

3C Region Championships - 2/11/2023

Heritage High School
Results - Order of Events

Girls 55 Meter Dash

Name	Yr	School	Finals
Finals			
1 Porter, Taylor	11	Heritage (Ly	7.44
2 Tucker, Kaelen	9	Brookville H	7.51
3 Molette, Akera	11	Heritage (Ly	7.52
4 Fyffe, Jada	12	Brookville H	7.56
5 Sherard, Iyana	12	Rustburg	7.76
6 Redifer, Jasmine	11	Waynesboro	7.78
7 Schwaner, Aurora	12	Staunton Hig	7.79
8 Hayden, Ayonna	10	Heritage (Ly	7.85
9 Gupta, Sahana	11	Charlottesvi	7.86
10 Trent, Raelyn	10	Monticello	7.88
11 Neeley, Mia	12	Staunton Hig	7.96
12 Revell, Makhia	9	Heritage (Ly	8.04
13 Franklin, Elizabeth	9	Rustburg	8.12
14 Fashida, Deborah	12	Rockbridge C	8.18
15 Argueta-Romero, Carla	9	Spotswood	8.20
16 Lawhorne, Katie	9	Wilson Memor	8.20
17 Bafunye, Rita	10	Turner Ashby	8.22
18 Blair, Naomi	11	Waynesboro	8.34
19 Elsea, Lillian	9	Fort Defianc	8.36
20 Rikken, Lorna	9	Charlottesvi	8.43
21 McCoy, Anna	12	Turner Ashby	8.68
22 Rascoe, Ruth	9	Spotswood	8.79
23 Showman, Hannah	9	Broadway	9.10

Girls 300 Meter Dash

Name	Yr	School	Finals
Finals			
1 Moore, Kona	10	Liberty Chri	44.85
2 Cabbage, Taylor	9	Fort Defianc	44.95
3 Ruiz, Kaity	12	Fort Defianc	45.25
4 Trent, Raelyn	10	Monticello	46.29
5 Porter, Taylor	11	Heritage (Ly	47.05
6 Tucker, Kaelen	9	Brookville H	47.21
7 Fyffe, Jada	12	Brookville H	47.41
8 Ackerman, Wren	10	Charlottesvi	47.44
9 Stewart, Kourtlyn	12	Staunton Hig	47.67
10 Booker, Imani	11	Brookville H	47.76
11 Krycinski, Haley	10	Liberty Chri	48.37
12 Hughes, Amelia	9	Turner Ashby	48.55
13 Neeley, Mia	12	Staunton Hig	49.00
14 Stasyuk, Anna	10	Turner Ashby	50.38
15 Swisher, Margaret	11	Rockbridge C	50.63
16 Madison, Gina	10	Fluvanna Cou	50.66
17 Bafunye, Rita	10	Turner Ashby	51.15
18 Hernandez, Laura	12	Fluvanna Cou	51.20
19 Eichelberger, Brooke	10	Rockbridge C	51.48
20 Hepner, Riley	9	Fort Defianc	52.96
21 Hansley, Jenna	12	Waynesboro	53.02
22 Black, Emma	9	Monticello	53.76

Girls 500 Meter Dash

Name	Yr	School	Finals
Finals			
1 Cabbage, Taylor	9	Fort Defianc	1:25.74
2 Brantley, Evelyn	12	Charlottesvi	1:25.78
3 Davis, Crissa	12	Liberty Chri	1:28.62
4 Driver, Taylor	11	Broadway	1:29.05
5 Hall, Taylor	9	Rustburg	1:29.65
6 O'Shea, Rose	11	Charlottesvi	1:31.05
7 Dabaghyan, Anna	12	Spotswood	1:32.06
8 Fox, Savanah	12	Broadway	1:34.12
9 Frye, Ella	10	Staunton Hig	1:35.22
10 Hepner, Riley	9	Fort Defianc	1:35.60
11 Cawthorne, Cindy	10	Rustburg	1:35.62
12 Landes, Kathryn	9	Turner Ashby	1:37.42
13 Waller, Paris	9	Brookville H	1:38.16
14 Swisher, Margaret	11	Rockbridge C	1:38.78
15 Rascoe, Ruth	9	Spotswood	1:39.19
16 Cronk, Erika	9	Wilson Memor	1:39.28
17 Bennett, Audrey	10	Rustburg	1:41.68
18 Matherly, Gillian	11	Waynesboro	1:43.45
19 Sherwin, Reece	12	Liberty Chri	1:43.54
20 Conner, Rosalyn	11	Charlottesvi	1:44.10
21 Abel, Avery	10	Fluvanna Cou	2:01.99

Girls 1000 Meter Run

Name	Yr	School	Finals
Finals			
1 Davidson, Ryan	9	Monticello	3:09.45
2 Amato, Anna	10	Fluvanna Cou	3:11.26
3 Lane, Abby	11	Fort Defianc	3:16.12
4 Ruebke, Kate	11	Spotswood	3:22.66
5 Ludtke, Deena	11	Rockbridge C	3:28.75
6 Rolon, Grace	12	Rockbridge C	3:32.86
7 Edwards, Ramsey	9	Charlottesvi	3:37.46
8 Franklin, Thea	9	Wilson Memor	3:37.53
9 Powers, Natalee	11	Liberty (Bed	3:38.40
10 Conner, Madison	9	Fort Defianc	3:40.21
11 Braun, Logan	12	Fort Defianc	3:42.03
12 Kimmell, Lydia	10	Waynesboro	3:46.56
13 Ryall, Anna	9	Charlottesvi	3:47.51
14 Ham, Katherine	12	Monticello	3:49.64
15 Aust, Jennifer	12	Monticello	3:50.10
16 Liu, Lydia	12	Liberty Chri	3:51.12
17 Faria, Sera	10	Heritage (Ly	3:51.87
18 Carver, Emma	9	Waynesboro	4:01.40
19 Cronk, Erika	9	Wilson Memor	4:12.12
20 Estrada, Stephanie	11	Heritage (Ly	4:17.24

