

F.I.A. Holiday Indoor Classic - 12/30/2022**Virginia Beach Sports Center****Results - Meet Order****Girls 55 Meter Dash en route High School**

Name	School	Prelims
Preliminaries		
1	Jackson, Shawnti	South Granville 6.93q
2	Ofotan, Jade	Bullis Schoo 7.21q
3	Johnson, Courtney	Kings Fork 7.37q
4	Lavender, Shakayla	Oscar Smith 7.39q
5	Bailey, Kemani	Oscar Smith 7.40q
6	Bryant, Nevaeh	Oscar Smith 7.44q
7	Johnson, Rhian	Riverdale Ba 7.45q
8	James, Danielle	Oscar Smith 7.47q
9	Ward, Deja	Kings Fork 7.49
10	Chew, Audrina	Nansemond Ri 7.51
11	Chapman, Kennedy	Oscar Smith 7.53
12	Rasheed, Malaysia	Clover Hill 7.58
13	Rheubottom, Iyahni	Oscar Smith 7.63
14	Starks, Jada	Oscar Smith 7.72
15	Suggs, McKenzie	Bullis Schoo 7.74
16	Floyd, Zayre	Kings Fork 7.78
17	Ayodele, Samara	St. Vincent 7.81
18	Coates, Rylee	Broadwater A 7.87
19	Ramirez-Castillo, Sharlyn	Riverdale Ba 7.89
20	Brown, Julianna	Kings Fork 7.91
21	Taylor, Azariah	Kings Fork 7.92
22	Jennings-Ward, Taylor	Kings Fork 7.94
22	Newman, Cailee	Riverdale Ba 7.94
24	Keel, Jonnie	Tallwood 7.95
25	Brower, Takyla	Kings Fork 8.03
26	Bell, Aliya	Tallwood 8.18
27	Awuro, Maya	St. Vincent 8.20
28	Phillips, Layla	Kings Fork 8.21
29	Bennett, Kaylee	Phillips Exe 8.26
30	Yishrael, Shalom	Tallwood 8.30
31	Clark, Makenzie	Riverdale Ba 8.31
32	Elias, Daniela	St. Vincent 8.32
32	Ricks, Nakiyah	Tallwood 8.32
34	Hill, Sessa	Clover Hill 8.41
35	Simmons, De'Avyonne	Kings Fork 8.62
36	Poindexter, Nadia	Tallwood 8.73
37	Adkins, Mckenzie	Riverdale Ba 8.87
38	Dickerson, Chyla	Tallwood 8.93
39	Prince, Saniya	Riverdale Ba 9.07

Girls 55 Meter Dash en route High School

Name	School	Finals
Finals		
1	Jackson, Shawnti	South Granville 6.84
2	Ofotan, Jade	Bullis Schoo 7.05
3	Lavender, Shakayla	Oscar Smith 7.34
4	Bailey, Kemani	Oscar Smith 7.36
5	Johnson, Rhian	Riverdale Ba 7.45
6	Bryant, Nevaeh	Oscar Smith 7.47
7	James, Danielle	Oscar Smith 7.51

Girls 60 Meter Dash High School

Name	School	Prelims
Preliminaries		
1	Jackson, Shawnti	South Granville 7.44q
2	Ofotan, Jade	Bullis Schoo 7.74q
3	Lavender, Shakayla	Oscar Smith 7.95q
4	Bailey, Kemani	Oscar Smith 7.95q
5	Johnson, Courtney	Kings Fork 7.95q
6	Bryant, Nevaeh	Oscar Smith 8.01q
7	James, Danielle	Oscar Smith 8.03q
8	Johnson, Rhian	Riverdale Ba 8.04q
9	Ward, Deja	Kings Fork 8.08
10	Chew, Audrina	Nansemond Ri 8.09
11	Chapman, Kennedy	Oscar Smith 8.11
12	Rasheed, Malaysia	Clover Hill 8.16
13	Rheubottom, Iyahni	Oscar Smith 8.24
14	Starks, Jada	Oscar Smith 8.33
15	Suggs, McKenzie	Bullis Schoo 8.34
16	Floyd, Zayre	Kings Fork 8.38
17	Ayodele, Samara	St. Vincent 8.43
18	Coates, Rylee	Broadwater A 8.49
19	Ramirez-Castillo, Sharlyn	Riverdale Ba 8.53
20	Brown, Julianna	Kings Fork 8.54
20	Taylor, Azariah	Kings Fork 8.54
22	Newman, Cailee	Riverdale Ba 8.54
23	Keel, Jonnie	Tallwood 8.56
24	Jennings-Ward, Taylor	Kings Fork 8.59
25	Brower, Takyla	Kings Fork 8.65
26	Bell, Aliya	Tallwood 8.82
27	Phillips, Layla	Kings Fork 8.86
28	Awuro, Maya	St. Vincent 8.86
29	Bennett, Kaylee	Phillips Exe 8.93
30	Elias, Daniela	St. Vincent 8.97
31	Clark, Makenzie	Riverdale Ba 8.97
32	Ricks, Nakiyah	Tallwood 8.98
33	Yishrael, Shalom	Tallwood 9.03
34	Hill, Sessa	Clover Hill 9.09
35	Simmons, De'Avyonne	Kings Fork 9.31
36	Poindexter, Nadia	Tallwood 9.43
37	Adkins, Mckenzie	Riverdale Ba 9.60
38	Dickerson, Chyla	Tallwood 9.70
39	Prince, Saniya	Riverdale Ba 9.83

Girls 60 Meter Dash High School

Name	School	Finals
Finals		
1	Jackson, Shawnti	South Granville 7.34
2	Ofotan, Jade	Bullis Schoo 7.57
3	Lavender, Shakayla	Oscar Smith 7.91
4	Bailey, Kemani	Oscar Smith 7.93
5	Johnson, Rhian	Riverdale Ba 8.03
6	Bryant, Nevaeh	Oscar Smith 8.05
7	James, Danielle	Oscar Smith 8.07

