

POLE GREEN SUPER REGIONAL

Mechanicsville, VA

Pole Green Park

Wednesday, November 2, 2022

**OFFICIAL MEET REPORT**

printed: 11/2/2022 3:12 PM

Race #5
Girls Sub-Varsity**Final Results****INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MCEVOY, Abby	SO	775	Glen Allen High Sch	-	20:54.8	6:43.5	4:11.0
2 SOWERS, Stella	8	668	Deep Run	-	21:09.3	6:48.1	4:13.9
3 HAYTER, Evelyn	FR	145	Maggie Walker	-	21:11.1	6:48.7	4:14.2
4 CHARLESTON, Bridget	FR	656	Deep Run	-	21:18.2	6:51.0	4:15.6
5 SHEILS, Cameron	SO	779	Glen Allen High Sch	-	21:30.7	6:55.0	4:18.1
6 ELLEN, Emily	JR	710	Douglas Freeman	-	21:42.2	6:58.7	4:20.4
7 WOODS, Hailey	SR	296	Atlee	-	21:46.7	7:00.2	4:21.3
8 BORDER, Isabella	SO	654	Deep Run	-	21:47.6	7:00.5	4:21.5
9 GROSSMAN, Loren	8	932	Mills Godwin	-	21:53.3	7:02.3	4:22.7
10 HENLEY, Reade	SR	146	Maggie Walker	-	21:53.4	7:02.3	4:22.7
11 HARRISON, Hannah	SO	723	Douglas Freeman	-	22:05.9	7:06.3	4:25.2
12 SWEET, Sophie	8	105	James Monroe	-	22:11.2	7:08.0	4:26.2
13 LIST, Izzy	JR	151	Maggie Walker	-	22:12.0	7:08.3	4:26.4
14 TIERNEY, Lizzy	JR	401	Hanover	-	22:16.0	7:09.6	4:27.2
15 REILLY, Rachel	JR	667	Deep Run	-	22:17.6	7:10.1	4:27.5
16 SHIELDS, Ivey	FR	161	Maggie Walker	-	22:22.3	7:11.6	4:28.5
17 HARLOW, Hadley	8	77	Goochland High Sc	-	22:22.6	7:11.7	4:28.5
18 SURRATT, Riley	SR	164	Maggie Walker	-	22:22.9	7:11.8	4:28.6
19 HOLLAND, Sophie	SR	773	Glen Allen High Sch	-	22:28.3	7:13.5	4:29.7
20 AGUSTIN, Carson	8	382	Hanover	-	22:30.3	7:14.2	4:30.1
21 GARRETT, Madelaine	FR	719	Douglas Freeman	-	22:30.9	7:14.4	4:30.2
22 WALL, Julia	JR	783	Glen Allen High Sch	-	22:35.6	7:15.9	4:31.1
