

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

Women 100 Meter Dash

Meet: \$ 11.79 2018 Brown, Limestone
 Stadium: @ 11.35
 Conference: # 11.53
 Provo: * 11.85

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Reeves, Jaylin	Mount Olive	11.84Q	3.1	3
2 Onwuzuruike, Mycherie	Southern Wesleyan	11.89Q	1.7	1
3 Okoduwa, Eseose	Converse	11.90Q	1.9	2
4 Cox, Tiara	North Greenville	11.94q	1.7	1
5 Evans, Mahala	Unc Pembroke	11.97q	1.9	2
6 Howell, Jamesha	Mount Olive	12.03q	3.1	3
7 Wilson, Makayla	Southern Wesleyan	12.18q	1.7	1
8 Boyd, Krishayla	Converse	12.19q	3.1	3
9 Pittman, Jada	Southern Wesleyan	12.21	3.1	3
10 Asoburuenwu, Chianel	Mount Olive	12.25	1.9	2
11 Smiling, JoAnn	North Greenville	12.26	1.9	2
12 Thomas, Jaela	Unc Pembroke	12.28	1.7	1
13 Heckstall, Aniya	Barton	12.49	3.1	3
14 Rauf, Indira	Barton	12.53	1.9	2
15 Griffin, Madison	Converse	12.57	1.7	1
16 Taylor, Symone	Lees-McRae	12.88	1.9	2
17 Blackwell, Bethany	Barton	12.97	1.7	1
18 Cofield-Jackson, Eshone	Lees-McRae	13.03	3.1	3
19 Wilson, Jada	North Greenville	13.36	3.1	3
20 Faulk, Shanekera	Belmont Abbey	13.66	1.7	1
21 Fallon, Mary	Belmont Abbey	13.80	1.9	2

Women 200 Meter Dash

Meet: \$ 23.99
 Stadium: @ 23.28
 Conference: # 23.38
 Provo: * 24.34

Name	Year School	Prelims	Wind	H#
1 Okoduwa, Eseose	Converse	24.63Q	2.9	4
2 Reeves, Jaylin	Mount Olive	24.66Q	0.5	2
3 Thomas, Jaela	Unc Pembroke	25.13Q	1.3	1 25.126
4 Boyd, Krishayla	Converse	25.35Q	1.9	3
5 Moody, Jaiden	Mount Olive	24.72q	0.5	2
6 Hill, Hannah	North Greenville	25.13q	0.5	2 25.121
7 Cox, Tiara	North Greenville	25.13q	1.3	1 25.129
8 Briggs, Vinesha	Mount Olive	25.33q	2.9	4
9 Marlow, Deborah	Southern Wesleyan	25.34	1.3	1
10 Heckstall, Aniya	Barton	25.58	1.9	3
11 Evans, Mahala	Unc Pembroke	25.69	1.9	3
12 Rauf, Indira	Barton	25.85	2.9	4
13 Bacchus, Nyree	Unc Pembroke	25.94	2.9	4
14 Griffin, Madison	Converse	26.31	0.5	2
15 Tutt, Keiarra	Barton	26.32	0.5	2
16 Chestnut, Sekyah	Belmont Abbey	26.37	1.9	3
17 Murray, Priya	Belmont Abbey	26.87	2.9	4
18 Cofield-Jackson, Eshone	Lees-McRae	26.96	1.3	1

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19	Askins, Vasey	Emmanuel (Ga.)	27.58	2.9	4
20	Christian, Emily	King	27.77	1.3	1
21	Wilson, Jada	North Greenville	28.03	0.5	2
22	Taylor, Symone	Lees-McRae	28.05	1.9	3
23	Brannon, Makennzi	Belmont Abbey	28.31	0.5	2
24	Teske, Elesya	Emmanuel (Ga.)	29.64	1.9	3

Women 400 Meter Dash

=====
 Meet: \$ 55.08 2021 Wright, Southern Wesleyan
 Stadium: @ 52.84
 Conference: # 54.43
 Provo: * 56.00

Name	Year	School	Prelims	H#
1	Moody, Jaiden	Mount Olive	57.20Q	2
2	Beugre, Michele	Southern Wesleyan	57.53Q	1
3	Wright, Cierra	Southern Wesleyan	57.63Q	3
4	Bacchus, Nyree	Unc Pembroke	57.52q	2
5	Briggs, Vinesha	Mount Olive	57.73q	3
6	Wilson, Natalyah	Mount Olive	58.26q	1
7	Hill, Hannah	North Greenville	58.29q	2
8	Grey, Shanyia	Converse	59.20q	1
9	Johnson, Kyla	Southern Wesleyan	59.48	3 59.475
10	Shuford, Kirsten	Unc Pembroke	59.48	3 59.477
11	Jackson, Leisha	Unc Pembroke	1:01.28	2
12	Chestnut, Sekyah	Belmont Abbey	1:02.29	1
13	Irizarry, Melanie	North Greenville	1:03.84	1
14	Fallon, Mary	Belmont Abbey	1:05.00	3
15	Askins, Vasey	Emmanuel (Ga.)	1:05.38	2
16	Perry, MacKinley	Francis Marion	1:06.29	3
17	Ellis, Tamiya	Belmont Abbey	1:07.36	2
18	Haller, Destiny	King	1:11.30	1
19	Dula, Paiden	Lees-McRae	1:21.51	1

Women 800 Meter Run

=====
 Meet: \$ 2:14.91
 Stadium: @ 2:09.20
 Conference: # 2:09.15
 Provo: * 2:12.23

Name	Year	School	Prelims	H#
1	Spijker, Ruth	Converse	2:20.08Q	3
2	Neubert, Katy	King	2:23.09Q	1
3	Robinson, Bayley	Converse	2:25.31Q	2
4	Fleurilus, Celine	Mount Olive	2:21.95q	3
5	Dille, Campbell	Lees-McRae	2:25.20q	3
6	Zavala, Lycia	Southern Wesleyan	2:25.54q	2
7	Van Dine, Julia	Unc Pembroke	2:25.62q	1
8	Quinn, Maddie	Lees-McRae	2:29.43q	1
9	Russell, Hailey	Barton	2:32.26	2
10	Moise, Jaqueeta	Unc Pembroke	2:32.35	3
11	Labrant, Ava	Southern Wesleyan	2:36.94	2
12	King, Kayla	Barton	2:37.76	3

