

Conference Carolinas Indoor T&F Championships - 2/19/2023 to 2/20/2023

JDL Fast Track

Results

Men 60 M				Men 400 M			
Facility:		6.61 \$ 2016	R Gittens/S McLean	Facility:		46.81 \$ 2/25/2012	Dane Hyatt
College:		6.62 ! 3/5/2016	Keitavious Walter	College:		47.24 ! 2/25/2012	Josh Edmonds
Meet:		6.73 % 2017	Marquett Simmons, Jr.	Meet:		48.40 % 2021	Sulaimane Bangura
Name	School	Prelims		Name	School	Prelims	
Preliminaries				Preliminaries			
1	Harvey, DaMarr	Unc Pembroke	6.88Q	1	Jones, Jalen	Unc Pembroke	50.12Q
2	Burnette, Justen	Mount Olive	6.89Q		23.046 (23.046)	50.114 (27.068)	
3	Mcfadden, Gavin	Converse	6.94Q	2	Lawton, Antavious	N. Greenville	50.86Q
4	Morrow, Travon	Unc Pembroke	6.98Q		23.908 (23.908)	50.860 (26.952)	
5	Seger, Javion	Unc Pembroke	6.97q	3	Warner, Jaden	S. Wesleyan	50.97Q
6	Lewis, Kendrick	Unc Pembroke	6.99q		23.829 (23.829)	50.964 (27.135)	
7	Meadows, Noah	S. Wesleyan	7.02q	4	Buchanan, Tre	Emmanuel (Ga)	51.54Q
8	Baldwin, Caleb	Unc Pembroke	7.04q		24.084 (24.084)	51.534 (27.450)	
9	Hart, Jason	Mount Olive	7.05	5	Mabe, Walker	Unc Pembroke	52.25Q
10	Ellerbe, Joshua	Unc Pembroke	7.05		23.939 (23.939)	52.244 (28.305)	
11	Thomas, Jaidin	Unc Pembroke	7.09	6	Copper, Justin	Barton	50.72q
12	Durham, Jacques	Barton	7.10		23.312 (23.312)	50.719 (27.407)	
13	Harper, Quvontre	Mount Olive	7.11	7	Reed, John Clayton	Erskine	50.97q
14	Henfield, Clathton	King	7.15		24.356 (24.356)	50.967 (26.611)	
15	Bolden, Zachary	Belmont Abbe	7.15	8	Sims, Jacobie	N. Greenville	51.32q
16	Worley, Damon	N. Greenville	7.15		24.655 (24.655)	51.314 (26.660)	
17	White, Joshua	N. Greenville	7.19	9	Nixon, Andrew	Mount Olive	51.36
18	Hamby, Bryce	N. Greenville	7.21		24.999 (24.999)	51.354 (26.355)	
19	Summers, Jimere	Barton	7.21	10	Coleman, Garison	Belmont Abbe	51.46
20	Donald, Gerrard	Converse	7.22		24.094 (24.094)	51.457 (27.364)	
21	Kirby, Aaron	Lees-McRae	7.30	11	Morell, Joshua	Mount Olive	52.05
22	Stroin, Zach	King	7.44		23.908 (23.908)	52.042 (28.134)	
23	Becton, Tyrik	Belmont Abbe	7.53	12	Thomason, Marcus	N. Greenville	52.13
24	Thompson, Bryson	Barton	7.56		23.514 (23.514)	52.127 (28.613)	
25	Miller, Sklyer	King	7.58	13	Henfield, Matthew	King	52.76
26	Elmer, Orrin	Lees-McRae	7.79		24.466 (24.466)	52.753 (28.287)	
---	Scott, Cameron	Emmanuel (Ga)	FS	14	Glenn, Ryan	Converse	53.13
Men 200 M					23.898 (23.898)	53.130 (29.232)	
Facility:		21.08 \$ 3/15/2014	Lamar Hargrove	15	Burton, Josh	Emmanuel (Ga)	53.88
College:		21.08 ! 3/15/2014	Lamar Hargrove		24.770 (24.770)	53.879 (29.109)	
Meet:		21.65 % 2017	Marquett Simmons, Jr.	16	Ketter, Tarrence	N. Greenville	53.89
Name	School	Prelims			24.393 (24.393)	53.885 (29.492)	
Preliminaries				17	May, Charles	Belmont Abbe	56.82
1	Burnette, Justen	Mount Olive	21.86Q		27.286 (27.286)	56.818 (29.532)	
2	Meadows, Noah	S. Wesleyan	22.19Q	18	Thompson-Williams, Eric	Barton	57.86
3	Mcfadden, Gavin	Converse	22.29Q		27.598 (27.598)	57.851 (30.253)	
4	Hart, Jason	Mount Olive	22.35Q	19	Kuhnemann, Wyatt	Unc Pembroke	57.90
5	Harvey, DaMarr	Unc Pembroke	22.38Q		25.598 (25.598)	57.894 (32.296)	
6	Lawton, Antavious	N. Greenville	22.62Q	---	Murphy-Redd, Logan	Belmont Abbe	DNF
7	Durham, Jacques	Barton	22.52q				
8	Bolden, Zachary	Belmont Abbe	22.63q				
9	Morrow, Travon	Unc Pembroke	22.73				
10	Copper, Justin	Barton	22.80				
11	Webb, Terrique	N. Greenville	22.83				
12	Coker, Preston	Unc Pembroke	22.87				
13	Buchanan, Tre	Emmanuel (Ga)	23.01				
14	Jensen, Kenneth	Belmont Abbe	23.17				
15	Scott, Cameron	Emmanuel (Ga)	23.18				

