

2023 Coast to Coast - 5/7/2023 to 5/8/2023
Outdoor Track & Field Championships
University of Mary Washington
Results

Women 100 Meter Dash

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Trussell, Sydney	Christopher Newport	12.22Q	1.0	1
2 Redmond, Sophia	Mary Washington	12.27Q	1.3	2
3 Cummins, Amaya	UC Santa Cruz	12.60q	1.3	2
4 Byrd, Haileigh	Mary Washington	12.74q	1.0	1
5 Stirling, Lindsey	Christopher Newport	12.79q	1.0	1
6 Forvil, Karia	Salisbury	12.80q	1.0	1
7 Sujitno, Siena	Pratt Institute	12.90q	1.3	2
8 Rivers, Chay'La	St. Mary's (Md.)	12.93q	1.3	2
9 Williams, Karon	St. Mary's (Md.)	13.50	1.0	1
10 Snell-Ostendorf, Addie	St. Mary's (Md.)	13.89	1.3	2
11 Mobray, Tray	St. Mary's (Md.)	13.91	1.3	2
12 Gaspari, Emma	Pratt Institute	15.31	1.0	1
13 Vazquez, Emily	Pratt Institute	16.85	1.0	1

Women 100 Meter Dash

Name	Year School	Finals	Wind
Finals			
1 Trussell, Sydney	Christopher Newport	12.30	0.1
2 Redmond, Sophia	Mary Washington	12.34	0.1
3 Cummins, Amaya	UC Santa Cruz	12.52	0.1
4 Stirling, Lindsey	Christopher Newport	12.77	0.1
5 Byrd, Haileigh	Mary Washington	12.84	0.1
6 Forvil, Karia	Salisbury	12.93	0.1
7 Sujitno, Siena	Pratt Institute	12.98	0.1
8 Rivers, Chay'La	St. Mary's (Md.)	13.01	0.1

Women 200 Meter Dash

Name	Year School	Finals	Wind	H#
1 Trussell, Sydney	Christopher Newport	25.40	+0.0	3
2 Redmond, Sophia	Mary Washington	25.82	+0.0	3
3 DeSantis, Adrianna	Christopher Newport	25.87	+0.0	3
4 Cummins, Amaya	UC Santa Cruz	26.05	+0.0	3
5 Haack, Marlyse	Salisbury	26.29	+0.0	3
6 Hill, Mia	Salisbury	26.57	+0.0	3
7 Rivers, Chay'La	St. Mary's (Md.)	27.00	+0.0	2
8 Forvil, Karia	Salisbury	27.34	+0.0	3
9 Stirling, Lindsey	Christopher Newport	27.39	+0.0	3
10 Owens, Savannah	St. Mary's (Md.)	27.76	+0.0	2
11 Sujitno, Siena	Pratt Institute	27.96	+0.0	2
12 Thompson, Alana	St. Mary's (Md.)	28.00	+0.0	2
13 Williams, Karon	St. Mary's (Md.)	28.52	+0.0	1
14 Kasanagottu, Isha	UC Santa Cruz	28.93	+0.0	2
15 Joyce, Caroline	Mary Washington	30.11	+0.0	1
16 Galvan, Kayla	Pratt Institute	31.51	+0.0	2
17 Gaspari, Emma	Pratt Institute	32.50	+0.0	1

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Name	Year School	Finals	H#
1 DeSantis, Adrianna	Christopher Newport	58.51	2
2 Donovan, Caitlin	UC Santa Cruz	59.99	2
3 Galvez, Kayla	UC Santa Cruz	1:01.60	2
4 Owens, Savannah	St. Mary's (Md.)	1:02.86	2
5 Jimenez, Sophie	UC Santa Cruz	1:02.91	2
6 Yenyó, Casey	Christopher Newport	1:03.38	1
7 Thompson, Alana	St. Mary's (Md.)	1:03.58	2
8 Miller, Ainsley	Christopher Newport	1:04.01	1
9 Heckman, Amanda	Mary Washington	1:04.34	2
10 Ekanem, Destinee	Salisbury	1:04.93	1
11 Hunwick, Ava	Pratt Institute	1:06.02	1
12 Ojulu, Ariat	St. Mary's (Md.)	1:07.58	2
13 Eungard, Eleanor	Christopher Newport	1:07.60	1
14 Joyce, Caroline	Mary Washington	1:08.06	1
15 Tolson, Chloe	St. Mary's (Md.)	1:09.06	1

Women 800 Meter Run

Name	Year School	Finals	H#
1 Hekkanen, Hanna	UC Santa Cruz	2:18.52	2
2 Savoie, Mae	Christopher Newport	2:21.00	2
3 Douglas, Brittney	St. Mary's (Md.)	2:22.42	2
4 Perez, Adalyn	Christopher Newport	2:23.80	2
5 Simmons, Abigale	Salisbury	2:26.34	2
6 Cedillo, Frieda	UC Santa Cruz	2:28.39	2
7 Dana, Eliza	Christopher Newport	2:31.66	2
8 Ramirez, Eliana	Mary Washington	2:42.56	1
9 Brumfield, Josie	Christopher Newport	2:43.14	2
10 Armstrong, Katherine	Mary Washington	2:46.68	1
11 Angel-Aguilar, Pamela	St. Mary's (Md.)	2:53.53	1

Women 1500 Meter Run

Name	Year School	Finals
1 Martel-Phillips, Riley	UC Santa Cruz	4:41.44
2 Baudin, Ash	UC Santa Cruz	4:45.71
3 Janku, Helena	UC Santa Cruz	4:48.79
4 Savoie, Mae	Christopher Newport	4:48.94
5 Sancho-Spore, Christina	Pratt Institute	5:03.66
6 Kinka, Sarah	Christopher Newport	5:18.49
7 Alatorre, Fernanda	Pratt Institute	5:22.09
8 Rathmann, Maddie	Salisbury	5:24.35
9 Pippin, Grace	Mary Washington	5:28.01
10 Elliott, Erin	Christopher Newport	5:37.19
11 Lecouras, Ariana	St. Mary's (Md.)	5:48.23

