

**2023 Coast to Coast - 5/6/2023 to 5/7/2023**  
**Outdoor Track & Field Championships**  
**University of Mary Washington**  
**Results - Saturday**

**Event 38 Women Pole Vault**

Name	Year School	Finals
Finals		
1 Miller, Ainsley	Christopher Newport	2.98m
2 Mangels, Avery	Christopher Newport	2.88m
3 Knapp, Lauren	Salisbury	2.78m
4 Phillips, Maddie	Mary Washington	2.68m
5 Tate, Mackenzie	Christopher Newport	2.38m
-- Bussell, Hana	Mary Washington	NH

**Event 29 Men Long Jump 2**

Name	Year School	Finals	Wind
Finals			
1 Reeders, Clarence	Christopher Newport	7.07m	+0.0
FOUL(+0.0) 6.96m(3.1) 6.75m(+0.0) 5.13m(+0.0) 5.53m(0.9) 7.07m(+0.0)			
2 Markman, Rashawn	Salisbury	6.96m	1.3
6.85m(-1.2) FOUL(1.1) 6.96m(1.3) 6.89m(+0.0) 6.88m(1.5) 6.91m(+0.0)			
3 Wamley, Zion	Salisbury	6.78m	1.3
6.61m(1.9) 6.57m(0.5) 6.48m(+0.0) 6.38m(+0.0) 6.64m(+0.0) 6.78m(1.3)			
4 Elliott, Gage	Christopher Newport	6.77m	+0.0
FOUL(2.0) FOUL(1.5) 6.73m(1.4) 6.54m(+0.0) 6.77m(+0.0) FOUL(+0.0)			
5 Smagh, Aidan	Mary Washington	6.63m	+0.0
FOUL(1.1) 6.63m(+0.0) 6.46m(1.2) 6.52m(0.1) FOUL(0.4) 6.31m(1.0)			
6 Peterson, Brandon	Christopher Newport	6.57m	0.9
5.90m(0.6) 6.57m(0.9) 6.22m(1.0) 5.95m(+0.0) 6.11m(+0.0) 6.13m(+0.0)			
7 Eng, Tetsuo	UC Santa Cruz	6.51m	1.0
6.19m(+0.0) 6.22m(1.5) 6.51m(1.0) 6.38m(-0.4) FOUL(+0.0) 6.42m(+0.0)			
8 Bowie, Tyson	Salisbury	6.50m	+0.0
6.15m(+0.0) 6.50m(+0.0) 6.42m(+0.0)			
9 Gowe, Samuel	Mary Washington	6.47m	1.2
FOUL(1.4) 6.47m(1.2) 6.36m(+0.0)			
10 Frye, Sherrod	Salisbury	6.45m	1.7
FOUL(1.6) 6.45m(1.7) FOUL(+0.0)			
11 Thomas, Nick	Christopher Newport	5.85m	-1.7
FOUL(1.9) FOUL(2.4) 5.85m(-1.7)			
-- Vo, Tyler	UC Santa Cruz	FOUL	
FOUL(3.0) FOUL(+0.0) FOUL(+0.0)			
-- Phelan, Jack	Pratt Institute	FOUL	
FOUL(1.9) FOUL(1.7) FOUL(+0.0)			
-- Rose, Matthew	Mary Washington	FOUL	
FOUL(+0.0) FOUL(0.2) FOUL(+0.0)			

**Event 36 Women Shot Put**

Name	Year School	Finals
Finals		
1 Stevens, Katie	Christopher Newport	11.21m
11.13m 11.21m FOUL 10.34m 10.68m FOUL		
2 Dreher, Annabelle	Christopher Newport	10.03m
9.42m 10.02m 9.31m 9.64m 10.03m 9.35m		
3 Jarboe, Kailey	Salisbury	9.33m
FOUL 8.29m 8.66m 8.87m 9.33m 8.62m		

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**....Event 36 Women Shot Put**