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Results - Meet Order

Girls 200 Meter Dash High School

Name	School	Finals
Finals		
1 Hinton, Sage	Bullis Schoo	24.59
2 Greene, Myla	Bullis Schoo	24.69
3 Flynn, Kennedy	Bullis Schoo	25.20
4 Person, Jaliyah	Nansemond Ri	25.34
5 Bernard, Mirai	Bullis Schoo	25.40
6 Ofofan, Jade	Bullis Schoo	25.55
7 White, Gabby	Bullis Schoo	25.69
8 Hopkins, Cassidy	Bullis Schoo	26.00
9 Ramirez-Castillo, Sharlyn	Riverdale Ba	26.32
10 Mosley, Tiyjah	Tallwood	26.53
11 Chew, Audrina	Nansemond Ri	26.56
12 Lewis, Tori	Monacan High	26.62
13 Johnson, Rhian	Riverdale Ba	26.91
14 Rasheed, Malaysia	Clover Hill	27.13
15 Suggs, McKenzie	Bullis Schoo	27.45
15 Newman, Cailee	Riverdale Ba	27.45
17 Satterwhite, Torie	Clover Hill	27.47
18 Bigelow, Ryan	Bullis Schoo	27.84
19 Ayodele, Samara	St. Vincent	27.85
20 Taylor, Azariah	Kings Fork	27.95
21 Williams, Kyra	Clover Hill	28.08
22 Greenidge, Jasmine	Monacan High	28.23
23 Brown, Julianna	Kings Fork	28.33
24 Brower, Takyla	Kings Fork	28.62
25 Tillery, Jaelyn	Kings Fork	28.73
26 Smith, Madison	Bullis Schoo	28.92
27 Truman, Janae	Nansemond Ri	29.24
28 Clark, Makenzie	Riverdale Ba	29.36
29 Awuro, Maya	St. Vincent	29.37
30 Levine, Tamia	Nansemond Ri	29.59
31 Bennett, Kaylee	Phillips Exe	29.63
32 Doxey, Kaci	Kings Fork	29.66
33 Elias, Daniela	St. Vincent	29.69
34 Ricks, Nakiyah	Tallwood	29.72
35 Phillips, Layla	Kings Fork	29.97
36 Duncan, Christina	St. Vincent	30.09
37 Yishrael, Shalom	Tallwood	30.54
38 Phillips, Kylie	Kings Fork	30.92
39 Ward, Autumn	St. Vincent	31.25
40 Simmons, De'Avyonne	Kings Fork	31.55
41 Williams, Gabriella	Nansemond Ri	31.66
42 Agbagba, Amivi	Tallwood	31.92
43 Poindexter, Nadia	Tallwood	32.12
44 Dickerson, Chyla	Tallwood	32.28
45 Adkins, Mckenzie	Riverdale Ba	33.37
46 Reeves, MaKayla	Tallwood	33.48
47 Prince, Saniya	Riverdale Ba	33.90

Girls 400 Meter Dash High School

Name	School	Finals
Finals		
1 Jackson, Shawnti	South Granville	53.47

2 Hinton, Sage	Bullis Schoo	55.95
3 Person, Jaliyah	Nansemond Ri	56.55
4 Greene, Myla	Bullis Schoo	56.61
5 Leath, Lauren	Bullis Schoo	57.08
6 Rose, Michailyn	Landry Acade	58.35
7 Rothwell, Morgan	Bullis Schoo	58.89
8 White, Gabby	Bullis Schoo	59.68
9 Lynn, Tatum	Bullis Schoo	59.70
10 Payne, Payton	Bullis Schoo	1:00.01
11 Bernard, Mirai	Bullis Schoo	1:00.35
12 Stephens, Genelle	Oxon Hill Hi	1:00.58
13 Hopkins, Cassidy	Bullis Schoo	1:00.66
14 Edwards, Hannah	Isle of Wigh	1:01.79
15 Brooks, Zoe	Bullis Schoo	1:02.22
16 Johnson, Rhian	Riverdale Ba	1:02.37
17 Cowan, Genevieve	St Timothy's	1:02.67
18 Ramirez-Castillo, Sharlyn	Riverdale Ba	1:02.76
19 Littlejohn, Morgan	Riverdale Ba	1:02.84
20 Bigelow, Ryan	Bullis Schoo	1:04.25
21 Smith, Katelynn	Hillside HS	1:05.98
22 Ayodele, Samara	St. Vincent	1:06.26
23 Truman, Janae	Nansemond Ri	1:06.72
24 Stewart, Genevieve	Tallwood	1:06.82
25 Levine, Tamia	Nansemond Ri	1:06.91
26 Chew, Audrina	Nansemond Ri	1:06.93
27 Taylor, Azariah	Kings Fork	1:07.99
28 Duncan, Christina	St. Vincent	1:09.11
29 Hulatt, Zoey	Tallwood	1:09.39
30 Brown, Julianna	Kings Fork	1:09.78
31 Doxey, Kaci	Kings Fork	1:09.78
32 Tillery, Jaelyn	Kings Fork	1:10.73
33 Foglesong, Faith	Jefferson	1:11.85
34 Phillips, Layla	Kings Fork	1:13.17
35 Williams, Gabriella	Nansemond Ri	1:13.81
36 Phillips, Kylie	Kings Fork	1:13.90
37 Agbagba, Amivi	Tallwood	1:14.13
38 Dant, Nicole	Tallwood	1:15.73
39 Simmons, De'Avyonne	Kings Fork	1:18.53
40 Dillow, Jillian	Jefferson	1:19.49

Girls 800 Meter Run High School

Name	School	Finals
Finals		
1 Rose, Michailyn	Landry Acade	2:21.06
2 Leath, Lauren	Bullis Schoo	2:21.13
3 Phillips, Hannah	Jefferson	2:28.71
4 Cowan, Genevieve	St Timothy's	2:29.74
5 Rothwell, Morgan	Bullis Schoo	2:30.30
6 Brooks, Zoe	Bullis Schoo	2:37.50
7 Butler, Isabella	Tallwood	2:50.98
8 Foglesong, Faith	Jefferson	2:51.28
9 Norton, Ava	Tallwood	3:00.79
10 Hulatt, Zoey	Tallwood	3:00.84
11 Dant, Nicole	Tallwood	3:06.59
12 Cagni, Caitlin	Tallwood	3:06.74
13 Adkins, Mckenzie	Riverdale Ba	3:07.00

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Results - Meet Order

Finals ... (Girls 800 Meter Run High School)

Name	School	Finals
14 Dillow, Jillian	Jefferson	3:10.90
15 Sekerak, Molly	Jefferson	3:21.41

Girls 1 Mile Run High School

Name	School	Finals
Finals		
1 Phillips, Hannah	Jefferson	5:34.81
2 Butler, Isabella	Tallwood	6:30.06
3 Norton, Ava	Tallwood	6:35.70
4 Cagni, Caitlin	Tallwood	6:48.33
5 Peltroche-Chilo, Ashly	Jefferson	7:53.50

Girls 2 Mile Run High School

Name	School	Finals
Finals		
1 Weber, Hannah	Battlefield	11:28.35
2 Stewart, Genevieve	Tallwood	13:39.37