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Results

Men 5000 M

Facility: 13:35.64 \$ 2/24/2022 Athanas Kioko

College: 13:41.89 ! 2/19/2021 Aaron Bienenfeld

Meet: 14:17.89 % 2/20/2022 Joshua Chepkisir

Name	School	Finals
Finals		
1 Chepkisir, Joshua	Unc Pembroke	14:48.12 10
32.665 (32.665)	1:08.605 (35.940)	1:45.457 (36.852)
2:21.822 (36.365)	2:58.078 (36.256)	3:34.573 (36.495)
4:11.160 (36.587)	4:47.682 (36.522)	5:23.720 (36.038)
6:00.161 (36.441)	6:35.944 (35.783)	7:11.879 (35.935)
7:47.504 (35.625)	8:22.603 (35.099)	8:57.852 (35.249)
9:33.418 (35.566)	10:08.742 (35.324)	10:43.957 (35.215)
11:18.446 (34.489)	11:53.022 (34.576)	
13:03.104 (35.256)	13:38.880 (35.776)	14:13.990 (35.110)
14:48.116 (34.126)		
2 Goode, Hayden	N. Greenville	14:49.88 8
32.939 (32.939)	1:08.810 (35.871)	1:45.738 (36.928)
2:22.056 (36.318)	2:58.341 (36.285)	3:34.836 (36.495)
4:11.401 (36.565)	4:47.925 (36.524)	5:23.974 (36.049)
6:00.432 (36.458)	6:36.190 (35.758)	7:12.114 (35.924)
7:47.728 (35.614)	8:22.761 (35.033)	8:58.074 (35.313)
9:33.624 (35.550)	10:08.978 (35.354)	10:44.264 (35.286)
11:19.343 (35.079)	11:55.276 (35.933)	
13:08.651 (36.510)	13:44.467 (35.816)	14:18.927 (34.460)
14:49.879 (30.952)		
3 O'Neill, Ronan	S. Wesleyan	14:57.12 6
32.861 (32.861)	1:08.663 (35.802)	1:45.587 (36.924)
2:21.983 (36.396)	2:58.177 (36.194)	3:34.673 (36.496)
4:11.307 (36.634)	4:47.799 (36.492)	5:23.837 (36.038)
6:00.252 (36.415)	6:36.052 (35.800)	7:12.043 (35.991)
7:47.811 (35.768)	8:23.170 (35.359)	8:59.173 (36.003)
9:35.814 (36.641)	10:12.838 (37.024)	10:49.494 (36.656)
11:26.347 (36.853)	12:02.751 (36.404)	
13:16.964 (37.333)	13:53.253 (36.289)	14:25.783 (32.530)
14:57.119 (31.336)		
4 Junker, Norman	Unc Pembroke	14:57.25 5
35.226 (35.226)	1:10.508 (35.282)	1:47.222 (36.714)
2:23.754 (36.532)	2:59.884 (36.130)	3:36.483 (36.599)
4:13.118 (36.635)	4:48.589 (35.471)	5:24.654 (36.065)
6:00.686 (36.032)	6:36.406 (35.720)	7:12.465 (36.059)
7:48.312 (35.847)	8:24.570 (36.258)	9:01.224 (36.654)
9:38.000 (36.776)	10:14.857 (36.857)	10:51.592 (36.735)
11:28.311 (36.719)	12:05.194 (36.883)	
13:17.755 (36.342)	13:53.157 (35.402)	14:27.033 (33.876)
14:57.250 (30.217)		

