

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clss 3 & 4

Liberty University

Results

Girls 100 Meter Dash State 4A

Meet Records: 11.94 # 6/19/2021 Asia Powell

Name	Yr	School	Prelims
Preliminaries			
1	Madison Whyte	11 Heritage (Ne	# 11.63Q1.0
2	Asia Powell	12 Kings Fork	# 11.93Q-1.3
3	Sanaa Wooden	11 Heritage (Ne	12.21Q-0.9
4	Kadence Wilson	12 Great Bridge	12.36Q-1.3
5	Courtney Johnson	11 Kings Fork	12.37q 1.0
6	Jada Arrington	9 Millbrook	12.41q -0.9
7	Lilia Jones	9 Rock Ridge H	12.47q -0.9
8	Josie Rempe	10 Atlee	12.51q -1.3
9	Isabelle Cavins	11 Liberty (Bea	12.56 -1.3
10	Shaniya Robinson	9 Salem (Roano	12.65 -1.3
11	Kamyra Woody-Giggetts	11 Halifax Coun	12.68 1.0
12	Emeryce Worrell	9 John Handley	12.68 1.0
13	Jaelynn Joiner	9 Hanover	12.71 -1.3
14	Sophia Krouscas	11 Blacksburg H	12.74 -0.9
15	Jennifer Koumondji	11 Courtland	12.80 -1.3
16	Lilly Wadas	11 Courtland	12.83 1.0
17	Sierra Matheson	12 Rock Ridge H	12.86 -1.3
18	Danielle Powell	12 Heritage (Le	12.88 -1.3
19	Paris Johnson	11 Chancellor	12.89 -1.3
20	Deja Ward	11 Kings Fork	13.00 1.0
21	Syn-Nirah Young	10 Deep Creek H	13.00 1.0
22	Neelah Logan	12 Salem (Roano	13.31 -1.3

Girls 100 Meter Dash State 4A

Meet Records: 11.94 # 6/19/2021 Asia Powell

Name	Yr	School	Finals
Finals			
1	Madison Whyte	11 Heritage (Ne	11.98 -1.5
2	Asia Powell	12 Kings Fork	12.14 -1.5
3	Kadence Wilson	12 Great Bridge	12.52 -1.5
4	Sanaa Wooden	11 Heritage (Ne	12.52 -1.5
5	Jada Arrington	9 Millbrook	12.72 -1.5
6	Josie Rempe	10 Atlee	12.74 -1.5
7	Courtney Johnson	11 Kings Fork	12.76 -1.5
8	Lilia Jones	9 Rock Ridge H	12.82 -1.5

Girls 200 Meter Dash State 4A

Meet Records: 23.62 # 6/19/2021 Madison Whyte

Name	Yr	School	Prelims
Preliminaries			
1	Sanaa Wooden	11 Heritage (Ne	24.85Q-2.4
2	Madison Whyte	11 Heritage (Ne	24.97Q-2.0
3	Dasya Tolbert	12 Deep Creek H	25.12Q-2.1
4	Kadence Wilson	12 Great Bridge	25.04Q-2.4
5	Jada Arrington	9 Millbrook	25.64Q-2.1
6	Josie Rempe	10 Atlee	25.70Q-2.0
7	Courtney Johnson	11 Kings Fork	26.01q -2.0
8	Sarai Smith	11 Courtland	26.18q -2.4
9	Sa'Nijah Houston	11 King George	26.24 -2.1
10	Jaelynn Joiner	9 Hanover	26.35 -2.4

11	Emeryce Worrell	9 John Handley	26.73 -2.0
12	Marianna Hall	9 E.C. Glass	26.75 -2.0
13	Sierra Matheson	12 Rock Ridge H	26.85 -2.1
14	Shaniya Robinson	9 Salem (Roano	27.00 -2.0
15	Isabelle Cavins	11 Liberty (Bea	27.12 -2.4
16	Arianna Jones	9 Louisa Count	27.16 -2.1
17	Lilia Jones	9 Rock Ridge H	27.44 -2.4

Girls 200 Meter Dash State 4A

Meet Records: 23.62 # 6/19/2021 Madison Whyte

Name	Yr	School	Finals
Finals			
1	Madison Whyte	11 Heritage (Ne	23.57# -1.9
2	Dasya Tolbert	12 Deep Creek H	24.99 -1.9
3	Sanaa Wooden	11 Heritage (Ne	25.04 -1.9
4	Kadence Wilson	12 Great Bridge	25.09 -1.9
5	Josie Rempe	10 Atlee	25.61 -1.9
6	Jada Arrington	9 Millbrook	25.80 -1.9
7	Sarai Smith	11 Courtland	26.32 -1.9
8	Courtney Johnson	11 Kings Fork	26.86 -1.9

Girls 400 Meter Dash State 4A

Meet Records: 54.75 # 6/19/2021 Madison Whyte

Name	Yr	School	Finals
Finals			
1	Madison Whyte	11 Heritage (Ne	56.05
2	Sabria Wooden	11 Heritage (Ne	59.08
3	Tyara Alexander-Colon	12 Deep Creek H	59.32
4	Micailah Cook	10 Henrico	1:00.54
5	Maya Turner	11 Liberty (Bea	1:00.86
6	Jada Arrington	9 Millbrook	1:00.94
7	Natalie Tikalsky	9 Tuscarora Hi	1:01.15
8	Aniah Ross	10 Huguenot	1:01.31
9	Jaelynn Joiner	9 Hanover	1:01.50
10	Evelyn Anderson	11 Eastern View	1:01.75
11	Cierra Hunter	12 Amherst Coun	1:01.92
12	Mayson Jenkins	10 Powhatan Hig	1:02.22

Girls 800 Meter Run State 4A

Meet Records: 2:11.48 # 6/2/2019 Grace Boone

Name	Yr	School	Finals
Finals			
1	Cassidy Scott	10 Fauquier	2:12.27
	1:05.265 (1:05.265)	2:12.264 (1:06.999)	
2	Zoie Lamanna	10 Jefferson Fo	2:13.58
	1:05.339 (1:05.339)	2:13.575 (1:08.236)	
3	Sophie Gross	10 Lightridge H	2:15.81
	1:05.381 (1:05.381)	2:15.806 (1:10.425)	
4	Jenna Stutzman	12 Western Albe	2:17.64
	1:06.220 (1:06.220)	2:17.639 (1:11.419)	
5	Hailey Hodson	10 Western Albe	2:18.20
	1:05.218 (1:05.218)	2:18.198 (1:12.980)	
6	Jordan Stone	11 Western Albe	2:19.26
	1:06.857 (1:06.857)	2:19.255 (1:12.398)	

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Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

Finals ... (Girls 800 Meter Run State 4A)

Name	Yr	School	Finals
7 Ella Peterson	10	Loudoun Vall	2:20.24
1:09.742 (1:09.742)	2:20.234 (1:10.492)		
8 Madeline Montgomery	9	Monacan High	2:20.61
1:06.929 (1:06.929)	2:20.608 (1:13.679)		
9 Asia Thomas	11	Heritage (Le	2:22.04
1:10.581 (1:10.581)	2:22.040 (1:11.459)		
10 Charlotte Hassebrock	12	Tuscarora Hi	2:22.28
1:09.884 (1:09.884)	2:22.276 (1:12.392)		
11 Courtney Mudd	11	Atlee	2:24.96
1:10.086 (1:10.086)	2:24.953 (1:14.867)		
12 Holly Anderson	9	Eastern View	2:24.98
1:10.857 (1:10.857)	2:24.975 (1:14.118)		
13 Mia Farley	11	Blacksburg H	2:25.71
1:10.617 (1:10.617)	2:25.708 (1:15.091)		
14 Kayla Fields	11	Grafton High	2:26.76
1:11.533 (1:11.533)	2:26.756 (1:15.223)		
15 Ellie Agustin	9	Hanover	2:26.77
1:09.389 (1:09.389)	2:26.770 (1:17.381)		
16 Sydney McDonald	12	Manor	2:28.48
1:10.256 (1:10.256)	2:28.475 (1:18.219)		
17 Madeline Sipe	10	Warhill	2:30.64
1:11.217 (1:11.217)	2:30.633 (1:19.416)		
18 Sienna Collier	11	Western Albe	2:31.58
1:11.103 (1:11.103)	2:31.579 (1:20.476)		
19 Evelyn Anderson	11	Eastern View	2:32.37
1:09.147 (1:09.147)	2:32.367 (1:23.220)		

Girls 1600 Meter Run State 4A

Meet Records: 4:55.07 # 6/19/2021 Ava Gordon
 Meet Records: 5:01.31 # 6/4/2016 Libby Davidson

Name	Yr	School	Finals
1 Cassidy Scott	10	Fauquier	4:51.63#
1:16.303 (1:16.303)	2:32.503 (1:16.200)	3:45.654 (1:13.152)	
4:51.621 (1:05.967)			
2 Zoie Lamanna	10	Jefferson Fo	4:53.33#
1:16.449 (1:16.449)	2:32.702 (1:16.253)	3:45.628 (1:12.927)	
4:53.321 (1:07.693)			
3 Ava Gordon	12	Loudoun Vall	4:58.84#
1:17.222 (1:17.222)	2:33.561 (1:16.339)	3:46.414 (1:12.854)	
4:58.839 (1:12.425)			
4 Caroline Bauer	12	Jamestown	4:59.94#
1:16.599 (1:16.599)	2:32.476 (1:15.877)	3:46.571 (1:14.095)	
4:59.934 (1:13.364)			
5 Ellie Agustin	9	Hanover	5:07.07
1:16.949 (1:16.949)	2:33.789 (1:16.840)	3:50.656 (1:16.867)	
5:07.064 (1:16.409)			
6 Sadie Adams	9	Western Albe	5:10.49
1:16.749 (1:16.749)	2:34.251 (1:17.502)	3:52.686 (1:18.435)	
5:10.482 (1:17.797)			
7 Kylie Brooks	10	Jamestown	5:12.49
1:17.359 (1:17.359)	2:36.008 (1:18.649)	3:54.983 (1:18.975)	
5:12.482 (1:17.499)			

8 Logan Nuckols	12	Patrick Henr	5:14.00
1:17.067 (1:17.067)	2:35.534 (1:18.468)	3:56.657 (1:21.123)	
5:13.999 (1:17.343)			
9 Scarlet Fetterolf	11	Loudoun Vall	5:14.12
1:16.849 (1:16.849)	2:33.577 (1:16.728)	3:52.697 (1:19.120)	
5:14.113 (1:21.417)			
10 Michaela Workman	11	Tuscarora Hi	5:15.07
1:15.172 (1:15.172)	2:36.057 (1:20.885)	3:57.745 (1:21.688)	
5:15.061 (1:17.317)			
11 Shauna Skow	12	Jefferson Fo	5:15.34
1:17.427 (1:17.427)	2:35.367 (1:17.940)	3:55.037 (1:19.670)	
5:15.331 (1:20.294)			
12 Lillia Graham	11	Lightridge H	5:18.01
1:16.336 (1:16.336)	2:36.544 (1:20.208)	3:57.379 (1:20.835)	
5:18.005 (1:20.627)			
13 Cecilia Fetterolf	12	Loudoun Vall	5:23.51
1:15.989 (1:15.989)	2:36.151 (1:20.163)	4:00.155 (1:24.004)	
5:23.501 (1:23.347)			
14 Madeline Montgomery	9	Monacan High	5:24.14
1:16.055 (1:16.055)	2:38.996 (1:22.942)	4:04.655 (1:25.659)	
5:24.131 (1:19.477)			
15 Kayla Fields	11	Grafton High	5:24.38
1:19.121 (1:19.121)	2:39.524 (1:20.403)	4:02.229 (1:22.705)	
5:24.377 (1:22.149)			
16 Eryn Lackey	10	Loudoun Vall	5:25.88
1:18.114 (1:18.114)	2:41.792 (1:23.678)	4:08.732 (1:26.940)	
5:25.872 (1:17.140)			
17 Jillian Sisk	11	Varina	5:28.15
1:17.057 (1:17.057)	2:36.356 (1:19.299)	4:01.762 (1:25.407)	
5:28.146 (1:26.384)			
18 Samantha Bolen	11	Loudoun Vall	5:28.37
1:16.375 (1:16.375)	2:40.720 (1:24.345)	4:08.349 (1:27.629)	
5:28.364 (1:20.015)			
19 Grace Cook	10	Western Albe	5:28.56
1:17.687 (1:17.687)	2:40.294 (1:22.608)	4:05.998 (1:25.704)	
5:28.556 (1:22.558)			
20 Katelyn Campbell	10	Grafton High	5:29.14
1:19.859 (1:19.859)	2:43.620 (1:23.762)	4:07.922 (1:24.303)	
5:29.136 (1:21.214)			
21 Mia Jones	12	Blacksburg H	5:29.66
1:18.365 (1:18.365)	2:42.579 (1:24.214)	4:07.957 (1:25.379)	
5:29.659 (1:21.702)			
22 Paige Simpkins	10	Tuscarora Hi	5:30.74
1:17.241 (1:17.241)	2:40.280 (1:23.039)	4:05.389 (1:25.109)	
5:30.734 (1:25.345)			
23 Lauren Beatty	12	James Wood H	5:31.87
1:16.972 (1:16.972)	2:41.114 (1:24.142)	4:08.191 (1:27.078)	
5:31.861 (1:23.670)			
24 Taylor Gibson	11	Lightridge H	5:32.00
1:16.170 (1:16.170)	2:38.469 (1:22.299)	4:04.425 (1:25.957)	
5:31.992 (1:27.568)			
25 Ainhwa Johnson Diaz	11	Rock Ridge H	5:38.60
1:20.476 (1:20.476)	2:46.290 (1:25.814)	4:13.814 (1:27.524)	
5:38.592 (1:24.779)			

