

## VA Senior Games - 9/8/2024

## Spotswood High School

## Results - Event Order

**W50 50 Meter Dash****Finals**

1	Jackson, Keydish	W50 Senior Class	8.98
2	Boyd, Monique	W50 Senior Class	9.07
3	Washington, Daphne	W50 Senior Class	9.55

**W55 50 Meter Dash****Finals**

1	Lawson, Denise	W55 Senior Class	9.21
2	Bryan, JB	W55 Senior Class	11.08
3	Bowman, Branka	W55 Senior Class	14.38

**W60 50 Meter Dash****Finals**

1	Bacon, Brenda	W60 Senior Class	8.50
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**W65 50 Meter Dash****Finals**

1	Wetzel, Grace	W65 Senior Class	9.34
2	Clemmons, Patricia	W65 Senior Class	9.52
3	Thomas, Rosa	W65 Senior Class	22.06

**W70 50 Meter Dash****Finals**

1	Mack, Thelma	W70 Senior Class	9.48
2	Rankins, Claudia	W70 Senior Class	10.46
3	Bremilst, Marilyn	W70 Senior Class	12.01

**W75 50 Meter Dash****Finals**

1	Davis, Virginia	W75 Senior Class	11.74
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**M50 50 Meter Dash****Finals**

1	Hoover, Rob	M50 Senior Class	7.31
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**M55 50 Meter Dash****Finals**

1	Herz, Seth	M55 Senior Class	7.28
2	Mercorelli, Nick	M55 Senior Class	7.66

**M60 50 Meter Dash****Finals**

1	Parynik, Thomas	M60 Senior Class	7.19
2	Beechey, Thomas	M60 Senior Class	8.00
3	Jones, David	M60 Senior Class	8.21
4	Weindorf, Charles	M60 Senior Class	8.79
5	Rivera, John	M63 Senior Class	9.64

**M65 50 Meter Dash****Finals**

1	Humphrey, Ronald	M65 Senior Class	7.04
2	Polk, Robert	M65 Senior Class	7.99
3	Billingsley, John	M65 Senior Class	8.03
4	Ward, Joseph	M65 Senior Class	30.30

**M70 50 Meter Dash****Finals**

1	Markley, Anthony	M70 Senior Class	7.62
2	Brooks, john	M70 Senior Class	8.10
3	Jeter, Fred	M70 Senior Class	8.62
4	Levy, David	M70 Senior Class	8.83
5	Ruozzi, Richard	M70 Senior Class	9.10
6	Shabeg, Singh	M70 Senior Class	9.75
7	Josephs, Mike	M70 Senior Class	12.51

**M75 50 Meter Dash****Finals**

1	Hodges, James	M75 Senior Class	8.94
2	Hastings, Doug	M75 Senior Class	8.99
3	sharps, jim	M75 Senior Class	9.00
4	Guinn, Michael	M75 Senior Class	9.34

**M85 50 Meter Dash****Finals**

1	Smith, J.J.	M85 Senior Class	11.07
2	Spasojevich, Thomas	M85 Senior Class	12.25

**M95 50 Meter Dash****Finals**

1	Engle, Charles	M95 Senior Class	38.57
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**W50 100 Meter Dash****Finals**

1	Boyd, Monique	W50 Senior Class	17.62
2	Jackson, Keydish	W50 Senior Class	17.93
3	Washington, Daphne	W50 Senior Class	18.20

**W55 100 Meter Dash****Finals**

1	Lawson, Denise	W55 Senior Class	17.73
2	Bowman, Branka	W55 Senior Class	26.79

**W60 100 Meter Dash****Finals**

1	Bacon, Brenda	W60 Senior Class	16.25
2	VanHuss, Katrina	W60 Senior Class	17.90

**W65 100 Meter Dash****Finals**

1	Wetzel, Grace	W65 Senior Class	17.61
2	Clemmons, Patricia	W65 Senior Class	17.90

**W70 100 Meter Dash****Finals**

1	Mack, Thelma	W70 Senior Class	18.03
2	Rankins, Claudia	W70 Senior Class	20.06
3	Bremilst, Marilyn	W70 Senior Class	24.07
4	Bien, Lettie	W70 Senior Class	24.24

**W75 100 Meter Dash****Finals**

1	Davis, Virginia	W75 Senior Class	23.18
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## VA Senior Games - 9/8/2024