Girls 55 Meter Hurdles en route High School

Name	School	Prelims
Preliminaries		
1 Greene, Myla	Bullis School	8.14q
2 Lavender, Shakayla	Oscar Smith	8.23q
3 Flynn, Kennedy	Bullis School	8.25q
4 White, Gabby	Bullis School	8.41q
5 Hopkins, Cassidy	Bullis School	8.60q
6 Smith, Katelynn	Hillside HS	8.72q
7 Lewis, Tori	Monacan High	8.75q
8 Starks, Jada	Oscar Smith	8.78q
9 James, Danielle	Oscar Smith	8.89
10 Smith, Madison	Bullis School	8.97
11 Lynn, Tatum	Bullis School	8.98
12 Watkins, Andrea	Kings Fork	9.10
13 Burns, Tatiana	Tallwood	9.39
14 Greenidge, Jasmine	Monacan High	9.50
15 Greene, Madison	Highland Spr	9.91
16 Ricketts, Brianna	Highland Spr	9.97
17 Doxey, Kaci	Kings Fork	10.51
18 Collier, Trenaye	Highland Spr	10.52
19 Phillips, Kylie	Kings Fork	10.71
20 Tillery, Jaelyn	Kings Fork	11.01

Girls 55 Meter Hurdles en route High School

Name	School	Finals
Finals		
1 Lavender, Shakayla	Oscar Smith	8.06
1 Greene, Myla	Bullis School	8.06
3 Flynn, Kennedy	Bullis School	8.07
4 White, Gabby	Bullis School	8.35
5 Hopkins, Cassidy	Bullis School	8.39
6 Smith, Katelynn	Hillside HS	8.66
7 Starks, Jada	Oscar Smith	8.87
8 Lewis, Tori	Monacan High	9.65

Girls 60 Meter Hurdles High School

Name	School	Prelims
Preliminaries		
1 Greene, Myla	Bullis School	8.74q
2 Lavender, Shakayla	Oscar Smith	8.84q
3 Flynn, Kennedy	Bullis School	8.86q
4 White, Gabby	Bullis School	9.02q
5 Hopkins, Cassidy	Bullis School	9.26q
6 Smith, Katelynn	Hillside HS	9.38q
7 Lewis, Tori	Monacan High	9.42q
8 Starks, Jada	Oscar Smith	9.44q
9 James, Danielle	Oscar Smith	9.55
10 Smith, Madison	Bullis School	9.66
11 Lynn, Tatum	Bullis School	9.69
12 Watkins, Andrea	Kings Fork	9.81
13 Burns, Tatiana	Tallwood	10.15
14 Greenidge, Jasmine	Monacan High	10.21
15 Greene, Madison	Highland Spr	10.66
16 Ricketts, Brianna	Highland Spr	10.74
17 Collier, Trenaye	Highland Spr	11.25
18 Doxey, Kaci	Kings Fork	11.32
19 Phillips, Kylie	Kings Fork	11.52
20 Tillery, Jaelyn	Kings Fork	11.78

Girls 60 Meter Hurdles High School

Name	School	Finals
Finals		
1 Greene, Myla	Bullis School	8.65
2 Lavender, Shakayla	Oscar Smith	8.66
3 Flynn, Kennedy	Bullis School	8.66
4 White, Gabby	Bullis School	8.96
5 Hopkins, Cassidy	Bullis School	9.03
6 Smith, Katelynn	Hillside HS	9.36
7 Starks, Jada	Oscar Smith	9.55
8 Lewis, Tori	Monacan High	10.40

Girls 4x200 Meter Relay High School

Team	Relay	Finals
Finals		
1 Kings Fork	A	1:46.53
2 Tallwood	A	1:47.53
3 Clover Hill	A	1:50.17
4 St. Vincent	A	2:01.41
---	Bullis School	DNF
1) Mosley, Tiyjah	2) Burns, Tatiana	
3) Keel, Jonnie	4) Bell, Aliya	
1) Satterwhite, Torie	2) Rasheed, Malaysia	
3) Hill, Sessa	4) Williams, Kyra	
1) Duncan, Christina	2) Ward, Autumn	
3) Awuro, Maya	4) Elias, Daniela	
1) Bernard, Mirai	2) Hinton, Sage	
3) Payne, Payton	4) Sutton, Sydney	

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Results - Meet Order

Girls High Jump High School

Name	School	Finals
Finals		
1 Flynn, Grace	Nansemond Ri	1.62m
2 Bridges, Morgan	Bullis Schoo	1.52m
3 Watkins, Andrea	Kings Fork	1.42m
4 Truman, Janae	Nansemond Ri	J1.42m
5 Lynn, Tatum	Bullis Schoo	1.37m
6 Blunt, Nakari	Kings Fork	J1.37m
7 Burrell, Destiny	Kecoughtan	J1.37m
8 Floyd, Zayre	Kings Fork	1.32m
9 Coates, Rylee	Broadwater A	1.27m

Girls Pole Vault High School

Name	School	Finals
Finals		
1 Coates, Rylee	Broadwater A	9-06.00

Girls Long Jump High School

Name	School	Finals
Finals		
1 Bridges, Morgan	Bullis Schoo	17-08.50
2 Schwartz, Reagan	Bullis Schoo	17-04.50
3 James, Danielle	Oscar Smith	17-00.25
4 Ward, Deja	Kings Fork	16-11.00
5 Chew, Audrina	Nansemond Ri	16-05.25
6 Chapman, Kennedy	Oscar Smith	16-04.00
7 Ayodele, Samara	St. Vincent	16-00.50
8 Lavender, Shakayla	Oscar Smith	15-11.50
9 Greenidge, Jasmine	Monacan High	15-10.00
10 Maxwell, Brianna	Bullis Schoo	15-05.00
11 Ricketts, Brianna	Highland Spr	14-10.00
11 Phillips, Layla	Kings Fork	14-10.00
13 Levine, Tamia	Nansemond Ri	14-04.75
13 Fitzgerald, Marquette	Heritage (Ne	14-04.75
15 Newman, Cailee	Riverdale Ba	14-01.25
16 Ward, Autumn	St. Vincent	13-10.25
17 Blunt, Nakari	Kings Fork	13-05.00
--- Brown, Julianna	Kings Fork	FOUL
--- Littlejohn, Morgan	Riverdale Ba	FOUL
--- Clark, Makenzie	Riverdale Ba	FOUL

Girls Triple Jump High School

Name	School	Finals
Finals		
1 Bridges, Morgan	Bullis Schoo	40-10.75
2 Person, Jaliyah	Nansemond Ri	36-08.00
3 Flynn, Grace	Nansemond Ri	35-00.50
4 Maxwell, Brianna	Bullis Schoo	34-09.75
5 Ward, Deja	Kings Fork	34-08.25
6 Fitzgerald, Marquette	Heritage (Ne	33-06.75
7 Greene, Madison	Highland Spr	33-00.25
8 Collier, Trenaye	Highland Spr	32-11.75
9 Schwartz, Reagan	Bullis Schoo	32-09.75
10 Burrell, Destiny	Kecoughtan	31-05.75