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Finals ... (Girls 1600 Meter Run State 4A)

Name	Yr	School	Finals
26 Hannah Clarke	10	Hanover	5:39.98
1:19.374 (1:19.374)	2:45.770 (1:26.397)	4:13.935 (1:28.165)	
5:39.971 (1:26.037)			
27 Madelyn Berry	9	Smithfield	5:43.46
1:20.079 (1:20.079)	2:45.649 (1:25.570)	4:15.715 (1:30.067)	
5:43.456 (1:27.742)			

Girls 3200 Meter Run State 4A

Meet Records: 10:09.70 # 6/4/2016 Weini Kelati

Meet Records: 10:09.70 # 6/4/2016 Weini Kelati

Name	Yr	School	Finals
1 Ava Gordon	12	Loudoun Vall	10:17.46
1:16.370 (1:16.370)	2:35.565 (1:19.195)	3:54.813 (1:19.249)	
5:13.382 (1:18.569)	6:31.693 (1:18.312)	7:50.277 (1:18.584)	
9:06.316 (1:16.039)	10:17.452 (1:11.137)		
2 Caroline Bauer	12	Jamestown	10:24.76
1:15.840 (1:15.840)	2:35.148 (1:19.309)	3:54.432 (1:19.284)	
5:12.831 (1:18.399)	6:31.140 (1:18.309)	7:49.551 (1:18.412)	
9:06.288 (1:16.738)	10:24.755 (1:18.467)		
3 Sadie Adams	9	Western Albe	10:41.79
1:16.677 (1:16.677)	2:35.975 (1:19.298)	3:55.788 (1:19.814)	
5:16.032 (1:20.244)	6:39.351 (1:23.319)	8:02.302 (1:22.952)	
9:24.355 (1:22.053)	10:41.790 (1:17.435)		
4 Kylie Brooks	10	Jamestown	10:48.88
1:18.408 (1:18.408)	2:40.050 (1:21.642)	4:03.846 (1:23.797)	
5:24.790 (1:20.944)	6:46.306 (1:21.517)	8:09.780 (1:23.474)	
9:32.908 (1:23.129)	10:48.875 (1:15.967)		
5 Michaela Workman	11	Tuscarora Hi	10:54.86
1:17.386 (1:17.386)	2:37.547 (1:20.162)	4:00.243 (1:22.697)	
5:23.708 (1:23.465)	6:47.112 (1:23.404)	8:10.347 (1:23.235)	
9:35.145 (1:24.798)	10:54.855 (1:19.710)		
6 Scarlet Fetterolf	11	Loudoun Vall	11:04.79
1:15.167 (1:15.167)	2:35.133 (1:19.967)	3:55.387 (1:20.254)	
5:18.666 (1:23.279)	6:45.130 (1:26.464)	8:12.837 (1:27.708)	
9:42.436 (1:29.599)	11:04.785 (1:22.349)		
7 Logan Nuckols	12	Patrick Henr	11:07.01
1:18.085 (1:18.085)	2:39.527 (1:21.443)	4:03.347 (1:23.820)	
5:27.893 (1:24.547)	6:55.255 (1:27.362)	8:21.642 (1:26.388)	
9:46.386 (1:24.744)	11:07.005 (1:20.619)		
8 Taylor Gibson	11	Lightridge H	11:19.53
1:17.965 (1:17.965)	2:39.201 (1:21.237)	4:03.130 (1:23.929)	
5:28.418 (1:25.289)	6:55.570 (1:27.152)	8:24.275 (1:28.705)	
9:54.305 (1:30.030)	11:19.530 (1:25.225)		
9 Shauna Skow	12	Jefferson Fo	11:28.60
1:21.702 (1:21.702)	2:45.596 (1:23.894)	4:09.915 (1:24.319)	
5:36.562 (1:26.648)	7:03.843 (1:27.282)	8:33.071 (1:29.228)	
10:02.935 (1:29.864)	11:28.592 (1:25.658)		
10 Mia Jones	12	Blacksburg H	11:34.80
1:21.726 (1:21.726)	2:46.682 (1:24.957)	4:13.112 (1:26.430)	
5:39.876 (1:26.764)	7:08.503 (1:28.628)	8:38.741 (1:30.238)	
10:09.245 (1:30.504)	11:34.792 (1:25.548)		

11 Grace Cook	10	Western Albe	11:38.06
1:21.390 (1:21.390)	2:46.445 (1:25.055)	4:12.791 (1:26.347)	
5:40.492 (1:27.702)	7:10.376 (1:29.884)	8:41.130 (1:30.754)	
10:13.121 (1:31.992)	11:38.058 (1:24.938)		
12 Addison Crow	9	Atlee	11:38.40
1:24.665 (1:24.665)	2:52.924 (1:28.259)	4:20.642 (1:27.719)	
5:48.367 (1:27.725)	7:17.269 (1:28.902)	8:47.855 (1:30.587)	
10:17.320 (1:29.465)	11:38.394 (1:21.074)		
13 Katelyn Campbell	10	Grafton High	11:41.06
1:22.083 (1:22.083)	2:50.078 (1:27.995)	4:18.365 (1:28.287)	
5:44.841 (1:26.477)	7:14.500 (1:29.659)	8:45.576 (1:31.077)	
10:17.426 (1:31.850)	11:41.057 (1:23.632)		
14 Anna Ellison Downey	9	Heritage (Le	11:42.70
1:24.887 (1:24.887)	2:54.037 (1:29.150)	4:22.367 (1:28.330)	
5:51.994 (1:29.627)	7:22.569 (1:30.575)	8:52.052 (1:29.484)	
10:20.050 (1:27.998)	11:42.697 (1:22.648)		
15 Eryn Lackey	10	Loudoun Vall	11:48.20
1:24.600 (1:24.600)	2:54.257 (1:29.658)	4:24.516 (1:30.259)	
5:56.074 (1:31.558)	7:26.541 (1:30.468)	8:59.330 (1:32.789)	
10:30.501 (1:31.172)	11:48.194 (1:17.693)		
16 Jillian Sisk	11	Varina	11:49.03
1:20.110 (1:20.110)	2:45.063 (1:24.954)	4:11.916 (1:26.853)	
5:39.011 (1:27.095)	7:09.032 (1:30.022)	8:42.732 (1:33.700)	
10:17.488 (1:34.757)	11:49.023 (1:31.535)		
17 Jackie Janicki	11	Tuscarora Hi	11:49.49
1:22.188 (1:22.188)	2:50.066 (1:27.878)	4:19.697 (1:29.632)	
5:51.505 (1:31.808)	7:24.426 (1:32.922)	8:56.640 (1:32.214)	
10:27.235 (1:30.595)	11:49.482 (1:22.248)		
18 Madison Murphy	11	Millbrook	11:53.12
1:26.311 (1:26.311)	2:54.457 (1:28.147)	4:23.065 (1:28.608)	
5:52.630 (1:29.565)	7:23.257 (1:30.628)	8:54.459 (1:31.202)	
10:25.547 (1:31.089)	11:53.112 (1:27.565)		
19 Emma Ahrens	11	Sherando	12:01.50
1:26.667 (1:26.667)	2:54.571 (1:27.904)	4:24.131 (1:29.560)	
5:53.946 (1:29.815)	7:25.836 (1:31.890)	8:59.609 (1:33.773)	
10:34.132 (1:34.524)	12:01.496 (1:27.364)		
20 Grace Damato	12	Great Bridge	12:01.97
1:27.025 (1:27.025)	2:55.474 (1:28.449)	4:25.771 (1:30.298)	
5:57.409 (1:31.638)	7:28.880 (1:31.472)	9:01.445 (1:32.565)	
10:34.867 (1:33.423)	12:01.966 (1:27.099)		
21 Claire Bauer	10	Jamestown	12:11.02
1:27.400 (1:27.400)	2:55.882 (1:28.483)	4:26.240 (1:30.358)	
5:58.145 (1:31.905)	7:31.965 (1:33.820)	9:05.351 (1:33.387)	
10:40.002 (1:34.652)	12:11.020 (1:31.018)		
22 Hannah Clarke	10	Hanover	12:24.98
1:24.350 (1:24.350)	2:53.731 (1:29.382)	4:25.366 (1:31.635)	
5:57.691 (1:32.325)	7:32.992 (1:35.302)	9:10.926 (1:37.934)	
10:49.130 (1:38.204)	12:24.975 (1:35.845)		
23 Hannah Neff	10	Warhill	12:54.27
1:27.366 (1:27.366)	2:56.565 (1:29.199)	4:28.850 (1:32.285)	
6:06.087 (1:37.238)	7:48.557 (1:42.470)	9:34.437 (1:45.880)	
11:20.635 (1:46.198)	12:54.269 (1:33.634)		
--- Alli Crytser	11	Hanover	DNF
1:16.847 (1:16.847)	2:36.535 (1:19.688)	3:57.515 (1:20.980)	

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

Girls 100 Meter Hurdles State 4A

Meet Records: 14.20 # 6/6/2015 Brandee' Johnson

Name	Yr	School	Prelims
Preliminaries			
1	Dasya Tolbert	12 Deep Creek H	14.75Q-1.6
2	Jada Foreman	12 Atlee	14.95Q-0.2
3	Jazmyn Richardson	12 Deep Creek H	15.10Q0.5
4	Arlisha Boston	11 Kings Fork	15.32q -1.6
5	Elizabeth Imoh	11 John Handley	15.35q -0.2
6	Kandace McIvor	12 Jefferson Fo	15.39q -0.2
7	Myzhane Solomon	11 Heritage (Ne	15.58q 0.5
8	Nyomi Rhodes	10 Warhill	15.75q 0.5
9	Anijah James	11 King George	15.81 -0.2
10	Myla Green	11 Salem (Roano	15.85 0.5
11	Devyn Collier	12 Matoaca High	15.97 -1.6
12	Naideea Jones	11 George Washi	16.00 -1.6
13	Jasmine Greenidge	10 Monacan High	16.22 -0.2
14	Anna Szefc	11 Blacksburg H	16.24 -1.6
15	Beulah Peters	11 Lightridge H	16.35 0.5
16	Sydney Sokol	12 Broad Run	16.78 -0.2
17	Lauren Bowman	12 Mechanicsvil	16.94 0.5
18	Tori Lewis	10 Monacan High	18.19 -1.6
19	Alyssa Tucker	10 Rock Ridge H	21.29 -1.6

Girls 100 Meter Hurdles State 4A

Meet Records: 14.20 # 6/6/2015 Brandee' Johnson

Name	Yr	School	Finals
Finals			
1	Dasya Tolbert	12 Deep Creek H	14.64 0.9
2	Jada Foreman	12 Atlee	15.08 0.9
3	Jazmyn Richardson	12 Deep Creek H	15.12 0.9
4	Arlisha Boston	11 Kings Fork	15.17 0.9
5	Kandace McIvor	12 Jefferson Fo	15.49 0.9
6	Myzhane Solomon	11 Heritage (Ne	15.58 0.9
7	Elizabeth Imoh	11 John Handley	15.61 0.9
8	Nyomi Rhodes	10 Warhill	16.53 0.9

Girls 300 Meter Hurdles State 4A

Meet Records: 41.71 # 6/6/2015 Brandee' Johnson

Name	Yr	School	Finals
Finals			
1	Dasya Tolbert	12 Deep Creek H	43.42
2	Elizabeth Imoh	11 John Handley	45.97
3	Nyomi Rhodes	10 Warhill	46.13
4	Kandace McIvor	12 Jefferson Fo	46.46
5	Tori Lewis	10 Monacan High	46.55
6	Jazmyn Richardson	12 Deep Creek H	46.84
7	Mia Littlejohn	10 Blacksburg H	47.13
8	Myzhane Solomon	11 Heritage (Ne	47.22
9	June Hobaugh	10 Monacan High	47.25
10	Jada Foreman	12 Atlee	47.43
11	Danielle Powell	12 Heritage (Le	47.85
12	Kadence Wilson	12 Great Bridge	47.95
13	Chelsea Boykins	10 Tuscarora Hi	48.22

14	Yowome Ayim	9 Manor	48.78
15	Alyssa Tucker	10 Rock Ridge H	50.23
16	Angel David	11 Louisa Count	50.92
17	Naideea Jones	11 George Washi	51.01

Girls 4x100 Meter Relay State 4A

Meet Records: 48.06 # 6/19/2021 Kings Fork

A Powell, D Ward, C Johnson, J Person

Meet Records: 48.30 # 6/4/2016 Churchland

Q Reed, D Parker-Love, S Elliott, S Wesby

Team	Relay	Finals
Finals		
1	Kings Fork	A 46.93#
	1) Deja Ward 11	2) Taylor Spruill 11
	3) Courtney Johnson 11	4) Asia Powell 12
2	Deep Creek H	A 49.29
	1) Alijah Prosper 11	2) Syn-Nirah Young 10
	3) Jazmyn Richardson 12	4) Tyara Alexander-Colon 12
3	Courtland	A 49.74
	1) Jennifer Koumondji 11	2) Lilly Wadas 11
	3) Madelyn Miller 12	4) Lauren Castro 10
4	Rock Ridge H	A 50.06
	1) Micah Younger 9	2) Alyssa Tucker 10
	3) Sierra Matheson 12	4) Lilia Jones 9
5	Halifax County	A 50.27
	1) Tanaya Brandon 12	2) Mary Morrison 12
	3) Hanna Sutphin 9	4) Kamyra Woody-Giggetts 11
6	Salem (Roanoke)	A 50.47
	1) Neelah Logan 12	2) Shaniya Robinson 9
	3) Charli Wynn 9	4) Myla Green 11
7	John Handley	A 50.60
	1) Mikayla Balio 12	2) Emeryce Worrell 9
	3) Madison Hobson 10	4) Elizabeth Imoh 11
8	Hampton	A 50.77
	1) Miracle Melvin 10	2) Sommer South 9
	3) Mecca Endres 11	4) Nyla Long 11
9	Chancellor	A 50.89
	1) Paris Johnson 11	2) Veronica Dumbuya 9
	3) Issabella Marulli 11	4) Janiyah Smith 11
10	Amherst County	A 51.01
	1) Brianna Chapman 9	2) Tyah Charlton 10
	3) Cierra Hunter 12	4) Cyanna Cabell 12
11	King George	A 51.11
	1) DaNae Lane 9	2) Anijah James 11
	3) Kristina Sanders 9	4) Sa'Nijah Houston 11
12	Louisa Count	A 51.31
	1) Angel David 11	2) Arianna Jones 9
	3) Hannah Ryan 10	4) Dezmajia Carter 12
13	Hanover	A 51.44
	1) Emma Sell 11	2) Eliza Sanders 9
	3) Erin Smith 11	4) Kimora Holloway 10
14	Lightridge H	A 51.79
	1) Beulah Peters 11	2) Maddy Coch 9
	3) Priscilla Ansah 10	4) Lola Olabode-George 11

