

## VHSL Region 3C Championships - 5/26/2022

## Waynesboro High School

## Results

**Girls 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Oakes, Alaysia	Heritage (Ly	12.30 10
2 Foster, NaKayla	Rustburg	12.44 8
3 Coates, Emily	Rustburg	12.61 6
4 Porter, Taylor	Heritage (Ly	13.02 4
5 Shifflett, Avrie	Turner Ashby	13.25 2
6 Gupta, Sahana	Charlottesvi	13.37 1
7 Cyzick, Makenzie	Turner Ashby	13.38 -0.9
8 Ragland, Aaniyah	Fluvanna Cou	13.55 1.3
9 Alexander, Mia	Fort Defianc	13.63 1.3
10 Redifer, Jasmine	Waynesboro	13.65 -0.9
11 Neeley, Mia	Staunton Hig	13.68 1.3
12 Minor, Ciarra	Wilson Memor	13.76 -0.9
13 Trent, Raelyn	Monticello	13.80 -0.9
14 Clark, Tamy	Heritage (Ly	13.91 1.3
15 Ryan, Mia	Broadway	14.29 1.3
16 Frias, Azari	Spotswood	14.32 1.3

**Girls 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Oakes, Alaysia	Heritage (Ly	25.74 10
2 Foster, NaKayla	Rustburg	25.79 8
3 Coates, Emily	Rustburg	25.95 6
4 Doss, Madison	Spotswood	27.26 4
5 Sherard, Iyana	Rustburg	27.26 2
6 Porter, Taylor	Heritage (Ly	27.43 1
7 Lynch, Jaelyn	Charlottesvi	28.04 -1.9
8 Gupta, Sahana	Charlottesvi	28.59 -1.9
9 Alexander, Mia	Fort Defianc	28.79 1.4
10 Madison, Gina	Fluvanna Cou	29.50 -1.9
11 Clark, Tamy	Heritage (Ly	29.88 1.4
12 Fox, Savanah	Broadway	30.01 1.4
13 Stewart, Kourtlyn	Staunton Hig	30.20 -1.9
14 Ryan, Mia	Broadway	30.44 1.4
15 Frias, Azari	Spotswood	30.50 1.4
16 Redifer, Jasmine	Waynesboro	31.13 -1.9

**Girls 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Coates, Emily	Rustburg	59.49 10
2 Oakes, Alaysia	Heritage (Ly	59.88 8
3 MacDonald, Kenzie	Charlottesvi	1:03.87 6
4 Driver, Taylor	Broadway	1:04.14 4
5 Trent, Raelyn	Monticello	1:05.04 2
6 Burks, Alexus	Rustburg	1:06.13 1
7 Sanders, Ella	Turner Ashby	1:07.29
8 Stasyuk, Anna	Turner Ashby	1:08.72
9 Ackerman, Wren	Charlottesvi	1:08.81
10 Fox, Savanah	Broadway	1:09.21
11 Madison, Gina	Fluvanna Cou	1:09.77
12 Hansley, Jenna	Waynesboro	1:12.46

13 Liu, Lydia	Liberty Chri	1:14.17
14 Evans, Essence	Rustburg	1:14.61
15 Foster, Abigail	Brookville H	1:15.05

**Girls 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Farley, Sophie	Fluvanna Cou	2:26.10 10
2 Jordan, Pate	Rustburg	2:28.93 8
3 Wheeler, Dagon	Fort Defianc	2:32.92 6
4 Ruebke, Kate	Spotswood	2:33.71 4
5 Plautz, Cassidy	Wilson Memor	2:34.42 2
6 Patterson, Reagan	Heritage (Ly	2:34.54 1
7 Sheets, Allison	Fort Defianc	2:37.41
8 Riddervold, Eva	Monticello	2:39.08
9 Ludtke, Deena	Rockbridge C	2:40.91
10 Brumfield, Josephine	Turner Ashby	2:41.04
11 Dabaghyan, Anna	Spotswood	2:42.43
12 Rolon, Grace	Rockbridge C	2:45.81
13 Powers, Natalee	Liberty (Bed	2:46.48
14 Bird, Alison	Charlottesvi	2:48.60
15 Cawthorne, Cindy	Rustburg	2:48.71
16 Miller, Becca	Wilson Memor	2:49.39
17 Lewis, Amelia	Monticello	2:49.76
18 Carwile, Carly	Rustburg	2:58.35
19 Anderson, Sarah	Brookville H	2:58.49
20 Viar, Amber	Fluvanna Cou	3:12.80

**Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Myers, Taylor	Spotswood	5:25.07 10
2 Lane, Abby	Fort Defianc	5:29.99 8
3 Craun, Rachel	Turner Ashby	5:31.12 6
4 Dickel, Ashland	Spotswood	5:33.09 4
5 Dickel, Marika	Spotswood	5:33.24 2
6 Neff, Trinity	Fort Defianc	5:48.90 1
7 Franklin, Quinn	Wilson Memor	5:53.97
8 Adams, Brianna	Liberty (Bed	5:57.35
9 Ludtke, Deena	Rockbridge C	5:57.45
10 Clark, Hailey	Liberty (Bed	6:11.31
11 Anderson, Audrey	Turner Ashby	6:28.07
12 Aust, Jennifer	Monticello	6:30.25
13 Boucher, Cadence	Waynesboro	6:30.59
14 Keagy, Hailey	Fort Defianc	6:31.38
15 Wiggs, Addison	Rustburg	6:36.78
16 Rosser, Sage	Rustburg	6:41.66

**Girls 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 McCullough, Hope	Monticello	12:29.91 10
2 Lantz-Trissel, Magdalena	Turner Ashby	12:36.08 8
3 Franklin, Quinn	Wilson Memor	12:37.30 6
4 Jaffe, Caroline	Charlottesvi	12:58.83 4
5 Timmes, Megan	Rockbridge C	13:05.41 2