11 Reeves, MaKayla	Tallwood	28-10.00
--- Coates, Rylee	Broadwater A	FOUL

Girls Shot Put High School

Name	School	Finals
Finals		
1 Schwartz, Aleah	Bullis Schoo	34-01.50
2 Momon, Jasmine	South County	33-11.50
3 Emery, Madison	Bullis Schoo	32-00.50
4 Newman, Cailee	Riverdale Ba	31-10.00
5 Burrell, Destiny	Kecoughtan	25-03.50
6 Levine, Tamia	Nansemond Ri	23-07.75
7 Holland, Simone	Riverdale Ba	20-07.75
8 Prince, Saniya	Riverdale Ba	19-03.00
9 King, Arianna	Tallwood	18-06.75

Girls 60 Meter Dash Elementary

Name	School	Prelims
Preliminaries		
1 Martin, Zae'Auhna	Track Expres	9.64q

Girls 60 Meter Dash Elementary

Name	School	Finals
Finals		
1 Martin, Zae'Auhna	Track Expres	9.90

Girls 200 Meter Dash Elementary

Name	School	Finals
Finals		
1 Martin, Zae'Auhna	Track Expres	33.25
2 Smith, Kailey	Rdu Express	37.89
3 Brown, Layla	Unattached	38.46
--- Flomo, Youngerbaway	Triangle Cha	DQ

Girls 400 Meter Run Elementary

Name	School	Finals
Finals		
1 Thomas, Parker	Aerial Supre	1:17.64
2 Martin, Zae'Auhna	Track Expres	1:21.82
3 Smith, Kailey	Rdu Express	1:27.49

Girls 800 Meter Run Elementary

Name	School	Finals
Finals		
1 Gong, Victoria	Faith In Act	2:38.15
2 Thomas, Parker	Aerial Supre	3:08.54

Girls Long Jump Elementary

Name	School	Finals
Finals		
1 Thomas, Parker	Aerial Supre	3.25m
2 Brown, Layla	Unattached	2.71m

Girls Shot Put Elementary

Name	School	Finals
Finals		
1 Brown, Layla	Unattached	12-06.75

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Finals ... (Girls Shot Put Elementary)

Name	School	Finals
2 Smith, Kailey	Rdu Express	8-07.00

Girls 60 Meter Dash Middle School

Name	School	Prelims
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Preliminaries

1 Archer, Kindle	Quick Speed	8.40q
2 Davis, Saniyah	Track Expres	8.50q
3 Johnson, Aaleeah	Phranchize P	8.58q
4 Mason, Kamiya	Phranchize P	8.88q
5 Daniels, Ryleigh	Lazers Track	9.21q
6 Tinch-Jacobs, Bailey	Track Expres	9.22q
7 Jackson, Kambry	Faith In Act	9.69q

Girls 60 Meter Dash Middle School

Name	School	Finals
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Finals

1 Archer, Kindle	Quick Speed	8.28
2 Davis, Saniyah	Track Expres	8.69
3 Johnson, Aaleeah	Phranchize P	8.83
4 Mason, Kamiya	Phranchize P	8.88
5 Daniels, Ryleigh	Lazers Track	9.33
6 Tinch-Jacobs, Bailey	Track Expres	9.52
7 Jackson, Kambry	Faith In Act	9.89

Girls 200 Meter Dash Middle School

Name	School	Finals
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Finals

1 Archer, Kindle	Quick Speed	27.36
2 Davis, Saniyah	Track Expres	27.89
3 Mason, Kamiya	Phranchize P	29.50
4 Johnson, Aaleeah	Phranchize P	30.05
5 Grant, Nadia	Aerial Supre	30.24
6 Daniels, Ryleigh	Lazers Track	31.38
7 Tinch-Jacobs, Bailey	Track Expres	32.85
8 Jackson, Kambry	Faith In Act	37.11

Girls 400 Meter Dash Middle School

Name	School	Finals
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Finals

1 Comara, Princess	Superior Tra	1:03.26
2 Jackson, Shari	Run U Xpress	1:04.66
3 Davis, Saniyah	Track Expres	1:06.63
4 Grant, Nadia	Aerial Supre	1:06.67
5 Archer, Kindle	Quick Speed	1:09.06
6 Mason, Kamiya	Phranchize P	1:09.74
7 Schule, Mackenzie	C.R.T.	1:11.76
8 Daniels, Ryleigh	Lazers Track	1:17.33
9 Johnson, Aaleeah	Phranchize P	1:20.29
10 Brown, Amber	Triangle Cha	1:20.79
11 Tinch-Jacobs, Bailey	Track Expres	1:21.68
12 Flomo, Youngerbaway	Triangle Cha	1:38.05

Girls 800 Meter Run Middle School

Name	School	Finals
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Finals

1 Comara, Princess	Superior Tra	2:43.70
2 Grant, Nadia	Aerial Supre	2:45.75
3 Freese, Lorelai	Shockwaves Y	2:53.77
4 Lord, Juliet	Shockwaves Y	2:56.10
5 Johnson, Kyndall	Superior Tra	3:10.28
6 Brown, Amber	Triangle Cha	3:25.33

Girls 1 Mile Run Middle School

Name	School	Finals
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Finals

1 Gong, Elizabeth	Faith In Act	5:49.09
2 Lord, Juliet	Shockwaves Y	6:11.15
3 Freese, Lorelai	Shockwaves Y	6:12.85
4 Johnson, Kyndall	Superior Tra	6:49.05

Girls Long Jump Middle School

Name	School	Finals
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Finals

1 Brown, Amber	Triangle Cha	3.61m
2 Coates, Brelyn	Unattached	3.49m

Girls Shot Put Middle School

Name	School	Finals
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Finals

1 Coates, Brelyn	Unattached	21-08.25
2 Flomo, Youngerbaway	Triangle Cha	14-00.50

Boys 55 Meter Dash en route High School

Name	School	Prelims
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Preliminaries