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Pierce, Elaina	9	Charlottesvi	5:28.59
2 Farley, Sophie	11	Fluvanna Cou	5:41.98
3 Ludtke, Deena	11	Rockbridge C	5:45.22

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Results - Order of Events

Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals
4	Neff, Trinity	12 Fort Defianc	5:49.58
5	Rolon, Grace	12 Rockbridge C	5:50.33
6	Franklin, Thea	9 Wilson Memor	6:01.70
7	Lantz-Trissel, Magdalena	10 Turner Ashby	6:03.57
8	Maggiore, Megan	11 Rustburg	6:09.91
9	Franklin, Quinn	11 Wilson Memor	6:12.47
10	Creasy, Madeline	12 Fluvanna Cou	6:12.92
11	Powers, Natalee	11 Liberty (Bed	6:17.45
12	Braun, Logan	12 Fort Defianc	6:17.57
13	Lang, Bethany	11 Fort Defianc	6:20.12
14	Best, Kate	9 Fluvanna Cou	6:25.25
15	Riddle, Abigail	12 Fort Defianc	6:26.51
16	Liu, Lydia	12 Liberty Chri	6:37.31
17	Romero Gonzales, Mercedes	12 Monticello	6:43.21
18	Long, Lydia	12 Liberty Chri	6:52.17
19	Boucher, Cadence	11 Waynesboro	6:53.06
20	Teshome, Eliana	12 Turner Ashby	6:54.50
21	Kozella, Kayla	11 Fluvanna Cou	7:07.64

Girls 3200 Meter Run

Name	Yr	School	Finals
1	Farley, Sophie	11 Fluvanna Cou	12:29.70
2	Malcolm, Mary	11 Liberty (Bed	12:29.73
3	Frazier, Ruby	9 Fluvanna Cou	12:30.75
4	Dickel, Ashland	10 Spotswood	12:42.45
5	Riddle, Abigail	12 Fort Defianc	13:09.62
6	Creasy, Madeline	12 Fluvanna Cou	13:33.14
7	Love, Katarina Kat	12 Monticello	13:45.68
8	Franklin, Quinn	11 Wilson Memor	13:51.01
9	Lang, Bethany	11 Fort Defianc	13:51.63
10	Kimmell, Lydia	10 Waynesboro	14:10.49
11	Sloat, Sierra	10 Waynesboro	14:14.93
12	Cantagallo, Margeaux	9 Fluvanna Cou	14:16.73
13	O'Brien, Molly	9 Fort Defianc	14:38.49
14	Rodriguez, Jamie	11 Fluvanna Cou	15:27.68
15	Long, Lydia	12 Liberty Chri	15:52.70
---	Pierce, Elaina	9 Charlottesville	DQ

Girls 55 Meter Hurdles

Name	Yr	School	Finals
1	Molette, Akera	11 Heritage (Ly	8.63
2	Lynch, Jaelyn	12 Charlottesville	8.68
3	Brantley, Evelyn	12 Charlottesville	8.98
4	Moore, Kona	10 Liberty Chri	9.28
5	Redifer, Jasmine	11 Waynesboro	9.37
6	Pillow, Alyssa	11 Rustburg	9.72
7	Davis, Crissa	12 Liberty Chri	10.01
8	Tune, Briyonna	9 Heritage (Ly	10.03
9	Perry, Alexis	11 Fluvanna Cou	10.65
10	Lawhorne, Katie	9 Wilson Memor	10.79
11	Perry, Keira	10 Brookville H	11.14
12	Bond, Kimberly	12 Fluvanna Cou	11.36

13 Conner, Madison 9 Fort Defianc 12.28

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1	Heritage (Lynchburg)	A 1:55.14
	1) Molette, Akera 11	2) Clark, Tamyra 11
	3) Hayden, Ayonna 10	4) Porter, Taylor 11
2	Charlottesville	A 1:56.08
	1) Gupta, Sahana 11	2) O'Shea, Rose 11
	3) Ackerman, Wren 10	4) Lynch, Jaelyn 12
3	Rustburg	A 1:57.60
	1) Franklin, Elizabeth 9	2) Sherard, Iyana 12
	3) Pillow, Alyssa 11	4) Langendorfer, Brooke 10
4	Brookville H	A 1:59.04
	1) Fyffe, Jada 12	2) Tucker, Kaelen 9
	3) Booker, Imani 11	4) Simmons, Britney 11
5	Staunton High School	A 1:59.63
	1) Neeley, Mia 12	2) Stewart, Kourtlyn 12
	3) Parr, Kriston 12	4) Schwaner, Aurora 12
6	Liberty Chri	A 2:01.40
	1) Krycinski, Haley 10	2) Schmincke, Hannah 11
	3) Durrer, Katie 10	4) Richmond, Laney 10
7	Waynesboro	A 2:05.12
	1) Foster, Faith 11	2) Blair, Naomi 11
	3) Hartzler, Anne 11	4) Redifer, Jasmine 11
8	Turner Ashby	A 2:05.22
	1) Bafunye, Rita 10	2) Hughes, Amelia 9
	3) Landes, Kathryn 9	4) McCoy, Anna 12
9	Wilson Memorial	A 2:05.71
	1) Baber, Erin 11	2) Quick, Kiernan 11
	3) Lawhorne, Katie 9	4) Forbus, Lainey 10
10	Monticello	A 2:08.93
	1) Trent, Raelyn 10	2) Vlasits, Carmen 10
	3) Black, Emma 9	4) Durkee, Molly 10
11	Rockbridge County	A 2:10.64
	1) Eichelberger, Brooke 10	2) Kendall, Lydia 10
	3) Swisher, Margaret 11	4) Fashida, Deborah 12