5 Geckler, Max	Lees-McRae	15:21.52 4
37.303 (37.303)	1:13.925 (36.622)	1:50.751 (36.826)
2:27.581 (36.830)	3:03.905 (36.324)	3:39.888 (35.983)
4:15.811 (35.923)	4:52.480 (36.669)	5:28.986 (36.506)
6:05.843 (36.857)	6:41.080 (35.237)	7:17.497 (36.417)
7:54.180 (36.683)	8:31.478 (37.298)	9:08.850 (37.372)
9:46.483 (37.633)	10:24.400 (37.917)	11:02.259 (37.859)
11:39.747 (37.488)	12:18.169 (38.422)	
13:33.636 (37.120)	14:11.591 (37.955)	14:48.176 (36.585)
15:21.517 (33.341)		
6 Phieffer, Jack	Unc Pembroke	15:25.64 3
35.005 (35.005)	1:10.257 (35.252)	1:46.948 (36.691)
2:23.503 (36.555)	2:59.638 (36.135)	3:36.218 (36.580)
4:12.963 (36.745)	4:48.922 (35.959)	5:25.235 (36.313)
6:01.887 (36.652)	6:39.108 (37.221)	7:16.948 (37.840)
7:54.451 (37.503)	8:31.915 (37.464)	9:09.625 (37.710)
9:47.328 (37.703)	10:24.938 (37.610)	11:03.070 (38.132)
11:41.362 (38.292)	12:19.989 (38.627)	
13:37.470 (38.990)	14:15.924 (38.454)	14:52.155 (36.231)
15:25.633 (33.478)		
7 Tsegay, Aman	Mount Olive	15:29.33 2
36.690 (36.690)	1:13.086 (36.396)	1:49.755 (36.669)
2:27.134 (37.379)	3:04.005 (36.871)	3:40.417 (36.412)
4:16.611 (36.194)	4:52.981 (36.370)	5:29.618 (36.637)
6:06.074 (36.456)	6:43.651 (37.577)	7:21.122 (37.471)
7:57.625 (36.503)	8:34.451 (36.826)	9:10.698 (36.247)
9:47.010 (36.312)	10:23.228 (36.218)	11:00.291 (37.063)
11:37.829 (37.538)	12:15.365 (37.536)	
13:34.069 (39.673)	14:13.838 (39.769)	14:53.119 (39.281)
15:29.322 (36.203)		
8 Knott, Zachary	Belmont Abbe	15:31.29 1
36.207 (36.207)	1:11.869 (35.662)	1:48.740 (36.871)
2:25.516 (36.776)	3:02.381 (36.865)	3:39.271 (36.890)
4:15.703 (36.432)	4:51.938 (36.235)	5:28.147 (36.209)
6:05.474 (37.327)	6:43.466 (37.992)	7:20.350 (36.884)
7:57.281 (36.931)	8:34.721 (37.440)	9:11.265 (36.544)
9:48.587 (37.322)	10:26.161 (37.574)	11:03.551 (37.390)
11:41.821 (38.270)	12:20.772 (38.951)	
13:38.622 (38.960)	14:17.521 (38.899)	14:55.247 (37.726)
15:31.284 (36.037)		
9 Levy, Hunter	Unc Pembroke	15:42.10
35.656 (35.656)	1:11.610 (35.954)	1:48.397 (36.787)
2:25.256 (36.859)	3:02.093 (36.837)	3:38.995 (36.902)
4:15.438 (36.443)	4:51.672 (36.234)	5:27.866 (36.194)
6:05.218 (37.352)	6:43.240 (38.022)	7:21.189 (37.949)
7:58.792 (37.603)	8:36.439 (37.647)	9:14.874 (38.435)
9:53.759 (38.885)	10:33.552 (39.793)	11:12.771 (39.219)
11:52.183 (39.412)	12:31.680 (39.497)	
13:51.627 (40.062)	14:30.946 (39.319)	15:09.530 (38.584)
15:42.094 (32.564)		