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13	Gonzalez, Juliana	North Greenville	2:38.59	3
14	Farmer, Taylor	Emmanuel (Ga.)	2:38.94	1
15	Baird, Maura	Belmont Abbey	2:39.91	2
16	Kimaiyo, Damaris	Emmanuel (Ga.)	2:40.95	2
17	James-Creech, Angela	Barton	2:41.06	1
18	Gidney, Christiana	North Greenville	2:41.64	3
19	Zuniga, Mia	Belmont Abbey	2:46.14	1
20	Trent, Paige	North Greenville	3:01.69	2

Women 1500 Meter Run

Meet: \$ 4:43.81 2017 Henry, Mount Olive
 Stadium: @ 4:25.92
 Conference: # 4:24.52
 Provo: * 4:32.09

Name	Year	School	Prelims	H#
1	Shope, Avery	North Greenville	4:57.26Q	1
2	Nicholson, Riley	North Greenville	4:58.39Q	2
3	Spijker, Ruth	Converse	4:59.29Q	2
4	Kosgei, Jackline	Unc Pembroke	4:59.98Q	1
5	Weider, Olivia	Emmanuel (Ga.)	5:00.52Q	2
6	Dixon, Kamille	Converse	5:00.53Q	1
7	Morgan, Macey	Southern Wesleyan	5:00.80Q	2
8	Zuniga, Mia	Belmont Abbey	5:03.40Q	1
9	Van Dine, Julia	Unc Pembroke	5:01.55q	2
10	Schrubb, Cassandra	Barton	5:06.38q	2
11	Sulton, Ciara	Mount Olive	5:07.08q	2
12	Thompson, Katherine	Erskine	5:09.28q	1
13	Lowery, Amanda	King	5:11.31	2
14	Futrell, Kylie	North Greenville	5:11.40	1
15	Smith, Merritt	Southern Wesleyan	5:16.91	1
16	Beatty, Lauren	Converse	5:17.08	2
17	Russell, Hailey	Barton	5:19.27	1
18	Faulkner, Raleigh	Erskine	5:22.59	2
19	Perez, Betsy	Emmanuel (Ga.)	5:35.49	1
20	Justice, Zoie	North Greenville	5:35.82	1
21	Hansen, Katie	Barton	5:40.63	1
22	Bowers, Becca	Erskine	5:48.58	1
23	Deveau, Annika	Belmont Abbey	6:06.17	2

Women 10000 Meter Run

Meet: \$ 35:30.52 2010 Zeferjahn, Queens
 Stadium: @ 34:51.66
 Conference: # 33:09.47
 Provo: * 36:28.87

Name	Year	School	Finals	Points
Finals				
1	Betzer, Deanna	Lees-McRae	39:36.57	10
2	Rusing, Anna-Fidelia	Converse	41:26.98	8
3	Sosa, Ashley	Converse	41:49.74	6
4	Little, Meghan	Belmont Abbey	42:21.29	5
5	Grant, Piper	Converse	42:30.56	4

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6 Willis, Savannah	Belmont Abbey	42:41.12	3
7 Ward, Emily	King	42:54.52	2
8 Alsup, Paris	North Greenville	43:04.65	1
9 Fretwell, Anna	Barton	43:39.31	
10 Haddad, Rebekah	North Greenville	44:54.53	

Women 100 Meter Hurdles

Meet: \$ 13.94
 Stadium: @ 13.14
 Conference: # 13.93
 Provo: * 14.24

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Myers, Phoebe	Converse	14.28Q	1.1	1
2 Flores, Isabelle	Belmont Abbey	14.51Q	3.1	2
3 Jefferson, Channie	Mount Olive	14.87q	3.1	2
4 Lay, TraVon	Southern Wesleyan	15.13q	3.1	2
5 Triggs, Tylyia	Mount Olive	15.36q	3.1	2
6 Thomas, D'Asia	Converse	15.41q	1.1	1
7 Colon, Karolina	Belmont Abbey	15.63q	1.1	1
8 Logue, Zoe	Emmanuel (Ga.)	15.73q	1.1	1
9 Rose, Katlyn	North Greenville	16.99	3.1	2
10 Thierfelder, Ann	Belmont Abbey	17.03	1.1	1
11 Christian, Emily	King	17.31	3.1	2
12 Bright, Madelyn	Emmanuel (Ga.)	17.42	1.1	1
-- Kells, Haley	Belmont Abbey	DNF	3.1	2

Women 400 Meter Hurdles

Meet: \$ 1:00.54
 Stadium: @ 57.36
 Conference: # 1:00.02
 Provo: * 1:02.33

Name	Year School	Prelims	H#
1 Jefferson, Channie	Mount Olive	1:03.98Q	1
2 Flores, Isabelle	Belmont Abbey	1:04.08Q	2
3 Lema, Kayla	Southern Wesleyan	1:05.58q	1
4 White, Olivia	Belmont Abbey	1:06.48q	1
5 Castillo, Isabela	Southern Wesleyan	1:07.33q	2
6 Pemberton, Kiwana	Mount Olive	1:07.43q	2
7 Vaughn, Carleigh	North Greenville	1:07.45q	1
8 Bunch, Telina	Barton	1:07.63q	1
9 Hamrick, Samantha	Mount Olive	1:08.12	2
10 bracey, Latavia	Converse	1:08.40	1
11 Whitehead, Antaja	Erskine	1:09.76	2
12 Colon, Karolina	Belmont Abbey	1:10.42	2
13 Turner, Paige	Emmanuel (Ga.)	1:11.77	2
14 Tate, Lauryn	Southern Wesleyan	1:11.79	1
15 Rose, Katlyn	North Greenville	1:12.66	1

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Women 3000 Meter Steeplechase

