	15:15.0	2:29.6	6:07.5	3:48.8
79 DUNN, Liam	8	658	Saint Christopher's	48	15:15.6	2:30.2	6:07.7	3:48.9
80 FARRINGER, Noah	7	2	Admiral Richard E.	49	15:16.0	2:30.6	6:07.9	3:49.0
81 HEPNER, Keegan	7	5	Admiral Richard E.	50	15:16.2	2:30.8	6:08.0	3:49.1
82 GREER, Caleb	8	907	Smithfield Middle	51	15:16.5	2:31.1	6:08.1	3:49.1
83 REID, Jackson	7	8	Admiral Richard E.	(52)	15:16.6	2:31.2	6:08.1	3:49.2
84 SHAVER, Landon	7	864	Wilson Middle Scho	(53)	15:17.4	2:32.0	6:08.4	3:49.4
85 SCHUBOT, Yonas	8	54	Blacksburg Middle	54	15:18.0	2:32.6	6:08.7	3:49.5
86 TRUBAN, Josh	8	176	Daniel Morgan Midd	55	15:18.9	2:33.5	6:09.0	3:49.7
87 ALHUSEN, Max	8	341	Henley Middle Scho	56	15:19.1	2:33.7	6:09.1	3:49.8
88 MCCLENDON, Mac	8	659	Saint Christopher's	57	15:19.3	2:33.9	6:09.2	3:49.8
89 SHAH, Kailen	8	556	NOVA AC	7	15:19.4	2:34.0	6:09.2	3:49.9
90 GATSON, Zion	7	474	Legacy Track and F	8	15:20.0	2:34.6	6:09.5	3:50.0
91 DUVAL, Ethan	6	472	Legacy Track and F	9	15:20.2	2:34.8	6:09.6	3:50.1
92 KAUFMAN, Joel	7	122	Christiansburg Midd	58	15:20.5	2:35.1	6:09.7	3:50.1

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## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
93 JANTOMASO, Luke	7	585	Pacers Homeschool	59	15:22.6	2:37.2	6:10.5	3:50.7
94 JANTOMASO, Andrew	8	584	Pacers Homeschool	60	15:22.6	2:37.2	6:10.5	3:50.7
95 BROOKS-BALL, Julian	7	683	Skyline Middle Sch	61	15:23.1	2:37.7	6:10.7	3:50.8
96 TRUBAN, Ethan	8	175	Daniel Morgan Midd	62	15:23.7	2:38.3	6:11.0	3:50.9
97 BARR, Malachi	8	849	Wilson Middle Scho	(63)	15:23.9	2:38.5	6:11.0	3:51.0
98 FRIEND, Jackson	8	119	Christiansburg Midd	64	15:24.7	2:39.3	6:11.4	3:51.2
99 MIGNARD, Joshua	8	231	Forest Running Clu	(65)	15:26.0	2:40.6	6:11.9	3:51.5
100 NEWCOMER MILLER, Matia	7	766	Thomas Harrison M	-	15:26.1	2:40.7	6:11.9	3:51.5
101 CRAWFORD, Marcus	8	673	Shelburne Middle S	66	15:27.0	2:41.6	6:12.3	3:51.8
102 SERRANO, Elijah	7	477	Legacy Track and F	10	15:29.0	2:43.6	6:13.1	3:52.3
103 WORTHINGTON, Oliver	6	888	XC-Elite	11	15:29.5	2:44.1	6:13.3	3:52.4
104 CLARK, Grayson	7	49	Blacksburg Middle	(67)	15:31.5	2:46.1	6:14.1	3:52.9
105 WHITE, Asa	8	660	Saint Christopher's	68	15:33.4	2:48.0	6:14.9	3:53.4
106 SHIFFLETT, Cameron	8	393	J. Frank Hillyard Mi	(69)	15:33.7	2:48.3	6:15.0	3:53.4
107 MOSER, Nathan	8	506	Lord Botetourt	-	15:34.6	2:49.2	6:15.3	3:53.7
