

# 2022 Class 3 & 4 STATE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Liberty University – Lynchburg Virginia (Friday, June 3rd & Saturday, June 4<sup>th</sup>)

Admission – Friday, \$10.00, Saturday - \$10.00

## Friday, June 3, 2022

**Every effort will be made to stay on time however start times are APPROXIMATE**

11:00 AM	<b>STADIUM GATES OPEN</b> - PACKET PICK-UP
11:30 AM	Certification of field event implements
11:30 AM	Coaches Meeting – TBA
12:30 PM	Boy's Shot Put (Class 3 then Class 4), Girl's Discus (Class 4 then Class 3) Boy's Triple Jump (Class 4 then Class 3), Girl's Triple Jump (Class 3 then Class 4) Boy's High Jump (Class 3 then Class 4), Girl's Pole Vault (Class 4 then Class 3)
1:00PM	Class 3 - Girl's 4 x 800 Meter Relay Finals Class 4 - Girl's 4 x 800 Meter Relay Finals Class 3 - Boy's 4 x 800 Meter Relay Finals Class 4 - Boy's 4 x 800 Meter Relay Finals
2:00 PM	Class 3 - Girl's 100 Meter High Hurdle Trials, Class 4 - Girl's 100 Meter High Hurdle Trials
2:20 PM	Class 3 - Boy's 110 Meter High Hurdle Trials, Class 4 - Boy's 110 Meter High Hurdle Trials
2:30 PM	Class 3 - Girl's 100 Meter Dash Trials, Class 4 - Girl's 100 Meter Dash Trials Class 3 - Boy's 100 Meter Dash Trials, Class 4 - Boy's 100 Meter Dash Trials
3:00 PM	Class 3 - Girl's 200 Meter Dash Trials, Class 4 - Girl's 200 Meter Dash Trials Class 3 - Boy's 200 Meter Dash Trials, Class 4 - Boy's 200 Meter Dash Trials

## Saturday, June 4, 2022

8:00 AM	<b>STADIUM GATES OPEN</b>
8:30 AM	Certification of Field Event implements
9:00 AM	Class 3, Girl's 3200 Meter Run Finals (sections if needed) Class 4, Girl's 3200 Meter Run Finals (sections if needed) Class 3, Boy's 3200 Meter Run Finals (sections if needed) Class 4, Boy's 3200 Meter Run Finals (sections if needed)
9:30 AM	Girl's Long Jump (Class 4 then Class 3), Boy's Long Jump (Class 3 then Class 4) Girl's High Jump (Class 3 then Class 4), Girl's Shot Put (Class 4 then Class 3) Boy's Discus (Class 4 then Class 3), Boy's Pole Vault (Class 4 then Class 3)
11:50 AM	NATIONAL ANTHEM
12:00 PM	Class 3, Girl's 100 Meter High Hurdle Finals (33"), Class 4, Girl's 100 Meter High Hurdle Finals (33")
12:20 PM	Class 3, Boy's 110 Meter High Hurdle Finals (39"), Class 4, Boy's 110 Meter High Hurdle Finals (39")
12:30 PM	Class 3, Girl's 100 Meter Dash Finals, Class 4, Girl's 100 Meter Dash Finals
12:40 PM	Class 3, Boy's 100 Meter dash Finals, Class 4, Boy's 100 Meter Dash Finals
12:50 PM	Class 3, Girl's 1600 Meter Run Sections, Class 4, Girl's 1600 Meter Run Sections
1:15 PM	Class 3, Boy's 1600 Meter Run Sections, Class 4, Boy's 1600 Meter Run Sections
1:40 PM	Class 3, Girl's 4 x 100 Meter Relay Sections, Class 4, Girls 4 x 100 Meter Relay Sections
2:10 PM	Class 3, Boy's 4 x 100 Meter Relay Sections, Class 4, Boy's 4 x 100 Meter Relay Sections
2:40 PM	Class 3, Girl's 400 Meter Dash Finals Sections, Class 4, Girl's 400 Meter Dash Finals Sections
3:00 PM	Class 3, Boy's 400 Meter Dash Finals Sections, Class 4, Boy's 400 Meter Dash Finals Sections
3:15 PM	Class 3, Girl's 300 Meter Int. Hurdle Sections, Class 4, Girl's 300 Meter Int. Hurdle Sections (30")
3:35 PM	Class 3, Boy's 300 Meter Int. Hurdle Sections, Class 4, Boy's 300 Meter Int. (36")
3:55 PM	Class 3, Girl's 800 Meter Run Finals Sections, Class 4, Girl's 800 Meter Run Finals Sections
4:10 PM	Class 3, Boy's 800 Meter Run Finals Sections, Class 4, Boy's 800 Meter Run Finals Sections
4:30 PM	Class 3, Girl's 200 Meter Dash Finals, Class 4, Girl's 200 Meter Dash Finals
4:40 PM	Class 3, Boy's 200 Meter Dash Finals, Class 4, Boy's 200 Meter Dash Finals BREAK
5:10 PM	Class 3, Girl's 4 x 400 Meter Relay Sections, Class 4, Girl's 4 x 400 Meter Relay Sections
5:30 PM	Class 3, Boy's 4 x 400 Meter Relay Sections, Class 4, Boy's 4 x 400 Meter Relay Sections

Team Awards to follow all 4x400 Relays