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Fort Defiance	A 4:29.01
	1) Cubbage, Taylor 9	2) Lane, Abby 11
	3) Neff, Trinity 12	4) Ruiz, Kaity 12
2	Charlottesville	A 4:37.10
	1) O'Shea, Rose 11	2) Ackerman, Wren 10
	3) Obiorah, Nulia 10	4) Brantley, Evelyn 12
3	Rustburg	A 4:39.11
	1) Franklin, Elizabeth 9	2) Hall, Taylor 9
	3) Jordan, Pate 11	4) Riddle, Reagan 11
4	Turner Ashby	A 4:53.52
	1) Landes, Kathryn 9	2) Stasyuk, Anna 10
	3) Lantz-Trissel, Magdalena 10	4) Hughes, Amelia 9

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Finals ... (Girls 4x400 Meter Relay)

Team	Relay	Finals
5 Heritage (Lynchburg)	A	4:57.01
1) Clark, Tamya 11	2) Organ, Adrianna 10	
3) Tune, Briyonna 9	4) Hayden, Ayonna 10	
6 Brookville H	A	5:04.03
1) Bowles, Charlotte 12	2) Johnson, Carmen 9	
3) Okuley, Mikayla 9	4) Ruhland, McKayla 10	
7 Wilson Memorial	A	5:19.48
1) Cranford, Haven 9	2) Baber, Erin 11	
3) Quick, Kiernan 11	4) Forbus, Lainey 10	

Girls 4x800 Meter Relay

Team	Relay	Finals
1 Fort Defiance	A	10:47.88
1) Lane, Abby 11	2) Neff, Trinity 12	
3) Ruiz, Kaity 12	4) Braun, Logan 12	
2 Rustburg	A	11:57.06
1) Bennett, Audrey 10	2) Cawthorne, Cindy 10	
3) Maggiora, Megan 11	4) Hall, Taylor 9	
3 Wilson Memorial	A	13:22.77
1) Stevens, Avere 10	2) Stevens, Adilee 10	
3) Cranford, Haven 9	4) Forbus, Lainey 10	

Girls High Jump

Name	Yr	School	Finals
1 Molette, Akera	11	Heritage (Ly)	5-04.00
2 Driver, Taylor	11	Broadway	5-02.00
3 Porter, Taylor	11	Heritage (Ly)	5-00.00
4 Henderson, Hanna	11	Rustburg	4-10.00
4 Dabaghyan, Anna	12	Spotswood	4-10.00
6 Sherard, Iyana	12	Rustburg	J4-10.00
7 Crews, Jametra	11	Brookville H	J4-10.00
8 Revell, Makhia	9	Heritage (Ly)	4-08.00
8 Perry, Alexis	11	Fluvanna Cou	4-08.00
10 Tune, Briyonna	9	Heritage (Ly)	J4-08.00
11 Lawhorne, Katie	9	Wilson Memor	J4-06.00
--- Ackerman, Wren	10	Charlottesvi	NH
--- Jetton, Sibbie	10	Staunton Hig	NH
--- Schwaner, Aurora	12	Staunton Hig	NH
--- Sloat, Sierra	10	Waynesboro	NH
--- Ruebke, Kate	11	Spotswood	NH
--- Black, Emma	9	Monticello	NH
--- Hartzler, Anne	11	Waynesboro	NH
--- Hawkins, Abigail	10	Monticello	NH

Girls Pole Vault

Name	Yr	School	Finals
1 Moore, Kona	10	Liberty Chri	11-00.00
2 Ruhland, McKayla	10	Brookville H	9-00.00
3 Tatro, Ella	12	Turner Ashby	7-06.00
4 Allen, Libbey	11	Liberty Chri	7-00.00
4 Abel, Avery	10	Fluvanna Cou	7-00.00

4 Ackerman, Wren	10	Charlottesvi	7-00.00
7 Conner, Rosalyn	11	Charlottesvi	J7-00.00
--- Lee, Elizabeth	10	Monticello	NH
--- Redifer, Jasmine	11	Waynesboro	NH
--- Hernandez, Laura	12	Fluvanna Cou	NH
--- Fox, Savannah	12	Broadway	NH