Meet: \$ 10:18.33 2018 Hanle, Mount Olive
 Stadium: @ 10:29.26
 Conference: # 10:04.82
 Provo: * 11:01.26

Name	Year	School	Finals	Points
Finals				
1 Dixon, Kamille		Converse	11:41.16	10
2 Whitley, Morgan		King	11:58.99	8
3 Weider, Olivia		Emmanuel (Ga.)	12:04.73	6
4 Frock, Abby		Southern Wesleyan	12:19.40	5
5 Thompson, Katherine		Erskine	12:25.51	4
6 Sulton, Ciara		Mount Olive	12:39.74	3
7 Keller, Sydney		Belmont Abbey	12:39.76	2
8 Bright, Emma		North Greenville	13:07.42	1
9 Miller, Kacey		North Greenville	15:42.78	

Women Pole Vault

Meet: \$ 3.63m 2018 Klefsaas, N. Greenville
 Stadium: @ 4.50m
 Conference: # 3.88m
 Provo: * 3.74m

Name	Year	School	Finals	Points
1 Paulins, Caitlin		King	3.24m	10
	2.29 2.44 2.59 2.74 2.84 2.94 3.04 3.14 3.24 3.44			
	PPP PPP PPP PPP PPP O XO O XXO XXX			
2 Frayer, Trinity		Mount Olive	3.04m	8
	2.29 2.44 2.59 2.74 2.84 2.94 3.04 3.14			
	PPP PPP PPP O O O XO XXX			
3 Walker, Jocelyn		Lees-McRae	2.84m	6
	2.29 2.44 2.59 2.74 2.84 2.94			
	PPP O O O O XXX			
4 Keller, Sydney		Belmont Abbey	2.59m	5
	2.29 2.44 2.59 2.74			
	XO O O XXX			
5 Reeping, Taylor		Belmont Abbey	2.44m	4
	2.29 2.44 2.59			
	O O XXX			
6 Ormsby, Sara		Unc Pembroke	J2.44m	3
	2.29 2.44 2.59			
	XXO XXO XXX			
7 Mitchell, Tyra		Lees-McRae	2.29m	2
	2.29 2.44			
	XXO XXX			
-- Ellis, Lauren		Emmanuel (Ga.)	NH	
	2.29			
	XXX			
-- Thompson, Tori		Belmont Abbey	NH	
	2.29			
	XXX			

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Women Long Jump

Meet: \$ 5.96m
 Stadium: @ 6.10m
 Conference: # 6.16m
 Provo: * 5.83m

Name	Year	School	Finals	Wind	Points
1 Onwuzuruike, Mycherie		Southern Wesleyan	6.16m	2.6	10
			5.71m(1.0) 5.91m(1.8) 5.83m(1.7) 5.88m(2.4) 6.16m(2.6) 6.01m(3.7)		
2 Smiling, JoAnn		North Greenville	5.67m	2.5	8
			5.25m(0.7) 5.26m(0.5) 5.37m(1.5) 5.34m(2.3) 5.47m(1.9) 5.67m(2.5)		
3 Villanueva, Cristina		Belmont Abbey	5.65m	3.5	6
			5.61m(2.4) 5.65m(3.5) FOUL(1.5) 5.62m(2.8) FOUL(3.4) 5.40m(1.8)		
4 Smith, Mora		Mount Olive	5.62m	3.3	5
			5.62m(3.3) 5.57m(1.4) FOUL(2.2) 5.49m(3.3) 5.33m(2.2) FOUL(1.6)		
5 Howell, Jamesha		Mount Olive	5.44m	2.5	4
			5.32m(1.4) 5.26m(2.4) 4.89m(0.8) 5.44m(2.5) 5.11m(1.5) 5.24m(2.5)		
6 Heckstall, Aniya		Barton	5.38m	2.1	3
			5.18m(1.2) 5.22m(2.3) 5.09m(0.9) 5.38m(2.1) 4.61m(1.4) 4.77m(2.3)		
7 Jefferson, Channie		Mount Olive	5.37m	2.7	2
			FOUL(1.2) FOUL(1.0) 5.37m(2.7) FOUL(3.8) 5.16m(1.9) 5.14m(2.5)		
8 Pittman, Jada		Southern Wesleyan	5.28m	2.5	1
			5.07m(1.5) 5.28m(2.5) 5.20m(2.0) FOUL(3.5) FOUL(2.2) 5.03m(2.1)		
9 Moorer, Tyleah		Erskine	5.23m	1.3	
			FOUL(2.0) 5.20m(1.6) 5.23m(1.3) FOUL(2.1) 5.12m(2.5) 5.23m(1.5)		
10 Dillon, Lora		Lees-McRae	5.22m	1.8	
			5.18m(2.8) FOUL(1.2) 5.22m(1.8) 4.98m(4.5) 5.00m(2.5) 5.12m(2.0)		
11 Darity, Micaiah		Unc Pembroke	5.06m	2.3	
			4.89m(1.0) 5.06m(2.3) 4.90m(0.9)		
12 Smith, Alyson		Belmont Abbey	4.94m	0.1	
			4.94m(0.1) 4.89m(0.4) 4.75m(1.6)		
13 Teh, Shadaynya		Unc Pembroke	4.78m	2.0	
			4.21m(1.4) 4.78m(2.0) 4.72m(1.5)		
14 Bright, Madelyn		Emmanuel (Ga.)	4.74m	1.5	
			4.46m(1.8) 4.60m(2.9) 4.74m(1.5)		
15 Merritt, Ratavia		Unc Pembroke	4.63m	3.5	
			4.54m(2.1) 4.42m(3.1) 4.63m(3.5)		

Women Hammer Throw

Meet: \$ 55.48m , Mount Olive
 Stadium: @ 72.81m
 Conference: # 58.08m
 Provo: * 52.34m