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Finals ... (Girls 4x100 Meter Relay State 4A)

Team	Relay	Finals
15 James Wood H	A	52.19
1) Jocelyn Hempel 11	2) Olivia Boyce 9	
3) Macey Payne 11	4) Alana Bradford 12	
16 Atlee	A	57.48
1) Tori Goodson 9	2) Josie Rempé 10	
3) Alaina Marshall 10	4) Zoey Artis 10	
--- Heritage (Ne	A	DNF
1) Marquette Fitzgerald 11	2) Tyla Clark 10	
3) Nicole Lee-Simmons 11	4) Abeni Jackson 11	

Girls 4x400 Meter Relay State 4A

Meet Records: 3:53.50 # 6/7/2014 Nansemond River High School

K Howard, C James, M McClain, K Lyles

Team	Relay	Finals
1 Heritage (Ne	A	3:58.23
1) Sabria Wooden 11	2) Myzhane Solomon 11	
3) Nicole Lee-Simmons 11	4) Sanaa Wooden 11	
1:57.966 (1:57.966) 3:01.106 (1:03.140)	3:58.226 (57.120)	
2 Kings Fork	A	4:05.39
1) Andrea Watkins 9	2) Deja Ward 11	
3) Azariah Taylor 11	4) Arlisha Boston 11	
2:03.638 (2:03.638) 3:05.071 (1:01.433)	4:05.387 (1:00.316)	
3 Western Albemarle	A	4:07.27
1) Hailey Hodson 10	2) Sienna Collier 11	
3) Jenna Stutzman 12	4) Jordan Stone 11	
2:05.751 (2:05.751) 3:07.136 (1:01.385)	4:07.266 (1:00.130)	
4 Tuscarora Hi	A	4:07.37
1) Paige Simpkins 10	2) Natalie Tikalsky 9	
3) Chelsea Boykins 10	4) Charlotte Hassebrock 12	
2:04.835 (2:04.835) 3:06.410 (1:01.575)	4:07.362 (1:00.952)	
5 Jefferson Forest	A	4:09.58
1) Hannah Pettyjohn 12	2) Alexis Plaster 9	
3) Zoie Lamanna 10	4) Kandace McIvor 12	
2:12.017 (2:12.017) 3:10.360 (58.343)	4:09.572 (59.212)	
6 Blacksburg H	A	4:11.48
1) Claire Langlinais 9	2) Katja Kehlenbeck 11	
3) Allie McDonald 10	4) Sophia Krouscas 11	
2:07.644 (2:07.644) 3:09.942 (1:02.298)	4:11.477 (1:01.535)	
7 Loudoun County	A	4:12.87
1) Charlotte Penberthy 12	2) Kathryn Homa 11	
3) Nicole DiLorenzo 12	4) Andrea Watson 12	
2:05.544 (2:05.544) 3:11.523 (1:05.979)	4:12.866 (1:01.343)	
8 King George	A	4:13.31
1) Kellie Williams 12	2) Samantha Jones 11	
3) Leah Vance 11	4) Sa'Nijah Houston 11	
2:08.235 (2:08.235) 3:15.689 (1:07.454)	4:13.306 (57.617)	
9 Deep Creek H	A	4:14.67
1) Alijah Prosper 11	2) Justice Arnold 12	
3) Jaza Walls 9	4) Tyara Alexander-Colon 12	
2:08.466 (2:08.466) 3:17.449 (1:08.983)	4:14.663 (57.214)	

10 Dominion	A	4:15.08
1) Reagan Myers 9	2) Vivian Brezler 11	
3) Keara Spruill 12	4) Kyra Lim 12	
2:11.383 (2:11.383) 3:14.611 (1:03.228)	4:15.080 (1:00.469)	
11 Courtland	A	4:15.12
1) Alexiya Gadsden 11	2) Lauren Castro 10	
3) Peyton Hays 9	4) Lilly Wadas 11	
2:07.349 (2:07.349) 3:11.210 (1:03.861)	4:15.114 (1:03.904)	
12 Eastern View	A	4:15.41
1) Tamirra Young 10	2) Grace Mimnaugh 10	
3) Holly Anderson 9	4) Claire Anderson 9	
2:06.466 (2:06.466) 3:10.883 (1:04.417)	4:15.406 (1:04.523)	
13 Louisa Count	A	4:15.45
1) Arianna Jones 9	2) Nicole Creel 11	
3) Maeve Myers 11	4) Hannah Ryan 10	
2:08.058 (2:08.058) 3:12.016 (1:03.958)	4:15.447 (1:03.431)	
14 Churchland	A	4:16.38
1) Anaijah Whitaker 9	2) Jada Dillard 11	
3) Jaydah Howell 9	4) Damilola Ogbeta 11	
2:07.117 (2:07.117) 3:10.091 (1:02.974)	4:16.372 (1:06.281)	
15 Loudoun Valley	A	4:19.35
1) Ella Peterson 10	2) Ashlyn Cool 12	
3) Samantha Bolen 11	4) Juliana Schray 11	
2:11.165 (2:11.165) 3:18.019 (1:06.854)	4:19.342 (1:01.323)	
16 Fauquier	A	4:20.39
1) Ashleigh Prudhum 9	2) Katey Bern 12	
3) Julia Crowther 10	4) Kiki Wine 11	
2:09.868 (2:09.868) 3:15.517 (1:05.649)	4:20.385 (1:04.868)	
17 Warhill	A	4:23.23
1) Nyomi Rhodes 10	2) Ellen Gulden 10	
3) Lauryn Chappell 9	4) Madeline Sipe 10	
2:11.062 (2:11.062) 3:18.308 (1:07.246)	4:23.226 (1:04.918)	

Girls 4x800 Meter Relay State 4A

Meet Records: 9:14.13 # 6/3/2016 E.C. Glass

H Carrington, K DeCarmo, L Davidson, M Rennyson

Meet Records: 9:14.13 # 6/3/2016 E.C. Glass

H Carrington, K DeCarmo, L Davidson, M Rennyson

Team	Relay	Finals
1 Western Albemarle	A	9:19.47
1) Hailey Hodson 10	2) Jenna Stutzman 12	
3) Sadie Adams 9	4) Jordan Stone 11	
2:20.908 (2:20.908) 4:40.085 (2:19.178)	7:00.700 (2:20.615)	
9:19.467 (2:18.767)		
2 Loudoun Valley	A	9:35.39
1) Eryn Lackey 10	2) Ella Peterson 10	
3) Scarlet Fetterolf 11	4) Ava Gordon 12	
2:30.769 (2:30.769) 4:52.085 (2:21.317)	7:13.869 (2:21.784)	
9:35.383 (2:21.514)		
3 Hanover	A	9:43.29
1) Hannah Clarke 10	2) Ellie Agustin 9	
3) Sibyl Harrell 10	4) Alli Crytser 11	
2:34.990 (2:34.990) 4:56.570 (2:21.580)	7:26.978 (2:30.408)	
9:43.285 (2:16.308)		

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Finals ... (Girls 4x800 Meter Relay State 4A)			
Team	Relay	Finals	
4 Jefferson Forest	A	9:45.49	
1) Alexis Plaster 9	2) Beall Roberts 11		
3) Lauren Vossen 12	4) Shauna Skow 12		
2:26.982 (2:26.982)	4:52.648 (2:25.667)	7:20.075 (2:27.428)	
9:45.482 (2:25.407)			
5 Tuscarora Hi	A	9:50.19	
1) Charlotte Hassebrock 12	2) Callie Lashey 12		
3) Paige Simpkins 10	4) Natalie Tikalsky 9		
2:31.548 (2:31.548)	4:56.517 (2:24.969)	7:20.492 (2:23.975)	
9:50.183 (2:29.692)			
6 James Wood H	A	9:55.54	
1) Quetzali Angel-Perez 11	2) Lillian Lovelace 11		
3) Ruby Ostrander 9	4) Lauren Beatty 12		
2:30.070 (2:30.070)	4:59.548 (2:29.478)	7:30.572 (2:31.024)	
9:55.532 (2:24.960)			
7 Blacksburg H	A	9:55.63	
1) Mia Farley 11	2) Allie McDonald 10		
3) Mia Jones 12	4) Lily Rascher 11		
2:25.377 (2:25.377)	4:53.332 (2:27.955)	7:22.135 (2:28.804)	
9:55.627 (2:33.492)			
8 Patrick Henr	A	10:10.16	
1) Jenna Dyke 12	2) Olivia Joyce 11		
3) Autumn Just 12	4) Logan Nuckols 12		
2:31.005 (2:31.005)	5:08.542 (2:37.538)	7:43.959 (2:35.417)	
10:10.159 (2:26.200)			
9 Heritage (Leesburg)	A	10:13.43	
1) Anna Ellison Downey 9	2) Celeste Castro 11		
3) Julia Chung 9	4) Asia Thomas 11		
2:29.355 (2:29.355)	5:05.065 (2:35.710)	7:44.903 (2:39.838)	
10:13.427 (2:28.524)			
10 Atlee	A	10:15.26	
1) Sarah Bland 10	2) Courtney Mudd 11		
3) Ashley Bedford 9	4) Addison Crow 9		
2:30.262 (2:30.262)	4:58.144 (2:27.882)	7:39.614 (2:41.470)	
10:15.257 (2:35.644)			
11 Grafton High School	A	10:18.21	
1) Kayla Fields 11	2) Jocelyn Hurst 12		
3) Isabella Speakman 11	4) Katelyn Campbell 10		
2:27.614 (2:27.614)	5:00.562 (2:32.949)	7:53.580 (2:53.018)	
10:18.206 (2:24.627)			
12 Louisa Count	A	10:22.27	
1) Kennedy Harris 11	2) Caroline Chapman 11		
3) Maeve Myers 11	4) Maddox Pleasants 12		
2:35.881 (2:35.881)	5:16.570 (2:40.689)	7:50.685 (2:34.115)	
10:22.266 (2:31.582)			
13 Monacan High School	A	10:22.30	
1) Audrey Shepley 9	2) June Hobaugh 10		
3) Maggie Brown 11	4) Madeline Montgomery 9		
2:38.531 (2:38.531)	5:15.471 (2:36.940)	7:58.766 (2:43.295)	
10:22.297 (2:23.532)			

14 Broad Run	A	10:23.75	
1) Emily Salinas 11	2) Margo Dumouchelle 11		
3) Lucia Blackford 10	4) Mary Raterman 10		
2:33.337 (2:33.337)	5:20.914 (2:47.577)	7:55.362 (2:34.449)	
10:23.742 (2:28.380)			
15 Loudoun County	A	10:24.55	
1) Nicole DiLorenzo 12	2) Kathryn Homa 11		
3) Cat Pizzarello 10	4) Andrea Watson 12		
2:33.027 (2:33.027)	5:03.830 (2:30.803)	7:41.001 (2:37.172)	
10:24.549 (2:43.548)			
16 Sherando	A	10:29.58	
1) Julianna Duke 12	2) Gracie Defibaugh 9		
3) Cassidy Crittenden 9	4) Eva Winston 11		
2:34.272 (2:34.272)	5:12.145 (2:37.873)	7:50.276 (2:38.132)	
10:29.572 (2:39.297)			
17 Great Bridge	A	10:37.03	
1) Grace Damato 12	2) Emily Rollins 12		
3) Naomi Dausman 11	4) Lauren Bozman 11		
2:32.622 (2:32.622)	5:12.235 (2:39.613)	7:58.079 (2:45.844)	
10:37.030 (2:38.952)			
18 Fauquier	A	10:40.30	
1) Kiki Wine 11	2) Julia Crowther 10		
3) Natalie Phillips 11	4) Cassidy Scott 10		
2:29.815 (2:29.815)	5:16.782 (2:46.967)	8:14.908 (2:58.127)	
10:40.300 (2:25.393)			
19 Warhill	A	10:45.57	
1) Ava Boyer 10	2) Hannah Howard 9		
3) Hannah Neff 10	4) Madeline Sipe 10		
2:36.615 (2:36.615)	5:24.024 (2:47.409)	8:07.611 (2:43.588)	
10:45.567 (2:37.957)			
20 Jamestown	A	10:50.74	
1) Claire Bauer 10	2) Cannon Jean 12		
3) Braelyn Hollenbeck 10	4) Alaina DeFelice 11		
2:38.139 (2:38.139)	5:20.325 (2:42.187)	7:59.074 (2:38.749)	
10:50.738 (2:51.664)			
21 Salem (Roanoke)	A	11:36.20	
1) Callie Conner 9	2) Mary Chamberland 10		
3) Kyra Nething 10	4) Amanda Rothkopf 12		
2:49.364 (2:49.364)	5:37.909 (2:48.545)	8:37.985 (3:00.077)	
11:36.191 (2:58.207)			

