

Conference Carolinas Championships - 4/29/2023

Doug Shaw Memorial Stadium

Results

Women 100 Meter Dash

Meet: 11.79 \$ 2018 Brown
 Stadium: 11.35 @
 Conference: 11.53 #
 Provo: 11.85 *

Name	School	Prelims
Preliminaries		
1	Reeves, Jaylin	Mount Olive 11.84Q3.1
2	Onwuzuruike, Mycherie	Southern Wes 11.89Q1.7
3	Okoduwa, Eseose	Converse 11.90Q1.9
4	Cox, Tiara	North Greenv 11.94q 1.7
5	Evans, Mahala	Unc Pembroke 11.97q 1.9
6	Howell, Jamesha	Mount Olive 12.03q 3.1
7	Wilson, Makayla	Southern Wes 12.18q 1.7
8	Boyd, Krishayla	Converse 12.19q 3.1
9	Pittman, Jada	Southern Wes 12.21 3.1
10	Asoburuenwu, Chianel	Mount Olive 12.25 1.9
11	Smiling, JoAnn	North Greenv 12.26 1.9
12	Thomas, Jaela	Unc Pembroke 12.28 1.7
13	Heckstall, Aniya	Barton 12.49 3.1
14	Rauf, Indira	Barton 12.53 1.9
15	Griffin, Madison	Converse 12.57 1.7
16	Taylor, Symone	Lees-McRae 12.88 1.9
17	Blackwell, Bethany	Barton 12.97 1.7
18	Cofield-Jackson, Eshone	Lees-McRae 13.03 3.1
19	Wilson, Jada	North Greenv 13.36 3.1
20	Faulk, Shanekera	Belmont Abbe 13.66 1.7
21	Fallon, Mary	Belmont Abbe 13.80 1.9

Women 100 Meter Dash

Meet: 11.79 \$ 2018 Brown
 Stadium: 11.35 @
 Conference: 11.53 #
 Provo: 11.85 *

Name	School	Finals
Finals		
1	Reeves, Jaylin	Mount Olive 11.59 10
2	Onwuzuruike, Mycherie	Southern Wes 11.66 8
3	Okoduwa, Eseose	Converse 11.73 6
4	Cox, Tiara	North Greenv 11.89 5
5	Evans, Mahala	Unc Pembroke 12.00 4
6	Howell, Jamesha	Mount Olive 12.13 3
7	Wilson, Makayla	Southern Wes 12.17 2
8	Boyd, Krishayla	Converse 12.19 1

Women 200 Meter Dash

Meet: 23.99 \$
 Stadium: 23.28 @
 Conference: 23.38 #
 Provo: 24.34 *

Name	School	Prelims
Preliminaries		
1	Okoduwa, Eseose	Converse 24.63Q2.9
2	Reeves, Jaylin	Mount Olive 24.66Q0.5
3	Thomas, Jaela	Unc Pembroke 25.13Q1.3

4	Boyd, Krishayla	Converse 25.35Q1.9
5	Moody, Jaiden	Mount Olive 24.72q 0.5
6	Hill, Hannah	North Greenv 25.13q 0.5
7	Cox, Tiara	North Greenv 25.13q 1.3
8	Briggs, Vinesha	Mount Olive 25.33q 2.9
9	Marlow, Deborah	Southern Wes 25.34 1.3
10	Heckstall, Aniya	Barton 25.58 1.9
11	Evans, Mahala	Unc Pembroke 25.69 1.9
12	Rauf, Indira	Barton 25.85 2.9
13	Bacchus, Nyree	Unc Pembroke 25.94 2.9
14	Griffin, Madison	Converse 26.31 0.5
15	Tutt, Keiarra	Barton 26.32 0.5
16	Chestnut, Sekyah	Belmont Abbe 26.37 1.9
17	Murray, Priya	Belmont Abbe 26.87 2.9
18	Cofield-Jackson, Eshone	Lees-McRae 26.96 1.3
19	Askins, Vasey	Emmanuel (Ga) 27.58 2.9
20	Christian, Emily	King 27.77 1.3
21	Wilson, Jada	North Greenv 28.03 0.5
22	Taylor, Symone	Lees-McRae 28.05 1.9
23	Brannon, Makenzi	Belmont Abbe 28.31 0.5
24	Teske, Elesya	Emmanuel (Ga) 29.64 1.9

