

## Cardinal Track &amp; Field Classic - 1/21/2023

## PG Sports Complex

## Results

## Women 60 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Cooper, Kayla	FR	District of	7.95q
2 Ndiaye, Seynabou		DC Internati	8.08q
3 Baxter, Janel	FR	District of	8.12q
4 Mboob, Agi	SO	Bowie State	8.12q
5 Jarrett, Ayesha	SO	District of	8.19q
6 Shelton, Kayleigh	FR	District of	8.21q
7 Ricard, Madelyn	SO	Loyola (Md.)	8.25q
8 Bakare, Tahira	JR	Goucher	8.27q
8 Ayukegba, Ashley	FR	Unattached	8.27q
10 Hankerson, Jordan	0	DC Internati	8.33q
11 Benzinger, Emma	FR	George Washi	8.38q
12 Hsu, Marissa	JR	Johns Hopkin	8.40q
13 Dunn, Ava	SR	Loyola (Md.)	8.51q
14 Kepler, Hannah	FR	Stevenson	8.52q
15 Nilsson, Sophie	SO	Johns Hopkin	8.53q
16 Taylor, Christine	SR	District of	8.54q
17 Gabriel, Jaelan	JR	Goucher	8.55
18 Omoniyi, Blessing	SO	Unattached	8.60
19 Bixenman, Ellie	JR	Catholic	8.61
20 Skelton, Bianca	JR	Johns Hopkin	8.72
21 Hinton-Ayodele, Carter	SO	Goucher	8.73
22 Troxel, Aila	SO	Catholic	8.83
23 Stevens, Leah	FR	Hagerstown C	8.89
24 Lehr, Susannah	JR	Stevenson	8.94
25 Kenine, Onyinyechi	FR	Loyola (Md.)	9.08
26 Saiyed, D'Leela	SO	George Washi	9.10
27 Kroedel, Sarah	FR	Stevenson	9.25
28 Buffington, Abigail	SO	Elizabethtow	9.28
29 Corcoran, Ashley	FR	Gallaudet	9.59
30 McCarthy, Madeline	SO	Catholic	9.62
31 Woodyard, Sannya	FR	Gallaudet	9.90
32 DeBlois, Madeline	SR	Elizabethtow	9.98
33 Taveras, Isabelle	FR	Gallaudet	10.23

## Women 60 Meter Dash

Name	Yr	School	Semis
<b>Semi-Finals</b>			
1 Cooper, Kayla	FR	District of	7.84q
2 Ndiaye, Seynabou		DC Internati	8.01q
3 Mboob, Agi	SO	Bowie State	8.02q
4 Jarrett, Ayesha	SO	District of	8.12q
5 Baxter, Janel	FR	District of	8.13q
6 Hsu, Marissa	JR	Johns Hopkin	8.14q
7 Hankerson, Jordan	0	DC Internati	8.19q
8 Ricard, Madelyn	SO	Loyola (Md.)	8.20q
9 Shelton, Kayleigh	FR	District of	8.21
10 Ayukegba, Ashley	FR	Unattached	8.25
11 Bakare, Tahira	JR	Goucher	8.25
12 Benzinger, Emma	FR	George Washi	8.36
13 Kepler, Hannah	FR	Stevenson	8.37
14 Dunn, Ava	SR	Loyola (Md.)	8.45
15 Taylor, Christine	SR	District of	8.49

## Women 60 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Cooper, Kayla	FR	District of	7.86
2 Mboob, Agi	SO	Bowie State	7.99
3 Baxter, Janel	FR	District of	8.07
4 Hsu, Marissa	JR	Johns Hopkin	8.16
5 Shelton, Kayleigh	FR	District of	8.18
6 Jarrett, Ayesha	SO	District of	8.20
7 Bakare, Tahira	JR	Goucher	8.22
8 Ricard, Madelyn	SO	Loyola (Md.)	8.23

## Women 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Thompson, Dayna	FR	District of	25.75
2 Cooper, Kayla	FR	District of	25.91
3 Jarrett, Ayesha	SO	District of	26.69
4 Francis, Tukey	FR	District of	26.69
5 Baxter, Janel	FR	District of	26.72
6 Ndiaye, Seynabou		DC Internati	26.82
7 Ayukegba, Ashley	FR	Unattached	27.30
8 Bakare, Tahira	JR	Goucher	27.48
9 Wilson, Jasmine	JR	Stevenson	27.53
10 White, Yvette		DC Internati	27.81
11 Mancini, Marcella	FR	George Washi	28.02
12 Benzinger, Emma	FR	George Washi	28.30
13 Signou, Agnes	JR	Marymount (V)	28.34
14 Bixenman, Ellie	JR	Catholic	28.48
15 Kepler, Hannah	FR	Stevenson	28.63
16 Graham, Zahra	FR	Bowie State	28.73
17 Stevens, Leah	FR	Hagerstown C	28.81
18 Ehirn, Destiny	SO	Bowie State	28.95
19 Cardona, Laura	SR	Elizabethtow	28.96
20 Kistner, Emma	SO	Goucher	29.04
21 Conklin, Deziree	SO	Marymount (V)	29.07
22 Troxel, Aila	SO	Catholic	29.11
23 Hamer, Brooke	FR	Marymount (V)	29.34
24 Omoniyi, Blessing	SO	Unattached	29.39
25 Noel, Destiny	SO	Marymount (V)	29.63
26 Hess, Kaitlyn	FR	Stevenson	29.70
27 Lehr, Susannah	JR	Stevenson	30.01
28 Smallwood, Andrea		DC Internati	30.18
29 White, Maya	SR	George Washi	30.92
30 Cheney, Dorian	SO	Goucher	31.08
31 Hinton-Ayodele, Carter	SO	Goucher	31.09
32 Saiyed, D'Leela	SO	George Washi	31.64
33 Kroedel, Sarah	FR	Stevenson	31.80
34 McCarthy, Madeline	SO	Catholic	32.34
35 Ward, Emily	SR	Elizabethtow	33.03
36 Woodyard, Sannya	FR	Gallaudet	33.88
37 Corcoran, Ashley	FR	Gallaudet	34.77

