

## Adidas Indoor Nationals - 3/18/2023 to 3/19/2023

## Virginia Beach Sport Center

3/18/2023 to 3/19/2023

## Results - Saturday

## Girls 60 Meter Dash Championship

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Selby, Brianna	11	Speed Evolut,Chesaj	7.42q
2 Singleton, Kenadie	12	Intensity At,Warner l	7.65q
3 Forbes, Saige	11	Episcopal Ac,Newto	7.72q
4 Hopkins, Alex	11	Colonial For,Staffor	7.73q
5 Suero, Mia		Virginia Beach	7.76q
6 Roberts, Heaven		Virginia Beach	7.80q
7 Hunter, Caden	11	Unattached,NC, NC	7.83q
8 Ramirez, Eden	12	Sports Acade,Richm	7.95q
9 Mcghee, Ruth	10	Spartan Chos,Center	7.98
10 Robinson, Elizabeth	11	Unattached,Henrico,	8.00
11 Galy, Kennadi	10	Grand Rapids,Grand	8.00
12 VanDross, Madison	10	Albemarle Tr,Charlo	8.07
13 Castro, Lauren	11	Courtland TC,Spotsy	8.12
14 Reaves, Adaria	12	Harlem Child,New Y	8.19

## Girls 400 Meter Dash Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Rambo, Sophie	9	Speed Evolut,Virgini	54.97
2 Harrison, Nyah	12	War TC,Suffolk, VA	55.87
3 Mcghee, Ruth	10	Spartan Chos,Center	56.84
4 Curry, Emma	11	Flying Angel,Philade	57.44
5 Saunders, Kyndal	12	Corinth Hold,Wende	57.45
6 Roberts, Heaven		Virginia Beach	57.50
7 Hopkins, Amaya	12	South Meckle,Charl	57.57
8 Mathew, Sameena	11	Unattached,Ellicott	58.02
9 Stephens, Genelle	12	Unattached,Oxon Hi	58.12

## Girls 800 Meter Run Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Putman, Kate	12	Unattached,Cicero, l	2:08.92
2 Miller, Annie	10	Metrolina Ch,Indian	2:14.03
3 McLean, Lucy	10	New England,Haver	2:14.61
4 Head, Sarah	11	Intensity At,Warner l	2:15.67
5 Pegher, Lauren	11	Tabb,Yorktown, VA	2:16.51
6 Breuninger, Milana	12	Unattached,Lancaste	2:17.13
7 Phillips, Hannah	10	Unattached,Shepher	2:17.53
8 Bloxton, Alyssa	11	Delco United,Havert	2:17.60
9 Montgomery, Madeline	10	Unattached,Chesterf	2:18.54
10 Kelso, Brynn	12	Unattached,Houma,	2:18.58
11 Mock, Merrick	11	Unattached,Henrico,	2:18.82
12 Wimbish, Amber	11	Bishop McNam,Fore	2:19.30
13 Clemons, Estella	11	Cleveland Ex,Clevel	2:21.37
14 Bordner, Ava	12	Skyline,Front Royal.	2:22.15

## Girls 2 Mile Run Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Guinn, Lily	11	Unattached,Norfolk,	10:37.76
2 Johnson, Ella	12	Unattached,Elizabeth	10:47.30

3 Doyle, Grace 11 Classical Hi,Provide 12:11.12

## Girls 60 Meter Hurdles Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Lavender, Shakay	9	Track 757,Chesapeal	8.65
2 Jacobs, Nadia	12	Track 757,Chesapeal	8.80
3 Harris, Y"Vette	12	Unattached,Stockton	8.81
4 Smith, Unknown		Unattached	8.96
5 Rollins, Maya	11	Purple Track,Ann Ar	8.98
6 Parham, Devyn	11	Richmond Hea,Glen	9.02
7 Hopkins, Amaya	12	South Meckle,Charl	9.06
8 Driscoll, Llyric	12	Western Bran,Chesaj	9.11

## Girls 4x200 Meter Relay Championship

Team	Relay	Finals
<b>Finals</b>		
1 Speed Evolut		1:35.01
2 Track 757		1:39.87
3 Sports Acade		1:40.71
4 War TC		1:42.09
5 Colonial Forge		1:42.16
6 Flying Angels Canada		1:44.44
7 Intensity Athletics		1:44.79
--- Lions TC		DQ

## Girls 4x1600 Meter Relay 4xMile Relay Championship

Team	Relay	Finals
<b>Finals</b>		
1 Bullseye Run		22:27.58
1) Virmani, Marella 9	2) McCaffrey, Caroline 11	
3) Ro, Junie 9	4) Virmani, Lauren 9	
2 Atlee		22:56.13
1) Bland, Sarah 11	2) Crow, Addison 10	
3) Bedford, Ashley 10	4) Mudd, Courtney 12	
3 Bridgewater-		22:56.60
1) Borchert, Jessica 10	2) David, Lorena 12	
3) Inta, Diya 10	4) Kopp, Luana 12	

## Girls 4x55 Meter Shuttle Hurdle Championship

Team	Relay	Finals
<b>Finals</b>		
1 Track 757		33.21
1) Lavender, Shakayla 9	2) Jacobs, Nadia 12	
3) James, Danielle 12	4) Starks, Jada 12	
2 MD Jaguars TC		35.37
1) Mitchell, Skye 11	2) Pitt, Nina 12	
3) Blackwell, Jaelynn 10	4) Farquharson, Laila 10	
3 BC Elite TC		37.56
1) Joledo, Sylvia 12	2) Hernandez, Tia 10	
3) Agbenu, Daniella 12	4) Fotembe, Mavis 12	
4 Clayton HS		38.30
1) Perdue, Mirrah 11	2) Perdue, Marina 9	
3) Marshall, Rayaael 12	4) Smith, Ciera 12	

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## Finals ... (Girls 4x55 Meter Shuttle Hurdle Championship)

Team	Relay	Finals
5 Ravenscroft		41.44
1) Carter, Laurel 12	2) Babu, Aradhana 8	
3) Malik, Macey 9	4) Nargassans, Tayla 12	
6 Metrolina Ch		45.67
1) Moser, Kristi 12	2) Pruitt, Reagan 12	
3) Campbell, Kiri 8	4) Griffin, Olivia 12	