Name	Year	School	Finals	Points
1 Keck, Mary Brigid		Mount Olive	54.45m*	10
			51.65m 52.05m 53.97m 54.45m FOUL FOUL	
2 Boyd, Madison		Southern Wesleyan	51.17m	8
			FOUL 47.34m 48.27m 48.93m 51.17m 47.06m	
3 Evans, Raigan		Unc Pembroke	49.79m	6
			45.61m 47.96m 48.23m 49.20m 49.79m FOUL	
4 Marino, Lillian		Unc Pembroke	49.40m	5
			FOUL 47.65m 49.40m FOUL 47.91m FOUL	
5 Crawford, Adrienne		Mount Olive	48.04m	4
			48.04m 46.34m FOUL FOUL FOUL FOUL	

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6	Barnes, Kenisha	Mount Olive	43.28m	3
	FOUL 43.28m FOUL 38.54m FOUL FOUL			
7	Holcombe, Selah	Southern Wesleyan	42.96m	2
	FOUL 42.96m FOUL FOUL FOUL 41.63m			
8	Martin, Bella	Converse	42.68m	1
	42.68m FOUL 40.18m FOUL 40.04m 38.65m			
9	Parrish, Katlyn	Mount Olive	42.29m	
	FOUL 42.29m FOUL 36.86m FOUL FOUL			
10	Fripp, Ruthie	King	41.59m	
	FOUL 41.59m FOUL			
11	Sutton, Kaliya	Mount Olive	41.15m	
	38.01m 41.15m FOUL			
12	Blankenship, Annah	King	41.14m	
	FOUL 38.51m 41.14m			
13	Artman, Alycia	Unc Pembroke	38.22m	
	37.89m 37.25m 38.22m			
14	Weatherford, Mackenzie	Converse	34.72m	
	34.72m 34.14m FOUL			
--	Thomas, Cynthia	Mount Olive	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw

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Meet: \$ 41.85m 2021 Trimbur, Mount Olive
 Stadium: @ 53.78m
 Conference: # 43.64m
 Provo: * 42.03m

Name	Year	School	Finals	H#	Points
1 Trimbur, Danielle		Mount Olive	41.71m	2	10
		36.87m 40.00m 36.81m FOUL FOUL 41.71m			
2 Hill, Hannah		North Greenville	38.09m	2	8
		36.03m 36.35m FOUL 35.58m FOUL 38.09m			
3 Evans, Raigan		Unc Pembroke	38.01m	2	6
		31.24m 34.13m 34.99m 34.62m 29.54m 38.01m			
4 Triggs, Tylyia		Mount Olive	30.28m	2	5
		24.53m 30.28m FOUL FOUL 26.17m 28.44m			
5 Blankenship, Annah		King	27.82m	2	4
		FOUL 27.58m 25.14m FOUL 26.83m 27.82m			
6 Dibene, Samantha		Emmanuel (Ga.)	27.09m	2	3
		25.47m 27.09m 26.71m 26.37m FOUL FOUL			
7 Long, Lakin		Southern Wesleyan	26.75m	2	2
		FOUL 26.75m 24.53m 25.45m 24.26m FOUL			
8 Teh, Shadaynya		Unc Pembroke	26.65m	2	1
		26.65m 26.14m 24.84m PASS FOUL FOUL			
9 Thiel, Sophie		Southern Wesleyan	26.36m	2	
		24.69m 24.09m FOUL 24.16m 23.22m 26.36m			
10 Fripp, Ruthie		King	24.50m	1	
		24.50m 23.99m FOUL			
11 Tuttanon, Macie		Belmont Abbey	23.33m	1	
		20.77m 23.33m FOUL			
12 Kells, Haley		Belmont Abbey	22.60m	2	
		FOUL 22.60m 21.44m			
13 Keller, Sydney		Belmont Abbey	22.12m	1	
		20.63m 22.12m 21.13m			

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...Women Javelin Throw

14	Styrmisdottir, Julia	Emmanuel (Ga.)	21.44m	1
	19.86m 19.90m 21.44m			
15	Herndon, Haizley	Francis Marion	J21.44m	1
	17.79m 21.44m 18.88m			
16	Bright, Madelyn	Emmanuel (Ga.)	21.11m	1
	18.97m 16.80m 21.11m			
17	Holcombe, Selah	Southern Wesleyan	19.20m	1
	FOUL FOUL 19.20m			
18	Ormsby, Sara	Unc Pembroke	17.07m	1
	17.07m 12.94m 12.59m			
19	LaPrade, Bailey	Lees-McRae	15.88m	1
	15.88m 11.19m 10.85m			
20	Messick, Kaylee	Lees-McRae	10.69m	1
	10.69m FOUL 10.49m			
--	Parrish, Katlyn	Mount Olive	FOUL	2
	FOUL FOUL FOUL			

Men 100 Meter Dash

=====
 Meet: \$ 10.43 2016
 Stadium: @ 10.26
 Conference: # 10.30
 Provo: * 10.52

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Mcfadden, Gavin	Converse	10.40Q	3.1	1
2	Burnette, Justen	Mount Olive	\$ 10.43Q	0.8	4
3	Seger, Javion	Unc Pembroke	10.76Q	1.4	3
4	Donald, Gerrard	Converse	10.92Q	2.0	2
5	Morrow, Travon	Unc Pembroke	10.72q	3.1	1
6	Ellerbe, Joshua	Unc Pembroke	10.78q	3.1	1
7	Lewis, Kendrick	Unc Pembroke	10.81q	0.8	4
8	Harper, Quvontre	Mount Olive	10.84q	1.4	3
9	Frye, Jack	Unc Pembroke	10.94	2.0	2
10	Webb, Terrique	North Greenville	10.98	2.0	2
11	Hart, Jason	Mount Olive	11.01	1.4	3
12	Summers, Jimere	Barton	11.03	3.1	1
13	Bolden, Zachary	Belmont Abbey	11.06	1.4	3 11.051
14	Kirby, Aaron	Lees-McRae	11.06	0.8	4 11.060
14	Hamby, Bryce	North Greenville	11.06	2.0	2 11.060
16	Dobbin, Zach	Unc Pembroke	11.11	3.1	1
17	Durham, Jacques	Barton	11.14	2.0	2 11.137
18	Henfield, Clathton	King	11.14	2.0	2 11.140
19	Stephens, Jamal	Unc Pembroke	11.20	3.1	1
20	Glenn, Ryan	Converse	11.24	1.4	3 11.237
21	Smith, Chandler	Emmanuel (Ga.)	11.24	0.8	4 11.239
22	Becton, Tyrik	Belmont Abbey	11.55	3.1	1
23	Jones, Kaleb	Emmanuel (Ga.)	11.66	0.8	4
24	Ingram, Cyrus	Francis Marion	11.69	2.0	2
25	Miller, Skyler	King	11.77	2.0	2
26	White, Joshua	North Greenville	11.82	1.4	3
27	James, Michael	Francis Marion	11.94	0.8	4
28	Scott, Cameron	Emmanuel (Ga.)	16.37	3.1	1
29	Hutchins, Kris	Emmanuel (Ga.)	19.85	1.4	3

