

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clss 3 & 4

Liberty University

Results

Girls 100 Meter Dash State 3A

Meet Records: 12.05 # 6/2/2017 Maya Hanks

Meet Records: 12.23 # 6/4/2016 Amira Aduma

Name	Yr	School	Prelims
Preliminaries			
1	NaKayla Foster	11 Rustburg	12.26Q-0.6
2	Alaysia Oakes	12 Heritage (Ly	12.32Q-1.2
3	Emily Coates	12 Rustburg	12.44Q-0.4
4	Markeria King	11 Park View (S	12.44q -0.6
5	Natashe Tate	11 Booker T. Wa	12.64q -0.6
6	Sela Beatty	12 William Byrd	12.79q -0.6
7	Kamryn Monroe	9 Lakeland	12.93q -0.4
8	Taylor Porter	10 Heritage (Ly	12.96q -1.2
9	Jayla Greene	12 Southampton	12.98 -0.4
10	Julia Hathaway	12 New Kent	12.99 -0.6
11	Chloe Odum	11 Abingdon Hig	13.03 -0.4
12	Madison Doss	9 Spotswood	13.03 -1.2
13	Tania Starkie	12 Magna Vista	13.05 -1.2
14	Avrie Shifflett	12 Turner Ashby	13.07 -1.2
15	Jaylin Roberts	9 I.C. Norcom	13.08 -0.4
16	Emma Jones	12 Northside Hi	13.15 -1.2
17	Da'Nayal Cuthbertson	9 Manasas Park	13.32 -0.4
18	Lana Roberts-Jordan	9 Bassett	13.41 -0.6
19	Jada Fyffe	11 Brookville H	13.46 -1.2
20	Erin Cotman	9 Maggie Walke	13.58 -0.4
21	Jakeira Brown	10 Armstrong	13.71 -1.2

Girls 100 Meter Dash State 3A

Meet Records: 12.05 # 6/2/2017 Maya Hanks

Meet Records: 12.23 # 6/4/2016 Amira Aduma

Name	Yr	School	Finals
Finals			
1	Alaysia Oakes	12 Heritage (Ly	12.45 -3.1
2	Emily Coates	12 Rustburg	12.48 -3.1
3	NaKayla Foster	11 Rustburg	12.49 -3.1
4	Markeria King	11 Park View (S	12.68 -3.1
5	Kamryn Monroe	9 Lakeland	12.97 -3.1
6	Taylor Porter	10 Heritage (Ly	13.02 -3.1
7	Sela Beatty	12 William Byrd	13.09 -3.1

Girls 200 Meter Dash State 3A

Meet Records: 24.44 # 6/1/2018 Ryah Hinds

Meet Records: 24.44 # 6/1/2018 Ryah Hinds

Name	Yr	School	Prelims
Preliminaries			
1	NaKayla Foster	11 Rustburg	25.24Q-0.8
2	Emily Coates	12 Rustburg	25.31Q-0.5
3	Markeria King	11 Park View (S	25.53Q-1.6
4	Alaysia Oakes	12 Heritage (Ly	25.45Q-0.5
5	Chloe Odum	11 Abingdon Hig	26.10Q-0.8
6	Natashe Tate	11 Booker T. Wa	26.27Q-1.6
7	Kimberly Navarrete Guerrero	12 Culpeper Cou	26.24q -0.5
8	Jayla Greene	12 Southampton	26.40q -1.6
9	Taylor Porter	10 Heritage (Ly	26.43 -1.6

10	Dara Ndem	12 Cave Spring	26.62 -0.8
11	Jaylin Roberts	9 I.C. Norcom	26.69 -0.5
12	Simone' Hamlar	10 Northside Hi	26.91 -1.6
13	Madison Doss	9 Spotswood	26.93 -0.5
14	Brianna Goodman	9 Lakeland	27.04 -0.8
15	Lilly Shepherd	12 Christiansbu	27.25 -0.5
16	Leilani Burgess	10 Goochland Hi	27.37 -1.6
17	Anisha Carter	10 Skyline	28.10 -0.8

Girls 200 Meter Dash State 3A

Meet Records: 24.44 # 6/1/2018 Ryah Hinds

Meet Records: 24.44 # 6/1/2018 Ryah Hinds

Name	Yr	School	Finals
Finals			
1	NaKayla Foster	11 Rustburg	25.12 -0.6
2	Emily Coates	12 Rustburg	25.59 -0.6
3	Alaysia Oakes	12 Heritage (Ly	25.73 -0.6
4	Markeria King	11 Park View (S	25.84 -0.6
5	Kimberly Navarrete Guerrero	12 Culpeper Cou	26.29 -0.6
6	Chloe Odum	11 Abingdon Hig	26.48 -0.6
7	Jayla Greene	12 Southampton	26.95 -0.6

Girls 400 Meter Dash State 3A

Meet Records: 55.40 # 6/2/2019 Ryah Hinds

Name	Yr	School	Finals
Finals			
1	Sydney Wynn	12 James Monroe	58.22
2	Brooklyn Jenkins	9 Liberty Chri	58.61
3	Danielle Hollington	9 York	59.17
4	Josie Jackson	9 Abingdon Hig	59.61
5	Simone' Hamlar	10 Northside Hi	59.75
6	Alaysia Oakes	12 Heritage (Ly	59.81
7	Jamauri Demiel	12 Lakeland	1:00.44
8	Kaity Ruiz	11 Fort Defianc	1:00.50
9	Leilani Burgess	10 Goochland Hi	1:01.25
10	Leila Haley	9 Christiansbu	1:01.44
11	Julia Hathaway	12 New Kent	1:01.78
12	Kimberly Navarrete Guerrero	12 Culpeper Cou	1:01.81
13	Kenzie MacDonald	11 Charlottesvi	1:02.93
14	Scarlett Flores	10 Skyline	1:02.97
15	Madison Doss	9 Spotswood	1:03.86
16	Alexis Niemi	11 Meridian	1:03.88
17	Taylor Driver	10 Broadway	1:04.92
---	Gabrielle Butler	9 New Kent	DQ

Girls 800 Meter Run State 3A

Meet Records: 2:14.53 # 6/7/2014 Katie Fortner

Name	Yr	School	Finals
Finals			
1	Jessica Palisca	12 Cave Spring	2:15.89
	1:09.350 (1:09.350)	2:15.881 (1:06.531)	
2	Lauren Pegher	10 Tabb	2:19.37
	1:09.682 (1:09.682)	2:19.366 (1:09.684)	
3	Grace Crum	11 Meridian	2:20.00
	1:10.161 (1:10.161)	2:19.995 (1:09.834)	

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Finals ... (Girls 800 Meter Run State 3A)			
Name	Yr	School	Finals
4 Summer Hamlin	10	Christiansbu	2:21.92
1:10.727 (1:10.727)	2:21.917 (1:11.190)		
5 Grace Katzer	10	York	2:23.43
1:11.596 (1:11.596)	2:23.429 (1:11.833)		
6 Ava Bordner	11	Skyline	2:23.63
1:11.178 (1:11.178)	2:23.626 (1:12.448)		
7 Corinne Lombardo	10	Tabb	2:24.24
1:11.777 (1:11.777)	2:24.234 (1:12.457)		
8 Sophie Farley	10	Fluvanna Cou	2:25.30
1:11.132 (1:11.132)	2:25.293 (1:14.161)		
9 Pate Jordan	10	Rustburg	2:28.43
1:11.987 (1:11.987)	2:28.427 (1:16.440)		
10 Avery Crumlish	12	Maggie Walke	2:30.03
1:12.563 (1:12.563)	2:30.024 (1:17.461)		
11 Dagon Wheeler	12	Fort Defianc	2:31.48
1:14.059 (1:14.059)	2:31.474 (1:17.415)		
12 Madison Johnson	9	New Kent	2:31.72
1:12.716 (1:12.716)	2:31.715 (1:18.999)		
13 Tabitha Gill	12	New Kent	2:34.28
1:15.227 (1:15.227)	2:34.274 (1:19.047)		
14 Kayla Waters	12	Christiansbu	2:35.33
1:15.404 (1:15.404)	2:35.327 (1:19.923)		
15 Kate Ruebke	10	Spotswood	2:36.00
1:15.206 (1:15.206)	2:35.999 (1:20.793)		
16 Sydney Wynn	12	James Monroe	2:36.94
1:12.965 (1:12.965)	2:36.935 (1:23.970)		

Girls 1600 Meter Run State 3A

Meet Records: 5:02.40 # 6/4/2016 Mikayla Richardson

Meet Records: 5:02.40 # 6/4/2016 Mikayla Richardson

Name	Yr	School	Finals
Finals			
1 Jessica Palisca	12	Cave Spring	4:59.31#
1:13.458 (1:13.458)	2:30.570 (1:17.113)	3:48.443 (1:17.873)	
4:59.307 (1:10.864)			
2 Catherine Garrison	12	Maggie Walke	5:02.47
1:15.170 (1:15.170)	2:31.453 (1:16.283)	3:48.994 (1:17.542)	
5:02.468 (1:13.474)			
3 Lauren Pegher	10	Tabb	5:04.31
1:13.713 (1:13.713)	2:30.865 (1:17.153)	3:48.713 (1:17.848)	
5:04.305 (1:15.593)			
4 Makaleigh Jessee	11	Abingdon Hig	5:14.97
1:13.940 (1:13.940)	2:31.152 (1:17.212)	3:51.357 (1:20.205)	
5:14.969 (1:23.613)			
5 Ava Bordner	11	Skyline	5:16.72
1:14.198 (1:14.198)	2:32.385 (1:18.188)	3:54.837 (1:22.452)	
5:16.713 (1:21.877)			
6 Sophia Pineda	12	Hidden Valle	5:18.94
1:16.517 (1:16.517)	2:34.790 (1:18.274)	3:56.267 (1:21.477)	
5:18.939 (1:22.673)			
7 Grace Katzer	10	York	5:22.41
1:16.910 (1:16.910)	2:36.117 (1:19.207)	3:59.587 (1:23.470)	
5:22.405 (1:22.819)			

8 Abby Lane	10	Fort Defianc	5:22.69
1:17.432 (1:17.432)	2:36.475 (1:19.044)	3:59.580 (1:23.105)	
5:22.687 (1:23.107)			
9 Lauren Mellon	12	Meridian	5:26.77
1:16.992 (1:16.992)	2:36.659 (1:19.668)	4:01.148 (1:24.489)	
5:26.765 (1:25.618)			
10 Sophie Farley	10	Fluvanna Cou	5:30.46
1:15.482 (1:15.482)	2:36.288 (1:20.807)	4:01.064 (1:24.777)	
5:30.454 (1:29.390)			
11 Corinne Lombardo	10	Tabb	5:37.36
1:21.339 (1:21.339)	2:45.755 (1:24.417)	4:12.362 (1:26.607)	
5:37.357 (1:24.995)			
12 Katryna Aulenbach	12	Tabb	5:37.88
1:21.670 (1:21.670)	2:46.699 (1:25.029)	4:13.139 (1:26.440)	
5:37.872 (1:24.733)			
13 Brenna Luczak	11	Maggie Walke	5:46.11
1:18.017 (1:18.017)	2:46.504 (1:28.488)	4:17.137 (1:30.633)	
5:46.105 (1:28.969)			
14 Kayla Waters	12	Christiansbu	5:46.14
1:22.002 (1:22.002)	2:48.024 (1:26.023)	4:17.670 (1:29.647)	
5:46.138 (1:28.468)			
15 Sadie Wagner	11	Hidden Valle	5:48.37
1:22.197 (1:22.197)	2:49.039 (1:26.843)	4:19.775 (1:30.737)	
5:48.369 (1:28.594)			
16 Rachel Craun	12	Turner Ashby	5:51.45
1:21.509 (1:21.509)	2:48.837 (1:27.328)	4:19.607 (1:30.770)	
5:51.448 (1:31.842)			