## Girls 60 Meter Dash National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Dunning, Danielle	10	Unattached,Hixson,	7.58
2 Bronson, Anyeh	10	NC Flight Cl,Fayette	7.66
3 Ladson, Arayana	11	Windsor Elit,Ellicott	7.70
4 Harris, Futoria	10	NC Flight Cl,Fayette	7.73
5 Edwards, Aniya	10	Elkin,Elkin, NC	7.80
6 Ezeigbo, Onyi	9	Lights Out T,Winsto	7.82
7 Chapman, Kennedy	12	Track 757,Chesapeal	7.88
8 Branham-Patrick, Te'aira	10	Tek Elite Pa,Dayton,	7.97

## Girls 400 Meter Dash National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Harper, Jada	7	Awesome Athl,Louis	57.78
2 Bido, Chairely		Snyder HS	58.23
3 Williams, Nikiyah	11	Windsor Elit,Windsc	58.45
4 Hurd, Lillian	11	Champion Ath,Colu	58.66
5 Linder, Ja'Naya	11	Lights Out T,Winsto	58.70
6 Ivery, Mariah		D-Elite Trac	58.87
7 Dunn, Claire	12	Shaker Hts.,Shaker I	59.22
8 Robinson, Elizabeth	11	Unattached,Henrico,	59.29
9 Ruiz, Kaity	12	The Stewster,Crimor	59.34
10 Brown, Anna Marie	10	Paul VI HS,Haddonf	59.64
11 Wooden, Sabria	12	Speed Evolut,VA, V	59.81
12 Hamlar, Simone'	11	Unattached,Roanoke	59.81
13 Conaboy, Artemis	11	Bethel Park,Bethel P	1:00.09
14 Szybalski, Elizabeth	10	Unattached,Manches	1:00.20
15 Edwards, Hannah	12	Isle of Wigh,Isle of \	1:00.21
16 Edwards, Aniya	10	Elkin,Elkin, NC	1:00.27
17 Napier, Alyssa	10	Boxwood TC,Wilmi	1:00.31
18 Perez, Danielle	10	BC Elite TC,Randall	1:00.42
19 Hundley, Meghan	12	Crozet Crew,Crozet,	1:00.55
20 Rufus, Arie'anna	10	Kingdom Cdc,Zebul	1:00.59
21 Satterwhite, Torie	11	Clover Hill,Midlothi	1:00.59
22 Galy, Kennadi	10	Grand Rapids,Grand	1:00.60
23 richardson, amiaya	20	Unattached,washingt	1:00.65
24 Franklin, Paige	11	Unattached,Williams	1:00.86
25 Kannenberg, Siena	11	Unattached,Mahwah	1:00.97
26 Myrie, Bethany	10	Unattached,High Poi	1:00.99
27 Clemons, Estella	11	Cleveland Ex,Clevel	1:01.13
28 Ortiz, Leila	10	Clayton HS,Clayton,	1:01.19
29 Revels, Mariah	9	Shaker Hts.,Shaker I	1:01.23
30 McElhaney, Ameya	11	MD Jaguars T,Spring	1:01.24
31 Lucido, Hayley	12	Shipley's Va,Frederic	1:01.35

32 Heyliger, Rilyn	12	Eastern Shor,Stevens	1:01.42
33 Jenkins, Mayson	11	Unattached,Powhata	1:01.57
34 Ramirez-Castillo, Sharlyn	11	Riverdale Ba,Upper	1:01.59
35 Bonilla, Alba	12	Flying Angel,Philade	1:01.72
36 Fagon, Naima	11	MD Jaguars T,Spring	1:01.77
37 Thomas, Kelsey	12	Clayton HS,Clayton,	1:01.80
38 Thomas, Jenna-Marie	9	Spire Academ,Genev	1:01.90
39 Marshall, Milan	12	Unattached,Severn, I	1:01.91
40 Hedman, Ella	12	Unattached,Elizabeth	1:01.97
41 Thornton-Fillyaw, Terrica	11	Visionary At,Bowie,	1:02.01
42 Taylor, Jessica	12	Amherst Coun,Amhe	1:02.02
43 West, Ciarra		Virginia Beach	1:02.20
44 Simmons, Savannah	11	Unattached,GA, GA	1:02.34
45 Shepherd, K'Dyn	10	Unattached,Smyrna,	1:02.45
46 Greene, Zion	10	Polytech,Woodside,	1:02.63
47 Evers, Zoey	10	Tek Elite Pa,Clayton	1:02.66
48 Outland, Kennedy	11	Delco United,Havert	1:03.06
49 Wize, Kayla	12	New Breed Tr,Detroi	1:03.18
50 Hicks, Aliya	10	Kingdom Cdc,Zebul	1:03.26
51 Ryba, Julia	12	Unattached,Smithtov	1:03.57
52 Harris, Darian	11	Unattached,Pedrickt	1:04.03
53 Samples, Naomi	10	Hamilton Bad,Hamil	1:04.17
54 Shepard, Helena	9	Mauy Track,Norfoll	1:04.22
55 Dulnuan-Kersey, Gisele	11	Kingdom Cdc,Zebul	1:04.89
56 Brodt, Kylie	11	Cardinals Elite,Mon	1:06.03
57 Toomer, Ayssa	10	Panthers Eli,High Pc	1:06.84
58 Krycinski, Haley	10	Unattached,Lynchbu	1:08.01
59 Barnes, Michelle	12	Unattached,Fort My	1:08.27