4	Porter, Whitney		UC Santa Cruz	9.22m
	9.22m 8.42m 9.21m 8.84m 8.90m 8.87m			
4	Jones, Faith		Mary Washington	9.22m
	8.63m 8.87m 9.22m 9.02m 9.05m 8.92m			
6	Roach, Alyssa		Christopher Newport	8.95m
	8.58m 8.47m 8.20m 8.55m 8.95m 8.67m			
7	Whitaker, Amira		St. Mary's (Md.)	8.38m
	8.25m 8.38m 8.02m 7.94m 7.95m 8.14m			
8	Marzec, Morgan		St. Mary's (Md.)	7.93m
	7.93m 7.82m 7.83m			
9	Bruno, Fladaina		St. Mary's (Md.)	7.85m
	7.43m 6.95m 7.85m			
9	Miles, Jordyn		St. Mary's (Md.)	7.85m
	7.33m 7.85m 6.93m			
11	Xioufaridou, Maria		Pratt Institute	5.05m
	4.58m 5.05m 4.20m			

**Event 25 Men Hammer Throw**

Name	Year	School	Finals
1 Smith, Luis		Salisbury	46.77m
	41.45m 42.49m 46.77m 45.55m 46.09m	FOUL	
2 Palmer, Tyler		Christopher Newport	43.10m
	FOUL FOUL 38.65m 38.11m 43.10m	FOUL	
3 Sliwa, Colin		Christopher Newport	42.73m
	42.55m 42.73m FOUL FOUL FOUL 40.66m		
4 Varner, Benjamin		Christopher Newport	42.64m
	42.03m 40.30m FOUL 41.84m 42.64m 41.40m		
5 Reeves, Jacob		Salisbury	42.10m
	38.79m 39.41m FOUL 42.10m FOUL FOUL		
6 Ntiganzwa, Dante		Christopher Newport	41.75m
	41.33m FOUL 41.47m 41.75m FOUL 38.11m		
7 Young, Daniel		Christopher Newport	39.27m
	39.27m 38.05m FOUL 38.07m 36.73m 37.81m		
8 Blasi, Garrett		Salisbury	36.00m
	32.58m FOUL 36.00m		
9 McCauley, JJ		Salisbury	31.94m
	30.63m 31.07m 31.94m		
10 Lajara, Marion		St. Mary's (Md.)	29.71m
	23.11m 29.71m 27.58m		
11 Baitman, Max		St. Mary's (Md.)	25.10m
	22.73m FOUL 25.10m		

**Event 30 Women Long Jump**

Name	Year	School	Finals	Wind
1 Roach, Alyssa		Christopher Newport	5.52m	-0.8
	5.35m(-1.0) FOUL(-0.9) 5.52m(-0.8) 5.22m(-1.2) FOUL(+0.0)		5.43m(-0.2)	
2 Byrd, Haileigh		Mary Washington	5.38m	-1.1
	4.95m(-0.9) FOUL(-0.3) 4.94m(-1.2) 4.98m(-1.3) 5.25m(-1.1)		5.38m(-1.1)	
3 Haack, Marlyse		Salisbury	5.21m	-1.4
	FOUL(-0.7) FOUL(-0.8) 5.19m(-1.1) 5.21m(-1.4) 5.15m(+0.0)		4.91m(-1.7)	

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**....Event 30 Women Long Jump**

4 Hill, Mia	Salisbury	5.14m	+0.0
4.87m(-0.1) 5.00m(-0.6) 5.07m(+0.0) 5.06m(-1.3) 5.14m(+0.0) FOUL(-1.2)			
5 Guzman, Alexandra	Christopher Newport	4.93m	+0.0
FOUL(+0.0) FOUL(-1.2) 4.91m(-0.4) FOUL(+0.0) FOUL(-0.9) 4.93m(+0.0)			
6 Thompson, Alana	St. Mary's (Md.)	4.85m	-1.1
4.44m(-1.0) 4.42m(-0.1) 4.85m(-1.1) 4.74m(+0.0) 4.62m(-0.7) 4.35m(-0.1)			
7 Christman, Emma	Salisbury	4.59m	-0.9
4.24m(-1.2) FOUL(-0.2) 4.59m(-0.9) 4.40m(-1.2) FOUL(-1.2) FOUL(+0.0)			
8 Kaplan, Alex	UC Santa Cruz	4.54m	-1.3
FOUL(+0.0) 4.30m(-0.1) 4.54m(-1.3)			
9 Rivers, Chay'La	St. Mary's (Md.)	4.44m	+0.0
FOUL(-0.8) 4.44m(+0.0) 4.30m(-0.6)			
10 Sujitno, Siena	Pratt Institute	4.35m	-1.3
FOUL(-0.2) FOUL(-0.4) 4.35m(-1.3)			
11 Sarao, Bella	UC Santa Cruz	4.28m	-1.1
FOUL(-0.4) FOUL(-1.4) 4.28m(-1.1)			