Girls 3200 Meter Run State 3A

Meet Records: 10:45.04 # 6/6/2015 Ciara Donohue

Name	Yr	School	Finals
Finals			
1 Catherine Garrison	12	Maggie Walke	10:52.55
1:23.301 (1:23.301)	2:51.340 (1:28.039)	4:12.923 (1:21.584)	
5:33.398 (1:20.475)	6:54.076 (1:20.678)	8:15.065 (1:20.989)	
9:35.041 (1:19.977)	10:52.550 (1:17.509)		
2 Makaleigh Jessee	11	Abingdon Hig	11:14.14
1:23.321 (1:23.321)	2:51.431 (1:28.110)	4:13.256 (1:21.825)	
5:33.821 (1:20.565)	6:54.980 (1:21.159)	8:20.867 (1:25.888)	
9:49.347 (1:28.480)	11:14.136 (1:24.789)		
3 Kaley Tanner	10	Warren Count	11:23.53
1:22.686 (1:22.686)	2:51.325 (1:28.639)	4:14.421 (1:23.097)	
5:39.033 (1:24.613)	7:06.141 (1:27.108)	8:33.890 (1:27.749)	
10:02.291 (1:28.402)	11:23.522 (1:21.232)		
4 Katryna Aulenbach	12	Tabb	11:33.67
1:24.146 (1:24.146)	2:51.663 (1:27.518)	4:15.882 (1:24.219)	
5:41.255 (1:25.373)	7:08.885 (1:27.630)	8:37.705 (1:28.820)	
10:06.466 (1:28.762)	11:33.663 (1:27.198)		
5 Brenna Luczak	11	Maggie Walke	11:52.12
1:23.857 (1:23.857)	2:51.753 (1:27.897)	4:16.786 (1:25.033)	
5:45.090 (1:28.304)	7:17.257 (1:32.168)	8:49.590 (1:32.333)	
10:22.725 (1:33.135)	11:52.115 (1:29.390)		

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Results

Finals ... (Girls 3200 Meter Run State 3A)			
Name	Yr	School	Finals
6 Rachel Craun	12	Turner Ashby	11:56.65
1:24.335 (1:24.335)	2:52.107 (1:27.773)	4:18.180 (1:26.073)	
5:47.066 (1:28.887)	7:17.940 (1:30.874)	8:50.675 (1:32.735)	
10:25.093 (1:34.419)	11:56.648 (1:31.555)		
7 Molly Moore	9	Meridian	11:59.56
1:24.430 (1:24.430)	2:52.325 (1:27.895)	4:18.571 (1:26.247)	
5:47.496 (1:28.925)	7:19.602 (1:32.107)	8:54.542 (1:34.940)	
10:30.901 (1:36.359)	11:59.552 (1:28.652)		
8 Allyson Phillips	11	Maggie Walke	12:03.36
1:25.443 (1:25.443)	2:54.440 (1:28.997)	4:24.115 (1:29.675)	
5:56.080 (1:31.965)	7:29.690 (1:33.610)	9:03.626 (1:33.937)	
10:36.152 (1:32.527)	12:03.356 (1:27.204)		
9 Taylor Myers	10	Spotswood	12:12.25
1:24.091 (1:24.091)	2:52.072 (1:27.982)	4:18.300 (1:26.228)	
5:48.307 (1:30.008)	7:22.003 (1:33.697)	8:57.262 (1:35.259)	
10:34.492 (1:37.230)	12:12.242 (1:37.750)		
10 Jill Hunt	9	Lafayette	12:17.38
1:27.060 (1:27.060)	3:03.375 (1:36.315)	4:38.711 (1:35.337)	
6:12.968 (1:34.258)	7:45.512 (1:32.544)	9:21.582 (1:36.070)	
10:53.711 (1:32.129)	12:17.375 (1:23.664)		
11 Hope McCullough	11	Monticello	12:22.40
1:28.565 (1:28.565)	3:04.216 (1:35.652)	4:39.327 (1:35.112)	
6:13.873 (1:34.547)	7:47.510 (1:33.637)	9:22.878 (1:35.369)	
10:56.750 (1:33.872)	12:22.392 (1:25.643)		
12 Sadie Wagner	11	Hidden Valle	12:23.73
1:27.681 (1:27.681)	3:03.675 (1:35.994)	4:38.946 (1:35.272)	
6:13.403 (1:34.458)	7:47.190 (1:33.787)	9:21.885 (1:34.695)	
10:54.166 (1:32.282)	12:23.725 (1:29.559)		
13 Quinn Franklin	10	Wilson Memor	12:32.16
1:29.108 (1:29.108)	3:03.982 (1:34.874)	4:39.342 (1:35.360)	
6:14.351 (1:35.009)	7:47.915 (1:33.564)	9:24.356 (1:36.442)	
11:00.491 (1:36.135)	12:32.153 (1:31.663)		
14 Hannah Parker	11	Christiansbu	12:39.29
1:28.241 (1:28.241)	3:04.197 (1:35.957)	4:38.996 (1:34.799)	
6:13.048 (1:34.053)	7:47.535 (1:34.487)	9:26.245 (1:38.710)	
11:05.506 (1:39.262)	12:39.288 (1:33.783)		
15 Aleah Dorn	9	Abingdon Hig	12:50.84
1:27.393 (1:27.393)	3:03.706 (1:36.313)	4:38.831 (1:35.125)	
6:13.458 (1:34.628)	7:46.990 (1:33.532)	9:25.478 (1:38.489)	
11:10.826 (1:45.348)	12:50.838 (1:40.013)		
16 Lauren Boudreaux	10	Tabb	12:57.06
1:30.406 (1:30.406)	3:05.861 (1:35.455)	4:42.512 (1:36.652)	
6:23.290 (1:40.778)	8:08.160 (1:44.870)	9:51.998 (1:43.839)	
11:31.127 (1:39.129)	12:57.052 (1:25.925)		
17 Magdalena Lantz-Trissel	9	Turner Ashby	13:00.18
1:29.092 (1:29.092)	3:04.711 (1:35.619)	4:39.880 (1:35.169)	
6:16.375 (1:36.495)	7:58.190 (1:41.815)	9:42.885 (1:44.695)	
11:27.447 (1:44.563)	13:00.172 (1:32.725)		
18 Evelyn Rice	9	York	13:00.22
1:29.963 (1:29.963)	3:05.332 (1:35.369)	4:40.515 (1:35.183)	
6:18.481 (1:37.967)	8:00.616 (1:42.135)	9:43.571 (1:42.955)	
11:26.516 (1:42.945)	13:00.220 (1:33.704)		

19 Marika Dickel	9	Spotswood	13:01.66
1:27.726 (1:27.726)	3:05.676 (1:37.950)	4:46.362 (1:40.687)	
6:26.221 (1:39.859)	8:04.346 (1:38.125)	9:45.111 (1:40.765)	
11:25.768 (1:40.658)	13:01.658 (1:35.890)		
20 Ashland Dickel	9	Spotswood	13:01.69
1:27.405 (1:27.405)	3:05.500 (1:38.095)	4:46.410 (1:40.910)	
6:26.658 (1:40.249)	8:04.680 (1:38.022)	9:45.162 (1:40.483)	
11:25.701 (1:40.539)	13:01.687 (1:35.987)		
21 Caroline Jaffe	12	Charlottesvi	13:35.77
1:35.075 (1:35.075)	3:15.246 (1:40.172)	4:55.510 (1:40.264)	
6:38.295 (1:42.785)	8:22.088 (1:43.794)	10:07.140 (1:45.052)	
11:53.108 (1:45.969)	13:35.770 (1:42.662)		

Girls 100 Meter Hurdles State 3A

Meet Records: 14.15 # 6/18/2021 Kennedy Flynn

Meet Records: 14.37 # 6/4/2016 Naomi Whitaker

Name	Yr	School	Prelims
Preliminaries			
1 Shea Hart	12	Fluvanna Cou	15.57Q-1.2
2 Jadelyn Taylor	10	Goochland Hi	15.64Q-1.8
3 Jaelyn Lynch	11	Charlottesvi	15.67q -1.8
4 Evelyn Brantley	11	Charlottesvi	16.14q -1.2
5 Akera Molette	10	Heritage (Ly	16.29q -1.2
6 Tania Starkie	12	Magna Vista	16.43q -1.8
7 Mya Spencer	12	Lafayette	17.22q -1.8
8 Maddy Shipp	10	Lafayette	17.23q -1.2
9 Maddie Malue	12	Lord Botetou	17.30 -1.8
10 Kori Massey	12	New Kent	17.36 -1.2
11 Faith Schultz	11	Warren Count	17.81 -1.2
12 Taylor Daniels	12	Culpeper Cou	17.88 -1.8
13 Jillian Harris	9	Lord Botetou	17.91 -1.8
14 Lauren McCluskey	11	Maggie Walke	19.18 -1.2

Girls 100 Meter Hurdles State 3A

Meet Records: 14.15 # 6/18/2021 Kennedy Flynn

Meet Records: 14.37 # 6/4/2016 Naomi Whitaker

Name	Yr	School	Finals
Finals			
1 Jadelyn Taylor	10	Goochland Hi	15.58 0.6
2 Jaelyn Lynch	11	Charlottesvi	15.64 0.6
3 Shea Hart	12	Fluvanna Cou	15.73 0.6
4 Evelyn Brantley	11	Charlottesvi	16.05 0.6
5 Akera Molette	10	Heritage (Ly	16.40 0.6
6 Tania Starkie	12	Magna Vista	16.53 0.6
7 Mya Spencer	12	Lafayette	16.81 0.6
8 Maddy Shipp	10	Lafayette	16.90 0.6

Girls 300 Meter Hurdles State 3A

Meet Records: 42.94 # 6/4/2016 Naomi Whitaker

Name	Yr	School	Finals
Finals			
1 Evelyn Brantley	11	Charlottesvi	45.88
2 Shea Hart	12	Fluvanna Cou	46.61
3 Kimari Rountree	12	Lakeland	47.31
4 Savannah Hunter	9	Phoebus	48.31

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Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

Finals ... (Girls 300 Meter Hurdles State 3A)

Name	Yr	School	Finals
5	V	Nya Strachon	10 Phoebus 48.76
6	A	keram Molette	10 Heritage (Ly 48.95
7	A	ysia Batten	11 Phoebus 49.48
8	R	ose O'Shea	10 Charlottesvi 49.58
9	M	adelyn Moles	11 Christiansbu 50.19
10	A	anna Widmer	9 Maggie Walke 50.73
11	C	ameron Unice	11 Maggie Walke 51.17
12	E	mama Kageals	10 William Byrd 51.78
13	T	aylor Daniels	12 Culpeper Cou 51.80
14	J	adelyn Taylor	10 Goochland Hi 52.21
15	A	anna Miller	11 Staunton Riv 54.39

Girls 4x100 Meter Relay State 3A

Meet Records: 48.10 # 6/4/2016 James Monroe
A Clark, I Jones, S Brown, C Morris

Meet Records: 48.10 # 6/4/2016 James Monroe
A Clark, I Jones, S Brown, C Morris

Team	Relay	Finals
1	Rustburg	A 49.42
	1) NaKayla Foster 11	2) Emily Coates 12
	3) Alyssa Pillow 10	4) Iyana Sherard 11
2	Lakeland	A 50.05
	1) Kamryn Monroe 9	2) Kimari Rountree 12
	3) Jamauri Demiel 12	4) Brianna Goodman 9
3	Charlottesville	A 50.89
	1) Rose O'Shea 10	2) Jaelyn Lynch 11
	3) Wren Ackerman 9	4) Sahana Gupta 10
4	Lafayette	A 50.90
	1) Kristin Harris 9	2) Maddy Shipp 10
	3) Kylie Wallace 11	4) Victoria Gallant 12
5	William Byrd	A 51.09
	1) Remi Figart 12	2) Sarah Fuchs 12
	3) Emma Dalton 12	4) Sela Beatty 12
6	Heritage (Lynchburg)	A 51.09
	1) Akera Molette 10	2) Tamyia Clark 10
	3) Ayonna Hayden 9	4) Taylor Porter 10
7	Cave Spring	A 51.16
	1) Dara Ndem 12	2) Aubrey Hertzberg 11
	3) Bella Cavicchio 10	4) Saniya Tolliver 11
8	Phoebus	A 51.65
	1) Janiya Ellis 11	2) Corryn Connor 12
	3) V'Nya Strachon 10	4) Delaney Reddick 12
9	Maggie Walker	A 51.88
	1) Kate Bowman 9	2) Cameron Unice 11
	3) Erin Cotman 9	4) Anna Widmer 9
10	Goochland High School	A 51.91
	1) Katie Futrell 9	2) Jadelyn Taylor 10
	3) Leilani Burgess 10	4) Amore Jackson 11
11	Caroline High School	A 52.30
	1) Olivia Power 10	2) Tinyia Terrell 10
	3) Nina Torres 9	4) Jaidyn Ferguson 11