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## Waynesboro High School

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## Finals ... (Girls 3200 Meter Run)

Name	School	Finals
6 Malcolm, Mary	Liberty (Bed	13:05.56 1
7 Riddle, Abigail	Fort Defianc	13:08.80
8 Loar, Brook	Staunton Hig	13:10.95
9 Creasy, Madeline	Fluvanna Cou	13:11.10
10 Outland, Lily	Monticello	13:12.80
11 Anderson, Charlotte	Monticello	13:16.87
12 Love, Katarina Kat	Monticello	13:32.05
13 Sellers, Charlotte	Wilson Memor	14:19.40
14 Armengol, Lucia	Charlottesvi	14:27.00
15 McLaughlin, Mia	Fort Defianc	15:03.44

## Girls 100 Meter Hurdles

Name	School	Finals
1 Hart, Shea	Fluvanna Cou	15.88 10
2 Molette, Akera	Heritage (Ly	16.44 8
3 Lynch, Jaelyn	Charlottesvi	16.71 6
4 Brantley, Evelyn	Charlottesvi	16.76 4
5 Moore, Kona	Liberty Chri	18.25 2
6 Martinez, Veronica	Fort Defianc	18.59 1
7 Redifer, Jasmine	Waynesboro	18.64 0.6
8 Pillow, Alyssa	Rustburg	18.68 0.6
9 Waller, Vicktoria	Brookville H	18.74 0.6
10 O'Shea, Rose	Charlottesvi	18.84 -0.3
11 Watts, Natalie	Broadway	20.14 -0.3
12 Lanman, Grace	Waynesboro	20.32 -0.3
13 Flory, Mia	Turner Ashby	20.52 -0.3
14 Pedersen, Hannah	Staunton Hig	21.55 -0.3
15 Flora, Natalie	Broadway	21.85 -0.3
16 Rodriguez, Justine	Fluvanna Cou	23.47 -0.3

## Girls 300 Meter Hurdles

Name	School	Finals
1 Brantley, Evelyn	Charlottesvi	47.20 10
2 Hart, Shea	Fluvanna Cou	48.13 8
3 O'Shea, Rose	Charlottesvi	51.61 6
4 Molette, Akera	Heritage (Ly	52.58 4
5 Pillow, Alyssa	Rustburg	52.81 2
6 Watts, Natalie	Broadway	54.16 1
7 Perry, Alexis	Fluvanna Cou	54.62
8 Anderson, Sarah	Brookville H	55.23
9 Black, Nicole	Rockbridge C	55.42
10 Hartzler, Anne	Waynesboro	58.22
11 Brown, Kendal	Staunton Hig	58.53
12 Flora, Natalie	Broadway	59.01
13 Flory, Mia	Turner Ashby	1:00.04
14 Pedersen, Hannah	Staunton Hig	1:00.85
15 Ham, Katherine	Monticello	1:00.97

## Girls 4x100 Meter Relay

Team	Relay	Finals
1 Rustburg	A	50.76 10
1) Hudson, Aireona	2) Foster, NaKayla	
3) Pillow, Alyssa	4) Sherard, Iyana	
2 Charlottesville	A	51.20 8
1) O'Shea, Rose	2) Lynch, Jaelyn	
3) Ackerman, Wren	4) Gupta, Sahana	
3 Liberty Chri	A	51.88 6
1) Moore, Kona	2) Richmond, Laney	
3) Detwiler, Mia	4) Jenkins, Brooklyn	
4 Heritage (Lynchburg)	A	52.47 4
1) Molette, Akera	2) Clark, Tamyra	
3) Hayden, Ayonna	4) Porter, Taylor	
5 Staunton High School	A	53.60 2
1) Neeley, Mia	2) Schwaner, Aurora	
3) Stewart, Kourtlyn	4) Caul, Emysja	
6 Spotswood	A	54.29 1
1) Navarro, Dial	2) Doss, Madison	
3) Frias, Azari	4) Collazo, Lis	
7 Fluvanna County	A	54.69
1) Madison, Gina	2) Kennedy, Ellie	
3) Shelton, Nakierra	4) Ragland, Aaniyah	
8 Brookville H	A	54.78
1) Ruhland, McKayla	2) Glover, Madisin	
3) Bowles, Charlotte	4) Waller, Vicktoria	
9 Waynesboro	A	54.91
1) Johnson, Kalela	2) Dunson, Kemani	
3) Foster, Faith	4) Brodeur, Isabelle	
10 Wilson Memorial	A	56.57
1) Baber, Erin	2) Quick, Kiernan	
3) Sims, Braelyn	4) Minor, Ciarra	
11 Monticello	A	58.16
1) Vlasis, Lucy	2) Vlasis, Carmen	
3) Lee, Elizabeth	4) Durkee, Molly	
12 Rockbridge County	A	59.50
1) Singleton, Zhyasia	2) Mastin, Elizabeth	
3) Mejia, Melissa	4) Marando, Mia	

## Girls 4x400 Meter Relay

Team	Relay	Finals
1 Liberty Chri	A	4:10.27 10
1) Davis, Crissa	2) Richmond, Laney	
3) Jenkins, Brooklyn	4) Detwiler, Mia	
2 Charlottesville	A	4:17.02 8
1) MacDonald, Kenzie	2) Ventre, Amalia	
3) Brantley, Evelyn		
3 Rustburg	A	4:23.06 6
1) Hardie, Kate	2) Jordan, Pate	
3) Burks, Alexis	4) Sherard, Iyana	
4 Fort Defiance	A	4:23.26 4
1) Wheeler, Dagon	2) Sheets, Allison	
3) Alexander, Mia	4) Lane, Abby	

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## Finals ... (Girls 4x400 Meter Relay)