## Girls 800 Meter Run National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Szybalski, Elizabeth	10	Unattached,Manches	2:18.40
2 Pollard, Mandi	10	Corinth Hold,Wende	2:20.04
3 Cowan, Genevieve	10	St Timothy's,Stevens	2:20.30
4 Hegde, Nanditha	10	New England,Haverl	2:20.43
5 Napier, Alyssa	10	Boxwood TC,Wilmi	2:20.46
6 Delp, Reese	12	Unattached	2:20.51
7 Kepple, Ella	12	Unattached,Ashevill	2:20.97
8 Lane, Grace	12	Cata Elite,Monroe, N	2:21.30
9 Palutis, Olivia	10	Unattached,Ocean Ti	2:22.54
10 Meade, Megan	12	Unattached,Oakhurs	2:22.95
11 McCaffrey, Caroline	11	Bullseye Run,Colum	2:23.20
12 Garcia, Alejandra	11	West Babylon,West I	2:23.38
13 Costello, Stephanie	12	Unattached,Annapol	2:23.70
14 Chaney, Kerrigan	10	North Cross,Roanok	2:25.12
15 Curry, Emma	11	Flying Angel,Philade	2:25.20
16 Lucido, Hayley	12	Shipley's Va,Frederic	2:25.50
17 Blanck, Jordan	11	Boxwood TC,Wilmi	2:25.55
18 Hamlin, Summer	11	Christiansbu,Christi	2:25.76
19 Strazzella, Mia	12	Ravenscroft,Raleigh	2:25.83
20 Sherlock, Sara	11	Unattached,Delran, I	2:25.93
21 O'Keefe, Caitlin	12	Wildcats TC,Old We	2:27.45
22 Stephens, Genelle	12	Unattached,Oxon Hi	2:27.70
23 Wetherton, Sadie	10	Louisville T,Goshen,	2:28.97

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## Finals ... (Girls 800 Meter Run National Elite)

Name	Yr	School	Finals
24 Franklin, Paige	11	Unattached,Williams	2:29.44
25 Howlett, Orla	10	Classical Hi,Provide	2:29.97
26 Suta, Stefana	12	Flying Angel,Philade	2:30.10
27 Simpson, Anna	10	New England,Haver	2:30.47
28 Barney, Annelise	12	Indian Hills,Oakland	2:33.19
29 Miner, Gillian	11	Unattached,Saranac,	2:33.54
30 Baker, Isabella	9	Unattached,Unionto	2:34.56
31 Watson, Gabrielle	11	Delco United,Newto	2:34.83
32 Falcone, Audrey	11	Cardinals Elite,Mom	2:34.92
33 Waldron, Mia	9	New England,Haver	2:36.75
34 Simpson, Jazlen	9	Tck Elite Pa,OH, OF	2:38.75
35 McKnight, Kaitlyn	12	Unattached,Scotch P	2:42.68

## Girls 2 Mile Run National Elite

Name	Yr	School	Finals
1 Blankenship, Arizona	10	Swain County,Bryso	11:18.28
2 Virmani, Lauren	9	Bullseye Run,Colum	11:19.26
3 Gula, Veronica	11	Delco United,Haver	11:22.38
4 Holloway, Mallory	12	Boxwood TC,Wilmi	11:31.64
5 McCurry, Madison	10	Unattached,Prince F	11:43.66
6 Gosline, Grace	12	Unattached,Arab, AI	11:55.58
7 O'Neil, Kayla	12	Indian Hills,Oakland	12:11.58
8 Wells, Ysabel	10	Unattached,Virginia	12:24.52
9 Fondakowski, Anna	10	New England,Haver	12:45.34

## Girls 60 Meter Hurdles National Elite

Name	Yr	School	Finals
1 Pitt, Nina	12	MD Jaguars T,Spring	8.87
2 Solomon, Myzhane'	12	Speed Evolut,VA, V	8.98
3 Blackwell, Jaelynn	10	MD Jaguars T,Spring	9.13
4 Thompson, Bryanna	12	Fast Forward,Lexing	9.23
5 Mamae, Olyvia	12	Unattached,Anchora	9.29
6 Ferguson, Dana	12	Churchland T,VA, V	9.37
7 Samuels, Leeyah	12	Tck Elite Pa,Dayton,	9.44

## Girls 4x200 Meter Relay National Elite

Team	Relay	Finals
1 Tck Elite Panthers		1:40.08
2 Springbrook		1:43.95
3 MD Jaguars TC		1:44.00
4 Lights Out Track Club		1:44.48
5 Shaker Hts.		1:44.57
6 Flying Angels Canada		1:44.67
7 Blazin Athletics		1:45.12

## Girls 60 Meter Dash Freshman

Name	Yr	School	Finals
1 Johnson, Rhian	9	Riverdale Ba,Upper	7.85
2 Rheubottom, l'Yahni	9	Track 757,Chesapeal	7.92

3 Gaines, Jasmine	9	G4 Xpress,Hampton	7.96
4 Smith, Kennedi	9	Unattached,Hixson, '	7.97
5 Williams, Mariah	9	Flying Angel,Philade	8.05
6 Taylor, Olivia	9	Unattached,Blythew	8.07
7 Magee, Claire	9	Unattached	8.15
8 coates, rylee	9	Speed Evolut,Virgini	8.17

## Girls 1 Mile Run Freshman

Name	Yr	School	Finals
1 Virmani, Marella	9	Bullseye Run,Colum	5:12.67
2 Virmani, Lauren	9	Bullseye Run,Colum	5:14.01
3 Huber, Macy	9	Paul VI HS,Haddonf	5:20.26
4 Waldron, Mia	9	New England,Haver	5:31.88
5 Stringer, Charlotte	9	Ravenscroft,Raleigh	5:40.04
6 Mecom, Addison	9	Christiansbu,Christie	5:45.04
7 Baker, Isabella	9	Unattached,Unionto	5:49.48
8 Simpson, Jazlen	9	Tck Elite Pa,OH, OF	5:58.48
9 Bammel, Siena	9	Unattached,Glenelg,	6:02.53
10 Adkins, Mckenzie	9	Riverdale Ba,Upper	7:21.71

## Girls 60 Meter Hurdles Freshman

Name	Yr	School	Finals
1 Smith, Laila		Lions TC	9.44
2 Chew, Audrina	9	War TC,Suffolk, VA	9.52
3 Gaines, Jasmine	9	G4 Xpress,Hampton	9.59
4 Davis, Gabrielle	9	Lakeland,Suffolk, V	9.63
5 Arrington, Samone	9	Unattached,Wake Fo	9.80
6 Perdue, Marina	9	Clayton HS,Clayton,	10.79