12	Abingdon High School	A 52.32
	1) Mya Hopson 11	2) Lenzie Blackmon 11
	3) Emily Whitman 12	4) Riley Cvetkovski 11
13	Bassett	A 53.01
	1) Vintoria Manns 9	2) Lana Roberts-Jordan 9
	3) Kamiya Hairston 10	4) Brianna Taylor 9
14	Liberty Chri	A 53.45
	1) Kona Moore 9	2) Laney Richmond 9
	3) Mia Detwiler 11	4) Haley Krycinski 9
15	Meridian	A 54.81
	1) Chloe Calabrese 11	2) Peyton Jones 11
	3) Olivia Games 12	4) Penington Jones 9

Girls 4x400 Meter Relay State 3A

Meet Records: 3:57.14 # 6/3/2017 I.C. Norcom High School
N Brown, A Copeland, C Hodges, F Mcmillan

Team	Relay	Finals
1	Lakeland	A 4:06.49
	1) Kamryn Monroe 9	2) Kimari Rountree 12
	3) Jamauri Demiel 12	4) Brianna Goodman 9
	2:02.848 (2:02.848)	3:06.612 (1:03.764) 4:06.482 (59.870)
2	Liberty Chri	A 4:09.71
	1) Crissa Davis 11	2) Laney Richmond 9
	3) Brooklyn Jenkins 9	4) Mia Detwiler 11
	2:07.063 (2:07.063)	3:08.517 (1:01.454) 4:09.708 (1:01.191)
3	Abingdon High School	A 4:10.50
	1) Chloe Odum 11	2) Taylor Odum 9
	3) Jettie Sullivan 11	4) Josie Jackson 9
	2:06.119 (2:06.119)	3:10.803 (1:04.684) 4:10.499 (59.696)
4	Cave Spring	A 4:10.71
	1) Bella Cavicchio 10	2) Lauren Mather 10
	3) Aubrey Hertzberg 11	4) Jessica Palisca 12
	2:07.869 (2:07.869)	3:11.075 (1:03.206) 4:10.706 (59.631)
5	Christiansburg	A 4:11.13
	1) Madelyn Moles 11	2) Lilly Shepherd 12
	3) Leila Haley 9	4) Summer Hamlin 10
	2:07.038 (2:07.038)	3:10.745 (1:03.707) 4:11.127 (1:00.382)
6	Culpeper County	A 4:12.75
	1) Valentina Lemus 12	2) Bella Groves 11
	3) Carley Layden 10	4) Kimberly Navarrete Guerrero 12
	2:09.105 (2:09.105)	3:12.620 (1:03.515) 4:12.744 (1:00.124)
7	Meridian	A 4:13.61
	1) Lauren Mellon 12	2) Peyton Jones 11
	3) Alexis Niemi 11	4) Grace Crum 11
	2:08.349 (2:08.349)	3:11.144 (1:02.795) 4:13.608 (1:02.464)
8	Charlottesville	A 4:14.21
	1) Kenzie MacDonald 11	2) Amalia Ventre 12
	3) Wren Ackerman 9	4) Evelyn Brantley 11
	2:09.279 (2:09.279)	3:13.912 (1:04.633) 4:14.208 (1:00.296)
9	Phoebus	A 4:14.41
	1) Janiya Ellis 11	2) Savannah Hunter 9
	3) V'Nya Strachon 10	4) Danniell Johnson 10
	2:09.715 (2:09.715)	3:15.536 (1:05.821) 4:14.408 (58.872)

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Finals ... (Girls 4x400 Meter Relay State 3A)

Team	Relay	Finals
10 Maggie Walker	A	4:14.63
1) Anna Widmer 9	2) Mercedes Luna 9	
3) Jessica Hendricks 11	4) Charlotte Ream 11	
2:08.276 (2:08.276)	3:13.235 (1:04.959)	4:14.627 (1:01.392)
11 Fort Defiance	A	4:17.76
1) Kaity Ruiz 11	2) Allison Sheets 12	
3) Dagon Wheeler 12	4) Abby Lane 10	
2:08.398 (2:08.398)	3:12.285 (1:03.887)	4:17.759 (1:05.474)
12 Skyline	A	4:18.96
1) Ava Bordner 11	2) Olivia DeFrates 9	
3) Anisha Carter 10	4) Scarlett Flores 10	
2:11.308 (2:11.308)	3:15.686 (1:04.378)	4:18.952 (1:03.266)
13 Rustburg	A	4:21.24
1) Alexis Burks 9	2) Kate Hardie 12	
3) Pate Jordan 10	4) Iyana Sherard 11	
2:12.376 (2:12.376)	3:13.891 (1:01.515)	4:21.238 (1:07.347)
14 York	A	4:26.04
1) Ciarra Moore 11	2) Kadynce Washington 10	
3) Adele Priolet 10	4) Danielle Hollington 9	
2:10.185 (2:10.185)	3:24.826 (1:14.641)	4:26.038 (1:01.212)
15 William Byrd	A	4:34.85
1) Olivia Hurd 11	2) Alexandra Bonilla 10	
3) Emma Matthews 9	4) Emma Kageals 10	
2:16.630 (2:16.630)	3:24.102 (1:07.472)	4:34.847 (1:10.745)
16 Bassett	A	4:41.82
1) Vintoria Manns 9	2) Brittany Cruz 9	
3) Aliviah Fulcher 10	4) Sienna Bailey 10	
2:22.669 (2:22.669)	3:31.935 (1:09.266)	4:41.820 (1:09.885)
--- New Kent	A	DQ
1) Gabrielle Butler 9	2) Lauren Walker 10	
3) Jakeira Thomas 12	4) Tabitha Gill 12	
2:10.031 (2:10.031)	3:14.443 (1:04.412)	4:19.745 (1:05.302)

Girls 4x800 Meter Relay State 3A

Meet Records: 9:16.34 # 6/6/2015 Blacksburg High School

E. Beaty, M. Richardson, B.Angermeier, J. Fleming

Team	Relay	Finals
1 Tabb	A	9:44.84
1) Kate Fiest 11	2) Katryna Aulenbach 12	
3) Corinne Lombardo 10	4) Lauren Pegher 10	
2:30.195 (2:30.195)	5:04.898 (2:34.704)	7:27.431 (2:22.533)
9:44.832 (2:17.402)		
2 Meridian	A	9:45.07
1) Grace Crum 11	2) Lauren Mellon 12	
3) Molly Moore 9	4) Alexis Niemi 11	
2:26.871 (2:26.871)	5:02.391 (2:35.520)	7:27.343 (2:24.953)
9:45.063 (2:17.720)		
3 Maggie Walker	A	9:45.51
1) Avery Crumlish 12	2) Brenna Luczak 11	
3) Alexis Bartee 12	4) Catherine Garrison 12	
2:30.821 (2:30.821)	4:57.337 (2:26.517)	7:28.308 (2:30.972)
9:45.506 (2:17.198)		

4 Fort Defiance	A	9:57.13
1) Dagon Wheeler 12	2) Allison Sheets 12	
3) Abby Lane 10	4) Kaity Ruiz 11	
2:24.478 (2:24.478)	4:57.130 (2:32.652)	7:30.681 (2:33.552)
9:57.128 (2:26.448)		
5 Warren County	A	10:10.35
1) Kaley Tanner 10	2) Ella Martin 9	
3) Sophia Kozhenevsky 10	4) Leah Webster 12	
2:24.997 (2:24.997)	5:05.093 (2:40.097)	7:39.207 (2:34.114)
10:10.346 (2:31.139)		
6 New Kent	A	10:25.03
1) Madison Johnson 9	2) Courtney Carter 10	
3) Gabrielle Butler 9	4) Tabitha Gill 12	
2:34.581 (2:34.581)	5:12.143 (2:37.563)	7:45.136 (2:32.993)
10:25.026 (2:39.890)		
7 Rockbridge County	A	10:27.72
1) Grace Rolon 11	2) Nicole Black 10	
3) Megan Timmes 11	4) Deena Ludtke 10	
2:36.130 (2:36.130)	5:13.448 (2:37.319)	7:55.865 (2:42.417)
10:27.720 (2:31.855)		
8 Turner Ashby	A	10:32.82
1) Josephine Brumfield 12	2) Magdalena Lantz-Trissel 9	
3) Audrey Anderson 12	4) Rachel Craun 12	
2:33.614 (2:33.614)	5:13.101 (2:39.487)	8:00.563 (2:47.463)
10:32.817 (2:32.254)		
9 Liberty (Bedford)	A	10:33.90
1) Brianna Adams 10	2) Hailey Clark 9	
3) Mary Malcolm 10	4) Natalee Powers 10	
2:36.910 (2:36.910)	5:20.758 (2:43.849)	7:55.803 (2:35.045)
10:33.891 (2:38.088)		
10 Lafayette	A	10:38.33
1) Jill Hunt 9	2) Ainsley Lord 12	
3) Valentina Martiniello 10	4) Delaney Cox 11	
2:38.598 (2:38.598)	5:25.308 (2:46.710)	8:05.333 (2:40.025)
10:38.327 (2:32.994)		
11 Spotswood	A	10:41.52
1) Taylor Myers 10	2) Ashland Dickel 9	
3) Kate Ruebke 10	4) Marika Dickel 9	
2:27.155 (2:27.155)	5:11.116 (2:43.962)	7:49.303 (2:38.188)
10:41.515 (2:52.212)		
12 Culpeper County	A	10:47.36
1) Eliza Bowler 9	2) Isabella Hardaway 11	
3) Sarah Lane 10	4) Bella Groves 11	
2:52.882 (2:52.882)	5:23.979 (2:31.098)	8:05.088 (2:41.109)
10:47.359 (2:42.272)		
13 Skyline	A	10:58.69
1) Olivia DeFrates 9	2) Megan Arp 11	
3) Kaitlyn Antonelli 10	4) Sophie Jensen 12	
2:44.633 (2:44.633)	5:27.913 (2:43.280)	8:14.727 (2:46.814)
10:58.687 (2:43.960)		
14 Northside High School	A	11:02.34
1) Kenzie Slayton 12	2) Courtney Ngo 10	
3) Hannah Wheeler 12	4) Carolyn Connelly 12	
2:45.902 (2:45.902)	5:33.828 (2:47.927)	8:23.286 (2:49.458)
11:02.333 (2:39.048)		

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Finals ... (Girls 4x800 Meter Relay State 3A)

Team	Relay	Finals
15 York	A	11:08.05
1) Adele Priolet 10	2) Julia Bruner 9	
3) Evelyn Rice 9	4) Grace Katzer 10	
2:53.373 (2:53.373)	5:52.799 (2:59.427)	8:40.241 (2:47.442)
11:08.043 (2:27.803)		
16 Bassett	A	11:37.34
1) Claire Howe 10	2) Brittany Cruz 9	
3) Alheli Ramos-Garcia 12	4) Sienna Bailey 10	
2:54.246 (2:54.246)	5:56.803 (3:02.558)	8:52.908 (2:56.105)
11:37.334 (2:44.427)		
17 Cave Spring	A	11:53.68
1) Lauren Niday 10	2) Rose Boch 11	
3) Emma Falatic 11	4) Peyton Sloane 9	
2:44.752 (2:44.752)	5:43.402 (2:58.650)	8:45.474 (3:02.073)
11:53.678 (3:08.204)		

Girls High Jump State 3A

Meet Records: 5-06 # 6/3/2016 Naomi Whitaker
 Meet Records: 5-06 # 6/3/2016 Naomi Whitaker