Girls High Jump State 4A

Meet Records: 5-08 # 6/1/2019 Taylor Beard
 Meet Records: 5-06 # 6/2/2018 Taylor Beard

Name	Yr	School	Finals
Finals			
1 Alysa Carrigan	10	Tuscarora Hi	5-06.00#
2 Jada Foreman	12	Atlee	5-04.00
3 Madison Whyte	11	Heritage (Ne	J5-04.00
4 Elizabeth Imoh	11	John Handley	5-02.00
5 Wren McLaughlin	12	Patrick Henr	J5-02.00
6 Hannah Pettyjohn	12	Jefferson Fo	5-00.00
7 Kiyah Lewis	9	Courtland	J5-00.00
8 Katja Kehlenbeck	11	Blacksburg H	4-10.00
8 Lily Hubert	11	Hanover	4-10.00

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Finals ... (Girls High Jump State 4A)

Name	Yr	School	Finals
10 Jada Dillard	11	Churchland	J4-10.00
10 Madelyn Miller	12	Courtland	J4-10.00
--- Kandace McIvor	12	Jefferson Fo	NH
--- Mary Morrison	12	Halifax Coun	NH
--- Clarice Hartman	10	Loudoun Vall	NH
--- Julia Hull	9	E.C. Glass	NH
--- Holly Anderson	9	Eastern View	NH
--- Roya Cranford	12	Rock Ridge H	NH
--- Kelsey Lee	11	Atlee	NH
--- Ashley Levine	11	Loudoun Vall	NH
--- Znyah Johnson	11	John Handley	NH

Girls Pole Vault State 4A

Meet Records: 12-06 # 6/3/2017 Autumn White

Meet Records: 12-06 # 6/2/2019 Gracie Jauch

Name	Yr	School	Finals
Finals			
1 Colleen Schaner	12	Kettle Run	12-04.00
2 Hannah Pettyjohn	12	Jefferson Fo	11-03.00
3 Elizabeth Strobach	11	Western Albe	J11-03.00
4 Raina Fitzwater	9	Western Albe	10-09.00
5 Ashley Nickerson	11	Kettle Run	10-03.00
6 Sarah Duetsch	11	Blacksburg H	J10-03.00
6 Kaelynn Smith	9	Amherst Coun	J10-03.00
8 Taryn Harvey	11	Jefferson Fo	J10-03.00
9 Maggie Zier	12	Blacksburg H	9-09.00
10 Cierra Halloran	11	Western Albe	J9-09.00
11 Emma Sell	11	Hanover	9-03.00
11 Lily Knowles	12	Jamestown	9-03.00
13 Erin Smith	11	Hanover	J9-03.00
14 Lauren Bowman	12	Mechanicsvil	J9-03.00
15 Hannah Ryan	10	Louisa Count	8-09.00
--- Alyssa Tonetti	11	King George	NH
--- Mirabella Hunter	10	Jamestown	NH
--- Leilani Spruill	10	Manor	NH
--- Ilena Kelly	12	Warhill	NH

Girls Long Jump State 4A

Meet Records: 19-00 # 6/7/2014 Micah Hanks

Name	Yr	School	Finals
Finals			
1 Jada Foreman	12	Atlee	18-11.00 NWI
2 Kadence Wilson	12	Great Bridge	18-07.50 NWI
3 Elizabeth Deen	9	George Washi	18-00.75 NWI
4 Cyanna Cabell	12	Amherst Coun	17-11.00 NWI
5 Jaelynn Joiner	9	Hanover	17-04.50 NWI
6 Alysa Carrigan	10	Tuscarora Hi	J17-04.50 NWI
7 Dasya Tolbert	12	Deep Creek H	17-04.25 NWI
8 Dezmajia Carter	12	Louisa Count	17-01.00 NWI
9 Devyn Collier	12	Matoaca High	16-07.50 NWI
10 Deja Ward	11	Kings Fork	16-04.50 NWI
11 Kara Ashley	10	Heritage (Ne	16-04.25 NWI
12 Myla Green	11	Salem (Roano	16-04.00 NWI

13 Anijah James	11	King George	16-03.50 NWI
14 Victoria Corbit	12	Sherando	16-02.00 NWI
15 Ashley Levine	11	Loudoun Vall	15-11.25 NWI
16 Kandace McIvor	12	Jefferson Fo	15-07.25 NWI
17 Evie Goetz	11	Fauquier	15-06.00 NWI
18 Clarice Hartman	10	Loudoun Vall	15-05.00 NWI
19 Myzhane Solomon	11	Heritage (Ne	15-04.25 NWI
20 Kamyra Woody-Giggetts	11	Halifax Coun	15-04.00 NWI
21 Zoey Artis	10	Atlee	14-04.00 NWI

Girls Triple Jump State 4A

Meet Records: 39-07.25 # 6/3/2016 Alantra Mines

Meet Records: 39-07.25 # 6/3/2016 Alantra Mines

Name	Yr	School	Finals
Finals			
1 Jada Foreman	12	Atlee	39-03.75 NWI
2 Cyanna Cabell	12	Amherst Coun	38-01.50 NWI
3 Alysa Carrigan	10	Tuscarora Hi	37-09.00 NWI
4 Dezmajia Carter	12	Louisa Count	35-06.00 NWI
5 Victoria Corbit	12	Sherando	35-05.00 NWI
6 Kandace McIvor	12	Jefferson Fo	35-01.25 NWI
7 Deja Ward	11	Kings Fork	35-00.50 NWI
8 Jasmine Greenidge	10	Monacan High	34-10.50 NWI
9 DaNae Lane	9	King George	34-05.25 NWI
10 Clarice Hartman	10	Loudoun Vall	34-05.00 NWI
11 Caroline Hill	11	Western Albe	34-03.75 NWI
12 Marquette Fitzgerald	11	Heritage (Ne	33-11.25 NWI
13 Lucy Tiokeng	12	Heritage (Le	33-00.50 NWI
14 Angel David	11	Louisa Count	33-00.25 NWI
15 Ciara Van Pelt	12	Churchland	33-00.00 NWI
16 Klarisa Amos	11	Western Albe	32-11.50 NWI
17 Zoey Artis	10	Atlee	32-09.25 NWI
18 Desire Short	12	Manor	32-07.50 NWI

Girls Shot Put State 4A

Meet Records: 44-01 # 6/7/2014 Zakiya Rashid

Name	Yr	School	Finals
Finals			
1 Rachael Turner	12	Hanover	37-07.00
2 Mekaiyla Baker	12	Courtland	36-05.00
3 Ella Carlson	12	Sherando	35-07.50
4 Hannah Pettyjohn	12	Jefferson Fo	35-04.00
5 Ka'mya Norfleet	11	Churchland	33-11.00
6 Breanna Summers	11	Dominion	32-11.50
7 Nia Robinson	12	Orange Count	32-08.25
8 Sonyae Gilbert	10	E.C. Glass	31-07.25
9 Aubrey Grove	12	James Wood H	31-05.50
10 Hannah Carlson	11	Kettle Run	30-03.50
11 Taylor Waddy	9	Louisa Count	30-02.00
12 Summer Gee	9	Eastern View	29-07.00
13 Madison Toney	11	Warhill	29-02.00
14 Jasmine Isoe	10	Deep Creek H	28-01.50

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Girls Discus Throw State 4A

Meet Records: 144-05 # 6/6/2015 Zakiya Rashid

Name	Yr	School	Finals
Finals			
1	Ella Carlson	12 Sherando	133-05
2	Stephanie Clark	10 Fauquier	113-05
3	Aubrey Grove	12 James Wood H	112-04
4	Sydney Sokol	12 Broad Run	111-08
5	Madison Bayliff	11 Fauquier	111-07
6	Rachael Turner	12 Hanover	105-11
7	Mekaiyla Baker	12 Courtland	104-08
8	Kya Rucker	12 E.C. Glass	103-09
9	Hannah Pettyjohn	12 Jefferson Fo	103-03
10	Taylor Waddy	9 Louisa Count	94-00
11	Saleyah Peebles	12 Manor	88-08
12	Kenya Lawson	11 Chancellor	86-09
13	Kahlan Dishon	9 Pulaski Coun	85-11
14	Jolena Goldkuhle	11 Hanover	81-07
15	Leyla Sakrisson	10 Powhatan Hig	76-00

Boys 100 Meter Dash State 4A

Meet Records: 10.44 # 6/1/2018 Cole Beck

Meet Records: 10.44 # 6/1/2018 Cole Beck

Meet Records: 10.77 # 6/3/2016 Qhiyal Towns

Name	Yr	School	Prelims
Preliminaries			
1	Peyton Lewis	10 Salem (Roano	10.90Q-0.6
2	JJ Gulley	12 Pulaski Coun	10.93Q-0.9
3	Antoinne Fair	12 Deep Creek H	10.93Q-1.6
4	Christopher Basking	11 Smithfield	10.95Q1.4
5	Isaac Shimozone	12 Blacksburg H	11.01Q-0.4
6	Stephen Daley	12 John Handley	11.05Q-2.1
7	Shamar Williams	11 Patrick Henr	10.96q -0.9
8	Josiah Persinger	9 Salem (Roano	11.03q 1.4
9	John Lyman III	12 Pulaski Coun	11.06 -1.6
10	Devin Sloan	12 Kings Fork	11.10 -0.6
11	Chanan Mathis	11 Courtland	11.12 -0.9
12	Devin Mosley	12 Heritage (Ne	11.15 -2.1
13	Michael Niemiec	11 Tuscarora Hi	11.18 -0.9
14	Nathan Alston	12 Churchland	11.23 1.4
15	Nyeem Washington	11 Huguenot	11.23 1.4
16	Lawrence Brown	12 Amherst Coun	11.25 -0.4
17	Vincent Moddy	12 Heritage (Ne	11.25 -0.6
18	Savion Edwards	10 Henrico	11.28 1.4
19	Dylan Perriel	12 Deep Creek H	11.31 -2.1
20	Jack Intihar	11 Western Albe	11.33 1.4
20	Ben Samson	11 Grafton High	11.33 -0.6
22	Tetty Agbetiafa	12 Deep Creek H	11.36 1.4
23	Quemaar Porter	11 Pulaski Coun	11.38 -1.6
24	Sheldon Carter	12 Churchland	11.39 -1.6
25	Shaquille Clarke-Alexander	12 Tuscarora Hi	11.41 -1.6
26	Armonte Hill-Lewis	12 Pulaski Coun	11.44 -0.6
27	Sterling Anderson	10 Denbigh	11.44 -0.4
28	Justin Ford	11 Courtland	11.45 -0.4

29	Kamaal Reel	11 Rock Ridge H	11.45 -1.6
30	Tristen Barredo	11 Western Albe	11.47 -0.6
31	Caleb Warren	12 Atlee	11.47 -0.4
32	TeYany Kleiner	10 Rock Ridge H	11.47 -2.1
33	Isaiah Stokes	12 Loudoun Vall	11.48 -0.9
34	Jonathan Vernon	11 Salem (Roano	11.50 -2.1
35	Taevon Freeman	10 Deep Creek H	11.50 -0.6
36	Josiah Dorsey	11 Lightridge H	11.56 -1.6
37	Sean Robinson	12 Heritage (Le	11.57 -2.1
38	Xavier Jones	12 Great Bridge	11.58 -0.4
39	Javon Randall	10 Henrico	11.72 -0.4

Boys 100 Meter Dash State 4A

Meet Records: 10.44 # 6/1/2018 Cole Beck

Meet Records: 10.44 # 6/1/2018 Cole Beck

Meet Records: 10.77 # 6/3/2016 Qhiyal Towns

Name	Yr	School	Finals
Finals			
1	Peyton Lewis	10 Salem (Roano	10.62# 0.3
2	JJ Gulley	12 Pulaski Coun	10.79 0.3
3	Shamar Williams	11 Patrick Henr	10.82 0.3
4	Antoinne Fair	12 Deep Creek H	10.82 0.3
5	Christopher Basking	11 Smithfield	10.90 0.3
6	Isaac Shimozone	12 Blacksburg H	10.91 0.3
7	Stephen Daley	12 John Handley	10.97 0.3
8	Josiah Persinger	9 Salem (Roano	11.10 0.3

Boys 200 Meter Dash State 4A

Meet Records: 21.03 # 6/19/2021 Anthony Greenhow

Name	Yr	School	Prelims
Preliminaries			
1	Antoinne Fair	12 Deep Creek H	21.81Q-0.6
2	Shamar Williams	11 Patrick Henr	21.98Q-1.5
3	Blake Moody	11 Mechanicsvil	22.00Q-0.8
4	Peyton Lewis	10 Salem (Roano	21.96q -0.6
5	Isaac Shimozone	12 Blacksburg H	22.09q -0.8
6	Christopher Basking	11 Smithfield	22.09q -0.6
7	Devin Mosley	12 Heritage (Ne	22.11q -1.5
8	Efe Obrimah	12 Atlee	22.13q -0.8
9	Jaelyn Green	11 Deep Creek H	22.16 -0.8
10	Chanan Mathis	11 Courtland	22.18 -1.5
11	Amarion Harrell	11 Deep Creek H	22.23 -1.5
12	John Lyman III	12 Pulaski Coun	22.64 -0.6
13	Sheldon Carter	12 Churchland	22.68 -1.5
14	Savion Edwards	10 Henrico	22.75 -0.8
15	Josiah Persinger	9 Salem (Roano	22.85 -1.5
16	Devin Sloan	12 Kings Fork	22.86 -0.6
17	Michael Niemiec	11 Tuscarora Hi	22.87 -0.8
18	Isaiah Stokes	12 Loudoun Vall	22.94 -0.8
19	Ben Samson	11 Grafton High	23.02 -0.6
20	Cullen Carter	12 Atlee	23.11 -0.6
21	Shaquille Clarke-Alexander	12 Tuscarora Hi	23.39 -0.8
22	Lawrence Brown	12 Amherst Coun	23.45 -1.5
23	Omari Cornwall	12 Heritage (Le	23.56 -0.6