## Spotswood High School

## Results - Event Order

**M55 100 Meter Dash****Finals**

1	Herz, Seth	M55	Senior Class	13.69
2	Kast, Steven	M55	Senior Class	17.15

**M60 100 Meter Dash****Finals**

1	Parynik, Thomas	M60	Senior Class	13.64
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**M65 100 Meter Dash****Finals**

1	Humphrey, Ronald	M65	Senior Class	13.54
2	Billingsley, John	M65	Senior Class	15.84

**M70 100 Meter Dash****Finals**

1	Markley, Anthony	M70	Senior Class	14.30
2	Brooks, john	M70	Senior Class	15.02
3	Mack, Joe	M70	Senior Class	15.21
4	Ramey, David	M70	Senior Class	15.38
5	Levy, David	M70	Senior Class	17.89
6	Singh, Shabeg	M70	Senior Class	18.30
7	Josephs, Mike	M70	Senior Class	28.98

**M75 100 Meter Dash****Finals**

1	Hastings, Doug	M75	Senior Class	17.08
2	Hodges, James	M75	Senior Class	17.69
3	Guinn, Michael	M75	Senior Class	18.44

**M85 100 Meter Dash****Finals**

1	Smith, J.J.	M85	Senior Class	22.46
2	Spasojevich, Thomas	M85	Senior Class	22.48

**W50 200 Meter Dash****Finals**

1	Boyd, Monique	W50	Senior Class	37.41
2	Washington, Daphne	W50	Senior Class	40.92

**W55 200 Meter Dash****Finals**

1	Lawson, Denise	W55	Senior Class	39.49
2	Bowman, Branka	W55	Senior Class	1:00.32

**W70 200 Meter Dash****Finals**

1	Rankins, Claudia	W70	Senior Class	46.29
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**W75 200 Meter Dash****Finals**

1	Davis, Virginia	W75	Senior Class	53.58
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**M50 200 Meter Dash****Finals**

1	Shimmi, Akio	M50	Senior Class	1:00.17
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**M55 200 Meter Dash****Finals**

1	Kast, Steven	M55	Senior Class	33.20
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**M60 200 Meter Dash****Finals**

1	Jones, David	M60	Senior Class	31.29
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**M65 200 Meter Dash****Finals**

1	Humphrey, Ronald	M65	Senior Class	27.76
2	Puryear, Randy	M65	Senior Class	49.87

**M70 200 Meter Dash****Finals**

1	Markley, Anthony	M70	Senior Class	29.80
2	Ramey, David	M70	Senior Class	31.49
3	Brooks, john	M70	Senior Class	34.51
4	Mack, Joe	M70	Senior Class	35.54
5	Bender, Rick	M70	Senior Class	35.90
6	Ruozzi, Richard	M70	Senior Class	36.86
7	Somerville, George	M70	Senior Class	44.70
8	Josephs, Mike	M70	Senior Class	1:02.07

**M75 200 Meter Dash****Finals**

1	Hastings, Doug	M75	Senior Class	36.99
2	Guinn, Michael	M75	Senior Class	40.52

**M85 200 Meter Dash****Finals**

1	Spasojevich, Thomas	M85	Senior Class	51.52
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**W50 400 Meter Dash****Finals**

1	Washington, Daphne	W50	Senior Class	1:44.91
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**W55 400 Meter Dash****Finals**

1	Lawson, Denise	W55	Senior Class	1:31.21
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**W70 400 Meter Dash****Finals**

1	Bruker, Patricia	W70	Senior Class	1:45.09
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**M55 400 Meter Dash****Finals**

1	Kast, Steven	M55	Senior Class	1:11.83
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**M60 400 Meter Dash****Finals**

1	Jones, David	M60	Senior Class	1:14.71
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**M65 400 Meter Dash****Finals**

1	Humphrey, Ronald	M65	Senior Class	1:01.28
2	Denlinger, Dwight	M65	Senior Class	1:23.09
3	Polk, Robert	M65	Senior Class	1:27.93

## VA Senior Games - 9/8/2024

## Spotswood High School

## Results - Event Order

**Finals ... (M65 400 Meter Dash)**

4	Puryear, Randy	M65	Senior Class	1:44.59
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**M70 400 Meter Dash****Finals**