Women 200 Meter Dash

Meet: 23.99 \$
 Stadium: 23.28 @
 Conference: 23.38 #
 Provo: 24.34 *

Name	School	Finals
Finals		
1	Reeves, Jaylin	Mount Olive 24.40 10
2	Okoduwa, Eseose	Converse 24.60 8
3	Hill, Hannah	North Greenv 24.82 6
4	Moody, Jaiden	Mount Olive 24.86 5
5	Cox, Tiara	North Greenv 24.87 4
6	Thomas, Jaela	Unc Pembroke 25.17 3
7	Boyd, Krishayla	Converse 25.41 2
8	Briggs, Vinesha	Mount Olive 25.66 1

Women 400 Meter Dash

Meet: 55.08 \$ 2021 Wright
 Stadium: 52.84 @
 Conference: 54.43 #
 Provo: 56.00 *

Name	School	Prelims
Preliminaries		
1	Moody, Jaiden	Mount Olive 57.20Q
2	Beugre, Michele	Southern Wes 57.53Q
3	Wright, Cierra	Southern Wes 57.63Q
4	Bacchus, Nyree	Unc Pembroke 57.52q
5	Briggs, Vinesha	Mount Olive 57.73q
6	Wilson, Natalyah	Mount Olive 58.26q
7	Hill, Hannah	North Greenv 58.29q
8	Grey, Shanyia	Converse 59.20q
9	Johnson, Kyla	Southern Wes 59.48
10	Shuford, Kirsten	Unc Pembroke 59.48
11	Jackson, Leisha	Unc Pembroke 1:01.28

Conference Carolinas Championships - 4/29/2023

Doug Shaw Memorial Stadium

Results

Preliminaries ... (Women 400 Meter Dash)

Name	School	Prelims
12 Chestnut, Sekyah	Belmont Abbe	1:02.29
13 Irizarry, Melanie	North Greenv	1:03.84
14 Fallon, Mary	Belmont Abbe	1:05.00
15 Askins, Vasey	Emmanuel (Ga	1:05.38
16 Perry, MacKinley	Francis Mari	1:06.29
17 Ellis, Tamiya	Belmont Abbe	1:07.36
18 Haller, Destiny	King	1:11.30
19 Dula, Paiden	Lees-McRae	1:21.51

Women 400 Meter Dash

Meet: 55.08 \$ 2021 Wright
 Stadium: 52.84 @
 Conference: 54.43 #
 Provo: 56.00 *

Name	School	Finals
Finals		
1 Beugre, Michele	Southern Wes	55.60* 10
2 Hill, Hannah	North Greenv	56.40 8
3 Moody, Jaiden	Mount Olive	56.46 6
4 Briggs, Vinesha	Mount Olive	56.51 5
5 Wilson, Natalyah	Mount Olive	56.69 4
6 Bacchus, Nyree	Unc Pembroke	57.62 3
7 Grey, Shanyia	Converse	58.65 2
8 Wright, Cierra	Southern Wes	1:00.47 1

Women 800 Meter Run

Meet: 2:14.91 \$
 Stadium: 2:09.20 @
 Conference: 2:09.15 #
 Provo: 2:12.23 *

Name	School	Prelims
Preliminaries		
1 Spijker, Ruth	Converse	2:20.08Q
2 Neubert, Katy	King	2:23.09Q
3 Robinson, Bayley	Converse	2:25.31Q
4 Fleurilus, Celine	Mount Olive	2:21.95q
5 Dille, Campbell	Lees-McRae	2:25.20q
6 Zavala, Lycia	Southern Wes	2:25.54q
7 Van Dine, Julia	Unc Pembroke	2:25.62q
8 Quinn, Maddie	Lees-McRae	2:29.43q
9 Russell, Hailey	Barton	2:32.26
10 Moise, Jaqueeta	Unc Pembroke	2:32.35
11 Labrant, Ava	Southern Wes	2:36.94
12 King, Kayla	Barton	2:37.76
13 Gonzalez, Juliana	North Greenv	2:38.59
14 Farmer, Taylor	Emmanuel (Ga	2:38.94
15 Baird, Maura	Belmont Abbe	2:39.91
16 Kimaiyo, Damaris	Emmanuel (Ga	2:40.95
17 James-Creech, Angela	Barton	2:41.06
18 Gidney, Christiana	North Greenv	2:41.64
19 Zuniga, Mia	Belmont Abbe	2:46.14
20 Trent, Paige	North Greenv	3:01.69