1 Barnes, Khari	Tallwood	6.46q
2 Wilson, Quincy	Bullis Schoo	6.57q
3 Deloatch, Jahmari	Oscar Smith	6.62q
4 Haynes, Timothy	Oscar Smith	6.63q
5 Norris, Walker	North Raleig	6.76q
5 Bennett, Jaylen	Phillips Exe	6.76q
5 Hardnett, Halim	Bayside High	6.76q
8 Henry, Chris	Clover Hill	6.78q
9 Dozier, Elisha	Oscar Smith	6.79
9 Lewis Jr., Demetrius	St. Vincent	6.79
11 Rose, Michail	Landry Acade	6.84
12 McCray, Sean	Clover Hill	6.96
13 Minter, Cam	Hopewell	7.01
13 Johnson, Jayden	Riverdale Ba	7.01
15 Walker, Khari	Bullis Schoo	7.02
16 Robinson, Anthony	St. Vincent	7.04
17 Brandon, Lataveon	Nansemond Ri	7.06
18 Monsanto, Elijah	St. Vincent	7.07
18 Becton, Jasaan	Nansemond Ri	7.07
20 Freytes, Brian	Tallwood	7.09
20 Allen, Khamoni	Kings Fork	7.09
22 Crawford, Carmelo	Hopewell	7.10
23 Jones, Shamar	Riverdale Ba	7.11

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Results - Meet Order

Preliminaries ... (Boys 55 Meter Dash en route High School)

Name	School	Prelims
24 Marcelino, Brandon	Tallwood	7.12
25 Branch, Tre'vion	Kings Fork	7.14
26 Glover, Rodney	Riverdale Ba	7.16
27 Griffin, Leon	Bayside High	7.17
28 Williams, De'vion	Bayside High	7.22
29 Thompson, Prince	Riverdale Ba	7.28
30 Iracks, Malik	Riverdale Ba	7.32
31 Bridges, LaPatrick	Bayside High	7.36
32 Ross, Jakaidyn	Bayside High	7.41
33 Ashley, Corey	Bayside High	7.58
34 Vakos, Caleb	Tallwood	7.61
35 Njunkeng, Njembong-Roman	Riverdale Ba	7.64
36 Johnson, Jatavion	Riverdale Ba	7.66
37 Burse, Jayden	Tallwood	7.67
38 Roberts, Amari	Tallwood	7.79

Boys 55 Meter Dash en route High School

Name	School	Finals
Finals		
1 Barnes, Khari	Tallwood	6.47
2 Wilson, Quincy	Bullis Schoo	6.49
3 Deloatch, Jahmari	Oscar Smith	6.61
4 Haynes, Timothy	Oscar Smith	6.65
5 Norris, Walker	North Raleig	6.69
6 Lewis Jr., Demetrius	St. Vincent	6.76
7 Hardnett, Halim	Bayside High	6.80

Boys 60 Meter Dash High School

Name	School	Prelims
Preliminaries		
1 Barnes, Khari	Tallwood	6.93q
2 Wilson, Quincy	Bullis Schoo	7.06q
3 Deloatch, Jahmari	Oscar Smith	7.12q
4 Haynes, Timothy	Oscar Smith	7.14q
5 Hardnett, Halim	Bayside High	7.26q
6 Bennett, Jaylen	Phillips Exe	7.26q
7 Norris, Walker	North Raleig	7.26q
8 Lewis Jr., Demetrius	St. Vincent	7.29q
9 Dozier, Elisha	Oscar Smith	7.29
10 Henry, Chris	Clover Hill	7.29
11 Rose, Michail	Landry Acade	7.35
12 McCray, Sean	Clover Hill	7.46
13 Minter, Cam	Hopewell	7.54
14 Walker, Khari	Bullis Schoo	7.56
15 Johnson, Jayden	Riverdale Ba	7.57
16 Robinson, Anthony	St. Vincent	7.59
17 Brandon, Lataveon	Nansemond Ri	7.60
18 Becton, Jasaan	Nansemond Ri	7.61
19 Allen, Khamoni	Kings Fork	7.63
20 Jones, Shamar	Riverdale Ba	7.64
21 Monsanto, Elijah	St. Vincent	7.64
22 Crawford, Carmelo	Hopewell	7.65
23 Freytes, Brian	Tallwood	7.66
24 Marcelino, Brandon	Tallwood	7.67

25 Branch, Tre'vion	Kings Fork	7.69
26 Griffin, Leon	Bayside High	7.72
27 Glover, Rodney	Riverdale Ba	7.74
28 Williams, De'vion	Bayside High	7.76
29 Thompson, Prince	Riverdale Ba	7.84
30 Iracks, Malik	Riverdale Ba	7.90
31 Bridges, LaPatrick	Bayside High	7.93
32 Ross, Jakaidyn	Bayside High	7.99
33 Ashley, Corey	Bayside High	8.16
34 Vakos, Caleb	Tallwood	8.17
35 Njunkeng, Njembong-Roman	Riverdale Ba	8.26
36 Burse, Jayden	Tallwood	8.26
37 Johnson, Jatavion	Riverdale Ba	8.27
38 Roberts, Amari	Tallwood	8.45

Boys 60 Meter Dash High School

Name	School	Finals
Finals		
1 Barnes, Khari	Tallwood	6.95
2 Wilson, Quincy	Bullis Schoo	6.98
3 Deloatch, Jahmari	Oscar Smith	7.15
4 Haynes, Timothy	Oscar Smith	7.15
5 Norris, Walker	North Raleig	7.18
6 Lewis Jr., Demetrius	St. Vincent	7.27
7 Hardnett, Halim	Bayside High	7.33

Boys 200 Meter Dash High School

Name	School	Finals
Finals		
1 Rose, Michail	Landry Acade	22.49
2 Green, Mickey	Bullis Schoo	22.57
3 Bennett, Jaylen	Phillips Exe	22.80
4 Lewis Jr., Demetrius	St. Vincent	22.86
5 Hardnett, Breon	Bayside High	23.13
6 Roberson, Julian	Bullis Schoo	23.26
7 Stephenson, Bryce	Bullis Schoo	23.51
8 McCray, Sean	Clover Hill	23.52
9 Walker, Khari	Bullis Schoo	23.57
10 Brent Jr., Larry	St. Vincent	23.57
11 Motley, Donovan	Nansemond Ri	23.87
12 Mawussi, Elom	Tallwood	23.94
13 Becton, Jasaan	Nansemond Ri	24.01
14 Jones, Shamar	Riverdale Ba	24.05
15 Reynolds, Kyler	Tallwood	24.07
16 Henry, Chris	Clover Hill	24.16
17 Kiester, Owen	Chapel Hill	24.17
18 Robinson, Anthony	St. Vincent	24.30
19 Glover, Rodney	Riverdale Ba	24.33
20 Monsanto, Elijah	St. Vincent	24.41
21 Minter, Cam	Hopewell	24.52
22 Thompson, Prince	Riverdale Ba	24.66
23 Ross, Jakaidyn	Bayside High	24.84
24 Johnson, Jayden	Riverdale Ba	25.02
25 Marcelino, Brandon	Tallwood	25.07
26 Allen, Khamoni	Kings Fork	25.08
27 Looney, Christian	Tallwood	25.14