108 TREAKLE, Brayden	8	639	Rappahannock Osp	12	15:35.2	2:49.8	6:15.6	3:53.8
109 DAHL, Harold	7	305	Greater Williamsbur	13	15:35.6	2:50.2	6:15.7	3:53.9
110 MARTINEZ, Bryan	7	825	Warren County Mid	-	15:36.0	2:50.6	6:15.9	3:54.0
111 LILLY, Noah	FR	39	Beverley Manor Mld	70	15:36.1	2:50.7	6:15.9	3:54.0
112 HODEL, Isaiah	8	276	Frederick County Mi	71	15:36.3	2:50.9	6:16.0	3:54.1
113 ARNOLD, Ryan	7	629	Rappahannock Osp	14	15:36.4	2:51.0	6:16.1	3:54.1
114 EUBANKS, Daniel	8	618	Pulaski County	72	15:37.0	2:51.6	6:16.3	3:54.3
115 BARRETT, Aiden	8	617	Pulaski County	73	15:37.3	2:51.9	6:16.4	3:54.3
116 KING, Lucas	8	782	Unattached	-	15:37.4	2:52.0	6:16.5	3:54.4
117 DITZEL, Will	6	517	Maury River Middle	74	15:37.8	2:52.4	6:16.6	3:54.5
118 OSARIO, Alejandro	7	390	J. Frank Hillyard Mi	(75)	15:38.1	2:52.7	6:16.7	3:54.5
119 WHEATON, Caleb	6	557	NOVA AC	15	15:38.5	2:53.1	6:16.9	3:54.6
120 SMALL, Zander	6	332	Grove Christian Sch	-	15:38.6	2:53.2	6:16.9	3:54.7
121 DE WEKKER, Christophe	8	344	Henley Middle Scho	76	15:40.1	2:54.7	6:17.6	3:55.0
122 PAINTER, Aiden	8	859	Wilson Middle Scho	-	15:40.4	2:55.0	6:17.7	3:55.1
123 SCHALLON, Issac	8	77	Cave Spring High S	77	15:40.8	2:55.4	6:17.8	3:55.2
124 KROENLEIN, Tyler	7	312	Greater Williamsbur	16	15:41.4	2:56.0	6:18.1	3:55.4
125 NEARMAN, Gunnar	8	632	Rappahannock Osp	17	15:41.6	2:56.2	6:18.2	3:55.4
126 DAIGNEAU, Augustin	8	516	Maury River Middle	78	15:41.7	2:56.3	6:18.2	3:55.4
127 LAMBERT, Calvin	8	520	Maury River Middle	79	15:41.9	2:56.5	6:18.3	3:55.5
128 FUNK, Jameson	8	25	Auburn Middle Sch	80	15:43.0	2:57.6	6:18.7	3:55.8
129 CARLSON, Mason	7	469	Legacy Track and F	18	15:43.1	2:57.7	6:18.8	3:55.8
130 DOJACK, Maks	8	836	William Monroe Mid	81	15:43.2	2:57.8	6:18.8	3:55.8
131 BERENTS, Avery	7	655	Saint Christopher's	(82)	15:43.3	2:57.9	6:18.8	3:55.8
132 SCHWENDEMAN, Connor	8	635	Rappahannock Osp	19	15:44.3	2:58.9	6:19.2	3:56.1
133 GRESHAM, Ben	8	518	Maury River Middle	(83)	15:46.3	3:00.9	6:20.0	3:56.6
134 ASHBY, Sam	FR	34	Beverley Manor Mld	84	15:48.4	3:03.0	6:20.9	3:57.1
135 COSGRIFF, Darby	7	515	Maury River Middle	(85)	15:49.3	3:03.9	6:21.2	3:57.3
136 BARRON, Tytus	7	186	Dunbar Middle Sch	-	15:50.6	3:05.2	6:21.8	3:57.7
137 MAST, Henry	8	586	Pacers Homeschool	86	15:51.6	3:06.2	6:22.2	3:57.9
138 SANDERSON, Logan	8	76	Cave Spring High S	87	15:55.0	3:09.6	6:23.5	3:58.8