Name	Yr	School	Finals
Finals			
1 Raevin Washington	10	Turner Ashby	5-02.00
2 Jeni Levine	12	Staunton Riv	J5-01.00
3 Cali Levine	12	Staunton Riv	J5-01.00
3 Camille Hou	12	Maggie Walke	J5-01.00
3 Ella Somers	11	Broadway	J5-01.00
6 Taylor Driver	10	Broadway	4-11.00
7 Akera Molette	10	Heritage (Ly	J4-11.00
8 Kate Hardie	12	Rustburg	4-09.00
8 Hannah Good	10	Broadway	4-09.00
10 Madelyn Moles	11	Christiansbu	J4-09.00
10 Maddy Shipp	10	Lafayette	J4-09.00
--- Lilly Shepherd	12	Christiansbu	NH
--- Iyana Sherard	11	Rustburg	NH
--- Blythe Akers	9	Christiansbu	NH
--- Maddie Watson	10	Brentsville	NH
--- Mya Spencer	12	Lafayette	NH
--- Sibbie Jetton	9	Staunton Hig	NH
--- Zara Lenkowitz	10	Maggie Walke	NH
--- Kate Fiest	11	Tabb	NH
--- Kori Massey	12	New Kent	NH
--- Faith Schultz	11	Warren Count	NH
--- Logan Conner	10	James Monroe	NH

Girls Pole Vault State 3A

Meet Records: 12-07 # 6/18/2021 Emory Pafford
 Meet Records: 12-00 # 6/2/2019 Rachel Lloyd

Name	Yr	School	Finals
Finals			
1 Madelyn Moles	11	Christiansbu	11-00.00
2 Kona Moore	9	Liberty Chri	J11-00.00
3 Kaitlyn Baker	12	Maggie Walke	10-06.00
4 Cameron Unice	11	Maggie Walke	J10-06.00

5 Susannah Allen	12	Liberty (Bed	9-06.00
5 Mercedes Luna	9	Maggie Walke	9-06.00
7 Emilee Will	12	Brentsville	J9-06.00
8 Giuliana Verry	11	York	9-00.00
8 Rachel Edwards	10	Brentsville	9-00.00
10 Laura Hernandez	11	Fluvanna Cou	8-06.00
11 Autumn Wallace	10	New Kent	8-00.00
--- Lucie Cox	9	Tabb	NH
--- Allyson Dickinson	11	Staunton Riv	NH
--- Rose Boch	11	Cave Spring	NH
--- Trinity Fields	9	York	NH
--- Gracie Mick	10	William Byrd	NH
--- McKayla Ruhland	9	Brookville H	NH
--- Olivia Farruggio	12	Fluvanna Cou	NH

Girls Long Jump State 3A

Meet Records: 19-02.25 # 6/3/2017 Amiora Aduma
 Meet Records: 18-06.25 # 6/4/2016 Amira Aduma

Name	Yr	School	Finals
Finals			
1 Alaysia Oakes	12	Heritage (Ly	19-00.00# NWI
2 Markeria King	11	Park View (S	17-07.50 NWI
3 Avrie Shifflett	12	Turner Ashby	17-06.00 NWI
4 Chloe Odum	11	Abingdon Hig	17-05.00 NWI
5 Madison Doss	9	Spotswood	17-02.00 NWI
6 Tania Starkie	12	Magna Vista	16-09.25 NWI
7 Aurora Schwaner	11	Staunton Hig	16-06.00 NWI
8 Corryn Connor	12	Phoebus	16-05.75 NWI
9 Victoria Gallant	12	Lafayette	16-04.00 NWI
10 Charlotte Gallows	11	Brookville H	15-08.00 NWI
11 Emily Delp	12	Carroll Coun	J15-08.00 NWI
12 Emily Coates	12	Rustburg	15-07.75 NWI
13 Carley Deaver	11	Tabb	15-06.75 NWI
14 Carley Layden	10	Culpeper Cou	J15-06.75 NWI
15 Kona Moore	9	Liberty Chri	15-06.50 NWI
16 Syi'Nesee Johnson	12	Lake Taylor	15-05.25 NWI
17 Kimari Rountree	12	Lakeland	15-05.00 NWI
18 Taylor Porter	10	Heritage (Ly	15-04.75 NWI
19 Lauren Blake	10	Maggie Walke	15-03.50 NWI
20 Jaidyn Ferguson	11	Caroline Hig	15-00.75 NWI
21 Kimberly Navarrete Guerrero	12	Culpeper Cou	14-08.75 NWI
22 Afton Fults	12	Maggie Walke	14-08.00 NWI
23 Adara Fox	10	Turner Ashby	14-07.00 NWI
24 Imani Ferguson	12	I.C. Norcom	14-06.50 NWI
25 Da'Nayal Cuthbertson	9	Manasas Park	14-02.50 NWI
26 Ciarra Moore	11	York	14-01.50 NWI

Girls Triple Jump State 3A

Meet Records: 39-08.50 # 6/3/2016 Maya Hanks
 Meet Records: 39-08.50 # 6/3/2016 Maya Hanks

Name	Yr	School	Finals
Finals			
1 Alaysia Oakes	12	Heritage (Ly	39-06.00 NWI
2 Ciarra Moore	11	York	37-05.00 NWI
3 Madison Doss	9	Spotswood	37-02.50 NWI

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Finals ... (Girls Triple Jump State 3A)

Name	Yr	School	Finals
4 Jaidyn Ferguson	11	Caroline Hig	36-03.50 NWI
5 Akera Molette	10	Heritage (Ly	36-01.25 NWI
6 Jaelyn Lynch	11	Charlottesvi	35-01.00 NWI
7 Taylor Porter	10	Heritage (Ly	34-10.00 NWI
8 Amara Okoronkwo	12	Christiansbu	34-04.00 NWI
9 Kimberly Navarrete Guerrero	12	Culpeper Cou	34-02.50 NWI
10 Remi Figart	12	William Byrd	34-01.00 NWI
11 Mercedes Luna	9	Maggie Walke	34-00.50 NWI
12 Adara Fox	10	Turner Ashby	34-00.25 NWI
13 Ara Buchman	10	New Kent	33-07.50 NWI
14 Carley Deaver	11	Tabb	33-07.00 NWI
15 Tania Starkie	12	Magna Vista	33-06.50 NWI
16 Kimari Rountree	12	Lakeland	33-02.50 NWI
17 Carley Layden	10	Culpeper Cou	33-00.00 NWI
18 K'Liyah Ruffin	10	Colonial Hei	31-07.50 NWI
19 Leila Haley	9	Christiansbu	31-04.75 NWI

Girls Shot Put State 3A

Meet Records: 47-02.50 # 6/4/2016 Alexis Clark

Meet Records: 47-02.50 # 6/4/2016 Alexis Clark

Name	Yr	School	Finals
1 Theresa Breckley	10	Culpeper Cou	41-00.00
2 Sydney Blewett	10	William Byrd	38-09.00
3 Lakhiya Clements	12	Park View (S	35-06.00
4 Amanti Mayes	10	I.C. Norcom	35-04.00
5 Mya Rosser	12	William Byrd	35-01.00
6 Jayla Ford	12	Culpeper Cou	34-10.50
7 Emma Coldsnow	12	Tabb	34-05.00
8 Kayla Haislop	11	Skyline	33-07.00
9 Amara Okoronkwo	12	Christiansbu	33-06.50
10 Jaelyn Arnold	11	Heritage (Ly	32-09.00
11 Aja Thornton	11	I.C. Norcom	32-07.00
12 Jaylen Rosser	12	William Byrd	32-01.50
13 Katie Miller	10	Turner Ashby	32-00.50
14 Jordyn Robbins	12	Liberty Chri	30-09.50

Girls Discus Throw State 3A

Meet Records: 137-06 # 6/3/2016 Alexis Clark

Meet Records: 137-06 # 6/3/2016 Alexis Clark

Name	Yr	School	Finals
1 Theresa Breckley	10	Culpeper Cou	107-04
2 Mya Rosser	12	William Byrd	106-02
3 Taylor Daniels	12	Culpeper Cou	103-09
4 Aja Thornton	11	I.C. Norcom	J103-09
5 Kayla Haislop	11	Skyline	103-01
6 Jaylen Rosser	12	William Byrd	102-03
7 Jayla Ford	12	Culpeper Cou	97-08
8 Sydney Nunley	12	Abingdon Hig	95-02
9 Jaelyn Arnold	11	Heritage (Ly	94-09
10 Dylan Crawford	11	Tabb	92-01
11 Emma Coldsnow	12	Tabb	90-06

12 Jordyn Robbins	12	Liberty Chri	90-05
13 Sarah Fuchs	12	William Byrd	88-08
14 Amanti Mayes	10	I.C. Norcom	88-07
15 Brianna Marando	10	Rockbridge C	79-05
16 Lily Gatesmen	11	Broadway	75-07

Boys 100 Meter Dash State 3A

Meet Records: 10.41 # 6/3/2017 Cole Beck

Meet Records: 10.76 # 6/4/2016 Cole Beck

Name	Yr	School	Prelims
1 Bryan Dudley	11	James Monroe	# 10.73Q1.8
2 Xander Brown	12	Abingdon Hig	10.81Q1.0
3 Kenneth Crawford	12	Heritage (Ly	10.87Q-0.2
4 Isaiah Reid	11	Caroline Hig	10.92Q-0.2
5 Jerome Jones	12	Booker T. Wa	11.16Q-0.8
6 Amari Carter	10	Waynesboro	10.92q 1.8
7 Jeb Moon	9	Liberty Chri	10.94q -0.2
8 Jaidyn Johnson	10	Heritage (Ly	11.02q -0.2
9 Zach Steele	11	Heritage (Ly	11.02 -0.2
10 Jaylen Pretlow	11	Lafayette	11.04 1.0
11 Joey Isaacs	12	Lord Botetou	11.08 -0.2
12 Deontae Lawson	12	Magna Vista	11.11 1.0
13 Tyrieon Campbell	11	Booker T. Wa	11.19 1.8
14 Tyreon Taylor	11	Phoebus	11.20 -0.8
15 KJ Bratton	12	Lord Botetou	11.22 -0.8
16 JaRon Gamble	11	I.C. Norcom	11.23 1.8
17 Izaiah Reed	9	Staunton Hig	11.25 1.8
18 TJ McGinnis	10	Northside Hi	11.27 1.0
19 Casey Schmincke	12	Liberty Chri	11.33 -0.2
20 Ricky Cowles	12	Lafayette	11.39 -0.2
21 Jordan Harris	11	Manasas Park	11.39 1.0
22 Jalin Quintanilla	12	Turner Ashby	11.43 -0.8
23 Steven McClenny	9	Southampton	11.45 -0.8
24 Jonah Bremner	12	Christiansbu	11.46 1.8
25 Trevor Lundgren	12	Maggie Walke	11.47 -0.2
26 Reginald Cross	12	Lakeland	11.48 -0.8
27 Conner Mackey	12	Spotswood	11.51 1.0
28 Dylan Hughes	11	William Byrd	11.54 -0.2
29 Donell Turner	9	Warren Count	11.55 -0.2
30 Michael Blamo	11	Culpeper Cou	11.56 -0.8
31 Jordan Steele	12	Liberty (Bed	11.69 1.0
32 Malachi Terrell	11	Culpeper Cou	11.71 -0.2
33 Jaylin Belford	12	Liberty Chri	11.96 -0.2
34 Jaylyn Marshall	12	Brookville H	12.42 -0.8

Boys 100 Meter Dash State 3A

Meet Records: 10.41 # 6/3/2017 Cole Beck

Meet Records: 10.76 # 6/4/2016 Cole Beck

Name	Yr	School	Finals
1 Bryan Dudley	11	James Monroe	10.76# -0.2
2 Xander Brown	12	Abingdon Hig	10.76# -0.2
3 Kenneth Crawford	12	Heritage (Ly	10.89 -0.2
4 Isaiah Reid	11	Caroline Hig	10.95 -0.2

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Finals ... (Boys 100 Meter Dash State 3A)