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## Results

## Women 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Thompson, Dayna	FR	District of	1:01.23
2 Francis, Tukey	FR	District of	1:01.54
3 White, Yvette		DC Internati	1:02.09
4 Mancini, Marcella	FR	George Washi	1:02.94
5 Wilson, Jasmine	JR	Stevenson	1:02.98
6 Carlin, Jesse		Pacers/GRC N	1:03.24
7 Massoud, Alexia	FR	George Washi	1:04.58
8 Kistner, Emma	SO	Goucher	1:04.98
9 Champagne, Alyssa	SO	Catholic	1:06.28
10 Fiore, Olivia		Unattached	1:06.43
11 Fodero, Kate	SO	Catholic	1:06.81
12 Wilkes, Chacoia	JR	District of	1:06.84
13 Patton, Melissa	SO	Elizabethtow	1:07.52
14 Georgieff, Axel	SO	Elizabethtow	1:08.38
15 Swann, Alissa	FR	Stevenson	1:08.60
16 Day, Skyliya	SO	Stevenson	1:10.81
17 D'Iorio, Jessica	JR	Elizabethtow	1:11.98
18 Washington, Skye	FR	Goucher	1:12.11

## Women 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Seifert, Lexi	SR	George Washi	2:18.38
2 Mitchell, Sarah	FR	George Washi	2:18.95
3 Moehringer, Emily	SO	Catholic	2:21.75
4 Thornton-Fillyaw, Tanise	FR	Goucher	2:25.45
5 Morrison, Samantha	FR	District of	2:26.94
6 Mazumder, Rita	FR	George Washi	2:27.53
7 Long, Kirsten	JR	George Washi	2:28.24
8 Gaspers, Apolline	SO	Catholic	2:29.28
9 Boylan, Una	FR	George Washi	2:29.43
10 Doran, Izzy	SR	George Washi	2:31.51
11 Lewis, Destiny	FR	Bowie State	2:31.58
12 LaMarra, Mia	FR	Catholic	2:33.53
13 Enwereji, Catherine	FR	Bowie State	2:34.02
14 Evoy, Kylie	JR	Elizabethtow	2:38.38
15 Kadiri, Victoria	SO	Johns Hopkin	2:45.51
16 Eagle, Malee	FR	Stevenson	2:47.69
17 Donoho, Jaclyn	FR	Johns Hopkin	2:50.98
18 Wilkes, Chacoia	JR	District of	2:52.07
19 Brashears, Molly	FR	Hagerstown C	2:53.60
20 McConnell, Celest	FR	Stevenson	2:56.63
21 Thompson, Maggie	FR	Hagerstown C	2:57.06
22 Colebert, Jillian	SR	Catholic	3:03.67
23 Pare, Madeleine	FR	Marymount (V)	3:05.28
24 Lebaron, Cassidy	JR	Gallaudet	3:16.57

## Women 1 Mile Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Mitchell, Sarah	FR	George Washi	5:02.08
2 Parle, Yukino	SR	George Washi	5:02.19

3 Oaster, Kelty	JR	Elizabethtow	5:13.34
4 Doran, Izzy	SR	George Washi	5:19.36
5 Inglis, Kate	SO	Catholic	5:26.19
6 Boylan, Una	FR	George Washi	5:28.93
7 Thornton-Fillyaw, Tanise	FR	Goucher	5:32.03
8 Nussey, Georgia	SO	Catholic	5:32.39
9 Zelch, Zoe	SR	Catholic	5:33.94
10 Boag, Kasey	SO	Loyola (Md.)	5:35.25
11 Perlov, Ava	FR	Catholic	5:39.67
12 Potter, Julia	JR	George Washi	5:44.70
13 Abood, Sadie	JR	Catholic	5:45.38
14 Lountchenko, Sonia	FR	George Washi	5:51.04
15 O'Toole, Emma	FR	Elizabethtow	6:18.74
16 McConnell, Celest	FR	Stevenson	6:19.56
17 Broggi, Alexis	FR	Elizabethtow	6:22.67
18 Pare, Madeleine	FR	Marymount (V)	6:46.74
19 Pratt, Sierra	SO	Gallaudet	6:58.83

## Women 3000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Kinkead, Katie		Pacers/GRC N	10:20.88
2 McDonnell, Claire	JR	George Washi	10:50.09
3 Konyar, Mackenzie	JR	George Washi	11:03.59
4 Finnegan, Avery	FR	Marymount (V)	11:03.74
5 Fitzgibbon, Melissa	SR	Elizabethtow	11:05.71
6 Ruffino, Catherine	JR	George Washi	11:07.76
7 Maddalena, Kylie	FR	Loyola (Md.)	11:25.11
8 Al Naseri, Maryam	SR	Stevenson	11:31.08
9 Noecker, Stella	SR	Catholic	11:32.62
10 Branham, Marissa	SR	Loyola (Md.)	11:40.45
11 Smith, Isabelle	SO	Elizabethtow	11:46.33
12 Webber, Madison	SR	Elizabethtow	11:53.05
13 Anderson, Isabell	FR	Elizabethtow	12:19.83
14 Bires, Anna		Unattached	12:20.23
15 Guelcher, Katie	SR	Elizabethtow	12:58.40
16 Weirsky, Gabrielle	FR	Marymount (V)	13:35.77
17 Johnson, Kristin	JR	Marymount (V)	14:12.66