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Women 5000 Meter Run

Name	Year School	Finals
1 Martel-Phillips, Riley	UC Santa Cruz	18:12.02
2 Janku, Helena	UC Santa Cruz	18:47.25
3 Santoro, Alyssa	Salisbury	18:52.37
4 Rawlings, Maddy	Christopher Newport	18:55.45
5 Sisson, Madi	Salisbury	19:29.72
6 Rule, Lindsay	UC Santa Cruz	19:48.54
7 Sapp, Lauren	St. Mary's (Md.)	19:56.05
8 Fonseca, Monica	UC Santa Cruz	20:07.50
9 Beesch, Courtney	Pratt Institute	20:39.14
10 Kapp, Julia	Christopher Newport	20:56.59
11 Oberlies, Jessica	Mary Washington	21:30.05
12 White, Kendra	Mary Washington	21:53.94
-- Snow, Julia	Mary Washington	DNF

Women 10000 Meter Run

Name	Year School	Finals
1 Rawlings, Maddy	Christopher Newport	38:55.07
2 Simms, Sage	UC Santa Cruz	39:33.62
3 Wagner, Allyson	Salisbury	41:09.86
4 Garster, Claire	Christopher Newport	41:21.32
5 Valcich, Michelle	Christopher Newport	41:25.17
6 Sapp, Lauren	St. Mary's (Md.)	41:42.26
7 Roberts, Rachel	Salisbury	41:57.03
8 Pratt, Callie	Christopher Newport	42:17.04
9 Heart, Izzy	UC Santa Cruz	43:50.73
10 Miles, Libby	Christopher Newport	44:02.43

Women 100 Meter Hurdles

Name	Year School	Finals	Wind
1 Solumua, Chloe	UC Santa Cruz	14.43	+0.0
2 Roach, Alyssa	Christopher Newport	14.46	+0.0
3 Byrd, Haileigh	Mary Washington	15.25	+0.0
4 Jones, Mackenzie	UC Santa Cruz	17.00	+0.0
5 Kasanagottu, Isha	UC Santa Cruz	17.69	+0.0
6 Sarao, Bella	UC Santa Cruz	18.29	+0.0
7 Galvan, Kayla	Pratt Institute	20.39	+0.0

Women 400 Meter Hurdles

Name	Year School	Finals	H#
1 Solumua, Chloe	UC Santa Cruz	1:05.93	2
2 Roach, Alyssa	Christopher Newport	1:08.43	2
3 Baudin, Ash	UC Santa Cruz	1:10.29	2
4 Jones, Mackenzie	UC Santa Cruz	1:12.29	2
5 Dasalla, Alicia	UC Santa Cruz	1:13.95	2
6 Yenyo, Casey	Christopher Newport	1:15.52	1
7 Hurley, Kenzie	Christopher Newport	1:19.00	1

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....Women 400 Meter Hurdles

8 Jones, Dina St. Mary's (Md.) 1:22.50 1

Women 3000 Meter Steeplechase

Name	Year School	Finals
1 Dana, Eliza	Christopher Newport	11:33.27
2 Wirz, Emma	UC Santa Cruz	11:49.27
3 Chuang, Cheryl	UC Santa Cruz	12:22.06
4 McGrail, Lex	Christopher Newport	12:38.46
5 Roberts, Rachel	Salisbury	12:43.64
6 Snyder, Leah	Salisbury	13:30.43
7 Oberlies, Jessica	Mary Washington	13:44.07

Women 4x100 Meter Relay

School	Finals
1 UC Santa Cruz 'A'	48.40
1) Cummins, Amaya	2) Solumua, Chloe
3) Galvez, Kayla	4) Donovan, Caitlin
2 Christopher Newport 'A'	48.65
1) Eungard, Eleanor	2) Stirling, Lindsey
3) DeSantis, Adrianna	4) Trussell, Sydney
3 Salisbury 'A'	49.86
1) Forvil, Karia	2) Haack, Marlyse
3) Christman, Emma	4) Hill, Mia
4 St. Mary's (Md.) 'A'	52.19
1) Rivers, Chay'La	2) Owens, Savannah
3) Mobray, Tray	4) Thompson, Alana
5 Pratt Institute 'A'	1:00.72
1) Galvan, Kayla	2) Vazquez, Emily
3) Gaspari, Emma	4) Hunwick, Ava

Women 4x400 Meter Relay

School	Finals
1 UC Santa Cruz 'A'	4:09.72
1) Donovan, Caitlin	2) Solumua, Chloe
3) Cummins, Amaya	4) Baudin, Ash
2 Salisbury 'A'	4:18.60
1) Hill, Mia	2) Haack, Marlyse
3) Ekanem, Destinee	4) Forvil, Karia
3 St. Mary's (Md.) 'A'	4:23.76
1) Owens, Savannah	2) Kinyanjui, Elise
3) Thompson, Alana	4) Douglas, Brittney
4 Christopher Newport 'A'	4:31.95
1) Miller, Ainsley	2) Anstice, Sarah
3) Yenyoy, Casey	4) DeSantis, Adrianna
5 Pratt Institute 'A'	4:50.60
1) Galvan, Kayla	2) Hunwick, Ava
3) Alatorre, Fernanda	4) Sancho-Spore, Christina

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Women High Jump 2

Name	Year School	Finals
1 Unger, Hannah	Mary Washington	1.54m
1.42 1.45 1.48 1.51 1.54 1.57		
O XO O O XO XXX		
2 Roach, Alyssa	Christopher Newport	1.48m
1.42 1.48 1.51		
O XO XXX		
3 Kinyanjui, Elise	St. Mary's (Md.)	1.45m
1.39 1.42 1.45 1.48		
XXO XO XO XXX		
4 Williams, Karon	St. Mary's (Md.)	1.36m
1.33 1.36 1.39		
O XO XXX		
5 Kasanagottu, Isha	UC Santa Cruz	J1.36m
1.33 1.36 1.39		
XO XXO XXX		
6 Mangels, Avery	Christopher Newport	1.33m
1.33 1.36		
XXO XXX		