Name	Yr	School	Finals
5 Jeb Moon	9	Liberty Chri	10.98 -0.2
6 Amari Carter	10	Waynesboro	11.02 -0.2
7 Jaidyn Johnson	10	Heritage (Ly	11.14 -0.2

Boys 200 Meter Dash State 3A

Meet Records: 21.77 # 6/7/2014 Jamik Alexander

Name	Yr	School	Prelims
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Preliminaries

1 Jeb Moon	9	Liberty Chri	21.99Q-1.6
2 Bryan Dudley	11	James Monroe	22.10Q-1.6
3 Xander Brown	12	Abingdon Hig	22.35Q-1.9
4 Kenneth Crawford	12	Heritage (Ly	22.20Q-1.6
5 Jaidyn Johnson	10	Heritage (Ly	22.53Q-1.6
6 Amari Carter	10	Waynesboro	22.63Q-1.9
7 Isaiah Reid	11	Caroline Hig	22.56q -1.6
8 Jayden Smith	11	Northside Hi	22.61q -1.6
9 Jerome Jones	12	Booker T. Wa	22.71 -1.9
10 Jaylen Pretlow	11	Lafayette	22.79 -1.6
11 Ricky Cowles	12	Lafayette	22.87 -1.9
12 Zach Steele	11	Heritage (Ly	22.87 -1.9
13 Jordan Harris	11	Manasas Park	22.91 -1.6
14 Joey Isaacs	12	Lord Botetou	22.93 -1.6
15 Deontae Lawson	12	Magna Vista	23.04 -1.6
16 Jowell Gonzalez Santiago	11	Broadway	23.12 -1.6
17 Tyreon Taylor	11	Phoebus	23.19 -1.9
18 Trevor Lundgren	12	Maggie Walke	23.35 -1.9
19 Tyreion Campbell	11	Booker T. Wa	23.82 -1.6
20 Reginald Cross	12	Lakeland	23.89 -1.6

Boys 200 Meter Dash State 3A

Meet Records: 21.77 # 6/7/2014 Jamik Alexander

Name	Yr	School	Finals
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Finals

1 Bryan Dudley	11	James Monroe	22.08 -2.3
2 Xander Brown	12	Abingdon Hig	22.34 -2.3
3 Kenneth Crawford	12	Heritage (Ly	22.44 -2.3
4 Jayden Smith	11	Northside Hi	22.54 -2.3
5 Isaiah Reid	11	Caroline Hig	22.77 -2.3
6 Jaidyn Johnson	10	Heritage (Ly	22.84 -2.3
7 Jeb Moon	9	Liberty Chri	23.40 -2.3
8 Amari Carter	10	Waynesboro	23.59 -2.3

Boys 400 Meter Dash State 3A

Meet Records: 49.35 # 6/2/2019 William Trent

Meet Records: 49.66 # 6/4/2016 Ja'len Baker

Name	Yr	School	Finals
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Finals

1 Billy Jones III	12	Phoebus	49.30#
2 Kenneth Crawford	12	Heritage (Ly	49.50#
3 Jowell Gonzalez Santiago	11	Broadway	50.24
4 Adrian Chenoweth	9	Maggie Walke	50.40
5 Jayden Smith	11	Northside Hi	50.47
6 Brandon Heffinger	12	New Kent	50.81

7 Brent Wesolowski	12	Brookville H	50.83
8 Aidan Girard	12	Fluvanna Cou	50.85
9 Kemon Driver	12	Phoebus	51.32
10 Bronson Breen	12	Skyline	51.35
11 Joseph Kerr	11	Broadway	51.79
12 Christian Seeney	12	Brookville H	51.93
13 Kameron Wolken	10	James Monroe	52.19
14 Alfred Finney	10	Staunton Riv	53.16
15 Wyattte Bailey	10	William Byrd	53.61
--- Kevin Mills	12	Skyline	DQ
--- Chris Smith	12	Lafayette	DQ

Boys 800 Meter Run State 3A

Meet Records: 1:51.05 # 6/7/2014 Derek Holdsworth

Name	Yr	School	Finals
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Finals

1 Chris Smith	12	Lafayette	1:58.10
1:01.216 (1:01.216)	1:58.092 (56.876)		
2 Aidan Girard	12	Fluvanna Cou	1:59.15
59.916 (59.916)	1:59.148 (59.232)		
3 Ben Blanchard	12	Maggie Walke	1:59.85
59.460 (59.460)	1:59.847 (1:00.387)		
4 Anton Jones-Wilson	11	Caroline Hig	2:00.88
1:01.864 (1:01.864)	2:00.880 (59.016)		
5 Edison Tennant	12	Charlottesvi	2:01.14
58.494 (58.494)	2:01.132 (1:02.638)		
6 Todd Pillion II	11	Abingdon Hig	2:01.28
59.885 (59.885)	2:01.274 (1:01.389)		
7 Eli Cook	12	Charlottesvi	2:01.78
1:01.201 (1:01.201)	2:01.774 (1:00.573)		
8 Chasen Hunt	12	Brookville H	2:02.18
1:01.513 (1:01.513)	2:02.178 (1:00.665)		
9 Nick Smerlis	11	Tabb	2:02.67
1:00.443 (1:00.443)	2:02.664 (1:02.221)		
10 Rye Jackson	10	Lord Botetou	2:03.24
59.313 (59.313)	2:03.231 (1:03.918)		
11 Roman Chenoweth	12	Maggie Walke	2:03.29
1:00.756 (1:00.756)	2:03.281 (1:02.525)		
12 Alex Seabury	12	Maggie Walke	2:04.34
1:01.134 (1:01.134)	2:04.340 (1:03.206)		
13 Dylan Phillips	12	Abingdon Hig	2:04.45
1:01.714 (1:01.714)	2:04.441 (1:02.727)		
14 Lance Koontz	10	Tabb	2:05.22
1:01.537 (1:01.537)	2:05.217 (1:03.680)		
15 Jacob Buchanan	11	Hidden Valle	2:05.79
1:00.259 (1:00.259)	2:05.781 (1:05.522)		
16 Davin Tietz	10	Tabb	2:06.64
1:00.759 (1:00.759)	2:06.633 (1:05.874)		
17 Adam Groves	11	Waynesboro	2:07.24
1:01.287 (1:01.287)	2:07.237 (1:05.950)		
18 Gavin Siegel	10	Tabb	2:08.55
1:01.014 (1:01.014)	2:08.550 (1:07.536)		

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

Boys 1600 Meter Run State 3A
Meet Records: 4:10.04 # 6/7/2014 Andrew Hunter

Name	Yr	School	Finals
Finals			
1 Dylan Phillips	12	Abingdon Hig	4:20.72
1:05.312 (1:05.312)	2:12.603 (1:07.292)	3:21.092 (1:08.489)	
4:20.715 (59.624)			
2 Chasen Hunt	12	Brookville H	4:20.81
1:05.885 (1:05.885)	2:12.903 (1:07.018)	3:21.159 (1:08.257)	
4:20.805 (59.647)			
3 Bazil Mathes	10	Monticello	4:25.08
1:04.788 (1:04.788)	2:12.359 (1:07.572)	3:21.865 (1:09.507)	
4:25.075 (1:03.210)			
4 Jack Bundy	11	Abingdon Hig	4:25.85
1:05.563 (1:05.563)	2:13.152 (1:07.589)	3:22.099 (1:08.948)	
4:25.848 (1:03.749)			
5 Eli Cook	12	Charlottesvi	4:28.20
1:06.059 (1:06.059)	2:13.275 (1:07.217)	3:22.484 (1:09.209)	
4:28.198 (1:05.714)			
6 Isaac Thiessen	12	Abingdon Hig	4:29.28
1:06.197 (1:06.197)	2:14.403 (1:08.207)	3:23.797 (1:09.394)	
4:29.279 (1:05.483)			
7 Evan Roney	11	Rockbridge C	4:29.60
1:05.104 (1:05.104)	2:13.658 (1:08.554)	3:23.067 (1:09.409)	
4:29.599 (1:06.533)			
8 Nick Smerlis	11	Tabb	4:30.62
1:06.387 (1:06.387)	2:15.072 (1:08.685)	3:24.930 (1:09.859)	
4:30.615 (1:05.685)			
9 Adam Groves	11	Waynesboro	4:32.53
1:06.122 (1:06.122)	2:14.624 (1:08.503)	3:24.222 (1:09.598)	
4:32.522 (1:08.300)			
10 Dillon Craig	12	Christiansbu	4:41.65
1:08.432 (1:08.432)	2:19.919 (1:11.488)	3:31.779 (1:11.860)	
4:41.649 (1:09.870)			
11 Ryan Connelly	10	Northside Hi	4:44.33
1:08.845 (1:08.845)	2:20.762 (1:11.917)	3:34.975 (1:14.214)	
4:44.330 (1:09.355)			
12 Justin Zetterwall	11	Tabb	4:44.52
1:09.293 (1:09.293)	2:21.327 (1:12.034)	3:35.158 (1:13.832)	
4:44.513 (1:09.355)			
13 Ben Roberts	12	Maggie Walke	4:44.58
1:08.180 (1:08.180)	2:20.553 (1:12.373)	3:35.038 (1:14.485)	
4:44.578 (1:09.540)			
14 Isaac Lamprecht	10	New Kent	4:45.08
1:07.763 (1:07.763)	2:21.015 (1:13.253)	3:34.672 (1:13.657)	
4:45.072 (1:10.400)			
15 Evan Young	11	William Monr	4:45.29
1:07.187 (1:07.187)	2:18.742 (1:11.555)	3:32.472 (1:13.730)	
4:45.283 (1:12.812)			
16 Lawson Mecom	11	Christiansbu	4:47.52
1:10.098 (1:10.098)	2:22.034 (1:11.937)	3:35.922 (1:13.888)	
4:47.518 (1:11.597)			

17 Patrick Treutlein	12	Warren Count	4:52.05
1:06.958 (1:06.958)	2:20.163 (1:13.205)	3:36.387 (1:16.224)	
4:52.045 (1:15.659)			
18 Emil Morin	12	Meridian	4:53.93
1:09.279 (1:09.279)	2:21.614 (1:12.335)	3:36.542 (1:14.928)	
4:53.929 (1:17.388)			
19 Ryan Koval	12	Lafayette	5:01.15
1:10.514 (1:10.514)	2:27.305 (1:16.792)	3:48.930 (1:21.625)	
5:01.142 (1:12.212)			
Boys 3200 Meter Run State 3A			
Meet Records: 9:18.25 # 6/1/2018 Karl Thiessen			
Meet Records: 9:18.25 # 6/1/2018 Karl Thiessen			
Name	Yr	School	Finals
Finals			
1 Bazil Mathes	10	Monticello	9:19.54
1:10.739 (1:10.739)	2:23.778 (1:13.039)	3:36.410 (1:12.633)	
4:48.907 (1:12.497)	5:57.235 (1:08.329)	7:06.327 (1:09.092)	
8:16.698 (1:10.372)	9:19.540 (1:02.843)		
2 Isaac Thiessen	12	Abingdon Hig	9:24.94
1:10.272 (1:10.272)	2:23.373 (1:13.102)	3:36.078 (1:12.705)	
4:48.653 (1:12.575)	5:57.852 (1:09.199)	7:07.137 (1:09.285)	
8:17.762 (1:10.625)	9:24.939 (1:07.178)		
3 Jack Bundy	11	Abingdon Hig	9:25.32
1:10.465 (1:10.465)	2:23.535 (1:13.070)	3:36.233 (1:12.698)	
4:48.687 (1:12.454)	5:57.512 (1:08.825)	7:06.623 (1:09.112)	
8:16.892 (1:10.269)	9:25.312 (1:08.420)		
4 Isaac Lamprecht	10	New Kent	9:47.74
1:10.963 (1:10.963)	2:24.038 (1:13.075)	3:36.732 (1:12.694)	
4:49.282 (1:12.550)	6:01.144 (1:11.863)	7:17.582 (1:16.438)	
8:34.723 (1:17.142)	9:47.737 (1:13.014)		
5 Rives Boltwood	10	Abingdon Hig	9:50.59
1:11.585 (1:11.585)	2:24.824 (1:13.239)	3:37.787 (1:12.963)	
4:50.032 (1:12.245)	6:03.729 (1:13.698)	7:19.972 (1:16.243)	
8:37.035 (1:17.064)	9:50.585 (1:13.550)		
6 Lawson Mecom	11	Christiansbu	9:56.74
1:11.193 (1:11.193)	2:24.312 (1:13.119)	3:37.507 (1:13.195)	
4:53.929 (1:16.423)	6:11.005 (1:17.077)	7:29.388 (1:18.383)	
8:46.993 (1:17.605)	9:56.738 (1:09.745)		
7 Gregory Poisson	9	Abingdon Hig	9:56.96
1:11.884 (1:11.884)	2:25.145 (1:13.262)	3:38.442 (1:13.297)	
4:53.560 (1:15.119)	6:09.300 (1:15.740)	7:26.833 (1:17.533)	
8:44.490 (1:17.658)	9:56.955 (1:12.465)		
8 Bramley Childress	11	Abingdon Hig	9:59.90
1:11.949 (1:11.949)	2:25.449 (1:13.500)	3:38.849 (1:13.400)	
4:54.438 (1:15.589)	6:12.840 (1:18.403)	7:32.162 (1:19.322)	
8:49.239 (1:17.078)	9:59.894 (1:10.655)		
9 Russell Kramer	11	Spotswood	10:02.44
1:11.553 (1:11.553)	2:24.289 (1:12.737)	3:37.067 (1:12.778)	
4:49.610 (1:12.544)	6:03.698 (1:14.088)	7:19.950 (1:16.253)	
8:38.810 (1:18.860)	10:02.437 (1:23.627)		
10 Sam Weddle	11	Staunton Riv	10:09.38
1:09.542 (1:09.542)	2:24.328 (1:14.787)	3:40.676 (1:16.348)	
4:58.263 (1:17.588)	6:20.031 (1:21.768)	7:40.616 (1:20.585)	
8:58.238 (1:17.623)	10:09.373 (1:11.135)		