1	Bender, Rick	M70	Senior Class	1:29.20
2	Josephs, Mike	M70	Senior Class	2:20.91

**M75 400 Meter Dash****Finals**

1	Guinn, Michael	M75	Senior Class	1:34.93
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**M80 400 Meter Dash****Finals**

1	Books, Earl	M80	Senior Class	2:58.30
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**M85 400 Meter Dash****Finals**

1	Spasojevich, Thomas	M85	Senior Class	2:07.88
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**M55 800 Meter Run****Finals**

1	Kast, Steven	M55	Senior Class	2:33.73
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**M60 800 Meter Run****Finals**

1	Hawkins, Charles	M60	Senior Class	3:12.79
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**M65 800 Meter Run****Finals**

1	Puryear, Randy	M65	Senior Class	4:00.90
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**M70 800 Meter Run****Finals**

1	Ruozzi, Richard	M70	Senior Class	3:26.61
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**M75 800 Meter Run****Finals**

1	Guinn, Michael	M75	Senior Class	4:08.50
2	McAllister, Carl	M75	Senior Class	7:10.22

**M85 800 Meter Run****Finals**

1	Spasojevich, Thomas	M85	Senior Class	4:45.79
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**W55 1500 Meter Run****Finals**

1	Denlinger, Victoria	W55	Senior Class	9:52.37
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**M55 1500 Meter Run****Finals**

1	Kast, Steven	M55	Senior Class	5:41.44
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**M60 1500 Meter Run****Finals**

1	Hawkins, Charles	M60	Senior Class	6:08.83
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**M65 1500 Meter Run****Finals**

1	Denlinger, Dwight	M65	Senior Class	5:56.15
2	Puryear, Randy	M65	Senior Class	7:58.91

**M70 1500 Meter Run****Finals**

1	Somerville, George	M70	Senior Class	7:50.40
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**M75 1500 Meter Run****Finals**

1	Milan, Bob	M75	Senior Class	10:52.98
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**M80 1500 Meter Run****Finals**

1	Fuller, James	M80	Senior Class	8:26.64
2	Books, Earl	M80	Senior Class	14:13.23

**M85 1500 Meter Run****Finals**

1	Spasojevich, Thomas	M85	Senior Class	9:42.47
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**W65 High Jump****Finals**

1	Clemmons, Patricia	W65	Senior Class	3-08.00
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**M55 High Jump****Finals**

1	Ballowe, Stacey	M55	Senior Class	4-08.00
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**M65 High Jump****Finals**

1	Irion, Glenn	M65	Senior Class	4-10.00
2	Poole, Stephen	M65	Senior Class	4-00.00

**M70 High Jump****Finals**

1	Markley, Anthony	M70	Senior Class	4-04.00
2	Kopp, Steven	M70	Senior Class	4-00.00
3	Josephs, Mike	M70	Senior Class	3-06.00

**M75 High Jump****Finals**

1	sharps, jim	M75	Senior Class	3-10.00
2	Hastings, Doug	M75	Senior Class	3-08.00
---	Young, Jeff	M75	Senior Class	NH

**M80 High Jump****Finals**

1	Youssefi, Parviz	M80	Senior Class	3-00.00
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**W65 Pole Vault****Finals**

1	Clemmons, Patricia	W65	Senior Class	1.52m
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**M60 Pole Vault****Finals**

1	Dillard, Ben	M60	Senior Class	2.59m
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## VA Senior Games - 9/8/2024

## Spotswood High School

## Results - Event Order

**M65 Pole Vault****Finals**

1	Kelley, Steve	M65	Senior Class	2.59m
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**M75 Pole Vault****Finals**

1	Young, Jeff	M75	Senior Class	1.82m
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**W60 Long Jump****Finals**

1	VanHuss, Katrina	W60	Senior Class	2.73m
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**W65 Long Jump****Finals**

1	Clemmons, Patricia	W65	Senior Class	2.86m
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**M60 Long Jump****Finals**

1	Parynik, Thomas	M60	Senior Class	4.14m
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**M65 Long Jump****Finals**

1	Humphrey, Ronald	M65	Senior Class	4.76m
2	Irion, Glenn	M65	Senior Class	3.90m
3	Bonham, Jerry	M65	Senior Class	2.86m

**M70 Long Jump****Finals**

1	Markley, Anthony	M70	Senior Class	4.25m
2	Wensel, Gary	M70	Senior Class	2.68m
3	Josephs, Mike	M70	Senior Class	2.60m
4	Wells, Thomas	M70	Senior Class	1.78m