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Finals ... (Men 5000 M)

Name	School	Finals					
10	15	16	17	18	19		
10	Cromer, Landon	Lees-McRae	16:05.44	16	Holcombe, Jacob	N. Greenville	16:09.99
35.343 (35.343)	37.094 (37.094)	1:14.917 (37.823)	1:53.558 (38.641)	35.345 (35.345)	1:11.366 (36.021)	1:49.009 (37.643)	
2:27.768 (37.176)	2:31.572 (38.014)	3:09.899 (38.327)	3:48.525 (38.626)	2:26.270 (37.261)	3:03.444 (37.174)	3:40.496 (37.052)	
4:19.814 (36.986)	4:26.006 (37.481)	5:03.066 (37.060)	5:40.466 (37.400)	4:17.764 (37.268)	4:54.961 (37.197)	5:32.766 (37.805)	
6:11.005 (37.226)	6:18.194 (37.728)	6:56.204 (38.010)	7:35.697 (39.493)	6:10.538 (37.772)	6:48.512 (37.974)	7:26.909 (38.397)	
8:04.489 (37.796)	8:14.706 (39.009)	8:53.668 (38.962)	9:33.516 (39.848)	8:05.609 (38.700)	8:44.208 (38.599)	9:23.682 (39.474)	
9:58.673 (37.815)	10:13.945 (40.429)	10:53.970 (40.025)	11:34.257 (40.287)	10:03.168 (39.486)	10:43.179 (40.011)	11:22.477 (39.298)	
11:53.585 (38.660)	12:14.773 (40.516)	12:55.074 (40.301)		12:01.986 (39.509)	12:42.063 (40.077)		
13:49.271 (38.393)	14:15.882 (39.990)	14:55.004 (39.122)	15:33.602 (38.598)	14:03.107 (41.016)	14:45.364 (42.257)	15:28.080 (42.716)	
15:43.751 (36.716)	16:05.437 (31.835)			16:09.984 (41.904)			
11	17	18	19	17	Wright, Jaxon	Converse	16:12.33
Macagg, Thomas	S. Wesleyan	15:45.85	36.139 (36.139)	1:13.205 (37.066)	1:51.265 (38.060)		
35.974 (35.974)	1:12.168 (36.194)	1:49.049 (36.881)	2:28.326 (37.061)	3:06.017 (37.691)	3:43.899 (37.882)		
2:26.285 (37.236)	3:02.953 (36.668)	3:39.580 (36.627)	4:21.465 (37.566)	5:00.322 (38.857)	5:39.643 (39.321)		
4:16.078 (36.498)	4:52.162 (36.084)	5:28.541 (36.379)	6:18.119 (38.476)	6:57.033 (38.914)	7:36.278 (39.245)		
6:05.551 (37.010)	6:43.365 (37.814)	7:21.399 (38.034)	8:15.015 (38.737)	8:54.225 (39.210)	9:34.135 (39.910)		
7:59.140 (37.741)	8:36.554 (37.414)	9:14.638 (38.084)	10:13.543 (39.408)	10:53.625 (40.082)	11:34.045 (40.420)		
9:52.627 (37.989)	10:31.029 (38.402)	11:10.060 (39.031)	12:14.261 (40.216)	12:53.953 (39.692)			
11:49.752 (39.692)	12:29.318 (39.566)		14:15.932 (40.563)	14:55.271 (39.339)	15:34.706 (39.435)		
13:49.330 (40.013)	14:29.498 (40.168)	15:09.035 (39.537)	16:12.322 (37.616)				
15:45.841 (36.806)							
12	12	13	14	18	Gallman, Nathan	Belmont Abbe	16:19.47
Reyna, Isaac	Lees-McRae	15:46.68	36.510 (36.510)	1:14.073 (37.563)	1:52.992 (38.919)		
