

2023 MEAC Outdoor Championships - 5/9/2023 to 5/11/2023

Norfolk State University

Results

Men 200 Meter Dash

Conference: 20.00 \$ 1978 Cunningham

Name	Yr	School	Prelims
Preliminaries			
1	Cole, Kai	JR Norfolk Stat	21.03Q0.7
2	Daniel, Ashton	SR Howard	21.07Q-0.6
3	Brown, Kristopher	SR SC State	21.31Q1.4
4	Brown, Janoi	SR Maryland-Eas	21.45Q1.0
5	Watkins, Jahlanhnee	SR Maryland-Eas	21.50Q1.1
6	Franklin, Anthony	JR Norfolk Stat	21.47q 0.7
7	Hammond, Solomon	SO Coppin State	21.59q 1.0
8	Beckford, Ashane	SR Maryland-Eas	21.59q 0.7
9	Shelton, Jaden	FR Delaware Sta	21.62 1.1
10	Gaines, Dylan	FR Howard	21.68 1.1
11	Rembert-Jett, Waddell	SR SC State	21.73 1.0
12	Booth-Mitchell, Jalen	FR Delaware Sta	21.75 1.0
13	Drakes, Carl	JR Coppin State	21.81 -0.6
14	Byrd, Jermanie	SR Howard	21.84 -0.6
15	Brinkley, Malachi	JR Delaware Sta	21.89 1.4
16	Zellander, Jeremiah	JR Norfolk Stat	21.91 0.7
17	Bowens, Ali	JR Morgan State	21.92 1.0
18	Carr Jr, Andre	SR Delaware Sta	22.00 1.1
19	Madison-Ahouman, Bryan	SO Norfolk Stat	22.07 1.4
20	Barker, Jaden	JR SC State	22.08 0.7
20	Herring, Mahki	SR Maryland-Eas	22.08 1.4
22	Curnell, Dwayne	SR SC State	22.13 -0.6
23	Sims, Antonio	FR Morgan State	22.46 -0.6
24	Pepukayi, Bryce	SO Coppin State	22.54 1.4
25	Ibeh, Emmanuel	SR Morgan State	22.77 1.0
---	Wright, Noxroy	JR Coppin State	DNF 1.1

Men 10000 Meter Run

Conference: 30:11.40 \$ 2018 Girma

Name	Yr	School	Finals
Finals			
1	Sigei, Gidion	SO Norfolk Stat	32:22.78 10
2	Jumo, Victor	SO Norfolk Stat	32:56.23 8
3	Rotich, Brian	SO Norfolk Stat	32:57.85 6
4	Adams Jr., Bryant	FR Delaware Sta	35:37.47 5
5	Kennedy, Cameron	SO Howard	35:41.32 4
6	Golden, Robert	FR Howard	37:28.59 3

Men 400 Meter Hurdles

Conference: 49.40 \$ 2008 Thornton

Name	Yr	School	Prelims
Preliminaries			
1	Sims Jr, Alonzo	FR Delaware Sta	53.17Q
2	Davis, Kameron	SR Howard	54.01Q
3	Walker, Barrington	SR SC State	53.94Q
4	Hawkins, Zachary	JR Howard	54.75Q
5	Opon, Zachary	SR Maryland-Eas	55.13q
6	Wiggins-Imgram, Ivan	JR Coppin State	55.74q
7	Gooden, Tarique	JR Morgan State	55.77q
8	Harris, Anthony	FR Coppin State	56.17q
9	Wynder-Hill, Camren	SO Norfolk Stat	56.79

10	Wesley, Malachi	FR Morgan State	57.01
11	Payne, Antaeveon	SR Norfolk Stat	58.90
12	Alleyne, Jalen	FR SC State	59.21

Men High Jump

Conference: 2.25m \$ 2001 Shears, Gary

Name	Yr	School	Finals
Finals			
1	Victoria, Lamont	FR N.C. Central	2.11m 10
2	Bell, James	JR Coppin State	2.01m 8
3	Sutton, Joshua	SR Norfolk Stat	J2.01m 6
4	Haywood, Isaac	SO Norfolk Stat	1.93m 4.5
4	Brown, Eric	SO Howard	1.93m 4.5
6	Campbell, Morey	FR Delaware Sta	J1.93m 3
7	Finger, Brenden	JR N.C. Central	J1.93m 2
8	Pierrilus, Mackel	JR Maryland-Eas	1.88m 1

