

3rd Annual Brant Tolsma Invitational

January 19th-21st, 2023 *Final* Time Schedule



Thursday, January 19th, 2023

Thursday Events- Hept/Pent	
11:00 AM	Pentathlon 60mH (Section 1)
11:40 AM	Pentathlon HJ (Section 1)
12:45 PM	Heptathlon 60m
1:00 PM	Pentathlon 60mH (Section 2)
1:20 PM	Heptathlon LJ
1:20 PM	Pentathlon SP (Section 1)
1:45 PM	Pentathlon HJ (Section 2)
2:30 PM	Heptathlon SP
2:30 PM	Pentathlon LJ (Section 1)
3:30 PM	Pentathlon SP (Section 2)
3:40 PM	Pentathlon 800 m (Section 1)
3:40 PM	Heptathlon HJ
4:30 PM	Pentathlon LJ (Section 2)
5:30 PM	Pentathlon 800 m (Section 2)

Friday, January 20th, 2023

Friday Hept Events	
12:00 PM	Heptathlon 60mH
12:45 PM	Heptathlon PV
3:30 PM	Heptathlon 1000

Friday Field Events	
3:00 PM	Men's Weight Throw
3:00 PM	Women's Long Jump
4:30 PM	Womens PV (Open Section-3.70m and below)
4:30 PM	Women's Weight Throw
5:00 PM	Men's Long Jump

Friday Running Events	
6:00 PM	200m Dash (Men) Final
6:20 PM	200m Dash (Women) Final
6:45 PM	3000m Run (Men) Final
7:10 PM	3000m Run (Women) Final
7:30 PM	5000m Run (Men) Final
7:50 PM	5000m Run (Women) Final

Saturday January 21st, 2023

Saturday Field Events	
11:00 AM	Women's High Jump (Men to Follow)
	Women's Shot Put
	Men's Triple Jump (Women to Follow)
11:30 AM	Women's PV (Invitational Section-3.78m and above)
12:45 PM	Women's Triple Jump (Following Men's TJ)
1:00 PM	Men's Shot Put (Following Women's SP)
1:15 PM	Mens HJ (Following Women's HJ)
2:30 PM	Men's PV (Following Women's PV)

Saturday Running Events	
10:50 AM	National Anthem and Prayer
11:00 AM	60m Hurdles (Women) Prelims
11:20 AM	60m Hurdles (Men) Prelims
11:35 AM	Mile Run (Women) Final
12:00 PM	60m Dash (Men) Prelim
12:15 PM	60m Dash (Women) Prelim
12:30 PM	60m Hurdles (Men/Women) Final
12:45 PM	Mile Run (Men) Final
1:10 PM	60m Dash (Men/Women) Final
1:30 PM	400m Dash (Men) Final
1:55 PM	400m Dash (Women) Final
2:30 PM	800m Run (Men) Final
2:45 PM	800m Run (Women) Final
3:10 PM	1000m Run (Men) Final
3:20 PM	1000m Run (Women) Final
3:50 PM	4X400m Relay (Men) Final
4:10 PM	4X400m Relay (Women) Final