35.937 (35.937)	1:12.119 (36.182)	1:49.201 (37.082)	2:31.837 (38.845)	3:10.286 (38.449)	3:49.238 (38.952)		
2:26.492 (37.291)	3:03.401 (36.909)	3:39.868 (36.467)	4:27.602 (38.364)	5:06.145 (38.543)	5:45.800 (39.655)		
4:16.145 (36.277)	4:52.748 (36.603)	5:29.339 (36.591)	6:24.763 (38.963)	7:04.689 (39.926)	7:43.996 (39.307)		
6:06.117 (36.778)	6:43.768 (37.651)	7:21.721 (37.953)	8:23.675 (39.679)	9:03.360 (39.685)	9:43.312 (39.952)		
7:59.565 (37.844)	8:38.044 (38.479)	9:16.854 (38.810)	10:23.757 (40.445)	11:04.037 (40.280)	11:43.441 (39.404)		
9:56.012 (39.158)	10:35.180 (39.168)	11:14.431 (39.251)	12:22.807 (39.366)	13:02.851 (40.044)			
11:54.266 (39.835)	12:33.244 (38.978)		14:23.804 (40.582)	15:04.061 (40.257)	15:42.842 (38.781)		
13:52.987 (39.930)	14:32.601 (39.614)	15:12.212 (39.611)	16:19.462 (36.620)				
15:46.680 (34.468)							
13	13	14	15	19	Harris, Izic	N. Greenville	16:45.81
Henry, Colin	Lees-McRae	15:47.70	36.706 (36.706)	1:13.638 (36.932)	1:51.155 (37.517)		
36.410 (36.410)	1:13.531 (37.121)	1:51.583 (38.052)	2:28.699 (37.544)	3:05.941 (37.242)	3:44.143 (38.202)		
2:28.649 (37.066)	3:06.252 (37.603)	3:43.807 (37.555)	4:23.163 (39.020)	5:02.599 (39.436)	5:41.330 (38.731)		
4:20.377 (36.570)	4:57.476 (37.099)	5:34.766 (37.290)	6:21.226 (39.896)	7:01.768 (40.542)	7:42.551 (40.783)		
6:12.428 (37.662)	6:50.438 (38.010)	7:28.218 (37.780)	8:23.191 (40.640)	9:03.934 (40.743)	9:45.494 (41.560)		
8:06.189 (37.971)	8:44.393 (38.204)	9:22.771 (38.378)	10:26.958 (41.464)	11:08.179 (41.221)	11:50.467 (42.288)		
10:00.728 (37.957)	10:39.232 (38.504)	11:17.655 (38.423)	12:33.686 (43.219)	13:16.649 (42.963)			
11:56.541 (38.886)	12:35.864 (39.323)		14:44.168 (43.938)	15:27.493 (43.325)	16:08.730 (41.237)		
13:53.476 (38.835)	14:32.165 (38.689)	15:11.007 (38.842)	16:45.807 (37.077)				
15:47.691 (36.684)							
14	14	15					
Marshall, Justin	Barton	15:54.30					
36.244 (36.244)	1:12.429 (36.185)	1:49.387 (36.958)					
2:25.801 (36.414)	3:02.301 (36.500)	3:38.746 (36.445)					
4:15.168 (36.422)	4:51.373 (36.205)	5:27.623 (36.250)					
6:04.987 (37.364)	6:43.031 (38.044)	7:20.925 (37.894)					
7:59.297 (38.372)	8:37.834 (38.537)	9:18.032 (40.198)					
9:58.150 (40.118)	10:38.958 (40.808)	11:19.479 (40.521)					
12:00.084 (40.605)	12:40.270 (40.186)						
13:59.982 (39.337)	14:39.657 (39.675)	15:18.646 (38.989)					
15:54.298 (35.652)							