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

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Liberty University

Results

Boys 200 Meter Dash State 4A

Meet Records: 21.03 # 6/19/2021 Anthony Greenhow

Name	Yr	School	Finals
Finals			
1 Antoine Fair	12	Deep Creek H	21.76 -1.0
2 Peyton Lewis	10	Salem (Roano	21.88 -1.0
3 Shamar Williams	11	Patrick Henr	21.96 -1.0
4 Christopher Basking	11	Smithfield	21.97 -1.0
5 Efe Obrimah	12	Atlee	22.06 -1.0
6 Isaac Shimozono	12	Blacksburg H	22.31 -1.0
7 Blake Moody	11	Mechanicsvil	22.34 -1.0
8 Devin Mosley	12	Heritage (Ne	22.64 -1.0

Boys 400 Meter Dash State 4A

Meet Records: 47.66 # 6/2/2019 Patrick Atwell

Name	Yr	School	Finals
Finals			
1 Blake Moody	11	Mechanicsvil	48.60
2 Amarion Harrell	11	Deep Creek H	48.89
3 Addison Hilton	12	Jefferson Fo	48.89
4 Neil Alston	12	Churchland	49.14
5 Tymell Dockery	11	Huguenot	49.50
6 Brian Aveson	12	Jefferson Fo	49.65
7 Lorenzo Camobreco	12	Grafton High	49.78
8 Ryan Stickley	12	John Handley	50.21
9 Nic Macchiarolo	12	Loudoun Coun	50.68
10 Blake Moore	12	Loudoun Vall	51.12
11 Will Gregory	12	Amherst Coun	51.17
12 Ayden Stewart	11	Warhill	51.49
13 Malik Foster	11	Huguenot	51.49
14 Matthew Burch	12	Western Albe	51.61
15 Kwame Whitaker	11	Courtland	51.98
16 Tyler Simon	11	Smithfield	52.30
17 Collin Mays	12	Jefferson Fo	52.57
18 Dallas Gardner	11	Henrico	52.59
19 John Lyth	10	Loudoun Vall	52.79

Boys 800 Meter Run State 4A

Meet Records: 1:51.98 # 6/2/2019 Theo Woods

Name	Yr	School	Finals
Finals			
1 Nicholas Hayden	11	Millbrook	1:53.79
58.728 (58.728)	1:53.781 (55.053)		
2 Jonathan Kumer	12	Western Albe	1:53.98
58.420 (58.420)	1:53.977 (55.557)		
3 Eli Sterling	11	Blacksburg H	1:54.95
58.696 (58.696)	1:54.946 (56.250)		
4 Jake Rimmel	11	Loudoun Vall	1:55.46
58.481 (58.481)	1:55.458 (56.977)		
5 Alex Davis	12	Patrick Henr	1:55.78
58.290 (58.290)	1:55.771 (57.481)		
6 Ethan Stansbury	12	Loudoun Coun	1:55.79
58.522 (58.522)	1:55.785 (57.263)		

7 Nicholas Emmert	12	Louisa Count	1:56.83
56.547 (56.547)	1:56.828 (1:00.281)		
8 Carter Smith	11	Mechanicsvil	1:57.81
57.631 (57.631)	1:57.805 (1:00.174)		
9 Ben Madrigal	12	Grafton High	1:58.19
57.574 (57.574)	1:58.182 (1:00.608)		
10 Liam McDonald	12	James Wood H	1:58.36
57.900 (57.900)	1:58.358 (1:00.458)		
11 Leo Davis	11	Warhill	1:58.47
59.262 (59.262)	1:58.462 (59.200)		
12 Zach Davis	11	Blacksburg H	1:58.49
58.579 (58.579)	1:58.490 (59.911)		
13 Gary Amole	11	Grafton High	1:59.57
57.799 (57.799)	1:59.567 (1:01.768)		
14 William Moore	10	Louisa Count	2:00.28
57.538 (57.538)	2:00.278 (1:02.740)		
15 Logan Carson	12	Grafton High	2:00.44
59.321 (59.321)	2:00.432 (1:01.111)		
16 Yanis Yesli	11	Park View (S	2:01.06
59.707 (59.707)	2:01.051 (1:01.344)		
17 Ryan Stickley	12	John Handley	2:03.60
58.427 (58.427)	2:03.594 (1:05.167)		
18 William Toth	12	Warhill	2:03.67
58.704 (58.704)	2:03.670 (1:04.966)		
19 Trenton Labrum	12	Orange Count	2:04.41
58.215 (58.215)	2:04.403 (1:06.188)		
20 Kai Johnson	11	Millbrook	2:05.00
1:00.097 (1:00.097)	2:04.991 (1:04.894)		

Boys 1600 Meter Run State 4A

Meet Records: 4:14.19 # 6/3/2017 Carson Fernandez

Name	Yr	School	Finals
Finals			
1 Conner Rutherford	11	Blacksburg H	4:17.58
1:07.227 (1:07.227)	2:16.650 (1:09.424)	3:20.200 (1:03.550)	
4:17.578 (57.378)			
2 Ethan Stansbury	12	Loudoun Coun	4:18.39
1:07.428 (1:07.428)	2:16.329 (1:08.902)	3:19.967 (1:03.638)	
4:18.388 (58.422)			
3 Ethan Coleman	12	Hanover	4:18.41
1:06.859 (1:06.859)	2:16.379 (1:09.520)	3:19.764 (1:03.385)	
4:18.407 (58.643)			
4 Leo Davis	11	Warhill	4:20.74
1:08.023 (1:08.023)	2:16.140 (1:08.118)	3:19.840 (1:03.700)	
4:20.735 (1:00.895)			
5 Aidan Soto	12	Loudoun Vall	4:21.92
1:07.717 (1:07.717)	2:16.627 (1:08.910)	3:20.018 (1:03.392)	
4:21.914 (1:01.897)			
6 Liam McDonald	12	James Wood H	4:22.92
1:07.563 (1:07.563)	2:17.014 (1:09.452)	3:20.982 (1:03.968)	
4:22.912 (1:01.930)			
7 Trevor Mason	12	Patrick Henr	4:23.99
1:06.964 (1:06.964)	2:15.778 (1:08.814)	3:20.245 (1:04.468)	
4:23.989 (1:03.744)			

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Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

Finals ... (Boys 1600 Meter Run State 4A)							
Name	Yr	School	Finals				
8 Garrett Kinder	10	Pulaski Coun	4:24.18	25 Justin Park	12	Loudoun Vall	4:34.03
1:06.164 (1:06.164)	2:13.952 (1:07.788)	3:22.989 (1:09.038)		1:06.286 (1:06.286)	2:14.729 (1:08.444)	3:23.817 (1:09.088)	
4:24.172 (1:01.183)				4:34.021 (1:10.204)			
9 Peter Paccassi	11	Fauquier	4:24.53	26 Rylan Wells	10	Loudoun Vall	4:34.57
1:07.780 (1:07.780)	2:16.454 (1:08.674)	3:20.422 (1:03.968)		1:04.688 (1:04.688)	2:13.547 (1:08.859)	3:24.428 (1:10.882)	
4:24.528 (1:04.107)				4:34.561 (1:10.133)			
10 Luke Blair	12	Loudoun Vall	4:24.54	27 Jacob Crouch	11	Broad Run	4:35.11
1:06.259 (1:06.259)	2:15.177 (1:08.918)	3:22.561 (1:07.384)		1:05.181 (1:05.181)	2:12.958 (1:07.778)	3:22.778 (1:09.820)	
4:24.536 (1:01.975)				4:35.106 (1:12.328)			
11 Patrick Allen	10	Atlee	4:24.93	28 Connor Linehan	9	Grafton High	4:36.90
1:07.545 (1:07.545)	2:16.674 (1:09.129)	3:20.325 (1:03.652)		1:06.908 (1:06.908)	2:15.402 (1:08.494)	3:24.481 (1:09.079)	
4:24.927 (1:04.602)				4:36.894 (1:12.414)			
12 Gabriel Le Gouellec	12	Jamestown	4:25.01	29 Nathaniel Woshner	12	James Wood H	4:37.26
1:05.529 (1:05.529)	2:13.248 (1:07.719)	3:22.132 (1:08.884)		1:07.804 (1:07.804)	2:17.814 (1:10.010)	3:26.338 (1:08.524)	
4:25.007 (1:02.875)				4:37.253 (1:10.915)			
13 Trenton Labrum	12	Orange Count	4:25.22	30 Benjamin Moseman	12	Loudoun Vall	4:37.93
1:05.747 (1:05.747)	2:13.599 (1:07.853)	3:22.274 (1:08.675)		1:06.601 (1:06.601)	2:15.558 (1:08.958)	3:26.192 (1:10.634)	
4:25.212 (1:02.938)				4:37.924 (1:11.733)			
14 Travis Albon	11	Atlee	4:25.29	31 Ty Blair	10	Loudoun Vall	4:40.74
1:07.115 (1:07.115)	2:15.510 (1:08.395)	3:20.375 (1:04.865)		1:08.123 (1:08.123)	2:18.457 (1:10.334)	3:29.452 (1:10.995)	
4:25.285 (1:04.910)				4:40.738 (1:11.287)			
15 Brannon Adams	12	Jefferson Fo	4:27.99	32 Garrett Stickley	10	John Handley	4:41.89
1:07.348 (1:07.348)	2:15.829 (1:08.482)	3:20.109 (1:04.280)		1:06.728 (1:06.728)	2:15.892 (1:09.164)	3:27.892 (1:12.000)	
4:27.984 (1:07.875)				4:41.889 (1:13.998)			
15 Jonathan Goerlich	12	Blacksburg H	4:27.99	33 Taylor Price	12	Smithfield	4:44.98
1:06.584 (1:06.584)	2:14.506 (1:07.922)	3:21.969 (1:07.464)		1:07.537 (1:07.537)	2:18.353 (1:10.817)	3:31.701 (1:13.348)	
4:27.984 (1:06.015)				4:44.976 (1:13.275)			
17 William Pardue	10	John Handley	4:29.95	34 Jake Rimmel	11	Loudoun Vall	4:52.99
1:06.039 (1:06.039)	2:14.916 (1:08.877)	3:24.074 (1:09.159)		1:07.195 (1:07.195)	2:17.190 (1:09.995)	3:36.018 (1:18.828)	
4:29.947 (1:05.873)				4:52.983 (1:16.965)			
18 Jade Mawn	12	Western Albe	4:30.06	Boys 3200 Meter Run State 4A			
1:06.356 (1:06.356)	2:14.993 (1:08.638)	3:23.678 (1:08.685)		Meet Records: 9:09.18 # 6/1/2018 Jacob Hunter			
4:30.052 (1:06.374)				Meet Records: 9:09.18 # 6/1/2018 Jacob Hunter			
19 Ethan Pratt-Perez	10	James Wood H	4:30.07	Name	Yr	School	Finals
1:07.904 (1:07.904)	2:17.270 (1:09.367)	3:23.414 (1:06.144)		Finals			
4:30.064 (1:06.650)				1 Trevor Mason	12	Patrick Henr	9:09.94
20 Tarek Benlamkaddem	10	Broad Run	4:30.53	1:10.395 (1:10.395)	2:22.151 (1:11.757)	3:30.741 (1:08.590)	
1:07.499 (1:07.499)	2:17.100 (1:09.602)	3:25.279 (1:08.179)		4:40.225 (1:09.484)	5:49.911 (1:09.687)	7:00.283 (1:10.373)	
4:30.525 (1:05.247)				8:08.745 (1:08.462)	9:09.932 (1:01.188)		
21 Nicolo Schianchi	12	John Handley	4:31.68	2 Nicholas Emmert	12	Louisa Count	9:11.44
1:08.218 (1:08.218)	2:17.519 (1:09.302)	3:26.069 (1:08.550)		1:09.911 (1:09.911)	2:21.758 (1:11.848)	3:30.280 (1:08.522)	
4:31.675 (1:05.607)				4:39.930 (1:09.650)	5:49.480 (1:09.550)	7:00.061 (1:10.582)	
22 Yanis Yesli	11	Park View (S	4:32.65	8:09.093 (1:09.033)	9:11.431 (1:02.338)		
1:06.512 (1:06.512)	2:15.281 (1:08.769)	3:24.719 (1:09.439)		3 Nathaniel Woshner	12	James Wood H	9:14.69
4:32.642 (1:07.923)				1:10.252 (1:10.252)	2:22.490 (1:12.238)	3:31.798 (1:09.309)	
23 Luke Taylor	12	Patrick Henr	4:32.70	4:42.282 (1:10.484)	5:52.417 (1:10.135)	7:03.200 (1:10.783)	
1:07.625 (1:07.625)	2:16.375 (1:08.750)	3:21.845 (1:05.470)		8:12.236 (1:09.037)	9:14.688 (1:02.453)		
4:32.699 (1:10.854)				4 Travis Albon	11	Atlee	9:15.90
24 Amir Aougab	11	Dominion	4:33.80	1:10.545 (1:10.545)	2:22.310 (1:11.765)	3:30.968 (1:08.659)	
1:07.734 (1:07.734)	2:16.855 (1:09.122)	3:22.749 (1:05.894)		4:40.348 (1:09.380)	5:49.990 (1:09.642)	6:59.863 (1:09.874)	
4:33.797 (1:11.048)				8:09.250 (1:09.387)	9:15.892 (1:06.643)		