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clss 3 & 4

Liberty University

Results

Finals ... (Boys 3200 Meter Run State 3A)

Name	Yr	School	Finals
11 Nathaniel McKee	10	Charlottesvi	10:18.13
1:11.566 (1:11.566)	2:28.913 (1:17.348)	3:46.226 (1:17.313)	
5:07.496 (1:21.270)	6:27.485 (1:19.989)	7:50.955 (1:23.470)	
9:11.912 (1:20.958)	10:18.130 (1:06.218)		
12 Ben Roberts	12	Maggie Walke	10:20.34
1:11.345 (1:11.345)	2:24.610 (1:13.265)	3:37.883 (1:13.273)	
4:54.053 (1:16.170)	6:12.924 (1:18.872)	7:33.697 (1:20.773)	
8:56.519 (1:22.823)	10:20.340 (1:23.822)		
13 Joshua Way	11	Tabb	10:21.34
1:12.288 (1:12.288)	2:29.802 (1:17.514)	3:48.195 (1:18.393)	
5:07.977 (1:19.783)	6:27.565 (1:19.588)	7:48.987 (1:21.423)	
9:09.470 (1:20.483)	10:21.331 (1:11.862)		
14 Jordan Chorbaji	10	Charlottesvi	10:21.38
1:10.031 (1:10.031)	2:24.075 (1:14.044)	3:40.347 (1:16.273)	
4:58.092 (1:17.745)	6:20.431 (1:22.339)	7:41.742 (1:21.312)	
9:03.737 (1:21.995)	10:21.375 (1:17.638)		
15 John Contrucci	11	Lafayette	10:24.82
1:12.766 (1:12.766)	2:30.566 (1:17.800)	3:49.897 (1:19.332)	
5:11.037 (1:21.140)	6:32.770 (1:21.733)	7:54.895 (1:22.125)	
9:12.716 (1:17.822)	10:24.817 (1:12.102)		
16 Alasdair Greenland	12	Charlottesvi	10:30.53
1:13.177 (1:13.177)	2:31.695 (1:18.518)	3:49.398 (1:17.704)	
5:08.527 (1:19.129)	6:31.598 (1:23.072)	7:54.561 (1:22.963)	
9:15.585 (1:21.024)	10:30.527 (1:14.943)		
17 Kaden Emley	11	Tabb	10:30.68
1:13.486 (1:13.486)	2:30.848 (1:17.363)	3:50.208 (1:19.360)	
5:11.275 (1:21.067)	6:33.078 (1:21.804)	7:55.807 (1:22.729)	
9:18.066 (1:22.259)	10:30.676 (1:12.610)		
18 Kavi Rajappa	9	Maggie Walke	10:35.37
1:11.862 (1:11.862)	2:30.128 (1:18.267)	3:48.738 (1:18.610)	
5:08.811 (1:20.073)	6:28.958 (1:20.148)	7:53.183 (1:24.225)	
9:15.851 (1:22.668)	10:35.370 (1:19.519)		
19 Will Ashley	10	New Kent	10:44.71
1:13.967 (1:13.967)	2:30.916 (1:16.949)	3:50.861 (1:19.945)	
5:14.578 (1:23.718)	6:40.258 (1:25.680)	8:07.217 (1:26.959)	
9:32.805 (1:25.588)	10:44.708 (1:11.904)		
20 Eli Wildman	12	Meridian	10:46.85
1:14.148 (1:14.148)	2:32.002 (1:17.854)	3:51.166 (1:19.164)	
5:14.312 (1:23.147)	6:39.903 (1:25.592)	8:06.765 (1:26.862)	
9:30.277 (1:23.513)	10:46.848 (1:16.572)		
21 Clayton Rankin	11	Warren Count	10:51.81
1:12.396 (1:12.396)	2:30.468 (1:18.073)	3:50.311 (1:19.843)	
5:10.705 (1:20.394)	6:34.795 (1:24.090)	8:02.451 (1:27.657)	
9:30.752 (1:28.302)	10:51.803 (1:21.052)		

Boys 110 Meter Hurdles State 3A

Meet Records: 14.07 # 6/1/2018 Nickolas Childs

Meet Records: 14.07 # 6/1/2018 Nickolas Childs

Name	Yr	School	Prelims
Preliminaries			
1 Mason Cumbie	11	Hopewell	14.76Q-1.1
2 William Smith	12	Skyline	15.84Q-1.2
3 McKinley Pennix	12	Heritage (Ly)	15.93Q-1.2

4 Kai Moore	12	Liberty Chri	15.99q -1.2
5 Dylan Knick	12	Lord Botetou	16.34q -1.1
6 Brendon Easley	11	Bassett	16.37q -1.2
7 Anthony Stewart	10	Lakeland	16.47q -1.2
8 Walker Nance	12	William Byrd	16.70q -1.2
9 Qua'ran Patterson	10	Waynesboro	16.71 -1.1
10 Jeffrey McLaughlin	9	Fort Defianc	16.82 -1.1
11 Cameron Hundley	12	Lafayette	16.87 -1.2
12 Braeden Anthony	10	Culpeper Cou	17.46 -1.2
13 Justin Shannon	10	Hopewell	17.59 -1.2
14 Landon Miller	11	Staunton Riv	18.67 -1.1
15 Mateo Ratheau	10	Meridian	19.12 -1.2
16 Xavier Alexander	12	Brentsville	20.25 -1.2

Boys 110 Meter Hurdles State 3A

Meet Records: 14.07 # 6/1/2018 Nickolas Childs

Meet Records: 14.07 # 6/1/2018 Nickolas Childs

Name	Yr	School	Finals
Finals			
1 Mason Cumbie	11	Hopewell	15.41 -1.5
2 William Smith	12	Skyline	15.77 -1.5
3 Kai Moore	12	Liberty Chri	15.96 -1.5
4 Brendon Easley	11	Bassett	16.14 -1.5
5 McKinley Pennix	12	Heritage (Ly)	16.33 -1.5
6 Anthony Stewart	10	Lakeland	16.72 -1.5
7 Walker Nance	12	William Byrd	16.83 -1.5
8 Dylan Knick	12	Lord Botetou	17.80 -1.5

Boys 300 Meter Hurdles State 3A

Meet Records: 37.60 # 6/4/2016 Jaelen Williams

Name	Yr	School	Finals
Finals			
1 Kai Moore	12	Liberty Chri	40.92
2 Dylan Knick	12	Lord Botetou	41.72
3 Simon Sealey	12	Hidden Valle	41.85
4 Cameron Hundley	12	Lafayette	42.23
5 Damarion Artis	10	Lakeland	42.57
6 Damani Hairston	12	Tunstall	42.84
7 Anthony Stewart	10	Lakeland	43.04
8 William Smith	12	Skyline	43.05
9 Landon Hoy	11	Liberty Chri	43.73
10 Logan McClung	12	Staunton Riv	43.95
11 Walker Nance	12	William Byrd	43.96
12 McKinley Pennix	12	Heritage (Ly)	43.98
13 Kaipha Brown	11	Skyline	44.18
14 Julian Chaoul	11	Maggie Walke	44.68
15 Adam Harnes	12	Turner Ashby	45.57
16 Simon Skube	10	Warren Count	46.52

VHSL Class 3, Class 4 State Championships 2022 - 6/4/2022

Outdoor State Championships, Clsss 3 & 4

Liberty University

Results

Boys 4x100 Meter Relay State 3A

Meet Records: 42.65 # 6/4/2016 Blacksburg High School

N Ramsey, R Castleberry, T Terry, C Beck

Meet Records: 42.65 # 6/4/2016 Blacksburg High School

N Ramsey, R Castleberry, T Terry, C Beck

Team	Relay	Finals
Finals		
1 Phoebus	A	43.16
1) Tyreon Taylor 11	2) Jordan Bass 11	
3) Siyon Bunch 10	4) Billy Jones III 12	
2 Lafayette	A	43.17
1) Ricky Cowles 12	2) Cameron Hundley 12	
3) Kevin Uscilowski 12	4) Jaylen Pretlow 11	
3 Liberty Chri	A	43.30
1) Casey Schmincke 12	2) Jeb Moon 9	
3) Jaylin Belford 12	4) Gideon Davidson 9	
4 Lord Botetourt	A	43.70
1) Joey Isaacs 12	2) Zion Woody 10	
3) Dylan Knick 12	4) KJ Bratton 12	
5 Bassett	A	43.84
1) Sterling Jamison 12	2) Jamari Johnson 12	
3) Brendon Easley 11	4) Brayden Foley 12	
6 Turner Ashby	A	43.88
1) Sam Shickel 12	2) Micah Shank 10	
3) Justen Spence 10	4) Jalin Quintanilla 12	
7 Caroline High School	A	43.88
1) Demonte Ross-Byer 10	2) Isaiah Reid 11	
3) Gavin Davis 10	4) Delano Williams 12	
8 Heritage (Lynchburg)	A	43.95
1) Jaidyn Johnson 10	2) Zach Steele 11	
3) Kameron Burns 12	4) McKinley Pennix 12	
9 Maggie Walker	A	44.00
1) Daanish Khan 12	2) Trevor Lundgren 12	
3) Julian Chaoul 11	4) Adrian Chenoweth 9	
10 James Monroe	A	44.05
1) Peyton Darby 10	2) Marquise Thornley 9	
3) Portius Willis 12	4) Bryan Dudley 11	
11 Staunton High School	A	44.28
1) Braylen Fields 9	2) Maaliah Cabell 11	
3) Izaiah Reed 9	4) Ryan Bosserman 12	
12 Lakeland	A	44.46
1) Travell Almond 10	2) Reginald Cross 12	
3) Treaveon Newby 12	4) Damarion Artis 10	
13 Rustburg	A	44.68
1) Ben Baker 12	2) Jamier Flemming 10	
3) Kyle Kurtz 12	4) Elijah Sherard 10	
14 Cave Spring	A	44.84
1) Kameron Geraldts 10	2) Skylor Griffiths 12	
3) Ben Evans 11	4) Jackson Steffen 10	
15 Abingdon High School	A	45.30
1) JJ Long 11	2) Peyton McClanahan 12	
3) Owen Barr 9	4) Haynes Carter 12	