23 GANS, Alyssa	FR	142	Maggie Walker	-	22:39.1	7:17.0	4:31.8
24 FORLIN, Ella	SR	141	Maggie Walker	-	22:41.7	7:17.8	4:32.3
25 KEIR, Annabel	SO	664	Deep Run	-	22:43.9	7:18.6	4:32.8
26 BROUGHTON, Virginia	SR	705	Douglas Freeman	-	22:52.0	7:21.2	4:34.4
27 SOILAND, Meredith	JR	398	Hanover	-	22:52.9	7:21.4	4:34.6
28 SCHWENK, Elizabeth	8	478	Mechanicsville High	-	22:56.5	7:22.6	4:35.3
29 MEILLER, Anna	SR	729	Douglas Freeman	-	23:00.5	7:23.9	4:36.1
30 HENSLEY, Reese	FR	500	Monacan High Sch	-	23:01.3	7:24.1	4:36.3
31 WINTERHOFF, Lauren	SO	741	Douglas Freeman	-	23:05.4	7:25.5	4:37.1
32 ABIELMONA, Alyssa	JR	764	Glen Allen High Sch	-	23:13.4	7:28.0	4:38.7
33 SHUMADINE, Henley	JR	736	Douglas Freeman	-	23:16.5	7:29.0	4:39.3
34 ANDRADE, Olivia	FR	765	Glen Allen High Sch	-	23:22.7	7:31.0	4:40.5
35 CUNNINGHAM, Brook	SO	840	J.R. Tucker High Sc	-	23:27.6	7:32.6	4:41.5
36 LUNA, Mercedes	SO	153	Maggie Walker	-	23:29.8	7:33.3	4:42.0
37 REIBEL, Grace	JR	778	Glen Allen High Sch	-	23:32.2	7:34.1	4:42.4
38 STEARNS, Caitlin	FR	399	Hanover	-	23:35.2	7:35.0	4:43.0
39 BARNES, Emily	8	653	Deep Run	-	23:38.6	7:36.1	4:43.7
40 GHAEMMAGHAMI, Jordan	JR	770	Glen Allen High Sch	-	23:40.4	7:36.7	4:44.1
41 KRAWITZ, Anabelle	JR	774	Glen Allen High Sch	-	23:51.7	7:40.4	4:46.3
42 GROSECLOSE, Katelyn	SO	842	J.R. Tucker High Sc	-	24:02.7	7:43.9	4:48.5
43 MADDOX, Regan	JR	19	Brentsville District	-	24:02.8	7:43.9	4:48.6
44 BERREY, Natalie	SO	702	Douglas Freeman	-	24:09.0	7:45.9	4:49.8
45 STOUT, Maddyn	SR	669	Deep Run	-	24:15.6	7:48.0	4:51.1
46 FRENCH, Carter	SR	715	Douglas Freeman	-	24:17.3	7:48.6	4:51.5