Women 800 Meter Run

Meet: 2:14.91 \$
 Stadium: 2:09.20 @
 Conference: 2:09.15 #
 Provo: 2:12.23 *

Name	School	Finals
Finals		
1 Spijker, Ruth	Converse	2:15.97 10
2 Fleurilus, Celine	Mount Olive	2:18.63 8
3 Neubert, Katy	King	2:19.34 6
4 Van Dine, Julia	Unc Pembroke	2:22.94 5
5 Robinson, Bayley	Converse	2:23.46 4
6 Dille, Campbell	Lees-McRae	2:24.79 3
7 Quinn, Maddie	Lees-McRae	2:26.78 2
8 Zavala, Lycia	Southern Wes	2:35.37 1

Women 1500 Meter Run

Meet: 4:43.81 \$ 2017 Henry
 Stadium: 4:25.92 @
 Conference: 4:24.52 #
 Provo: 4:32.09 *

Name	School	Prelims
Preliminaries		
1 Shope, Avery	North Greenv	4:57.26Q
2 Nicholson, Riley	North Greenv	4:58.39Q
3 Spijker, Ruth	Converse	4:59.29Q
4 Kosgei, Jackline	Unc Pembroke	4:59.98Q
5 Weider, Olivia	Emmanuel (Ga	5:00.52Q
6 Dixon, Kamille	Converse	5:00.53Q
7 Morgan, Macey	Southern Wes	5:00.80Q
8 Zuniga, Mia	Belmont Abbe	5:03.40Q
9 Van Dine, Julia	Unc Pembroke	5:01.55q
10 Schrubb, Cassandra	Barton	5:06.38q
11 Sulton, Ciara	Mount Olive	5:07.08q
12 Thompson, Katherine	Erskine	5:09.28q
13 Lowery, Amanda	King	5:11.31
14 Futrell, Kylie	North Greenv	5:11.40
15 Smith, Merritt	Southern Wes	5:16.91
16 Beatty, Lauren	Converse	5:17.08
17 Russell, Hailey	Barton	5:19.27
18 Faulkner, Raleigh	Erskine	5:22.59
19 Perez, Betsy	Emmanuel (Ga	5:35.49
20 Justice, Zoie	North Greenv	5:35.82
21 Hansen, Katie	Barton	5:40.63
22 Bowers, Becca	Erskine	5:48.58
23 Deveau, Annika	Belmont Abbe	6:06.17

Women 1500 Meter Run

Meet: 4:43.81 \$ 2017 Henry
 Stadium: 4:25.92 @
 Conference: 4:24.52 #
 Provo: 4:32.09 *

Name	School	Finals
Finals		
1 Spijker, Ruth	Converse	4:52.84 10

Conference Carolinas Championships - 4/29/2023

Doug Shaw Memorial Stadium

Results

Finals ... (Women 1500 Meter Run)

Name	School	Finals	
2 Shope, Avery	North Greenv	4:55.86	8
3 Nicholson, Riley	North Greenv	4:57.15	6
4 Dixon, Kamille	Converse	5:03.49	5
5 Thompson, Katherine	Erskine	5:04.81	4
6 Van Dine, Julia	Unc Pembroke	5:04.88	3
7 Weider, Olivia	Emmanuel (Ga)	5:07.10	2
8 Schrubb, Cassandra	Barton	5:07.49	1
9 Morgan, Macey	Southern Wes	5:08.49	
10 Kosgei, Jackline	Unc Pembroke	5:09.40	
11 Sulton, Ciara	Mount Olive	5:13.39	
12 Zuniga, Mia	Belmont Abbe	5:15.48	

Women 5000 Meter Run

Meet: 18:09.81 \$ 2013 Witt
 Stadium: 16:39.89 @
 Conference: 16:02.46 #
 Provo: 17:07.10 *

