

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Wednesday, August 24, 2022

**OFFICIAL MEET REPORT**

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Race #2
Girls Relay - Spotswood High School A**Final Results****Spotswood High School A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Spotswood High School A	34	1-3-11-19	54:11	13:33	2:19.8

Spotswood High School A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MYERS, Taylor	JR	5	Spotswood High Sc	1	12:14.8	6:07.4	3:48.2
3 DICKEL, Marika	SO	3005	Spotswood High Sc	3	13:22.4	6:41.2	4:09.2
11 DICKEL, Ashland	SO	2005	Spotswood High Sc	11	13:59.2	6:59.6	4:20.6
19 DABAGHYAN, Anna	SR	4005	Spotswood High Sc	19	14:34.6	7:17.3	4:31.6

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Race #2
Girls Relay - Rockbridge County HS A**Final Results****Rockbridge County HS A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
2 Rockbridge County HS A	54	5-7-18-24	56:41	14:11	1:15.9

Rockbridge County HS A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
5 TIMMES, Megan	SR	3021	Rockbridge County	5	13:34.9	6:47.4	4:13.1
7 LUDTKE, Deena	JR	21	Rockbridge County	7	13:47.9	6:53.9	4:17.1
18 MCCLUNG, Elizabeth	SR	4021	Rockbridge County	18	14:26.8	7:13.4	4:29.2
24 ROLON, Grace	SR	2021	Rockbridge County	24	14:50.7	7:25.3	4:36.6

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Race #2
Girls Relay - Wilson Memorial A**Final Results****Wilson Memorial A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
3 Wilson Memorial A	62	8-10-14-30	57:24	14:21	1:26.9

Wilson Memorial A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
8 PLAUTZ, Cassidy	JR	2028	Wilson Memorial A	8	13:53.9	6:56.9	4:19.0
10 FRANKLIN, Quinn	JR	28	Wilson Memorial A	10	13:55.6	6:57.8	4:19.5
14 FRANKLIN, Thea	FR	4028	Wilson Memorial A	14	14:13.0	7:06.5	4:24.9
30 CRANFORD, Haven	FR	3028	Wilson Memorial A	30	15:20.8	7:40.4	4:45.9



Race #2
Girls Relay - Fort Defiance A

Final Results

Fort Defiance A TEAM SCORING SUMMARY						
Final Standings	Score	Scoring Order	Total	Avg.	Spread	
4 Fort Defiance A	64	2-4-21-37	56:10	14:03	3:18.1	

Fort Defiance A INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
2 LANE, Abby	JR	49	Fort Defiance A	2	12:23.2	6:11.6	3:50.8
4 NEFF, Trinity	SR	2049	Fort Defiance A	4	13:27.0	6:43.5	4:10.6
21 LANG, Bethany	JR	3049	Fort Defiance A	21	14:38.2	7:19.1	4:32.7
37 BRAUN, Logan	SR	4049	Fort Defiance A	37	15:41.3	7:50.6	4:52.3

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Race #2
Girls Relay - Grace Christian A

Final Results

Grace Christian A TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
5 Grace Christian A	114	13-17-41-43	1:00:12	15:03	1:38.8

Grace Christian A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
13 BABISH, Georgia	FR	45	Grace Christian A	13	14:10.7	7:05.3	4:24.2
17 HARPER, Kaitlyn	SO	4045	Grace Christian A	17	14:26.0	7:13.0	4:28.9
41 DRYER, Jessica	JR	2045	Grace Christian A	41	15:45.1	7:52.5	4:53.5
43 HARPER, Maddie	JR	3045	Grace Christian A	43	15:49.5	7:54.7	4:54.8

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Race #2
Girls Relay - Harrisonburg HS B

Final Results

Harrisonburg HS B TEAM SCORING SUMMARY						
Final Standings	Score	Scoring Order	Total	Avg.	Spread	
6 Harrisonburg HS B	121	9-15-27-70	1:02:12	15:33	4:52.6	

Harrisonburg HS B INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
9 BLAGG, Lena	JR	42	Harrisonburg HS B	9	13:54.6	6:57.3	4:19.2
15 KAUFFMAN, Sophie	FR	2042	Harrisonburg HS B	15	14:19.3	7:09.6	4:26.8
27 KAUFFMAN, Abby	SR	3042	Harrisonburg HS B	27	15:10.3	7:35.1	4:42.7
70 BUNN, Matilda	FR	4042	Harrisonburg HS B	70	18:47.1	9:23.6	5:50.0

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Race #2
Girls Relay - Waynesboro HS A**Final Results****Waynesboro HS A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
7 Waynesboro HS A	123	20-29-35-39	1:01:17	15:20	1:06.6

Waynesboro HS A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
20 KIMMELL, Lydia	SO	55	Waynesboro HS A	20	14:36.1	7:18.0	4:32.1
29 BOUCHER, Cadence	JR	3055	Waynesboro HS A	29	15:20.5	7:40.2	4:45.9
35 CARVER, Emma	FR	2055	Waynesboro HS A	35	15:37.8	7:48.9	4:51.2
39 HILL, Sydney	SR	4055	Waynesboro HS A	39	15:42.7	7:51.3	4:52.7