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
47 HILLSMAN, Claire	FR	904	Midlothian High Sch	-	24:18.3	7:48.9	4:51.7
48 HAGBERG, Elizabeth	JR	288	Atlee	-	24:28.4	7:52.2	4:53.7
49 HERNANDEZ, Jiahnse	SR	662	Deep Run	-	24:29.1	7:52.4	4:53.8
50 BEASLEY, Bella	SO	836	J.R. Tucker High Sc	-	24:34.2	7:54.0	4:54.8
51 FRIBORG, Victoria	JR	285	Atlee	-	24:39.2	7:55.6	4:55.8
52 BLANKENSHIP, Emma	JR	899	Midlothian High Sch	-	24:44.0	7:57.2	4:56.8
53 GARLOFF, Emily	SR	143	Maggie Walker	-	24:54.4	8:00.5	4:58.9
54 HALL, Julia	JR	187	Meridian	-	25:00.4	8:02.4	5:00.1
55 CURLEY, Kaylah	JR	186	Meridian	-	25:02.2	8:03.0	5:00.4
56 PARKER, Addison	SO	507	Monacan High Sch	-	25:04.2	8:03.7	5:00.8
57 CONSTANCE, Vaishnavi	SR	184	Meridian	-	25:06.6	8:04.4	5:01.3
58 ESTES, Anna	8	712	Douglas Freeman	-	25:14.0	8:06.8	5:02.8
59 PATERSON, Vivian	FR	433	King George	-	25:14.8	8:07.1	5:03.0
60 TRUBAN, Kenzie	FR	672	Deep Run	-	25:15.1	8:07.2	5:03.0
61 TIVENAN, Rachel	SR	937	Mills Godwin	-	25:15.7	8:07.4	5:03.1
62 DARCY, Ella	JR	284	Atlee	-	25:19.3	8:08.5	5:03.9
63 CHUNNANOND, Yeeva	JR	139	Maggie Walker	-	25:19.7	8:08.6	5:03.9
64 KEENER, Evie	SO	395	Hanover	-	25:20.4	8:08.9	5:04.1
65 PETERS, Kira	SR	435	King George	-	25:25.7	8:10.6	5:05.1
66 MELLINA, Anna	FR	155	Maggie Walker	-	25:26.9	8:11.0	5:05.4
67 MORTENSEN, Isabella	8	951	Prince George High	-	25:31.2	8:12.3	5:06.2
68 HARDYMON, Audrey	JR	845	J.R. Tucker High Sc	-	25:37.4	8:14.3	5:07.5
69 BENSON, Jasmine	JR	837	J.R. Tucker High Sc	-	25:38.7	8:14.8	5:07.7
70 THEODORE, Kylee	JR	670	Deep Run	-	25:43.9	8:16.4	5:08.8
71 BILBEY, Julia	JR	528	Patrick Henry (Ashl	-	25:46.8	8:17.4	5:09.4
72 BURNHAM, Annabelle	JR	707	Douglas Freeman	-	25:46.9	8:17.4	5:09.4
73 HABEEB, Anna	8	661	Deep Run	-	25:47.8	8:17.7	5:09.6
74 FLYNN, Catriona	SR	714	Douglas Freeman	-	25:48.1	8:17.8	5:09.6
75 SCHUMACHER, Alyssa	SO	850	J.R. Tucker High Sc	-	25:49.2	8:18.1	5:09.8
76 FLIPPIN, Annie	FR	713	Douglas Freeman	-	25:51.2	8:18.8	5:10.2
77 MARSHALL, Isabella	7	567	Powhatan Middle S	-	25:51.7	8:18.9	5:10.3
78 HUERBIN, Arianna	FR	502	Monacan High Sch	-	25:54.2	8:19.7	5:10.8
79 LIGDAY, Mary Jane	FR	396	Hanover	-	25:54.9	8:20.0	5:11.0
80 FULLER, Clemetine	SO	716	Douglas Freeman	-	25:56.3	8:20.4	5:11.3
81 HESSION, Lily	FR	289	Atlee	-	26:01.1	8:22.0	5:12.2
82 LEVASSEUR, Molly	SO	727	Douglas Freeman	-	26:02.7	8:22.5	5:12.5
83 HAGA, Brelyn	8	428	King George	-	26:02.8	8:22.5	5:12.6
84 BRANCH, Olivia	SR	704	Douglas Freeman	-	26:02.9	8:22.5	5:12.6
85 MERCER, Charlotte	JR	935	Mills Godwin	-	26:17.5	8:27.2	5:15.5
86 SUBOVA, Anna	FR	400	Hanover	-	26:18.4	8:27.5	5:15.7
87 CARTER, Virginia	FR	655	Deep Run	-	26:25.6	8:29.8	5:17.1
88 SPILLMAN, Linsey	JR	437	King George	-	26:29.6	8:31.1	5:17.9
89 MORGAN, Monica	SO	776	Glen Allen High Sch	-	26:34.7	8:32.8	5:18.9
90 PIERRE, Ayva	FR	21	Brentsville District	-	27:00.6	8:41.1	5:24.1
91 EBRAHIMI, Mina	8	102	James Monroe	-	27:03.6	8:42.1	5:24.7
92 HEYMAN, Sadie	FR	772	Glen Allen High Sch	-	27:08.2	8:43.5	5:25.6