## Girls 60 Meter Dash Middle School

Name	Yr	School	Finals
1 Williams, Cloie	8	Tck Elite Pa,Dayton,	7.86
2 Hill, Harmonee	6	Unattached,Ft. Laud	7.94
3 Gatling, Destini		Virginia Beach	7.95
4 Smith, Imani		Virginia Beach	8.01
5 Brediger, Ally	7	Avon,Avon, OH	8.07
6 Desince, Trinit	8	Global Trans,Portsm	8.07
7 Mckinley, Caleya	8	D-Elite Trac	8.08
8 Barnes, London	6	Dreamville E	8.17

## Girls 400 Meter Dash Middle School

Name	Yr	School	Finals
1 Patillo, Jaiya	8	Unattached,Bellevue	56.07
2 Hill, Harmonee	6	Unattached,Ft. Laud	1:00.27
3 Williams, Cloie	8	Tck Elite Pa,Dayton,	1:00.75
4 Mullins, Evelyn	8	Daniel Morga,Wincl	1:00.75
5 Johnson, Carmen		Virginia Beach	1:00.79
6 Desince, Trinit	8	Global Trans,Portsm	1:00.97
7 Thomas, Sydney	7	Avon,Avon, OH	1:02.15
8 Choice, Alaiyah	6	Legion Of Zo,Chest	1:03.06
9 Brown, Merselle	8	Track 757	1:03.10

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## Results - Saturday

## Finals ... (Girls 400 Meter Dash Middle School)

Name	Yr	School	Finals
10 Ellis, Simone	8	VA Trailblaz	1:04.16
11 Ly, Caitlin	8	New England,Haveri	1:04.21
12 White, Tyona		Virginia Beach	1:04.59
13 Willis, Kaelyn	7	Hampton Road	1:04.60
14 Snow, Timaya	7	Speed Unlimi	1:04.70
15 Magness, Mackenzie	8	Unattached,Sarver, F	1:05.29
16 Gramby, Shawna	8	Virginia Bea,Chesap	1:05.34
17 Kubica, Olivia	7	New England,Haveri	1:05.60
18 Whitfield, Knayah	8	Kinston Spir	1:05.69
19 Warren, Sahreane		Virginia Beach	1:06.06
20 Frasier, Jordan	8	Track 757	1:06.30
21 Grier, Taleah	7	G4 Xpress,Hampton	1:06.66
22 Holland, Courtnee	8	Team Crossov,Appo	1:06.79
23 Makae-Lee, Kuhre		Unattached	1:07.13
24 Pope, Ta'Nylah	8	Track 757	1:07.16
25 Wright, Addison	7	Unattached,Frederic	1:07.20
26 Arthur, Aniya	6	Hampton Road	1:07.77
27 Gardner, Noelle	7	Visionary At	1:08.04
28 Ingram, Kelayz	6	Kinston Spir	1:08.48
29 Marchetti, Jenna	8	Unattached,Mechani	1:08.83
30 Charles, Kaia	7	Visionary Sp	1:09.62
31 Frasier, Courtney	6	Track 757	1:09.63
32 Vega, Miahlee	7	Delco United,Yeado	1:10.05
33 Calliste, Mariata		Unattached	1:11.50
34 Snyder, Shaine	5	Unattached,Clinton,	1:11.53
35 Tucker, Niara	8	The House	1:12.08
36 Gardner, Jamia	8	Visionary At	1:12.99
37 Carroll, Sophia	7	Cleveland Ex,Clevel	1:13.79
--- Hill, Karter		Unattached	DNF
--- Bazile, Jordynn	6	Tek Elite PA	DQ

## Girls 1 Mile Run Middle School

Name	Yr	School	Finals
1 Fletcher, Maysen	7	Unattached,Charlest	5:07.04
2 Cramer, Lucy	8	Unattached,Baton R	5:09.62
3 Riley, Rachel	8	Unattached,Winston	5:18.56
4 Earp, Jane	8	Unattached,Norfolk,	5:20.39
5 Cramer, Molly	7	Unattached,Baton R	5:21.12
6 Clark, Natalia	8	New England,Haveri	5:23.08
7 Daily, Isabella	6	Delco United,Haveri	5:26.83
8 Meyers, Mallory	8	Delco United,Haveri	5:27.82
9 Harlow, Ellie	7	Endorphin Fi,Henric	5:34.84
10 Reed, Mariah	7	Thompson Trainin,C	5:38.58
11 Forman, Leah	8	Unattached,Boca Ra	5:39.25
12 Matasic, Aubrey	7	Metrolina Ch,Indian	5:39.47
13 Brown, Carrie Ann	7	Unattached,Tupelo, l	5:39.64
14 Aschenbach, Clara	6	Seven Locks	5:40.78
15 Fedele, Alyssa	7	Track 757	5:43.19
16 Leyland, Phillips	6	Unattached,Morgant	5:44.51
17 Preneta, Brady	7	New England,Haveri	5:45.05
18 Ukiwa Ebhaleme, Naomi	6	New England,Haveri	5:45.78
19 Swick, Shannon	7	Unattached,Annapol	5:46.85

20 Harlow, Austin	8	Endorphin Fi,Henric	6:10.14
21 Vass, Carter	7	Endorphin Fi,VA, V/	6:16.28
22 Parris, Sydney		Track 757	6:24.70
23 Gong, Elizabeth	7	F.I.A. Lions, Virginia	6:39.05

## Girls 60 Meter Hurdles Middle School

Name	Yr	School	Finals
1 Ellis, Simone	8	VA Trailblaz	9.62
2 Montgomery, Kaleah	7	Alaycia Trac	9.70
3 Joyner, Jayla	6	Global Trans	11.01
4 Thornton, Aaliyah	6	Global Trans	11.01
5 Kubica, Olivia	7	New England,Haveri	11.02
6 Brown, Merselle	8	Track 757	11.05
7 Dacey, Jaydan	7	New England,Haveri	11.50
8 Montgomery, Jakayla	6	Alaycia Trac	12.18
9 Harris, Alexis	4	Legion Of Zo,Chest	12.59