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## Final Results

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
139 HEWITT, James	8	688	Skyline Middle Sch	88	15:55.1	3:09.7	6:23.6	3:58.8
140 HAMILTON, Silas	8	12	Appomattox County	89	15:56.0	3:10.6	6:23.9	3:59.0
141 WHEELING, Tristan	8	177	Daniel Morgan Midd	90	15:56.1	3:10.7	6:24.0	3:59.0
142 DYKE, Corbin	7	551	NOVA AC	20	15:57.9	3:12.5	6:24.7	3:59.5
143 FRASER, Jack	7	118	Christiansburg Midd	91	15:58.5	3:13.1	6:24.9	3:59.6
144 GARDNER, Trey	8	248	Fpyc Cheetahs	21	15:58.6	3:13.2	6:25.0	3:59.7
145 MEREDITH, Dominick	8	508	Manchester Middle	-	15:59.6	3:14.2	6:25.4	3:59.9
146 VENABLE, Kolton	8	490	Liberty Christian Ac	92	16:00.0	3:14.6	6:25.5	4:00.0
147 GIBBONS, Benjamin	8	553	NOVA AC	22	16:00.2	3:14.8	6:25.6	4:00.1
148 WEGNER, Micah	8	790	Unattached	-	16:01.1	3:15.7	6:26.0	4:00.3
149 BRANTLY, Andrew	7	47	Blacksburg Middle	(93)	16:01.6	3:16.2	6:26.2	4:00.4
150 CHASTEEN, Carder	8	156	Cumberland Runnin	23	16:02.9	3:17.5	6:26.7	4:00.7
151 ROMERO SEGURA, Felipe	8	53	Blacksburg Middle	-	16:03.1	3:17.7	6:26.8	4:00.8
152 PATEL, Sharv	8	72	Cave Spring High S	94	16:04.7	3:19.3	6:27.4	4:01.2
153 COYNER, Tripp	6	717	Stuarts Draft Middle	95	16:04.8	3:19.4	6:27.5	4:01.2
154 KUZMICH, Bryson	6	296	Glenvar High Schoo	96	16:06.6	3:21.2	6:28.2	4:01.7
155 UTHLAUT, Colin	8	789	Unattached	-	16:07.0	3:21.6	6:28.4	4:01.8
156 RICE, Caleb	8	138	Cornerstone Christi	97	16:07.5	3:22.1	6:28.6	4:01.9
157 BIRDSELL, Austin	6	413	James River Eagles	98	16:07.9	3:22.5	6:28.7	4:02.0
158 SERRANO, Damian	5	476	Legacy Track and F	24	16:08.0	3:22.6	6:28.8	4:02.0
159 REYER, Adam	8	633	Rappahannock Osp	(25)	16:08.1	3:22.7	6:28.8	4:02.0
160 DUFFICY, Alex	7	306	Greater Williamsbur	26	16:08.2	3:22.8	6:28.8	4:02.1
161 BIRCH, Daniel	6	581	Pacers Homeschool	(99)	16:09.2	3:23.8	6:29.2	4:02.3
162 SCHAEFER, Andrew	7	9	Admiral Richard E.	(100)	16:09.3	3:23.9	6:29.3	4:02.3
163 OPETT, Rylan	8	534	New Kent	101	16:10.2	3:24.8	6:29.6	4:02.6
164 NOEWELL, Elliott	8	351	Henley Middle Scho	102	16:14.0	3:28.6	6:31.2	4:03.5
165 BRANT, Henry	8	273	Frederick County Mi	103	16:14.7	3:29.3	6:31.4	4:03.7
166 BALLEW, Julian	7	376	J. Frank Hillyard Mi	-	16:17.0	3:31.6	6:32.4	4:04.3
167 STECK, Harper	7	430	Kate Collins	104	16:17.5	3:32.1	6:32.6	4:04.4
168 SOWERS, Brady	7	148	Crozet Crew	-	16:18.1	3:32.7	6:32.8	4:04.5
169 STANLEY, Ezra	8	367	Hidden Valley High	-	16:18.5	3:33.1	6:33.0	4:04.6
170 SAUNDERS, Hudson	8	523	Mauzy River Middle	-	16:18.6	3:33.2	6:33.0	4:04.7
171 DOMINGUS, Asher	6	686	Skyline Middle Sch	105	16:18.7	3:33.3	6:33.1	4:04.7
172 TAYLOR, Devon	8	866	Wilson Middle Scho	-	16:20.1	3:34.7	6:33.6	4:05.0
173 ROOS, Andrew	FR	555	NOVA AC	27	16:20.2	3:34.8	6:33.7	4:05.1
174 RICHMOND, Cooper	8	886	XC-Elite	28	16:20.4	3:35.0	6:33.7	4:05.1
175 BRENNAN, Matthew	6	294	Glenvar High Schoo	106	16:21.2	3:35.8	6:34.1	4:05.3
176 HALFON, Samuel	6	597	Powhatan Middle S	107	16:22.3	3:36.9	6:34.5	4:05.6
177 COLLAZO, Aiden	8	593	Powhatan Middle S	108	16:23.5	3:38.1	6:35.0	4:05.9
178 SPURLOCK, Donovan	6	692	Skyline Middle Sch	109	16:24.4	3:39.0	6:35.3	4:06.1
179 OSTEN, Elijah	7	253	Fpyc Cheetahs	29	16:24.6	3:39.2	6:35.4	4:06.2
180 DANIELS, Parker	7	595	Powhatan Middle S	110	16:25.1	3:39.7	6:35.6	4:06.3
181 MAYFIELD, William	7	171	Daniel Morgan Midd	(111)	16:25.2	3:39.8	6:35.7	4:06.3
182 ICKES, Timothy	7	311	Greater Williamsbur	(30)	16:26.5	3:41.1	6:36.2	4:06.6
183 KAVOOKJIAN, Christian	6	664	Saint Sebastian Ac	112	16:28.0	3:42.6	6:36.8	4:07.0
184 COURVILLE, Gavin	8	274	Frederick County Mi	113	16:29.7	3:44.3	6:37.5	4:07.4