Name	School	Finals	
1 Shope, Avery	North Greenv	19:07.29	10
2 Yego, Sharon	Emmanuel (Ga)	19:13.95	8
3 Betzer, Deanna	Lees-McRae	19:15.76	6
4 Samoei, Valary	Unc Pembroke	19:38.88	5
5 Futrell, Kylie	North Greenv	19:45.31	4
6 Schrubb, Cassandra	Barton	19:46.55	3
7 Rusing, Anna-Fidelia	Converse	19:56.86	2
8 Nicholson, Riley	North Greenv	20:03.17	1
9 Frock, Abbey	Southern Wes	20:09.49	
10 Whitley, Morgan	King	20:18.59	
11 Fleurilus, Celine	Mount Olive	20:34.16	
12 Little, Meghan	Belmont Abbe	20:36.08	
13 Kraver, Kaylee	Lees-McRae	20:44.44	
14 Baldwin, Natalie	Mount Olive	20:54.71	
15 Dixon, Kamille	Converse	20:56.52	
16 Fretwell, Anna	Barton	20:56.92	
17 Haddad, Rebekah	North Greenv	21:02.23	
18 Sulton, Ciara	Mount Olive	21:07.28	
19 Alsup, Paris	North Greenv	21:17.62	
20 Grant, Piper	Converse	21:22.08	
21 Bright, Emma	North Greenv	22:20.56	
22 Thompkins, Carolina	Francis Mari	23:15.09	
--- Willis, Savannah	Belmont Abbe	DNF	

Women 10000 Meter Run

Meet: 35:30.52 \$ 2010 Zeferjahn
 Stadium: 34:51.66 @
 Conference: 33:09.47 #
 Provo: 36:28.87 *

Name	School	Finals	
1 Betzer, Deanna	Lees-McRae	39:36.57	10
2 Rusing, Anna-Fidelia	Converse	41:26.98	8
3 Sosa, Ashley	Converse	41:49.74	6
4 Little, Meghan	Belmont Abbe	42:21.29	5

5 Grant, Piper	Converse	42:30.56	4
6 Willis, Savannah	Belmont Abbe	42:41.12	3
7 Ward, Emily	King	42:54.52	2
8 Alsup, Paris	North Greenv	43:04.65	1
9 Fretwell, Anna	Barton	43:39.31	
10 Haddad, Rebekah	North Greenv	44:54.53	

Women 100 Meter Hurdles

Meet: 13.94 \$
 Stadium: 13.14 @
 Conference: 13.93 #
 Provo: 14.24 *

Name	School	Prelims
1 Myers, Phoebe	Converse	14.28Q1.1
2 Flores, Isabelle	Belmont Abbe	14.51Q3.1
3 Jefferson, Channie	Mount Olive	14.87q 3.1
4 Lay, TraVon	Southern Wes	15.13q 3.1
5 Triggs, Tylyia	Mount Olive	15.36q 3.1
6 Thomas, D'Asia	Converse	15.41q 1.1
7 Colon, Karolina	Belmont Abbe	15.63q 1.1
8 Logue, Zoe	Emmanuel (Ga)	15.73q 1.1
9 Rose, Katlyn	North Greenv	16.99 3.1
10 Thierfelder, Ann	Belmont Abbe	17.03 1.1
11 Christian, Emily	King	17.31 3.1
12 Bright, Madelyn	Emmanuel (Ga)	17.42 1.1
--- Kells, Haley	Belmont Abbe	DNF 3.1

Women 100 Meter Hurdles

Meet: 13.94 \$
 Stadium: 13.14 @
 Conference: 13.93 #
 Provo: 14.24 *

Name	School	Finals
1 Myers, Phoebe	Converse	14.15* 10
2 Flores, Isabelle	Belmont Abbe	14.27 8
3 Jefferson, Channie	Mount Olive	14.56 6
4 Lay, TraVon	Southern Wes	15.01 5
5 Thomas, D'Asia	Converse	15.02 4
6 Triggs, Tylyia	Mount Olive	15.35 3
7 Colon, Karolina	Belmont Abbe	15.37 2
8 Logue, Zoe	Emmanuel (Ga)	15.48 1