Team	Relay	Finals	
5 Fluvanna County	A	4:24.60	2
1) Farley, Sophie	2) Ragland, Aaniyah		
3) Farruggio, Olivia	4) Hart, Shea		
6 Monticello	A	4:32.38	1
1) Trent, Raelyn	2) Riddervold, Eva		
3) Lewis, Amelia	4) Vlasis, Lucy		
7 Broadway	A	4:34.07	
1) Fox, Savanah	2) Ryan, Mia		
3) Watts, Natalie	4) Driver, Taylor		
8 Liberty (Bedford)	A	4:42.37	
1) Clark, Hailey	2) Adams, Brianna		
3) Powers, Natalee	4) Allen, Susannah		
9 Staunton High School	A	4:43.24	
1) Matthews, Josalyn	2) Neeley, Mia		
3) Grande Staton, Georgia	4) Stewart, Kourtlyn		
10 Spotswood	A	4:45.47	
1) Ruebke, Kate	2) Doss, Madison		
3) Dabaghyan, Anna	4) Collazo, Lis		
11 Turner Ashby	A	4:48.97	
1) Sanders, Ella	2) Olah, Maggie		
3) Michael-Lee, Maya	4) Stasyuk, Anna		
12 Brookville H	A	4:51.21	
1) Foster, Abigail	2) Anderson, Sarah		
3) Ruhland, McKayla	4) Simmons, Britney		
13 Rockbridge County	A	4:57.55	
1) Rolon, Grace	2) McClung, Elizabeth		
3) Mastin, Elizabeth	4) Black, Nicole		

## Girls 4x800 Meter Relay

Team	Relay	Finals	
1 Fort Defiance	A	10:22.45	10
1) Wheeler, Dagon	2) Sheets, Allison		
3) Lane, Abby	4) Neff, Trinity		
2 Rockbridge County	A	10:35.84	8
1) Rolon, Grace	2) Black, Nicole		
3) Timmes, Megan	4) Ludtke, Deena		
3 Liberty (Bedford)	A	10:41.16	6
1) Clark, Hailey	2) Malcolm, Mary		
3) Powers, Natalee	4) Adams, Brianna		
4 Turner Ashby	A	10:48.53	4
1) Craun, Rachel	2) Anderson, Audrey		
3) Brumfield, Josephine	4) Lantz-Trissel, Magdalena		
5 Monticello	A	11:02.97	2
1) McCullough, Hope	2) Lewis, Amelia		
3) Outland, Lily	4) Riddervold, Eva		
6 Wilson Memorial	A	11:46.41	1
1) Plautz, Cassidy	2) Miller, Becca		
3) Meraz-Luna, Celeste	4) Sellers, Charlotte		
7 Rustburg	A	11:49.56	
1) Rosser, Sage	2) Carwile, Carly		
3) Cawthorne, Cindy	4) Wiggs, Addison		

8 Staunton High School	A	11:49.72
1) Loar, Brook	2) Grande Staton, Georgia	
3) Brown, Kendal	4) Matthews, Josalyn	
9 Charlottesville	A	11:56.10
1) Bird, Alison	2) Armengol, Lucia	
3) Colbert, Lindsey	4) Jaffe, Caroline	
10 Heritage (Lynchburg)	A	12:28.97
1) Patterson, Reagan	2) Berkley, Ryann	
3) Estrada, Stephanie	4) Faria, Sera	

## Girls High Jump

Name	School	Finals	
<b>Finals</b>			
1 Washington, Raevin	Turner Ashby	5-04.00	10
2 Somers, Ella	Broadway	5-02.00	8
3 Driver, Taylor	Broadway	4-10.00	6
4 Jetton, Sibbie	Staunton Hig	4-06.00	1.4
4 Hardie, Kate	Rustburg	4-06.00	1.4
4 Sherard, Iyana	Rustburg	4-06.00	1.4
4 Ragland, Aaniyah	Fluvanna Cou	4-06.00	1.4
4 Good, Hannah	Broadway	4-06.00	1.4
9 Dabaghyan, Anna	Spotswood	J4-06.00	
--- Colbert, Lindsey	Charlottesvi	NH	
--- Crews, Jametra	Brookville H	NH	
--- Brown, Kendal	Staunton Hig	NH	
--- Swift, Samantha	Staunton Hig	NH	
--- MacDonald, Kenzie	Charlottesvi	NH	
--- Mastin, Elizabeth	Rockbridge C	NH	
--- Hartzler, Anne	Waynesboro	NH	
--- Porter, Taylor	Heritage (Ly	NH	
--- Molette, Akera	Heritage (Ly	NH	

## Girls Pole Vault

Name	School	Finals	
<b>Finals</b>			
1 Moore, Kona	Liberty Chri	10-06.00	10
2 Allen, Susannah	Liberty (Bed	9-06.00	8
3 Hernandez, Laura	Fluvanna Cou	8-06.00	6
4 Ruhland, McKayla	Brookville H	7-06.00	4
5 Ackerman, Wren	Charlottesvi	J7-06.00	2
6 Tatro, Ella	Turner Ashby	7-00.00	1
7 Hull, Kaitlyn	Waynesboro	6-06.00	
8 Navarro, Dial	Spotswood	J6-06.00	
--- Williams, Noelle	Charlottesvi	NH	
--- Farruggio, Olivia	Fluvanna Cou	NH	

## Girls Long Jump

Name	School	Finals	
<b>Finals</b>			
1 Oakes, Alaysia	Heritage (Ly	18-04.50	10
2 Doss, Madison	Spotswood	17-04.50	8
3 Shifflett, Avrie	Turner Ashby	17-03.75	6
4 Foster, NaKayla	Rustburg	15-11.00	4
5 Fox, Adara	Turner Ashby	15-07.75	2
6 Bowles, Charlotte	Brookville H	15-07.50	1
7 Moore, Kona	Liberty Chri	15-06.75	NWI

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## Finals ... (Girls Long Jump)