F.I.A. Holiday Indoor Classic - 12/30/2022**Virginia Beach Sports Center****Results - Meet Order****Finals ... (Boys 200 Meter Dash High School)**

Name	School	Finals
28	Brown, Theodore	Kings Fork 25.16
29	Gravelly-Smith, Amari	St. Vincent 25.19
30	Branch, Tre'vion	Kings Fork 25.20
31	Johnson, Tirado	Tallwood 25.23
32	Brandon, Lataveon	Nansemond Ri 25.27
33	Johnson, Trey	Tallwood 25.31
34	Hamilton, Nicholas	Kings Fork 25.53
35	Ervin, Gabriel	Kings Fork 25.84
36	Iracks, Malik	Riverdale Ba 25.95
37	Vakos, Caleb	Tallwood 26.06
38	Joyner, Caden	Tallwood 26.10
39	Njunkeng, Njembong-Roman	Riverdale Ba 26.15
40	Shade, Alex	Tallwood 26.18
41	Clanton, Jaliel	Clover Hill 26.64
42	Roberts, Amari	Tallwood 26.72
43	Ashley, Corey	Bayside High 26.81
44	Pritchett, Jayden	Riverdale Ba 26.96
45	Crawford, Carmelo	Hopewell 27.00
46	Joyner, Cameron	Tallwood 27.51
47	Howard, Jamel	Tallwood 27.91
48	Johnson, Jatavion	Riverdale Ba 28.65
49	Clervil, Sebastien	Nansemond Ri 30.29

Boys 400 Meter Dash High School

Name	School	Finals
1	Green, Mickey	Bullis Schoo 50.42
2	Salvodon, Andrew	Bayside High 51.42
3	Roberson, Julian	Bullis Schoo 51.49
4	Bernat, Cekari	Bayside High 51.53
5	Bennett, Jaylen	Phillips Exe 51.84
6	Hathaway, Andrew	Clover Hill 52.83
7	Brent Jr., Larry	St. Vincent 52.87
8	Dotting, Roje'	Tallwood 53.06
9	Reynolds, Kyler	Tallwood 53.16
10	Stephenson, Bryce	Bullis Schoo 53.17
11	McKinley, Messiah	St. Vincent 53.19
12	Johnson, Anthony	Nansemond Ri 53.32
13	Reeves, Gregory	Tallwood 53.98
14	Motley, Donovan	Nansemond Ri 54.37
15	Glover, Rodney	Riverdale Ba 54.42
16	Kiester, Owen	Chapel Hill 54.67
17	Wilson, Brandon	Nansemond Ri 54.73
18	Brandon, Lataveon	Nansemond Ri 55.11
19	Becton, Jasaani	Nansemond Ri 55.63
20	Hardnett, Breon	Bayside High 55.85
21	Bridges, LaPatrick	Bayside High 55.90
22	Gravelly-Smith, Amari	St. Vincent 56.13
23	Johnson, Jayden	Riverdale Ba 56.58
24	Gardner, Jaidon	Clover Hill 57.39
25	Thompson, Prince	Riverdale Ba 57.44
26	Allen, Khamoni	Kings Fork 57.50
27	Hamilton, Nicholas	Kings Fork 57.66
28	Brown, Theodore	Kings Fork 57.67

29	Iracks, Malik	Riverdale Ba 58.11
30	Ervin, Gabriel	Kings Fork 58.47
31	Branch, Tre'vion	Kings Fork 58.57
32	Roman, Jacob	Tallwood 58.72
33	Charity, Allan	Hopewell 59.47
34	Shade, Alex	Tallwood 59.68
35	Dillow, Elijah	Jefferson 1:00.22
36	Pritchett, Jayden	Riverdale Ba 1:00.64
37	Adams, Brayden	Jefferson 1:00.88
38	Minter, Cam	Hopewell 1:01.96
39	Crawford, Carmelo	Hopewell 1:03.56
40	Howard, Jamel	Tallwood 1:04.27
41	Clervil, Sebastien	Nansemond Ri 1:12.32

Boys 800 Meter Run High School

Name	School	Finals
1	Matsatsa, Tinoda	St Andrews Episc 1:51.78
2	Wilson, Quincy	Bullis Schoo 2:00.45
3	Dewar, Sam	North Raleigh 2:00.55
4	Lovelace, Logan	Tallwood 2:02.60
5	Guzik, Ryan	Norfolk Acad 2:04.51
6	Johnson, Anthony	Nansemond Ri 2:09.55
7	McKinley, Messiah	St. Vincent 2:10.62
8	Rathbun, Harry	Mount St. Jo 2:12.16
9	Wilson, Brandon	Nansemond Ri 2:14.33
10	Dillow, Elijah	Jefferson 2:22.21
11	Adams, Brayden	Jefferson 2:25.47
12	Ellison, Kaden	Tallwood 2:53.11

Boys 1 Mile Run High School

Name	School	Finals
1	Rathbun, Harry	Mount St. Jo 4:32.53
2	Wilcox, Caleb	Clover Hill 4:33.82
3	Sullivan, Liam	Norfolk Acad 4:34.75
4	Myers, Conner	Jefferson 4:37.22
5	Clancy, Clinton	Clover Hill 4:39.52
6	Ellingson, Andrew	Clover Hill 4:50.02
7	Ellison, Kaden	Tallwood 6:05.05
8	Ruiz, Dilan	Nansemond Ri 6:21.86

Boys 2 Mile Run High School

Name	School	Finals
1	Thorne, Ethan	Clover Hill 9:59.81
2	Sullivan, Liam	Norfolk Acad 10:08.49
3	Myers, Conner	Jefferson 10:12.38
4	Lewis, Kyle	Jefferson 11:00.17
5	Hathaway, Andrew	Clover Hill 11:03.57

Boys 55 Meter Hurdles en route High School

Name	School	Prelims
1	Rose, Michail	Landry Acade 7.67q
2	Bowers, Jamiel	Oscar Smith 7.75q

F.I.A. Holiday Indoor Classic - 12/30/2022

Virginia Beach Sports Center

Results - Meet Order

Preliminaries ... (Boys 55 Meter Hurdles en route High School)

Name	School	Prelims
3 Dudley, Bryce	Riverdale Ba	7.89q
4 Dabbs, Jaden	Oscar Smith	7.90q
5 Foster, Torin	Tallwood	8.16q
6 Corprew, Zionte	Tallwood	8.65q
7 Green, Dewan	Highland Spr	8.81q
8 Williams, De'vion	Bayside High	8.89q
9 Harrell, Derrick	Oscar Smith	9.00
10 Ervin, Gabriel	Kings Fork	9.03
11 Brown, Theodore	Kings Fork	9.13
12 Conquest, Semaj	Tallwood	9.17
13 Hamlin, Michael	Highland Spr	9.27