Women 400 Meter Hurdles

Meet: 1:00.54 \$
 Stadium: 57.36 @
 Conference: 1:00.02 #
 Provo: 1:02.33 *

Name	School	Prelims
1 Jefferson, Channie	Mount Olive	1:03.98Q
2 Flores, Isabelle	Belmont Abbe	1:04.08Q
3 Lema, Kayla	Southern Wes	1:05.58q
4 White, Olivia	Belmont Abbe	1:06.48q
5 Castillo, Isabela	Southern Wes	1:07.33q

Conference Carolinas Championships - 4/29/2023

Doug Shaw Memorial Stadium

Results

Preliminaries ... (Women 400 Meter Hurdles)

Name	School	Prelims
6 Pemberton, Kiwana	Mount Olive	1:07.43q
7 Vaughn, Carleigh	North Greenv	1:07.45q
8 Bunch, Telina	Barton	1:07.63q
9 Hamrick, Samantha	Mount Olive	1:08.12
10 bracey, Latavia	Converse	1:08.40
11 Whitehead, Antaja	Erskine	1:09.76
12 Colon, Karolina	Belmont Abbe	1:10.42
13 Turner, Paige	Emmanuel (Ga	1:11.77
14 Tate, Lauryn	Southern Wes	1:11.79
15 Rose, Katlyn	North Greenv	1:12.66

Women 400 Meter Hurdles

Meet: 1:00.54 \$
 Stadium: 57.36 @
 Conference: 1:00.02 #
 Provo: 1:02.33 *

Name	School	Finals
Finals		
1 Jefferson, Channie	Mount Olive	59.36# 10
2 Flores, Isabelle	Belmont Abbe	1:00.59* 8
3 Pemberton, Kiwana	Mount Olive	1:04.41 6
4 White, Olivia	Belmont Abbe	1:04.46 5
5 Castillo, Isabela	Southern Wes	1:06.60 4
6 Bunch, Telina	Barton	1:06.88 3
7 Vaughn, Carleigh	North Greenv	1:08.37 2
8 Lema, Kayla	Southern Wes	1:10.15 1

Women 3000 Meter Steeplechase

Meet: 10:18.33 \$ 2018 Hanle
 Stadium: 10:29.26 @
 Conference: 10:04.82 #
 Provo: 11:01.26 *

Name	School	Finals
Finals		
1 Dixon, Kamille	Converse	11:41.16 10
2 Whitley, Morgan	King	11:58.99 8
3 Weider, Olivia	Emmanuel (Ga	12:04.73 6
4 Frock, Abbey	Southern Wes	12:19.40 5
5 Thompson, Katherine	Erskine	12:25.51 4
6 Sulton, Ciara	Mount Olive	12:39.74 3
7 Keller, Sydney	Belmont Abbe	12:39.76 2
8 Bright, Emma	North Greenv	13:07.42 1
9 Miller, Kacey	North Greenv	15:42.78

Women 4x100 Meter Relay

Meet: 45.98 \$ 2019

Beugre, Lewis, King, Trapp

Stadium: 44.65 @
 Conference: 45.83 #
 Provo: 46.23 *

Team	Relay	Finals
Finals		
1 Southern Wesleyan	A	46.02* 10
1) Pittman, Jada	2) Beugre, Michele	
3) Marlow, Deborah	4) Onwuzuruike, Mycherie	
2 Mount Olive	A	46.13* 8
1) Reeves, Jaylin	2) Jefferson, Channie	
3) Moody, Jaiden	4) Howell, Jamesha	
3 Converse	A	47.08 6
1) Morgan, Aaliyah	2) Boyd, Krishayla	
3) Griffin, Madison	4) Okoduwa, Eseose	
4 North Greenville	A	47.26 5
1) Smiling, JoAnn	2) Hill, Hannah	
3) Vaughn, Carleigh	4) Cox, Tiara	
5 Barton	A	48.35 4
1) Blackwell, Bethany	2) Tutt, Keiarra	
3) Heckstall, Aniya	4) Rauf, Indira	
6 Belmont Abbey	A	49.86 3
1) Chestnut, Sekyah	2) White, Olivia	
3) Villanueva, Cristina	4) Murray, Priya	
7 Erskine	A	50.01 2
1) Dotson, Leah	2) Moorer, Tyleah	
3) Whitehead, Antaja	4) Phillips, Mckenna	
8 Emmanuel (Ga.)	A	52.15 1
1) Logue, Zoe	2) Turner, Paige	
3) Bright, Madelyn	4) Askins, Vasey	