Name	School	Finals
8 Redifer, Jasmine	Waynesboro	15-05.25 NWI
9 Porter, Taylor	Heritage (Ly	15-04.25 NWI
10 Coates, Emily	Rustburg	15-01.25 NWI
11 Schwaner, Aurora	Staunton Hig	14-09.25 NWI
12 Hudson, Aireona	Rustburg	14-08.50 NWI
13 Brantley, Evelyn	Charlottesvi	14-04.00 NWI
14 Cyzick, Makenzie	Turner Ashby	14-01.00 NWI
15 Martinez, Veronica	Fort Defianc	13-11.50 NWI
16 Frias, Azari	Spotswood	13-10.00 NWI
17 Gupta, Sahana	Charlottesvi	13-07.50 NWI
18 Dunson, Kemani	Waynesboro	13-04.50 NWI
19 Alexander, Mia	Fort Defianc	13-02.50 NWI
20 Ferguson, Nevaeh	Fluvanna Cou	12-09.50 NWI
21 Hawkins, Asiana	Fluvanna Cou	12-07.50 NWI
22 Trent, Raelyn	Monticello	11-06.75 NWI

## Girls Triple Jump

Name	School	Finals
1 Oakes, Alaysia	Heritage (Ly	37-02.00 10
2 Porter, Taylor	Heritage (Ly	34-10.50 8
3 Lynch, Jaelyn	Charlottesvi	34-09.50 6
4 Doss, Madison	Spotswood	J34-09.50 4
5 Molette, Akera	Heritage (Ly	34-05.50 2
6 Fox, Adara	Turner Ashby	33-07.50 1
7 Cyzick, Makenzie	Turner Ashby	33-00.25 NWI
8 Hudson, Aireona	Rustburg	33-00.00 NWI
9 Schwaner, Aurora	Staunton Hig	32-04.00 NWI
10 Clark, Tanya	Heritage (Ly	32-02.25 NWI
11 Martinez, Veronica	Fort Defianc	31-10.00 NWI
12 RePass, Amber	Charlottesvi	31-06.00 NWI
13 Hayden, Ayonna	Heritage (Ly	30-07.00 NWI
14 Ferguson, Nevaeh	Fluvanna Cou	30-02.75 NWI
15 Minor, Ciarra	Wilson Memor	28-02.50 NWI
16 McCoy, Anna	Turner Ashby	27-09.50 NWI
17 Hawkins, Asiana	Fluvanna Cou	27-02.00 NWI

## Girls Shot Put

Name	School	Finals
1 Robbins, Jordyn	Liberty Chri	32-10.00 10
2 Arnold, Jaelyn	Heritage (Ly	J32-10.00 8
3 Miller, Katie	Turner Ashby	31-06.00 6
4 Hill, Nevaeh	Fluvanna Cou	30-09.00 4
5 Brown, Taniesha	Liberty (Bed	30-00.00 2
6 Marando, Brianna	Rockbridge C	28-07.50 1
7 jones, Tylia	Rustburg	28-04.00
8 Ellis, Dionne	Heritage (Ly	26-08.00
9 Ventre, Amalia	Charlottesvi	25-10.00
10 Pickens, Rachel	Monticello	24-10.00
11 Gatesmen, Lily	Broadway	24-09.50
12 White, Elaina	Waynesboro	23-09.00
13 Fields, Lazayreah	Staunton Hig	23-07.00
14 Nemyrova, Vika	Charlottesvi	23-06.00

15 Edwards, Kedayne	Wilson Memor	21-10.00
16 Jumper, Addison	Monticello	21-07.00
17 Redifer, Jasmine	Waynesboro	21-05.00
18 Walker, Zaniah	Fluvanna Cou	20-09.00

## Girls Discus Throw

Name	School	Finals
1 Arnold, Jaelyn	Heritage (Ly	105-02 10
2 Marando, Brianna	Rockbridge C	93-10 8
3 Robbins, Jordyn	Liberty Chri	93-04 6
4 Gatesmen, Lily	Broadway	89-08 4
5 Stanley, Josie	Rustburg	83-06 2
6 Brown, Taniesha	Liberty (Bed	82-01 1
7 Cross, Megan	Wilson Memor	76-03
8 Miller, Katie	Turner Ashby	73-11.50
9 Walker, Zaniah	Fluvanna Cou	73-11
10 Shelton, Nakierra	Fluvanna Cou	67-09
11 jones, Tylia	Rustburg	66-08
12 Edwards, Kedayne	Wilson Memor	66-05
13 Redifer, Jasmine	Waynesboro	66-03
14 Arey, Serenity	Rockbridge C	64-08
15 Nemyrova, Vika	Charlottesvi	63-02
16 Dresch, Lily	Fort Defianc	62-02
17 Durkee, Molly	Monticello	62-01.50
18 Pickens, Rachel	Monticello	60-09
19 Singleton, Zhyasia	Rockbridge C	58-11

## Boys 100 Meter Dash

Name	School	Finals
1 Carter, Amari	Waynesboro	11.01 10
2 Steele, Zach	Heritage (Ly	11.05 8
3 Johnson, Jaidyn	Heritage (Ly	11.17 6
4 Reed, Izaiah	Staunton Hig	11.39 4
5 Quintanilla, Jalin	Turner Ashby	11.55 2
6 Crawford, Kenneth	Heritage (Ly	11.66 1
7 Spence, Justen	Turner Ashby	11.70 -1.3
8 Dillard, Kenneth KC	Monticello	11.71 -1.3
9 Smith, Kenyon	Fluvanna Cou	11.88 -1.3
10 Shickel, Sam	Turner Ashby	11.88 -1.3
11 Wade, Logan	Fluvanna Cou	11.95 0.8
12 Marshall, Jaylyn	Brookville H	11.99 +0.0
13 Bullard, VJ	Wilson Memor	12.01 0.8
14 Gaines, Jarrod	Fluvanna Cou	12.13 0.8
15 Jones, JayQuan	Charlottesvi	12.19 0.8