**Event 35 Men Shot Put**

Name	Year School	Finals
1 Smith, Luis	Salisbury	14.12m
13.19m FOUL FOUL 13.53m 14.12m 13.78m		
2 Ntiganzwa, Dante	Christopher Newport	13.73m
13.73m 13.28m FOUL 12.88m FOUL FOUL		
3 Young, Daniel	Christopher Newport	13.69m
12.97m 13.38m 13.69m 13.31m 13.04m 13.47m		
4 McCauley, JJ	Salisbury	13.22m
11.69m FOUL 12.47m 12.43m 12.42m 13.22m		
5 Palmer, Tyler	Christopher Newport	13.20m
FOUL 13.20m FOUL FOUL FOUL FOUL		
6 Breeze, Mason	Salisbury	12.97m
12.97m 12.77m FOUL 12.06m 12.76m 12.56m		
7 Blasi, Garrett	Salisbury	12.83m
10.78m 10.73m 12.83m 10.73m FOUL FOUL		
8 Sliwa, Colin	Christopher Newport	11.75m
11.75m 11.25m 11.73m		
9 Varner, Benjamin	Christopher Newport	10.59m
10.59m 10.43m FOUL		
10 Lajara, Marion	St. Mary's (Md.)	10.05m
9.92m 9.73m 10.05m		
11 Baitman, Max	St. Mary's (Md.)	8.35m
FOUL 8.35m FOUL		

**Event 26 Women Hammer Throw**

Name	Year School	Finals
1 Stevens, Katie	Christopher Newport	49.72m
FOUL FOUL 46.83m 45.86m FOUL 49.72m		
2 Dreher, Annabelle	Christopher Newport	32.74m
32.74m FOUL FOUL FOUL FOUL 32.20m		
3 Jarboe, Kailey	Salisbury	31.13m
30.25m FOUL FOUL 31.13m 30.08m FOUL		

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**....Event 26 Women Hammer Throw**

4	Pumphrey, Nayeve		St. Mary's (Md.)	29.25m
	27.46m	29.19m	28.86m	28.08m
	29.25m	27.42m		
5	Marzec, Morgan		St. Mary's (Md.)	27.21m
	23.68m	24.97m	27.21m	24.38m
	FOUL	23.30m		
6	Porter, Whitney		UC Santa Cruz	26.83m
	22.05m	24.98m	26.83m	22.23m
	FOUL	FOUL		
7	Jones, Faith		Mary Washington	26.05m
	25.77m	FOUL	FOUL	24.82m
	26.05m	25.25m		
8	Miles, Jordyn		St. Mary's (Md.)	25.59m
	FOUL	25.59m	FOUL	
9	Bruno, Fladaina		St. Mary's (Md.)	25.32m
	25.32m	FOUL	FOUL	

**Event 37 Men Pole Vault**

Name	Year	School	Finals
1 Armel, Jack		Christopher Newport	4.46m
2 Wissler, Shea		UC Santa Cruz	4.36m
3 Kralec, Zachary		St. Mary's (Md.)	3.96m
4 Gorgani, Armon		UC Santa Cruz	J3.96m
5 Bishop, Logan		Christopher Newport	3.36m
-- Keroack, David		Christopher Newport	NH

Women - Team Rankings - 5 Events Scored

1) Christopher Newport	85	2) Salisbury	34
3) Mary Washington	15	4) UC Santa Cruz	12
5) St. Mary's (Md.)	8		

Men - Team Rankings - 5 Events Scored

1) Christopher Newport	65	2) Salisbury	47
3) UC Santa Cruz	34	4) St. Mary's (Md.)	6
5) Mary Washington	2		