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

Men 200 Meter Dash

=====
 Meet: \$ 20.79 2019 Simmons, Limestone
 Stadium: @ 20.69
 Conference: # 20.75
 Provo: * 21.26

Name	Year	School	Prelims	Wind	H#
1 Burnette, Justen		Mount Olive	20.91Q	2.3	3
2 Harvey, DaMarr		Unc Pembroke	21.39Q	2.1	1
3 Meadows, Noah		Southern Wesleyan	21.69Q	1.6	2
4 Mcfadden, Gavin		Converse	21.91Q	2.3	4
5 Walker, Jontavus		Mount Olive	21.78q	1.6	2
6 Hart, Jason		Mount Olive	21.94q	1.6	2
7 Morrow, Travon		Unc Pembroke	21.97q	2.3	3
8 Mabe, Walker		Unc Pembroke	22.04q	2.3	4
9 Coker, Preston		Unc Pembroke	22.11	2.3	4
10 Lawton, Antavious		North Greenville	22.12	2.3	3
11 Green, Jayden		Lees-McRae	22.13	2.3	3
12 Ellerbe, Joshua		Unc Pembroke	22.25	2.3	4
13 Copper, Justin		Barton	22.28	2.3	4
14 Webb, Terrique		North Greenville	22.35	2.3	4
15 Frye, Jack		Unc Pembroke	22.37	1.6	2
16 Henfield, Clathton		King	22.39	2.3	4
17 Stephens, Jamal		Unc Pembroke	22.48	2.1	1
18 Donald, Gerrard		Converse	22.54	2.1	1
19 Kirby, Aaron		Lees-McRae	22.55	1.6	2
20 Harper, Quvontre		Mount Olive	22.62	2.3	3
21 Bolden, Zachary		Belmont Abbey	22.77	1.6	2
22 Summers, Jimere		Barton	23.04	2.3	3
23 Smith, Chandler		Emmanuel (Ga.)	23.07	1.6	2
24 Ketter, Tarrence		North Greenville	23.66	2.3	4
25 Gilliam, Bryson		King	23.68	2.1	1
26 Becton, Tyrik		Belmont Abbey	23.93	2.1	1
27 Miller, Skyler		King	24.28	1.6	2
-- Glenn, Ryan		Converse	FS	2.3	3

Men 400 Meter Dash

=====
 Meet: \$ 46.56 2019 Richardson, N. Greenville
 Stadium: @ 46.27
 Conference: # 46.56
 Provo: * 47.83

Name	Year	School	Prelims	H#
1 Walker, Jontavus		Mount Olive	48.71Q	2
2 Lawton, Antavious		North Greenville	49.69Q	1
3 Warner, Jaden		Southern Wesleyan	49.92Q	3
4 Harvey, DaMarr		Unc Pembroke	49.21q	2
5 Mabe, Walker		Unc Pembroke	49.98q	2
6 Copper, Justin		Barton	50.09q	1
7 Nixon, Andrew		Mount Olive	50.35q	3
8 Coleman, Garison		Belmont Abbey	50.46q	1
9 Coker, Preston		Unc Pembroke	50.57	1
10 Morell, Joshua		Mount Olive	50.63	3
11 Murphy-Redd, Logan		Belmont Abbey	50.74	2
12 Reed, John Clayton		Erskine	51.51	3

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

...Men 400 Meter Dash

13 Ketter, Tarrence	North Greenville	52.81	1
14 Henfield, Matthew	King	52.86	2
15 Corey, Jalen	Barton	55.23	3
16 Thompson-Williams, Eric	Barton	55.24	3

Men 800 Meter Run

=====
 Meet: \$ 1:51.51 2016 Limoh, N. Greenville
 Stadium: @ 1:48.79
 Conference: # 1:49.90
 Provo: * 1:51.48

Name	Year School	Prelims	H#
1 Gillis, Josh	Lees-McRae	1:56.16Q	2
2 Owens, Deshawn	Barton	1:56.48Q	1
3 Tindale, Joey	Erskine	1:56.55Q	3
4 Thierfelder, Thomas	Belmont Abbey	1:56.68q	1
5 Tipton, Eli	North Greenville	1:56.98q	2
6 Clark, Grady	Southern Wesleyan	1:57.56q	2
7 Marchman, Ethan	Southern Wesleyan	1:57.74q	1
8 Barrios, Felipe	Emmanuel (Ga.)	1:59.04q	2
9 Willcox, Riley	Mount Olive	1:59.73	3
10 Willett, Adam	Belmont Abbey	1:59.88	1
11 Arendash, Silas	Lees-McRae	2:00.36	3
12 Kowalski, Ryland	North Greenville	2:01.07	1
13 Chalmers, Jakel	Unc Pembroke	2:01.28	2
14 Hernandez, Jose	Belmont Abbey	2:02.37	2
15 Keith, Jordan	King	2:03.13	3
16 Guyton, DreQuan	Converse	2:03.91	1
17 Lucy, Nathan	Converse	2:03.92	2
18 Gribbins, Ben	Lees-McRae	2:05.91	3
19 Dore, Cullen	Francis Marion	2:06.99	1
20 Lavelle, Nick	North Greenville	2:07.75	3
21 Robertson, Lewis	Emmanuel (Ga.)	2:11.06	1
-- Burkhardt, Delsin	Unc Pembroke	DNF	3