## Boys 200 Meter Dash

Name	School	Finals
1 Moon, Jeb	Liberty Chri	22.52 10
2 Gonzalez Santiago, Jowell	Broadway	22.79 8
3 Carter, Amari	Waynesboro	22.87 6
4 Johnson, Jaidyn	Heritage (Ly	22.87 4
5 Steele, Zach	Heritage (Ly	22.95 2
6 Schmincke, Casey	Liberty Chri	23.18 1

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## Finals ... (Boys 200 Meter Dash)

Name	School	Finals	
7 Davidson, Gideon	Liberty Chri	23.47	-1.2
8 Pennix, McKinley	Heritage (Ly	23.71	+0.0
9 Kurtz, Kyle	Rustburg	23.72	-1.2
10 Mackey, Conner	Spotswood	23.83	-1.2
11 Sherard, Elijah	Rustburg	23.84	-1.2
12 Knicely, Walker	Broadway	23.93	-0.5
13 Reed, Izaiah	Staunton Hig	23.94	-0.6
14 Price, Richard	Fluvanna Cou	24.00	-1.2
15 Dillard, Kenneth KC	Monticello	24.19	-0.5
16 Patterson, Qua'ran	Waynesboro	25.18	-0.6
17 Cornwell, Asher	Monticello	25.48	-0.6
18 Jones, JayQuan	Charlottesvi	25.87	-0.6
19 Wright, Benjamin	Charlottesvi	26.39	-0.6
--- Steele, Jordan	Liberty (Bed	DNF	+0.0

## Boys 400 Meter Dash

Name	School	Finals	
1 Gonzalez Santiago, Jowell	Broadway	49.97	10
2 Wesolowski, Brent	Brookville H	51.09	8
3 Seeney, Christian	Brookville H	52.78	6
4 Kerr, Joseph	Broadway	53.72	4
5 Jones, Josh	Fort Defianc	54.04	2
6 Morris, Elias	Fluvanna Cou	54.69	1
7 Dawson, Keondre	Liberty (Bed	54.74	
8 Claytor, Riley	Fort Defianc	54.88	
9 Baker, Ben	Rustburg	55.38	
10 Roy, Cooper	Monticello	56.03	
11 Petcher, Landon	Brookville H	56.08	
12 Valentin, Nathaniel	Fluvanna Cou	56.33	
13 Chambers, Zahir	Fluvanna Cou	56.81	
14 Dillard, Xavier	Waynesboro	57.06	
15 Lai, Yuet	Brookville H	57.23	
16 Amlacher, Joey	Turner Ashby	57.69	
17 Wright, Benjamin	Charlottesvi	58.77	
--- Morgan, Rashaun	Heritage (Ly	DNF	

## Boys 800 Meter Run

Name	School	Finals	
1 Hunt, Chasen	Brookville H	2:00.08	10
2 Wesolowski, Brent	Brookville H	2:01.58	8
3 Tennant, Edison	Charlottesvi	2:04.77	6
4 Groves, Adam	Waynesboro	2:06.97	4
5 Howard, Ethan	Brookville H	2:09.33	2
6 Heeringa, Ian	Spotswood	2:10.18	1
7 Dana, Clark	Wilson Memor	2:11.26	
8 Lam, Dylan	Spotswood	2:11.55	
9 Showalter, Scott	Broadway	2:13.97	
10 Helmke, Jack	Charlottesvi	2:15.61	
11 Jothi, Aran	Heritage (Ly	2:17.56	
12 Wietrzykowski, Gregory	Liberty (Bed	2:19.49	
13 Gibbs, Will	Rockbridge C	2:19.89	
14 McClure, Kasey	Spotswood	2:21.95	

15 Spire, Eli	Fort Defianc	2:25.41
16 Mitchell, Connor	Fort Defianc	2:26.22

## Boys 1600 Meter Run

Name	School	Finals	
1 Hunt, Chasen	Brookville H	4:24.32	10
2 Groves, Adam	Waynesboro	4:30.70	8
3 Mathes, Bazil	Monticello	4:30.77	6
4 Cook, Eli	Charlottesvi	4:33.34	4
5 Sigmon, Brody	Spotswood	4:58.66	2
6 Siller, Zachery	Charlottesvi	4:59.85	1
7 Kerr, Jayden	Broadway	5:00.24	
8 Childress, Joseph	Wilson Memor	5:00.61	
9 Wietrzykowski, Gregory	Liberty (Bed	5:01.12	
10 Blosser, Parker	Fort Defianc	5:01.21	
11 Green, LJ	Heritage (Ly	5:19.59	
12 Mitchell, Connor	Fort Defianc	5:28.26	
13 Diaz, Daniel	Liberty (Bed	5:31.28	
14 Pleasant, Grayson	Liberty (Bed	5:31.76	
--- Mussie, Bisrat	Turner Ashby	DNF	

## Boys 3200 Meter Run

Name	School	Finals	
1 Kramer, Russell	Spotswood	10:15.46	10
2 McKee, Nathaniel	Charlottesvi	10:19.93	8
3 Chorbaji, Jordan	Charlottesvi	10:23.34	6
4 Greenland, Alasdair	Charlottesvi	10:24.74	4
5 Kenee, Peyton	Spotswood	10:28.04	2
6 Vizcaino, Daniel	Monticello	10:34.77	1
7 Souders, Christian	Turner Ashby	10:56.28	
8 Blosser, Parker	Fort Defianc	11:00.57	
9 Childress, Joseph	Wilson Memor	11:10.53	
10 Kite, Bunte	Spotswood	11:16.91	
11 Salmeron, Kenneth	Spotswood	11:19.92	
12 Schulz, Jacob	Fort Defianc	11:38.15	
13 Goalder, James	Waynesboro	12:26.79	
14 Gaskin, Warner	Monticello	13:03.75	