# VIRGINIA MIDDLE SCHOOL STATE CHAMPIONSHIPS

Mechanicsville, VA

Pole Green Park

Saturday, October 21, 2023



OFFICIAL MEET REPORT

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## Race #4 Boys Championship 4k

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
185 GOIN, Berkley	FR	10	Appomattox County	114	16:29.8	3:44.4	6:37.5	4:07.5
186 SHIPLEY, Pascal	6	667	Saint Sebastian Ac	115	16:30.0	3:44.6	6:37.6	4:07.5
187 CHRISTIAN, Blaze	7	527	New Kent	116	16:30.5	3:45.1	6:37.8	4:07.6
188 NEGRETE, Lucas	7	533	New Kent	117	16:30.7	3:45.3	6:37.9	4:07.7
189 BARB, Cayden	8	1	Admiral Richard E.	-	16:32.3	3:46.9	6:38.5	4:08.1
190 COMPTON, Jaden	7	87	Charlottesville Cath	118	16:32.8	3:47.4	6:38.7	4:08.2
191 RYAN, Skip	6	522	Maury River Middle	-	16:33.2	3:47.8	6:38.9	4:08.3
192 STRUMKE, Luke	6	316	Greater Williamsbur	(31)	16:33.8	3:48.4	6:39.1	4:08.5
193 NELSON, Oliver	8	691	Skyline Middle Sch	(119)	16:34.0	3:48.6	6:39.2	4:08.5
194 DAMIANI, George	7	594	Powhatan Middle S	120	16:35.4	3:50.0	6:39.8	4:08.9
195 LIVELY, Clifford	7	298	Glenvar High Schoo	121	16:35.7	3:50.3	6:39.9	4:08.9
196 DURHAM, Carson	7	37	Beverley Manor Mld	122	16:36.2	3:50.8	6:40.1	4:09.1
197 GINGRASS, Will	8	330	Grove Christian Sch	-	16:37.1	3:51.7	6:40.4	4:09.3
198 NUNLEY, Seth	6	745	Tazewell	-	16:37.1	3:51.7	6:40.4	4:09.3
199 DAVIS, Zachary	6	295	Glenvar High Schoo	(123)	16:37.9	3:52.5	6:40.8	4:09.5
200 SIDLOWSKI, Evan	6	786	Unattached	-	16:39.0	3:53.6	6:41.2	4:09.8
201 BANACH, Peter	6	245	Fpyc Cheetahs	32	16:39.7	3:54.3	6:41.5	4:09.9
202 BELL, Blaise	8	710	St. Bridget's School	-	16:40.0	3:54.6	6:41.6	4:10.0
203 TOLMAN, Calvin	6	258	Fpyc Cheetahs	33	16:43.0	3:57.6	6:42.8	4:10.8
204 BIRDSELL, Ian	7	414	James River Eagles	124	16:43.7	3:58.3	6:43.1	4:10.9
205 STEVENS, Ephram	8	314	Greater Williamsbur	-	16:44.3	3:58.9	6:43.3	4:11.1
206 LEVELLE, Hunter	8	372	Isle of Wight Acade	-	16:47.1	4:01.7	6:44.5	4:11.8
207 DICKERSON, Tyler	7	596	Powhatan Middle S	125	16:47.4	4:02.0	6:44.6	4:11.9
208 KOLIS, Isaac	8	911	Smithfield Middle	126	16:47.5	4:02.1	6:44.6	4:11.9
209 SIEZAK, Cash	7	352	Henley Middle Scho	127	16:47.5	4:02.1	6:44.6	4:11.9
210 WILLSON, Tyler	FR	599	Powhatan Middle S	(128)	16:48.7	4:03.3	6:45.1	4:12.2
211 DYKE, Hudson	7	552	NOVA AC	(34)	16:49.5	4:04.1	6:45.4	4:12.4
212 HOLLOWAY, Clay	8	910	Smithfield Middle	129	16:50.5	4:05.1	6:45.8	4:12.6
213 HONEYCUTT, Holden	6	383	J. Frank Hillyard Mi	-	16:51.1	4:05.7	6:46.1	4:12.8
214 WILSON, Rhys	7	537	New Kent	130	16:52.1	4:06.7	6:46.5	4:13.0
215 RENEHAN, Malachy	8	554	NOVA AC	(35)	16:53.3	4:07.9	6:46.9	4:13.3
216 HOFFMAN, Josh	8	310	Greater Williamsbur	-	16:53.7	4:08.3	6:47.1	4:13.4
217 WORTHINGTON, Landon	7	887	XC-Elite	36	16:55.3	4:09.9	6:47.8	4:13.8
218 JOWDY, Max	6	570	Our Lady of Mount	131	16:56.7	4:11.3	6:48.3	4:14.2
219 AGUIRRE-JIMENEZ, Nathan	8	33	Beverley Manor Mld	132	16:57.6	4:12.2	6:48.7	4:14.4
220 HAUGH, Oscar	7	205	Floyd County	133	16:57.7	4:12.3	6:48.7	4:14.4
221 SIDER-JOST, Felix	8	767	Thomas Harrison M	-	16:58.6	4:13.2	6:49.1	4:14.7
222 CARSON, Will	8	224	Forest Running Clu	(134)	17:00.3	4:14.9	6:49.8	4:15.1
223 ROBERTS, Calum	8	536	New Kent	(135)	17:01.9	4:16.5	6:50.4	4:15.5
224 HALL, Kayden	6	528	New Kent	(136)	17:02.5	4:17.1	6:50.6	4:15.6
225 REICH, Reilly	8	715	Stewart Middle Sch	-	17:02.9	4:17.5	6:50.8	4:15.7
226 DOWLING, Carter	5	883	XC-Elite	(37)	17:03.8	4:18.4	6:51.2	4:16.0
227 WOMACK, Ammon	8	641	Rappahannock Osp	(38)	17:05.5	4:20.1	6:51.8	4:16.4
228 NALLS, Colton	7	349	Henley Middle Scho	137	17:05.8	4:20.4	6:52.0	4:16.5
229 JOHNSON, Ethan	8	531	New Kent	-	17:06.1	4:20.7	6:52.1	4:16.5
230 COTTLER, Matt	8	88	Charlottesville Cath	138	17:07.8	4:22.4	6:52.8	4:17.0



# VIRGINIA MIDDLE SCHOOL STATE CHAMPIONSHIPS

Mechanicsville, VA

Pole Green Park

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## Race #4 Boys Championship 4k