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clss 3 & 4

Liberty University

Results

Finals ... (Boys 3200 Meter Run State 4A)				18 Patrick Allen	10 Atlee	9:51.38
Name	Yr	School	Finals	1:10.688 (1:10.688)	2:22.526 (1:11.838)	3:31.283 (1:08.758)
5 Luke Taylor	12	Patrick Henr	9:16.55	4:41.213 (1:09.930)	5:54.405 (1:13.192)	7:11.002 (1:16.598)
1:10.106 (1:10.106)	2:21.970 (1:11.864)	3:30.502 (1:08.533)		8:31.095 (1:20.093)	9:51.375 (1:20.280)	
4:40.095 (1:09.593)	5:49.710 (1:09.615)	7:00.083 (1:10.374)		19 Jacob Crouch	11 Broad Run	9:53.06
8:09.347 (1:09.264)	9:16.542 (1:07.195)			1:08.576 (1:08.576)	2:21.502 (1:12.927)	3:34.356 (1:12.854)
6 Nicolo Schianchi	12	John Handley	9:23.41	4:47.555 (1:13.199)	6:02.245 (1:14.690)	7:18.824 (1:16.579)
1:10.162 (1:10.162)	2:22.095 (1:11.933)	3:30.637 (1:08.543)		8:36.200 (1:17.377)	9:53.052 (1:16.853)	
4:40.046 (1:09.409)	5:50.325 (1:10.279)	7:00.657 (1:10.333)		20 Connor Linehan	9 Grafton High	9:55.89
8:11.545 (1:10.888)	9:23.406 (1:11.862)			1:11.276 (1:11.276)	2:23.123 (1:11.848)	3:32.980 (1:09.857)
7 William Pardue	10	John Handley	9:27.47	4:47.753 (1:14.774)	6:01.477 (1:13.724)	7:19.575 (1:18.098)
1:10.932 (1:10.932)	2:22.807 (1:11.875)	3:33.191 (1:10.384)		8:38.101 (1:18.527)	9:55.887 (1:17.787)	
4:43.908 (1:10.718)	5:56.661 (1:12.753)	7:10.218 (1:13.558)		21 Benjamin Moseman	12 Loudoun Vall	9:58.13
8:23.303 (1:13.085)	9:27.470 (1:04.167)			1:11.000 (1:11.000)	2:23.057 (1:12.058)	3:33.031 (1:09.974)
8 Ty Blair	10	Loudoun Vall	9:29.11	4:45.833 (1:12.803)	6:01.970 (1:16.137)	7:20.633 (1:18.664)
1:10.830 (1:10.830)	2:22.956 (1:12.127)	3:32.680 (1:09.724)		8:39.286 (1:18.653)	9:58.121 (1:18.835)	
4:43.673 (1:10.994)	5:56.990 (1:13.317)	7:09.965 (1:12.975)		22 Andrew Senfield	11 Patrick Henr	9:58.27
8:22.496 (1:12.532)	9:29.101 (1:06.605)			1:09.505 (1:09.505)	2:22.809 (1:13.304)	3:34.894 (1:12.085)
9 Amir Aougab	11	Dominion	9:29.61	4:48.474 (1:13.580)	6:04.401 (1:15.928)	7:22.106 (1:17.705)
1:10.380 (1:10.380)	2:22.322 (1:11.943)	3:30.948 (1:08.627)		8:41.154 (1:19.048)	9:58.269 (1:17.115)	
4:40.366 (1:09.418)	5:51.683 (1:11.318)	7:04.716 (1:13.033)		23 Andre Chavez	11 Atlee	10:01.58
8:18.851 (1:14.135)	9:29.610 (1:10.759)			1:10.079 (1:10.079)	2:23.070 (1:12.992)	3:36.410 (1:13.340)
10 Alex Jordan	10	Jefferson Fo	9:30.14	4:50.414 (1:14.004)	6:04.960 (1:14.547)	7:22.911 (1:17.952)
1:11.288 (1:11.288)	2:22.753 (1:11.465)	3:31.456 (1:08.703)		8:43.427 (1:20.517)	10:01.579 (1:18.152)	
4:40.905 (1:09.449)	5:51.298 (1:10.394)	7:04.228 (1:12.930)		24 Blake Conner	10 Loudoun Coun	10:01.90
8:19.192 (1:14.964)	9:30.132 (1:10.940)			1:08.872 (1:08.872)	2:21.966 (1:13.094)	3:34.595 (1:12.629)
11 Brannon Adams	12	Jefferson Fo	9:31.80	4:48.904 (1:14.309)	6:04.232 (1:15.329)	7:23.624 (1:19.392)
1:09.882 (1:09.882)	2:21.487 (1:11.605)	3:30.013 (1:08.527)		8:44.275 (1:20.652)	10:01.894 (1:17.619)	
4:39.781 (1:09.768)	5:50.155 (1:10.374)	7:00.317 (1:10.163)		25 Nicholas Ligday	12 Hanover	10:03.02
8:10.950 (1:10.633)	9:31.795 (1:20.845)			1:09.422 (1:09.422)	2:22.415 (1:12.993)	3:35.920 (1:13.505)
12 Taylor Price	12	Smithfield	9:35.45	4:50.542 (1:14.623)	6:06.931 (1:16.389)	7:28.557 (1:21.627)
1:10.115 (1:10.115)	2:22.960 (1:12.845)	3:35.581 (1:12.622)		8:50.234 (1:21.677)	10:03.017 (1:12.784)	
4:48.926 (1:13.345)	6:03.719 (1:14.793)	7:18.347 (1:14.629)		26 Ayush Marwaha	10 Rock Ridge H	10:08.54
8:31.796 (1:13.449)	9:35.447 (1:03.652)			1:08.847 (1:08.847)	2:22.132 (1:13.285)	3:34.836 (1:12.704)
13 Jade Mawn	12	Western Albe	9:37.22	4:48.322 (1:13.487)	6:04.549 (1:16.227)	7:23.086 (1:18.538)
1:08.321 (1:08.321)	2:21.702 (1:13.382)	3:34.086 (1:12.384)		8:45.135 (1:22.049)	10:08.532 (1:23.398)	
4:46.797 (1:12.712)	6:01.882 (1:15.085)	7:18.025 (1:16.143)		27 Cary Caldwell	12 Warhill	10:14.13
8:32.085 (1:14.060)	9:37.219 (1:05.134)			1:10.839 (1:10.839)	2:23.440 (1:12.602)	3:37.626 (1:14.187)
14 Garrett Stickley	10	John Handley	9:41.37	4:54.545 (1:16.919)	6:13.937 (1:19.393)	7:34.501 (1:20.564)
1:09.121 (1:09.121)	2:21.811 (1:12.690)	3:33.691 (1:11.880)		8:54.846 (1:20.345)	10:14.125 (1:19.279)	
4:46.315 (1:12.624)	6:01.692 (1:15.378)	7:18.029 (1:16.337)		28 Lorenzo Short	11 Warhill	10:48.47
8:32.275 (1:14.247)	9:41.369 (1:09.094)			1:11.186 (1:11.186)	2:24.619 (1:13.433)	3:43.599 (1:18.980)
15 Rylan Wells	10	Loudoun Vall	9:42.58	5:07.407 (1:23.809)	6:33.025 (1:25.618)	7:59.772 (1:26.748)
1:09.324 (1:09.324)	2:21.511 (1:12.188)	3:33.172 (1:11.662)		9:26.832 (1:27.060)	10:48.465 (1:21.633)	
4:46.121 (1:12.949)	6:01.575 (1:15.454)	7:17.895 (1:16.320)				
8:32.830 (1:14.935)	9:42.577 (1:09.748)					
16 Ethan Pratt-Perez	10	James Wood H	9:47.59			
1:11.046 (1:11.046)	2:23.212 (1:12.167)	3:33.001 (1:09.789)				
4:44.831 (1:11.830)	5:59.262 (1:14.432)	7:15.342 (1:16.080)				
8:32.748 (1:17.407)	9:47.581 (1:14.833)					
17 Nate Sullivan	11	Western Albe	9:47.78			
1:09.609 (1:09.609)	2:22.335 (1:12.727)	3:35.245 (1:12.910)				
4:49.556 (1:14.312)	6:04.704 (1:15.148)	7:20.974 (1:16.270)				
8:35.896 (1:14.923)	9:47.776 (1:11.880)					

Boys 110 Meter Hurdles State 4A			
Meet Records: 13.93 # 6/2/2017 Timothy Payne			
Name	Yr	School	Prelims
Preliminaries			
1 Henry Sullivan	12	Western Albe	14.58Q0.5
2 Barlowe Branch III	12	Dinwiddie	15.01Q-1.3
3 Matt Zurbach	12	Broad Run	14.94q 0.5
4 Manny Jackson	12	Patrick Henr	15.03q 0.5
5 Deonte Harris	11	Hanover	15.08q 0.5
6 Isaiah Idore	12	Amherst Coun	15.31q -1.3

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Preliminaries ... (Boys 110 Meter Hurdles State 4A)

Name	Yr	School	Prelims
7 Daniel Price	12	Jefferson Fo	15.33q 0.5
8 Ja'mar Smith	9	E.C. Glass	15.35q -1.3
9 Ben Nitzsche	12	Western Albe	15.46 -1.3
10 Jordan Allen	12	Patrick Henr	15.59 -1.3
11 Andrew Link	11	James Wood H	15.73 0.5
12 Brendan Cassidy	12	James Wood H	15.78 -1.3
13 Isaiah Wallace	11	Warwick	16.23 0.5
14 Caiden Freimann	12	Lightridge H	16.47 -1.3
15 Nicolas Simmons	11	Manor	16.95 0.5

Boys 110 Meter Hurdles State 4A

Meet Records: 13.93 # 6/2/2017 Timothy Payne

Name	Yr	School	Finals
1 Henry Sullivan	12	Western Albe	14.71 -2.3
2 Isaiah Idore	12	Amherst Coun	15.03 -2.3
3 Deonte Harris	11	Hanover	15.13 -2.3
4 Matt Zurbach	12	Broad Run	15.20 -2.3
5 Manny Jackson	12	Patrick Henr	15.30 -2.3
6 Ja'mar Smith	9	E.C. Glass	15.49 -2.3
7 Daniel Price	12	Jefferson Fo	15.55 -2.3
8 Barlowe Branch III	12	Dinwiddie	15.60 -2.3

Boys 300 Meter Hurdles State 4A

Meet Records: 37.78 # 6/6/2015 Hakeem Horton

Name	Yr	School	Finals
1 Jaelyn Green	11	Deep Creek H	38.51
2 Isaiah Idore	12	Amherst Coun	38.60
3 Barlowe Branch III	12	Dinwiddie	39.47
4 Manny Jackson	12	Patrick Henr	39.82
5 Andrew Link	11	James Wood H	39.84
6 Ben Nitzsche	12	Western Albe	40.78
7 Isaiah Wallace	11	Warwick	40.84
8 Brayden Taylor	12	Salem (Roano	41.67
9 Mike Tran	12	Dominion	41.76
10 William Bruke	12	Henrico	41.85
11 Nicolas Simmons	11	Manor	42.00
12 Matt Zurbach	12	Broad Run	42.62
13 Luke Jasinski	12	Atlee	42.76
14 Rutger Pittman	11	Western Albe	42.78
15 Brendan Cassidy	12	James Wood H	46.45

Boys 4x100 Meter Relay State 4A

Meet Records: 41.82 # 6/4/2016 George Washington

J Griffin, D Davis, K Forest, K Williams

Meet Records: 41.82 # 6/4/2016 George Washington

J Griffin, D Davis, K Forest, K Williams

Team	Relay	Finals
1 Pulaski County	A	41.84
1) Quemaar Porter 11	2) JJ Gulley 12	
3) Armonte Hill-Lewis 12	4) John Lyman III 12	

2 Salem (Roanoke)	A	41.90
1) Jonathan Vernon 11	2) Josiah Persinger 9	
3) DaRon Wilson 11	4) Peyton Lewis 10	
3 Courtland	A	42.33
1) Kwame Whitaker 11	2) Justin Ford 11	
3) Kamari Jackson 11	4) Chanan Mathis 11	
4 Deep Creek H	A	42.61
1) Taevon Freeman 10	2) Dylan Perriel 12	
3) Machias Boyd 12	4) Tettey Agbetiafa 12	
5 Blacksburg H	A	42.75
1) Mark Frimpong 12	2) Isaac Shimozone 12	
3) Ben Hager 11	4) Jack Thompson 12	
6 Atlee	A	42.84
1) Caleb Warren 12	2) Efe Obrimah 12	
3) Luke Jasinski 12	4) Cullen Carter 12	
7 Kings Fork	A	42.89
1) Devin Sloan 12	2) Amron Lewis 12	
3) Jean-Claude Bile 12	4) Zyar'e Wynn 12	
8 Patrick Henr	A	43.01
1) Edwin Henderson 10	2) Jordan Allen 12	
3) Montrell James 9	4) Shamar Williams 11	
9 Great Bridge	A	43.03
1) Zion Frink 11	2) Xavier Jones 12	
3) Donje Gray 11	4) Terrance Williams 10	
10 Smithfield	A	43.27
1) Joshua Freeman 12	2) David Farrior 12	
3) Tyler Simon 11	4) Christopher Basking 11	
11 Loudoun County	A	43.44
1) Liam Pugh 11	2) James Dick 12	
3) Jimmy Kibble 12	4) Dean Morrad 10	
12 Heritage (Ne	A	43.44
1) Nigil Waiters 11	2) Vincent Moddy 12	
3) Sean McCullum 9	4) Zachery Ray 10	
13 Churchland	A	43.65
1) Nathan Alston 12	2) Neil Alston 12	
3) Adarius Johnson 11	4) Sheldon Carter 12	
14 Huguenot	A	43.82
1) Nyeem Washington 11	2) Tymell Dockery 11	
3) Terence Lawrence 9	4) Malik Foster 11	
15 Loudoun Valley	A	43.89
1) Blake Moore 12	2) Sam Hummer 11	
3) Isaiah Stokes 12	4) John Lyth 10	
16 Broad Run	A	43.94
1) Aslin Shipe 10	2) Michael Pennant 9	
3) Roman Willis 10	4) Matt Zurbach 12	
17 Western Albemarle	A	43.99
1) Spencer Just 12	2) Henry Sullivan 12	
3) Tristen Barredo 11	4) Jack Intihar 11	
18 Matoaca High School	A	44.08
1) Riley Simmons 11	2) Christopher Spradley Jr 11	
3) Cameron Sanderson 11	4) Paul Lewis 11	
19 Tuscarora Hi	A	44.20
1) Ryan Andrews 11	2) Michael Niemiec 11	
3) David Seekford 11	4) Shaquille Clarke-Alexander 12	