## Boys 110 Meter Hurdles

Name	School	Finals	
1 Moore, Kai	Liberty Chri	16.08	10
2 Pennix, McKinley	Heritage (Ly	16.12	8
3 Patterson, Qua'ran	Waynesboro	16.42	6
4 McLaughlin, Jeffrey	Fort Defianc	17.11	4
5 Glass, Tanner	Wilson Memor	17.27	2
6 Amlacher, Joey	Turner Ashby	17.81	1
7 Morris, Elias	Fluvanna Cou	18.17	0.5
8 Ennis, Jordan	Broadway	19.44	0.5
9 Galgano, Ole	Spotswood	19.69	0.5
10 Rai, Utshab	Charlottesvi	19.84	0.5
11 Stanley, Ben	Fluvanna Cou	20.17	0.5
12 Bradley, Isaiah	Fluvanna Cou	20.37	0.6
13 Coley, Michael	Brookville H	20.47	0.6

## VHSL Region 3C Championships - 5/26/2022

## Waynesboro High School

## Results

## Finals ... (Boys 110 Meter Hurdles)

Name	School	Finals
14 Shimer, Henry	Charlottesvi	20.59 0.6
15 Gilette, Aiden	Turner Ashby	21.33 0.6
16 Beck, Kristian	Broadway	21.51 0.6
--- Davenport, Anthony	Staunton Hig	FS 0.5

## Boys 300 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 Moore, Kai	Liberty Chri	42.00 10
2 Hoy, Landon	Liberty Chri	43.05 8
3 Pennix, McKinley	Heritage (Ly	43.93 6
4 Harmes, Adam	Turner Ashby	44.27 4
5 Stanley, Ben	Fluvanna Cou	45.37 2
6 Glass, Tanner	Wilson Memor	45.62 1
7 Chapman, Manny	Staunton Hig	45.86
8 Ennis, Jordan	Broadway	46.11
9 Shimer, Henry	Charlottesvi	46.35
10 McLaughlin, Jeffrey	Fort Defianc	46.41
11 Galgano, Ole	Spotswood	47.22
12 Chisley, Thomas	Staunton Hig	48.05
13 Bradley, Isaiah	Fluvanna Cou	49.63
14 Cook, Jacob	Fluvanna Cou	49.71
15 Davenport, Anthony	Staunton Hig	50.65
16 Rai, Utshab	Charlottesvi	51.39
17 Gilette, Aiden	Turner Ashby	51.98
18 Beck, Kristian	Broadway	53.18

## Boys 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Liberty Chri	A	43.87 10
1) Schmincke, Casey	2) Moon, Jeb	
3) Belford, Jaylin	4) Davidson, Gideon	
2 Turner Ashby	A	44.64 8
1) Shickel, Sam	2) Shank, Micah	
3) Spence, Justen	4) Quintanilla, Jalin	
3 Staunton High School	A	44.86 6
1) Fields, Braylen	2) Cabell, Maaliah	
3) Reed, Izaiah	4) Bosserman, Ryan	
4 Heritage (Lynchburg)	A	44.89 4
1) White, Markus	2) Steele, Zach	
3) Burns, Kameron	4) Johnson, Jaidyn	
5 Brookville H	A	45.00 2
1) Marshall, Jaylyn	2) Butler, Tayshawn	
3) Seeney, Christian	4) Lloyd, Trey	
6 Rustburg	A	45.10 1
1) Flemming, Jamier	2) Kurtz, Kyle	
3) Baker, Ben	4) Sherard, Elijah	
7 Spotswood	A	45.33
1) Kim, Kris	2) Mackey, Conner	
3) Harding, Jonathan	4) Parlee, Jack	
8 Broadway	A	46.32
1) Hinkle, Davis	2) Post, Ryder	
3) Knicely, Cole	4) Goins, Tristin	

9 Wilson Memorial	A	46.52
1) Tyree, Brayden	2) Glass, Tanner	
3) Armstrong, Taylor	4) Bullard, VJ	
10 Monticello	A	47.27
1) Dillard, Kenneth KC	2) Cornwell, Asher	
3) Feggans, Clarence	4) Roy, Cooper	
11 Liberty (Bedford)	A	47.64
1) Hamilton, Isaac	2) Williams, Dameen	
3) Jones, Charles	4) Johnson, De'Shawn	
12 Charlottesville	A	50.24
1) Rai, Utshab	2) Mccollough, Jamil	
3) Smith, Callan	4) Jones, JayQuan	
13 Rockbridge County	A	53.98
1) Pfaff, Spencer	2) Howald, Hunter	
3) Martin, Scottie	4) Buren, John	
--- Fluvanna County	A	FS
1) Gaines, Jarrod	2) Wade, Logan	
3) Price, Richard	4) Smith, Kenyon	
--- Waynesboro	A	DQ
1) Patterson, Qua'ran	2) Miller, Emerson	
3) Gamble, Te'Shawn	4) Carter, Amari	

## Boys 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Liberty Chri	A	3:29.44 10
1) O'Regan, Samuel	2) Hoy, Landon	
3) Coletti, Sam	4) Moon, Jeb	
2 Brookville H	A	3:29.85 8
1) Seeney, Christian	2) Marshall, Jaylyn	
3) Hunt, Chasen	4) Wesolowski, Brent	
3 Broadway	A	3:30.03 6
1) Kerr, Joseph	2) Tinnell, Ryley	
3) Knicely, Walker	4) Gonzalez Santiago, Jowell	
4 Spotswood	A	3:37.37 4
1) Mackey, Conner	2) Parlee, Jack	
3) Harding, Jonathan	4) Lam, Dylan	
5 Fort Defiance	A	3:40.25 2
1) Claytor, Riley	2) Alexander, Jalen	
3) Miller, Tanner	4) Jones, Josh	
6 Fluvanna County	A	3:41.36 1
1) Morris, Elias	2) Valentin, Nathaniel	
3) Price, Richard	4) Patchett, Addison	
7 Charlottesville	A	3:42.83
1) Cook, Eli	2) Helmke, Jack	
3) Wright, Benjamin	4) Tennant, Edison	
8 Liberty (Bedford)	A	3:53.36
1) Dawson, Keondre	2) Wietrzykowski, Gregory	
3) Johnson, De'Shawn	4) Arrington, Jared	
9 Staunton High School	A	3:57.19
1) Chisley, Thomas	2) Clark, Brayden	
3) Chapman, Manny	4) Cabell, Maaliah	
10 Turner Ashby	A	3:57.54
1) Davidson, Ethan	2) Simmons, Will	
3) Teter, Drew	4) Ostlund, Troy	