Women Pole Vault

Name	Year School	Finals
1 Miller, Ainsley	Christopher Newport	2.98m
2.88 2.98 3.08		
XO O XXX		
2 Mangels, Avery	Christopher Newport	2.88m
2.88 2.98		
XO XXX		
3 Knapp, Lauren	Salisbury	2.78m
2.78 2.88		
O XXX		
4 Phillips, Maddie	Mary Washington	2.68m
2.48 2.68 2.78		
O XO XXX		
5 Tate, Mackenzie	Christopher Newport	2.38m
2.38 2.48		
O XXX		
-- Bussell, Hana	Mary Washington	NH
2.38		
XXX		

Women Long Jump

Name	Year School	Finals	Wind
1 Roach, Alyssa	Christopher Newport	5.52m	-0.8
5.35m(-1.0) FOUL(-0.9) 5.52m(-0.8) 5.22m(-1.2) FOUL(+0.0) 5.43m(-0.2)			
2 Byrd, Haileigh	Mary Washington	5.38m	-1.1
4.95m(-0.9) FOUL(-0.3) 4.94m(-1.2) 4.98m(-1.3) 5.25m(-1.1) 5.38m(-1.1)			
3 Haack, Marlyse	Salisbury	5.21m	-1.4
FOUL(-0.7) FOUL(-0.8) 5.19m(-1.1) 5.21m(-1.4) 5.15m(+0.0) 4.91m(-1.7)			

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....Women Long Jump

4 Hill, Mia	Salisbury	5.14m	+0.0
4.87m(-0.1) 5.00m(-0.6) 5.07m(+0.0) 5.06m(-1.3) 5.14m(+0.0) FOUL(-1.2)			
5 Guzman, Alexandra	Christopher Newport	4.93m	+0.0
FOUL(+0.0) FOUL(-1.2) 4.91m(-0.4) FOUL(+0.0) FOUL(-0.9) 4.93m(+0.0)			
6 Thompson, Alana	St. Mary's (Md.)	4.85m	-1.1
4.44m(-1.0) 4.42m(-0.1) 4.85m(-1.1) 4.74m(+0.0) 4.62m(-0.7) 4.35m(-0.1)			
7 Christman, Emma	Salisbury	4.59m	-0.9
4.24m(-1.2) FOUL(-0.2) 4.59m(-0.9) 4.40m(-1.2) FOUL(-1.2) FOUL(+0.0)			
8 Kaplan, Alex	UC Santa Cruz	4.54m	-1.3
FOUL(+0.0) 4.30m(-0.1) 4.54m(-1.3)			
9 Rivers, Chay'La	St. Mary's (Md.)	4.44m	+0.0
FOUL(-0.8) 4.44m(+0.0) 4.30m(-0.6)			
10 Sujitno, Siena	Pratt Institute	4.35m	-1.3
FOUL(-0.2) FOUL(-0.4) 4.35m(-1.3)			
11 Sarao, Bella	UC Santa Cruz	4.28m	-1.1
FOUL(-0.4) FOUL(-1.4) 4.28m(-1.1)			

Women Triple Jump

Name	Year School	Finals	Wind
1 Byrd, Haileigh	Mary Washington	11.09m	+0.0
10.89m(0.4) 11.09m(+0.0) FOUL(+0.0) PASS PASS PASS			
2 Haack, Marlyse	Salisbury	10.99m	+0.0
FOUL(+0.0) 10.55m(+0.0) 10.40m(-0.8) FOUL(+0.0) 10.88m(+0.0) 10.99m(+0.0)			
3 Guzman, Alexandra	Christopher Newport	10.68m	0.1
FOUL(+0.0) FOUL(+0.0) 10.42m(-1.3) 10.68m(0.1) 10.41m(-0.5) 10.65m(+0.0)			
4 Mangels, Avery	Christopher Newport	10.35m	+0.0
10.12m(+0.0) 9.89m(+0.0) 9.92m(+0.0) 10.16m(0.1) 10.06m(+0.0) 10.35m(+0.0)			
5 Christman, Emma	Salisbury	9.94m	-0.7
9.92m(+0.0) 9.84m(+0.0) 9.59m(-0.5) FOUL(+0.0) 9.77m(+0.0) 9.94m(-0.7)			
6 Sarao, Bella	UC Santa Cruz	9.94m	-0.3
9.68m(+0.0) 9.86m(+0.0) 9.72m(-1.2) FOUL(0.7) 9.94m(-0.3) 9.89m(+0.0)			
7 Rivers, Chay'La	St. Mary's (Md.)	9.90m	+0.0
9.50m(0.1) 9.90m(+0.0) 9.80m(+0.0) 9.26m(0.9) FOUL(-1.1) FOUL(-0.1)			
8 Kaplan, Alex	UC Santa Cruz	9.86m	+0.0
9.71m(2.3) 9.86m(+0.0) 9.60m(-1.2) 9.79m(+0.0) 9.84m(+0.0) 9.78m(-1.4)			

Women Shot Put

Name	Year School	Finals
1 Stevens, Katie	Christopher Newport	11.21m
11.13m 11.21m FOUL 10.34m 10.68m FOUL		
2 Dreher, Annabelle	Christopher Newport	10.03m
9.42m 10.02m 9.31m 9.64m 10.03m 9.35m		
3 Jarboe, Kailey	Salisbury	9.33m
FOUL 8.29m 8.66m 8.87m 9.33m 8.62m		
4 Porter, Whitney	UC Santa Cruz	9.22m
9.22m 8.42m 9.21m 8.84m 8.90m 8.87m		
4 Jones, Faith	Mary Washington	9.22m
8.63m 8.87m 9.22m 9.02m 9.05m 8.92m		
6 Roach, Alyssa	Christopher Newport	8.95m
8.58m 8.47m 8.20m 8.55m 8.95m 8.67m		