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
231 BRAMMER, Bradley	7	36	Beverley Manor Mid	139	17:08.7	4:23.3	6:53.1	4:17.2
232 ADAMS, Landon	6	155	Cumberland Runnin	39	17:11.1	4:25.7	6:54.1	4:17.8
233 HAYES, Mason	7	619	Pulaski County	140	17:11.8	4:26.4	6:54.4	4:18.0
234 GERTNER, Hudson	6	89	Charlottesville Cath	141	17:13.0	4:27.6	6:54.9	4:18.3
235 SILLIVAN, Luke	8	353	Henley Middle Scho	(142)	17:15.3	4:29.9	6:55.8	4:18.8
236 WILKINSON, Harvie	8	661	Saint Christopher's	(143)	17:16.0	4:30.6	6:56.1	4:19.0
237 HILL, Chandler	7	121	Christiansburg Midd	(144)	17:16.4	4:31.0	6:56.2	4:19.1
238 JARVIS, Sam	8	38	Beverley Manor Mid	(145)	17:16.5	4:31.1	6:56.3	4:19.1
239 LATIMER, George	6	347	Henley Middle Scho	(146)	17:17.3	4:31.9	6:56.6	4:19.3
240 PETERSEN, Michael	7	813	Veritas School	147	17:19.0	4:33.6	6:57.3	4:19.8
241 HENNING, Jameson	6	530	New Kent	-	17:19.6	4:34.2	6:57.5	4:19.9
242 URBAN, Ryan	8	598	Powhatan Middle S	(148)	17:20.4	4:35.0	6:57.8	4:20.1
243 CROSBY, Jude	7	378	J. Frank Hillyard Mi	-	17:21.4	4:36.0	6:58.2	4:20.4
244 OLIVEIRA, Gryphon	8	188	Dunbar Middle Sch	-	17:21.8	4:36.4	6:58.4	4:20.5
245 WOODWORTH, Fisher	8	431	Kate Collins	149	17:22.5	4:37.1	6:58.7	4:20.6
246 HAMILTON, Wiley	7	13	Appomattox County	150	17:23.1	4:37.7	6:58.9	4:20.8
247 MORAN, Levi	6	690	Skyline Middle Sch	(151)	17:23.2	4:37.8	6:59.0	4:20.8
248 WATERMAN, Peter	8	668	Saint Sebastian Ac	152	17:23.4	4:38.0	6:59.0	4:20.9
249 GALDO, John Paul	6	663	Saint Sebastian Ac	153	17:23.6	4:38.2	6:59.1	4:20.9
250 JOHNSON, Reginald (Rj)	7	101	Christ Chapel Acad	154	17:23.8	4:38.4	6:59.2	4:21.0
251 JACKSON, Kyer	6	424	Kate Collins	155	17:23.9	4:38.5	6:59.2	4:21.0
252 HULLETT, Luke	7	207	Floyd County	156	17:24.9	4:39.5	6:59.6	4:21.2
253 SIEVER, Colton	8	394	J. Frank Hillyard Mi	-	17:25.3	4:39.9	6:59.8	4:21.3
254 KANE, Gray	8	227	Forest Running Clu	-	17:25.4	4:40.0	6:59.8	4:21.4
255 JORGENSON, Ory	6	730	Studley Stingers Ru	-	17:25.5	4:40.1	6:59.9	4:21.4
256 PAAUW, Nathaniel	8	486	Liberty Christian Ac	157	17:26.5	4:41.1	7:00.3	4:21.6
257 MARTIN, Jeremiah	7	532	New Kent	-	17:27.0	4:41.6	7:00.5	4:21.8
258 MCGOVERN, Landon	7	389	J. Frank Hillyard Mi	-	17:27.3	4:41.9	7:00.6	4:21.8
259 FULFORD, Wesley	8	687	Skyline Middle Sch	-	17:28.2	4:42.8	7:01.0	4:22.1
260 GOLON, Ryley	8	838	William Monroe Mid	158	17:28.6	4:43.2	7:01.1	4:22.2
261 RITZ, Henry	7	815	Veritas School	159	17:28.7	4:43.3	7:01.2	4:22.2
262 BARTLEY, Elijah	6	850	Wilson Middle Scho	-	17:29.8	4:44.4	7:01.6	4:22.5
263 HARMAN, Bruce	8	4	Admiral Richard E.	-	17:30.2	4:44.8	7:01.8	4:22.6
264 MADDOX, Devlin	7	760	The Light Academy	-	17:33.9	4:48.5	7:03.3	4:23.5
265 ANAND, Arjun	8	654	Saint Christopher's	-	17:34.5	4:49.1	7:03.5	4:23.6
266 SHEPPARD, James	7	29	Auburn Middle Sch	160	17:35.8	4:50.4	7:04.0	4:24.0
267 KING, Kayden	6	719	Stuarts Draft Middle	161	17:36.8	4:51.4	7:04.4	4:24.2
268 DUNN, Sam	8	116	Christiansburg Midd	(162)	17:37.6	4:52.2	7:04.7	4:24.4
269 SPAUDLING, Brennan	7	313	Greater Williamsbur	-	17:37.7	4:52.3	7:04.8	4:24.4
270 ZUNIGA, Marcel	7	695	Skyline Middle Sch	-	17:40.4	4:55.0	7:05.9	4:25.1
271 HENRY, Trevor	8	583	Pacers Homeschool	(163)	17:42.1	4:56.7	7:06.5	4:25.5
272 BUNN, Nicholas	8	684	Skyline Middle Sch	-	17:42.2	4:56.8	7:06.6	4:25.6
273 HANRAHAN, Gibby	8	812	Veritas School	164	17:43.5	4:58.1	7:07.1	4:25.9
274 BOYD, Cooper	FR	35	Beverley Manor Mid	(165)	17:44.3	4:58.9	7:07.4	4:26.1
275 OTERO CRUZ, Essair		917	Dale City Lightning	-	17:45.0	4:59.6	7:07.7	4:26.3
276 ALONSO, Emilio	6	133	Cornerstone Christi	166	17:46.1	5:00.7	7:08.2	4:26.5

# VIRGINIA MIDDLE SCHOOL STATE CHAMPIONSHIPS

Mechanicsville, VA

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## Race #4 Boys Championship 4k

