

**LAST CHANCE XC CHAMPIONSHIPS 2023**

Clark, NJ

Oak Ridge Park

Sunday, November 12, 2023

**OFFICIAL MEET REPORT**

printed: 11/12/2023 12:57 PM

**Race #7**  
**Middle School Girls 3k****Final Results****INDIVIDUAL RESULTS**

| Athlete             | YR | #   | Team               | Score | Time     | Gap     | Avg. Mile | Avg. km |
|---------------------|----|-----|--------------------|-------|----------|---------|-----------|---------|
| 1 Oakes, Sailor     |    | 158 | Unattached         | -     | 12:09.92 | ---     | 6:32.4    | 4:03.3  |
| 2 Jang, Eleanor     |    | 156 | Unattached         | -     | 12:17.05 | 7.13    | 6:36.3    | 4:05.7  |
| 3 Colella, Brooke   |    | 140 | Westwood Cross C   | -     | 12:18.99 | 9.07    | 6:37.3    | 4:06.3  |
| 4 Harrahy, Grace    |    | 141 | Westwood Cross C   | -     | 12:39.18 | 29.26   | 6:48.2    | 4:13.1  |
| 5 Liberato, Ava     |    | 76  | Lakeland Track Clu | -     | 13:56.36 | 1:46.44 | 7:29.7    | 4:38.8  |
| 6 Zapata, Zoe       |    | 142 | Westwood Cross C   | -     | 14:17.47 | 2:07.55 | 7:41.0    | 4:45.8  |
| 7 Mckoy, Caitlyn    |    | 131 | Transy East Track  | -     | 15:01.48 | 2:51.56 | 8:04.7    | 5:00.5  |
| 8 Jackson, Veronica |    | 129 | Transy East Track  | -     | 15:33.78 | 3:23.86 | 8:22.0    | 5:11.3  |
| 9 McBean, London    |    | 130 | Transy East Track  | -     | 17:52.00 | 5:42.08 | 9:36.3    | 5:57.3  |