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....Women Shot Put

7 Whitaker, Amira	St. Mary's (Md.)	8.38m
8.25m 8.38m 8.02m 7.94m 7.95m 8.14m		
8 Marzec, Morgan	St. Mary's (Md.)	7.93m
7.93m 7.82m 7.83m		
9 Bruno, Fladaina	St. Mary's (Md.)	7.85m
7.43m 6.95m 7.85m		
9 Miles, Jordyn	St. Mary's (Md.)	7.85m
7.33m 7.85m 6.93m		
11 Xioufaridou, Maria	Pratt Institute	5.05m
4.58m 5.05m 4.20m		

Women Discus Throw

Name	Year School	Finals
1 Stevens, Katie	Christopher Newport	39.91m
36.25m FOUL 34.38m 35.83m FOUL 39.91m		
2 Dreher, Annabelle	Christopher Newport	30.33m
25.97m 30.33m 29.28m 30.26m 27.25m 28.64m		
3 Jarboe, Kailey	Salisbury	29.94m
27.81m 24.55m FOUL 29.94m 29.05m 26.99m		
4 Porter, Whitney	UC Santa Cruz	28.77m
27.04m 28.72m 28.77m 25.84m FOUL 20.38m		
5 Jones, Faith	Mary Washington	24.18m
20.65m FOUL 19.59m 24.18m 24.14m FOUL		
6 Marzec, Morgan	St. Mary's (Md.)	22.60m
22.60m FOUL 21.85m FOUL FOUL 18.62m		
7 Gaines, Quentessa	Mary Washington	20.58m
19.45m 19.41m 20.58m 20.10m 19.98m FOUL		
8 Eungard, Eleanor	Christopher Newport	19.47m
FOUL 17.37m 19.47m		
9 Magaletta, Olivia	St. Mary's (Md.)	18.19m
FOUL FOUL 18.19m		
10 Pumphrey, Nayev	St. Mary's (Md.)	18.09m
18.09m FOUL FOUL		
11 Bruno, Fladaina	St. Mary's (Md.)	16.04m
16.04m FOUL FOUL		
12 Xioufaridou, Maria	Pratt Institute	12.34m
FOUL FOUL 12.34m		

Women Hammer Throw

Name	Year School	Finals
1 Stevens, Katie	Christopher Newport	49.72m
FOUL FOUL 46.83m 45.86m FOUL 49.72m		
2 Dreher, Annabelle	Christopher Newport	32.74m
32.74m FOUL FOUL FOUL FOUL 32.20m		
3 Jarboe, Kailey	Salisbury	31.13m
30.25m FOUL FOUL 31.13m 30.08m FOUL		
4 Pumphrey, Nayev	St. Mary's (Md.)	29.25m
27.46m 29.19m 28.86m 28.08m 29.25m 27.42m		
5 Marzec, Morgan	St. Mary's (Md.)	27.21m
23.68m 24.97m 27.21m 24.38m FOUL 23.30m		

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....Women Hammer Throw

6	Porter, Whitney	UC Santa Cruz	26.83m
	22.05m 24.98m 26.83m 22.23m FOUL FOUL		
7	Jones, Faith	Mary Washington	26.05m
	25.77m FOUL FOUL 24.82m 26.05m 25.25m		
8	Miles, Jordyn	St. Mary's (Md.)	25.59m
	FOUL 25.59m FOUL		
9	Bruno, Fladaina	St. Mary's (Md.)	25.32m
	25.32m FOUL FOUL		

Women Javelin Throw

Name	Year School	Finals
1 Stevens, Katie	Christopher Newport	27.25m
	26.97m 21.83m 27.25m FOUL 22.82m 24.67m	
2 Jarboe, Kailey	Salisbury	22.02m
	15.60m 15.44m 15.53m 15.73m 14.73m 22.02m	
3 Solumua, Chloe	UC Santa Cruz	18.95m
	17.17m 17.65m 18.95m 14.31m PASS PASS	
4 Eungard, Eleanor	Christopher Newport	18.07m
	FOUL 18.06m 18.07m PASS 16.82m 16.56m	
5 Thompson, Alana	St. Mary's (Md.)	17.37m
	15.22m 17.37m 12.20m PASS 12.19m 12.59m	
6 Porter, Whitney	UC Santa Cruz	16.85m
	14.30m 15.47m FOUL FOUL 16.85m FOUL	
7 Marzec, Morgan	St. Mary's (Md.)	15.39m
	15.39m 12.44m 12.60m FOUL FOUL FOUL	
8 Jones, Faith	Mary Washington	15.26m
	FOUL 15.26m FOUL	
9 Magaletta, Olivia	St. Mary's (Md.)	14.73m
	14.73m FOUL 13.35m	
10 Miles, Jordyn	St. Mary's (Md.)	14.21m
	13.04m 14.21m FOUL	
11 Phillips, Maddie	Mary Washington	13.35m
	FOUL 13.35m 12.82m	
12 Gaines, Quentessa	Mary Washington	13.21m
	12.05m 13.21m FOUL	
13 Tate, Mackenzie	Christopher Newport	13.06m
	FOUL FOUL 13.06m	
-- Roach, Alyssa	Christopher Newport	FOUL
	FOUL FOUL FOUL	

Men 100 Meter Dash

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Shelton, Jacob	Salisbury	10.81Q	-0.1	1
2 Fox, Daniel	Christopher Newport	10.82Q	-0.3	2
3 Frye, Sherrod	Salisbury	11.03q	-0.1	1
4 Douge, Emmanuel	St. Mary's (Md.)	11.15q	-0.1	1
4 Stenger, Jonathan	UC Santa Cruz	11.15q	-0.3	2
6 Markman, Rashawn	Salisbury	11.23q	-0.3	2
7 Kramer, Ryan	Salisbury	11.30q	-0.3	2