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
277 GIBBS, Jackson	8	225	Forest Running Clu	-	17:46.2	5:00.8	7:08.2	4:26.6
278 MACK, Truman	6	858	Wilson Middle Scho	-	17:46.6	5:01.2	7:08.4	4:26.7
279 WINGFIELD, Daniel	8	421	John Marshall	-	17:49.2	5:03.8	7:09.4	4:27.3
280 COPELAND, Latham	6	685	Skyline Middle Sch	-	17:49.9	5:04.5	7:09.7	4:27.5
281 JENKINS, Carter	8	689	Skyline Middle Sch	-	17:50.9	5:05.5	7:10.1	4:27.7
282 YUN, Liam	8	694	Skyline Middle Sch	-	17:51.4	5:06.0	7:10.3	4:27.9
283 OWEN, William	8	15	Appomattox County	167	17:53.5	5:08.1	7:11.1	4:28.4
284 KEITH, Josiah	8	228	Forest Running Clu	-	17:53.6	5:08.2	7:11.2	4:28.4
285 JONES, Marley	7	713	Stewart Middle Sch	-	17:56.5	5:11.1	7:12.3	4:29.1
286 BROWN, Seth	7	851	Wilson Middle Scho	-	17:57.5	5:12.1	7:12.7	4:29.4
287 MOYE, Jayce	6	621	Pulaski County	168	17:59.1	5:13.7	7:13.4	4:29.8
288 SANDERS, Andrew	6	75	Cave Spring High S	169	18:00.8	5:15.4	7:14.1	4:30.2
289 DODSON, Flynn	7	933	St. Benedict Catholi	-	18:01.8	5:16.4	7:14.5	4:30.5
290 COURTNEY, Hudson	7	135	Cornerstone Christi	170	18:01.9	5:16.5	7:14.5	4:30.5
291 BLUMBERG, Hezekiah	7	755	Teach Beach Break	-	18:04.3	5:18.9	7:15.5	4:31.1
292 GALINDO, Josiah	7	99	Christ Chapel Acad	171	18:06.5	5:21.1	7:16.3	4:31.6
293 OSARIO, Julian	6	391	J. Frank Hillyard Mi	-	18:06.6	5:21.2	7:16.4	4:31.7
294 TESAURO, Joseph	7	212	Floyd County	172	18:07.2	5:21.8	7:16.6	4:31.8
295 ROGERS, Ian	7	722	Stuarts Draft Middle	173	18:08.7	5:23.3	7:17.2	4:32.2
296 BASAL, Ethan	6	835	William Monroe Mid	174	18:10.3	5:24.9	7:17.9	4:32.6
297 KAY, Jacob	8	158	Cumberland Runnin	40	18:10.4	5:25.0	7:17.9	4:32.6
298 BLAKE, Ryan	8	415	James River Eagles	175	18:12.0	5:26.6	7:18.6	4:33.0
299 WHITEHURST, Beckett	6	640	Rappahannock Osp	-	18:12.2	5:26.8	7:18.6	4:33.1
300 RUSSELL, Dylan	8	91	Charlottesville Cath	176	18:13.3	5:27.9	7:19.1	4:33.3
301 BRANDOW, James	6	114	Christiansburg Midd	-	18:13.8	5:28.4	7:19.3	4:33.5
302 QUILLEN, Chandler	8	159	Cumberland Runnin	41	18:15.0	5:29.6	7:19.8	4:33.8
303 CUNDY, Ford	6	674	Shelburne Middle S	177	18:16.4	5:31.0	7:20.3	4:34.1
304 STULL, Jj	8	756	Teach Beach Break	-	18:18.2	5:32.8	7:21.0	4:34.6
305 TAYLOR, Cooper	6	123	Christiansburg Midd	-	18:20.1	5:34.7	7:21.8	4:35.0
306 LAWLER, Billy	8	278	Frederick County Mi	178	18:21.4	5:36.0	7:22.3	4:35.4
307 WOODS, Edmund	8	841	William Monroe Mid	179	18:23.6	5:38.2	7:23.2	4:35.9
308 PUMPHREY, Matthew	7	860	Wilson Middle Scho	-	18:30.7	5:45.3	7:26.1	4:37.7
309 SHERMAN, Kellen	7	865	Wilson Middle Scho	-	18:30.8	5:45.4	7:26.1	4:37.7
310 BIESTERVELD, Joshua	7	202	Floyd County	180	18:33.6	5:48.2	7:27.2	4:38.4
311 COOKE, Sebastian		916	Dale City Lightning	-	18:34.1	5:48.7	7:27.4	4:38.5
312 BREEDEN, Elijah	5	549	NOVA AC	-	18:34.3	5:48.9	7:27.5	4:38.6
313 SMITH, Reid	8	41	Beverley Manor Mid	-	18:42.2	5:56.8	7:30.7	4:40.6
314 REEVES, Samson	8	666	Saint Sebastian Ac	(181)	18:44.4	5:59.0	7:31.6	4:41.1
315 FLETCHER, Lincoln	6	380	J. Frank Hillyard Mi	-	18:44.5	5:59.1	7:31.6	4:41.1
316 FLORA, Eli	6	382	J. Frank Hillyard Mi	-	18:44.8	5:59.4	7:31.7	4:41.2
317 NOBLES, Zaden	7	428	Kate Collins	182	18:45.3	5:59.9	7:31.9	4:41.3
318 KOENIG, Mason	6	426	Kate Collins	183	18:47.7	6:02.3	7:32.9	4:41.9
319 HUGGI, Noah	7	385	J. Frank Hillyard Mi	-	18:47.8	6:02.4	7:32.9	4:42.0
320 ALLAM, Isaac	8	809	Veritas School	184	18:52.1	6:06.7	7:34.7	4:43.0
321 ARMIJO, Alexander	7	628	Rappahannock Osp	-	18:53.3	6:07.9	7:35.1	4:43.3
322 OSBORNE, John	7	622	Pulaski County	185	18:55.1	6:09.7	7:35.9	4:43.8

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## Race #4 Boys Championship 4k