## Women 5000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Pardew, Isabelle	SR	Stevenson	18:07.79

## Women 60 Meter Hurdles

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kadiri, Victoria	SO	Johns Hopkin	9.49q
2 Marsh, Clare	SO	Catholic	9.66q
3 Ehirn, Destiny	SO	Bowie State	9.84q
4 Cardona, Laura	SR	Elizabethtow	10.11q
5 Faupel, Trinity	FR	Elizabethtow	10.38q
6 Donoho, Jaclyn	FR	Johns Hopkin	10.64q
7 Somers, Emma	JR	Johns Hopkin	10.70q
8 Taylor, Christine	SR	District of	10.91q
9 Fodero, Kate	SO	Catholic	11.40

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## Preliminaries ... (Women 60 Meter Hurdles)

Name	Yr	School	Prelims
10 Ward, Emily	SR	Elizabethtow	11.72
--- Shelton, Kayleigh	FR	District of	DQ

## Women 60 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Kadiri, Victoria	SO	Johns Hopkin	9.53
2 Ehirn, Destiny	SO	Bowie State	9.71
3 Cardona, Laura	SR	Elizabethtow	10.08
4 Donoho, Jaclyn	FR	Johns Hopkin	10.70
5 Taylor, Christine	SR	District of	10.72
--- Faupel, Trinity	FR	Elizabethtow	DNF
--- Somers, Emma	JR	Johns Hopkin	DNF

## Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 District of Columbia	A	4:18.17
1) Thompson, Dayna FR	2) Jarrett, Ayesha SO	
3) Shelton, Kayleigh FR	4) Francis, Tukey FR	
2 Goucher	A	4:20.60
1) Bakare, Tahira JR	2) Thornton-Fillyaw, Tanise FR	
3) Enow, Precious FR	4) Gabriel, Jaelan JR	
3 Bowie State	A	4:21.51
1) Enwereji, Catherine FR	2) Mboob, Agi SO	
3) Lewis, Destiny FR	4) Hopper, Aliyah SO	
4 Catholic	A	4:25.23
1) Marsh, Clare SO	2) Moehringer, Emily SO	
3) LaMarra, Mia FR	4) Gaspers, Apolline SO	
5 Elizabethtown	B	4:29.22
1) Georgieff, Axel SO	2) D'Iorio, Jessica JR	
3) Stern, Lucy FR	4) Wagner, Jarrett JR	
6 Marymount (Va.)	A	4:42.30
1) Conklin, Deziree SO	2) Noel, Destiny SO	
3) Hamer, Brooke FR	4) Signou, Agnes JR	
7 Elizabethtown	A	5:03.68
1) Evoy, Kylie JR	2) Patton, Melissa SO	
3) Cardona, Laura SR	4) Oaster, Kelty JR	

## Women High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Reineman, Josey	SO	Hagerstown C	1.61m
2 Donoho, Jaclyn	FR	Johns Hopkin	1.52m
3 Shaw, Zoe	FR	District of	J1.52m
4 Kadiri, Victoria	SO	Johns Hopkin	J1.52m
4 Cheney, Dorian	SO	Goucher	J1.52m
4 Itterly, Jocelynn	SR	Elizabethtow	J1.52m
7 Graham, Zahra	FR	Bowie State	1.42m
8 Day, Skyli	SO	Stevenson	J1.42m
9 Sjosward, Abby	SO	Catholic	1.32m
--- Lehr, Susannah	JR	Stevenson	NH

## Women Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Soto, Sarah-Caulley	FR	Johns Hopkin	3.35m
2 Brown, Cassidy	SO	Johns Hopkin	J3.35m
3 Skelton, Bianca	JR	Johns Hopkin	2.90m
4 Ek, Mikaila	FR	Hagerstown C	J2.90m
5 Somers, Emma	JR	Johns Hopkin	J2.90m
6 Williams-White, Leah	FR	Howard	2.20m

## Women Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Cheney, Dorian	SO	Goucher	5.02m
2 Hsu, Marissa	JR	Johns Hopkin	4.94m
3 Conklin, Deziree	SO	Marymount (V)	4.93m
4 Wetzel, Hannah	JR	Gallaudet	4.92m
4 Bartlett, Sara	SO	Johns Hopkin	4.92m
6 Nilsson, Sophie	SO	Johns Hopkin	4.88m
7 Donoho, Jaclyn	FR	Johns Hopkin	4.82m
8 Campbell, Shakila	FR	Bowie State	4.69m
9 Baxter, Janel	FR	District of	4.67m
10 Graham, Zahra	FR	Bowie State	4.63m
11 Shaw, Zoe	FR	District of	4.61m
12 Hess, Kaitlyn	FR	Stevenson	4.55m
13 Omoniyi, Blessing	SO	Unattached	4.48m
14 Stern, Lucy	FR	Elizabethtow	4.39m
15 Cahill, Emily	JR	Johns Hopkin	4.24m
16 Dumas, Jordan	SO	Goucher	4.16m
17 Kotliarov, Alexandra	FR	Marymount (V)	4.12m
18 Osei, Nicole	SR	Stevenson	4.09m
19 Taveras, Isabelle	FR	Gallaudet	2.85m