Girls Long Jump

Name	Yr	School	Finals
1 Lynch, Jaelyn	12	Charlottesvi	17-03.25
2 Redifer, Jasmine	11	Waynesboro	16-10.00
3 Porter, Taylor	11	Heritage (Ly)	16-08.00
4 Moore, Kona	10	Liberty Chri	16-07.50
5 Gupta, Sahana	11	Charlottesvi	16-02.00
6 Schwaner, Aurora	12	Staunton Hig	16-01.00
7 Molette, Akera	11	Heritage (Ly)	16-00.50
8 Ferguson, Nevaeh	11	Fluvanna Cou	J16-00.50
9 Bowles, Charlotte	12	Brookville H	15-08.75
10 Franklin, Elizabeth	9	Rustburg	15-08.25
11 Revell, Makhia	9	Heritage (Ly)	15-06.75
12 Brantley, Evelyn	12	Charlottesvi	15-05.75
13 Neff, Trinity	12	Fort Defianc	15-05.00
14 Tune, Briyonna	9	Heritage (Ly)	15-03.50
15 Hughes, Amelia	9	Turner Ashby	14-09.75
16 Hayden, Ayonna	10	Heritage (Ly)	14-09.25
17 Rikken, Lorna	9	Charlottesvi	14-07.75
18 Langendorfer, Brooke	10	Rustburg	14-06.75
19 Elsea, Lillian	9	Fort Defianc	14-00.75
20 Hawkins, Asiana	12	Fluvanna Cou	13-11.00
21 McCoy, Anna	12	Turner Ashby	13-09.50
22 Landes, Kathryn	9	Turner Ashby	12-03.00
23 Fashida, Deborah	12	Rockbridge C	12-02.25

Girls Triple Jump

Name	Yr	School	Finals
1 Molette, Akera	11	Heritage (Ly)	37-07.50
2 Schwaner, Aurora	12	Staunton Hig	35-11.00
3 Lynch, Jaelyn	12	Charlottesvi	35-05.50
4 RePass, Amber	11	Charlottesvi	35-04.75
5 Tune, Briyonna	9	Heritage (Ly)	34-05.75
6 Porter, Taylor	11	Heritage (Ly)	33-11.00
7 Ferguson, Nevaeh	11	Fluvanna Cou	33-08.00
8 Clark, Tamya	11	Heritage (Ly)	32-07.00
9 Organ, Adrianna	10	Heritage (Ly)	32-06.00
10 Neff, Trinity	12	Fort Defianc	32-05.25
11 Hayden, Ayonna	10	Heritage (Ly)	32-03.00
12 Obiorah, Nulia	10	Charlottesvi	31-00.50
13 Hughes, Amelia	9	Turner Ashby	30-05.50
14 Hawkins, Asiana	12	Fluvanna Cou	29-04.75
15 Elsea, Lillian	9	Fort Defianc	29-00.00
16 McCoy, Anna	12	Turner Ashby	28-11.00
17 Flanders, Alyssa	11	Turner Ashby	28-01.75

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Girls Shot Put

Name	Yr	School	Finals
Finals			
1	Arnold, Jaelyn	12 Heritage (Ly	36-03.00
2	Miller, Katie	12 Turner Ashby	33-09.50
3	Rogers, Ely	10 Turner Ashby	32-01.75
4	Molette, Akera	11 Heritage (Ly	30-08.00
5	Ferguson, Ashley	12 Brookville H	30-07.50
6	Revell, Makhia	9 Heritage (Ly	30-04.00
7	Paterson, Miracle	10 Brookville H	29-04.25
8	Marando, Brianna	11 Rockbridge C	28-07.50
9	Miller, Breeanna	10 Fluvanna Cou	28-06.00
10	jones, Tylia	10 Rustburg	27-09.00
11	Nemyrova, Viktoria	12 Charlottesvi	25-05.00
12	Sommerfield, Dani	12 Fort Defianc	25-00.00
13	Bell, Alyssa	10 Charlottesvi	24-10.50
14	Obiorah, Nulia	10 Charlottesvi	24-10.25
15	McLaughlin, Mia	10 Fort Defianc	23-08.00
16	White, Elaina	11 Waynesboro	23-05.25
17	McCurdy, Saige	10 Staunton Hig	23-02.50
18	Redifer, Jasmine	11 Waynesboro	22-01.00
19	Dickerson, Aerial	11 Fluvanna Cou	21-09.00
20	Valdes Alvarez, Daniela	12 Staunton Hig	21-07.50
21	Argueta-Romero, Carla	9 Spotswood	21-03.50
22	Scott, Elizabeth	9 Turner Ashby	21-02.00
23	Pastrana, Briana	10 Turner Ashby	20-10.75

Boys 55 Meter Dash

Name	Yr	School	Finals
Finals			
1	Johnson, Jaidyn	11 Heritage (Ly	6.44
2	Carter, Amari	11 Waynesboro	6.46
3	Davidson, Gideon	10 Liberty Chri	6.63
4	Reed, Izaiah	10 Staunton Hig	6.66
5	Hunt, Mikael	12 Brookville H	6.70
6	Duolo, Eddison	12 Charlottesvi	6.71
7	Coley, Michael	12 Brookville H	6.77
8	Flemming, Jamier	11 Rustburg	6.77
9	Jennings, Alfonso	11 Brookville H	6.78
10	Rosser, Marshawn	10 Rustburg	6.81
11	Brent, Jonah	9 Waynesboro	6.82
12	Price, Richard	11 Fluvanna Cou	6.82
13	Tyree, Nathaniel	12 Liberty Chri	6.83
14	Palmer, Will	12 Liberty Chri	6.83
15	White, Marquis	11 Heritage (Ly	6.86
16	Alger, Luke	11 Fort Defianc	6.87
17	Green, Kameron	10 Fluvanna Cou	6.88
18	Tyree, Brayden	11 Wilson Memor	6.96
19	Knically, Walker	12 Broadway	6.96
20	Ivery, Noah	12 Charlottesvi	6.97
21	Paige, Bishop	11 Charlottesvi	6.99
22	Foster, Omir	12 Waynesboro	7.04
23	Smiley, Devin	9 Turner Ashby	7.05
24	McLaughlin, Jeffrey	10 Fort Defianc	7.06
25	Feggans, Clarence	12 Monticello	7.15

