

Central Region Girls' Championships - 10/26/2022

Forest Park High School

Results - Meet Order

Girls 55 Meter Dash

Name	School	Finals
Finals		
1 Mason, Laniya	Hampton Midd	7.86 10
2 Kanu, Amina	Lake Ridge M	8.01 8
3 Howard-Perez, Kourtney	Benton Middl	8.01 6
4 Wade, Aire 'yona	Beville Midd	8.23 4
5 Abraham, Marissa	Lake Ridge M	8.39 3
6 Simpler, Ella	Benton Middl	8.49 2
7 Cermeli, Iliala	Parkside	8.52 1
8 Curtis, Odette	Parkside	8.68
9 Marable, Kayla	Saunders Mid	8.70
10 Diallo, Saffie	Hampton Midd	8.78
11 Carrera, Morgan	Manassas Par	9.38
12 Elgazzar, Cyba	Saunders Mid	9.40
13 Rodriguez, Eileen	Manassas Par	9.48

Girls 100 Meter Dash

Name	School	Finals
Finals		
1 O'Loughlin, Erin	Benton Middl	13.36 10
2 Mason, Italia	Lake Ridge M	13.41 8
3 Gregory, Ailah	Benton Middl	13.91 6
4 Feliciano, Aniah	Beville Midd	14.28 4
5 Montiero, Lasia	Hampton Midd	14.61 3
6 Gimzhevskiy, Arianna	Lake Ridge M	14.63 2
7 Roan, Janelle	Saunders Mid	14.78 1
8 Rogers, Alayja	Beville Midd	14.88
9 Gomez, Anyeli	Parkside	15.11
10 Zelaya Vaquerano, Scarlett	Hampton Midd	15.61
11 Ngwang, Amyra	Parkside	16.25
12 Edwards, Laila	Saunders Mid	16.29
13 Lanier, Casandra	Manassas Par	16.61
14 Ceron, Isabella	Manassas Par	16.96

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 Gregory, Ailah	Benton Middl	28.36 10
2 Howard-Perez, Kourtney	Benton Middl	29.12 8
3 Mason, Laniya	Hampton Midd	29.51 6
4 Feliciano, Aniah	Beville Midd	30.79 4
5 Diallo, Saffie	Hampton Midd	31.41 3
6 Gyasi, Julia	Beville Midd	31.44 2
7 Cermeli, Iliala	Parkside	31.57 1
8 Curtis, Odette	Parkside	31.86
9 Lanclos, Sky	Lake Ridge M	32.07
10 Hall, Marlowe	Manassas Par	32.44
11 Maata, Sreen	Lake Ridge M	33.16
12 Carrera, Morgan	Manassas Par	35.13
13 Leitch, Sammy	Saunders Mid	36.54
14 Burns, Madison	Saunders Mid	36.60

Girls 400 Meter Dash

Name	School	Finals
Finals		
1 McCray, Alecia	Beville Midd	1:04.21 10
2 Mason, Italia	Lake Ridge M	1:05.59 8
3 Maata, Sreen	Lake Ridge M	1:08.66 6
4 stormer, olivia	Benton Middl	1:10.45 4
5 DeLeon, Teresa	Saunders Mid	1:11.86 3
6 Varner, Cameron	Benton Middl	1:11.93 2
7 Waters, Colby	Parkside	1:13.32 1
8 Saldivar, Kelsey	Saunders Mid	1:14.45
9 Gomez, Anyeli	Parkside	1:15.68
10 Rodriguez, Eileen	Manassas Par	1:18.96
11 Adobea, Queensca	Hampton Midd	1:19.69
12 ngo, Lela	Manassas Par	1:20.26
13 Terven, Yzabella	Beville Midd	1:20.86
14 Sherrill, Logan	Hampton Midd	1:23.49

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Knuttell, Audrey	Saunders Mid	2:41.65 10
2 kostan, isabele	Benton Middl	2:54.93 8
3 Lessard, Madelyn	Lake Ridge M	2:58.97 6
4 Dawson, Madison	Saunders Mid	3:01.52 4
5 Davis, Olivia	Hampton Midd	3:02.95 3
6 Ewell, Taylor	Manassas Par	3:04.74 2
7 Allanson, Sydney	Parkside	3:11.79 1
8 Canavan, Ava	Beville Midd	3:12.67
9 Gregory, Lilian	Parkside	3:15.95
10 Galdamez, Angie	Hampton Midd	3:25.31
11 Marciand, Nya	Manassas Par	3:37.85

Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Knuttell, Audrey	Saunders Mid	5:46.47 10
2 kostan, isabele	Benton Middl	6:09.31 8
3 Lessard, Madelyn	Lake Ridge M	6:15.47 6
4 Wiggins, Emily	Lake Ridge M	6:15.84 4
5 Davis, Olivia	Hampton Midd	6:24.27 3
6 Friend, Kylie	Saunders Mid	6:30.78 2
7 Latourette, Alexia	Benton Middl	6:34.66 1
8 Allanson, Sydney	Parkside	6:36.56
9 Vigil, Jimena	Manassas Par	6:44.99
10 Akbari, Horia	Beville Midd	6:51.29
11 Fisher, Erin	Parkside	7:03.34
12 Handrahn, Sonara	Beville Midd	7:06.26
13 Marciand, Nya	Manassas Par	7:08.94
--- Hernandez Orellana, Sophia	Hampton Midd	DNF

Girls 55 Meter Hurdles

Name	School	Finals
Finals		
1 O'Loughlin, Erin	Benton Middl	10.03 10

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Finals ... (Girls 55 Meter Hurdles)

Name	School	Finals
2 Kanu, Amina	Lake Ridge M	10.39 8
3 Kendall, Aniyah	Hampton Midd	10.80 6
4 McCray, Alecia	Beville Midd	10.81 4
5 Gyasi, Julia	Beville Midd	10.82 3
6 Stephens, Saniyah	Lake Ridge M	10.87 2
7 Montiero, Lasia	Hampton Midd	11.03 1
8 Andujar, Valentina	Manassas Par	11.35
9 Gomez, Anyeli	Parkside	11.41
10 Cermeli, Iliala	Parkside	11.82
11 Voith, Amy	Saunders Mid	11.92

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Lake Ridge MS	A	56.21 10
1) Gimzhevskiy, Arianna	2) Abraham, Marissa	
3) Coaxum, Katelyn	4) Kanu, Amina	
2 Benton Middle School	A	57.56 8
1) Smith, Nina	2) Simpler, Ella	
3) miller, niara	4) Howard-Perez, Kelcia	
3 Beville Middle School	A	58.60 6
1) Rogers, Alayja	2) Norment, Devaria	
3) Feliciano, Aniah	4) Wade, Aire 'yona	
4 Hampton MS	A	59.15 4
1) Montiero, Lasia	2) Diallo, Saffie	
3) Sherrill, Logan	4) Mason, Laniya	
5 Saunders MS	A	1:01.42 3
1) Roan, Janelle	2) Wilson, Lustenia	
3) Smith, Taylor	4) Marable, Kayla	
6 Manassas Park	A	1:02.84 2
7 Parkside	A	1:03.36 1

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Benton Middle School	A	1:58.61 10
1) Gregory, Ailah	2) patterson, lauren	
3) Howard-Perez, Kourtney	4) O'Loughlin, Erin	
2 Lake Ridge MS	A	2:04.62 8
1) Stephens, Saniyah	2) Lanclos, Sky	
3) Juarez, Caitlin	4) Cottman, Jannelle	
3 Beville Middle School	A	2:06.89 6
1) Stewart, Enniya	2) McCormick, Jaelyn	
3) Esannason, Ceniya	4) Gyasi, Julia	
4 Hampton MS	A	2:13.69 4
1) Zelaya Vaquerano, Scarlett	2) Walker, Cassidy	
3) Vasquez, Alexis	4) Kendall, Aniyah	
5 Parkside	A	2:17.70 3
6 Saunders MS	A	2:18.32 2
1) Burns, Madison	2) Leitch, Sammy	
3) Ufimkina, Polina	4) Miller, Mackenize	
7 Manassas Park	A	2:21.92 1

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Benton Middle School	A	4:48.68 10
1) Chahal, Jasleen	2) patterson, lauren	
3) Jurack, Catherine	4) miller, niara	
2 Lake Ridge MS	A	4:49.01 8
1) Sarmac, Kendall	2) Juarez, Caitlin	
3) Cottman, Jannelle	4) Devore, Ella	
3 Beville Middle School	A	4:58.27 6
1) Spears, Ahmani	2) Thongpasom, Minnie	
3) Nunez, Isabella	4) McCray, Alecia	
4 Manassas Park	A	5:12.41 4
5 Saunders MS	A	5:20.96 3
1) Saldivar, Kelsey	2) Ladson, Janiyah	
3) Voith, Amy	4) DeLeon, Teresa	
6 Hampton MS	A	5:42.52 2
1) Agyei, Benedicta	2) Duah, Janelle	
3) Vasquez, Alexis	4) Adobea, Queensca	
7 Parkside	A	5:46.99 1