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Finals ... (Boys 4x100 Meter Relay State 4A)

Team	Relay	Finals
--- John Handley	A	DNF
1) Christian Metzger 10	2) Jacob Duffy 12	
3) Manno Lusca 10	4) Stephen Daley 12	

Boys 4x400 Meter Relay State 4A
Meet Records: 3:19.11 # 6/7/2014 Nansemond River High School
A Davis, T Lambert, M Sheppard, K Middleton

Team	Relay	Finals
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Finals

1 Deep Creek H	A	3:21.37
1) Jaelyn Green 11	2) Amariion Harrell 11	
3) Timari Freeman 12	4) Antoinne Fair 12	
1:40.908 (1:40.908)	2:32.745 (51.837)	3:21.362 (48.617)
2 Warhill	A	3:22.60
1) Jaedyn McAdoo 10	2) Ayden Stewart 11	
3) Elijah Epps 11	4) Leo Davis 11	
1:43.663 (1:43.663)	2:34.146 (50.483)	3:22.595 (48.450)
3 Jefferson Forest	A	3:22.72
1) Brian Aveson 12	2) Landon Epperson 12	
3) Collin Mays 12	4) Addison Hilton 12	
1:42.470 (1:42.470)	2:34.577 (52.107)	3:22.711 (48.134)
4 Blacksburg H	A	3:25.14
1) Eli Sterling 11	2) Nathan Lewis 12	
3) Conner Rutherford 11	4) Ben Hager 11	
1:44.052 (1:44.052)	2:35.450 (51.398)	3:25.140 (49.690)
5 Heritage (Ne	A	3:25.49
1) Devin Mosley 12	2) Sean McCullum 9	
3) Nigil Waiters 11	4) Vincent Moddy 12	
1:43.631 (1:43.631)	2:34.164 (50.533)	3:25.485 (51.322)
6 Churchland	A	3:26.27
1) Nathaniel Barnes 12	2) Neil Alston 12	
3) Jamar Mason 12	4) Nathan Alston 12	
1:43.110 (1:43.110)	2:36.444 (53.334)	3:26.261 (49.818)
7 Western Albemarle	A	3:26.46
1) Ben Nitzsche 12	2) Matthew Burch 12	
3) Jack Intihar 11	4) Jonathan Kumer 12	
1:42.223 (1:42.223)	2:34.624 (52.401)	3:26.455 (51.831)
8 Millbrook	A	3:26.67
1) Landon Baker 11	2) Brian Washington 12	
3) Scott Montgomery 11	4) Nicholas Hayden 11	
1:44.763 (1:44.763)	2:37.156 (52.393)	3:26.663 (49.508)
9 Amherst County	A	3:27.73
1) Isaiah Davis 10	2) Will Gregory 12	
3) Isaiah Idore 12	4) Lawrence Brown 12	
1:42.618 (1:42.618)	2:37.147 (54.529)	3:27.722 (50.575)
10 Grafton High School	A	3:29.34
1) Liam Warren 11	2) Farron McKinnis 10	
3) Joseph Vazquez 12	4) Lorenzo Camobreco 12	
1:48.269 (1:48.269)	2:39.367 (51.098)	3:29.339 (49.972)
11 Courtland	A	3:29.65
1) Francis Roberts 11	2) Mohammed Ahmed 11	
3) Gabe Lantz 12	4) Kwame Whitaker 11	
1:43.907 (1:43.907)	2:37.875 (53.968)	3:29.649 (51.774)

12 Loudoun County	A	3:29.72
1) Nic Macchiarolo 12	2) Liam Pugh 11	
3) Levi Desser 12	4) Jason Guevara 11	
1:45.413 (1:45.413)	2:40.063 (54.650)	3:29.712 (49.649)
13 Atlee	A	3:30.66
1) Luke Jasinski 12	2) Daniel Mudd 11	
3) Efe Obrimah 12	4) Cullen Carter 12	
1:47.577 (1:47.577)	2:38.892 (51.315)	3:30.660 (51.768)
14 Matoaca High School	A	3:30.89
1) Mofe Akande 10	2) Christopher Spradley Jr 11	
3) Cameron Sanderson 11	4) Jeremiah Monts 12	
1:47.176 (1:47.176)	2:39.731 (52.555)	3:30.890 (51.159)
15 Mechanicsvil	A	3:30.98
1) Chase Maters 12	2) Josh Gray 11	
3) Blake Moody 11	4) Carter Smith 11	
1:48.370 (1:48.370)	2:38.775 (50.405)	3:30.972 (52.197)
16 Loudoun Valley	A	3:32.26
1) John Lyth 10	2) Blake Moore 12	
3) Timothy Esatto 12	4) Bradley Bernard 10	
1:47.484 (1:47.484)	2:39.568 (52.084)	3:32.253 (52.685)
17 Patrick Henr	A	3:32.52
1) Manny Jackson 12	2) Montrell James 9	
3) Landon Morris 9	4) Alex Davis 12	
1:45.360 (1:45.360)	2:40.757 (55.397)	3:32.516 (51.759)
18 Fauquier	A	3:33.02
1) David Mayfield 9	2) Jack Carter 11	
3) John Bynaker 12	4) Colin Ashby 11	
1:45.001 (1:45.001)	2:36.508 (51.507)	3:33.017 (56.509)
19 Dominion	A	3:36.78
1) Aidan Crotty 12	2) Malik Kurtz 12	
3) Matthew Wang 12	4) Nehemiah Dan 12	
1:48.796 (1:48.796)	2:41.683 (52.887)	3:36.778 (55.095)

Boys 4x800 Meter Relay State 4A
Meet Records: 7:38.93 # 6/1/2019 Loudoun Valley
J Windle, C Wells, J Hunter, S Affolder

Meet Records: 7:46.43 # 6/3/2016 Fauquier
B Curry, S Oravec, M Curry, R Chavez

Team	Relay	Finals
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Finals

1 Patrick Henr	A	7:52.64
1) Alex Davis 12	2) Luke Taylor 12	
3) Andrew Senfield 11	4) Trevor Mason 12	
1:58.156 (1:58.156)	3:56.098 (1:57.943)	5:57.807 (2:01.709)
7:52.638 (1:54.832)		
2 Loudoun Valley	A	7:53.98
1) Jake Rimmel 11	2) Aidan Soto 12	
3) Luke Blair 12	4) Justin Park 12	
2:00.329 (2:00.329)	4:00.514 (2:00.185)	5:57.331 (1:56.817)
7:53.973 (1:56.643)		
3 Blacksburg H	A	7:55.75
1) Zach Davis 11	2) Conner Rutherford 11	
3) Jonathan Goerlich 12	4) Eli Sterling 11	
2:01.367 (2:01.367)	3:57.279 (1:55.913)	6:00.264 (2:02.985)
7:55.743 (1:55.479)		

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Finals ... (Boys 4x800 Meter Relay State 4A)		
Team	Relay	Finals
4 Atlee	A	8:08.18
1) Andre Chavez 11	2) Travis Albon 11	
3) Josh Fong 10	4) Patrick Allen 10	
2:03.527 (2:03.527)	4:04.442 (2:00.915)	6:08.841 (2:04.399)
8:08.178 (1:59.338)		
5 Loudoun County	A	8:09.05
1) Blake Conner 10	2) Nic Macchiarolo 12	
3) Randy White 11	4) Ethan Stansbury 12	
2:03.882 (2:03.882)	4:06.611 (2:02.729)	6:14.282 (2:07.672)
8:09.048 (1:54.767)		
6 Grafton High School	A	8:09.79
1) Logan Carson 12	2) Gary Amole 11	
3) Connor Linehan 9	4) Ben Madrigal 12	
2:01.936 (2:01.936)	4:03.734 (2:01.799)	6:08.444 (2:04.710)
8:09.789 (2:01.345)		
7 Western Albemarle	A	8:10.20
1) Jade Mawn 12	2) Henry Kimbrough 9	
3) Matthew Burch 12	4) Jonathan Kumer 12	
2:04.417 (2:04.417)	4:07.832 (2:03.415)	6:12.709 (2:04.878)
8:10.199 (1:57.490)		
8 Millbrook	A	8:11.83
1) Nicholas Hayden 11	2) Carter Johnson 12	
3) Kai Johnson 11	4) Matthew Topham 12	
2:06.245 (2:06.245)	4:12.886 (2:06.642)	6:13.823 (2:00.938)
8:11.825 (1:58.002)		
9 John Handley	A	8:14.01
1) Ryan Stickley 12	2) William Pardue 10	
3) Elliott Redcay 10	4) Nicolo Schianchi 12	
2:03.692 (2:03.692)	4:08.243 (2:04.552)	6:13.697 (2:05.454)
8:14.002 (2:00.305)		
10 Louisa Count	A	8:15.51
1) Patrick Moore 9	2) Wyatt Snyder 11	
3) Caiden Davenport 12	4) Nicholas Emmert 12	
2:02.471 (2:02.471)	4:11.879 (2:09.409)	6:20.839 (2:08.960)
8:15.506 (1:54.667)		
11 Mechanicsvil	A	8:17.32
1) Josh Gray 11	2) Chase Maters 12	
3) Carter Smith 11	4) Jack Standridge 11	
2:05.178 (2:05.178)	4:04.508 (1:59.330)	6:11.904 (2:07.397)
8:17.311 (2:05.407)		
12 Hanover	A	8:21.59
1) Nicholas Ligday 12	2) Deacon Macdonald 9	
3) Andrew Shadoyan 9	4) Tristin Lemens 12	
2:04.921 (2:04.921)	4:09.212 (2:04.292)	6:17.441 (2:08.229)
8:21.587 (2:04.147)		
13 Jefferson Forest	A	8:23.28
1) Landon Epperson 12	2) Jonah Packer 11	
3) Keegan Venable 11	4) Jacob White 11	
2:04.353 (2:04.353)	4:15.245 (2:10.892)	6:19.218 (2:03.974)
8:23.272 (2:04.054)		

14 Jamestown	A	8:23.34
1) Luke Tompkins 12	2) Paul Vogel 9	
3) Layton Miller 11	4) Gabriel Le Gouellec 12	
2:02.103 (2:02.103)	4:16.190 (2:14.087)	6:22.913 (2:06.724)
8:23.333 (2:00.420)		
15 Courtland	A	8:24.10
1) Brendan Nave 11	2) Christian Reid 11	
3) Gabe Lantz 12	4) Charles Aiken 10	
2:09.380 (2:09.380)	4:14.473 (2:05.094)	6:19.992 (2:05.519)
8:24.091 (2:04.099)		
16 Fauquier	A	8:24.15
1) Colin Ashby 11	2) Jack Carter 11	
3) Jonas Reutzel 12	4) Peter Paccassi 11	
2:10.286 (2:10.286)	4:12.847 (2:02.562)	6:23.022 (2:10.175)
8:24.148 (2:01.127)		
17 Liberty (Bea	A	8:27.50
1) Cole Hoffman 10	2) Peter Rummel 11	
3) Gabe Sealock 12	4) Aidan Neidich 10	
2:06.285 (2:06.285)	4:12.337 (2:06.053)	6:20.320 (2:07.983)
8:27.500 (2:07.180)		
18 Pulaski County	A	8:31.34
1) Garrett Kinder 10	2) Evan Hull 12	
3) Thomas Hanshew 12	4) Kyle O'Neal 11	
2:00.728 (2:00.728)	4:09.278 (2:08.550)	6:18.327 (2:09.049)
8:31.338 (2:13.012)		
19 Sherando	A	8:34.03
1) Justin Dante 12	2) Ben Freilich 11	
3) Dylan McGraw 10	4) Camden Palmer 12	
2:07.738 (2:07.738)	4:19.676 (2:11.938)	6:26.285 (2:06.609)
8:34.027 (2:07.743)		
20 Warhill	A	8:39.77
1) Elijah Epps 11	2) Cary Caldwell 12	
3) Lorenzo Short 11	4) William Toth 12	
2:07.053 (2:07.053)	4:16.803 (2:09.750)	6:31.733 (2:14.930)
8:39.761 (2:08.028)		
21 Dominion	A	8:51.90
1) Malik Kurtz 12	2) Aidan Crotty 12	
3) Matthew Wang 12	4) Amir Aougab 11	
2:09.762 (2:09.762)	4:23.542 (2:13.780)	6:33.506 (2:09.964)
8:51.900 (2:18.394)		
22 Churchland	A	9:36.72
1) Colin Nobles 12	2) Zyon Davis 10	
3) Nicholas Davis 11	4) Cailem Norvell 11	
2:21.043 (2:21.043)	4:45.237 (2:24.194)	7:11.461 (2:26.224)
9:36.716 (2:25.255)		