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8 Vo, Tyler	UC Santa Cruz	11.33q	-0.1	1
9 Kibort, Jack	UC Santa Cruz	11.38	-0.3	2
10 Lesko, Kyle	Christopher Newport	11.45	-0.1	1
10 Dhillon, Kareem	Mary Washington	11.45	-0.3	2
12 Forte, Langley	Christopher Newport	11.57	-0.1	1
13 Rose, Matthew	Mary Washington	11.61	-0.1	1
14 McMillon, Tyler	Mary Washington	11.82	-0.3	2
15 Gouin, Alexander	St. Mary's (Md.)	12.03	-0.1	1
16 Aso, Jaedon	St. Mary's (Md.)	12.29	-0.3	2

Men 100 Meter Dash

Name	Year School	Finals	Wind
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Finals

1 Fox, Daniel	Christopher Newport	10.69	0.3	
2 Shelton, Jacob	Salisbury	10.80	0.3	
3 Frye, Sherrod	Salisbury	11.03	0.3	
4 Stenger, Jonathan	UC Santa Cruz	11.20	0.3	11.192
5 Douge, Emmanuel	St. Mary's (Md.)	11.20	0.3	11.194
6 Kramer, Ryan	Salisbury	11.21	0.3	
7 Markman, Rashawn	Salisbury	11.26	0.3	
8 Vo, Tyler	UC Santa Cruz	11.27	0.3	

Men 200 Meter Dash

Name	Year School	Finals	Wind	H#
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1 Smith, Kai	Salisbury	21.61	+0.0	3
2 Jones II, Jacinto	Mary Washington	21.78	+0.0	3
3 Frye, Sherrod	Salisbury	22.15	+0.0	3
4 Kibort, Jack	UC Santa Cruz	22.44	+0.0	3
5 Shelton, Jacob	Salisbury	22.45	+0.0	3
6 Douge, Emmanuel	St. Mary's (Md.)	22.82	+0.0	3
7 Lesko, Kyle	Christopher Newport	22.83	+0.0	3
8 Stenger, Jonathan	UC Santa Cruz	23.13	+0.0	1
9 Bowie, Tyson	Salisbury	23.23	-0.1	2
10 Dhillon, Kareem	Mary Washington	23.81	-0.1	2
11 Pettus, Mitch	Christopher Newport	23.92	-0.1	2
12 Forte, Langley	Christopher Newport	24.13	-0.1	2
13 McMillon, Tyler	Mary Washington	24.32	+0.0	1
14 Obi, Kirby	St. Mary's (Md.)	24.43	-0.1	2
15 Aso, Jaedon	St. Mary's (Md.)	24.47	+0.0	1
16 Gouin, Alexander	St. Mary's (Md.)	24.57	-0.1	2
-- Fox, Daniel	Christopher Newport	DNF	+0.0	3

Men 400 Meter Dash

Name	Year School	Finals	H#
------	-------------	--------	----

1 Smith, Kai	Salisbury	48.48	2
2 Heinz, Mike	Salisbury	49.12	2
3 Bizzack, Ethan	UC Santa Cruz	49.33	2
4 Jones II, Jacinto	Mary Washington	49.90	2

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5 Elliott, Gage	Christopher Newport	50.03	1
6 Temple, Ryan	Salisbury	50.41	2
7 Spring, Perry	Christopher Newport	50.94	2
8 Laser, John	Christopher Newport	51.29	1
9 Myers, Hayden	Salisbury	51.89	2
10 Keroack, David	Christopher Newport	53.11	1
11 Obi, Kirby	St. Mary's (Md.)	53.20	1
12 Norris, Nate	St. Mary's (Md.)	54.30	1
13 Henson, Eli	St. Mary's (Md.)	54.98	1
14 Laden, Levi	UC Santa Cruz	55.36	2

Men 800 Meter Run

Name	Year School	Finals	H#
1 Anderson, Eric	UC Santa Cruz	1:52.69	3
2 Hillberg, Aaron	UC Santa Cruz	1:53.00	3
3 Spencer, Holden	UC Santa Cruz	1:54.52	3
4 Bailey, Brett	UC Santa Cruz	1:55.81	3
5 Ferrante, Daniel	Christopher Newport	1:56.52	3
6 Tompkins, Luke	Christopher Newport	1:56.96	3
7 Albright, Cooper	Christopher Newport	1:57.45	3
8 Girard, Aidan	Mary Washington	1:59.11	2
9 Kimener, Aidan	Mary Washington	1:59.91	2
10 Perrone, Thomas	Pratt Institute	2:01.19	2
11 Nagel, Carson	UC Santa Cruz	2:01.70	3
12 Dalton, Taylor	Christopher Newport	2:03.86	1
13 Lohr, Jacob	Mary Washington	2:07.20	2
14 Pastore, Quentin	St. Mary's (Md.)	2:11.90	2
15 Bryne, Kelly	St. Mary's (Md.)	2:17.64	1
16 Westgate, Bruce	Pratt Institute	2:31.84	1
-- Norris, Nate	St. Mary's (Md.)	DNF	2

Men 1500 Meter Run

Name	Year School	Finals	H#
1 Ferrante, Daniel	Christopher Newport	3:55.52	2
2 Bailey, Brett	UC Santa Cruz	3:55.93	2
3 Ingersoll, Raymond	UC Santa Cruz	4:01.28	2
4 Orton, Casey	UC Santa Cruz	4:01.48	2
5 Lohr, Jacob	Mary Washington	4:02.91	2
6 Kinch, Connor	Salisbury	4:03.11	2
7 Burke, Declan	Salisbury	4:13.78	2
8 Foote, Austin	Salisbury	4:16.26	2
9 Dye, Michael	Mary Washington	4:17.81	2
10 Westgate, Bruce	Pratt Institute	4:20.44	2
11 Pastore, Quentin	St. Mary's (Md.)	4:20.64	2
12 Jones, Michael	Christopher Newport	4:21.17	2
13 Bryne, Kelly	St. Mary's (Md.)	4:26.73	1
14 Burke, Julian	Mary Washington	4:31.62	1
15 Bhopaul, Daniel	Pratt Institute	4:56.14	1
16 Valentine, David	Pratt Institute	5:11.34	1