Girls 1600 Sprint Medley SMR

Team	Relay	Finals
Finals		
1 Lake Ridge MS	A	5:02.20 10
1) Maata, Sreen	2) Mason, Italia	
3) Juarez, Caitlin	4) Devore, Ella	
2 Manassas Park	A	5:05.14 8
3 Benton Middle School	A	5:05.38 6
1) miller, niara	2) Jurack, Catherine	
3) stormer, olivia	4) goff, raina	
4 Parkside	A	5:38.64 4
5 Saunders MS	A	5:42.49 3
1) Smith, Taylor	2) Ladson, Janiyah	
3) Wilson, Lustenia	4) Yohannes, Leah	
6 Hampton MS	A	5:45.74 2
1) Vasquez, Alexis	2) Walker, Cassidy	
3) Agyei, Benedicta	4) Galdamez, Angie	
7 Beville Middle School	A	5:51.34 1
1) McCormick, Jaelyn	2) Thongpasom, Minnie	
3) Spears, Ahmani	4) Mimouni, Ferdaus	

Girls High Jump

Name	School	Finals
Finals		
1 Smith, Nina	Benton Middl	4-08.00 10
2 McCray, Alecia	Beville Midd	4-04.00 8
3 Wade, Aire 'yona	Beville Midd	J4-04.00 6
4 Coaxum, Katelyn	Lake Ridge M	4-02.00 4
5 Lanier, Casandra	Manassas Par	J4-02.00 2.5
5 Kendall, Aniyah	Hampton Midd	J4-02.00 2.5
7 Montiero, Lasia	Hampton Midd	J4-02.00 1
8 Curtis, Odette	Parkside	4-00.00
9 Miller, Mackenize	Saunders Mid	J4-00.00
10 Simpler, Ella	Benton Middl	3-10.00

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Finals ... (Girls High Jump)

	Name	School	Finals
11	Yohannes, Leah	Saunders Mid	3-08.00
11	Gimzhevskiy, Arianna	Lake Ridge M	3-08.00
13	Ewell, Taylor	Manassas Par	J3-08.00
14	Waters, Colby	Parkside	3-06.00

Girls Long Jump

	Name	School	Finals
Finals			
1	Gregory, Ailah	Benton Middl	14-03.00 10
2	Howard-Perez, Kourtney	Benton Middl	13-05.50 8
3	Culberson, Gia	Lake Ridge M	13-01.00 6
4	Abraham, Marissa	Lake Ridge M	12-10.00 4
5	Wade, Aire 'yona	Beville Midd	12-04.50 3
6	Zelaya Vaquerano, Scarlett	Hampton Midd	12-02.00 2
7	Nowinowski, Gianna	Parkside	11-11.00 1
8	Mason, Laniya	Hampton Midd	J11-11.00
9	Fisher, Erin	Parkside	11-09.50
10	Edwards, Makayla	Beville Midd	11-05.00
11	Phillips, Lauren	Saunders Mid	10-04.00
12	Gibbons, Ela	Manassas Par	10-00.50
13	Hawkins, Madison	Saunders Mid	9-09.00

Girls Shot Put

	Name	School	Finals
Finals			
1	O'Loughlin, Erin	Benton Middl	27-09.00 10
2	Hall, Marlowe	Manassas Par	26-03.50 8
3	Abraham, Marissa	Lake Ridge M	24-08.00 6
4	Kendall, Aniyah	Hampton Midd	24-05.50 4
5	Svendsen, Joy	Lake Ridge M	23-05.25 3
6	Osorio, Ashley	Beville Midd	23-03.00 2
7	Keith, Sharyah	Manassas Par	23-01.00 1
8	Beemer, Lilliana	Parkside	22-11.25
9	Orantes, Carys	Benton Middl	22-08.50
10	Smith, Lillian	Saunders Mid	22-08.00
11	Lemoine, Lainey	Parkside	20-10.00
12	Davis, Olivia	Hampton Midd	20-02.50
13	Hanes, Sydney	Saunders Mid	19-08.00

Women - Team Rankings - 14 Events Scored

1)	Benton Middle School	147
2)	Lake Ridge MS	120
3)	Beville Middle School	69
4)	Hampton MS	56.5
5)	Saunders MS	41
6)	Manassas Park	28.5
7)	Parkside	14