26	Briggs, Sam	11 Turner Ashby	7.18
27	Kim, Kris	11 Spotswood	7.25
28	Davis, Donte	10 Spotswood	7.31
---	White, Markus	12 Heritage (Ly	FS

Boys 300 Meter Dash

Name	Yr	School	Finals
Finals			
1	Johnson, Jaidyn	11 Heritage (Ly	37.27
2	Moon, Jeb	10 Liberty Chri	37.30
3	Gonzalez Santiago, Jowell	12 Broadway	39.21
4	Austin, Noah	10 Brookville H	39.57
5	Knically, Walker	12 Broadway	39.65
6	Green, Kameron	10 Fluvanna Cou	39.71
7	Kerr, Joseph	12 Broadway	39.86
8	Fields, Jackson	10 Fluvanna Cou	40.35
9	Calloway, Xavier	12 Heritage (Ly	40.38
10	Levin, Reece	12 Staunton Hig	40.67
11	Murphy, JD	10 Liberty Chri	40.75
12	Surratt, Grayson	10 Brookville H	40.82
13	Petcher, Landon	11 Brookville H	40.83
14	Noor, Abas	11 Charlottesvi	41.21
15	Dawson, Keondre	10 Liberty (Bed	41.28
16	Cabell, Maaliah	12 Staunton Hig	41.58
17	Kartey, Selorm	12 Monticello	41.60
18	Davis, Diver	11 Fluvanna Cou	41.84
19	Lavaway, Dillon	12 Fort Defianc	41.86

Boys 500 Meter Dash

Name	Yr	School	Finals
Finals			
1	Gonzalez Santiago, Jowell	12 Broadway	1:13.39
2	Carlson, Hunter	10 Rustburg	1:13.69
3	Kerr, Joseph	12 Broadway	1:14.55
4	Petcher, Landon	11 Brookville H	1:14.80
5	Smith, Gavin	9 Heritage (Ly	1:14.97
6	Coletti, Sam	10 Liberty Chri	1:15.34
7	Jothi, Aran	11 Heritage (Ly	1:15.76
8	McClure, Kasey	12 Spotswood	1:15.79
9	Sommerfield, BC	11 Fort Defianc	1:15.95
10	Murphy, JD	10 Liberty Chri	1:15.96
11	Wylie, Luke	10 Charlottesvi	1:16.12
12	Dawson, Keondre	10 Liberty (Bed	1:16.93
13	Reed, Sullivan	11 Staunton Hig	1:17.58
14	Davis, Nate	9 Liberty Chri	1:18.72
15	Tinnell, Ryley	12 Broadway	1:18.96
16	LaPrade, Michael	12 Monticello	1:19.98
17	Wright, Benjamin	12 Charlottesvi	1:20.30
18	Riddle, Keller	10 Waynesboro	1:20.59
19	Monfalcone, Connor	10 Fluvanna Cou	1:21.47
20	Kurtz, Emery	9 Monticello	1:22.57
21	Davis, Cole	9 Charlottesvi	1:23.66
22	Sellers, Conner	10 Wilson Memor	1:26.19
---	Rowlett, Dylan	9 Brookville H	DQ

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Heritage High School
Results - Order of Events

Boys 1000 Meter Run

Name	Yr	School	Finals
Finals			
1 Groves, Adam	12	Waynesboro	2:45.92
2 Salmeron, Kenneth	11	Spotswood	2:47.12
3 McKee, Nathaniel	11	Charlottesvi	2:55.28
4 Helmke, Jack	11	Charlottesvi	2:55.33
5 Brannon, Andrew	12	Rockbridge C	2:57.73
6 Abatecola, Benjamin	9	Brookville H	2:59.63
7 Shelton, Laurel	10	Staunton Hig	2:59.70
8 Norris, Grayson	9	Waynesboro	3:01.32
9 Murillo, Marco	12	Broadway	3:01.61
10 Dahl, Ethan	11	Fluvanna Cou	3:04.72
11 Petrylak, Ryder	11	Fluvanna Cou	3:04.78
12 Walker, Tristan	10	Monticello	3:06.56
13 Schulz, Jacob	11	Fort Defianc	3:08.74
14 Jumper, Colin	10	Monticello	3:08.82
15 Schubert, Joshua	9	Liberty Chri	3:10.20
16 Weisenburger, Cole	11	Fluvanna Cou	3:10.68
17 Rogers, Blake	10	Liberty Chri	3:11.33
18 Teter, Drew	12	Turner Ashby	3:13.95
19 Kendall, Brian	12	Rockbridge C	3:14.97
20 Mayo, Cooper	11	Waynesboro	3:15.45
21 Liberty, Logan	10	Rustburg	3:17.48
22 Giliberti, Flavio	12	Liberty Chri	3:21.16
23 Rowlett, Dylan	9	Brookville H	3:24.88