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## Waynesboro High School

## Results

## Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
11 Monticello	A	4:01.10
1) Roy, Cooper	2) Adams, Ethan	
3) Davis, Ben	4) Feggans, Clarence	
12 Rockbridge County	A	4:14.83
1) Brannon, Andrew	2) Imler, Jordan	
3) Miller, Alexander	4) Orebaugh, Konner	

## Boys 4x800 Meter Relay

Team	Relay	Finals
1 Charlottesville	A	8:29.79 10
1) Cook, Eli	2) Greenland, Alasdair	
3) McKee, Nathaniel	4) Tennant, Edison	
2 Spotswood	A	8:41.03 8
1) Parlee, Jack	2) McClure, Kasey	
3) Lam, Dylan	4) Kramer, Russell	
3 Broadway	A	8:48.79 6
1) Kerr, Jayden	2) Showalter, Scott	
3) Nelson, Luke	4) Tinnell, Ryley	
4 Rockbridge County	A	8:50.73 4
1) Ivins, Jacob	2) Brannon, Andrew	
3) Imler, Jordan	4) Roney, Evan	
5 Wilson Memorial	A	9:22.96 2
1) Dana, Clark	2) Chen, Jimmy	
3) Mongold, Lukas	4) Hydrick, Blaine	
6 Brookville H	A	9:24.29 1
1) Lai, Yuet	2) Ring, Kendrick	
3) Petcher, Landon	4) Howard, Ethan	
7 Fort Defiance	A	9:30.00
1) Alexander, Jalen	2) Spire, Eli	
3) Mitchell, Connor	4) Miller, Tanner	
8 Monticello	A	9:40.65
1) Black, William	2) Scharer, Max	
3) Gaskin, Warner	4) Walker, Tristan	
9 Heritage (Lynchburg)	A	9:47.62
1) Green, LJ	2) Crawford, Michael	
3) Williams, Tashaun	4) Jothi, Aran	
10 Liberty Chri	A	9:59.49
1) Strathy, Tristan	2) Thurston, Rafael	
3) Rogers, Blake	4) Coletti, Sam	

## Boys High Jump

Name	School	Finals
1 Cabell, Maaliah	Staunton Hig	6-06.00 10
2 Lloyd, Trey	Brookville H	6-02.00 8
3 Lawhorne, Mason	Waynesboro	6-00.00 6
4 Arrington, Jared	Liberty (Bed	5-10.00 4
5 Burns, Kameron	Heritage (Ly	J5-10.00 1.5
5 Garber, Luke	Broadway	J5-10.00 1.5
7 Bosserman, Ryan	Staunton Hig	5-08.00
7 Miller, Tanner	Fort Defianc	5-08.00
9 Brown, Tyshawn	Heritage (Ly	J5-08.00
9 Mackey, Conner	Spotswood	J5-08.00

---	Hughes, Trenton	Fluvanna Cou	NH
---	Teter, Drew	Turner Ashby	NH
---	Lassiter, Isaiah	Staunton Hig	NH
---	Chambers, Zahir	Fluvanna Cou	NH
---	Cornwell, Asher	Monticello	NH
---	Banks, Carter	Heritage (Ly	NH
---	Brown, Darius	Heritage (Ly	NH
---	Garber, Ian	Broadway	NH
---	Harding, Jonathan	Spotswood	NH
---	Feggans, Clarence	Monticello	NH

## Boys Pole Vault

Name	School	Finals	
1 Moore, Kai	Liberty Chri	12-00.00 10	
2 Mleziva, Dan	Liberty Chri	J12-00.00 8	
3 Brown, James	Brookville H	11-00.00 6	
4 McLaughlin, Jeffrey	Fort Defianc	10-00.00 3	
4 Steele, James	Waynesboro	10-00.00 3	
6 Smith, Callan	Charlottesvi	9-06.00 1	
---	Mongold, Lukas	Wilson Memor	NH
---	Snyder, Trent	Waynesboro	NH
---	Taylor, Alexander	Monticello	NH
---	Rai, Utshab	Charlottesvi	NH
---	Roy, Cooper	Monticello	NH
---	Casarrubius, Austin	Turner Ashby	NH
---	Ennis, Jordan	Broadway	NH
---	Antonio, Ryan	Monticello	NH
---	Beck, Kristian	Broadway	NH
---	Knically, Walker	Broadway	NH
---	Miller, Gavin	Spotswood	NH
---	Groves, Gerard	Waynesboro	NH

## Boys Long Jump

Name	School	Finals
1 Lloyd, Trey	Brookville H	20-11.50 10
2 Cabell, Maaliah	Staunton Hig	20-11.00 8
3 Gonzalez Santiago, Jowell	Broadway	20-06.00 6
4 Belford, Jaylin	Liberty Chri	J20-06.00 4
5 Bosserman, Ryan	Staunton Hig	20-01.75 2
6 Pennix, McKinley	Heritage (Ly	19-11.00 1
7 Moon, Jeb	Liberty Chri	19-10.75 NWI
8 Davidson, Gideon	Liberty Chri	19-07.50 NWI
9 White, Markus	Heritage (Ly	19-04.75 NWI
10 Thornton, Amonte	Rustburg	19-02.50 NWI
11 Steele, Zach	Heritage (Ly	19-02.00 NWI
12 Ragland, Kareem	Fluvanna Cou	19-01.00 NWI
13 Lawhorne, Mason	Waynesboro	18-10.50 NWI
14 Parlee, Jack	Spotswood	18-08.75 NWI
14 Smith, Kenyon	Fluvanna Cou	18-08.75 NWI
16 Briggs, Sam	Turner Ashby	18-06.50 NWI
17 Tennant, Edison	Charlottesvi	18-03.00 NWI
18 Vess, Max	Wilson Memor	18-00.25 NWI
19 O'Regan, Samuel	Liberty Chri	17-03.00 NWI
19 Young, Calvin	Turner Ashby	17-03.00 NWI