---	Goochland High School	A	DQ
1) Lucas Weaver 10	2) Omarion Quarles 12		
3) Wyatt Davis 11	4) Jack Alston 10		
---	Petersburg	A	DQ
1) Johnathan Bolden 12	2) Hadrian Brown 12		
3) Conner Frederick 12	4) Zhamarie White- Muhammed 11		

Boys 4x400 Meter Relay State 3A

Meet Records: 3:20.50 # 6/7/2014 Warhill High School

D Dedmon, T Lyons, A Parrott, C Short

Team	Relay	Finals
Finals		
1 Phoebus	A	3:25.50
1) Jordan Bass 11	2) Kemon Driver 12	
3) Siyon Bunch 10	4) Billy Jones III 12	
1:42.989 (1:42.989)	2:36.683 (53.694)	3:25.497 (48.814)
2 Skyline	A	3:27.04
1) Bronson Breen 12	2) Marcellis Diamond 10	
3) Kevin Mills 12	4) William Smith 12	
1:45.584 (1:45.584)	2:36.785 (51.201)	3:27.040 (50.255)
3 Brookville H	A	3:27.55
1) Christian Seeney 12	2) Jaylyn Marshall 12	
3) Chasen Hunt 12	4) Brent Wesolowski 12	
1:44.498 (1:44.498)	2:37.911 (53.413)	3:27.547 (49.636)
4 Broadway	A	3:28.91
1) Joseph Kerr 11	2) Ryley Tinnell 11	
3) Walker Knicely 11	4) Jowell Gonzalez Santiago 11	
1:45.592 (1:45.592)	2:38.278 (52.686)	3:28.907 (50.629)
5 Caroline High School	A	3:31.73
1) Anton Jones 11	2) Dominic Kittle 11	
3) Ta'Shaun Griffith 10	4) Tre'Shaun Williams 10	
1:46.925 (1:46.925)	2:40.551 (53.626)	3:31.722 (51.171)
6 Bassett	A	3:34.50
1) Branson Mattox 10	2) Brendon Easley 11	
3) Jamari Johnson 12	4) Sterling Jamison 12	
1:46.759 (1:46.759)	2:41.568 (54.809)	3:34.493 (52.925)
7 Culpeper County	A	3:34.67
1) Dequan Thompson 12	2) Steven Sutherland 10	
3) Michael Blamo 11	4) Coy Metzger 9	
1:46.282 (1:46.282)	2:40.541 (54.259)	3:34.666 (54.125)
8 Spotswood	A	3:35.55
1) Conner Mackey 12	2) Jack Parlee 10	
3) Jonathan Harding 10	4) Dylan Lam 12	
1:46.223 (1:46.223)	2:40.325 (54.102)	3:35.542 (55.217)
9 Staunton Riv	A	3:35.60
1) Malakhi Gregory 12	2) Spencer Kearns 12	
3) Alfred Finney 10	4) Kayden Ryder 12	
1:48.717 (1:48.717)	2:42.251 (53.534)	3:35.591 (53.340)
10 York	A	3:36.62
1) Akira Durham 12	2) Micah Leech 11	
3) Tyler Quick 11	4) Brian Burks 11	
1:48.768 (1:48.768)	2:42.319 (53.551)	3:36.612 (54.293)

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Finals ... (Boys 4x400 Meter Relay State 3A)

Team	Relay	Finals
11 New Kent	A	3:36.88
1) Brandon Heffinger 12	2) Markus Sydnor 12	
3) Phillip Woodley 11	4) Aaron Sweeney 12	
1:49.514 (1:49.514)	2:43.135 (53.621)	3:36.876 (53.741)
12 Northside High School	A	3:36.99
1) Ryan Connelly 10	2) Ethan Klepper 12	
3) Jayden Smith 11	4) Andrew Binns-Loveman 12	
1:52.439 (1:52.439)	2:43.970 (51.531)	3:36.984 (53.014)
13 William Byrd	A	3:37.07
1) Wyatt Bailey 10	2) DeShawn Austin 9	
3) Isaiah Board 9	4) Brady Reachy 10	
1:47.921 (1:47.921)	2:42.295 (54.374)	3:37.070 (54.775)
14 Liberty Chri	A	3:37.71
1) Jaden Skates 11	2) Landon Hoy 11	
3) Sam Coletti 9	4) Samuel O'Regan 11	
1:51.131 (1:51.131)	2:44.420 (53.289)	3:37.703 (53.283)
15 Tabb	A	3:39.64
1) Camryn Dixon 10	2) Jacob Uchida 11	
3) Davin Tietz 10	4) Lance Koontz 10	
1:51.062 (1:51.062)	2:45.568 (54.506)	3:39.640 (54.072)
16 Maggie Walker	A	3:42.70
1) Quinn Neary 12	2) Roman Chenoweth 12	
3) Julian Chaoul 11	4) Ben Blanchard 12	
1:51.909 (1:51.909)	2:48.891 (56.982)	3:42.694 (53.803)
17 Abingdon High School	A	3:44.58
1) Haynes Carter 12	2) Lucas Honaker 9	
3) Todd Pillion II 11	4) Xander Brown 12	
1:50.207 (1:50.207)	2:47.960 (57.753)	3:44.571 (56.611)
18 Lafayette	A	3:53.69
1) Joey Sims 9	2) Tommy Cotman 9	
3) Chris Smith 12	4) Beckhem Gemerek 12	
2:05.846 (2:05.846)	2:59.372 (53.526)	3:53.683 (54.311)

Boys 4x800 Meter Relay State 3A
Meet Records: 7:42.20 # 6/6/2014 Lafayette High School

K Steck, A Loper, J Menzies, D Holdsworth

Team	Relay	Finals
1 Abingdon High School	A	8:13.24
1) Todd Pillion II 11	2) Jack Bundy 11	
3) Isaac Thiessen 12	4) Dylan Phillips 12	
2:02.388 (2:02.388)	4:03.834 (2:01.447)	6:11.251 (2:07.417)
8:13.237 (2:01.987)		
2 Tabb	A	8:21.84
1) Davin Tietz 10	2) Justin Zetterwall 11	
3) Nick Smerlis 11	4) Lance Koontz 10	
2:07.773 (2:07.773)	4:13.902 (2:06.129)	6:14.883 (2:00.982)
8:21.834 (2:06.952)		
3 Maggie Walker	A	8:24.63
1) Alex Seabury 12	2) Roman Chenoweth 12	
3) Quinn Neary 12	4) Ben Blanchard 12	
2:05.952 (2:05.952)	4:13.673 (2:07.722)	6:22.546 (2:08.873)
8:24.628 (2:02.083)		

4 Charlottesville	A	8:29.04
1) Eli Cook 12	2) Jack Helmke	
3) Nathaniel McKee 10	4) Edison Tennant 12	
2:02.761 (2:02.761)	4:13.777 (2:11.017)	6:23.684 (2:09.908)
8:29.033 (2:05.349)		
5 Spotswood	A	8:31.47
1) Jack Parlee 10	2) Kasey McClure 11	
3) Dylan Lam 12	4) Russell Kramer 11	
2:10.314 (2:10.314)	4:17.042 (2:06.728)	6:26.924 (2:09.883)
8:31.464 (2:04.540)		
6 Staunton Riv	A	8:33.64
1) Kayden Ryder 12	2) Spencer Kearns 12	
3) Jack Weddle 10	4) Sam Weddle 11	
2:09.454 (2:09.454)	4:16.743 (2:07.289)	6:21.939 (2:05.197)
8:33.638 (2:11.699)		
7 Caroline High School	A	8:36.54
1) Dominic Kittle 11	2) Ta'Shaun Griffith 10	
3) Tre'Shaun Williams 10	4) Anton Jones 11	
2:05.096 (2:05.096)	4:17.818 (2:12.723)	6:31.356 (2:13.538)
8:36.536 (2:05.180)		
8 Skyline	A	8:47.56
1) Ben Arp 11	2) Noah Garland 11	
3) Reese Sperry 11	4) Bronson Breen 12	
2:10.691 (2:10.691)	4:25.763 (2:15.072)	6:39.901 (2:14.139)
8:47.554 (2:07.653)		
9 Lakeland	A	8:47.71
1) Braylon Darrisaw 9	2) Johnathan Holton 9	
3) Ashton Lane 12	4) Aidan Williams 11	
2:10.758 (2:10.758)	4:25.645 (2:14.888)	6:38.915 (2:13.270)
8:47.704 (2:08.789)		
10 Lord Botetourt	A	8:51.62
1) Carter Hudson 11	2) Tristan Marshall 10	
3) Evan Gates 12	4) Rye Jackson 10	
2:16.671 (2:16.671)	4:32.959 (2:16.288)	6:48.556 (2:15.598)
8:51.616 (2:03.060)		
11 Lafayette	A	8:54.46
1) John Contrucci 11	2) Aidan Koval 9	
3) Ryan Koval 12	4) Beckhem Gemerek 12	
2:14.086 (2:14.086)	4:33.804 (2:19.718)	6:46.528 (2:12.724)
8:54.456 (2:07.929)		
12 Rockbridge County	A	8:55.42
1) Evan Roney 11	2) Jacob Ivins 12	
3) Jordan Imler 10	4) John Buren 10	
2:03.905 (2:03.905)	4:23.193 (2:19.288)	6:37.270 (2:14.078)
8:55.416 (2:18.147)		
13 Broadway	A	8:57.31
1) Jayden Kerr 11	2) Scott Showalter 12	
3) Luke Nelson 12	4) Ryley Tinnell 11	
2:11.575 (2:11.575)	4:26.145 (2:14.570)	6:46.715 (2:20.570)
8:57.306 (2:10.592)		
14 Christiansburg	A	8:57.58
1) Xander Turner 11	2) Daniel Duarte 10	
3) Dillon Craig 12	4) Lawson Mecom 11	
2:18.091 (2:18.091)	4:38.900 (2:20.809)	6:48.674 (2:09.774)
8:57.579 (2:08.905)		

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Finals ... (Boys 4x800 Meter Relay State 3A)

Team	Relay	Finals
15 Meridian	A	8:57.92
1) Jackson Funk 10	2) Lucas Hollinger 10	
3) Eli Wildman 12	4) Henry Hladky 11	
2:14.613 (2:14.613)	4:35.376 (2:20.764)	6:48.160 (2:12.784)
8:57.913 (2:09.753)		
16 Brookville H	A	9:08.00
1) Christian Seeney 12	2) Ethan Howard 12	
3) Landon Petcher 10	4) Kendrick Ring 10	
2:08.667 (2:08.667)	4:18.452 (2:09.785)	6:34.641 (2:16.189)
9:07.992 (2:33.352)		
17 Phoebus	A	9:08.20
1) Jordan Bass 11	2) Jacob Castillo 12	
3) Kymari Gray 12	4) Kemon Driver 12	
2:12.063 (2:12.063)	4:25.466 (2:13.403)	6:50.286 (2:24.820)
9:08.191 (2:17.905)		

Boys High Jump State 3A

Meet Records: 6-09.50 # 6/2/2019 Elijah Bell

Name	Yr	School	Finals
Finals			
1 Skylor Griffiths	12	Cave Spring	6-05.00
2 Trey Lloyd	12	Brookville H	6-03.00
2 Jamarcus Brown	10	Tunstall	6-03.00
4 Kameron Burns	12	Heritage (Ly	6-01.00
5 Mason Lawhorne	12	Waynesboro	J6-01.00
6 Jayden Smith	11	Northside Hi	J6-01.00
7 Marcellis Diamond	10	Skyline	J6-01.00
8 Jared Arrington	12	Liberty (Bed	5-11.00
8 Maaliah Cabell	11	Staunton Hig	5-11.00
10 Jordan Bass	11	Phoebus	J5-11.00
11 Kevin Mills	12	Skyline	J5-11.00
12 Conner Mackey	12	Spotswood	J5-11.00
13 Lawrence LaSasso	10	Culpeper Cou	J5-11.00
13 Elijah Rose	11	Lord Botetou	J5-11.00
15 Ellis Branch	11	New Kent	J5-11.00
16 Luke Garber	12	Broadway	5-09.00
17 Kemon Driver	12	Phoebus	J5-09.00
18 Jermaine Miller	10	Hopewell	5-07.00
18 Jaiden Childress	11	William Byrd	5-07.00
18 Branson Mattox	10	Bassett	5-07.00
21 Ryan Bosserman	12	Staunton Hig	J5-07.00
21 Deontae Lawson	12	Magna Vista	J5-07.00