## Women Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Hinton-Ayodele, Carter	SO	Goucher	10.99m
2 Shaw, Zoe	FR	District of	10.90m
3 Bartlett, Sara	SO	Johns Hopkin	10.68m
4 Nilsson, Sophie	SO	Johns Hopkin	10.66m
5 Campbell, Shakila	FR	Bowie State	10.27m
6 Gabriel, Jaelan	JR	Goucher	10.00m
7 Cahill, Emily	JR	Johns Hopkin	9.77m
8 Dumas, Jordan	SO	Goucher	9.58m
9 Stern, Lucy	FR	Elizabethtow	9.47m
10 Somers, Emma	JR	Johns Hopkin	9.25m
11 Hess, Kaitlyn	FR	Stevenson	9.10m
12 Osei, Nicole	SR	Stevenson	9.01m

## Women Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Davis, Midajah	SO	Gallaudet	12.72m
2 Healy, Samantha	SR	Marymount (V)	11.86m
3 Neff, Kelsey	JR	Johns Hopkin	11.80m

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## Results

## Finals ... (Women Shot Put)

Name	Yr	School	Finals
4 Donegan, Ciara	SO	Catholic	11.13m
5 Kamara, Yassine	JR	Unattached	11.11m
6 Buttiglieri, Grace	SO	Catholic	11.07m
7 Ezumba, Erika	FR	Johns Hopkin	10.76m
8 Noel, Jada	SR	Marymount (V	10.36m
9 Early, Nashae	JR	Unattached	10.05m
10 McGirt, Jazmyn	FR	Bowie State	10.03m
11 Williams, Kendra	SR	District of	9.93m
12 Wynder, Shayla	SR	Marymount (V	9.77m
13 Neidig, Mylea	JR	Elizabethtow	9.72m
14 Bradney, Maura	SO	Elizabethtow	9.63m
15 Poindexter, Jamesia	FR	Bowie State	9.61m
16 Soto, Trinity	SR	Elizabethtow	9.58m
17 Roth, Sarah	FR	Goucher	9.50m
18 Carbaugh, Abigail	SR	Elizabethtow	9.13m
19 Allen, Faith	JR	Marymount (V	8.42m
20 Guagenti, Cara	FR	Stevenson	8.38m
21 Agbemble, Kyrah	FR	Stevenson	8.14m
22 Lewis, Mikel	FR	Bowie State	8.04m
23 Kouami- Katou, Emmanuela	FR	District of	8.02m
24 Beritela, Carina	FR	Johns Hopkin	7.51m
25 Santiago, Alexys	JR	Gallaudet	6.82m
26 Nelson, Lilian	SO	Gallaudet	5.96m
27 Powell, Mahogany	SO	Gallaudet	5.70m

## Women Weight Throw

Name	Yr	School	Finals
1 Kouami- Katou, Emmanuela	FR	District of	15.04m
2 Healy, Samantha	SR	Marymount (V	14.81m
3 Buttiglieri, Grace	SO	Catholic	13.59m
4 Galeano, Andrea		Unattached	13.40m
5 Noel, Jada	SR	Marymount (V	12.70m
6 Donegan, Ciara	SO	Catholic	12.24m
7 Roth, Sarah	FR	Goucher	12.21m
8 Zambo, Julia	JR	Johns Hopkin	12.16m
9 Neff, Kelsey	JR	Johns Hopkin	11.82m
10 Kerr, Emma	JR	Catholic	11.38m
11 Soto, Trinity	SR	Elizabethtow	11.25m
12 Agbemble, Kyrah	FR	Stevenson	10.86m
13 Early, Nashae	JR	Unattached	10.82m
14 Miller, Erin	JR	Elizabethtow	10.62m
15 Buehler, McKayla	SO	Marymount (V	10.38m
16 Coppola-Millner, Brenna		Unattached	10.24m
17 Murphy, Halie	FR	Catholic	9.71m
18 Wynder, Shayla	SR	Marymount (V	9.66m
19 Ezumba, Erika	FR	Johns Hopkin	9.05m
20 Bradney, Maura	SO	Elizabethtow	8.91m
21 Carbaugh, Abigail	SR	Elizabethtow	8.61m
22 Guagenti, Cara	FR	Stevenson	7.52m
23 Beritela, Carina	FR	Johns Hopkin	6.09m

## Men 60 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Anderson, Robin	SR	Unattached	6.99q
2 Holland, Myron	JR	Elizabethtow	7.00q
3 Compton, Sam	SO	Catholic	7.17q
4 Custodio, Koby	SO	Unattached	7.18q
5 Gregory, Eric	JR	Gallaudet	7.18q
6 Hawkins, Ezekiel	JR	Howard	7.29q
7 Galang, James	SO	Catholic	7.31q
8 Ashton, Gareth	JR	Gallaudet	7.32q
9 Lewis, Deonte	FR	Goucher	7.33q
10 Belgrave, Jalen	SR	Elizabethtow	7.35q
11 Mclaurin, Ratez	SR	Unattached	7.37q
12 Honeyblue, Mustafa	JR	Goucher	7.39q
13 Mack, Amar	FR	Stevenson	7.41q
14 Schwab, Evan	SR	Elizabethtow	7.42q
15 Eldridge, Christian	FR	Stevenson	7.43q
16 Lamb, Matthew	FR	Elizabethtow	7.47q
17 Jatto, Ezekiel	SO	Unattached	7.50
18 Anderson, Cooper	FR	Marymount (V	7.51
19 Struggs, Samuel	FR	Marymount (V	7.53
20 Clark, Dvonte	SO	Hagerstown C	7.55
20 Holloway, Marcus	FR	Bowie State	7.55
22 Douglas, Walter	SO	Gallaudet	7.59
23 King, Jayden	FR	Stevenson	7.60
24 Anderson, Corey	FR	Bowie State	7.61
25 Bourne, Joshua	SO	Gallaudet	7.61
26 Jatto, Michael	FR	Unattached	7.62
27 Stevenson, Joshua	FR	Goucher	7.65
28 Solomon, Jacob	SO	Elizabethtow	7.68
28 Irving, Stephen		DC Internati	7.68
28 Bell, Dylan	FR	Catholic	7.68
31 Hancock, Brandon	FR	Catholic	7.73
32 Stewart, Khari	SR	Stevenson	7.73
33 Hall, Xavier	SR	Elizabethtow	7.79
34 Vallade, Dylan	SR	Marymount (V	7.83
35 Williams, Malachi	SO	Marymount (V	7.92
36 Speight, Preston	FR	Stevenson	8.00
37 Garrett, Preston	SO	Gallaudet	8.01
38 Nicola, Jason	FR	Marymount (V	8.12