Women 4x400 Meter Relay

Meet: 3:49.77 \$ 2019

King, Beugre, Trapp, Lewis

Stadium: 3:36.11 @
 Conference: 3:45.85 #
 Provo: 3:49.58 *

Team	Relay	Finals
Finals		
1 Mount Olive	A	3:53.03 10
1) Wilson, Natalyah	2) Briggs, Vinesha	
3) Moody, Jaiden	4) Jefferson, Channie	
2 North Greenville	A	3:56.71 8
1) Smiling, JoAnn	2) Vaughn, Carleigh	
3) Cox, Tiara	4) Hill, Hannah	
3 Southern Wesleyan	A	4:00.10 6
1) Johnson, Kyla	2) Wright, Cierra	
3) Marlow, Deborah	4) Beugre, Michele	
4 Converse	A	4:00.53 5
1) Boyd, Krishayla	2) bracey, Latavia	
3) Okoduwa, Eseose	4) Grey, Shanyia	

Conference Carolinas Championships - 4/29/2023

Doug Shaw Memorial Stadium

Results

Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals	
5 Belmont Abbey	A	4:04.11	4
1) Chestnut, Sekyah	2) Colon, Karolina		
3) White, Olivia	4) Flores, Isabelle		
6 Barton	A	4:10.51	3
1) Bunch, Telina	2) King, Kayla		
3) Russell, Hailey	4) Heckstall, Aniya		
7 Erskine	A	4:13.05	2
1) Dotson, Leah	2) Whitehead, Antaja		
3) Thompson, Katherine	4) Phillips, Mckenna		
8 King	A	4:19.94	1
1) Christian, Emily	2) Lowery, Amanda		
3) Paulins, Caitlin	4) Neubert, Katy		
9 Emmanuel (Ga.)	A	4:25.47	
1) Logue, Zoe	2) Farmer, Taylor		
3) Moss, Abigail	4) Askins, Vasey		
10 Lees-McRae	A	4:30.01	
1) Taylor, Symone	2) Quinn, Maddie		
3) Rowe, Kaitlyn	4) Dille, Campbell		

Women High Jump

Meet: 1.70m \$
 Stadium: 1.91m @
 Conference: 1.72m #
 Provo: 1.68m *

Name	School	Finals	
Finals			
1 Brown, Jordan	Converse	1.65m	10
2 Myers, Phoebe	Converse	1.54m	8
3 Tuttanon, Macie	Belmont Abbe	1.49m	5.5
3 Hudspeth, Aly	Unc Pembroke	1.49m	5.5
5 Kells, Haley	Belmont Abbe	J1.49m	4
6 Hormazabal, Karla	Mount Olive	J1.49m	2.5
6 Smith, Alyson	Belmont Abbe	J1.49m	2.5
8 Wilson, Natalyah	Mount Olive	J1.49m	0.5
8 Bright, Madelyn	Emmanuel (Ga)	J1.49m	0.5
10 Thomas, D'Asia	Converse	J1.49m	
--- Pitt, Lauryn	Barton		NH
--- Castillo, Isabela	Southern Wes		JNH

Women Pole Vault

Meet: 3.63m \$ 2018 Klefsaas
 Stadium: 4.50m @
 Conference: 3.88m #
 Provo: 3.74m *

Name	School	Finals	
Finals			
1 Paulins, Caitlin	King	3.24m	10
2 Frayer, Trinity	Mount Olive	3.04m	8
3 Walker, Jocelyn	Lees-McRae	2.84m	6
4 Keller, Sydney	Belmont Abbe	2.59m	5
5 Reeping, Taylor	Belmont Abbe	2.44m	4
6 Ormsby, Sara	Unc Pembroke	J2.44m	3
7 Mitchell, Tyra	Lees-McRae	2.29m	2
--- Ellis, Lauren	Emmanuel (Ga)		NH