Race #2
Girls Relay - Harrisonburg HS C

Final Results

Harrisonburg HS C TEAM SCORING SUMMARY					
Final Standings	Score	Scoring Order	Total	Avg.	Spread
8 Harrisonburg HS C	136	6-28-36-66	1:02:14	15:34	3:48.7

Harrisonburg HS C INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
6 KIRWAN, Clare	JR	43	Harrisonburg HS C	6	13:46.0	6:53.0	4:16.5
28 GIBSON, Abby	FR	2043	Harrisonburg HS C	28	15:12.5	7:36.2	4:43.4
36 BRINO-DEAN, Tylor	SR	3043	Harrisonburg HS C	36	15:40.4	7:50.2	4:52.0
66 MARTINEZ, Alexa	FR	4043	Harrisonburg HS C	66	17:34.7	8:47.3	5:27.5

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Race #2
Girls Relay - Wilson Memorial B

Final Results

Wilson Memorial B TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
9 Wilson Memorial B	155	23-34-42-56	1:02:47	15:42	2:00.3

Wilson Memorial B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
23 CRONK, Erika	FR	29	Wilson Memorial B	23	14:43.5	7:21.7	4:34.4
34 MILLER, Becca	SR	2029	Wilson Memorial B	34	15:32.9	7:46.4	4:49.7
42 MILLER, Meghan	FR	3029	Wilson Memorial B	42	15:46.2	7:53.1	4:53.8
56 TROXELL, Sydney	FR	4029	Wilson Memorial B	56	16:43.7	8:21.8	5:11.7

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Race #2
Girls Relay - Rockbridge County HS B

Final Results

Rockbridge County HS B TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
10 Rockbridge County HS B	164	16-26-59-63	1:03:52	15:58	2:59.2

Rockbridge County HS B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
16 BLACK, Nicole	JR	22	Rockbridge County	16	14:22.0	7:11.0	4:27.7
26 LEWIS, Dorothy	FR	3022	Rockbridge County	26	15:08.7	7:34.3	4:42.2
59 HICKMAN, Abby	SR	2022	Rockbridge County	59	16:59.5	8:29.7	5:16.6
63 HINES, McKenzie	SR	4022	Rockbridge County	63	17:21.2	8:40.6	5:23.3



Race #2
Girls Relay - Harrisonburg HS A

Final Results

Harrisonburg HS A TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
11 Harrisonburg HS A	170	12-51-52-55	1:03:57	16:00	2:34.8

Harrisonburg HS A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
12 PIOROT, Annie	JR	41	Harrisonburg HS A	12	14:08.1	7:04.0	4:23.4
51 CAMPILLO, Anna	JR	4041	Harrisonburg HS A	51	16:32.2	8:16.1	5:08.1
52 HALL, Sequoia	SO	2041	Harrisonburg HS A	52	16:33.8	8:16.9	5:08.6
55 EBERLY, Olivia	JR	3041	Harrisonburg HS A	55	16:42.9	8:21.4	5:11.4



Race #2
Girls Relay - Central High School A

Final Results

Central High School A TEAM SCORING SUMMARY						
Final Standings	Score	Scoring Order	Total	Avg.	Spread	
12 Central High School A	172	32-33-45-62	1:04:06	16:02	1:51.2	

Central High School A INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32 HOOVER, Asia	JR	4008	Central High School	32	15:25.4	7:42.7	4:47.4
33 SHELHAMER, Eden	JR	3008	Central High School	33	15:26.5	7:43.2	4:47.7
45 HOOVER, Laniah	SR	8	Central High School	45	15:57.0	7:58.5	4:57.2
62 RIMEL, Mckenna	JR	2008	Central High School	62	17:16.6	8:38.3	5:21.9



Race #2
Girls Relay - Fort Defiance B

Final Results

Fort Defiance B TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
13 Fort Defiance B	190	40-47-49-54	1:04:44	16:11	0:51.8

Fort Defiance B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
40 BROWN, Avery	FR	3050	Fort Defiance B	40	15:43.1	7:51.5	4:52.9
47 RIDDLE, Abby	SR	50	Fort Defiance B	47	16:08.1	8:04.0	5:00.6
49 MCLAUGHLIN, Mia	SO	4050	Fort Defiance B	49	16:17.2	8:08.6	5:03.5
54 CUBBAGE, Taylor	FR	2050	Fort Defiance B	54	16:34.9	8:17.4	5:09.0

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Race #2
Girls Relay - Luray HS A**Final Results****Luray HS A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
14 Luray HS A	205	22-31-69-83	1:11:59	18:00	8:29.1

Luray HS A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
22 PLUM, Braina	FR	4033	Luray HS A	22	14:41.1	7:20.5	4:33.6
31 WOOD, Carolina	FR	33	Luray HS A	31	15:23.1	7:41.5	4:46.7
69 SAVEDGE, Erin	SR	3033	Luray HS A	69	18:44.6	9:22.3	5:49.2
83 SHORES, Alyson	FR	2033	Luray HS A	83	23:10.1	11:35.1	7:11.7