## Boys 60 Meter Dash Championship

Name	Yr	School	Prelims
1 Luke, Isaiah	12	Flying Angel,Philade	6.88q
2 Leach, Tanner	12	Corinth Hold,Wende	6.94q
3 Fase, Keiton	12	Grand Rapids,Rockf	6.98q
4 Reid, Isaiah	12	Caroline Hig,Milfor	7.00q
5 Diggs, Austen	11	LC Express,Gidding	7.03q
6 Moore, Jr., Spencer	12	Charles Coun,Waldo	7.14q
7 Carter, Amari	11	Unattached,Waynest	7.15q
8 DeJesus, Chase		Unattached	7.17q
9 Dicks, Ji'Had	11	Unattached,Trenton,	7.34
10 Butterfield, Michael	12	Unattached,Jamestov	7.45

## Boys 400 Meter Dash Championship

Name	Yr	School	Finals
1 Sadikov, Alexander	12	Unattached,Ocean Tr	47.55
2 Vigo Catala, Natanael (Nata)	11	New England,Haveri	47.67
3 Reed, Sahfi	11	Delco United,Philade	47.81
4 Emmanuel, Johnny	12	Unattached,Malden,	48.57
5 Carter II, Julian	11	Unattached,Marion,	48.68
6 Long, Michael	12	St. Sebastia,Potomac	48.84
7 Belle, Marquis	12	Unattached,Glen All	48.90
8 Rouse, Damarcus	12	Elite Perfor,Waterfor	48.93
9 Mims, Jayden	10	Mo Bettah Tr,Philade	49.01
10 Lawrence, Zyeim	12	Unattached,Elizabeth	49.48
11 Salvadon, Andrew	10	Marlinville, Virginia	49.52
12 Robinson, Jacob	12	Norview,Norfolk, V/	49.56
13 Griffin, Braden	12	Unattached,Toccoa, '	49.56
14 Bryant, Rodney	12	Intensity At,Perry, G	49.63
15 Cognata, James	12	New England,Winth	49.75
16 Meyer, Calvin	12	Unattached,Vienna, '	49.89
17 Fisher, Matt	10	Colonial For,Stafford	50.09
18 Sloan El, Devan	11	Atl Zoom Ath,Lilbur	50.17
19 West, Eric	12	Unattached,Amherst	50.53
20 Gonzalez Santiago, Jowell	12	Broadway Tra,Broad	50.97

## Adidas Indoor Nationals - 3/18/2023 to 3/19/2023

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## Results - Saturday

## Finals ... (Boys 400 Meter Dash Championship)

Name	Yr	School	Finals
21 Gardner, Dallas	12	Unattached, Henrico,	51.07
22 Olsen, Rory	12	New England, Nashu	51.21

## Boys 800 Meter Run Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Carter II, Julian	11	Unattached, Marion,	1:54.21
2 Knox, Carter	12	Bullseye Run, Manf	1:54.95
3 Reeves, Dawson	11	Christ School, Arden,	1:55.31
4 Brenn, Dylan	11	New England, Prince	1:57.03
5 Stukey, David	12	London, London, OH	1:57.21
6 Songor, Alexson	11	Delco United, Haverl	1:57.54
7 Dewar, Sam	12	North Raleigh, Raleigl	1:57.89
8 Williams, Eddie	12	Unattached, Roanoke	2:00.18
9 Tietz, Davin	11	Unattached, Yorktow	2:04.43
10 Williams, Emanuel	12	Cata Elite, Monroe, N	2:04.97

## Boys 2 Mile Run Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Holden-Betts, Solomon	12	Unattached, Baldwin	9:18.92
2 Jones, Elijah	12	Unattached, Black M	9:19.48
3 Roesch, Caleb	12	South Meckle, Charl	9:24.49
4 Prettyman, Caleb	11	Unattached, Franklin	9:24.52

## Boys 60 Meter Hurdles Championship

Name	Yr	School	Finals
<b>Finals</b>			
1 Votour, Antonio	12	Unattached, Coraopo	8.02
2 Coleman, Christian	12	Louisville X, Louisvi	8.06
3 Bowers, Jamiel	12	Track 757, Chesapeal	8.12
4 Hinton, Micah	11	Western Bran, Chesaj	8.14
5 Sutton, Liam	12	North Lincol, Denver	8.16
6 Iosia, Isaac	12	Cleveland Ex, Clevel	8.30
7 Hicks, Tony	10	Springside C, Philade	8.31
8 Richardson, Timothy	12	Rolesville L, Knightc	8.42

## Boys 4x200 Meter Relay Championship

Team	Relay	Finals
<b>Finals</b>		
1 Lions TC		1:25.63
2 Track 757		1:26.01
3 East Coast Speed		1:27.98
4 Western Branch TC		1:28.25
5 Intensity Athletics		1:28.80
6 (The) All Am		1:29.29
7 Elite Cadets		1:30.01
8 Bulldogs TC		1:32.88

## Boys 4x1600 Meter Relay 4x Mile Relay Championship

Team	Relay	Finals
<b>Finals</b>		
1 I-270 Track Club		19:48.72
1) Patterson, Collin 11	2) Verdi IV, Anthony 11	
3) Kauflin, Korey 9	4) Hobson-Garcia, Marcus 12	

## Boys 4x55 Meter Shuttle Hurdle Championship

Team	Relay	Finals
<b>Finals</b>		
1 Elite Perfor		32.15
1) Bastuba, Colin 12	2) Tober, Jaxson 12	
3) Dancel, Vincent 12	4) Drakos, Andrew 11	
2 Gar-Field		33.33
1) Smith, Joshua-Kai 9	2) Boateng, Andrew 11	
3) Black, Joshua 12	4) James, Antonio 12	

## Boys 60 Meter Dash National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Faison, Rahkeem	10	NC Flight Cl, Goldsb	6.94
2 Moss, Xavier	12	Unattached	7.03
3 Russell, Jamario	12	Spire Academ, Genev	7.04
4 Jones, Alvin	10	Track 757, Chesapeal	7.06
5 Ogbebor, Chairo	11	Flying Angel, Philade	7.08
6 Allen, marlon	10	Carolina Tra, Raleigh	7.13
7 Lewis, Jordon	10	Flying Angel, Philade	7.14
8 Schinemann, Daniel	11	Metrolina Ch, Indian	7.26