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
323 SCHUMANN, Bryce	8	211	Floyd County	186	18:55.2	6:09.8	7:35.9	4:43.8
324 AYERS, Austin	7	293	Glenvar High Schoo	(187)	18:55.7	6:10.3	7:36.1	4:43.9
325 SMITH, Levi	8	429	Kate Collins	(188)	18:56.2	6:10.8	7:36.3	4:44.1
326 PITTMAN, Gabriel	8	416	James River Eagles	189	18:56.3	6:10.9	7:36.3	4:44.1
327 BORKOWSKI, Devon	7	113	Christiansburg Midd	-	18:58.6	6:13.2	7:37.3	4:44.7
328 SHAVER, Emmett	6	863	Wilson Middle Scho	-	19:00.3	6:14.9	7:38.0	4:45.1
329 HAMILTON, Ryder	8	11	Appomattox County	190	19:01.4	6:16.0	7:38.4	4:45.4
330 UNDERHILL, Grayson	8	139	Cornerstone Christi	191	19:05.6	6:20.2	7:40.1	4:46.4
331 WALLACE, Johnny	8	914	Smithfield Middle	(192)	19:06.7	6:21.3	7:40.5	4:46.7
332 BECKMAN, Connor	7	342	Henley Middle Scho	-	19:07.9	6:22.5	7:41.0	4:47.0
333 HELTON, Jack	6	169	Daniel Morgan Midd	(193)	19:08.7	6:23.3	7:41.3	4:47.2
334 CANDIS, Alrico	8	905	Smithfield Middle	(194)	19:09.2	6:23.8	7:41.5	4:47.3
335 HERSH, Charlie	6	137	Cornerstone Christi	195	19:11.2	6:25.8	7:42.3	4:47.8
336 HARRIS, Oliver	7	631	Rappahannock Osp	-	19:11.6	6:26.2	7:42.5	4:47.9
337 ENGLER, Noah	6	729	Studley Stingers Ru	-	19:12.7	6:27.3	7:42.9	4:48.2
338 REGENSBURG, Noah		940	Unattached	-	19:12.8	6:27.4	7:43.0	4:48.2
339 BAKER, Evan	7	21	Auburn Middle Sch	196	19:13.0	6:27.6	7:43.1	4:48.3
340 BEACH, Camden	6	671	Shelburne Middle S	197	19:15.0	6:29.6	7:43.9	4:48.8
341 RIDDLE, Nathaniel	7	417	James River Eagles	198	19:15.5	6:30.1	7:44.1	4:48.9
342 DELGADO, Levi	FR	247	Fpyc Cheetahs	42	19:16.4	6:31.0	7:44.4	4:49.1
343 ROBINSON, Tristan	7	103	Christ Chapel Acad	199	19:16.6	6:31.2	7:44.5	4:49.2
344 SPECIALE, Nicholas	7	104	Christ Chapel Acad	200	19:17.3	6:31.9	7:44.8	4:49.3
345 SCHULTZ, Declan	5	573	Our Lady of Mount	201	19:20.5	6:35.1	7:46.1	4:50.1
346 KISSELL, Ethan	8	71	Cave Spring High S	(202)	19:23.7	6:38.3	7:47.3	4:50.9
347 SCHALLON, Lucas	6	92	Charlottesville Cath	203	19:24.4	6:39.0	7:47.6	4:51.1
348 VARNER, Laylon	6	867	Wilson Middle Scho	-	19:27.1	6:41.7	7:48.7	4:51.8
349 DINWIDDIE, Mason	8	482	Liberty Christian Ac	204	19:27.9	6:42.5	7:49.0	4:52.0
350 SHRUM, Olin	6	840	William Monroe Mid	(205)	19:28.0	6:42.6	7:49.1	4:52.0
351 PUNUGOTI, Sachal	6	885	XC-Elite	(43)	19:29.3	6:43.9	7:49.6	4:52.3
352 BUSSEY, Steven	8	22	Auburn Middle Sch	206	19:32.2	6:46.8	7:50.8	4:53.1
353 HALL, Cormick	8	136	Cornerstone Christi	(207)	19:32.3	6:46.9	7:50.8	4:53.1
354 DUNN, Peter	6	115	Christiansburg Midd	-	19:32.7	6:47.3	7:51.0	4:53.2
355 BOOTH, Caleb	8	203	Floyd County	(208)	19:33.8	6:48.4	7:51.4	4:53.5
356 RAMEY, Zachary	6	721	Stuarts Draft Middle	(209)	19:34.3	6:48.9	7:51.6	4:53.6
357 LYLE, Gabriel	8	230	Forest Running Clu	-	19:34.4	6:49.0	7:51.6	4:53.6
358 HYLTON, Reed	8	924	Raider Nation TC	-	19:35.2	6:49.8	7:52.0	4:53.8
359 SHOMO, Weston	7	40	Beverley Manor Mid	-	19:36.2	6:50.8	7:52.4	4:54.1
360 VALERIO, Noah	5	574	Our Lady of Mount	210	19:37.2	6:51.8	7:52.8	4:54.3
361 COMEAUX, Elias	6	134	Cornerstone Christi	(211)	19:41.7	6:56.3	7:54.6	4:55.4
362 PIEPGRASS, Jackson	8	814	Veritas School	(212)	19:43.5	6:58.1	7:55.3	4:55.9
363 COULSTON, Ben	8	204	Floyd County	(213)	19:43.7	6:58.3	7:55.4	4:55.9
364 BAUGHER, Christian	7	272	Frederick County Mi	214	19:45.2	6:59.8	7:56.0	4:56.3
365 PERDUE, Asa	7	210	Floyd County	-	19:45.4	7:00.0	7:56.1	4:56.4
366 GILBERG, Jacob	7	249	Fpyc Cheetahs	(44)	19:48.0	7:02.6	7:57.1	4:57.0
367 GREER, Mason	6	839	William Monroe Mid	(215)	19:50.7	7:05.3	7:58.2	4:57.7
368 MILLER, Landon	8	27	Auburn Middle Sch	216	19:52.3	7:06.9	7:58.8	4:58.1