**M75 Long Jump****Finals**

1	sharps, jim	M75	Senior Class	3.39m
2	Hastings, Doug	M75	Senior Class	3.20m
3	Hodges, James	M75	Senior Class	3.16m
4	Suleymon, Gharemon	M75	Senior Class	2.09m

**M80 Long Jump****Finals**

1	Sweet, Palmer	M80	Senior Class	1.73m
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**M95 Long Jump****Finals**

1	Engle, Charles	M95	Senior Class	0.56m
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**M65 Triple Jump****Finals**

1	Humphrey, Ronald	M65	Senior Class	9.42m
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**M70 Triple Jump****Finals**

1	Wensel, Gary	M70	Senior Class	5.78m
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**M75 Triple Jump****Finals**

1	sharps, jim	M75	Senior Class	7.64m
2	Hastings, Doug	M75	Senior Class	6.81m
3	Hodges, James	M75	Senior Class	6.46m

**M80 Triple Jump****Finals**

1	Thatcher, Doug	M80	Senior Class	4.38m
2	Sweet, Palmer	M80	Senior Class	3.87m

**W55 Shot Put****Finals**

1	Lynch, DJ	W55	Senior Class	9.00m
2	Bryan, JB	W55	Senior Class	8.25m
3	Lawson, Denise	W55	Senior Class	7.25m

**W65 Shot Put****Finals**

1	Clemmons, Patricia	W65	Senior Class	7.15m
2	Thomas, Rosa	W65	Senior Class	6.50m

**W70 Shot Put****Finals**

1	Rankins, Claudia	W70	Senior Class	5.50m
2	Dvorak, Kathleen	W70	Senior Class	3.57m

**M50 Shot Put****Finals**

1	Gosper, Ronnie	M50	Senior Class	6.15m
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**M55 Shot Put****Finals**

1	Ballowe, Stacey	M55	Senior Class	9.10m
2	Kast, Steven	M55	Senior Class	8.25m

**M60 Shot Put****Finals**

1	Franklin, Brian	M60	Senior Class	9.25m
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**M65 Shot Put****Finals**

1	Bonham, Jerry	M65	Senior Class	8.80m
2	Cancino, Frank	M65	Senior Class	8.60m

**M70 Shot Put****Finals**

1	Myers, Joe	M70	Senior Class	12.87m
2	Markley, Anthony	M70	Senior Class	8.78m
3	Slater, Andrew	M70	Senior Class	7.95m
4	Wensel, Gary	M70	Senior Class	7.70m

**M75 Shot Put****Finals**

1	Young, Jeff	M75	Senior Class	9.40m
2	Suleymon, Gharemon	M75	Senior Class	9.15m
3	Smith, David	M75	Senior Class	8.10m
4	McAllister, Carl	M75	Senior Class	5.70m

## VA Senior Games - 9/8/2024

## Spotswood High School

## Results - Event Order

**M80 Shot Put****Finals**

1	bass, walter	M80	Senior Class	10.30m
2	Reisberg, Wayne	M80	Senior Class	7.60m
3	Sweet, Palmer	M80	Senior Class	7.15m

**M90 Shot Put****Finals**

1	kent, geoffrey	M90	Senior Class	6.50m
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**M95 Shot Put****Finals**

1	Engle, Charles	M95	Senior Class	4.35m
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**W60 Discus Throw****Finals**

1	Dec, Katherine	W60	Senior Class	75-00
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**W65 Discus Throw****Finals**

1	Clemmons, Patricia	W65	Senior Class	63-10
2	Thomas, Rosa	W65	Senior Class	28-01

**W70 Discus Throw****Finals**

1	Dvorak, Kathleen	W70	Senior Class	24-04
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**W75 Discus Throw****Finals**

1	Namdar, Shirin	W75	Senior Class	35-04
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**M55 Discus Throw****Finals**

1	Brown, Dan	M55	Senior Class	122-01
2	Ballowe, Stacey	M55	Senior Class	96-02
3	Kast, Steven	M55	Senior Class	80-07

**M60 Discus Throw****Finals**

1	Fetterman, Les	M60	Senior Class	109-02
2	Tardiff, Albert	M60	Senior Class	104-09
3	Franklin, Brian	M60	Senior Class	91-01