Boys High Jump State 4A

Meet Records: 6-08 # 6/4/2016 Madrell Jackson

Name	Yr	School	Finals
1 JJ Gulley	12	Pulaski Coun	6-05.00
2 Arun Mantena	12	Dominion	6-03.00
3 Deonte Harris	11	Hanover	6-01.00
4 Omari Cornwall	12	Heritage (Le	J6-01.00
5 Kassi Diby	10	Rock Ridge H	J6-01.00

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Finals ... (Boys High Jump State 4A)

Name	Yr	School	Finals
5 Christian Lewis	11	Courtland	J6-01.00
7 Dylaun Battle	12	Churchland	5-11.00
7 Matthew Bowden	12	Grafton High	5-11.00
7 Jahmari Savage	11	Churchland	5-11.00
7 Tanush Anand	11	Broad Run	5-11.00
11 Jalen Tolson	12	Spotsylvania	J5-11.00
11 Mobu Nwakor	10	Jefferson Fo	J5-11.00
13 Wyatt Shaw	10	Fauquier	J5-11.00
13 Eduardo Rios	10	Warwick	J5-11.00
13 Vincent Moddy	12	Heritage (Ne	J5-11.00
13 Asi Temoka	10	Rock Ridge H	J5-11.00
13 CJ Holloway	12	Patrick Henr	J5-11.00
18 John Lyman III	12	Pulaski Coun	J5-11.00
18 Tripp Elmore	12	Loudoun Coun	J5-11.00
18 Mekhi Shepardson	12	Monacan High	J5-11.00
21 Farron McKinnis	10	Grafton High	5-09.00
21 Hassan Akanbi	10	John Handley	5-09.00
23 Na'Jad Redfurn	11	Mechanicsvil	J5-09.00
--- Colin Butler	10	Dinwiddie	NH
--- Wilson Bruke	12	Henrico	NH

Boys Pole Vault State 4A

Meet Records: 15-06 # 6/1/2019 Kyle Mosteller

Name	Yr	School	Finals
1 Walker Van Kirk	12	Jamestown	15-00.00
2 Henry Sullivan	12	Western Albe	13-06.00
3 Luke Benhase	11	Hanover	12-06.00
3 Todd Benhase	10	Hanover	12-06.00
5 R.K. Gathje	11	Atlee	J12-06.00
6 Will Rittenhouse	12	Atlee	12-00.00
7 Greg Durgin	12	Atlee	J12-00.00
8 Dylan Damer	10	Fauquier	J12-00.00
9 Turner Smith	12	Western Albe	11-06.00
9 Jeremy Frank	12	Jamestown	11-06.00
11 Chase O'Neil	11	Warhill	J11-06.00
12 Aidan Gillette	10	Jamestown	11-00.00
13 Eric West	11	Amherst Coun	J11-00.00
13 Charlie Strobach	9	Western Albe	J11-00.00
13 Will Gregory	12	Amherst Coun	J11-00.00
--- Calvin Caldwell	9	Warhill	NH
--- Josh Burke	11	Fauquier	NH
--- Peter Kim	10	John Handley	NH
--- Steven Pasquale	10	Fauquier	NH
--- Peyton Jackson	11	Amherst Coun	NH

Boys Long Jump State 4A

Meet Records: 23-05.25 # 6/3/2017 Jordan Willis

Meet Records: 22-07 # 6/4/2016 Joshua Saunders

Name	Yr	School	Finals
1 Arun Mantena	12	Dominion	22-09.75# NWI
2 Kwame Whitaker	11	Courtland	22-07.00# NWI

3 John Lyman III	12	Pulaski Coun	22-06.25 NWI
4 JJ Gulley	12	Pulaski Coun	22-05.50 NWI
5 Amarion Harrell	11	Deep Creek H	21-11.00 NWI
6 Ja'mar Smith	9	E.C. Glass	21-07.75 NWI
7 Quemaar Porter	11	Pulaski Coun	21-07.00 NWI
8 Armonte Hill-Lewis	12	Pulaski Coun	21-05.50 NWI
9 Jack Intihar	11	Western Albe	21-00.75 NWI
10 Barlowe Branch III	12	Dinwiddie	20-10.00 NWI
11 Ryan Wilson	11	Liberty (Bea	20-07.00 NWI
12 Lawrence Brown	12	Amherst Coun	20-06.00 NWI
13 Quincy Dunn	11	Deep Creek H	20-03.50 NWI
14 Isaiah Idore	12	Amherst Coun	J20-03.50 NWI
15 Nicolas Simmons	11	Manor	20-03.00 NWI
16 Jaquan Johnson	12	Chancellor	20-01.75 NWI
17 Machias Boyd	12	Deep Creek H	20-01.25 NWI
18 Aaron Dabney	11	Chancellor	19-11.75 NWI
19 Jamal Bellamy	9	Halifax Coun	19-11.00 NWI
20 Chanan Mathis	11	Courtland	19-09.00 NWI
21 Zamavion Jones	11	E.C. Glass	19-05.50 NWI
22 Austin Goetsch	12	Loudoun Coun	19-04.75 NWI
23 Asi Temoka	10	Rock Ridge H	J19-04.75 NWI
24 jayden ively	11	Varina	19-01.75 NWI
25 Elijah Gray	9	Great Bridge	19-01.25 NWI
26 Keyontae Kennedy	12	Pulaski Coun	18-11.00 NWI
27 Elijah Harris	11	Courtland	14-08.25 NWI
--- Christian Metzger	10	John Handley	FOUL

Boys Triple Jump State 4A

Meet Records: 48-02.75 # 6/6/2014 Raeshawn Bishop

Name	Yr	School	Finals
1 Omari Cornwall	12	Heritage (Le	46-07.50 NWI
2 Nicolas Simmons	11	Manor	46-03.00 NWI
3 Jaime Mitchell	12	Manor	45-03.50 NWI
4 Aaron Spivey	12	Smithfield	44-10.75 NWI
5 Arun Mantena	12	Dominion	44-00.25 NWI
6 Armonte Hill-Lewis	12	Pulaski Coun	43-11.75 NWI
7 John Lyman III	12	Pulaski Coun	43-09.00 NWI
8 Deonte Harris	11	Hanover	43-05.50 NWI
9 Quincy Dunn	11	Deep Creek H	41-05.75 NWI
10 Tanush Anand	11	Broad Run	41-05.25 NWI
11 Tripp Elmore	12	Loudoun Coun	41-04.50 NWI
12 Wilson Bruke	12	Henrico	41-03.00 NWI
13 Quemaar Porter	11	Pulaski Coun	40-03.25 NWI
14 Lutrell Hayes	11	Dinwiddie	39-09.75 NWI
15 Keyontae Kennedy	12	Pulaski Coun	38-10.25 NWI

Boys Shot Put State 4A

Meet Records: 62-05.50 # 6/1/2019 Isaiah Allen

Meet Records: 61-07.50 # 6/2/2018 Jaekob Vollbrecht

Name	Yr	School	Finals
1 Deigo Turner	11	Pulaski Coun	54-10.00
2 Ryan Nolan	12	Deep Creek H	53-06.50
3 Stephen Daley	12	John Handley	53-04.00

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Class 3 & 4

Liberty University

Results

Finals ... (Boys Shot Put State 4A)

Name	Yr	School	Finals
4 Daniel Young	12	Loudoun Coun	50-03.00
5 Malachi Perkins	12	E.C. Glass	49-07.00
6 Shinobu Hawk	11	Grafton High	48-01.50
7 Kevon Singleton	10	Hanover	45-09.50
8 Josiah Hrcka	12	Courtland	44-08.00
9 Samuel McKlveen	11	Amherst Coun	44-01.50
10 Monte McMorris	12	Spotsylvania	43-10.50
11 Walter Barnett	12	Deep Creek H	43-02.50
12 Brayden Walker	11	Eastern View	42-11.50
13 Chase Kibble	10	Loudoun Coun	42-05.00
14 Jake Mele	11	Blacksburg H	42-00.00
15 Justice Paige	12	Manor	41-06.50
16 Ethan Gonzalez	10	Sherando	37-09.00
17 Malachi Hayes	11	Henrico	34-07.00

18) Staunton River High School	13
20) Skyline	12
21) Spotswood	10
21) Warren County	10

Boys Discus Throw State 4A

Meet Records: 199-00 # 6/7/2014 Matthew Zajac

Name	Yr	School	Finals
Finals			
1 Shinobu Hawk	11	Grafton High	173-08
2 Chase Kibble	10	Loudoun Coun	153-08
3 Monte McMorris	12	Spotsylvania	143-07
4 Deigo Turner	11	Pulaski Coun	138-05
5 Avery Dodson	12	Sherando	136-10
6 Malachi Perkins	12	E.C. Glass	134-05
7 Josiah Hrcka	12	Courtland	133-02
8 Micah Carlson	9	Sherando	132-10
9 Kyree Currie	11	Varina	125-03
10 Andrew McCormick	12	E.C. Glass	123-00
11 Aslin Shipe	10	Broad Run	121-00
12 Deontae Roscoe	12	Deep Creek H	120-01
13 Markevus Graves	12	E.C. Glass	119-09
14 Micah Nixon	12	Warhill	110-05
--- Walter Barnett	12	Deep Creek H	FOUL
--- Stephen Daley	12	John Handley	FOUL

Women - State 3A - Team Rankings - 17 Events Scored

1) Heritage (Lynchburg)	60
2) Maggie Walker	48.5
3) Rustburg	42.5
4) Culpeper County	38
5) Charlottesville	34
6) Tabb	33
6) Abingdon High School	33
8) Lakeland	30
9) William Byrd High School	29
10) Cave Spring High School	27
11) Park View (South Hill)	24
11) Liberty Christian Academy	24
13) York	20.5
14) Turner Ashby	20
14) Christiansburg	20
16) Meridian	18
17) Fluvanna County	15
18) Phoebus	13

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Class 3 & 4

Liberty University

Results

21) Goochland High School	10
21) James Monroe	10
21) I.C. Norcom	10
26) Broadway	8.5
27) Lafayette	8
28) Fort Defiance	7
29) Magna Vista	6
30) Caroline High School	5
31) Northside High School	4
32) Liberty (Bedford)	3.5
33) New Kent	3
33) Hidden Valley High School	3
35) Brentsville District	2.5
36) Rockbridge County	2
36) Southampton	2
36) Staunton High School	2

Women - State 4A - Team Rankings - 17 Events Scored

1) Heritage (Newport News)	69
2) Jefferson Forest	54
3) Deep Creek High School	53
4) Western Albemarle	48
5) Atlee	43
6) Kings Fork	36
7) Tuscarora High School (VA)	34
8) Fauquier	32
9) Loudoun Valley	29
10) Hanover	27.5
11) Courtland	20
11) Sherando	20
11) Jamestown	20
14) Great Bridge High School	19
15) John Handley	17
16) Amherst County	15.5
17) Kettle Run	14
18) Blacksburg High School	10
18) Millbrook	10
20) James Wood High School	9
21) Patrick Henry (Ashland)	8
22) Lightridge High School	7
22) Warhill	7
24) Monacan High School	6
24) George Washington	6
24) Rock Ridge High School	6
24) Louisa County High School	6
28) Henrico	5
28) Broad Run	5
30) Churchland	4
30) Liberty (Beaeton) High School	4
30) Halifax County	4
33) Salem (Roanoke)	3
33) Dominion	3
35) Orange County	2
35) Loudoun County	2
35) E.C. Glass	2
38) Huguenot	1
38) King George	1
38) Hampton	1

Men - State 3A - Team Rankings - 17 Events Scored

1) Abingdon High School	74
2) Heritage (Lynchburg)	41
2) Maggie Walker	41
4) Liberty Christian Academy	39
5) Lafayette	36
6) Phoebus	31
7) James Monroe	26
8) Brookville High School	25
9) Spotswood	23
10) Caroline High School	22
11) Skyline	20
11) I.C. Norcom	20
13) Lord Botetourt	18
14) Tabb	17
14) Christiansburg	17
16) Charlottesville	16
16) Monticello	16
18) Lakeland	15

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

19) Brentsville District	13	35) Warwick	2
19) Culpeper County	13	35) Kings Fork	2
21) Bassett	12	37) Fauquier	1
21) Northside High School	12		
23) Broadway	11		
24) Hopewell	10		
24) Cave Spring High School	10		
24) Tunstall	10		
27) Fluvanna County	9		
28) Lake Taylor	8		
28) New Kent	8		
28) Waynesboro	8		
28) Manasas Park	8		
32) Hidden Valley High School	6		
32) Turner Ashby	6		
34) Staunton High School	4.5		
35) Goochland High School	4		
35) Staunton River High School	4		
37) William Monroe	2		
37) Rockbridge County	2		
37) Magna Vista	2		
37) William Byrd High School	2		
41) Liberty (Bedford)	0.5		

Men - State 4A - Team Rankings - 17 Events Scored

1) Pulaski County	63
2) Deep Creek High School	60
3) Patrick Henry (Ashland)	52
4) Blacksburg High School	37
5) Western Albemarle	33
6) Hanover	32
7) Loudoun County	28
7) Salem (Roanoke)	28
9) Atlee	26
10) Dominion	22
11) Courtland	20.5
12) Grafton High School	18.75
13) Loudoun Valley	18
14) Jefferson Forest	17
15) Amherst County	16
16) Heritage (Leesburg)	15
17) Manor	14
17) John Handley	14
17) Smithfield	14
20) E.C. Glass	13
20) James Wood High School	13
20) Warhill	13
20) Mechanicsville High School	13
24) Millbrook	12
25) Louisa County High School	10
25) Jamestown	10
27) Churchland	9.5
28) Dinwiddie	7
29) Spotsylvania	6
30) Broad Run	5.75
31) Heritage (Newport News)	5
31) Sherando	5
33) Huguenot	4
34) Rock Ridge High School	3.5