## Men 60 Meter Dash

Name	Yr	School	Semis
<b>Semi-Finals</b>			
1 Holland, Myron	JR	Elizabethtow	6.97q
2 Anderson, Robin	SR	Unattached	7.03q
3 Gregory, Eric	JR	Gallaudet	7.12q
4 Compton, Sam	SO	Catholic	7.15q
5 Hawkins, Ezekiel	JR	Howard	7.24q
6 Custodio, Koby	SO	Unattached	7.25q
7 Lewis, Deonte	FR	Goucher	7.26q
8 Honeyblue, Mustafa	JR	Goucher	7.30q
9 Schwab, Evan	SR	Elizabethtow	7.33
10 Galang, James	SO	Catholic	7.35

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## Results

## Semi-Finals ... (Men 60 Meter Dash)

Name	Yr	School	Semis
11 Belgrave, Jalen	SR	Elizabethtow	7.37
12 Ashton, Gareth	JR	Gallaudet	7.38
13 Eldridge, Christian	FR	Stevenson	7.43
14 Lamb, Matthew	FR	Elizabethtow	7.44
15 Mclaurin, Ratez	SR	Unattached	7.45
16 Mack, Amar	FR	Stevenson	7.46

## Men 60 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Holland, Myron	JR	Elizabethtow	6.92
2 Gregory, Eric	JR	Gallaudet	7.07
3 Compton, Sam	SO	Catholic	7.13
4 Hawkins, Ezekiel	JR	Howard	7.27
5 Lewis, Deonte	FR	Goucher	7.28
6 Honeyblue, Mustafa	JR	Goucher	7.28
7 Schwab, Evan	SR	Elizabethtow	7.40

## Men 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Custodio, Koby	SO	Unattached	23.16
2 Schwab, Evan	SR	Elizabethtow	23.18
3 Compton, Sam	SO	Catholic	23.41
4 Kelsick, Kareem	SO	Bowie State	23.76
5 Lewis, Deonte	FR	Goucher	23.96
6 Mack, Amar	FR	Stevenson	24.05
7 Jatto, Ezekiel	SO	Unattached	24.09
8 Eldridge, Christian	FR	Stevenson	24.09
9 Osai, Chilowe	SO	Catholic	24.20
10 Valente, Cole	SR	Marymount (V	24.27
11 Clark, Dvonte	SO	Hagerstown C	24.31
12 Oyeniran, Jubelo	SO	Stevenson	24.33
13 Haylock, Nicholas	SO	Unattached	24.45
13 Belgrave, Jalen	SR	Elizabethtow	24.45
15 Holloway, Marcus	FR	Bowie State	24.55
16 Stevens, Ceque	FR	Unattached	24.61
17 Douglas, Walter	SO	Gallaudet	24.70
18 Egbert, Kadin	FR	Stevenson	24.87
19 Lamb, Matthew	FR	Elizabethtow	24.88
20 Irving, Stephen		DC Internati	24.88
21 King, Jayden	FR	Stevenson	24.91
22 Jatto, Michael	FR	Unattached	24.94
23 Curtis, Darian	SO	Marymount (V	25.05
24 Whitfield, Sean	JR	Goucher	25.25
25 Bourne, Joshua	SO	Gallaudet	25.50
26 Honeyblue, Mustafa	JR	Goucher	25.51
27 Bell, Dylan	FR	Catholic	25.59
28 Solomon, Jacob	SO	Elizabethtow	25.86
29 Price, John'Ta	SO	Gallaudet	25.86
30 Vallade, Dylan	SR	Marymount (V	25.90
31 Speight, Preston	FR	Stevenson	26.03
32 Williams, Malachi	SO	Marymount (V	26.27
33 Garrett, Preston	SO	Gallaudet	26.44