## VHSL Region 3C Championships - 5/26/2022

## Waynesboro High School

## Results

## Finals ... (Boys Long Jump)

Name	School	Finals
21 Gamble, Te'Shawn	Waynesboro	16-07.75 NWI
22 Mccollough, Jamil	Charlottesvi	16-06.75 NWI
23 Wolkowicz, Jacob	Fluvanna Cou	16-05.75 NWI
--- Brown, Darius	Heritage (Ly	FOUL
--- Harding, Jonathan	Spotswood	FOUL

## Boys Triple Jump

Name	School	Finals
<b>Finals</b>		
1 Brown, Darius	Heritage (Ly	43-08.00 10
2 Pennix, McKinley	Heritage (Ly	43-01.00 8
3 Briggs, Sam	Turner Ashby	42-07.00 6
4 Patchett, Addison	Fluvanna Cou	J42-07.00 4
5 Clark, DeAndre	Waynesboro	41-07.00 2
6 Lawhorne, Mason	Waynesboro	40-10.00 1
7 Brown, Tyshawn	Heritage (Ly	40-08.00 NWI
8 Vess, Max	Wilson Memor	38-08.00 NWI
9 Bosserman, Ryan	Staunton Hig	38-06.75 NWI
10 Johnson, Jaidyn	Heritage (Ly	38-05.00 NWI
11 Jones, JayQuan	Charlottesvi	J38-05.00 NWI
12 Parlee, Jack	Spotswood	38-03.50 NWI
13 Chisley, Thomas	Staunton Hig	38-00.00 NWI
14 Smith, Kenyon	Fluvanna Cou	37-03.00 NWI
15 Ostlund, Troy	Turner Ashby	36-06.25 NWI
16 Showalter, Scott	Broadway	35-08.00 NWI
17 Calloway, Xavier	Heritage (Ly	33-11.00 NWI
18 Shimer, Henry	Charlottesvi	33-05.00 NWI
--- Harding, Jonathan	Spotswood	FOUL

## Boys Shot Put

Name	School	Finals
<b>Finals</b>		
1 Taylor, Dillon	Spotswood	51-01.00 10
2 Bernardini, Dante	Charlottesvi	46-01.00 8
3 Rao, Casper	Broadway	42-02.50 6
4 Cruz-Bonilla, Fernando	Spotswood	41-07.00 4
5 White, Xavier	Heritage (Ly	40-06.50 2
6 Loya, Miguel	Waynesboro	40-05.50 1
7 Clark, DeAndre	Waynesboro	40-04.00
8 Hoffeditz, Herschel	Broadway	38-09.50
9 Scott, Kanye	Heritage (Ly	37-05.50
10 Bieber, Blaine	Broadway	37-05.00
11 Jackson, Chase	Heritage (Ly	36-09.00
12 Marshall, Caleb	Brookville H	36-07.50
13 O'Regan, Samuel	Liberty Chri	35-07.50
14 McKenzie, Jonoi	Wilson Memor	35-06.50
15 Powell, Weston	Fort Defianc	35-04.50
16 Dickerson, Marcus	Fluvanna Cou	34-00.00
17 Wade, Logan	Fluvanna Cou	33-09.00
18 Feggans, Clarence	Monticello	31-04.00
19 Davis, Diver	Fluvanna Cou	30-02.00

## Boys Discus Throw

Name	School	Finals
<b>Finals</b>		
1 Taylor, Dillon	Spotswood	144-07 10
2 Clark, DeAndre	Waynesboro	142-05 8
3 Bernardini, Dante	Charlottesvi	133-00 6
4 Post, Ryder	Broadway	128-05 4
5 Garber, Cliff	Broadway	119-05 2
6 Wade, Logan	Fluvanna Cou	116-10 1
7 Scott, Kanye	Heritage (Ly	113-11
8 Loya, Miguel	Waynesboro	108-09
9 Neff, Cory	Fort Defianc	108-08
10 Cruz-Bonilla, Fernando	Spotswood	108-05
11 Firkins, Trey	Brookville H	104-05
12 O'Regan, Samuel	Liberty Chri	102-01
13 Hoffeditz, Herschel	Broadway	100-09
14 Kartey, Selorm	Monticello	98-08
15 Davis, Diver	Fluvanna Cou	93-02

## Women - Team Rankings - 17 Events Scored

1) Heritage (Lynchburg)	98
2) Rustburg	75.8
3) Charlottesville	61
4) Turner Ashby	46
5) Liberty Christian Academy	44
6) Fluvanna County	41.4
7) Spotswood	37
8) Fort Defiance	30
9) Broadway	24.4
10) Rockbridge County	19
11) Liberty (Bedford)	18
12) Monticello	15
13) Wilson Memorial	9
14) Brookville High School	5
15) Staunton High School	3.4

## Men - Team Rankings - 17 Events Scored

1) Liberty Christian Academy	81
2) Brookville High School	79
3) Heritage (Lynchburg)	61.5
4) Waynesboro	55
5) Charlottesville	54
6) Broadway	53.5
7) Spotswood	51
8) Staunton High School	30
9) Turner Ashby	21
10) Fort Defiance	11
11) Fluvanna County	9
12) Monticello	7
13) Wilson Memorial	5
14) Liberty (Bedford)	4
14) Rockbridge County	4
16) Rustburg	1