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Men 5000 Meter Run

Name	Year School	Finals
1 Jackson, Eric	UC Santa Cruz	14:55.94
2 Chang, Oliver	UC Santa Cruz	15:06.22
3 Holland, Luke	UC Santa Cruz	15:14.85
4 Orton, Casey	UC Santa Cruz	15:38.95
5 Murphy, Patrick	Mary Washington	15:47.46
6 Grossi, Matt	Salisbury	15:53.75
7 Kinch, Connor	Salisbury	15:56.32
8 Vogel, John	Christopher Newport	16:01.99
9 Cave, Jason	Salisbury	16:05.77
10 Ingersoll, Raymond	UC Santa Cruz	16:12.51
11 Wright, Dylan	Mary Washington	16:19.98
12 Hawkins, Luke	Christopher Newport	16:37.20
-- Ferrante, Daniel	Christopher Newport	DNF
-- Tolarchyk, Nicholas	Christopher Newport	DNF

Men 10000 Meter Run

Name	Year School	Finals
1 Riedel, Sean	UC Santa Cruz	33:02.13
2 Vizcarra, Diego	UC Santa Cruz	33:46.13
3 Bodmer, Sam	Salisbury	33:46.76
4 Cronin, Dylan	UC Santa Cruz	33:52.58
5 Hawkins, Luke	Christopher Newport	34:24.44
6 Foti, Tom	Christopher Newport	35:19.42
7 Petenbrink, Luke	Salisbury	35:27.47
8 Atienza, John	Christopher Newport	37:08.33

Men 110 Meter Hurdles

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Shaffer, Gavin	Salisbury	15.28Q	-0.6	1
2 Young, Ethan	Mary Washington	15.43Q	-0.7	2
3 Wissler, Shea	UC Santa Cruz	15.62q	-0.6	1
4 Creadon, Reese	Mary Washington	15.67q	-0.7	2
5 Wingate, Travis	Salisbury	16.41q	-0.6	1
6 Armel, Jack	Christopher Newport	16.42q	-0.7	2
7 Leitao, Gustavo	Christopher Newport	16.55q	-0.6	1
8 Kougiouris, Sotirios	UC Santa Cruz	16.59q	-0.7	2
9 Anderson, Ethan	Christopher Newport	17.22	-0.6	1
10 Koesel, Drew	UC Santa Cruz	17.80	-0.7	2
11 Bower, Ethan	Christopher Newport	19.09	-0.7	2

Men 110 Meter Hurdles

Name	Year School	Finals	Wind
Finals			
1 Shaffer, Gavin	Salisbury	15.22	-0.1
2 Young, Ethan	Mary Washington	15.47	-0.1

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3	Creadon, Reese	Mary Washington	15.60	-0.1
4	Wissler, Shea	UC Santa Cruz	15.63	-0.1
5	Leitao, Gustavo	Christopher Newport	16.08	-0.1
6	Kougiouris, Sotirios	UC Santa Cruz	16.12	-0.1
7	Armel, Jack	Christopher Newport	16.35	-0.1
8	Wingate, Travis	Salisbury	16.53	-0.1

Men 400 Meter Hurdles

Name	Year School	Finals
1 Yara, Manogya	UC Santa Cruz	55.64
2 Leitao, Gustavo	Christopher Newport	55.65
3 Young, Ethan	Mary Washington	56.87
4 Koesel, Drew	UC Santa Cruz	58.38
5 Kougiouris, Sotirios	UC Santa Cruz	59.89
6 Tolarchyk, Nicholas	Christopher Newport	1:00.01
7 Bower, Ethan	Christopher Newport	1:00.38
8 Freeland, Elliott	Salisbury	1:03.24

Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Hebert, Camden	UC Santa Cruz	9:38.54
2 Vogel, John	Christopher Newport	9:53.78
3 Onorato, Nick	Mary Washington	10:01.60
4 Tolarchyk, Nicholas	Christopher Newport	10:01.61
5 Sciole, Nick	UC Santa Cruz	10:19.71
6 Dutton, Tristan	Salisbury	10:28.80
7 Sangiuliano, Jason	Christopher Newport	10:45.36
8 Harbourt, Patton	St. Mary's (Md.)	12:14.46

Men 4x100 Meter Relay

School	Finals
1 Christopher Newport 'A'	41.59
1) Reeders, Clarence	2) Lesko, Kyle
3) Spring, Perry	4) Fox, Daniel
2 Salisbury 'A'	41.65
1) Shelton, Jacob	2) Frye, Sherrod
3) Kramer, Ryan	4) Smith, Kai
3 Mary Washington 'A'	41.99
1) Jones II, Jacinto	2) Creadon, Reese
3) Rose, Matthew	4) Chapman, Ian
4 UC Santa Cruz 'A'	42.61
1) Bizzack, Ethan	2) Stenger, Jonathan
3) Vo, Tyler	4) Kibort, Jack
5 St. Mary's (Md.) 'A'	45.39
1) Gouin, Alexander	2) Obi, Kirby
3) Aso, Jaedon	4) Douge, Emmanuel
6 Pratt Institute 'A'	51.40
1) Perrone, Thomas	2) Phelan, Jack

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....Men 4x100 Meter Relay

- 3) DeGaetano, Chris
4) Bhopaul, Daniel

Men 4x400 Meter Relay

Table with columns: School, Finals. Lists relay teams and their times: 1 Salisbury 'A' 3:22.32, 2 UC Santa Cruz 'A' 3:22.83, 3 Christopher Newport 'A' 3:28.98, 4 Mary Washington 'A' 3:34.13, 5 St. Mary's (Md.) 'A' 3:57.13, 6 Pratt Institute 'A' 4:19.80.