Race #2
Girls Relay - Staunton High School A

Final Results

Staunton High School A TEAM SCORING SUMMARY					
Final Standings	Score	Scoring Order	Total	Avg.	Spread
15 Staunton High School A	212	25-38-72-77	1:09:29	17:23	4:49.1

Staunton High School A INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
25 LOAR, Brook	SO	1	Staunton High Scho	25	14:56.3	7:28.1	4:38.3
38 MATTHEWS, Josalyn	SO	4001	Staunton High Scho	38	15:41.3	7:50.6	4:52.3
72 BROWN, Kendal	JR	3001	Staunton High Scho	72	19:05.7	9:32.8	5:55.8
77 GRANDE-STATON, Georgia	JR	2001	Staunton High Scho	77	19:45.3	9:52.6	6:08.1

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Race #2
Girls Relay - Waynesboro HS B**Final Results****Waynesboro HS B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
16 Waynesboro HS B	215	46-50-58-61	1:06:41	16:41	1:09.9

Waynesboro HS B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
46 SLOAT, Sierra	SO	3056	Waynesboro HS B	46	16:04.0	8:02.0	4:59.4
50 MATHERLY, Gillian	JR	56	Waynesboro HS B	50	16:30.9	8:15.4	5:07.7
58 BLAIR, Naomi	JR	2056	Waynesboro HS B	58	16:51.7	8:25.8	5:14.2
61 REDIFER, Jasmine	JR	4056	Waynesboro HS B	61	17:13.9	8:36.9	5:21.1

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Race #2
Girls Relay - Fort Defiance C

Final Results

Fort Defiance C TEAM SCORING SUMMARY						
Final Standings	Score	Scoring Order	Total	Avg.	Spread	
17 Fort Defiance C	232	44-57-64-67	1:07:54	16:59	2:00.4	

Fort Defiance C INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
44 CONNER, Madison	FR	51	Fort Defiance C	44	15:51.0	7:55.5	4:55.3
57 O'BRIEN, Molly	FR	4051	Fort Defiance C	57	16:48.7	8:24.3	5:13.2
64 NEWMAN, Olivia	SO	3051	Fort Defiance C	64	17:22.2	8:41.1	5:23.7
67 HEPNER, Riley	FR	2051	Fort Defiance C	67	17:51.4	8:55.7	5:32.7



Race #2
Girls Relay - Rockbridge County HS C

Final Results

Rockbridge County HS C TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
18 Rockbridge County HS C	234	48-53-60-73	1:09:05	17:17	3:10.8

Rockbridge County HS C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
48 HOLSTON, Kate	FR	23	Rockbridge County	48	16:08.3	8:04.1	5:00.7
53 EICHELBERGER, Brooke	SO	3023	Rockbridge County	53	16:34.0	8:17.0	5:08.7
60 HINES, Rachel	SR	4023	Rockbridge County	60	17:03.8	8:31.9	5:17.9
73 MCCLUNG, Evelyn	FR	2023	Rockbridge County	73	19:19.0	9:39.5	5:59.9



Race #2
Girls Relay - Central High School B

Final Results

Central High School B TEAM SCORING SUMMARY					
Final Standings	Score	Scoring Order	Total	Avg.	Spread
19 Central High School B	292	65-68-79-80	1:16:38	19:10	3:01.6

Central High School B INDIVIDUAL RESULTS							
Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
65 PERRY, Anika	SO	4009	Central High School	65	17:31.0	8:45.5	5:26.4
68 ERICKSON, Lucie	SO	9	Central High School	68	18:13.8	9:06.9	5:39.7
79 GEORGE, Katherine	FR	3009	Central High School	79	20:20.3	10:10.2	6:19.0
80 HODSON, Kayla	FR	2009	Central High School	80	20:32.5	10:16.2	6:22.8

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Race #2
Girls Relay - Wilson Memorial C

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Wilson Memorial C TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
20 Wilson Memorial C	296	71-74-75-76	1:17:09	19:18	0:27.5

Wilson Memorial C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
71 GIBSON, Grace	SR	30	Wilson Memorial C	71	18:57.2	9:28.6	5:53.2
74 NARGI, Aurora	JR	2030	Wilson Memorial C	74	19:23.4	9:41.7	6:01.3
75 STEVENS, Averee	SO	3030	Wilson Memorial C	75	19:23.5	9:41.7	6:01.3
76 FORBUS, Lainey	SO	4030	Wilson Memorial C	76	19:24.7	9:42.3	6:01.7



Race #2
Girls Relay - Staunton High School B

Final Results

Staunton High School B TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
21 Staunton High School B	325	78-81-82-84	1:26:25	21:37	3:04.4

Staunton High School B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
78 MIKALAH, Mowery	SR	2	Staunton High Scho	78	20:07.8	10:03.9	6:15.1
81 MIA, Hansen	JR	4002	Staunton High Scho	81	20:47.2	10:23.6	6:27.3
82 ROSE, Gutterman	SR	2002	Staunton High Scho	82	22:17.1	11:08.5	6:55.2
84 KENDRA, Strother	FR	3002	Staunton High Scho	84	23:12.2	11:36.1	7:12.3