Boys 55 Meter Hurdles en route High School

Name	School	Finals
1 Bowers, Jamiel	Oscar Smith	7.69
2 Rose, Michail	Landry Acade	7.70
3 Dudley, Bryce	Riverdale Ba	7.72
4 Dabbs, Jaden	Oscar Smith	7.99
5 Foster, Torin	Tallwood	8.37
6 Green, Dewan	Highland Spr	8.48
7 Corprew, Zionte	Tallwood	8.92
8 Williams, De'vion	Bayside High	9.20

Boys 60 Meter Hurdles High School

Name	School	Prelims
1 Rose, Michail	Landry Acade	8.24q
2 Bowers, Jamiel	Oscar Smith	8.36q
3 Dudley, Bryce	Riverdale Ba	8.50q
4 Dabbs, Jaden	Oscar Smith	8.51q
5 Foster, Torin	Tallwood	8.79q
6 Corprew, Zionte	Tallwood	9.36q
7 Williams, De'vion	Bayside High	9.56q
8 Green, Dewan	Highland Spr	9.56q
9 Ervin, Gabriel	Kings Fork	9.71
10 Harrell, Derrick	Oscar Smith	9.75
11 Brown, Theodore	Kings Fork	9.81
12 Hamlin, Michael	Highland Spr	9.93
13 Conquest, Semaj	Tallwood	10.07

Boys 60 Meter Hurdles High School

Name	School	Finals
1 Rose, Michail	Landry Acade	8.25
2 Bowers, Jamiel	Oscar Smith	8.28
3 Dudley, Bryce	Riverdale Ba	8.31
4 Dabbs, Jaden	Oscar Smith	8.62
5 Foster, Torin	Tallwood	9.00
6 Green, Dewan	Highland Spr	9.13
7 Corprew, Zionte	Tallwood	9.69
8 Williams, De'vion	Bayside High	9.93

Boys 4x200 Meter Relay High School

Team	Relay	Finals
1 Bullis School	A	1:30.86
1) Green, Mickey	2) Roberson, Julian	
3) Stephenson, Bryce	4) Walker, Khari	
2 Tallwood	A	1:31.18
1) Mawussi, Elom	2) Barnes, Khari	
3) Foster, Torin	4) Reeves, Gregory	
3 Oscar Smith	A	1:31.31
4 Bayside High School	A	1:33.43
1) Hardnett, Halim	2) Griffin, Leon	
3) Bernat, Cekari	4) Williams, De'vion	
5 St. Vincent	A	1:33.66
1) Brent Jr., Larry	2) Lewis Jr., Demetrius	
3) Monsanto, Elijah	4) Robinson, Anthony	

Boys High Jump High School

Name	School	Finals
1 Dotting, Roje'	Tallwood	1.87m
--- Corprew, Zionte	Tallwood	NH

Boys Pole Vault High School

Name	School	Finals
1 Olesen, Victor	Saint Christ	14-06.00
2 Curry, Kendric	Highland Spr	13-06.00
3 Walker, Landon	Tallwood	11-00.00
4 Walker, Brayden	Tallwood	8-00.00

Boys Long Jump High School

Name	School	Finals
1 Norris, Walker	North Raleigh	21-08.25
2 Johnson, Jevon	Oxon Hill Hi	20-09.00
3 Deloatch, Jahmari	Oscar Smith	20-07.00
4 Hamlin, Michael	Highland Spr	19-05.00
5 Dudley, Bryce	Riverdale Ba	19-04.00
6 Monsanto, Elijah	St. Vincent	18-10.50
7 Becton, Jasaan	Nansemond Ri	18-03.25
8 Green, Dewan	Highland Spr	18-03.00
9 Johnson, Jayden	Riverdale Ba	18-02.00
10 Johnson, Tirado	Tallwood	17-09.25
11 Kiester, Owen	Chapel Hill	17-04.00
12 Minter, Cam	Hopewell	17-00.50
13 Charity, Allan	Hopewell	16-11.00
14 Looney, Christian	Tallwood	16-08.00
15 Johnson, Trey	Tallwood	16-05.50
16 Griffin, Leon	Bayside High	16-01.00
17 Brandon, Lataveon	Nansemond Ri	14-08.75
--- Burse, Jayden	Tallwood	FOUL

F.I.A. Holiday Indoor Classic - 12/30/2022

Virginia Beach Sports Center

Results - Meet Order

Boys Triple Jump High School

Name	School	Finals
Finals		
1 Norris, Walker	North Raleigh	44-00.50
2 Ross, Jakaidyn	Bayside High	37-06.25
3 Conquest, Semaj	Tallwood	34-00.50
4 Joyner, Caden	Tallwood	32-00.25
5 Joyner, Cameron	Tallwood	28-00.50
6 Brandon, Lataveon	Nansemond Ri	27-11.00
--- Roman, Jacob	Tallwood	FOUL
--- Minter, Cam	Hopewell	FOUL
--- Charity, Allan	Hopewell	FOUL

Boys Shot Put High School

Name	School	Finals
Finals		
1 Mitchell, Robert	St. Vincent	47-11.50
2 Currie, Kyree	Varina	46-05.75
3 Camphor, Kenion	St. Vincent	40-07.25
4 Christian, James	Riverdale Ba	36-03.00
5 Richardson, T- Ron	Hopewell	31-00.00
6 Vasti, AliJah	Tallwood	29-06.50
7 Person, Darmennick	Tallwood	27-05.25
8 Mason, T'Mari	Hopewell	26-11.50

Boys 60 Meter Dash Elementary

Name	School	Prelims
Preliminaries		
1 Jackson Jr, Bershawn	Run U Xpress	9.12q
2 Morgan, Arion	Unattached	9.33q
3 Cunningham, Jay	Unattached	9.77q
4 Burts, Dionte	Track Expres	11.20q
5 Compton, Carter	Track Expres	11.49q
6 Moore, Dallas	Track Expres	11.71q
7 Jacobos, Cameron	Track Expres	11.79q
8 Page, Kenaz	Unattached	14.46q

Boys 60 Meter Dash Elementary

Name	School	Finals
Finals		
1 Jackson Jr, Bershawn	Run U Xpress	8.16
2 Morgan, Arion	Unattached	9.35
3 Cunningham, Jay	Unattached	9.90
4 Burts, Dionte	Track Expres	11.32
5 Moore, Dallas	Track Expres	11.41
6 Compton, Carter	Track Expres	11.42
7 Jacobos, Cameron	Track Expres	11.74