Boys Pole Vault State 3A

Meet Records: 15-09 # 6/18/2021 Nate Benson

Meet Records: 15-00 # 6/3/2016 Griffin Kowal

Name	Yr	School	Finals
Finals			
1 Kai Moore	12	Liberty Chri	13-06.00
2 Dylan Sawyer	11	Brentsville	13-00.00
3 Carter Thrash	12	Lafayette	12-00.00
4 Thomas Hennessy	12	Brentsville	J12-00.00
5 Jacob Uchida	11	Tabb	J12-00.00

6 Austin Casarrubius	11	Turner Ashby	11-06.00
7 Spencer Kearns	12	Staunton Riv	11-00.00
7 James Brown	10	Brookville H	11-00.00
7 Dan Mleziva	10	Liberty Chri	11-00.00
10 Markus Sydnor	12	New Kent	J11-00.00
--- James Steele	12	Waynesboro	NH
--- Camryn Dixon	10	Tabb	NH
--- Ethan Haston	9	William Byrd	NH
--- Wyattte Bailey	10	William Byrd	NH
--- Bryce Cook	11	Staunton Riv	NH
--- Jeffrey McLaughlin	9	Fort Defianc	NH
--- Owen Miller	10	Maggie Walke	NH
--- Walker Knicely	11	Broadway	NH

Boys Long Jump State 3A

Meet Records: 22-08 # 6/3/2017 Allen Blair

Name	Yr	School	Finals
Finals			
1 Montrell Covil	12	I.C. Norcom	24-01.75# NWI
2 Dequan Thompson	12	Culpeper Cou	22-08.25# NWI
3 Bryan Dudley	11	James Monroe	22-06.75 NWI
4 James Whitted	12	Abingdon Hig	21-11.50 NWI
5 Maaliah Cabell	11	Staunton Hig	21-11.00 NWI
6 Thariq Walters	12	Lake Taylor	21-06.75 NWI
7 Trevor Lundgren	12	Maggie Walke	21-06.25 NWI
8 Billy Jones III	12	Phoebus	21-00.00 NWI
9 Trey Lloyd	12	Brookville H	20-10.50 NWI
10 McKinley Pennix	12	Heritage (Ly	20-10.00 NWI
11 Cam Minter	10	Hopewell	20-07.50 NWI
12 Elijah Rose	11	Lord Botetou	20-05.25 NWI
13 Markus White	11	Heritage (Ly	20-03.00 NWI
14 Damani Hairston	12	Tunstall	J20-03.00 NWI
15 Jaylen Pretlow	11	Lafayette	20-01.75 NWI
16 Haynes Carter	12	Abingdon Hig	J20-01.75 NWI
17 Jaylin Belford	12	Liberty Chri	19-08.75 NWI
18 Ellis Branch	11	New Kent	19-04.75 NWI
19 JJ Long	11	Abingdon Hig	19-02.50 NWI
20 Jowell Gonzalez Santiago	11	Broadway	19-01.75 NWI
21 Jeremiah Harrison	10	Lafayette	19-01.25 NWI
22 Malakhi Gregory	12	Staunton Riv	19-00.25 NWI
23 Quinn Ashbrook	11	Brentsville	18-11.00 NWI

Boys Triple Jump State 3A

Meet Records: 48-09.50 # 6/6/2015 Marcellus Fletcher

Name	Yr	School	Finals
Finals			
1 Montrell Covil	12	I.C. Norcom	50-00.50# NWI
2 Philip Daniel	12	Manasas Park	45-11.00 NWI
3 McKinley Pennix	12	Heritage (Ly	45-09.25 NWI
4 Thariq Walters	12	Lake Taylor	45-00.25 NWI
5 Sam Guye	10	Tabb	44-06.50 NWI
6 Dequan Thompson	12	Culpeper Cou	44-03.25 NWI
7 Deontae Lawson	12	Magna Vista	42-05.25 NWI
8 Haynes Carter	12	Abingdon Hig	42-03.50 NWI
9 Ryan Bosserman	12	Staunton Hig	42-02.00 NWI

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Finals ... (Boys Triple Jump State 3A)

Name	Yr	School	Finals
10 Addison Patchett	11	Fluvanna Cou	42-01.00 NWI
11 Ellis Branch	11	New Kent	41-08.25 NWI
12 Sam Briggs	10	Turner Ashby	41-03.00 NWI
13 Jeremiah Harrison	10	Lafayette	41-02.00 NWI
14 Nate Lawhorn	11	Tabb	40-05.25 NWI
15 Malakhi Gregory	12	Staunton Riv	40-04.00 NWI
16 Sincere Hicks	12	Park View (S	40-03.25 NWI
17 Quinn Ashbrook	11	Brentsville	40-00.50 NWI
18 Brendon Easley	11	Bassett	37-06.00 NWI
--- Darius Brown	12	Heritage (Ly	FOUL

Boys Shot Put State 3A
Meet Records: 59-05 # 6/2/2017 Zach Boyers
Meet Records: 58-04 # 6/3/2016 Zach Boyers

Name	Yr	School	Finals
Finals			
1 Dillon Taylor	12	Spotswood	54-01.50
2 Ross Bazzichi	12	Maggie Walke	51-03.00
3 Justin Royez	11	Lakeland	49-10.00
4 Tyrique Taylor	12	Christiansbu	48-06.50
5 Kendal Howard	10	Lord Botetou	48-03.00
6 Ayden Conley	11	Christiansbu	47-09.25
7 Sam Boyer	12	Lafayette	47-04.50
8 Matteo DeLuca	12	Maggie Walke	46-10.00
9 Jakobe Little	11	Lakeland	44-11.00
10 Dante Bernardini	11	Charlottesvi	44-03.00
11 Dmetri Toliver	10	Lord Botetou	42-11.50
12 Dequan Boone	12	Southampton	42-08.25
13 Casper Rao	12	Broadway	42-06.00
14 Fernando Cruz-Bonilla	11	Spotswood	42-02.00
15 Christian Scott	12	James Monroe	39-09.00

Boys Discus Throw State 3A
Meet Records: 167-00 # 6/4/2016 Jordan Patti
Meet Records: 167-00 # 6/4/2016 Jordan Patti

Name	Yr	School	Finals
Finals			
1 Ross Bazzichi	12	Maggie Walke	163-02
2 Dillon Taylor	12	Spotswood	157-09
3 Tyrique Taylor	12	Christiansbu	148-07
4 Sam Boyer	12	Lafayette	140-03
5 Alex Rosenbaum	12	Goochland Hi	138-03
6 Matteo DeLuca	12	Maggie Walke	131-05
7 Bryce Hoffman	12	William Monr	130-08
8 Dante Bernardini	11	Charlottesvi	J130-08
9 Jahir Magana-Vargas	12	Park View (S	123-06
10 Ayden Conley	11	Christiansbu	119-10
11 Paul Battle	11	I.C. Norcom	116-04
12 Dequan Boone	12	Southampton	115-07
13 Caleb Thompson	11	William Byrd	115-04
14 Ryder Post	10	Broadway	114-03
15 Dmetri Toliver	10	Lord Botetou	104-11
16 Ashton Hancock	11	Staunton Riv	100-10

--- DeAndre Clark 12 Waynesboro FOUL

Women - State 3A - Team Rankings - 17 Events Scored

1) Heritage (Lynchburg)	60
2) Maggie Walker	48.5
3) Rustburg	42.5
4) Culpeper County	38
5) Charlottesville	34
6) Tabb	33
6) Abingdon High School	33
8) Lakeland	30
9) William Byrd High School	29
10) Cave Spring High School	27
11) Park View (South Hill)	24
11) Liberty Christian Academy	24
13) York	20.5
14) Turner Ashby	20
14) Christiansburg	20
16) Meridian	18
17) Fluvanna County	15
18) Phoebus	13
18) Staunton River High School	13
20) Skyline	12
21) Spotswood	10
21) Warren County	10
21) Goochland High School	10
21) James Monroe	10
21) I.C. Norcom	10
26) Broadway	8.5
27) Lafayette	8
28) Fort Defiance	7
29) Magna Vista	6
30) Caroline High School	5
31) Northside High School	4
32) Liberty (Bedford)	3.5
33) New Kent	3
33) Hidden Valley High School	3
35) Brentsville District	2.5
36) Rockbridge County	2
36) Southampton	2
36) Staunton High School	2

Women - State 4A - Team Rankings - 17 Events Scored

1) Heritage (Newport News)	69
2) Jefferson Forest	54
3) Deep Creek High School	53
4) Western Albemarle	48
5) Atlee	43
6) Kings Fork	36
7) Tuscarora High School (VA)	34
8) Fauquier	32
9) Loudoun Valley	29
10) Hanover	27.5
11) Courtland	20
11) Sherando	20
11) Jamestown	20
14) Great Bridge High School	19

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15) John Handley	17
16) Amherst County	15.5
17) Kettle Run	14
18) Blacksburg High School	10
18) Millbrook	10
20) James Wood High School	9
21) Patrick Henry (Ashland)	8
22) Lightridge High School	7
22) Warhill	7
24) Monacan High School	6
24) George Washington	6
24) Rock Ridge High School	6
24) Louisa County High School	6
28) Henrico	5
28) Broad Run	5
30) Churchland	4
30) Liberty (Bealeton) High School	4
30) Halifax County	4
33) Salem (Roanoke)	3
33) Dominion	3

35) Orange County	2
35) Loudoun County	2
35) E.C. Glass	2
38) Huguenot	1
38) King George	1
38) Hampton	1

Men - State 3A - Team Rankings - 17 Events Scored

1) Abingdon High School	74
2) Heritage (Lynchburg)	41
2) Maggie Walker	41
4) Liberty Christian Academy	39
5) Lafayette	36
6) Phoebus	31
7) James Monroe	26
8) Brookville High School	25
9) Spotswood	23
10) Caroline High School	22
11) Skyline	20
11) I.C. Norcom	20
13) Lord Botetourt	18
14) Tabb	17
14) Christiansburg	17
16) Charlottesville	16
16) Monticello	16
18) Lakeland	15
19) Brentsville District	13
19) Culpeper County	13
21) Bassett	12
21) Northside High School	12
23) Broadway	11
24) Hopewell	10
24) Cave Spring High School	10
24) Tunstall	10
27) Fluvanna County	9
28) Lake Taylor	8
28) New Kent	8
28) Waynesboro	8
28) Manasas Park	8
32) Hidden Valley High School	6
32) Turner Ashby	6
34) Staunton High School	4.5
35) Goochland High School	4
35) Staunton River High School	4
37) William Monroe	2
37) Rockbridge County	2
37) Magna Vista	2
37) William Byrd High School	2
41) Liberty (Bedford)	0.5

Men - State 4A - Team Rankings - 16 Events Scored

1) Pulaski County	63
2) Patrick Henry (Ashland)	52
3) Deep Creek High School	50
4) Blacksburg High School	32
4) Hanover	32
6) Western Albemarle	31

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7) Loudoun County	28	27) Churchland	6.5
7) Salem (Roanoke)	28	28) Spotsylvania	6
9) Atlee	26	29) Broad Run	5.75
10) Dominion	22	30) Sherando	5
11) Courtland	20.5	30) Warhill	5
12) Grafton High School	18.75	32) Huguenot	4
13) Loudoun Valley	18	33) Rock Ridge High School	3.5
14) Amherst County	16	34) Warwick	2
15) Heritage (Leesburg)	15	34) Kings Fork	2
16) Smithfield	14	36) Heritage (Newport News)	1
16) John Handley	14	36) Fauquier	1
16) Manor	14		
19) E.C. Glass	13		
19) James Wood High School	13		
19) Mechanicsville High School	13		
22) Millbrook	11		
22) Jefferson Forest	11		
24) Jamestown	10		
24) Louisa County High School	10		
26) Dinwiddie	7		