**M65 Discus Throw****Finals**

1	Bonham, Jerry	M65	Senior Class	103-02
1	Cancino, Frank	M65	Senior Class	103-02

**M70 Discus Throw****Finals**

1	Myers, Joe	M70	Senior Class	108-04
2	Wensel, Gary	M70	Senior Class	98-08
3	Martin, Larry	M70	Senior Class	91-03
4	Redding, Gregory	M70	Senior Class	81-11
5	Markley, Anthony	M70	Senior Class	72-01
6	Slater, Andrew	M70	Senior Class	66-07
7	Wells, Thomas	M70	Senior Class	58-00

**M75 Discus Throw****Finals**

1	Gasber, Ronni	M76	Senior Class	80-06
2	Suleymon, Gharemon	M75	Senior Class	80-01
3	Smith, David	M75	Senior Class	70-07
4	Milan, Bob	M75	Senior Class	40-00

**M80 Discus Throw****Finals**

1	bass, walter	M80	Senior Class	66-08
2	Reisberg, Wayne	M80	Senior Class	62-00
3	Youssefi, Parviz	M80	Senior Class	57-10
4	Sweet, Palmer	M80	Senior Class	52-00

**M90 Discus Throw****Finals**

1	kent, geoffrey	M90	Senior Class	48-06
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**M95 Discus Throw****Finals**

1	Engle, Charles	M95	Senior Class	35-10
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**W50 Javelin Throw****Finals**

1	Washington, Daphne	W50	Senior Class	13.10m
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**W55 Javelin Throw****Finals**

1	Lynch, DJ	W55	Senior Class	20.61m
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**W65 Javelin Throw****Finals**

1	Clemmons, Patricia	W65	Senior Class	15.06m
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**W70 Javelin Throw****Finals**

1	Jacobs, Kathy	W70	Senior Class	12.09m
2	Dvorak, Kathleen	W70	Senior Class	6.19m

**W75 Javelin Throw****Finals**

1	Namdar, Shirin	W75	Senior Class	9.27m
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**M55 Javelin Throw****Finals**

1	Kast, Steven	M55	Senior Class	21.28m
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**M65 Javelin Throw****Finals**

1	Irion, Glenn	M65	Senior Class	31.72m
2	Cancino, Frank	M65	Senior Class	6.65m

**M70 Javelin Throw****Finals**

1	Myers, Joe	M70	Senior Class	29.92m
2	Redding, Gregory	M70	Senior Class	24.66m
3	Wensel, Gary	M70	Senior Class	22.19m
4	Slater, Andrew	M70	Senior Class	16.10m

## VA Senior Games - 9/8/2024

## Spotswood High School

## Results - Event Order

<b>Finals ... (M70 Javelin Throw)</b>				
5	Wells, Thomas	M70	Senior Class	9.90m
<b>M75 Javelin Throw</b>				
<b>Finals</b>				
1	Suleymon, Gharemon	M75	Senior Class	17.01m
<b>M80 Javelin Throw</b>				
<b>Finals</b>				
1	Youssefi, Parviz	M80	Senior Class	15.49m
2	Sweet, Palmer	M80	Senior Class	11.63m
<b>M90 Javelin Throw</b>				
<b>Finals</b>				
1	kent, geoffrey	M90	Senior Class	11.41m
<b>M95 Javelin Throw</b>				
<b>Finals</b>				
1	Engle, Charles	M95	Senior Class	7.26m
<b>W60 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Garson, Rebecca	W60	Senior Class	10:29.75
<b>W65 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Clemmons, Patricia	W65	Senior Class	12:06.35
<b>W75 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Arthur, Rebecca S.	W75	Senior Class	12:46.95
<b>W85 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Bond, Rene	W85	Senior Class	14:10.35
<b>M60 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Bowman, Ben	M60	Senior Class	11:49.91
<b>M65 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Judge, William	M65	Senior Class	10:36.15
<b>M70 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Funkhouser, Ray	M70	Senior Class	8:49.97
2	Singh, Shabeg	M70	Senior Class	9:53.88
<b>M75 1500 Meter Race Walk</b>				
<b>Finals</b>				
1	Chadim, William	M75	Senior Class	11:30.10