Boys 200 Meter Dash Elementary

Name	School	Finals
Finals		
1 Hammett, Gunner	Unattached	27.52
2 Morgan, Arion	Unattached	31.49
3 Cunningham, Jay	Unattached	33.66
4 Arunkumar, Mukhil	Triangle Cha	33.91
5 Compton, Carter	Track Expres	40.38

6 Page, Kenaz	Unattached	40.45
7 Moore, Dallas	Track Expres	43.16
8 Burts, Dionte	Track Expres	43.21
9 Stotts, Grayson	Track Expres	46.39

Boys 400 Meter Run Elementary

Name	School	Finals
Finals		
1 Hammett, Gunner	Unattached	59.90
2 Cunningham, Jay	Unattached	1:16.18
3 Arunkumar, Mukhil	Triangle Cha	1:23.31
4 Jacobos, Cameron	Track Expres	1:33.00
5 Densham, Keegan	Shockwaves Y	1:33.12
6 Compton, Carter	Track Expres	1:33.96
7 Burts, Dionte	Track Expres	1:42.71
8 Moore, Dallas	Track Expres	1:42.76
9 Stotts, Grayson	Track Expres	2:04.86

Boys 800 Meter Run Elementary

Name	School	Finals
Finals		
1 Hammett, Gunner	Unattached	2:17.22
2 Rowland, Maxwell	Unattached	3:11.59
3 Densham, Keegan	Shockwaves Y	3:29.32

Boys 1 Mile Run Elementary

Name	School	Finals
Finals		
1 Rowland, Maxwell	Unattached	6:50.40
2 Densham, Keegan	Shockwaves Y	7:28.03

Boys Shot Put Elementary

Name	School	Finals
Finals		
1 Scott, Antwon	Unattached	3.50
2 Arunkumar, Mukhil	Triangle Cha	3.25

Boys 60 Meter Dash Middle School

Name	School	Prelims
Preliminaries		
1 Jones, Jaiden	Bowie Boys &	8.04q
2 Gilgeours, Makai	Faith In Act	9.37q
3 Barnes, Kaylon	Faith In Act	11.16q

Boys 60 Meter Dash Middle School

Name	School	Finals
Finals		
1 Jones, Jaiden	Bowie Boys &	8.04
2 Gilgeours, Makai	Faith In Act	9.50
3 Barnes, Kaylon	Faith In Act	12.34

Boys 200 Meter Dash Middle School

Name	School	Finals
Finals		
1 Jones, Jaiden	Bowie Boys &	26.66
2 Smith, Kason	Rdu Express	29.69
3 Mitchell, Elias	Aerial Supre	30.38

F.I.A. Holiday Indoor Classic - 12/30/2022**Virginia Beach Sports Center****Results - Meet Order****Finals ... (Boys 200 Meter Dash Middle School)**

Name	School	Finals
4 Gilgeours, Makai	Faith In Act	31.31

Boys 400 Meter Dash Middle School

Name	School	Finals
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Finals

1 Owings, Indiana	Shockwaves Y	1:06.79
2 Dillow, Joel	Unattached	1:11.16
3 Smith, Kason	Rdu Express	1:14.02

Boys 800 Meter Run Middle School

Name	School	Finals
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Finals

1 Guzik, Patrick	Unattached	2:22.55
2 Owings, Indiana	Shockwaves Y	2:25.19
3 Mitchell, Elias	Aerial Supre	2:43.61

Boys 1 Mile Run Middle School

Name	School	Finals
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Finals

1 Owings, Indiana	Shockwaves Y	5:12.98
2 Guzik, Patrick	Unattached	5:29.12
3 Dillow, Joel	Unattached	6:31.77

Boys Long Jump Middle School

Name	School	Finals
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Finals

1 Jones, Jaiden	Bowie Boys &	5.01m
2 Mitchell, Elias	Aerial Supre	3.62m

Boys Shot Put Middle School

Name	School	Finals
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Finals

1 Smith, Kason	Rdu Express	25-08.00
2 Barnes, Kaylon	Faith In Act	17-07.50

Women - High School - Team Rankings - 13 Events Scored

1) Bullis School	163
2) Nansemond River	47
3) Tallwood	37
4) Oscar Smith High School	36
5) Kings Fork	29
6) Jefferson	21
7) South Granville (NC)	20
8) Landry Academy	13
9) Riverdale Baptist School	12
10) Battlefield	10
10) Broadwater Academy	10
12) South County High School	8
13) St. Vincent Pallotti High Scho	7
14) Clover Hill	6
14) Kecoughtan	6
16) St Timothy's School	5
17) Heritage (Newport News)	3
17) Hillside HS	3
17) Highland Springs	3
20) Monacan High School	1

Women - Elementary - Team Rankings - 6 Events Scored

1) Aerial Supreme	28
1) Track Express Track Club, LLC	28
3) RDU Express	22
4) Faith In Action Athletics Lion	10

Women - Middle School - Team Rankings - 7 Events Scored

1) Superior Track Club	29
2) Track Express Track Club, LLC	27
3) Shockwaves Youth Track and XC	25
3) Phranchize Phamilee Sports	25
5) Quick Speed	24
6) Triangle Champions Track Club	21
7) Aerial Supreme	17
8) Faith In Action Athletics Lion	13
9) Run U Xpress	8
9) Lazars Track Club	8
11) C.R.T.	2

Men - High School - Team Rankings - 13 Events Scored

1) Tallwood	73
2) Bullis School	55
3) Oscar Smith High School	36
4) St. Vincent Pallotti High Scho	35
5) Clover Hill	33
5) Bayside High School	33
7) North Raleigh Christian Academ	30
8) Landry Academy	20
9) Norfolk Academy	18
10) Highland Springs	17
11) Jefferson	16
12) Riverdale Baptist School	15
13) Mount St. Joseph School	11
14) St Andrews Episcopal	10
14) Saint Christopher's	10
14) Phillips Exeter Academy	10
17) Nansemond River	9
18) Varina	8
18) Oxon Hill High School	8
20) Hopewell	5

Men - Elementary - Team Rankings - 6 Events Scored

1) Track Express Track Club, LLC	32
2) Triangle Champions Track Club	19
3) Shockwaves Youth Track and XC	18
4) Run U Xpress	10

Men - Middle School - Team Rankings - 7 Events Scored

1) Bowie Boys & Girls Club Tracks	30
2) Shockwaves Youth Track and XC	28
3) Faith In Action Athletics Lion	27
4) RDU Express	24
5) Aerial Supreme	20