## Boys 400 Meter Dash National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Naff, Ian	12	Washington-L, Arling	49.63
2 Robinson, Tyrel	11	Gar-Field, Woodbrid	49.95
3 gray, jeremiah	11	Start to Fin, Fuquay-'	50.54
4 Sofon, Jordan	11	I-270 Track, Ijamsvil	50.79
5 Pearson, Michael	12	Unattached, Laurel, N	51.07
6 Mascoe, Lawrenzo	12	Flying Angel, Philade	51.18
7 Palmeter, Mark	12	Elite Perfor, Clarksto	51.20
8 Vanderbilt, Aiden	12	Unattached, Annapol	51.21
9 Ogwu, Israel	12	North County, Glen E	51.24
10 Shaieb, Henry	11	Unattached, Ann Arb	51.26
11 Wetherholt, Robert	12	Unattached, Virginia	51.27
12 Estes, Donovan	12	Kingdom Cdc, Frank	51.32
13 Bernat, Cekari	12	Unattached, Virginia	51.35
14 gray, josiah	11	Start to Fin, Fuquay-'	51.43
15 Tober, Jaxson	12	Unattached, Spring L	51.50
16 Mitchell, Xavier	11	North Cross, Roanok	51.57
17 Galloway, Jaelyn	11	Delco United, Haverl	51.67
18 Osinubi, Mife	12	Bullseye Run, Colum	51.72
18 Cheetam, Cameron	11	Elite Perfor, Hartland	51.72
20 Defoor, Dylan	11	Unattached, Virginia	51.74
21 Pryor, Eric	11	(The) All Am, Greens	51.77
22 Crumpler, Sean	12	Unattached, Huntersv	51.82

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## Results - Saturday

## Finals ... (Boys 400 Meter Dash National Elite)

Name	Yr	School	Finals
23 Hall, Paden	12	Unattached,Tucson, .	51.83
24 Donaghy, Nolan	12	Unattached,Huntersv	51.83
25 Coltrane-Gaston, Christopher	10	(The) All Am,Green	51.84
26 McKenzie, Micah	12	Still Blazin,Silver Sp	51.86
27 Riley II, Kobeyeh	10	Charlotte Fl,Punta G	51.94
28 Disser, Cameron	12	Chapel Hill,Chapel I	51.96
29 Simon, Tyler	12	Unattached,Smithfie	51.97
30 Whited, Gage	12	Unattached,Chattanc	52.00
31 Neidich, Aidan	11	Eagle Nation,Bealet	52.05
32 Minor, Braylen	11	North Staffo,Stafforc	52.07
33 Ruppert, John	12	Hamilton Bad,Hamil	52.15
34 Cortez, Leo	12	(The) All Am,Green	52.19
35 Epps, Elijah	12	Warhill,Williamsbur	52.20
36 Kerr, Joseph	12	Broadway Tra,Broad	52.28
37 Gebreyhones, Matthew	12	Champion Ath,Colu	52.35
38 Crist, Easton		Track 757	52.43
39 Crisp, Michael	12	Georgetown P,Rockv	52.43
40 Berry-Martinez, D	11	Delco United,Haverl	52.44
41 Burke, Davian	11	The Speed Te,Henric	52.46
42 Wolken, Kameron	11	Unattached,Frederic	52.60
43 Stinson, Donivan	10	Unattached,Cincinna	52.81
44 Osayemi, Alexander	10	Clayton HS,Clayton,	52.90
45 Berney, Luke	12	Elite Perfor,Waterfor	52.92
46 Ahmed, Mohammed	12	Courtland TC,Spotsy	53.08
47 Burgess II, Corey	11	Unattached,High Poi	53.10
48 Edwards, Jackson	12	Fork Union,Fork Un	53.26
49 Slack, Aden	12	Riverheads,Staunton	53.36
50 Brown, Roman	10	Sprint Athle,Atlanta,	53.39
51 Dean, Emmanuel	11	Unattached,Columbi	53.49
52 Harris, Noah	10	Unattached,Stephens	53.63
53 Rolen, Markese	12	Sprint Athle,Atlanta,	53.69
54 richardson, maurice	10	Delco United,Haverl	53.91
55 McKeen, Shane	10	New England,Kingst	54.00
56 Brent Jr., Larry	12	Unattached,Laurel, N	54.18
57 Wright, Glen	11	Collinwood,Clevelar	54.43
58 Fobbs-Harisson, Nahshon	12	Delco United,Haverl	54.47
59 Roberts, Austin	10	Riverheads,Staunton	54.49
60 campbell, julian	11	Delco United,Haverl	54.85
61 Lee, Jordan	10	Speed Evolut,Virgini	55.40
62 Cooper, Israel	11	Charles Coun,South	55.86
63 Mohamed, Adham	11	Western Bran,Chesaj	56.04

## Boys 800 Meter Run National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Davis, Leo	12	Warhill,Williamsbur	1:54.69
2 Long, Michael	12	St. Sebastia,Potomac	1:54.76
3 Compaorg, Sofiane	12	Springbrook	1:57.53
4 Risso, Alexander	11	Still Blazin,Silver Sp	1:57.81
5 Pearson, Andre	12	North Brunsw,North	1:58.20
6 Crisp, Michael	12	Georgetown P,Rockv	1:58.47
7 Cohen, Samuel	12	Landon Schoo,Bethe	1:58.57
8 Harrison, Elias		D4 F & T	1:58.95