34 Smith, Kavargio	JR	Gallaudet	28.14
35 Stevenson, Joshua	FR	Goucher	28.53

## Men 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Gregory, Eric	JR	Gallaudet	50.43
2 Raccioppi, Jai	JR	Stevenson	52.20
3 Novak, Rob	SR	Catholic	52.27
4 Diggs, London	SR	Bowie State	52.35
5 Maxwell, Patrick	SR	Catholic	52.39
6 Brown, Matthew	SO	Catholic	53.53
7 Ashton, Gareth	JR	Gallaudet	53.79
8 James, Jordan	FR	Bowie State	54.01
9 Troy, Nick	SO	Catholic	54.49
10 Egbert, Kadin	FR	Stevenson	54.77
11 Kiwalabye, Nsereko	JR	Stevenson	54.84
12 Wolf, Collin	SO	Elizabethtow	55.08
13 Irving, Stephen		DC Internati	55.17
14 Reimert, Alexander	FR	Stevenson	55.41
15 Greer, Charles	JR	Stevenson	55.84
16 Belt, Kamren	FR	Unattached	55.88
17 Wagner, Joseph	FR	Elizabethtow	56.47
18 Haylock, Nicholas	SO	Unattached	56.84
19 Harder, Nick	FR	Elizabethtow	57.03
20 Snipes, Dominic	JR	Stevenson	57.46
21 Sparmo, Joey	SO	Catholic	58.15
22 Jackson, Creedence	SO	Bowie State	59.19
23 Stevens, Jacob	SO	Gallaudet	1:00.78
24 Kent, Nicholas	JR	Bowie State	1:01.45
25 Julien, Quincy	SO	Bowie State	1:01.82
26 Price, John'Ta	SO	Gallaudet	1:02.78
27 Carrizales, Shane	SO	Gallaudet	1:04.37

## Men 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Baxter, Brandon	JR	Elizabethtow	2:01.85
2 Womack, Johnathan	SR	Stevenson	2:03.43
3 Reice, Andrew	SO	Elizabethtow	2:04.22
4 DuPree, Kendrick	FR	Catholic	2:04.65
5 Rose, Caleb	SO	Bowie State	2:07.99
6 Kuhn, Grant	JR	Elizabethtow	2:09.69
7 Yousof, Zyad	FR	Goucher	2:10.45
8 Agostisi, Colin	SR	Catholic	2:10.52
9 Carney, Ryan	FR	Catholic	2:11.13
10 Kreuzwieser, Joel	SR	Catholic	2:11.25
11 Hamilton, Malik	SR	Stevenson	2:11.63
12 Holcomb, Troy	FR	Gallaudet	2:13.44
13 Fahy, Luke	SR	Catholic	2:14.33
14 Ramson, Marc	SR	Elizabethtow	2:14.37
15 Malley, Braydon	FR	Elizabethtow	2:15.80
16 Trapani, Blaise	SR	Catholic	2:17.57
17 Cole, Spencer	JR	Stevenson	2:18.88
18 Wiley, Carson	SO	Elizabethtow	2:18.92
19 Hendershot, Holt	FR	Stevenson	2:18.99

## Cardinal Track &amp; Field Classic - 1/21/2023

## PG Sports Complex

## Results

## Finals ... (Men 800 Meter Run)

Name	Yr	School	Finals
20 Hall, Jackson	JR	Stevenson	2:23.81
21 Veri, Dominic	FR	Unattached	2:24.50
22 Reilly, James	SO	Johns Hopkin	2:24.98
23 Barrera, Gustavo	JR	Marymount (V	2:36.57
24 Carter, Vershon	FR	Gallaudet	3:16.82
--- Zirkle, Matthew	SR	Marymount (V	DNF
--- Butler, Eian	SO	Unattached	DNF

## Men 1 Mile Run

Name	Yr	School	Finals
<b>Finals</b>			
1 O'Rourke, John	SR	Catholic	4:20.80
2 Ames, Paul	SR	Catholic	4:24.80
3 Myers, Daniel	SO	Elizabethtow	4:26.26
4 Baxter, Brandon	JR	Elizabethtow	4:27.76
5 Reinhart, Brian	SR	Catholic	4:34.53
6 Hopkins, Ian	JR	Catholic	4:35.74
7 Wolfe, Joe	SO	Catholic	4:39.81
8 Butler, Eian	SO	Unattached	4:40.04
9 Stefans, Dylan	SO	Catholic	4:43.34
10 Ramson, Marc	SR	Elizabethtow	4:46.47
11 Cole, Spencer	JR	Stevenson	4:46.70
12 Thomas-Talley, Eric	JR	Bowie State	4:48.52
13 Massey, Shane	SR	Bowie State	4:51.74
14 Wiley, Carson	SO	Elizabethtow	4:57.08
15 Elivert, Roosevelt	FR	Bowie State	4:58.75
16 Holcomb, Troy	FR	Gallaudet	4:59.08
17 Fox, Alex	JR	Elizabethtow	5:00.38
18 Yousof, Zyad	FR	Goucher	5:19.16
19 Veri, Dominic	FR	Unattached	5:23.69
20 Whitfield, Sean	JR	Goucher	5:24.27
21 Solly, Brian	FR	Elizabethtow	5:24.78
22 Knipp, Griffin	SO	Hagerstown C	5:27.85
23 Lukubama, Michael	FR	Stevenson	5:34.71
24 Zirkle, Matthew	SR	Marymount (V	5:41.88
25 Barrera, Gustavo	JR	Marymount (V	5:57.43
26 D'Amore, Kyle	FR	Gallaudet	6:35.55

## Men 3000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Gingrich, Christian	JR	Elizabethtow	9:01.98
2 Schindler, Hayden	JR	Stevenson	9:15.20
3 O'Connor, Patrick	SO	Catholic	9:18.59
4 Barrett, Jake	SR	Stevenson	9:19.11
5 Myers, Daniel	SO	Elizabethtow	9:26.43
6 Fick, Matthew	SO	Elizabethtow	9:28.94
7 Pettit, Nolan	SO	Elizabethtow	9:30.14
8 Gross, Conor	SO	Catholic	9:31.43
9 Farnsworth, Taylor	SR	Stevenson	9:47.47
10 Frazier, Nehemiah	SO	Stevenson	10:31.72
11 Fox, Alex	JR	Elizabethtow	10:33.29
12 Aquilina, Louis	FR	Marymount (V	10:37.66
13 Olea, Zafit	SO	Marymount (V	11:24.30