Men Discus Throw

Conference: 60.13m \$ 2015 Simon

Name	Yr	School	Finals
Finals			
1	Campbell, Emperor	JR Delaware Sta	50.92m 10
2	Arrington, Khamari	SR N.C. Central	48.40m 8
3	Ratliff, Dexter	SR SC State	48.36m 6
4	Anderson, Nelson	SO N.C. Central	47.29m 5
5	Swepton, Matthew	JR N.C. Central	46.94m 4
6	Purvis, John	JR Morgan State	46.13m 3
7	Perkins, James	SR Maryland-Eas	44.38m 2
8	Johnson, Christopher	FR Delaware Sta	42.56m 1
9	Smith, Rayquan	JR Norfolk Stat	40.62m
10	Bratcher, Christopher	SR Howard	39.39m
11	Olebara, Nnamdi	SR Howard	34.86m
12	Martin, Tyrell	SO Delaware Sta	33.96m
13	Carraway, Dallas	FR SC State	31.86m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1	Smith, Rayquan	JR Norfolk Stat	10.87 890
2	Nurse, Sadiq	SR Norfolk Stat	11.20 817
3	Jeffery, Kalon	SO Norfolk Stat	11.30 795
4	Brown, Eric	SO Howard	11.42 769
5	Goode, Amiri	JR Coppin State	11.69 713
6	Johnson, Neco	SR N.C. Central	12.15 622

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1	Goode, Amiri	JR Coppin State	51.48 748
2	Brown, Eric	SO Howard	52.55 701
3	Johnson, Neco	SR N.C. Central	53.01 681
4	Jeffery, Kalon	SO Norfolk Stat	53.45 663
5	Nurse, Sadiq	SR Norfolk Stat	53.48 661
6	Smith, Rayquan	JR Norfolk Stat	55.10 595

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Decathlon: #4 Men High Jump Decathlon

	Name	Yr	School	Finals	
Finals					
1	Brown, Eric	SO	Howard	1.90m	714
2	Nurse, Sadiq	SR	Norfolk Stat	1.66m	512
3	Johnson, Neco	SR	N.C. Central	1.63m	488
3	Goode, Amiri	JR	Coppin State	1.63m	488
5	Jeffery, Kalon	SO	Norfolk Stat	1.57m	441
6	Smith, Rayquan	JR	Norfolk Stat	1.51m	396

Decathlon: #2 Men Long Jump Decathlon

	Name	Yr	School	Finals	
Finals					
1	Brown, Eric	SO	Howard	7.09m	835
2	Smith, Rayquan	JR	Norfolk Stat	6.39m	673
3	Nurse, Sadiq	SR	Norfolk Stat	6.21m	632
4	Johnson, Neco	SR	N.C. Central	6.20m	630
5	Goode, Amiri	JR	Coppin State	6.16m	621
6	Jeffery, Kalon	SO	Norfolk Stat	5.99m	584

Decathlon: #3 Men Shot Put Decathlon

	Name	Yr	School	Finals	
Finals					
1	Smith, Rayquan	JR	Norfolk Stat	13.08m	672
2	Johnson, Neco	SR	N.C. Central	9.96m	483
3	Goode, Amiri	JR	Coppin State	9.88m	478
4	Brown, Eric	SO	Howard	9.40m	450
5	Nurse, Sadiq	SR	Norfolk Stat	8.88m	419
6	Jeffery, Kalon	SO	Norfolk Stat	8.02m	367

Men Decathlon

Conference: 6693 \$ 2005 Mitchell

	Name	Yr	School	Finals
Finals				
1	Brown, Eric	SO	Howard	3469
2	Smith, Rayquan	JR	Norfolk Stat	3226
3	Goode, Amiri	JR	Coppin State	3048
4	Nurse, Sadiq	SR	Norfolk Stat	3041
5	Johnson, Neco	SR	N.C. Central	2904
6	Jeffery, Kalon	SO	Norfolk Stat	2850

Men - Team Rankings - 3 Events Scored

1)	Norfolk State	34.5
2)	N.C. Central	29
3)	Delaware State	19
4)	Howard	11.5
5)	Coppin State	8
6)	SC State	6
7)	Morgan State	3
7)	Maryland-Eastern Shore	3