9 Barreto, Brandon	12	Unattached,Dumont,	1:59.10
10 Childs, Christian	11	Bullseye Run,Colum	1:59.35
11 Crist, Easton		Track 757	1:59.39
12 Putman, Cameron	12	Landstown Hi,Virgir	1:59.73
13 Mikulsky, Nathan	11	New England,Exeter	1:59.76
14 Gould, Jason	12	Unattached,Chicago,	2:00.02
15 Singleton, Cooper	11	Unattached,Parma, N	2:00.14
16 Harden, Declan	11	Chapel Hill,Chapel I	2:00.27
17 Kalkandelen, Deniz	12	Indian Hills,Oakland	2:00.44
18 Frye, Nick	12	Corinth Hold,Wende	2:00.60
19 McCormick, Calix	11	Wildcats TC,Bethesc	2:00.75
20 Sullivan, Liam	12	Norfolk Acad	2:00.90
21 Ogwu, Israel	12	North County,Glen F	2:00.91
22 Lovelace, Logan	12	F.I.A. Lions,Virginia	2:01.36
23 Moore, William	11	Unattached,Mineral,	2:01.44
24 Howard, John	11	Unattached,Jamestov	2:01.59
25 Curry, Jayden	10	Unattached,Williams	2:01.96
26 Mitchell, Evan	12	Cardinals Elite,Mom	2:02.21
27 Mercier, Andrew	11	Elite Perfor,Pontiac,	2:02.37
28 Groves, Gage	12	Unattached,Waynest	2:03.23
29 Holmes, William	10	Unattached,Wilming	2:03.30
30 Cunha, Joao Victor (Jv)	11	New England,Rever	2:03.99
31 Sofon, Jordan	11	I-270 Track,Ijamsvil	2:06.22
32 Dixon, Tremayne	12	Delco United,Haverl	2:08.69
33 Montgomery, Kamauri	12	Speed Evolut,Virgini	2:18.68

## Boys 2 Mile Run National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Lamprecht, Isaac	11	Unattached,New Kei	9:39.16
2 Hopper, Henry	11	Unattached,Columbi	9:42.15
3 Phillips, Caleb	12	Smoky Mounta,Sylv	9:50.74
4 Rodenhaver, David	12	Unattached,Prince F	9:57.34
5 Falcone, Jake	12	Unattached,Williams	9:58.02
6 Quire, Christopher	11	Delco United,Havert	9:58.24
7 Gummere, Brian	11	Indian Hills,Oakland	10:03.54
8 Jansen, Gavin	10	Cata Elite,Monroe, N	10:08.96
9 Hazelwood, Zach	11	Wheatmore Hi,Trinit	10:10.03
10 Fessler, Bobby	12	Unattached,Toccoa, I	10:39.37
11 Foster, Jackson	11	I-270 Track,Ijamsvil	10:41.24
--- Thanos, Logan	12	Unattached,Garner, I	DNF

## Boys 60 Meter Hurdles National Elite

Name	Yr	School	Finals
<b>Finals</b>			
1 Bass, Clinton	12	Louisville X,Louisvi	8.28
2 Hines, JMarcus	12	Bulldogs TC,Bowie,	8.30
3 Smith, Joshua-Kai	9	Gar-Field,Woodbrid	8.35
4 Denius, Gunner	12	Unattached,Annapol	8.40
5 Burke, Davian	11	The Speed Te,Henric	8.42
6 Abe, Mofoluwateleola	12	Unattached,Randalls	8.45
7 Drew, Turiq	12	Unattached,Roanoke	8.58
8 Hubbard, Zayshun	12	Unattached,Chattanc	8.65

## Adidas Indoor Nationals - 3/18/2023 to 3/19/2023

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## Results - Saturday

## Boys 4x200 Meter Relay National Elite

Team	Relay	Finals
<b>Finals</b>		
1	Carolina Track Hawks	1:28.19
2	Great Bridge	1:30.18
3	Central High School	1:30.19
4	Smithfield	1:30.23
5	Flying Angels Canada	B 1:30.72
6	Still Blazin	1:31.31
7	Richmond Track Club	1:31.38
8	War TC	1:31.58
9	Dorchester V	1:31.88
10	Washington-L	1:31.93

## Boys 60 Meter Dash Freshman

Name	Yr	School	Finals
<b>Finals</b>			
1	Simmons II, Warren	Winston	9 Unattached,Johns Cr 7.23
2	Burke, Elijah		9 Unattached,Middletc 7.24
3	Haley, Jahleel		9 Flying Angel,Philade 7.24
4	Edwards, Jericho		9 Elkin,Elkin, NC 7.34
5	Grant, Robby		9 Ravenscroft,Rolesvil 7.35
6	Bosman, Shaun		9 Christiana H,Newark 7.36
7	Kemp, Micah		9 Elite Perfor,Waterfor 7.37
8	Iracks, Malik		9 Riverdale Ba,Upper 7.56

## Boys 1 Mile Run Freshman

Name	Yr	School	Finals
<b>Finals</b>			
1	Clemons, Owen		9 Cleveland Ex,Clevel 4:21.44
2	Boone, Cole		9 Newriverelit,Dublin, 4:29.45
3	Cazier, Corban		9 Coastal Chri,Wilmin 4:35.33
4	Lawrence, Jon Nathan		9 Unattached,Charlotts 4:35.36
5	Meyers, Demetrie		9 Delco United,Havert 4:37.00
6	Thorne, Ethan		9 Unattached,Daleville 4:39.88
7	McKnew, Michael		9 Unattached,Virginia 4:40.43
8	Thomas, Will		9 John Handley,Winch 4:42.38
9	Lakey, Ethan		9 Davie County,Mock 4:44.40
10	Jenkins, Grady		9 Jenkins Runn,Midlot 4:45.64
11	Kauflin, Korey		9 I-270 Track,Ijamsvil 4:47.00
12	Ramos, Erich		9 Still Blazin,Silver Sp 4:48.35
13	Baker, Henry		9 Ravenscroft,Raleigh 4:49.16
14	Canga, Mateo		9 Unattached,Norfolk, 4:49.42
15	Carter, Dylan		9 Norview,Norfolk, V/ 4:49.44
16	Lineweaver, Price		9 Unattached,Charlotts 4:49.64
17	Pattison, Vincent		9 Unattached,Flint, MI 4:51.48
18	Wick, Connor		9 Tabb,Yorktown, VA 4:51.83
19	Ferrick, Thomas		9 Unattached,Glenelg, 4:55.32
20	Ruff, Jackson		9 Chapel Hill,Chapel I 4:56.91
21	McClure, Tyler		9 Metrolina Ch,Indian 4:57.52
22	Cremers, Joseph		9 Seven Locks,Bethes 4:58.97
23	Efland, Ben		9 Metrolina Ch,Indian 5:04.18
24	Fee, Price		9 Metrolina Ch,Indian 5:13.58