--- Thompson, Tori Belmont Abbe NH

Women Long Jump

Meet: 5.96m \$
 Stadium: 6.10m @
 Conference: 6.16m #
 Provo: 5.83m *

Name	School	Finals	
Finals			
1 Onwuzuruike, Mycherie	Southern Wes	6.16m	10
2 Smiling, JoAnn	North Greenv	5.67m	8
3 Villanueva, Cristina	Belmont Abbe	5.65m	6
4 Smith, Mora	Mount Olive	5.62m	5
5 Howell, Jamesha	Mount Olive	5.44m	4
6 Heckstall, Aniya	Barton	5.38m	3
7 Jefferson, Channie	Mount Olive	5.37m	2
8 Pittman, Jada	Southern Wes	5.28m	1
9 Mooror, Tyleah	Erskine	5.23m	1.3
10 Dillon, Lora	Lees-McRae	5.22m	1.8
11 Darity, Micaiah	Unc Pembroke	5.06m	2.3
12 Smith, Alyson	Belmont Abbe	4.94m	0.1
13 Teh, Shadaynya	Unc Pembroke	4.78m	2.0
14 Bright, Madelyn	Emmanuel (Ga)	4.74m	1.5
15 Merritt, Ratavia	Unc Pembroke	4.63m	3.5

Women Triple Jump

Meet: 12.37m \$
 Stadium: 13.13m @
 Conference: 12.82m #
 Provo: 11.96m *

Name	School	Finals	
Finals			
1 Smith, Mora	Mount Olive	11.96m	10
2 Dotson, Leah	Erskine	11.87m	8
3 Mooror, Tyleah	Erskine	11.79m	6
4 Onwuzuruike, Mycherie	Southern Wes	11.77m	5
5 Hormazabal, Karla	Mount Olive	11.76m	4
6 Whiteside, Mackenzie	Converse	11.21m	3
7 Dillon, Lora	Lees-McRae	11.15m	2
8 Warren, Nashayla	Converse	11.13m	1
9 Kells, Haley	Belmont Abbe	11.11m	1.9
10 Hatchett, Kiana	Mount Olive	11.04m	1.2
11 Love, Kayla	Southern Wes	10.82m	1.2
12 Green, Keza	Mount Olive	10.50m	1.0
13 Tuttanon, Macie	Belmont Abbe	10.47m	0.5
14 Logue, Zoe	Emmanuel (Ga)	10.33m	0.1
15 Pinckney, Janyia	Converse	10.24m	2.5
16 Howell, Jamesha	Mount Olive	10.23m	1.9

Conference Carolinas Championships - 4/29/2023

Doug Shaw Memorial Stadium

Results

Women Shot Put

Meet: 13.64m \$
 Stadium: 17.15m @
 Conference: 14.04m #
 Provo: 13.95m *

Name	School	Finals
Finals		
1 Keck, Mary Brigid	Mount Olive	12.31m 10
2 Lindsey, Ashley	Mount Olive	12.27m 8
3 Sutton, Kaliya	Mount Olive	12.02m 6
4 Marino, Lillian	Unc Pembroke	11.70m 5
5 Artman, Alycia	Unc Pembroke	11.46m 4
6 Evans, Raigan	Unc Pembroke	11.45m 3
7 Parrish, Katlyn	Mount Olive	11.36m 2
8 Martin, Bella	Converse	10.42m 1
9 Boyd, Madison	Southern Wes	10.36m
10 Thomas, Cynthia	Mount Olive	10.26m
11 Woodruff, Elizabeth	Belmont Abbe	10.24m
12 Blankenship, Annah	King	10.02m
13 Smith, Thialand	Lees-McRae	9.92m
14 Coleman, Adrionna	Southern Wes	9.91m
15 Fripp, Ruthie	King	9.37m
16 Branch, Katie	Belmont Abbe	9.15m
17 Styrnisdottir, Julia	Emmanuel (Ga)	8.32m
18 Davis, Devon	Lees-McRae	7.47m
--- Crawford, Adrienne	Mount Olive	FOUL

Women Discus Throw

Meet: 44.29m \$ 2021 **Brigid Keck**
 Stadium: 58.28m @
 Conference: 45.42m #
 Provo: 45.70m *