Men 1500 Meter Run

=====
 Meet: \$ 3:51.96 2022
 Stadium: @ 3:50.80
 Conference: # 3:45.01
 Provo: * 3:49.46

Name	Year School	Prelims	H#
1 Owens, Deshawn	Barton	4:01.80Q	2
2 Gaddis, Luke	Emmanuel (Ga.)	4:07.35Q	1
3 Phieffer, Jack	Unc Pembroke	4:01.86Q	2
4 Burkhardt, Delsin	Unc Pembroke	4:08.33Q	1
5 Pierce, Brennen	Lees-McRae	4:02.36Q	2
6 Hetzel, John	Belmont Abbey	4:08.73Q	1
7 Tindale, Joey	Erskine	4:03.11Q	2
8 Nervo, Lucas	Unc Pembroke	4:08.83Q	1
9 Barrios, Felipe	Emmanuel (Ga.)	4:04.25q	2
10 Robertson, Jordan	Emmanuel (Ga.)	4:04.51q	2
11 Willcox, Riley	Mount Olive	4:09.39q	1

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

...Men 1500 Meter Run

12	Chepkesor, Joshua	Unc Pembroke	4:11.90q	1
13	Jones, Drew	Southern Wesleyan	4:12.33	1
14	Dugar, Brandon	North Greenville	4:12.52	1
15	Beebe, Jaxon	North Greenville	4:12.73	2
16	Dozier, Sebastian	Converse	4:20.20	1
17	Hubbard, Clinton	Belmont Abbey	4:20.30	2
18	Nkere, Irengere	Belmont Abbey	4:26.82	1
19	Nunez, Jonathan	Converse	4:28.08	2
20	Thomas, Lee	Barton	4:28.90	1
21	Junker, Norman	Unc Pembroke	4:48.80	2

Men 10000 Meter Run

=====
 Meet: \$ 29:55.75 2009 Crouch, Queens
 Stadium: @ 30:41.71
 Conference: # 28:33.25
 Provo: * 30:28.78

Name	Year School	Finals	Points
=====			
Finals			
1	Chepkesor, Joshua	Unc Pembroke	31:20.77 10
2	O'Neill, Ronan	Southern Wesleyan	31:51.36 8
3	Junker, Norman	Unc Pembroke	32:22.38 6
4	Knott, Zachary	Belmont Abbey	32:27.07 5
5	Levy, Hunter	Unc Pembroke	32:46.16 4
6	Wunder, Elliot	Belmont Abbey	33:05.18 3
7	Geckler, Max	Lees-McRae	33:26.29 2
8	Berrios, Nick	Belmont Abbey	33:38.22 1
9	Heath, Matthew	North Greenville	34:09.64
10	Booher, Josh	King	34:19.70
11	Goode, Hayden	North Greenville	34:38.67
12	Gallman, Nathan	Belmont Abbey	35:08.40
13	Marshall, Justin	Barton	35:37.42
14	Cromer, Landon	Lees-McRae	36:08.57
15	Harris, Izic	North Greenville	36:18.59
16	Coffman, Dominic	Belmont Abbey	37:37.23
--	Wright, Zac	Emmanuel (Ga.)	DNF
--	Andrade-Sosa, Alexander	Emmanuel (Ga.)	DNF
--	Macagg, Thomas	Southern Wesleyan	DNF

Men 110 Meter Hurdles

=====
 Meet: \$ 14.19 2017 Scott, Limestone
 Stadium: @ 13.73
 Conference: # 13.81
 Provo: * 14.49

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1	Callahan, Tayvon	Unc Pembroke	* 14.21Q	1.9 1
2	Bargaineer, Christian	Lees-McRae	14.79Q	2.6 2
3	Eaton, Tucker	Barton	15.04q	1.9 1
4	Sims, Jacobie	North Greenville	15.24q	1.9 1
5	Kohlhagen, Ryan	Belmont Abbey	15.26q	1.9 1
6	Gulapa, Joshua	Belmont Abbey	15.35q	2.6 2

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

...Men 110 Meter Hurdles

7	Thomason, Marcus	North Greenville	15.42q	2.6	2
8	Osewe, Brace	Unc Pembroke	15.44q	1.9	1
9	Jones, Shaun	Erskine	15.47	2.6	2
10	Gunn, Cameron	Belmont Abbey	15.49	2.6	2
11	Medley, Donald	Converse	15.94	2.6	2
12	Martin, Jordan	Mount Olive	21.95	2.6	2
--	Robinson, Ronnie	Barton	DNF	1.9	1

Men 400 Meter Hurdles

=====
 Meet: \$ 51.77 2018 Fareed, Limestone
 Stadium: @ 50.39
 Conference: # 51.60
 Provo: * 53.32

Name	Year	School	Prelims	H#
1	Sims, Jacobie	North Greenville	55.79Q	1
2	Gunn, Cameron	Belmont Abbey	56.55Q	2
3	Osewe, Brace	Unc Pembroke	56.58q	2
4	Gunter, Jeffrey	Unc Pembroke	57.25q	1
5	Jones, Shaun	Erskine	57.50q	2
6	Kohlhagen, Ryan	Belmont Abbey	57.83q	1
7	Cuthbertson, Gavan	Mount Olive	57.92q	1
8	Eatmon, Cori	Lees-McRae	58.51q	2
9	Eaton, Tucker	Barton	59.33	2
10	Williams, Mark	Unc Pembroke	59.58	1
11	Thomason, Marcus	North Greenville	1:04.10	2
12	Valle, Jezreel	Barton	1:04.25	2
13	Barnett, Chandler	North Greenville	1:05.93	1
14	Robinson, Ronnie	Barton	1:08.01	1

Men 3000 Meter Steeplechase

=====
 Meet: \$ 9:25.70
 Stadium: @ 8:45.26
 Conference: # 8:47.38
 Provo: * 9:12.36