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Finals ... (Men 5000 M)

Name	School	Finals
20 Booher, Josh	King	16:47.85
36.906 (36.906)	1:13.354 (36.448)	1:50.031 (36.677)
2:27.377 (37.346)	3:04.311 (36.934)	3:40.760 (36.449)
4:18.069 (37.309)	4:55.316 (37.247)	5:33.525 (38.209)
6:13.525 (40.000)	6:55.133 (41.608)	7:37.055 (41.922)
8:18.827 (41.772)	9:00.423 (41.596)	9:42.108 (41.685)
10:24.976 (42.868)	11:07.585 (42.609)	11:50.611 (43.026)
12:33.698 (43.087)	13:16.935 (43.237)	
14:42.521 (42.405)	15:25.509 (42.988)	16:08.019 (42.510)
16:47.846 (39.827)		
21 Sanders, Mason	King	16:56.89
37.159 (37.159)	1:13.578 (36.419)	1:50.429 (36.851)
2:28.374 (37.945)	3:05.643 (37.269)	3:43.008 (37.365)
4:21.972 (38.964)	5:01.872 (39.900)	5:41.966 (40.094)
6:22.580 (40.614)	7:05.040 (42.460)	7:47.444 (42.404)
8:29.023 (41.579)	9:11.372 (42.349)	9:53.449 (42.077)
10:35.483 (42.034)	11:18.154 (42.671)	12:01.263 (43.109)
12:43.866 (42.603)	13:26.986 (43.120)	
14:52.547 (42.553)	15:33.823 (41.276)	16:16.416 (42.593)
16:56.885 (40.469)		
22 Wright, Zac	Emmanuel (Ga	17:02.63
39.185 (39.185)	1:21.345 (42.160)	2:02.672 (41.327)
2:43.900 (41.228)	3:25.458 (41.558)	4:07.593 (42.135)
4:48.770 (41.177)	5:29.788 (41.018)	6:10.552 (40.764)
6:52.278 (41.726)	7:34.332 (42.054)	8:16.339 (42.007)
8:58.017 (41.678)	9:38.397 (40.380)	10:19.529 (41.132)
11:00.086 (40.557)	11:40.304 (40.218)	12:21.670 (41.366)
13:03.285 (41.615)	13:44.783 (41.498)	
15:06.178 (40.403)	15:46.184 (40.006)	16:26.692 (40.508)
17:02.622 (35.930)		
23 Wheeler, Jeremiah	Emmanuel (Ga	17:27.18
39.637 (39.637)	1:21.773 (42.136)	2:03.133 (41.360)
2:44.234 (41.101)	3:25.752 (41.518)	4:07.918 (42.166)
4:49.162 (41.244)	5:29.673 (40.511)	6:10.275 (40.602)
6:51.990 (41.715)	7:34.091 (42.101)	8:16.083 (41.992)
8:57.750 (41.667)	9:38.857 (41.107)	10:19.933 (41.076)
11:00.969 (41.036)	11:42.200 (41.231)	12:24.461 (42.261)
13:07.236 (42.775)	13:49.498 (42.262)	
15:14.431 (42.634)	15:59.266 (44.835)	16:44.293 (45.027)
17:27.173 (42.880)		

7 Gulapa, Joshua Belmont Abbe 8.65q

Men 60 M Hurdles

Facility: 7.55 \$ 1/31/2015 Aleec Harris
 College: 7.63 ! 2/4/2017 Michael Dickson
 Meet: 7.77 % 2017 Marshawn Scott

Name	School	Prelims
Preliminaries		
1 Callahan, Tayvon	Unc Pembroke	8.32Q
2 Sims, Jacobie	N. Greenville	8.63Q
3 Martin, Jordan	Mount Olive	8.47q
4 Kohlhagen, Ryan	Belmont Abbe	8.52q
5 Gunter, Jeffrey	Unc Pembroke	8.53q
6 Bargaineer, Christian	Lees-McRae	8.63q

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8	Durham, Jacquez	Barton	8.65q
9	Jones, Shaun	Erskine	8.78
10	Robinson, Ronnie	Barton	8.79
11	Gunn, Cameron	Belmont Abbe	8.92
12	Medley, Donald	Converse	9.14
13	Hutchins, Kris	Emmanuel (Ga	10.15
---	Eaton, Tucker	Barton	FS
---	Thomason, Marcus	N. Greenville	FS