## Men 5000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Szuhaj, Ben		Pacers/GRC N	15:09.57
2 Denis, Ian		Pacers/GRC N	15:28.59
3 Matthews, Zach		Pacers/GRC N	15:49.24
4 Wargo, Chase	FR	Elizabethtow	17:28.50
5 Ratchford, Martin	FR	Elizabethtow	17:28.94
6 Lawrence, Connor	SO	Elizabethtow	18:31.17
7 Harrigan, Aidan	FR	Catholic	18:54.09
8 Patel, Sagar	SR	Elizabethtow	19:24.97

## Men 60 Meter Hurdles

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Hawkins, Ezekiel	JR	Howard	8.69q
2 Brown, Eric	SO	Howard	8.78q
3 Kelly, Michael	FR	Hagerstown C	8.82q
4 Osai, Chilowe	SO	Catholic	8.84q
5 Kelsick, Kareem	SO	Bowie State	8.86q
6 Stevens, Ceque	FR	Unattached	8.93q
7 Spirk, John		Unattached	9.07q
8 Carmo, Adam	SO	Elizabethtow	9.14q
9 Reilly, James	SO	Johns Hopkin	9.28
10 Greer, Charles	JR	Stevenson	9.54
11 Sparmo, Joey	SO	Catholic	11.29
12 Dreitlein, Michael		Unattached	11.67
13 Bolig, Andrew	FR	Elizabethtow	13.95

## Men 60 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Hawkins, Ezekiel	JR	Howard	8.66
2 Osai, Chilowe	SO	Catholic	8.80
3 Kelly, Michael	FR	Hagerstown C	8.83
4 Carmo, Adam	SO	Elizabethtow	9.30
5 Greer, Charles	JR	Stevenson	10.38
--- Kelsick, Kareem	SO	Bowie State	DQ

## Men 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Gallaudet	A	3:36.40
1) Holcomb, Troy FR	2) Douglas, Walter SO	
3) Gregory, Eric JR	4) Ashton, Gareth JR	
2 Hagerstown CC	A	3:38.77
1) Bildheiser, Thomas FR	2) Clark, Dvonte SO	
3) Rasco, Ryan SO	4) page, trevor	
3 Stevenson	A	3:39.39
1) Raccioppi, Jai JR	2) Oyeniran, Jubelo SO	
3) Reimert, Alexander FR	4) Summers, Cameron SR	
4 Elizabethtown	A	3:41.80
1) Baxter, Brandon JR	2) Wolf, Collin SO	
3) Schwab, Evan SR	4) Reice, Andrew SO	

## Cardinal Track &amp; Field Classic - 1/21/2023

## PG Sports Complex

## Results

## Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
5 Bowie State	A	3:42.40
1) Jones, James FR	2) Elivert, Roosevelt FR	
3) Rose, Caleb SO	4) Massey, Shane SR	
6 Stevenson	B	3:44.24
1) Kiwalabye, Nsereko JR	2) Hall, Conner FR	
3) Snipes, Dominic JR	4) Greer, Charles JR	
7 Catholic	B	3:44.64
1) Sparmo, Joey SO	2) Stefans, Dylan SO	
3) Ames, Paul SR	4) O'Rourke, John SR	
8 Bowie State	B	3:47.69
1) Diggs, London SR	2) Kelsick, Kareem SO	
3) Julien, Quincy SO	4) James, Jordan FR	
9 Elizabethtown	B	3:56.16
1) Wagner, Joseph FR	2) Kuhn, Grant JR	
3) Harder, Nick FR	4) Bolig, Andrew FR	
--- Goucher	A	DNF
1) Honeyblue, Mustafa JR	2) Whitfield, Sean JR	
3) Lewis, Deonte FR	4) Yousof, Ziyad FR	
--- Marymount (Va.)	A	DNF
1) Struggs, Samuel FR	2) Nicola, Jason FR	
3) Anderson, Cooper FR	4) Easy, Kahil JR	

## Men High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Kornegay-Gober, Kris		Unattached	1.95m
2 Maggipinto, Lucas	SO	Elizabethtow	1.90m
2 Grant, Miles	NA	Unat-George	1.90m
4 Bianchi, Owen	JR	Johns Hopkin	J1.90m
5 Ring, Wech	FR	Johns Hopkin	1.80m
6 Vallone, Ethan	SR	Elizabethtow	1.75m
7 Powers, Connor	JR	Catholic	J1.75m
8 Bibbs, Andrew	SO	Gallaudet	1.70m
9 Reilly, James	SO	Johns Hopkin	J1.70m
10 Hall, Conner	FR	Stevenson	J1.70m
11 Battle, Jeremiah	JR	Stevenson	1.65m
12 Obeakemhe, Richard	FR	Johns Hopkin	1.60m

## Men Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Lim, Peter	SO	Johns Hopkin	4.27m
2 Carter, Joshua	JR	Bowie State	3.95m
3 Miller, Logan	SR	Elizabethtow	J3.95m
4 Reilly, James	SO	Johns Hopkin	3.80m
5 Rothstein, Aidan	FR	Johns Hopkin	J3.80m
6 Miraglia, Nick	SR	Catholic	3.50m
7 Koefler, Jeffrey	SO	Catholic	3.35m
7 Hyman, Jay	FR	Stevenson	3.35m
9 Brown, Eric	SO	Howard	3.05m
9 Jimenez, Rodrigo	FR	Elizabethtow	3.05m
11 Hawkins, Ezekiel	JR	Howard	2.75m
--- Figueroa, Jordan	JR	Elizabethtow	NH
--- Kinney, Keagan	FR	Elizabethtow	NH