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93 DOWNUM, Arwen	SR	427	King George	-	27:08.9	8:43.8	5:25.8
94 EDLING, Sadie	FR	557	Powhatan High Sch	-	27:24.5	8:48.8	5:28.9
95 ENGLAND, Katie	SO	659	Deep Run	-	27:27.4	8:49.7	5:29.5
96 JACKSON, Anna	JR	905	Midlothian High Sch	-	27:37.7	8:53.0	5:31.5
97 LENT, Lilee	8	290	Atlee	-	27:38.5	8:53.3	5:31.7
98 PON, Jorany	JR	356	Eastern View High	-	27:45.7	8:55.6	5:33.1
99 MATTOX, Madison	FR	503	Monacan High Sch	-	27:53.2	8:58.0	5:34.6
100 DAVIS, Haley	SO	658	Deep Run	-	28:00.9	9:00.5	5:36.2
101 RACER, Eliza	FR	293	Atlee	-	28:11.3	9:03.8	5:38.3
102 OSENGA, Caroline	SR	156	Maggie Walker	-	28:12.9	9:04.3	5:38.6
103 HARDING, Samantha	JR	844	J.R. Tucker High Sc	-	28:16.1	9:05.4	5:39.2
104 RACKELY, Mireya	8	953	Prince George High	-	28:21.4	9:07.1	5:40.3
105 WITTE, Kyla	JR	851	J.R. Tucker High Sc	-	28:24.4	9:08.0	5:40.9
106 LEE, Danasia	JR	354	Eastern View High	-	28:42.4	9:13.8	5:44.5
107 VOSMIK, Annie	SR	739	Douglas Freeman	-	28:49.4	9:16.1	5:45.9
108 MONTGOMERY, Grace	SR	731	Douglas Freeman	-	28:49.5	9:16.1	5:45.9
109 PATEL, Ishita	SR	613	Clover Hill	-	28:52.0	9:16.9	5:46.4
110 HILL-MERCER, Janaya	FR	801	Hermitage	-	29:12.1	9:23.4	5:50.4
111 CLARK, Renn	SO	839	J.R. Tucker High Sc	-	29:14.4	9:24.1	5:50.9
112 MOUNT, Chloe	FR	506	Monacan High Sch	-	29:26.6	9:28.0	5:53.3
113 BOWERSOX, Grace	JR	703	Douglas Freeman	-	29:37.1	9:31.4	5:55.4
114 PISOLKAR, Kiran	SR	614	Clover Hill	-	29:44.3	9:33.7	5:56.9
115 VANEERDEN, MaryAnneke	JR	617	Clover Hill	-	29:44.4	9:33.8	5:56.9
116 KUYKENDALL, Nora	8	104	James Monroe	-	30:06.0	9:40.7	6:01.2
117 VERNON, Kastle	FR	782	Glen Allen High Sch	-	30:09.0	9:41.7	6:01.8
118 ALPIRE, Amber	JR	349	Eastern View High	-	30:11.6	9:42.5	6:02.3
119 DOUGLAS, Kara	JR	389	Hanover	-	30:20.5	9:45.4	6:04.1
120 DURAN, Emily	8	100	James Monroe	-	30:35.9	9:50.3	6:07.2
121 OSTER, Miriam	FR	536	Patrick Henry (Ashl	-	31:15.1	10:02.9	6:15.0
122 FARIN, Homa	FR	798	Hermitage	-	31:33.2	10:08.7	6:18.6
123 JURLANDO, Kayden	8	103	James Monroe	-	31:39.5	10:10.8	6:19.9
124 BEEKWILDER, Kathleen	8	331	Dinwiddie	-	31:50.8	10:14.4	6:22.2
125 FARNER, Mary Vaughn	FR	499	Monacan High Sch	-	32:02.9	10:18.3	6:24.6
126 BOGDAN, Sage	FR	838	J.R. Tucker High Sc	-	32:18.5	10:23.3	6:27.7
127 BURDETTE, Ava	FR	865	L.C. Bird	-	32:18.6	10:23.3	6:27.7
128 FINGER, Michaela	8	947	Prince George High	-	32:53.6	10:34.6	6:34.7
129 PRADHAN, Ashika	SO	807	Hermitage	-	33:05.4	10:38.4	6:37.1
130 LOVE, Emmie	SR	728	Douglas Freeman	-	34:02.3	10:56.7	6:48.5
131 OCHOA HERNANDEZ, Jeydi	SO	805	Hermitage	-	34:17.4	11:01.5	6:51.5
132 MOSS, Zola	FR	804	Hermitage	-	34:29.1	11:05.3	6:53.8
133 STROIA, Kayla	SO	808	Hermitage	-	34:43.3	11:09.9	6:56.7
134 LEFFLER, Anna	8	665	Deep Run	-	36:09.5	11:37.6	7:13.9
135 ACHIKANATH CHAGANTI, T	FR	795	Hermitage	-	36:15.6	11:39.5	7:15.1
136 VALENCIA, Veronica	SO	810	Hermitage	-	36:24.8	11:42.5	7:17.0