Name	Year	School	Finals	Points
Finals				
1	Holcombe, Jacob	North Greenville	9:26.42	10
2	Galan, Angel	Erskine	9:37.65	8
3	Sause, Brian	Belmont Abbey	9:39.90	6
4	Freeman, Rien	Lees-McRae	9:42.99	5
5	Sanders, Mason	King	9:53.41	4
6	Adair, Cameron	Lees-McRae	9:55.72	3
7	Bierly, Nathanael	Mount Olive	10:05.47	2
8	Gobin, Reilly	Erskine	10:07.66	1
9	Sauve, Jesse	Southern Wesleyan	10:09.69	
10	Rios Brena, Luis	Converse	10:15.04	
11	Baird, Jack	Belmont Abbey	10:20.12	
12	Kirkpatrick, Ashton	Lees-McRae	10:26.24	
13	Canup, Solomon	North Greenville	10:30.09	
14	Crane, Guy	Barton	10:46.76	
15	Blackwelder, Gabriel	Unc Pembroke	11:02.10	

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

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Results - Friday Events

...Men 3000 Meter Steeplechase

16 Patrick, Zachary	Francis Marion	11:34.20
-- Nervo, Lucas	Unc Pembroke	DNF

Men Pole Vault

Meet: \$ 4.96m
 Stadium: @ 5.15m
 Conference: # 5.05m
 Provo: * 4.82m

Name	Year	School	Finals	Points
1 Hamby, Bryce		North Greenville	4.21m	10
		3.61 3.76 3.91 4.06 4.21 4.47		
		PPP PPP XO XO XO XXX		
2 Worley, Damon		North Greenville	4.06m	7
		3.61 3.76 3.91 4.06 4.21		
		O XO O O XXX		
2 Downey, Quante		Barton	4.06m	7
		3.61 3.76 3.91 4.06 4.21		
		PPP O XO O XXX		
4 Hay, Kelly		Belmont Abbey	J4.06m	5
		3.61 3.76 3.91 4.06 4.21		
		PPP PPP O XO XXX		
5 Duarte, Christopher		Belmont Abbey	J4.06m	4
		3.61 3.76 3.91 4.06 4.21		
		XO O XO XXO XXX		
-- Motes, Evan		Southern Wesleyan	NH	
		3.61 3.76 3.91 4.06 4.21		
		PPP PPP PPP PPP XXX		

Men Long Jump 2

Meet: \$ 7.56m 2017
 Stadium: @ 7.67m
 Conference: # 7.72m
 Provo: * 7.27m

Name	Year	School	Finals	Wind	H#	Points
1 Webb, Terrique		North Greenville	7.36m*	1.9	1	10
		FOUL(1.5) 5.87m(1.5) 7.36m(1.9) FOUL(3.1) FOUL(2.7) FOUL(2.0)				
2 Lewis, Kendrick		Unc Pembroke	6.90m	2.4	2	8
		6.42m(1.1) 6.37m(0.5) 6.66m(3.1) 6.62m(3.0) 6.90m(2.4) 6.72m(1.8)				
3 Gamble, Kaden		Converse	6.87m	3.2	2	6
		6.63m(1.3) 6.87m(3.2) 6.52m(1.0) 6.54m(1.8) 6.70m(1.9) 6.69m(0.1)				
4 Fontaine, Braxton		Barton	6.79m	1.5	1	5
		6.75m(1.4) 6.79m(1.5) 6.75m(3.9) FOUL(2.0) FOUL(2.0) FOUL(0.9)				
5 Bunker, David		Unc Pembroke	6.76m	2.5	1	4
		6.64m(2.4) 6.58m(4.0) FOUL(1.8) FOUL(3.3) 6.76m(2.5) 6.65m(2.8)				
6 Hamlett, Jaleal		Mount Olive	6.70m	1.5	2	3
		6.52m(1.2) FOUL(1.0) 6.70m(1.5) FOUL(1.4) 6.63m(1.0) 6.64m(2.8)				
7 Jones, Kaleb		Emmanuel (Ga.)	6.69m	1.5	1	2
		6.57m(2.5) 6.50m(0.8) 6.33m(2.7) 6.66m(3.7) 6.57m(1.4) 6.69m(1.5)				
8 Jackson, Elijah		Belmont Abbey	6.68m	2.1	1	1
		FOUL(3.4) FOUL(1.5) 6.63m(2.4) FOUL(2.2) FOUL(2.6) 6.68m(2.1)				

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

...Men Long Jump 2

9	Manning, Josh	Mount Olive	6.65m	1.8	2
	6.61m(1.6) 6.65m(1.8) 6.28m(1.5) 6.48m(1.8) 6.63m(0.7) 6.53m(2.2)				
10	Lavender, Demonte	Mount Olive	6.50m	2.7	2
	6.40m(3.6) 5.90m(1.3) 6.50m(2.7)				
11	Lipscomb, Myke	Unc Pembroke	6.41m	1.9	1
	6.21m(0.1) 6.11m(1.4) 6.41m(1.9)				
12	Woods, Sam	Southern Wesleyan	6.34m	3.9	2
	6.19m(1.4) 6.34m(3.9) 6.11m(2.3)				
13	Kimbrough, Jeremiah	Mount Olive	6.32m	1.9	2
	6.32m(1.9) 6.23m(1.6) 6.09m(4.9)				
14	Burke, Jason	Emmanuel (Ga.)	6.20m	1.6	1
	6.17m(0.5) 6.20m(1.6) 6.13m(2.2)				
15	Foster, Royal	North Greenville	6.02m	2.5	2
	6.02m(2.5) 5.95m(0.6) PASS				
16	Hall, Elijah	Converse	5.86m	1.1	2
	FOUL(1.2) FOUL(0.6) 5.86m(1.1)				
17	Hutchins, Kris	Emmanuel (Ga.)	5.63m	0.7	1
	5.63m(0.7) 5.53m(+0.0) 5.60m(1.9)				
18	Stroin, Zach	King	5.49m	2.6	1
	5.30m(+0.0) 5.47m(2.9) 5.49m(2.6)				
19	Bailey, Ddallen	King	5.35m	1.6	1
	5.35m(1.6) 3.75m(1.9) 5.24m(1.4)				