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Kramer, Russell	12	Spotswood	4:40.78
2 McKee, Nathaniel	11	Charlottesvi	4:42.74
3 Helmke, Jack	11	Charlottesvi	4:51.19
4 Kenee, Peyton	10	Spotswood	4:51.50
5 Souders, Christian	12	Turner Ashby	4:56.54
6 Colander, Dylan	10	Waynesboro	5:02.20
7 Petrylak, Ryder	11	Fluvanna Cou	5:04.07
8 Norris, Grayson	9	Waynesboro	5:04.82
9 Bryant, Josh	9	Staunton Hig	5:07.04
10 Davis, Ben	12	Monticello	5:10.23
11 Schulz, Jacob	11	Fort Defianc	5:13.05
12 Sexton, Owen	10	Monticello	5:13.33
13 Howald, Fisher	9	Rockbridge C	5:18.83
14 Forsyth, Harper	9	Fort Defianc	5:21.23
15 Scharer, Max	12	Monticello	5:28.90
16 Williamson, Ross	9	Waynesboro	5:36.88
17 Stanley, Sam	9	Brookville H	5:43.53
18 Merryman, Chase	11	Rustburg	5:50.11
19 Langdon, Chase	9	Brookville H	5:52.49
20 Weikel, Cooper	10	Liberty (Bed	6:18.21

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Orban, Nathaniel	10	Charlottesvi	10:27.44

2 Vizcaino, Daniel	11	Monticello	10:37.31
3 Doherty, Creighton	9	Monticello	10:39.68
4 Butler, Zachary	11	Fluvanna Cou	10:44.63
5 Abatecola, Benjamin	9	Brookville H	11:02.75
6 Nguyen, Jaiden	10	Broadway	11:24.54
7 Ryan, Asher	10	Broadway	11:36.09
8 Bradshaw, Isaac	9	Spotswood	11:38.81
9 Groves, Gerard	12	Waynesboro	12:07.15
10 Parsons, Stryder	9	Rustburg	12:07.59
11 Justice, Jayden	11	Rustburg	12:07.76
12 Whiting, Nathan	9	Turner Ashby	12:13.89
13 Armstrong, Nelson	10	Wilson Memor	12:29.56
14 Kite, Zylar	9	Wilson Memor	12:44.38
15 Day, Noah	9	Fluvanna Cou	12:59.93
16 Langdon, Chase	9	Brookville H	13:23.63
17 Spurlock, Robert	11	Staunton Hig	13:36.83

Boys 55 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Hoy, Landon	12	Liberty Chri	8.37
2 O'Regan, Samuel	12	Liberty Chri	8.39
3 White, Marquis	11	Heritage (Ly	8.44
4 Nowell, Seth	12	Charlottesvi	8.54
5 Patterson, Qua'ran	11	Waynesboro	8.54
6 Sommerfield, BC	11	Fort Defianc	8.76
7 McLaughlin, Jeffrey	10	Fort Defianc	8.89
8 Morris, Elias	11	Fluvanna Cou	9.02
9 Post, Ryder	11	Broadway	9.42
10 Ennis, Jordan	10	Broadway	9.44
11 Maddox, Zack	12	Liberty Chri	9.52
12 Bradley, Isaiah	11	Fluvanna Cou	9.58
13 Cook, Jacob	11	Fluvanna Cou	9.96
14 Muguma, Guy	9	Charlottesvi	10.08
15 Davenport, Anthony	11	Staunton Hig	10.12
16 Beck, Kristian	11	Broadway	10.41
17 Whitaker, Jacob	12	Staunton Hig	10.94

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Liberty Chri	A	1:39.95
1) O'Regan, Samuel 12	2) Palmer, Will 12	
3) Tyree, Nathaniel 12	4) Moon, Jeb 10	
2 Heritage (Lynchburg)	A	1:40.24
1) White, Markus 12	2) Calloway, Xavier 12	
3) White, Marquis 11	4) Johnson, Jaidyn 11	
3 Charlottesville	A	1:40.82
1) Duolo, Eddison 12	2) Ivery, Noah 12	
3) Noor, Abas 11	4) Nowell, Seth 12	
4 Rustburg	A	1:40.83
1) Flemming, Jamier 11	2) Jackson, Walter 10	
3) Rosser, Marshawn 10	4) Carlson, Hunter 10	
5 Fluvanna County	A	1:42.45
1) Davis, Diver 11	2) Fields, Jackson 10	
3) Morris, Elias 11	4) Green, Kameron 10	