Men High Jump

Table with columns: Name, Year School, Finals. Lists high jump results: 1 Anderson, Ethan (1.96m), 2 Dunkelberger, Wade (J1.96m), 3 McGinley, Andrew (1.93m), 4 Wissler, Shea (1.84m), 5 Eng, Tetsuo (1.81m), 6 Thomas, Nick (1.76m), -- Haun, Dylan (NH).

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Men Pole Vault

Name	Year	School	Finals
1 Armel, Jack		Christopher Newport	4.46m
4.26 4.36 4.46 4.60			
XXO XO XO XXX			
2 Wissler, Shea		UC Santa Cruz	4.36m
3.86 3.96 4.16 4.26 4.36 4.46			
O O XXO O O XXX			
3 Kralec, Zachary		St. Mary's (Md.)	3.96m
3.86 3.96 4.06			
O O XXX			
4 Gorgani, Armon		UC Santa Cruz	J3.96m
3.86 3.96 4.06			
O XO XXX			
5 Bishop, Logan		Christopher Newport	3.36m
3.36 3.46			
XO XXX			
-- Keroack, David		Christopher Newport	NH
3.36			
XXX			

Men Long Jump 2

Name	Year	School	Finals	Wind
1 Reeders, Clarence		Christopher Newport	7.07m	+0.0
FOUL(+0.0) 6.96m(3.1) 6.75m(+0.0) 5.13m(+0.0) 5.53m(0.9) 7.07m(+0.0)				
2 Markman, Rashawn		Salisbury	6.96m	1.3
6.85m(-1.2) FOUL(1.1) 6.96m(1.3) 6.89m(+0.0) 6.88m(1.5) 6.91m(+0.0)				
3 Wamley, Zion		Salisbury	6.78m	1.3
6.61m(1.9) 6.57m(0.5) 6.48m(+0.0) 6.38m(+0.0) 6.64m(+0.0) 6.78m(1.3)				
4 Elliott, Gage		Christopher Newport	6.77m	+0.0
FOUL(2.0) FOUL(1.5) 6.73m(1.4) 6.54m(+0.0) 6.77m(+0.0) FOUL(+0.0)				
5 Smagh, Aidan		Mary Washington	6.63m	+0.0
FOUL(1.1) 6.63m(+0.0) 6.46m(1.2) 6.52m(0.1) FOUL(0.4) 6.31m(1.0)				
6 Peterson, Brandon		Christopher Newport	6.57m	0.9
5.90m(0.6) 6.57m(0.9) 6.22m(1.0) 5.95m(+0.0) 6.11m(+0.0) 6.13m(+0.0)				
7 Eng, Tetsuo		UC Santa Cruz	6.51m	1.0
6.19m(+0.0) 6.22m(1.5) 6.51m(1.0) 6.38m(-0.4) FOUL(+0.0) 6.42m(+0.0)				
8 Bowie, Tyson		Salisbury	6.50m	+0.0
6.15m(+0.0) 6.50m(+0.0) 6.42m(+0.0)				
9 Gowe, Samuel		Mary Washington	6.47m	1.2
FOUL(1.4) 6.47m(1.2) 6.36m(+0.0)				
10 Frye, Sherrod		Salisbury	6.45m	1.7
FOUL(1.6) 6.45m(1.7) FOUL(+0.0)				
11 Thomas, Nick		Christopher Newport	5.85m	-1.7
FOUL(1.9) FOUL(2.4) 5.85m(-1.7)				
-- Vo, Tyler		UC Santa Cruz	FOUL	
FOUL(3.0) FOUL(+0.0) FOUL(+0.0)				
-- Phelan, Jack		Pratt Institute	FOUL	
FOUL(1.9) FOUL(1.7) FOUL(+0.0)				
-- Rose, Matthew		Mary Washington	FOUL	
FOUL(+0.0) FOUL(0.2) FOUL(+0.0)				

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Men Triple Jump

Name	Year	School	Finals	Wind
1 Reeders, Clarence		Christopher Newport	14.82m	+0.0
	FOUL(+0.0)	14.20m(+0.0)	14.82m(+0.0)	FOUL(+0.0)
			14.50m(1.2)	13.59m(0.6)
2 Markman, Rashawn		Salisbury	14.65m	+0.0
	13.79m(+0.0)	14.41m(+0.0)	14.64m(+0.0)	14.21m(-1.0)
			14.58m(1.0)	14.65m(+0.0)
3 Frye, Sherrod		Salisbury	13.84m	+0.0
	13.37m(-0.9)	FOUL(+0.0)	13.71m(+0.0)	13.83m(+0.0)
			13.84m(+0.0)	FOUL(+0.0)
4 Peterson, Brandon		Christopher Newport	13.63m	+0.0
	12.86m(+0.0)	13.40m(+0.0)	13.06m(0.1)	FOUL(+0.0)
			FOUL(+0.0)	FOUL(+0.0)
5 Thomas, Nick		Christopher Newport	J13.63m	+0.0
	FOUL(-0.3)	13.63m(+0.0)	13.32m(-0.9)	FOUL(+0.0)
			FOUL(0.6)	FOUL(+0.0)
6 Alicea, Jon		Salisbury	13.18m	+0.0
	FOUL(+0.0)	12.79m(+0.0)	FOUL(+0.0)	FOUL(1.4)
			13.04m(+0.0)	13.18m(+0.0)
7 Wamley, Zion		Salisbury	12.12m	+0.0
	FOUL(-0.8)	11.49m(+0.0)	PASS	12.12m(+0.0)
			FOUL(+0.0)	FOUL(+0.0)