# VIRGINIA MIDDLE SCHOOL STATE CHAMPIONSHIPS

Mechanicsville, VA

Pole Green Park

Saturday, October 21, 2023



OFFICIAL MEET REPORT

printed: 10/21/2023 6:03 PM

## Race #4 Boys Championship 4k

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
369 KNIGHT, William	6	387	J. Frank Hillyard Mi	-	19:58.4	7:13.0	8:01.3	4:59.6
370 HOUCHINS, Dylan	7	331	Grove Christian Sch	-	19:58.7	7:13.3	8:01.4	4:59.7
371 DEAN, Alex	8	852	Wilson Middle Scho	-	20:06.6	7:21.2	8:04.6	5:01.7
372 HOWITT, Tyler	6	70	Cave Spring High S	(217)	20:09.7	7:24.3	8:05.8	5:02.4
373 REEVES, Elijah	8	665	Saint Sebastian Ac	(218)	20:12.1	7:26.7	8:06.8	5:03.0
374 ZIKES, Greysen	6	30	Auburn Middle Sch	(219)	20:12.7	7:27.3	8:07.0	5:03.2
375 ROBERTS, Ezra	6	487	Liberty Christian Ac	220	20:14.5	7:29.1	8:07.8	5:03.6
376 PHILLIPS, Joseph	7	373	Isle of Wight Acade	-	20:16.2	7:30.8	8:08.4	5:04.1
377 KRANTZ, Drew	6	388	J. Frank Hillyard Mi	-	20:24.9	7:39.5	8:11.9	5:06.2
378 NICHOLS, Aaron	7	209	Floyd County	-	20:25.3	7:39.9	8:12.1	5:06.3
379 LANG, Harold	8	250	Fpyc Cheetahs	(45)	20:27.1	7:41.7	8:12.8	5:06.8
380 CORCORAN, Colin	6	422	Kate Collins	(221)	20:27.9	7:42.5	8:13.1	5:07.0
381 FORBUS, Cole	8	854	Wilson Middle Scho	-	20:31.5	7:46.1	8:14.6	5:07.9
382 HAHN, Liam	7	187	Dunbar Middle Sch	-	20:34.3	7:48.9	8:15.7	5:08.6
383 EUTSLER, Jace	7	379	J. Frank Hillyard Mi	-	20:42.1	7:56.7	8:18.8	5:10.5
384 MORAN, Treanor	7	348	Henley Middle Scho	-	20:58.4	8:13.0	8:25.4	5:14.6
385 LEMASTERS-STOVER, Luk	7	371	Isle of Wight Acade	-	20:58.5	8:13.1	8:25.4	5:14.6
386 CORELL, Daniel	6	743	Tazewell	-	21:10.8	8:25.4	8:30.4	5:17.7
387 STOUGH, Noah	6	160	Cumberland Runnin	(46)	21:13.5	8:28.1	8:31.4	5:18.4
388 EDGELL, Jacob	7	483	Liberty Christian Ac	(222)	21:15.1	8:29.7	8:32.1	5:18.8
389 CLENDENON, Carter	8	23	Auburn Middle Sch	(223)	21:19.4	8:34.0	8:33.8	5:19.9
390 POLLITT, Jackson	7	73	Cave Spring High S	-	21:20.3	8:34.9	8:34.2	5:20.1
391 HARMON, Chris	8	100	Christ Chapel Acad	224	21:23.3	8:37.9	8:35.4	5:20.8
392 AERAN, Finnegan	7	481	Liberty Christian Ac	(225)	21:26.6	8:41.2	8:36.7	5:21.7
393 HASH, Christian	6	26	Auburn Middle Sch	-	21:28.1	8:42.7	8:37.3	5:22.0
394 MCLEAN, Atticus	6	572	Our Lady of Mount	226	21:29.1	8:43.7	8:37.7	5:22.3
395 MORA, Jayden	7	102	Christ Chapel Acad	(227)	21:33.6	8:48.2	8:39.5	5:23.4
396 MCCANN, Gavin	6	744	Tazewell	-	21:39.2	8:53.8	8:41.8	5:24.8
397 MARTIN, Jaiden	8	912	Smithfield Middle	-	21:49.1	9:03.7	8:45.7	5:27.3
398 BOLTON, Liam	7	343	Henley Middle Scho	-	21:59.2	9:13.8	8:49.8	5:29.8
399 WHITACRE, Luke	8	178	Daniel Morgan Midd	-	22:34.3	9:48.9	9:03.9	5:38.6
400 BREEDEN, Titus	3	550	NOVA AC	-	22:36.2	9:50.8	9:04.7	5:39.1
401 BURNETT, Robert	6	86	Charlottesville Cath	(228)	22:36.6	9:51.2	9:04.8	5:39.2
402 KIRBY-YODER, Jasper	6	170	Daniel Morgan Midd	-	22:39.8	9:54.4	9:06.1	5:40.0
403 WILLIAMS, Naim	8	420	John Marshall	-	22:44.8	9:59.4	9:08.1	5:41.2
404 KINDER, Ethan	7	620	Pulaski County	(229)	23:11.7	10:26.3	9:18.9	5:47.9
405 KING, Joey	6	571	Our Lady of Mount	230	23:18.8	10:33.4	9:21.8	5:49.7
406 YODER, Huw	6	189	Dunbar Middle Sch	-	24:09.7	11:24.3	9:42.2	6:02.4
407 SAUCEDO-SATO, Saul	8	174	Daniel Morgan Midd	-	24:24.6	11:39.2	9:48.2	6:06.2
408 HYLAND, Liam	7	569	Our Lady of Mount	(231)	24:33.8	11:48.4	9:51.9	6:08.5
409 RADIK, Kole	8	913	Smithfield Middle	-	24:35.4	11:50.0	9:52.5	6:08.9
410 FLORES, Taybes	7	423	Kate Collins	-	24:58.8	12:13.4	10:01.9	6:14.7
411 SMITH, Parker	8	816	Veritas School	(232)	25:38.4	12:53.0	10:17.8	6:24.6
412 JACKSON, Anthony	7	64	Brookville Middle S	-	25:55.3	13:09.9	10:24.6	6:28.8
413 HUBBARD, Caleb	7	206	Floyd County	-	29:16.3	16:30.9	11:45.3	7:19.1