Men Distance Medley

Facility: 9:32.96 \$ 2/18/2022

Fleming, Sapp, Anthony, Lopez Segura

College: 9:32.96 ! 2/18/2022

Fleming, Sapp, Anthony, Lopez Segura

Meet: 10:29.33 % 2014

Sessions, Powell, Wamer, Nesbitt

	Team	Relay	Finals
Finals			
1	Emmanuel (Ga.)	A	10:26.24% 10
	1) Hernandez, Demarco	2) Buchanan, Tre	
	3) Barrios, Felipe	4) Martin, Brandon	
	3:17.660 (3:17.660)	4:08.154 (50.494)	6:08.021 (1:59.867)
	10:26.233 (4:18.212)		
2	Belmont Abbey	A	10:28.30% 8
	1) Sause, Brian	2) Coleman, Jesse	
	3) Willett, Adam	4) Wunder, Elliot	
	3:12.599 (3:12.599)	4:02.503 (49.904)	6:02.506 (2:00.004)
	10:28.300 (4:25.794)		
3	North Greenville	A	10:30.83 6
	1) Beebe, Jaxon	2) Meekins, Jordan	
	3) McIntyre, Gray	4) Dugar, Brandon	
	3:12.305 (3:12.305)	4:04.187 (51.882)	6:01.125 (1:56.939)
	10:30.825 (4:29.700)		
4	Southern Wesleyan	A	10:40.75 5
	1) Sauve, Jesse	2) Gillespie, Grayson	
	3) Clark, Grady	4) Jones, Drew	
	3:18.648 (3:18.648)	4:14.289 (55.641)	6:15.518 (2:01.230)
	10:40.743 (4:25.226)		
5	Lees-McRae	A	10:40.91 4
	1) Arendash, Silas	2) Urichko, Ethan	
	3) Gillis, Josh	4) Freeman, Rien	
	3:19.295 (3:19.295)	4:13.947 (54.653)	6:12.403 (1:58.456)
	10:40.907 (4:28.504)		
6	Erskine	A	10:42.08 3
	1) Chance, Cayden	2) Jefferson, Nick	
	3) Scruggs, Dustyn	4) Tindale, Joey	
	3:26.119 (3:26.119)	4:18.448 (52.329)	6:19.917 (2:01.470)
	10:42.073 (4:22.156)		
7	Converse	A	10:49.12 2
	1) Lee, Ethan	2) Lucy, Nathan	
	3) Guyton, DreQuan	4) Rios Brena, Luis	
	3:25.366 (3:25.366)	4:18.821 (53.455)	6:20.145 (2:01.325)
	10:49.118 (4:28.973)		

Finals ... (Men Distance Medley)

	Team	Relay	Finals
8	Mount Olive	A	11:09.51 1
	1) Bierly, Nathanael	2) Walker, Jontavus	
	3) Villafranco, Richard	4) Marci, Mattia	
	3:17.942 (3:17.942)	4:09.671 (51.729)	6:24.527 (2:14.857)
	11:09.502 (4:44.975)		
9	Barton	A	11:58.09
	1) Robles, Amando	2) Thompson-Williams, Eric	
	3) Thomas, Lee	4) Owens, Deshawn	
	3:24.537 (3:24.537)	4:17.501 (52.965)	6:28.341 (2:10.840)
	11:58.088 (5:29.747)		
10	King	A	12:09.16
	1) Allison, Jake	2) Thomas, Noah	
	3) Pacheco, Jesus	4) Thomas, Mason	
	3:50.550 (3:50.550)	4:49.114 (58.564)	7:04.199 (2:15.086)
	12:09.153 (5:04.954)		
---	Unc Pembroke	A	DQ
	1) Nervo, Lucas	2) Kuhnemann, Wyatt	
	3) Burkhardt, Delsin	4) Chepkesir, Joshua	
	3:11.409 (3:11.409)	4:02.555 (51.146)	5:57.367 (1:54.812)
	10:19.785 (4:22.419)		

Men High Jump

Facility: 2.24m \$ 12/1/2012 Kris Kornegay-Gober

College: 2.24m ! 12/1/2012 Kris Kornegay-Gober

Meet: 2.14m % 2014 Khalil Henry

	Name	School	Finals
Finals			
1	Johnson, Kamden	Mount Olive	2.03m 10
2	Lavender, Demonte	Mount Olive	2.00m 8
3	Green, Jayden	Lees-McRae	1.95m 6
4	Whittle, Chandler	S. Wesleyan	1.90m 4.5
4	Thorson, Rexton	Belmont Abbe	1.90m 4.5
6	Forrest, Orian	Emmanuel (Ga	J1.90m 2.5
6	Webb, Terrique	N. Greenville	J1.90m 2.5
8	Burke, Jason	Emmanuel (Ga	1.85m 1
9	Hawkins, Matthew	Erskine	J1.85m
10	Fontaine, Braxton	Barton	1.80m
11	Gunter, Jeffrey	Unc Pembroke	J1.80m
12	Manning, Josh	Mount Olive	1.75m
---	Roberts, Trey	Unc Pembroke	NH
---	McCaw, Andrew	Belmont Abbe	NH
---	Koelling, Kaleb	Belmont Abbe	NH
---	Bailey, Ddallen	King	NH