Name	School	Finals
Finals		
1 Evans, Raigan	Unc Pembroke	42.41m 10
2 Keck, Mary Brigid	Mount Olive	41.96m 8
3 Marino, Lillian	Unc Pembroke	40.95m 6
4 Coleman, Adrionna	Southern Wes	39.61m 5
5 Lindsey, Ashley	Mount Olive	38.41m 4
6 Boyd, Madison	Southern Wes	38.30m 3
7 Crawford, Adrienne	Mount Olive	36.16m 2
8 Holsenback, Madeline	North Greenv	35.28m 1
9 Artman, Alycia	Unc Pembroke	34.70m
10 Martin, Bella	Converse	34.33m
11 Fripp, Ruthie	King	34.21m
12 Barnes, Kenisha	Mount Olive	33.99m
13 Woodruff, Elizabeth	Belmont Abbe	33.14m
14 Sutton, Kaliya	Mount Olive	32.95m
15 Parrish, Katlyn	Mount Olive	32.20m
16 Holcombe, Selah	Southern Wes	32.03m
17 Thomas, Cynthia	Mount Olive	31.93m
18 Davis, Devon	Lees-McRae	31.49m
19 Blankenship, Annah	King	31.38m
20 Smith, Thialand	Lees-McRae	30.37m
21 Weatherford, Mackenzie	Converse	25.16m

22 Mason, Brianna	Francis Mari	25.00m
23 Branch, Katie	Belmont Abbe	21.22m
24 Messick, Kaylee	Lees-McRae	15.65m

Women Hammer Throw

Meet: 55.48m \$
 Stadium: 72.81m @
 Conference: 58.08m #
 Provo: 52.34m *

Name	School	Finals
Finals		
1 Keck, Mary Brigid	Mount Olive	54.45m* 10
2 Boyd, Madison	Southern Wes	51.17m 8
3 Evans, Raigan	Unc Pembroke	49.79m 6
4 Marino, Lillian	Unc Pembroke	49.40m 5
5 Crawford, Adrienne	Mount Olive	48.04m 4
6 Barnes, Kenisha	Mount Olive	43.28m 3
7 Holcombe, Selah	Southern Wes	42.96m 2
8 Martin, Bella	Converse	42.68m 1
9 Parrish, Katlyn	Mount Olive	42.29m
10 Fripp, Ruthie	King	41.59m
11 Sutton, Kaliya	Mount Olive	41.15m
12 Blankenship, Annah	King	41.14m
13 Artman, Alycia	Unc Pembroke	38.22m
14 Weatherford, Mackenzie	Converse	34.72m
--- Thomas, Cynthia	Mount Olive	FOUL

Women Javelin Throw

Meet: 41.85m \$ 2021 **Trimbur**
 Stadium: 53.78m @
 Conference: 43.64m #
 Provo: 42.03m *

Name	School	Finals
Finals		
1 Trimbur, Danielle	Mount Olive	41.71m 10
2 Hill, Hannah	North Greenv	38.09m 8
3 Evans, Raigan	Unc Pembroke	38.01m 6
4 Triggs, Tylyia	Mount Olive	30.28m 5
5 Blankenship, Annah	King	27.82m 4
6 Dibene, Samantha	Emmanuel (Ga)	27.09m 3
7 Long, Lakin	Southern Wes	26.75m 2
8 Teh, Shadaynya	Unc Pembroke	26.65m 1
9 Thiel, Sophie	Southern Wes	26.36m
10 Fripp, Ruthie	King	24.50m
11 Tuttanon, Macie	Belmont Abbe	23.33m
12 Kells, Haley	Belmont Abbe	22.60m
13 Keller, Sydney	Belmont Abbe	22.12m
14 Styrnisdottir, Julia	Emmanuel (Ga)	21.44m
15 Herndon, Haizley	Francis Mari	J21.44m
16 Bright, Madelyn	Emmanuel (Ga)	21.11m
17 Holcombe, Selah	Southern Wes	19.20m
18 Ormsby, Sara	Unc Pembroke	17.07m
19 LaPrade, Bailey	Lees-McRae	15.88m
20 Messick, Kaylee	Lees-McRae	10.69m
--- Parrish, Katlyn	Mount Olive	FOUL

Conference Carolinas Championships - 4/29/2023**Doug Shaw Memorial Stadium****Results**

Women - Team Rankings - 20 Events Scored

1) Mount Olive	206
2) Converse	127
3) Southern Wesleyan	89
4) North Greenville	86
5) UNC Pembroke	77.5
6) Belmont Abbey	67
7) Lees-McRae	31
7) King	31
9) Erskine	26
10) Emmanuel (Ga.)	21.5
11) Barton	17