Men Shot Put

Name	Year	School	Finals
1 Smith, Luis		Salisbury	14.12m
	13.19m	FOUL	FOUL
	13.53m	14.12m	13.78m
2 Ntiganzwa, Dante		Christopher Newport	13.73m
	13.73m	13.28m	FOUL
	12.88m	FOUL	FOUL
3 Young, Daniel		Christopher Newport	13.69m
	12.97m	13.38m	13.69m
	13.31m	13.04m	13.47m
4 McCauley, JJ		Salisbury	13.22m
	11.69m	FOUL	12.47m
	12.43m	12.42m	13.22m
5 Palmer, Tyler		Christopher Newport	13.20m
	FOUL	13.20m	FOUL
	FOUL	FOUL	FOUL
6 Breeze, Mason		Salisbury	12.97m
	12.97m	12.77m	FOUL
	12.06m	12.76m	12.56m
7 Blasi, Garrett		Salisbury	12.83m
	10.78m	10.73m	12.83m
	10.73m	FOUL	FOUL
8 Sliwa, Colin		Christopher Newport	11.75m
	11.75m	11.25m	11.73m
9 Varner, Benjamin		Christopher Newport	10.59m
	10.59m	10.43m	FOUL
10 Lajara, Marion		St. Mary's (Md.)	10.05m
	9.92m	9.73m	10.05m
11 Baitman, Max		St. Mary's (Md.)	8.35m
	FOUL	8.35m	FOUL

Men Discus Throw

Name	Year	School	Finals
1 Kelsch, Logan		Salisbury	46.04m
	FOUL	45.79m	45.83m
	46.04m	45.30m	45.00m
2 Breeze, Mason		Salisbury	45.65m
	41.40m	42.45m	42.78m
	44.29m	43.97m	45.65m
3 Reeves, Jacob		Salisbury	42.65m
	42.65m	42.56m	40.98m
	39.01m	42.13m	41.80m

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4	Palmer, Tyler				Christopher Newport	40.74m
		37.80m	40.74m	38.42m	38.05m	39.42m 36.68m
5	Young, Daniel				Christopher Newport	40.13m
		38.64m	40.13m	FOUL	FOUL	37.68m FOUL
6	McCauley, JJ				Salisbury	38.08m
		FOUL	38.08m	32.59m	33.96m	FOUL FOUL
7	Wissler, Shea				UC Santa Cruz	37.03m
		FOUL	37.03m	FOUL	34.95m	PASS FOUL
8	Sliwa, Colin				Christopher Newport	33.73m
		33.73m	FOUL	FOUL		
9	Lajara, Marion				St. Mary's (Md.)	29.34m
		28.97m	28.07m	29.34m		
10	Baitman, Max				St. Mary's (Md.)	23.87m
		23.87m	22.69m	FOUL		
11	DeGaetano, Chris				Pratt Institute	16.81m
		16.73m	16.81m	14.37m		
--	Varner, Benjamin				Christopher Newport	FOUL
		FOUL	FOUL	FOUL		

Men Hammer Throw

=====							
Name	Year	School					Finals
=====							
1	Smith, Luis				Salisbury	46.77m	
		41.45m	42.49m	46.77m	45.55m	46.09m FOUL	
2	Palmer, Tyler				Christopher Newport	43.10m	
		FOUL	FOUL	38.65m	38.11m	43.10m FOUL	
3	Sliwa, Colin				Christopher Newport	42.73m	
		42.55m	42.73m	FOUL	FOUL	FOUL 40.66m	
4	Varner, Benjamin				Christopher Newport	42.64m	
		42.03m	40.30m	FOUL	41.84m	42.64m 41.40m	
5	Reeves, Jacob				Salisbury	42.10m	
		38.79m	39.41m	FOUL	42.10m	FOUL FOUL	
6	Ntiganzwa, Dante				Christopher Newport	41.75m	
		41.33m	FOUL	41.47m	41.75m	FOUL 38.11m	
7	Young, Daniel				Christopher Newport	39.27m	
		39.27m	38.05m	FOUL	38.07m	36.73m 37.81m	
8	Blasi, Garrett				Salisbury	36.00m	
		32.58m	FOUL	36.00m			
9	McCauley, JJ				Salisbury	31.94m	
		30.63m	31.07m	31.94m			
10	Lajara, Marion				St. Mary's (Md.)	29.71m	
		23.11m	29.71m	27.58m			
11	Baitman, Max				St. Mary's (Md.)	25.10m	
		22.73m	FOUL	25.10m			

Men Javelin Throw

=====							
Name	Year	School					Finals
=====							
1	Hasko, Cameron				Salisbury	59.58m	
		58.52m	FOUL	57.38m	FOUL	57.79m 59.58m	
2	Thomas, Keifer				Salisbury	52.62m	
		48.90m	50.60m	48.97m	52.62m	51.08m 49.67m	

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3	Reeves, Jacob		Salisbury		47.05m
	41.43m	FOUL	41.57m	47.05m	45.41m 43.81m
4	Armel, Jack		Christopher Newport		46.36m
	43.20m	46.36m	40.09m	43.35m	FOUL 41.72m
5	Sliwa, Colin		Christopher Newport		43.62m
	41.91m	43.57m	FOUL	43.62m	40.36m 42.11m
6	Gowe, Samuel		Mary Washington		39.73m
	39.73m	35.63m	35.16m	29.53m	FOUL 31.65m
7	Koesel, Drew		UC Santa Cruz		37.64m
	34.12m	33.02m	35.13m	37.64m	FOUL 37.53m
8	Kralec, Zachary		St. Mary's (Md.)		31.29m
	29.46m	30.25m	31.29m		

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Women - Team Rankings - 20 Events Scored

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1) Christopher Newport	241	2) UC Santa Cruz	179
3) Salisbury	89	4) Mary Washington	61
5) St. Mary's (Md.)	41	6) Pratt Institute	6