3C Region Championships - 2/11/2023

Heritage High School
Results - Order of Events

Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals
6 Brookville H	A	1:42.48
1) Austin, Noah 10	2) Coley, Michael 12	
3) Jennings, Alfonzo 11	4) Hunt, Mikael 12	
7 Waynesboro	A	1:42.60
1) Patterson, Qua'ran 11	2) Brent, Jonah 9	
3) Foster, Omir 12	4) Carter, Amari 11	
8 Staunton High School	A	1:42.96
1) Fields, Braylen 10	2) Cabell, Maaliah 12	
3) Levin, Reece 12	4) Reed, Izaiah 10	
9 Spotswood	A	1:43.48
1) Kim, Kris 11	2) Parlee, Jack 11	
3) Davis, Donte 10	4) Urglavitch, Gray 12	
10 Broadway	A	1:45.15
1) Ennis, Jordan 10	2) Knicely, Cole 12	
3) Post, Ryder 11	4) Kauffman, Andrew 12	
11 Monticello	A	1:46.41
1) Kartey, Selorm 12	2) Murray, Gannon 12	
3) Mbatia, Chase 11	4) Feggans, Clarence 12	
12 Liberty (Bedford)	A	1:51.68
1) Evans, Kentrell 12	2) Jones, Charles 10	
3) Toms, Michael 12	4) Thomas, Gabriel 10	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Liberty Chri	A	3:45.88
1) Davis, Nate 9	2) Hoy, Landon 12	
3) Maddox, Zack 12	4) Moon, Jeb 10	
2 Broadway	A	3:47.33
1) Gonzalez Santiago, Jowell 12	2) Kerr, Joseph 12	
3) Knicely, Walker 12	4) Tinnell, Ryley 12	
3 Spotswood	A	3:49.49
1) Parlee, Jack 11	2) McClure, Kasey 12	
3) Kramer, Russell 12	4) Urglavitch, Gray 12	
4 Heritage (Lynchburg)	A	3:51.16
1) White, Markus 12	2) Calloway, Xavier 12	
3) Smith, Gavin 9	4) Jothi, Aran 11	
5 Brookville H	A	3:53.59
1) Austin, Noah 10	2) Hunt, Mikael 12	
3) Petcher, Landon 11	4) Rowlett, Dylan 9	
6 Rustburg	A	3:55.57
1) Flemming, Jamier 11	2) Dixon, Jason 9	
3) Carlson, Hunter 10	4) Jackson, Walter 10	
7 Monticello	A	4:04.67
1) LaPrade, Michael 12	2) Murray, Gannon 12	
3) Mbatia, Chase 11	4) Adams, Ethan 12	
8 Wilson Memorial	A	4:08.56
1) Cole, Timothy 11	2) Schrauder, Ben 12	
3) Sellers, Conner 10	4) McWhorter, Luke 12	
9 Staunton High School	A	4:18.57
1) Chisley, Thomas 10	2) Reed, Sullivan 11	
3) Kilgore, Howard 9	4) Cabell, Maaliah 12	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Waynesboro	A	8:53.98
1) Groves, Adam 12	2) Colander, Dylan 10	
3) Norris, Grayson 9	4) Groves, Gage 12	
2 Monticello	A	8:54.90
1) Davis, Ben 12	2) Vizcaino, Daniel 11	
3) Jumper, Colin 10	4) Mathes, Bazil 11	
3 Fluvanna County	A	9:03.67
1) Dahl, Ethan 11	2) Butler, Zachary 11	
3) Weisenburger, Cole 11	4) Petrylak, Ryder 11	
4 Broadway	A	9:11.30
1) Kerr, Jayden 12	2) Tinnell, Ryley 12	
3) Murillo, Marco 12	4) Moyers, Tyler 12	
5 Staunton High School	A	9:11.62
1) Bryant, Josh 9	2) Shuey, Wyatt 9	
3) Farrell, Henry 10	4) Shelton, Laurel 10	
6 Rockbridge County	A	9:48.74
1) Kendall, Brian 12	2) Brannon, Andrew 12	
3) Howald, Fisher 9	4) Howald, Hunter 11	
7 Charlottesville	A	9:51.55
1) Siller, Zachery 11	2) Palmer, Samson 9	
3) Bowling, Matthew 10	4) Paulson, Owen 9	
8 Liberty Chri	A	9:52.57
1) Schubert, Joshua 9	2) Thurston, Rafael 10	
3) Rogers, Blake 10	4) Coletti, Sam 10	
9 Rustburg	A	10:09.92
1) Justice, Jayden 11	2) Liberty, Logan 10	
3) Merryman, Chase 11	4) Parsons, Stryder 9	
10 Turner Ashby	A	10:11.00
1) Bair, Cooper 10	2) Larson, Ryan 11	
3) Whiting, Nathan 9	4) Souders, Christian 12	
11 Wilson Memorial	A	10:58.77
1) Kite, Zylar 9	2) McNorton, Landon 9	
3) Leichner, Finn 9	4) Meadows, Sam 9	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Nesselrotte, Dalton	10	Liberty Chri	6-04.00
2 Cabell, Maaliah	12	Staunton Hig	6-00.00
3 Brown, Tyshawn	12	Heritage (Ly	5-10.00
4 Jackson, Walter	10	Rustburg	J5-10.00
5 Brown, Khalil	11	Rustburg	J5-10.00
6 Clark, Brayden	12	Staunton Hig	5-08.00
7 Chisley, Thomas	10	Staunton Hig	5-06.00
7 Kartey, Selorm	12	Monticello	5-06.00
9 Moyers, Tyler	12	Broadway	J5-06.00
--- Wylie, Luke	10	Charlottesvi	NH
--- Thornton, Amonte	10	Rustburg	NH
--- Maddox, Zack	12	Liberty Chri	NH
--- Jones, Liquanne	12	Heritage (Ly	NH
--- Teter, Drew	12	Turner Ashby	NH
--- Foster, Omir	12	Waynesboro	NH