Men Hammer Throw

Meet: \$ 60.82m , Barton
 Stadium: @ 72.00m
 Conference: # 63.37m
 Provo: * 56.77m

Name	Year	School	Finals	H#	Points
1 Tolbert, Dorian		Mount Olive	54.24m	2	10
	52.61m 54.24m 53.73m	FOUL FOUL	52.69m		
2 Smith-Forte, Alex		Mount Olive	53.04m	2	8
	53.04m 48.28m	FOUL FOUL FOUL	49.32m		
3 Long, Israel		Mount Olive	52.33m	2	6
	52.33m	FOUL FOUL FOUL FOUL	49.99m		
4 Miller, Kolin		King	52.07m	2	5
	FOUL 43.40m	FOUL 49.93m 49.16m	52.07m		
5 Walker, Gabriel		Erskine	48.67m	1	4
	42.40m 44.46m 48.67m 45.24m 44.92m 44.97m				
6 Campbell, Aidan		Southern Wesleyan	47.06m	2	3
	46.37m	FOUL 46.44m 47.06m	FOUL FOUL		
7 Walker, Justin		Unc Pembroke	46.96m	2	2
	43.58m 42.07m 46.96m	FOUL 46.37m 46.82m			
8 Faison, Josh		Mount Olive	44.83m	2	1
	44.83m 43.47m	FOUL FOUL FOUL FOUL			
9 Marlowe, Greyson		Erskine	42.98m	2	
	42.98m	FOUL FOUL 40.91m	FOUL FOUL		
10 Oxendine, Bennie		Unc Pembroke	42.84m	2	
	42.84m 41.02m	FOUL			
11 Cloud, Nic		Mount Olive	41.12m	1	
	FOUL 41.12m 40.39m				
12 Crawford, Billy		Mount Olive	40.99m	1	
	40.99m	FOUL 39.51m			

Conference Carolinas Championships - 4/28/2023 to 4/29/2023

Doug Shaw Memorial Stadium

Results - Friday Events

...Men Hammer Throw

13	Bradley, Sabastian	Unc Pembroke	40.20m	1
	FOUL 40.13m 40.20m			
14	Douglas, Cedric	Unc Pembroke	39.67m	1
	FOUL 39.67m FOUL			
15	Lopez, Cristobal	Converse	38.90m	1
	38.90m 37.72m FOUL			
16	Fortner, Dylan	North Greenville	38.77m	1
	FOUL 38.77m FOUL			
17	Crowe, Bailey	North Greenville	33.22m	1
	33.22m FOUL FOUL			

Men Javelin Throw

Meet: \$ 66.29m 2019 Teeple, Mount Olive
 Stadium: @ 74.83m
 Conference: # 66.29m
 Provo: * 58.46m

Name	Year	School	Finals	H#	Points
1 Thierfelder, Luke		Belmont Abbey	61.11m*	2	10
	52.35m 58.24m 54.38m		61.11m 55.53m 59.62m		
2 Fernandez, Calvin		Southern Wesleyan	59.73m*	2	8
	53.44m FOUL 52.31m 53.84m		FOUL 59.73m		
3 Gordy, Luke		Southern Wesleyan	52.27m	2	6
	52.27m 48.67m 50.32m		50.68m 49.64m 50.22m		
4 Oxendine, Benjamin		Unc Pembroke	51.82m	2	5
	50.21m 49.69m 48.55m		51.82m 50.16m 50.99m		
5 Worley, Damon		North Greenville	50.14m	2	4
	40.70m 47.52m 50.14m		46.42m 41.82m 46.87m		
6 Fortner, Dylan		North Greenville	46.27m	2	3
	46.27m 45.91m FOUL		44.29m FOUL 44.99m		
7 Carruth, Dawson		Erskine	45.50m	2	2
	45.50m 44.06m 42.49m		42.81m 44.98m 44.32m		
8 Stroin, Zach		King	45.02m	2	1
	45.02m 42.53m 43.93m		42.65m 41.81m 41.26m		
9 Thompson, Manny		Belmont Abbey	44.37m	1	
	40.23m FOUL 44.37m		39.89m 41.17m 39.95m		
10 Hutchins, Kris		Emmanuel (Ga.)	42.13m	1	
	35.36m 38.17m 42.13m				
11 Douglas, Cedric		Unc Pembroke	38.78m	1	
	FOUL 36.40m 38.78m				
12 Pinder, Matthew		Belmont Abbey	37.91m	1	
	37.90m 36.91m 37.91m				
13 White, Joshua		North Greenville	37.72m	1	
	36.22m 37.72m 34.34m				
14 Lance, Andrew		Francis Marion	36.86m	1	
	36.86m 36.83m 29.62m				
15 White, Zyshone		Mount Olive	36.75m	1	
	34.09m 36.75m 35.29m				
16 Long, Israel		Mount Olive	35.36m	2	
	35.36m FOUL PASS				
17 Oxendine, Bennie		Unc Pembroke	32.86m	1	
	29.45m 32.86m 32.29m				
18 Lopez, Cristobal		Converse	32.25m	1	
	31.75m 32.25m 31.70m				

Conference Carolinas Championships - 4/28/2023 to 4/29/2023**Doug Shaw Memorial Stadium****Results - Friday Events****....Men Javelin Throw**
 =====
 Women - Team Rankings - 6 Events Scored
 =====

1) Mount Olive	54	2) Converse	29
3) Southern Wesleyan	28	4) Belmont Abbey	25
5) King	24	6) UNC Pembroke	21
7) Lees-McRae	18	7) North Greenville	18
9) Emmanuel (Ga.)	9	10) Erskine	4
11) Barton	3		

 =====
 Men - Team Rankings - 6 Events Scored
 =====

1) North Greenville	44	2) UNC Pembroke	39
3) Belmont Abbey	35	4) Mount Olive	30
5) Southern Wesleyan	25	6) Erskine	15
7) Barton	12	8) King	10
8) Lees-McRae	10	10) Converse	6
11) Emmanuel (Ga.)	2		