Men Long Jump

Facility: 7.81m \$ 11/16/2013 Mikese Morse

College: 7.76m ! 2/21/2014 Andre Dorsey

Meet: 7.63m % 2018 Lawrence Russell, Jr.

	Name	School	Finals
Finals			
1	Webb, Terrique	N. Greenville	7.06m 10
2	Johnson, Kamden	Mount Olive	6.90m 8
3	Kimbrough, Jeremiah	Mount Olive	6.78m 6
4	Lewis, Kendrick	Unc Pembroke	6.70m 5

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5	Foster, Royal	N. Greenville	6.66m	4
6	Pearson, Chace	Barton	16.66m	3
7	Hamlett, Jaleal	Mount Olive	6.64m	2
8	Manning, Josh	Mount Olive	6.49m	1
9	Jackson, Elijah	Belmont Abbe	6.48m	
10	Bunker, David	Unc Pembroke	6.33m	
11	Henfield, Clathton	King	6.30m	
12	Burke, Jason	Emmanuel (Ga)	6.19m	
13	Hall, Elijah	Converse	6.16m	
14	Fontaine, Braxton	Barton	6.11m	
15	Elmer, Orrin	Lees-McRae	6.10m	
16	Hutchins, Kris	Emmanuel (Ga)	5.83m	
17	Wilson, Miguel	Unc Pembroke	5.53m	
18	Stroin, Zach	King	5.51m	
19	Bailey, Ddallen	King	5.37m	
---	Jones, Kaleb	Emmanuel (Ga)		ND

Men - Team Rankings - 5 Events Scored

1)	Mount Olive	62
2)	North Greenville	30.5
3)	UNC Pembroke	24
4)	Southern Wesleyan	17.5
5)	Lees-McRae	14
6)	Emmanuel (Ga.)	13.5
6)	Belmont Abbey	13.5
8)	King	8
9)	Erskine	7
10)	Barton	3
11)	Converse	2

Men Weight Throw

Facility: 23.24m \$ 12/2/2017 Josh Davis

College: 23.24m ! 12/2/2017 Josh Davis

Meet: 18.09m % 2/20/2022 Jon Wojcuich

Name	School	Finals
Finals		
1	Smith-Forte, Alex	Mount Olive 17.53m 10
2	Miller, Kolin	King 16.58m 8
3	Long, Israel	Mount Olive 16.51m 6
4	Tolbert, Dorian	Mount Olive 16.31m 5
5	Walker, Gabriel	Erskine 15.76m 4
6	Faison, Josh	Mount Olive 15.28m 3
7	Campbell, Aidan	S. Wesleyan 14.71m 2
8	Oxendine, Bennie	Unc Pembroke 14.38m 1
9	Walker, Justin	Unc Pembroke 14.28m
10	Marlowe, Greyson	Erskine 14.12m
11	Gordy, Luke	S. Wesleyan 13.92m
12	Crawford, Billy	Mount Olive 13.79m
13	Douglas, Cedric	Unc Pembroke 12.91m
14	Lavender, Tyrese	Mount Olive 12.48m
15	Lopez, Cristobal	Converse 12.23m
16	Fortner, Dylan	N. Greenville 12.07m
17	Crowe, Bailey	N. Greenville 10.49m
18	Schuster, James	Belmont Abbe 9.03m

Women - Team Rankings - 5 Events Scored

1)	UNC Pembroke	49
2)	Mount Olive	41
3)	Converse	25
4)	Southern Wesleyan	19
5)	King	18
6)	North Greenville	13
7)	Belmont Abbey	12
8)	Lees-McRae	6
9)	Emmanuel (Ga.)	5
10)	Erskine	4
11)	Barton	3