3C Region Championships - 2/11/2023

Heritage High School

Results - Order of Events

Finals ... (Boys High Jump)

Name	Yr	School	Finals
---	Ivery, Noah	12 Charlottesvi	NH

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1	Knicely, Walker	12 Broadway	12-03.00
2	O'Regan, Samuel	12 Liberty Chri	11-09.00
3	Snyder, Trent	10 Waynesboro	11-03.00
4	Rai, Utshab	12 Charlottesvi	10-09.00
5	Timmins, Max	11 Charlottesvi	10-03.00
6	Mayo, Cooper	11 Waynesboro	9-09.00
6	Beck, Kristian	11 Broadway	9-09.00
8	Groves, Gerard	12 Waynesboro	J9-09.00
---	Cook, Jacob	11 Fluvanna Cou	NH
---	Lavaway, Dillon	12 Fort Defianc	NH
---	Antonio, Ryan	10 Monticello	NH
---	Ennis, Jordan	10 Broadway	NH
---	Smith, Callan	11 Charlottesvi	NH
---	Wright, Carson	10 Fort Defianc	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1	Cabell, Maaliah	12 Staunton Hig	23-05.75
2	White, Markus	12 Heritage (Ly	22-06.00
3	Moon, Jeb	10 Liberty Chri	22-00.00
4	Kartey, Selorm	12 Monticello	21-00.00
5	O'Regan, Samuel	12 Liberty Chri	20-11.25
6	Jennings, Alfonzo	11 Brookville H	20-11.00
7	Duolo, Eddison	12 Charlottesvi	20-09.25
8	Nowell, Seth	12 Charlottesvi	20-09.00
9	White, Marquis	11 Heritage (Ly	20-05.75
10	Alger, Luke	11 Fort Defianc	20-02.75
11	Jackson, Walter	10 Rustburg	20-02.00
12	Ivery, Noah	12 Charlottesvi	19-09.25
13	Briggs, Sam	11 Turner Ashby	19-08.75
14	Thornton, Amonte	10 Rustburg	19-06.00
15	Tyree, Brayden	11 Wilson Memor	19-04.75
16	Clark, Brayden	12 Staunton Hig	19-02.75
17	Davis, Diver	11 Fluvanna Cou	19-01.00
18	Urglavitch, Gray	12 Spotswood	19-00.00
19	Parlee, Jack	11 Spotswood	18-11.75
20	Calloway, Xavier	12 Heritage (Ly	18-08.25
21	Kauffman, Andrew	12 Broadway	18-07.00
22	Whitaker, Jacob	12 Staunton Hig	17-05.00
---	Kilgore, Howard	9 Staunton Hig	FOUL

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1	Nowell, Seth	12 Charlottesvi	44-07.75
2	White, Markus	12 Heritage (Ly	43-10.00
3	Vess, Max	11 Wilson Memor	42-08.75
4	Cabell, Maaliah	12 Staunton Hig	42-08.00

5	Chisley, Thomas	10 Staunton Hig	42-03.75
6	Briggs, Sam	11 Turner Ashby	41-10.25
7	Jones, JayQuan	11 Charlottesvi	41-04.00
8	Brown, Tyshawn	12 Heritage (Ly	40-11.00
9	Jones, Liquanne	12 Heritage (Ly	40-04.00
10	Parlee, Jack	11 Spotswood	40-03.50
11	Coley, Michael	12 Brookville H	39-07.25
12	Calloway, Xavier	12 Heritage (Ly	39-03.00
13	Thornton, Amonte	10 Rustburg	39-02.75
14	Cooks, Taishaun	10 Brookville H	38-08.75
15	Teter, Drew	12 Turner Ashby	37-05.00
16	Whitaker, Jacob	12 Staunton Hig	36-05.00
17	Miller, Brady	12 Spotswood	35-10.25
18	Wright, Carson	10 Fort Defianc	35-09.00
19	Beck, Kristian	11 Broadway	35-02.00
20	Noor, Abas	11 Charlottesvi	33-08.75

Boys Shot Put

Name	Yr	School	Finals
Finals			
1	Murray, Tyler	11 Liberty Chri	46-08.50
2	White, Xavier	11 Heritage (Ly	41-08.00
3	Washington, Terrell	12 Heritage (Ly	40-09.00
4	Post, Ryder	11 Broadway	39-00.25
5	O'Regan, Samuel	12 Liberty Chri	38-03.00
6	Feggans, Clarence	12 Monticello	38-02.00
7	Woodward, Leon	9 Staunton Hig	38-01.00
8	Jackson, Chase	12 Heritage (Ly	37-10.00
9	Hoffeditz, Herschel	11 Broadway	37-03.00
10	Showalter, Parker	12 Wilson Memor	37-00.00
11	Kartey, Selorm	12 Monticello	36-00.00
12	Carr, Mac	12 Staunton Hig	35-09.00
13	Batis, Ben	12 Rockbridge C	35-03.00
14	Wilfong, Jaxon	12 Waynesboro	32-10.00
15	Vasquez, Ricky	9 Wilson Memor	32-08.00
16	Johnson, Johnathan	10 Monticello	31-11.00
17	Sandridge, K'Amen	9 Fort Defianc	31-09.00
18	Berkey, Jacob	9 Broadway	31-07.00
19	Sanson, Maxim	11 Spotswood	29-10.00