## Boys 60 Meter Hurdles Freshman

Name	Yr	School	Finals
<b>Finals</b>			
1	Moore, Derrick		Stuarts Draf 8.87
2	Grimes III, Schwann	9	North Brunsw,North 9.17
3	Richardson, Corye		Churchland T 9.75

## Boys 60 Meter Dash Middle School

Name	Yr	School	Finals
<b>Finals</b>			
1	Williams Iii, Lj	8	Unattached,Clinton, 7.46
2	Stevens, Jordyn	8	Unattached,Charlotts 7.49
3	Jones, Jaiden	8	Riverdale Ba,Upper 7.52
4	Wilson, Dejean	8	The House 7.52
5	Lance, Henderson		Unattached 7.55
6	Evans, Breydon	8	Unattached 7.56
7	Boyd Jr, Ananias	8	Hampton Road 7.59
8	Melbane, Marquis	8	Speed Unlimi 7.60

## Boys 400 Meter Dash Middle School

Name	Yr	School	Finals
<b>Finals</b>			
1	Melbane, Marquis	8	Speed Unlimi 53.10
2	Twyman, Xavier	8	Delaware Eli 55.63
3	Snow, Timothy	8	Speed Unlimi 56.19
4	Cody, John	8	Global Trans,Norfol 56.24
5	Tulloch, Ozias	8	Unattached,Waldorf, 56.76
6	Carter, Howard	8	Speed Unlimi 57.82
7	Pabon, Xavian	7	Delaware Eli 58.16
8	Holden, Owen	8	Dover Centra,Dover, 58.37
9	Hammett, Gunner	5	Unattached,Hamptor 58.48
10	Lyons, Jr., Derrick	8	Charles Coun,Waldo 58.60
11	Razeeq, Michael	8	Speed Evolut,VA, V/ 58.68
12	Ly, Ethan	8	New England,Haverl 58.80
13	Moreland, William		Virginia Beach 58.99
14	Lane, Peyton	9	360 Elite Tr,Portsmo 59.00
15	Colella, Anthony	8	New England,Haverl 59.03
16	Granger, Jonte	8	360 Elite Tr,Suffolk, 59.55
17	Javier, Jayden	8	360 Elite Tr,Suffolk, 59.91
18	Bey, Kendarius	8	Kinston Spir 1:01.95
19	Grant, Karrington	6	360 Elite Tr,Suffolk, 1:02.88
20	Javier, Julian	7	360 Elite Tr,Suffolk, 1:03.69
21	Littlejohn, Jeff	8	Charles Coun,Waldo 1:04.05
22	Clark, Christopher	7	360 Elite Tr,Suffolk, 1:05.60
23	Mizell, Syndrion	7	Intensity At 1:05.84
24	McIntyre, Xzavier	6	360 Elite Tr,Suffolk, 1:05.86
25	Emerson, Zyaire	6	Virginia Bea 1:08.62
26	Whitfield, Kayden	6	Kinston Spir 1:09.28
27	Lloyd, Jenkins	6	Panthers Eli,High Pc 1:15.28

## Boys 1 Mile Run Middle School

Name	Yr	School	Finals
<b>Finals</b>			
1	Brown, Andrew	8	Unattached,Tupelo, l 4:36.78

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## Results - Saturday

**Finals ... (Boys 1 Mile Run Middle School)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
2	Duane, Greyson	8	New England,Haveri	4:37.94
3	Carr, Rowan	8	Delco United,Haveri	4:38.28
4	Noonan, Patrick	8	Unattached,Waltham	4:41.85
5	French, Carter	8	Unattached,Saxonbu	4:42.15
6	Franklin, Bobby	13	St Luke Spir,Philade	4:43.56
7	Reeves, Dallas	8	Christ Schoo,Arden,	4:43.57
8	Mogavero, Tyler	8	New England,Lowel	4:45.43
9	Fysh, Connor	8	Unattached,Franklin	4:46.89
10	Spangler, Preston	8	Maury River,Lexing	4:52.45
11	Alvarado, David	8	Seven Locks	4:56.14
12	Joshi, Arin	8	Seven Locks	4:56.86
13	Chaney, Finton	8	North Cross,Roanok	4:59.09
14	Heilman, Owen	7	Seven Locks	4:59.26
15	Eaton, David	8	Fork Union,Lynchbu	5:01.42
16	Miller, William	8	New England,Haveri	5:01.75
17	Becker, Micah	7	Unattached,Grand R	5:02.65
18	Seals, Dashiell	8	New England,Haveri	5:03.76
19	Garrison, Danny	8	New England,Haveri	5:05.02
20	Greszler, Jonah	8	Seven Locks	5:16.01
21	Keefer, Sam	7	Unattached,Glen All	5:18.04
22	Warner, Eli	8	Unattached,Mechani	5:20.29
23	Colella, Anthony	8	New England,Haveri	5:20.83
24	Mogavero, Ryan	6	New England,Dracu	5:26.09
25	Dickerson, Brandon	8	Seven Locks	5:28.34
26	Duane, Ashton	6	New England,Grotor	5:33.78
27	Duane, Cameron	6	New England,Grotor	5:37.14
28	Clarke, Landon	8	Pulaski Coun,Dublin	5:40.03
29	Chernyak, Michael	13	St Luke Spir,Philade	5:41.26
30	Jaskowak, Charlie	7	Unattached,Grove C	5:41.62
31	Nyakaro, Nathan	7	Whatever It	5:46.19
32	Hawes, Oliver	8	New England,Haveri	5:49.03

**Boys 60 Meter Hurdles Middle School**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Tulloch, Ozias	8	Unattached,Waldorf,	9.09
2	Javier, Jayden	8	360 Elite Tr,Suffolk,	9.23
3	Perdue, Marino	7	Clayton	9.70
4	Granger, Jonte	8	360 Elite Tr,Suffolk,	9.99
5	Grant, Karrington	6	360 Elite Tr,Suffolk,	10.91