--- Hamilton, Frederick SO Howard NH

## Men Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Walker, Jordyn	SR	Catholic	7.08m
2 Grant, Miles	NA	Unat-George	6.95m
3 Bianchi, Owen	JR	Johns Hopkin	6.92m
4 Powers, Connor	JR	Catholic	6.34m
5 Mclaurin, Ratez	SR	Unattached	6.31m
6 Anderson, Corey	FR	Bowie State	6.06m
7 Maggipinto, Lucas	SO	Elizabethtow	6.05m
8 Ring, Wech	FR	Johns Hopkin	6.00m
8 Kelly, Michael	FR	Hagerstown C	6.00m
10 Zernhelt, Landon	FR	Stevenson	5.96m
11 Stevens, Ceque	FR	Unattached	5.78m
12 Pessoa, Marccone	SO	Marymount (V)	5.73m
13 Hall, Conner	FR	Stevenson	5.70m
14 Egbert, Kadin	FR	Stevenson	5.64m
15 Hancock, Brandon	FR	Catholic	5.56m
16 Chang, Nick	FR	Catholic	5.31m
17 Babler, Dylan	JR	Stevenson	5.22m

## Men Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Walker, Jordyn	SR	Catholic	13.82m
2 Bianchi, Owen	JR	Johns Hopkin	13.32m
3 Obeakemhe, Richard	FR	Johns Hopkin	13.00m
4 Anderson, Corey	FR	Bowie State	12.95m
5 Mclaurin, Ratez	SR	Unattached	12.69m
6 Ring, Wech	FR	Johns Hopkin	12.36m
7 Stewart, Khari	SR	Stevenson	12.23m
8 Stevens, Ceque	FR	Unattached	12.10m
9 Chang, Nick	FR	Catholic	11.92m
10 Rothstein, Aidan	FR	Johns Hopkin	11.88m
11 Babler, Dylan	JR	Stevenson	11.72m
12 Hall, Xavier	SR	Elizabethtow	11.68m
13 Zernhelt, Landon	FR	Stevenson	11.40m
14 Pessoa, Marccone	SO	Marymount (V)	11.01m

## Men Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Williams, Nathan	JR	Stevenson	14.80m
2 Gray, Movado	SO	Bowie State	13.57m
3 Marcus, Iheukwumere	FR	Johns Hopkin	12.77m
4 Johnson, Ahmad	FR	Bowie State	12.55m
5 Moran, Miguel	SO	Unattached	12.46m
6 Stahl-Emig, Aspen	SO	Elizabethtow	11.82m
7 Lang, Aidan	SO	Catholic	11.72m
8 Battle, Jeremiah	JR	Stevenson	11.64m
9 Martinow, Nick	FR	Catholic	11.48m
10 Ross, Nasser	FR	Bowie State	11.26m
11 Braga, Ryan	FR	Johns Hopkin	11.10m
12 Kardos, Zach	SR	Elizabethtow	10.77m

**Cardinal Track & Field Classic - 1/21/2023****PG Sports Complex****Results****Finals ... (Men Shot Put)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
13	McDonald, Isa	SO	Bowie State	10.59m
14	Selden, Nate	SR	Catholic	10.56m
15	Corbin, Chris	FR	Stevenson	10.09m
16	Walter, Phillip	SO	Catholic	9.61m
17	George Afesumu, Oluwabuso	SO	Unattached	9.36m
18	Wilson, Sam	JR	Elizabethtow	7.29m
19	Raffa, Bryan	SO	Gallaudet	7.12m

**Men Weight Throw**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Williams, Nathan	JR	Stevenson	16.19m
2	Marcus, Iheukwumere	FR	Johns Hopkin	12.69m
3	Stahl-Emig, Aspen	SO	Elizabethtow	12.45m
4	Lang, Aidan	SO	Catholic	12.06m
5	Selden, Nate	SR	Catholic	11.87m
5	Moran, Miguel	SO	Unattached	11.87m
7	Walter, Phillip	SO	Catholic	11.00m
8	Braga, Ryan	FR	Johns Hopkin	10.08m
9	Corbin, Chris	FR	Stevenson	9.84m
10	Santangelo, Bobby	FR	Catholic	9.53m
11	Wilson, Sam	JR	Elizabethtow	8.90m
12	George Afesumu, Oluwabuso	SO	Unattached	7.62m
13	Kardos, Zach	SR	Elizabethtow	7.58m

**Women - Team Rankings - 15 Events Scored**

1)	District of Columbia	116
2)	Johns Hopkins	99.5
3)	George Washington	73
4)	Goucher	49
5)	Marymount (Va.)	35
6)	Catholic	34
7)	Bowie State	29
8)	Elizabethtown	26
9)	Stevenson	16
10)	Hagerstown CC	15
11)	Gallaudet	14.5
12)	Pacers/GRC New Balance	13
13)	DC International	9
14)	Loyola (Md.)	3
14)	Howard	3

**Men - Team Rankings - 15 Events Scored**

1)	Catholic	121
2)	Elizabethtown	119
3)	Stevenson	70.5
4)	Johns Hopkins	66.5
5)	Bowie State	49
6)	Gallaudet	31
7)	Pacers/GRC New Balance	24
8)	Howard	15
9)	Hagerstown CC	14.5
10)	Goucher	13